



# CHS 2024 ANNUAL REPORT

## C. EXTENSION

Strengthening college outreach efforts is essential for fostering an inclusive and holistic educational environment. These initiatives transcend traditional boundaries, bridging the gap between the institution and diverse communities. By actively engaging with various sectors of society, we create opportunities for meaningful collaboration, mutual learning, and shared growth.

Expanding these outreach activities not only enriches the overall learning experience but also empowers students and faculty to apply their knowledge and skills in real-world settings. Through community engagement, we cultivate a sense of social responsibility, foster cultural awareness, and inspire transformative change.

By investing in outreach, we reaffirm our commitment to education as a powerful tool for societal progress. These efforts not only strengthen the connection between the college and the community but also contribute positively to building a more inclusive, equitable, and compassionate society.

### Key Achievements and Initiatives

#### 1. KASADYA Day: Celebrating Abilities and Embracing Diversity

- **Date:** December 6, 2024
- **Venue:** Barangay Poblacion Gymnasium, Iligan City
- **Participants:** Approximately 400

In partnership with the MSU-IIT WECARE Office and the Persons with Disability Affairs Office (PDAO) of Iligan City, CHS successfully hosted “KASADYA DAY: Celebrating Abilities and Embracing Diversity among PWDs.” The event, part of the H.O.P.E. (Hinabang, oportunidad, Paglaum, Edukasyon) Program, highlighted inclusivity and health care. CHS Level 3 nursing students actively participated by assisting in health checks and taking vital signs.

#### 2. MOA Signing with Rogongon IP Community

- **Date:** November 26, 2024

CHS formalized its partnership with the Rogongon Indigenous People (IP) Community through a Memorandum of Agreement (MOA) signing at Sitio Salingsing, Barangay



Rogongon, Iligan City. This collaboration aims to address health and educational needs in the IP community.

### **3. GAD Initiative for Older Adults: Optometric Medical Mission**

- **Date:** October 14, 2024
- **Venue:** CED Amphitheater, MSU-IIT

In celebration of Elderly Month, CHS spearheaded an optometric medical mission for older adults in Iligan City. This initiative, in collaboration with the Research Center for Healthy Aging, provided vital eye care services to enhance senior citizens' well-being.

### **4. Leadership and Management Capability Building for Older Adults**

- **Date:** October 7, 2024
- **Venue:** CED Amphitheater, MSU-IIT
- **Participants:** Approximately 100

CHS organized a seminar to empower older adults with leadership and management skills, emphasizing their role in community development.

### **5. Basic Life Support Training for Persons Deprived of Liberty (PDLs)**

- **Date:** July 29, 2024
- **Venue:** BJMP-Iligan City

CHS collaborated with the Bureau of Jail Management and Penology (BJMP) to conduct Basic Life Support (BLS) training for PDLs as part of the ongoing project, "Mga Nars Kaabay sa Kalusugan ug Kalawasan."

### **6. Participation in National Disability Rights Week Mini Medical Mission**

- **Date:** July 19, 2024
- **Venue:** MSU-IIT Gymnasium

In collaboration with various local and national agencies, CHS actively participated in a Mini Medical Mission to celebrate National Disability Rights Week, providing essential health services to persons with disabilities.

### **7. Alumni and Community Day: Charter Day Celebration**

- **Date:** July 11, 2024
- **Venue:** Iligan City Public Plaza

CHS supported the WE CARE Office in hosting Alumni and Community Day during MSU-IIT's 56th Charter Day celebration, emphasizing the university's community-oriented mission.

### **8. Medical Mission in Brgy. Tambacan, Iligan City**

- **Date:** April 18, 2024
- **Venue:** Brgy. Tambacan, Iligan City



- **Participants:** 150

CHS faculty, in partnership with the City Health Office, conducted a medical mission to deliver essential health services to underserved populations in Brgy. Tambacan.

#### **9. Launch of Health and Wellness Program for PDLs**

- **Date:** April 26, 2024
- **Venue:** BJMP-Iligan City
- **Participants:** 400

CHS and BJMP launched a comprehensive health and wellness program for PDLs, focusing on holistic well-being and inclusivity.

#### **10. National Women's Month and International Women's Day Celebration**

- **Inclusive Dates:** March 1–31, 2024
- **Venue:** MSU-IIT College of Health Sciences

CHS celebrated National Women's Month and International Women's Day through a series of lecture discussions and events centered on empowering women and marginalized groups. Topics included sexual and reproductive health education, leadership, and equality.

#### **Summary**

In 2024, the College of Health Sciences at MSU-IIT successfully implemented a range of programs and initiatives that underscored its commitment to inclusivity, community service, and academic excellence. These efforts have strengthened partnerships, empowered marginalized groups, and advanced the health and well-being of communities. Through these accomplishments, CHS continues to uphold its mission of fostering holistic development and leadership in health sciences.

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#### **MSU-IIT CHS and Iligan PWDs Celebrate Kasadya Day**

**Inclusive Date:** December 6, 2024

**Participants:** Approximately 400

**Venue:** Barangay Poblacion Gymnasium, Iligan City

The College of Health Sciences (CHS) at the Mindanao State University-Iligan Institute of Technology (MSU-IIT), in partnership with the MSU-IIT WECARE Office and the Persons with Disability Affairs Office (PDAO) of Iligan City, successfully hosted **“KASADYA DAY: Celebrating Abilities and Embracing Diversity among PWDs”** on December 6, 2024. Held as part of the H.O.P.E. (Hinabang, oportunidad, Paglaum, Edukasyon) Program, the event



brought together a diverse group of around 400 participants, including MSU-IIT faculty, PDAO staff, PWDs from various barangays, local officials, guests, and Level 3 CHS Nursing students, who contributed by assisting in health checks and taking vital signs.



### Program Highlights

The event commenced with an invocation led by **Pastor Criselda C. Jarilla**, followed by a warm welcome address delivered by **Ms. Charito Huertas Nadorra**, representing Councilor Samuel "Tatay" Huertas.

### Inspirational Messages

- **Associate Professor Jiddo Andrei Maranda**, CHS Faculty and Extension Coordinator, delivered an inspirational message, emphasizing the importance of inclusivity and community support.
- **Professor Roselyn M. Butalid** provided an overview of the day's goals and activities.
- **Assoc. Prof. Vincent G. Tabil** introduced the distinguished guests in attendance.
- **Hon. Mayor Frederick W. Siao**, represented by **Councilor Betsy Zalsos**, extended a message of encouragement, underscoring the city's commitment to supporting persons with disabilities.
- Pastor Jarilla shared a faith-based message focusing on hope and resilience, inspiring participants to embrace challenges with positivity.

### Activities and Awards

The day featured engaging activities, including:

- **Hypertension and Health Awareness Lecture** by **Assoc. Prof. Gloria Shiela E. Coyoca**, alongside the distribution of certificates and tokens to participants by **Conchita Areola**, PDAO Head and H.O.P.E. Program Leader.



- Contests showcasing the creativity and talents of PWD participants, including a **Christmas Caroling Contest, Slogan Making Contest, and Painting Contest.**

#### **Winners of the Slogan Making Contest:**

- **1st Place:** Barangay Sto. Rosario – *“Walay imposible nga dili nila kaya. Walay limit nato isip usa ka PWD.”*
- **2nd Place:** Barangay Saray – *“Don’t judge a disability by visibility.”*
- **3rd Place:** Barangay Upper Tominobo – *“The only true disability is the inability to accept and respect differences.”*

#### **Closing and Reflection**

The event concluded with a heartfelt prayer and reflection led by **Mrs. Charina L. Haynes**. **Assoc. Prof. Mae-Lanie O. Poblete** served as the event’s Master of Ceremonies.

#### **A Celebration of Unity and Diversity**

Kasadya Day was more than an event; it was a celebration of abilities, diversity, and resilience, fostering unity and understanding among PWDs and the broader community. Through the collaborative efforts of MSU-IIT, PDAO, and the CHS, the day underscored the power of inclusion and the shared goal of building a supportive and empowered community for all.

### **Successful MOA Signing between MSU-IIT and Rogongon IP Community**

On November 26, 2024, the Mindanao State University-Iligan Institute of Technology (MSU-IIT) and the Rogongon Indigenous People (IP) Community successfully formalized their partnership through the signing of a Memorandum of Agreement (MOA) at Sitio Salingsing, Barangay Rogongon, Iligan City.

The MOA signing marked a significant step in the implementation of the institute-funded project titled “Culturally Tailored Maternal Healthcare: Examining the Needs of Young Higaonon Mothers” (S.O. No. 00279–2024). The event commenced with a traditional ritual led by four baylans of Sitio Salingsing, honoring the cultural heritage and customs of the Higaonon community.





Mr. Demalie Comonog, Community Service Center Head of the National Commission on Indigenous Peoples (NCIP) Provincial Office, opened the event with remarks emphasizing the importance of the partnership. He also introduced the Provincial Officer of NCIP Lanao del Norte, Mr. Buddy Landong.

Comonog later presented the MSU-IIT project team, led by Dr. Neil M. Martin, RN, MAN, MBE, alongside members Ms. Nona Krislin G. Jopillo, MAN, RN, LPT, and Ms. Johanna Jiel P. Cortes, RN, MAN, all from the College of Health Sciences (CHS). Joining the team were Associate Professor Jay Rome O. De Los Santos from the College of Arts and Social Sciences (CASS) and Dr. Rizalina Gomez from the College of Education (CED).





Following the introduction, Mr. Comonog reiterated the MOA's key provisions to ensure the community's understanding and acceptance. The formal signing of the MOA then took place, witnessed by key representatives:

**First Party:**

Datu Melvin "Kiamo" Enluran, Chieftain of Sitio Salingsing

Datu Charlito Rondahan, Chieftain of Sitio Dungguan

Mr. Rody H. Undiman Jr., Sitio Salingsing Purok Leader

Ms. Flora Mae L. Cunto

**Second Party:**

Atty. Yaslani Bantuas, Vice Chancellor for Administration and Finance, representing MSU-IIT  
Chancellor, Professor Alizedney M. Ditucalan

**Third Party:**

Mr. Fundador Binahon Jr.

Additional witnesses included NCIP officials Ms. Mylene Lubas, Ms. Esedrita Daumar, Mr. Buddy Landong, and Mr. Demalie Comonog.

Advancing Sustainable Development Goals (SDGs)

Aligned with SDG 3 (Good Health and Well-Being) and SDG 5 (Gender Equality), the project seeks to address disparities in maternal healthcare within the Higaonon IP community. By focusing on the specific needs of young Indigenous mothers, the research aims to promote equitable healthcare outcomes.

**Objectives of the Project**

**Identify and Address Disparities:** The study examines maternal healthcare gaps to provide actionable insights for improving services tailored to the needs of young IP mothers.

**Empower Healthcare Decision-Making:** By understanding cultural nuances, the project aims to empower mothers in their healthcare choices, fostering trust and engagement with healthcare systems.

**Inform Policy Development:** Research findings can contribute to the design of targeted public health programs and culturally sensitive policies that better serve Indigenous communities.

**Enhance Cultural Competence:** Training healthcare providers to respect and incorporate cultural traditions ensures more effective communication and delivery of care.



### **Broader Impact**

By addressing these objectives, the project seeks to uplift the well-being of young mothers and the larger Higaonon community in Barangay Rogongon, Iligan City. Through partnerships like this, MSU-IIT continues to demonstrate its commitment to community engagement, cultural inclusivity, and impactful research that bridges gaps in healthcare delivery.

### **GAD Initiative Brings Vital Eye Care to Iligan City's Older Adults**

In a heartfelt celebration of Elderly Month, the **Gender and Development (GAD) Initiative for Older Adults' Optometric Medical Mission** was held on October 14, 2024, at the CED Amphitheater, Mindanao State University-Iligan Institute of Technology (MSU-IIT). Spearheaded by the **College of Health Sciences (CHS)** and the **Research Center for Healthy Aging**, this initiative aimed to enhance the well-being of senior citizens in Iligan City through comprehensive eye health services.



### **Compassion in Action**

The GAD-approved extension activity provided critical eye care services to 100 senior participants, offering screenings, consultations, and educational sessions on maintaining eye health and managing age-related vision issues. This initiative underscored the institution's commitment to serving the community and addressing the specific health needs of older adults.

### **A Community Effort**

Organizers extended their heartfelt thanks to the **Federation of Senior Citizens Association of the Philippines, Iligan Chapter**, for their active collaboration with CHS' **GERIA team** and





the junior nursing students who lent their time and skills to assist participants throughout the day.

Special acknowledgment was given to the **Integrated Philippine Association of Optometrists-Iligan Chapter** for their professional expertise and dedication. Optometrists **Dr. Lilibeth OD Imperial**, **Dr. Mary Ann Superable Nacion**, and **Dr. Rose May Maramot** were instrumental in conducting eye screenings and delivering health teachings tailored to the needs of older adults. Their contributions ensured that participants received personalized, high-quality eye care.

The unwavering support of the **MSU-IIT Gender and Development Center (GADC)** was also recognized, with gratitude expressed to **Vice Chancellor for Public Affairs Prof. Nancy Q. Echavez** and **GADC Focal Person Asst. Prof. Yasmira Moner** for their vital roles in the success of the event.



### **Empowering the Elderly**

"The encouragement and care demonstrated today reflect our shared responsibility toward our elderly population. Together, we are making a real difference," said **Assoc. Prof. Minnie Mamauag**, head of the Research Center for Healthy Aging.

The event not only addressed essential health needs but also fostered a sense of community and inclusion, reminding everyone of the importance of supporting and nurturing the elderly.

### **Looking Ahead**

As the day concluded, participants and organizers alike expressed hope and enthusiasm for future initiatives aimed at improving the well-being of senior citizens. The medical mission exemplified the spirit of collaboration and compassion, serving as a powerful reminder of the collective effort needed to care for society's most vulnerable members.



## **Leadership and Management Capability Building Seminar for Older Adults**

**Inclusive Date:** October 7, 2024

**Number of Participants:** Approximately 100 older adult leaders

**Venue:** College of Education (CED) Amphitheater, MSU-IIT

In a significant effort to empower senior citizens and enhance their leadership and management capabilities, the **Leadership and Management Capability Building Seminar for Older Adults** was held on October 7, 2024, at the College of Education Amphitheater, MSU-IIT.

### **Organized for Senior Citizen Leaders**

The seminar was a collaborative initiative of the **Research Center for Healthy Aging (RCHA)**, the **College of Health Sciences (CHS)**, and the **Gender and Development Center (GADC)**. It was specifically designed for the officers of the Iligan Chapter of the **Federation of Senior Citizen Associations of the Philippines, Inc. (FSCAP)**.

### **Focused and Comprehensive Workshops**

Titled “**Older Adult Capability Building Seminar for Leadership and Management**,” the program featured four interactive workshops that included:

- **Lectures on Leadership and Management**
- **Gender-Inclusive Communication Processes in Organizations**
- **Conflict Management Systems**

These sessions aimed to equip participants with updated knowledge and practical tools to navigate leadership challenges effectively.

### **Key Objectives**

The seminar targeted several key outcomes:

- Enhance leadership skills among senior citizen leaders.
- Update knowledge of modern management practices.
- Introduce digital literacy concepts.
- Promote lifelong learning.
- Foster networking and collaboration within the FSCAP community.

Additionally, a **needs assessment survey** was conducted to evaluate the leadership capabilities, values, and competencies of the FSCAP officers, with support from CHS faculty members and junior nursing students.

### **Insights from Expert Speakers**

The seminar was enriched by talks from esteemed faculty and specialists:



- **Prof. Minnie B. Mamauag**, CHS faculty member and RCHA Head, presented on *“Effective Communication, Gender Dynamics, and Leadership and Management Processes.”*
- **Assoc. Prof. Mae-Lanie O. Poblete**, CHS faculty member, discussed *“Basic Concepts of Gender Equality and Digital Management.”*
- **Asst. Prof. Yasmira Moner**, the University's GAD Focal Person, delivered a session on *“Leadership and Gender Inclusivity.”*

### **A Milestone for Senior Leadership Development**

This capability-building seminar marked a significant step toward empowering older adults in leadership roles, enabling them to lead with confidence and adaptability across various sectors. By addressing critical aspects of communication, inclusivity, and modern management practices, the program underscored the importance of equipping senior leaders with the tools to foster progress and collaboration in their communities.

### **CHS Conducts Basic Life Support (BLS) Training for Persons Deprived of Liberty (PDLs)**

The **College of Health Sciences (CHS)** at **Mindanao State University - Iligan Institute of Technology (MSU-IIT)**, in collaboration with the **Bureau of Jail Management and Penology (BJMP) - Iligan City**, successfully conducted the second phase of its ongoing project, **"Mga Nars Kaabay sa Kalusugan ug Kalawasan: A Project for PDLs of BJMP-Iligan City."** The activity, which featured **Basic Life Support (BLS) training**, was held on **July 29, 2024**, at the BJMP facility in Iligan City.





## Training Highlights

The **PDLs** were trained in performing essential **Cardiopulmonary Resuscitation (CPR)** and **First Aid** techniques. These life-saving skills equip participants with the ability to administer chest compressions and rescue breathing, ensuring immediate and effective response during emergencies until professional medical help arrives.

The training session was led by **CHS faculty and lead trainer Clarence Bien L. Nebres**, with additional support from other CHS faculty members who facilitated the **return demonstrations** performed by the PDLs.



## Partnership and Purpose

This initiative aligns with the **National Cardiopulmonary Resuscitation (CPR) Day** celebration, underscoring the significance of empowering individuals, including PDLs, with critical life-saving knowledge and skills.

**Associate Professor Jiddo Andrei G. Maranda**, CHS faculty and **College Extension Coordinator**, delivered the opening remarks, emphasizing the project's commitment to improving the health and well-being of marginalized populations through education and collaboration.

## Continuing Impact

The "**Mga Nars Kaabay sa Kalusugan ug Kalawasan**" project reflects CHS's dedication to community engagement and its role as a catalyst for meaningful change. By extending





healthcare education to underserved groups, the program contributes to the broader goal of fostering inclusive and equitable healthcare in the community.



### **CHS Joins Mini Medical Mission to Celebrate National Disability Rights Week**

The **Mindanao State University – Iligan Institute of Technology (MSU-IIT)**, through its **College of Health Sciences (CHS)**, actively participated in a **Mini Medical Mission** on **July 19, 2024**, at the MSU-IIT Gymnasium. This event was part of the celebration of **National Disability Rights Week** and was conducted in collaboration with the **Office of the City Mayor Frederick W. Siao**, the **Office of City Councilor Samuel “Tatay” Huertas**, the **National Council on Disability Affairs**, the **Philippine Councilors League**, the **Sangguniang Panlungsod of Iligan City**, and the **Persons with Disability Affairs Office (PDAO)**.

#### **Medical Mission Highlights**

The one-day event featured the participation of five volunteer doctors from the **City Health Office**, who provided health consultations, medical services, and free medicines. Other forms of assistance were also offered, showcasing the collaborative efforts of various organizations.

As part of CHS's extension activity, themed "**Nursing Students' Care for Persons with Disabilities through Health Education**," faculty, staff, and BS Nursing students contributed significantly by:





- Conducting **vital sign assessments**
- Providing **patient education**
- Distributing **health pamphlets** addressing common health concerns such as hypertension, diabetes, arthritis, pneumonia, tuberculosis, diarrhea, leptospirosis, and HIV/AIDS

Mobility aids and assistive devices, including **wheelchairs** and **quad canes**, were distributed for free. Additionally, attendees benefited from meals, snacks, haircuts, eyebrow grooming, and sacks of rice sponsored by the **Office of the City Mayor** and **Councilor Huertas**.



### Program Overview

With approximately **2,000 attendees**, the program began with a **welcome address** by **Dr. Rohane M. Deroogongan**, Vice Chancellor for Student Services, representing MSU-IIT Chancellor **Prof. Alizedney M. Ditucalan**.

Distinguished guests included:

- **City Councilor Samuel “Tatay” Huertas**, PWD Committee Chairman
- Representatives for **City Mayor Frederick W. Siao** and **Vice Mayor Marianito D. Alemania**: **Mr. Najib Amer**, **City Councilors Ramil C. Emborong**, and **Providencio “Bong” Abragan**



**City Sports Director V. King C. Belmonte** delivered a short talk, commending the active participation of PWDs in sports. He also facilitated the awarding of prizes for the **National Disability Prevention and Rehabilitation (NDPR) Sports Fest**, which featured events like **goal ball for the blind**, **wheelchair basketball**, and other sports such as volleyball, badminton, table tennis, and chess.

**CSWD Department Head Evelyn S. Madrio** delivered an inspirational message, while **PDAO Head Conchita A. Areola** gave the **closing remarks**. The program was hosted by **Associate Prof. Gloria Shiela E. Coyoca** of CHS and **HOPE Program leader** and **Barangay Mahayahay Kagawad Rey M. Manzanero**.





## **Celebrating Abilities and Advocating Inclusion**

This year's National Disability Rights Week, celebrated from **July 17 to 23, 2024**, carried the theme “**Promoting Inclusion: Celebrating Abilities and Advocating Access.**” The theme emphasized the resilience and abilities of Persons with Disabilities (PWDs) while highlighting the importance of fostering an accessible and inclusive society. The event underscored the collective effort needed to ensure equal access to opportunities, resources, and all aspects of life for PWDs.

## **Alumni and Community Day: A Celebration of Service and Solidarity**

**Inclusive Date:** July 11, 2024

**Venue:** Iligan City Public Plaza

As part of the 56th Charter Day celebration of MSU-Iligan Institute of Technology (MSU-IIT), themed “**A University with a Heart for the Community,**” the **WE CARE Office** hosted the **Alumni and Community Day** on July 11, 2024, at the Iligan City Public Plaza.

### **Engaging Activities and Services**

The event welcomed selected representatives from the 44 barangays of Iligan City. The day began with an energizing **Zumba dance session**, followed by **free medical and optical services**. Participants also received tokens, adding a touch of joy to the celebration.

### **Comprehensive Medical Services**

The **medical mission** was a highlight of the event, bringing together dedicated professionals and volunteers to provide essential health services. Faculty members from the **College of Health Sciences (CHS)** played a pivotal role in the mission, offering expert medical consultations and assisting in the overall organization of the health services. Their contributions ensured that the services provided were not only comprehensive but also tailored to the specific needs of the community.

The CHS faculty's participation exemplified their commitment to community engagement, bridging healthcare education with practical service delivery.





### **A Collaborative Effort**

The success of this event was made possible through the collective efforts of valued partners, including:

- **Iligan Medical Society**
- **City Health Office**
- **LGU-Iligan**
- **Association of Barangay Councils**
- **Integrated Philippine Association of Optometrists - Lanao del Norte**
- **Philippine Pharmacist Association - Iligan City and Lanao del Norte Chapter**

Heartfelt gratitude is extended to **Chancellor Alizedney M. Ditucalan**, the **seven colleges** of MSU-IIT, the **College Extension Coordinators (CECs)**, and the faculty and staff who went above and beyond in making this event a success.

### **A True Reflection of MSU-IIT's Values**

This celebration truly embodied MSU-IIT's commitment to serving the community as “**A University with a Heart for the Community.**” By bringing essential services and uplifting activities to Iligan City residents, the event highlighted the university's dedication to fostering meaningful connections and addressing the needs of the community.

**Alumni and Community Day** stands as a testament to MSU-IIT's enduring legacy of compassion, service, and solidarity with the people it serves.



## **Medical Mission Activity Brings Health Services to Brgy. Tambacan, Iligan City**

**Inclusive Date:** April 18, 2024

**Number of Participants:** 150

**Venue:** Brgy. Tambacan, Iligan City

In a continued effort to bring essential health services directly to the community, the **WE CARE Office Team**, in partnership with faculty members from the **College of Health Sciences (CHS)** and the **City Health Office**, conducted a **Medical Mission Activity** in **Brgy. Tambacan, Iligan City** on April 18, 2024.

### **A Collaborative Health Initiative**

This medical mission was part of the **Barangay Caravan Initiatives** led by **LGU-Iligan**, which aims to provide localized healthcare access and education. The activity saw participation from 150 residents, including women, children, and elderly individuals, who benefited from free medical consultations and health services.

### **Educational Highlights**

Complementing the medical services were **health education sessions** led by CHS faculty members:

- **Asst. Prof. Lorie Ann S. Balili** delivered an engaging lecture on **Pertussis (Whooping Cough)**, highlighting its symptoms, prevention, and management strategies.
- **Asst. Prof. Lynuel R. Santillana** provided an insightful discussion on **Women's Health Concerns**, empowering participants with knowledge about reproductive health, wellness, and self-care practices.

These lectures emphasized the importance of health awareness and preventive measures, equipping the community with valuable tools for better health management.





### Acknowledgments

The success of this initiative was made possible through the dedicated efforts of numerous individuals and organizations. Special gratitude is extended to:

- **Brgy. Tambacan Barangay Captain, Engr. Mae J. Labra**, for her unwavering support and leadership.
- **LGU-Iligan**, for its continued commitment to community health programs.
- The volunteers, faculty, and organizers whose hard work and dedication made this event a meaningful success.

### A Step Towards Community Wellness

The **Medical Mission Activity** in Brgy. Tambacan not only delivered essential healthcare services but also fostered a sense of community and collective responsibility for health and well-being. This initiative stands as a testament to the power of collaboration between academic institutions, local government units, and the community to create impactful change.

With continued efforts like these, MSU-IIT, through its WE CARE Office and the College of Health Sciences, reaffirms its mission to promote accessible and inclusive healthcare for all.



## **MSU-IIT CHS and BJMP-Iligan City Launch Health and Wellness Program for PDLs**

**Inclusive Date:** April 26, 2024

**Number of Participants:** 400

**Venue:** BJMP-Iligan City

In a significant step towards fostering holistic well-being and inclusivity, the **College of Health Sciences (CHS)** at **Mindanao State University-Iligan Institute of Technology (MSU-IIT)**, in collaboration with the **Bureau of Jail Management and Penology (BJMP)** of Iligan City, launched a transformative program for **Persons Deprived of Liberty (PDLs)** on April 26, 2024, at the BJMP-Iligan City facility.

### **Empowering PDLs Through Health and Wellness**

The half-day program, titled “**Mga Nars Kaabay sa Kalusugan ug Kaluwasan Project para sa PDL (Persons Deprived of Liberty)**”, underscored the institution’s commitment to improving health and safety within correctional facilities. The event, attended by 400 participants, ran from 8:00 AM to 12:00 PM and provided both educational and practical interventions aimed at enhancing the lives of PDLs.



### **Program Highlights**

The event began with an inspiring **opening address** by **Professor Rosario L. Reserva, PhD**, Director of Extension under the **WE CARE Office**, part of the **Office of the Vice Chancellor for Public Affairs (OVCPA)**.



**CHS Dean Abdullah Junior S. Mangarun, DScN, MAN**, followed with a motivational message, emphasizing the shared responsibility of providing equitable healthcare for all, including PDLs.



**AJ.O. Walter W. Mainit** delivered a comprehensive presentation on the **History of Partnership** between **MSU-IIT CHS** and **BJMP-Iligan City**, highlighting previous collaborative successes and laying the groundwork for future initiatives.

**Assistant Professor Lynuel R. Santillana, MAN, RN**, and **Associate Professor Jiddo Andrei G. Maranda, MN, RN**, facilitated a compelling discussion on the **Rationale of the Project** and outlined **Future Plans** for BJMP-Iligan City, further strengthening the program's vision for sustained impact.

### Meaningful Engagements

The program included several interactive and impactful activities:

- **Distribution of Hygiene Kits:** Each PDL received essential hygiene items, symbolizing care and support for their well-being.
- **Awarding of Certificates and Tokens:** Key participants and collaborators were recognized for their dedication and contributions.
- **Photo Opportunity:** A group photo captured the spirit of collaboration and unity among attendees.

The event concluded with heartfelt **closing remarks** from **BJMP Iligan City Jail Warden JCINSP Carlo F. Obrique**, who expressed gratitude to all partners for their unwavering commitment to the welfare of PDLs.





## A Commitment to Inclusive Healthcare

This initiative reflects **MSU-IIT's** ongoing dedication to serving marginalized communities, fostering partnerships, and promoting health equity. By addressing the needs of PDLs through education, resources, and collaboration, the **Mga Nars Kaabay sa Kalusugan ug Kaluwasan Project** exemplifies the university's vision of being a catalyst for meaningful change.

With this program, MSU-IIT CHS and BJMP-Iligan City reaffirm their shared mission to prioritize health and well-being as essential components of rehabilitation and reintegration.

## CHS Conducts Lecture Series in Celebration of National Women's Month and International Women's Day

**Inclusive Dates:** March 1–31, 2024

**Number of Participants:** 400

**Venue:** MSU-IIT College of Health Sciences

The **Mindanao State University-Iligan Institute of Technology (MSU-IIT)**, through its **College of Health Sciences (CHS)**, successfully conducted a series of lecture discussions in celebration of **National Women's Month** and **International Women's Day**. These events, themed "**Lipunang Patas sa Bagong Pilipinas: Kakayahan ng Kababaihan, Patutunayan!**", brought together diverse audiences to empower women and other marginalized groups through education, awareness, and practical interventions.





## Event 1: Health and Wellness Behind Bars

**Date:** March 22, 2024

**Venue:** BJMP-Iligan City Jail Female Dormitory

The first lecture discussion took place at the **Bureau of Jail Management and Penology (BJMP)-Iligan City Jail Female Dormitory**. The **Health and Wellness Behind Bars Lecture Discussion** catered to female **Persons Deprived of Liberty (PDLs)** and was officially opened by **SJO4 Dina P. Tumanda**, BJMP Assistant Warden.

The program included three key discussions:

1. **Reproductive Health Issues and Breast Self-Examination** by **Asst. Prof. Lynuel R. Santillana, MAN, RN**.
2. **Common Communicable Diseases** by **Asst. Prof. Carmela D. Ortega, MN, RN**.
3. **Taking Care of Our Mental Health** by **Asst. Prof. Karen R. Veloso, MAN, RN**, Peace Education Coordinator of MSU-IIT's Institute for Peace and Development in Mindanao.

The event concluded with the distribution of hygiene kits, certificates, and tokens of appreciation.



## Event 2: Access to Sexual and Reproductive Health Education for PWDs

**Date:** March 22, 2024

**Venue:** CHS Conference Hall, MSU-IIT





The second session, tailored for persons with disabilities (PWDs), focused on **Access to Sexual and Reproductive Health Education and Services**. This event featured the following speakers:

- **Dr. Stacey Marianne A. Principe, RN**, from the Department of Health (DOH).
- **Ms. Charina L. Haynes**, sign language interpreter from the School for the Deaf in Iligan.
- **Mr. Rizaldy Y. Mocorro**, President of the PWD Federation, Iligan City Chapter.
- **City Councilor Atty. Marlene L. Young**.

Led by Program Leader **Assoc. Prof. Gloria Shiela E. Coyoca**, this event was part of CHS's **Hinabang, oportunidad, Paglaum, and Edukasyon (H.O.P.E.)** Sustainable Community Outreach Program for PWDs.



### **Event 3: Embrace Your True Self – Promoting Adolescents' Health and Wellness**

**Date:** April 8, 2024 (rescheduled due to holidays)

**Venue:** CHS Conference Hall, MSU-IIT

The final lecture discussion, **“Embrace Your True Self: Promoting Adolescents' Health and Wellness Year 2,”** targeted **Grade 7 students** of MSU-IIT's **Integrated Developmental School (IDS)**.

CHS Dean **Assoc. Prof. Abdullah Junior S. Mangarun, DScN, MAN, RN**, warmly welcomed participants and highlighted the importance of self-discovery and empowerment. In his inspiring speech, he encouraged participants to celebrate their uniqueness, saying, “Embrace who you are, celebrate your strengths, and remember that you are valued just the way you are.”



The program included engaging discussions:

- **Taking Care of One's Mental Health** by **Asst. Prof. Karen R. Veloso, MAN, RN.**
- **Gender and Development (GAD) Overview** by **Assoc. Prof. Minnie B. Mamauag, DScN, RN**, Chair of the GAD Technical Working Group.

The CHS lecture series reached over 400 participants, representing various sectors, including PDLs, PWDs, and adolescents. The events not only educated but also empowered individuals, fostering inclusivity and promoting well-being across the community.

Through these initiatives, MSU-IIT CHS demonstrated its unwavering commitment to celebrating women and advancing health, wellness, and equality for all.

### **CHS Holds Lecture-Discussion for National Women's Month and International Women's Day**

**Inclusive Date:** March 22, 2024

**Number of Participants:** 100

**Venue:** MSU-IIT College of Health Sciences

In line with the celebration of **National Women's Month** and **International Women's Day**, the **College of Health Sciences (CHS)** of the **Mindanao State University-Iligan Institute of Technology (MSU-IIT)**, in collaboration with the **Iligan City Local Government Unit (LGU)–City Social Welfare and Development (CSWD)**, organized a lecture-discussion titled “**Access to Sexual and Reproductive Health Education and Services.**” The event was held on **March 22, 2024**, at the **CHS Conference Hall, MSU-IIT**, and embraced the theme, “**Lipunang Patas sa Bagong Pilipinas: Kakayahan ng Kababaihan, Patutunayan!**”

This pioneering lecture-discussion, the first to focus on sexual and reproductive health education for **persons with disabilities (PWDs)**, featured esteemed speakers:

- **Dr. Stacey Marianne A. Principe, RN**, from the Department of Health (DOH), as the resource speaker.
- **Ms. Charina L. Haynes**, a sign language interpreter from the School for the Deaf in Iligan.
- **Mr. Rizaldy Y. Mocorro**, President of the PWD Federation, Iligan City Chapter.
- **City Councilor Atty. Marlene L. Young.**



### Part of the H.O.P.E. Program

This successful event forms part of CHS's implementation of its **Hinabang, oportunidad, Paglaum, and Edukasyon (H.O.P.E.) Sustainable Community Outreach Program**, designed to support the PWD community in Iligan City. Running from **January to December 2024**, the program operates under the recommendation of MSU-IIT's **Office of the Vice Chancellor for Public Affairs**.



The H.O.P.E. Program includes a series of targeted projects aimed at addressing the needs of PWDs:

1. **Project LIHOK KO (Empowering Physically Impaired Persons)** – Led by **Assoc. Prof. Roselyn M. Butalid**.
2. **Project NADUNGGAN KO (Empowering Hearing and Speech-Impaired Persons)** – Led by **Asst. Prof. Reya T. Seno**.



3. **Project KAHAYAG KO (Empowering Visually Impaired Persons)** – Led by **Assoc. Prof. Mae-Lanie O. Poblete**.



**Program Highlights**

The program commenced with a warm welcome and opening speech by **CHS Dean Assoc. Prof. Abdullah Junior S. Mangarun, DScN, MAN, RN**, who emphasized the significance of inclusive health education and empowerment for women and PWDs.

Attendees included a diverse group of PWDs of different ages from Iligan City, along with CHS faculty, students, and other invited guests.

The event successfully underscored the importance of advancing sexual and reproductive health education and fostering inclusivity for PWDs, marking a significant milestone in CHS's commitment to community outreach and empowerment.