



# Trans and Gender Diverse Day of Visibility Resource



BCU SALTSOC

## SLT ROLE:

- ★ Voice Assessment and Therapy
- ★ Liaise with ENT- if there are concerns with voice quality
- ★ Communication work
- ★ Pre and Post surgery intervention for voice care, though laryngeal surgery still relatively rare

## Types of Therapy.

- ★ Pragmatics- Social rules of comm. e.g turn taking
- ★ Language - Word choice
- ★ Body Language- For speaking and listening
- ★ Voice
- ★ Non- Speech Vocalisations- including cough, laugh
- ★ Communication Intent

## Assessment:

- ★ Case History
- ★ Laryngeal exam
- ★ Palpation
- ★ Client self-assessment
- ★ Instrumental: Acoustic & EGG
- ★ Perceptual Assessment



Thanks to Carol Glaister for her support and knowledge in creating this resource

# Voice Skills Perceptual Profile ★ ★

1. Body
2. Breath
3. Channel
4. Phonation
5. Resonance
6. Pitch
7. Loudness
8. Articulation

(For these in detail see: Shewell (2009) ★ ★)



## Core Skills 2018 ★ ★

- ☐ Voice case-history taking
- ☐ Auditory – perceptual voice assessment, GRBAS/Voice Skills Perceptual Profile (VSPP)
- ☐ Rationale for voice care advice
- ☐ Core voice therapy skills in developing good voice production with attention to posture, breath support, vocal techniques to reduce hyper-function and to promote resonance and flow
- ☐ Use of objective instrumentation in assessment and therapy, e.g. electrolaryngography (ELG)/laryngograph, Praat, or equivalent
- ☐ Appreciation of full range and impact of voice pathologies
- ☐ Basic counselling skills (e.g. empathy, congruence, unconditional positive regard, person-centred listening and reflecting back)

# FURTHER RESOURCES

## **READING:** ★ ★

Davies, S., Papp, V., & Antoni, C. (2015). 'Voice and communication change for gender nonconforming individuals: giving voice to the person inside.' *International Journal of Transgenderism*, 16(3), 117-159

Lewis, E., Vincent, B., Brett, A., Gibson, S., & Walsh, R. (2017). 'I am your trans patient.' *BMJ* 2017; 357:2963.

Mills M & Stoneham G. (2017) *The voice book for trans & non-binary people: A practical guide to creating and sustaining authentic voice and communication*. London: Jessica Kingsley Publishers.

## **VIDEOS:** ★ ★

A year in the life of Britain's youngest transgender children'. *BBC News*, 2016.

Stoneham G. Helping transgender People. *TEDxSWPS* August 2015

## **Additional:** ★ ★

Trans Women Voice Questionnaire:

<https://www.latrobe.edu.au/communication-clinic/resources>