

*December 6th - December 13th*

INTERMEDIATE : CARDIO BARRE , MAT 57, CARDIO BARRE PLUS, FIT, BACK BODY BLAZE

## TUESDAY

<b>7:15 AM</b>	BARRE 57 - KARAN
<b>8:00 AM</b>	powerCycle - VIVARAN
<b>8:30 AM</b>	CARDIO BARRE EXPRESS - KARAN
<b>9:30 AM</b>	FIT - VIVARAN 
<b>9:45 AM</b>	powerCycle - KARAN
<b>11:00 AM</b>	BACK BODY BLAZE - VIVARAN
<b>5:45 PM</b>	MAT 57 - SIMONELLE
<b>6:00 PM</b>	powerCycle - RAUNAK
<b>7:00 PM</b>	BARRE 57 - SIMONELLE
<b>7:15 PM</b>	powerCycle Express - RAUNAK

## THURSDAY



<b>7:15 AM</b>	FIT - ROHAN	🔥 SUPER SETS
<b>8:00 AM</b>	powerCycle - ANISHA	
<b>9:00 AM</b>	BARRE 57 - ROHAN	
<b>9:30 AM</b>	MAT 57 - ANISHA	
<b>10:30 AM</b>	powerCycle Express - ROHAN	
<b>11:00 AM</b>	CARDIO BARRE - ANISHA	
<b>6:00 PM</b>	powerCycle - ANMOL	🔥 POLYJAMOUROUS
<b>6:15 PM</b>	BARRE 57 - CAUVERI	
<b>7:15 PM</b>	powerCycle - ANMOL	
<b>7:30 PM</b>	FIT - CAUVERI	🔥 SUPER SETS



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INTERMEDIATE : CARDIO BARRE , MAT 57, FIT, BACK BODY BLAZE

# SATURDAY

<b>9:00 AM</b>	BARRE 57 - ATULAN	
<b>9:30 AM</b>	powerCycle - ROHAN	
<b>10:15 AM</b>	FIT - ATULAN	 <b>SUPER SETS</b>
<b>10:15 AM</b>	CARDIO BARRE - KARAN	
<b>11:00 AM</b>	powerCycle - ROHAN	 <b>BOY BANDS</b>
<b>11:30 AM</b>	BARRE 57 - ATULAN	
<b>5:00 PM</b>	powerCycle - BRET	
<b>6:15 PM</b>	CARDIO BARRE - SIMONELLE	

<b>10:00 AM</b>	powerCycle - BRET
<b>10:15 AM</b>	BARRE 57 - CAUVERI
<b>11:30 AM</b>	powerCycle Express - BRET
<b>11:30 AM</b>	CARDIO BARRE - CAUVERI
<b>5:00 PM</b>	BARRE 57 - SIMONELLE
<b>6:30 PM</b>	powerCycle - SIMONELLE