





# BANDRA

# **STUDIO SCHEDULE**

# *February 5th - February 11th*

BEGINNER : FOUNDATIONS, BARRE 57, SWEAT IN 30

INTERMEDIATE : CARDIO BARRE , MAT 57, FIT, BACK BODY BLAZE

# FRIDAY

<b>7:30 AM</b>	BACK BODY BLAZE - PRANJALI
<b>8:00 AM</b>	powerCycle - RAUNAK
<b>9:00 AM</b>	FIT - ATULAN
<b>9:30 AM</b>	BARRE 57 - PRANJALI
<b>10:15 AM</b>	CARDIO BARRE - ATULAN
<b>11:00 AM</b>	MAT 57 - PRANJALI
<b>6:00 PM</b>	powerCycle - CAUVERI
<b>6:00 PM</b>	BARRE 57 - SIMRAN
<b>7:15 PM</b>	MAT 57 EXPRESS - SIMRAN
<b>7:30 PM</b>	powerCycle Express - CAUVERI

# SATURDAY

<b>9:00 AM</b>	BARRE 57 - ATULAN
<b>9:30 AM</b>	powerCycle - ROHAN
<b>10:15 AM</b>	FIT - ATULAN
<b>10:15 AM</b>	CARDIO BARRE - KARAN
<b>11:00 AM</b>	powerCycle - ROHAN
<b>11:30 AM</b>	BARRE 57 - ATULAN
<b>5:00 PM</b>	powerCycle - ANMOL
<b>6:15 PM</b>	CARDIO BARRE - SIMONELLE

SUNDAY

<b>10:00 AM</b>	powerCycle - CAUVERI
<b>10:15 AM</b>	BARRE 57 - KARAN
<b>11:30 AM</b>	CARDIO BARRE - KARAN
<b>11:30 AM</b>	powerCycle - CAUVERI
<b>5:00 PM</b>	MAT 57 - RESHMA
<b>6:30 PM</b>	powerCycle - RICHARD