





# BANDRA

# **STUDIO SCHEDULE**

# *February 7th - February 13th*

BEGINNER : FOUNDATIONS, BARRE 57, SWEAT IN 30

INTERMEDIATE : CARDIO BARRE , MAT 57, FIT, BACK BODY BLAZE

# FRIDAY

- |                 |                              |
|-----------------|------------------------------|
| <b>7:30 AM</b>  | BACK BODY BLAZE - PRANJALI   |
| <b>8:00 AM</b>  | powerCycle - RAUNAK          |
| <b>9:00 AM</b>  | FIT - ATULAN                 |
| <b>9:30 AM</b>  | BARRE 57 - PRANJALI          |
| <b>10:15 AM</b> | CARDIO BARRE - ATULAN        |
| <b>11:00 AM</b> | MAT 57 - PRANJALI            |
| <b>6:00 PM</b>  | powerCycle - CAUVERI         |
| <b>6:00 PM</b>  | BARRE 57 - SIMRAN            |
| <b>7:15 PM</b>  | MAT 57 EXPRESS - SIMRAN      |
| <b>7:30 PM</b>  | powerCycle Express - CAUVERI |

# SATURDAY

- |                 |                          |
|-----------------|--------------------------|
| <b>9:00 AM</b>  | BARRE 57 - ATULAN        |
| <b>9:30 AM</b>  | powerCycle - ROHAN       |
| <b>10:15 AM</b> | FIT - ATULAN             |
| <b>10:15 AM</b> | CARDIO BARRE - KARAN     |
| <b>11:00 AM</b> | powerCycle - ROHAN       |
| <b>11:30 AM</b> | BARRE 57 - ATULAN        |
| <b>5:00 PM</b>  | powerCycle - ANMOL       |
| <b>6:15 PM</b>  | CARDIO BARRE - SIMONELLE |

SUNDAY

- |                 |                      |
|-----------------|----------------------|
| <b>10:00 AM</b> | powerCycle - CAUVERI |
| <b>10:15 AM</b> | BARRE 57 - KARAN     |
| <b>11:30 AM</b> | CARDIO BARRE - KARAN |
| <b>11:30 AM</b> | powerCycle - CAUVERI |
| <b>5:00 PM</b>  | MAT 57 - RESHMA      |
| <b>6:30 PM</b>  | powerCycle - RICHARD |