



BANDRA

STUDIO SCHEDULE

December 1st - December 7th

INTERMEDIATE : CARDIO BARRE , MAT 57, FIT, BACK BODY BLAZE

FRIDAY

- | | |
|-----------------|------------------------------|
| 7:30 AM | BACK BODY BLAZE - ATULAN |
| 8:00 AM | powerCycle - RAUNAK |
| 9:00 AM | FIT - ATULAN |
| 9:30 AM | BARRE 57 - PRANJALI |
| 10:15 AM | CARDIO BARRE - ATULAN |
| 11:00 AM | MAT 57 - PRANJALI |
| 6:00 PM | powerCycle - CAUVERI |
| 6:00 PM | BARRE 57 - KARAN |
| 7:15 PM | CARDIO BARRE - KARAN |
| 7:30 PM | powerCycle Express - CAUVERI |

SATURDAY

- 9:00 AM** BARRE 57 - ATULAN
 - 9:30 AM** powerCycle - ANMOL
 - 10:15 AM** FIT - ATULAN
 - 10:15 AM** CARDIO BARRE - KARAN
 - 11:00 AM** powerCycle - ANMOL **⚡ DISNEY POP**
 - 11:30 AM** BARRE 57 - ATULAN
 - 5:00 PM** powerCycle - BRET
 - 6:15 PM** CARDIO BARRE - SIMONELLE

SUNDAY

- 10:00 AM** powerCycle - BRET
 - 10:15 AM** BARRE 57 - KARAN
 - 11:30 AM** powerCycle Express - BRET
 - 11:30 AM** CARDIO BARRE - KARAN
 - 5:00 PM** BARRE 57 - SIMONELLE
 - 6:30 PM** powerCycle - SIMONELLE