



Friends and Family Policy

- Instructors can invite up to 1 friend/family member to take a class that she/he is teaching for free.
- Any staff member other than the instructor teaching the class can take class with a friend/family member for free.
- The employee must be in the class with her/his friend for this to be honored.
- 20% discount for friends/family who wish to purchase all packages & unlimited memberships.
- All employees will be able to give the names of up to 5 friends/family members to Saachi Shetty (saachi@physique57india.com) who can benefit from this discount.

Friends and family benefitting from taking class for free in the aforementioned points will be treated as a member of staff:

- They will not have any advanced sign up privileges.
- They will be pulled from class if the class is full and a paying client would like their spot. In this case, all members of staff will have priority, and friends and family will be pulled first.

(For CST use only: CSTs process the free class in Momence using the “Free Staff/Family” class, same as a staff member.)

This policy may be amended, altered, or discontinued by the Company without prior notice, at the discretion of the Company.

Questions regarding this program should be directed to Mitali Kumar.

*Friends and Family Policy – 2023