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SELF-IMPROVEMENT

# TEST YOUR MINDSET QUIZ



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EDITOR



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What beliefs and attitudes do you hold? Learn more about your mindset and the assumptions you may hold on to without even realising.

Your *mindset* reflects your own world view or philosophy of life. Take the mindset quiz to find out more about the way you tick:

## Your Mindset Score is 44 What the Scores Mean:

**45-60 YOUR RESULTS SUGGEST A STRONG GROWTH MINDSET.**

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**21-33 YOUR RESULTS SUGGEST A FIXED MINDSET, BUT WITH SOME GROWTH IDEAS.**

**0-20 YOUR RESULTS SUGGEST A STRONG FIXED MINDSET.**

***MORE ABOUT MINDSET:***

**QUIZ: HAVE YOU GOT A PLAYFUL MINDSET?**

**DO YOU HAVE A GROWTH MINDSET?**

**VIDEO: DEVELOPING A GROWTH MINDSET**

**More Quizzes**

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