

1. 取 $\alpha = x$, $[\hat{L}_x, \hat{L}_y] = [\hat{L}_x, \hat{L}_x + \hat{L}_y + \hat{L}_z] = [\hat{L}_x, \hat{L}_x] + [\hat{L}_x, \hat{L}_y] + [\hat{L}_x, \hat{L}_z]$

$$[\hat{L}_x, \hat{L}_y] = \begin{bmatrix} \hat{L}_x & \hat{L}_y & \hat{L}_z \\ \hat{L}_x & \hat{L}_y & \hat{L}_z \end{bmatrix} = (\hat{L}_x \hat{L}_y - \hat{L}_y \hat{L}_x) \hat{x} + (\hat{L}_x \hat{L}_x - \hat{L}_x \hat{L}_x) \hat{y} + (\hat{L}_x \hat{L}_y - \hat{L}_y \hat{L}_x) \hat{z}$$

$$= i\hbar(\hat{L}_x \hat{x} + \hat{L}_y \hat{y} + \hat{L}_z \hat{z}) = i\hbar \hat{L}$$

$$\Rightarrow [\hat{L}_x, \hat{L}_y] = i\hbar \hat{L}_z \quad [\hat{L}_x, \hat{L}_z] = i\hbar \hat{L}_y \quad [\hat{L}_z, \hat{L}_x] = i\hbar \hat{L}_y$$

$$\therefore [\hat{L}_x, \hat{L}_y] = i\hbar \hat{L}_z + (-i\hbar \hat{L}_y) \hat{x} + \hat{L}_y (i\hbar \hat{L}_z) + \hat{L}_z (-i\hbar \hat{L}_y)$$

2. 取非 Hermite 算符 F

令 $A = \frac{F+F^\dagger}{2}$ $B = \frac{F-F^\dagger}{2i}$

由 $(F^\dagger)^\dagger = F$ 可得 $A^\dagger = \frac{F^\dagger+F}{2} = A$ $B^\dagger = \frac{F^\dagger-F}{-2i} = B$

则 A 与 B 均为厄密算符

且可证 $F = A + iB$ 故: $A = \frac{F+F^\dagger}{2}$ $B = \frac{F-F^\dagger}{2i}$

3. $\bar{x} = \int_{-\infty}^{+\infty} \psi^*(x) x \psi(x) dx = \int_{-\infty}^{+\infty} \frac{1}{\sqrt{\pi}y} x \exp(-\frac{x^2}{2y^2}) dx = -\frac{1}{2\pi} \exp(-\frac{x^2}{2y^2}) \Big|_{-\infty}^{+\infty} = 0$

$$\bar{x^2} = \int_{-\infty}^{+\infty} \psi^*(x) x^2 \psi(x) dx = \int_{-\infty}^{+\infty} \frac{1}{2\pi y^2} x^2 \exp(-\frac{x^2}{2y^2}) dx = \int_{-\infty}^{+\infty} \frac{\sqrt{2}}{\pi} t^2 \exp(-t^2) dt = \frac{\sqrt{2}}{\pi} \cdot \frac{\pi}{4} = \frac{\sqrt{2}}{4}$$

$\therefore (\Delta x)^2 = \bar{x^2} - \bar{x}^2 = \frac{\sqrt{2}}{4} y^2$

$\bar{p} = -i\hbar \int_{-\infty}^{+\infty} \psi^*(x) \frac{d}{dx} \psi(x) dx = \frac{-i\hbar}{2\pi y^2} \int_{-\infty}^{+\infty} (\frac{3}{4} p_0 - \frac{x}{2y^2}) \exp(-\frac{x^2}{2y^2}) dx$

$$= \frac{-i\hbar}{2\pi y^2} \cdot \frac{y p_0}{\sqrt{2}} \sqrt{2\pi} = \frac{p_0 \sqrt{2\pi}}{2\pi y} p_0$$

$\bar{p^2} = -i\hbar \int_{-\infty}^{+\infty} \psi^*(x) (\frac{d}{dx})^2 \psi(x) dx = \frac{-i\hbar}{2\pi y^2} \int_{-\infty}^{+\infty} (\frac{x^2}{4y^4} - \frac{1}{4} p_0 \frac{x}{2y^2} - \frac{p_0^2}{4} - \frac{1}{2y^2}) \exp(-\frac{x^2}{2y^2}) dx$

$$= \frac{-i\hbar}{2\pi y^2} \left[\frac{1}{4} \sqrt{\pi} - \left(\frac{p_0^2}{4} + \frac{1}{2y^2} \right) \sqrt{2} y \sqrt{\pi} \right] = \frac{\hbar^2}{4y^2} + p_0^2$$

$(\Delta p)^2 = \bar{p^2} - \bar{p}^2 = \frac{\hbar^2}{4y^2}$

$\therefore (\Delta x)^2 \cdot (\Delta p)^2 = \frac{\hbar^2}{4y^2} \cdot y^2 = \frac{\hbar^2}{4}$

4. $\frac{dP_x}{dt} = \frac{1}{i\hbar} [P_x, H] = \frac{1}{i\hbar} [P_x, \omega L_z] = \frac{\omega}{i\hbar} [P_x, xP_y - yP_x] = \omega P_y$

$$\frac{dP_y}{dt} = \frac{1}{i\hbar} [P_y, H] = \frac{1}{i\hbar} [P_y, \omega L_z] = \frac{\omega}{i\hbar} [P_y, xP_y - yP_x] = -\frac{\omega}{i\hbar} [P_y, yP_x] = -\frac{\omega}{i\hbar} [P_y, y] P_x = -\omega P_x$$

$\frac{dP_z}{dt} = \frac{1}{i\hbar} [P_z, H] = \frac{1}{i\hbar} [P_z, \omega L_z] = \frac{\omega}{i\hbar} [P_z, xP_y - yP_x] = 0$

$\therefore \frac{d^2 P_x}{dt^2} = -\omega^2 P_x, \quad \frac{d^2 P_y}{dt^2} = -\omega^2 P_y, \quad \frac{d^2 P_z}{dt^2} = 0$

$\therefore \bar{P}_x(t) = P_0 \cos(\omega t), \quad \bar{P}_y(t) = -P_0 \sin(\omega t), \quad \bar{P}_z(t) = 0$

因此沿 z 轴方向的角动量守恒

由 $[\hat{L}_x, \hat{L}_y] = i\hbar \hat{L}_z, [\hat{L}_x, \hat{L}_z] = 0, [\hat{L}_y, \hat{L}_z] = 0$ 可知: $[\hat{L}_z, \hat{H}] = 0$, 沿 z 轴方向的角动量守恒

又 H 不显含 t , 则能量守恒

$$5. \quad K = LM, \quad [L, M] = LM - ML = 1$$

$$K \psi_n = \lambda_n \psi_n$$

$$K(L \psi_n) = LM L \psi_n = L(M L \psi_n) = L(\lambda_n \psi_n) = \lambda_n L \psi_n$$

$$= L(K - 1) \psi_n = L K \psi_n - L \psi_n = L \lambda_n \psi_n - L \psi_n = (\lambda_n - 1) L \psi_n \neq$$

$$K(M \psi_n) = LMM \psi_n = (1 + ML) M \psi_n = M \psi_n + ML M \psi_n = M \psi_n + M K \psi_n = M \psi_n + \lambda_n M \psi_n = (\lambda_n + 1) M \psi_n \neq$$

则 $L \psi_n, M \psi_n$ 为 K 的本征函数, 本征值分别为 $(\lambda_n - 1)$ 与 $(\lambda_n + 1)$

$$6. \text{ 证明: } \bar{P}_x = \int \psi_n^*(r) P_x \psi_n(r) d\tau = \frac{1}{E_n} \int \psi_n^*(r) P_x H \psi_n(r) d\tau$$

$$= \int \left(\frac{1}{E_n} H \psi_n(r) \right)^* P_x \psi_n(r) d\tau = \frac{1}{E_n} \int \psi_n^*(r) H P_x \psi_n(r) d\tau$$

$$\therefore \int \psi_n^*(r) (P_x H - H P_x) \psi_n(r) d\tau = 0, \text{ 对任意 } \psi_n(r) \text{ 均成立.}$$

$$\therefore i\hbar \frac{d\bar{P}_x}{dt} = [P_x, H] = P_x H - H P_x = 0$$

$$\therefore \frac{d}{dt} \bar{P}_x(t) = 0, \quad \bar{P}_x(t) = C, \text{ 又由于粒子处于束缚态, } \therefore \bar{P}_x(t) = 0$$

$$\text{同理可得 } \bar{P}_y(t) = \bar{P}_z(t) = 0$$