

Crafting a Career

No matter who you are, choosing a career is stressful.

Developing a career today is subject to a wide range of different influences. These influences are continually changing at different paces and in different degrees. Careers and the influences upon them are highly complex.

Successful career development is now a **lifelong process** that needs to be **assessed on a continuous basis**. It's no longer a single decision; rather it's a **series of decisions** that help you move in the direction of the life and the future that you envision for yourself.

The old career myth of having a plan, sticking with it and proceeding in a straight line from school to work to retirement, is now unrealistic. The reality is that many people don't have a plan and that most plans that are made never unfold as envisioned. This makes choosing a career all the more difficult.

The old career myth The way we think it is supposed to look

The Career Myth

The way it is *supposed* to be

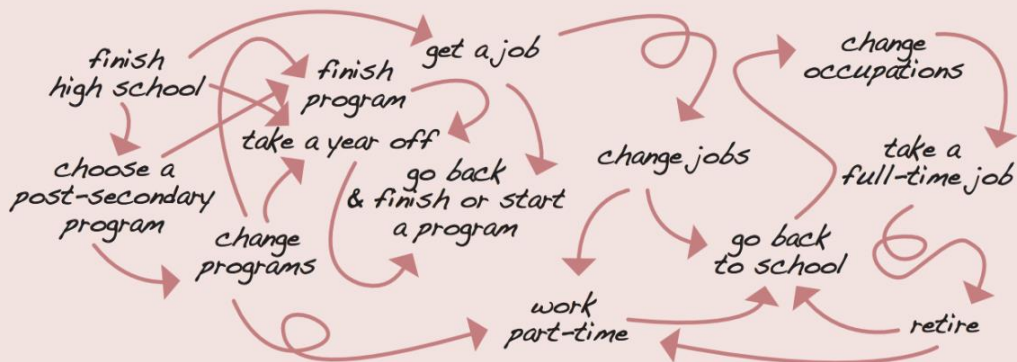


The new career reality The way it really looks

Campbell, C. and Dutton, P. Career Crafting the Decade after High School: Professional's Guide

Life-long learning is something that is part of our new work reality.

The way it is for most



Being proactive and staying ahead of skills that will be needed will be beneficial to career success!

Need help with Career Planning? Make an appointment with the MyCareer office to meet with a Career Advisor.