

TEX – MEX PASTA SALAD

INGREDIENTS

- 1 tablespoon tomatillo salsa
- 1 tablespoon low-fat plain Greek yogurt
- 1 cup cherry tomatoes, halved
- $\frac{3}{4}$ cup chopped red bell pepper
- $\frac{3}{4}$ cup frozen shelled edamame (4 oz.), cooked according to package directions, drained and cooled
- $\frac{1}{2}$ cup cooked orzo, preferably whole-wheat, cooled
- $\frac{1}{4}$ cup chopped red onion
- 2 tablespoons shredded pepper Jack cheese
- $\frac{1}{8}$ teaspoon salt
- $\frac{1}{8}$ teaspoon ground pepper
- Hot sauce, to taste
- 1 tablespoon toasted pepitas (see Tip)
- Lime wedge, for serving

STEPS

1. Whisk salsa and yogurt in a small bowl. Set aside.
2. Combine tomatoes, bell pepper, edamame, orzo, onion, and cheese in a bowl. Add salt, pepper, and the salsa dressing; toss to combine. Season with hot sauce to taste, sprinkle with pepitas, and serve with lime wedge, if desired.