

# Regularisation

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# Intended Learning Outcome

- Understand the effect of regularisation on regression problems



# Regularised Loss Functions

Generalised regularised loss function

$$\mathcal{L}(\mathbf{w}) = \mathcal{L}_{\text{err}}(\mathbf{w}) + \lambda R(\mathbf{w}) \quad (1)$$

Model-data mismatch plus “penalty” term

For the specific case of LSE +  $\mathbb{L}_2$  penalty (Gaussian prior)

$$\mathcal{L}(\mathbf{w}) = (\mathbf{y} - \Phi\mathbf{w})^T (\mathbf{y} - \Phi\mathbf{w}) + \lambda \mathbf{w}^T \mathbf{w} \quad (2)$$

Minimising loss requires both terms to be minimised

$\lambda$  controls the width of the Gaussian prior and hence the balance between model fitting and parameter shrinkage.



# Solving Regularised Least Squares

One reason  $L_2$  is common is its closed-form analytic solution  
Differentiate loss function with respect to  $\mathbf{w}$  and set to zero to minimise

$$\begin{aligned}\mathcal{L}(\mathbf{w}) &= (\mathbf{y} - \Phi\mathbf{w})^T (\mathbf{y} - \Phi\mathbf{w}) + \lambda\mathbf{w}^T\mathbf{w} \\ \frac{\partial \mathcal{L}_{\text{LSE}}(\mathbf{w})}{\partial \mathbf{w}} &= -2\Phi^T (\mathbf{y} - \Phi\mathbf{w}) + 2\lambda\mathbf{w}\end{aligned}$$

Set to zero to minimise

$$\Phi^T \mathbf{y} - (\Phi^T \Phi - \lambda \mathbf{I}) \mathbf{w}^* = 0$$

Modified normal equations, can be solved in the same way



# Terminology

*Ridge regression.*

*$L_2$  regularisation*, because  $\sum_i w_i^2$  is the  $L_2$  norm of  $\mathbf{w}$ , written as  $\|\mathbf{w}\|_2^2$ .

*Weight decay*, because it pushes weights towards zero.

*Tikhonov regularisation*, of which it is a special case.

Tikhonov regularisation uses  $R(\mathbf{p}) = \|\mathbf{\Gamma}\mathbf{w}\|$ . Here, we have  $\mathbf{\Gamma} = \lambda\mathbf{I}$ .

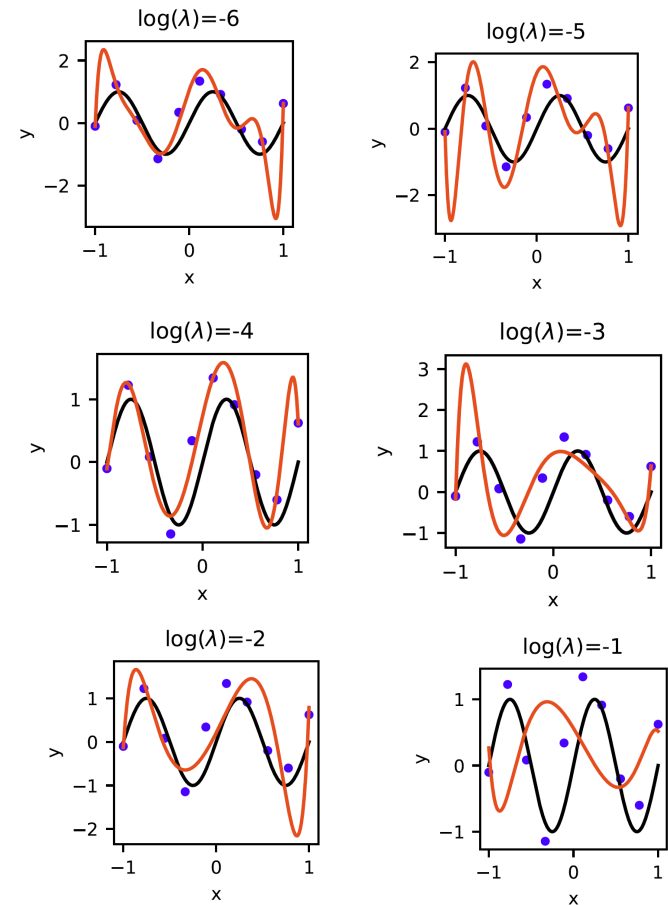


# Regularisation in Practice

$L_2$  regression used to prevent overfitting

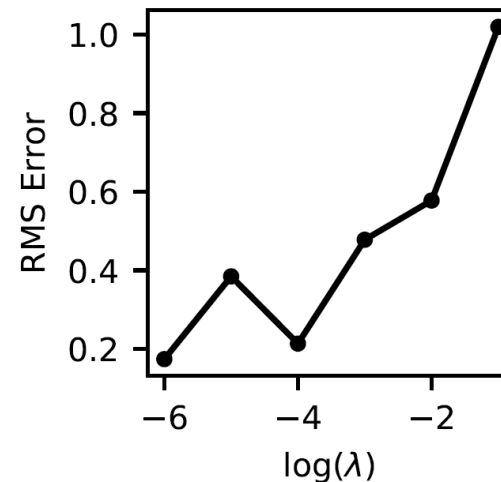
Prevents model weight growing large to fit noise.

Large values of  $\lambda$  “smooth” fluctuations



# Effect of Regularisation

- ▶ Regularisation increases training error but improves generalisation
- ▶ Penalty term reduce model weights



$\log_{10} \lambda$	$w_0$	$w_1$	$w_2$	$w_3$	$w_4$	$w_5$	$w_6$	$w_7$	$w_8$	$w_9$
-6	1.06	8.31	-17.92	-76.20	76.16	250.58	-112.92	-350.94	53.88	168.61
-5	1.67	5.77	-41.44	-29.12	212.84	31.81	-356.24	1.30	183.44	-9.40
-4	0.74	6.51	-5.21	-33.75	1.46	33.96	20.81	13.89	-17.55	-20.25
-3	0.94	1.29	-9.30	5.42	15.29	-21.02	5.50	-4.36	-12.20	19.08
-2	0.20	4.26	2.26	-10.00	-5.63	-4.88	-0.83	2.60	4.33	8.47
-1	0.56	-2.12	-1.35	4.00	-0.63	1.44	0.50	-0.84	1.30	-2.35



# Limitations

$L_2$  regularisation tends to “smooth” the fit

Popular for image denoising

But does not work well for data that really does have “fast” fluctuations.

Other choices can overcome this

Most general form:  $R(\mathbf{w}) = \sum_i |w_i|^p$

$p = 1$  is very common -  $L_1$  or *lasso* regularisation





# L<sub>1</sub> Regularisation

Also known as the Lasso methods

$$R(\mathbf{w}) = \sum_i |w_i|$$

Tends to promote *sparsity* in model parameters

No closed form solution

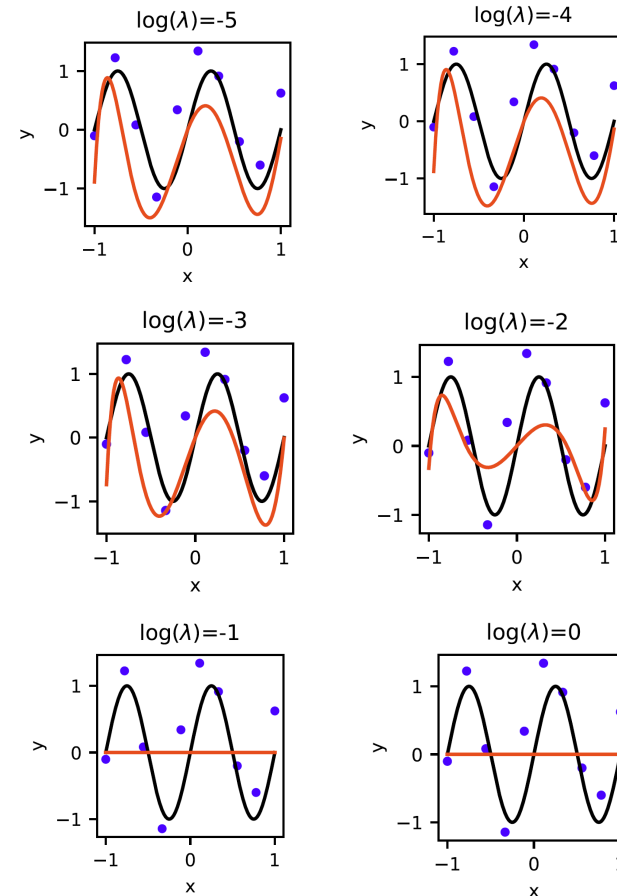
Turn to `scikit-learn` for implementation



# L<sub>1</sub> Regularisation

$\log_{10} \lambda$	$w_0$	$w_1$	$w_2$	$w_3$	$w_4$	$w_5$	$w_6$	$w_7$	$w_8$	$w_9$
-5	0.00	3.59	-0.00	-15.72	0.00	11.78	0.00	1.96	0.00	-1.60
-4	0.00	3.54	0.00	-15.27	0.00	11.05	0.00	1.93	0.00	-1.24
-3	0.00	3.10	-0.00	-12.02	-0.00	5.44	-0.00	3.49	-0.00	0.00
-2	0.00	0.95	-0.00	-3.76	-0.00	-0.00	-0.00	0.00	-0.00	2.74
-1	0.00	-0.05	0.00	-0.00	-0.00	-0.00	-0.00	-0.00	-0.00	-0.00
0	0.00	-0.00	0.00	-0.00	-0.00	-0.00	-0.00	-0.00	-0.00	-0.00

► Progressive sparsification of model parameters



# Regularisation in Practice

The correct regulariser and choice of  $\lambda$  is very problem dependent

Smooth or sparse solution?

Rigorous cross-validation often needed to selection  $\lambda$

Enables complex models to be used and then controlled

