Decline

**Incoming Call**

**John Doe**



Accept

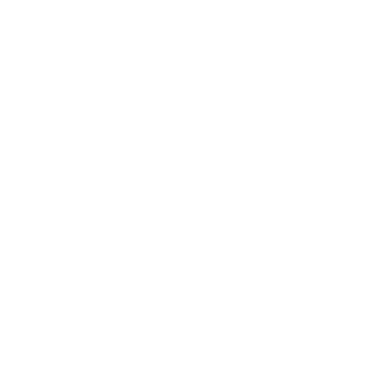
Snooze

**It’s the adverts!**

**Would you like to snack exercise?**

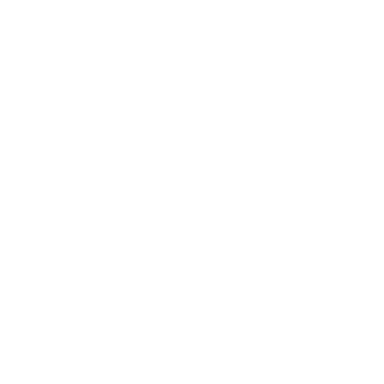
Yes

No



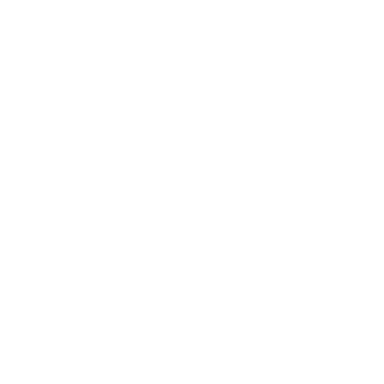
**Thanks!**

**We will set a reminder for the next ad break**



**It’s time for Tai Chi!**

**In 1 hour you have a Tai Chi class in the Western Hall. 3 of your friends will be attending**

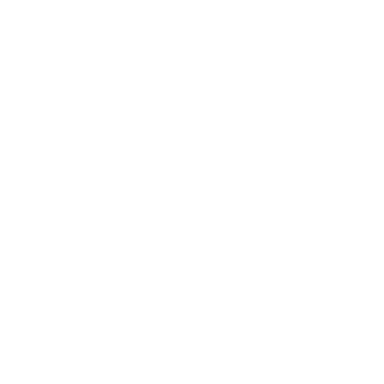


Acknowledge

Snooze

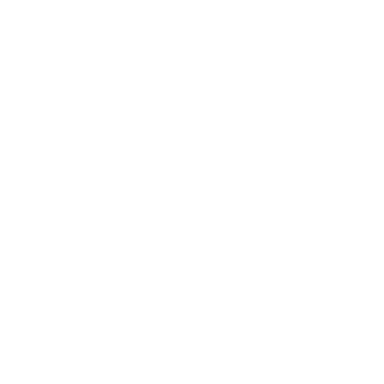
**It’s time for Tai Chi!**

**See you soon!**



**It’s time for Tai Chi!**

**We will remind you again in 30 minutes**



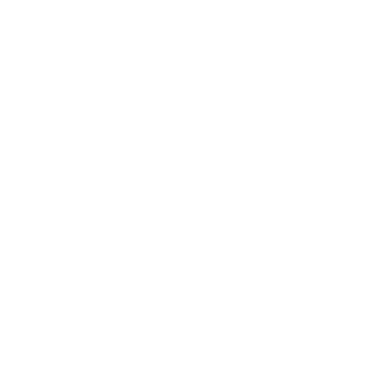
Snooze

**Now is a great time for some activity!**

**Would you like to snack exercise?**

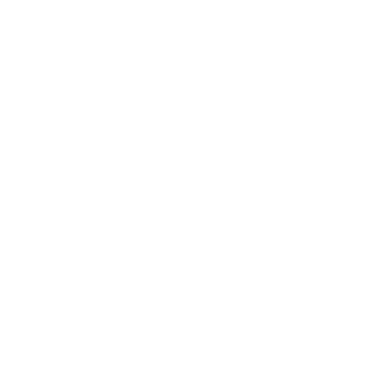
Yes

No



**Fancy a cuppa?**

**Make sure you remember to drink, it’s important to stay hydrated!**



**Thanks!**

**Enjoy your programme, we will set a reminder for later**

