

# Angular Momentum Operators and Eigenvalues

①

Last homework (HW #8) Due by Nov. 29  
Class Eval Due by Dec. 5, 8am; Thanksgiving Break.

Nov. 22, 2016

We discussed  $SO(3)$  and  $SU(2)$  for the rotations in the physical space and in the Hilbert space, respectively.

$$SO(3): R_{\hat{n}}(\phi) = e^{\vec{G} \cdot \hat{n} \phi} \quad (\hat{n} = \hat{x}, \hat{y}, \hat{z})$$

$$SU(2): \Delta_{\hat{n}}(\phi) = e^{\frac{-i \vec{J} \cdot \hat{n} \phi}{\hbar}} \quad (\vec{G} \sim \frac{\vec{J}}{i\hbar})$$

For spin  $\frac{1}{2}$  system,  $\vec{J} \rightarrow \vec{S} = \frac{\hbar}{2} \vec{\sigma} = \frac{\hbar}{2} \vec{\sigma}$   
so that  $\Delta_{\hat{n}}(\phi) = e^{-i \vec{\sigma} \cdot \hat{n} \frac{\phi}{2}}$

We now extend the spin  $\frac{1}{2}$  system in the Hilbert space to any angular momentum states in Q.M.

No matter what spin or angular momentum system, still there are three generators:  $J_x, J_y, J_z$ .

As  $R_x(\epsilon) R_y(\epsilon) - R_y(\epsilon) R_x(\epsilon) = R_z(\epsilon^2) - I$ ,

we have

$$\Delta_x(\epsilon) \Delta_y(\epsilon) - \Delta_y(\epsilon) \Delta_x(\epsilon) = \Delta_z(\epsilon^2) - I.$$

$$\left(1 - i \frac{J_x \epsilon}{\hbar}\right) \left(1 - i \frac{J_y \epsilon}{\hbar}\right) - \left(1 - i \frac{J_y \epsilon}{\hbar}\right) \left(1 - i \frac{J_x \epsilon}{\hbar}\right) \quad (2)$$

$$= \left(1 - i \frac{J_z \epsilon^2}{\hbar}\right) - I$$

$$\left(-\frac{i\epsilon}{\hbar}\right)^2 \underbrace{[J_x, J_y]}_{i\hbar J_z} = -\frac{i\epsilon^2}{\hbar} J_z$$

$$\text{i.e. } [J_x, J_y] = i\hbar J_z \quad \begin{matrix} 2^2 - 1 = 3 \text{ generators} \\ \uparrow \end{matrix}$$

In general,  $[J_i, J_j] = i\hbar \epsilon_{ijk} J_k$ . ( $SU(2)$  algebra)

Because  $J_x, J_y$  and  $J_z$  do not commute each other, one may choose only one of them (usually  $J_z$ ) to be the observable.

However,  $\vec{J}^2 = J_x^2 + J_y^2 + J_z^2$  commute with every one of  $J_k$  ( $k=1,2,3$ )  
 i.e.,  $[\vec{J}^2, J_k] = 0$  ( $\vec{J}^2$  is known as the Casimir's operator of  $SU(2)$ )

Thus, one may look for simultaneous eigenstates of  $\vec{J}^2$  and  $J_z$ .  
~~eigenket~~  $|j, m\rangle$  (see pages 191-199: Section 3.5)

Define the raising and lowering operators: (3)

$$J_{\pm} = J_x \pm iJ_y$$

so that

$$[J_+, J_-] = 2\hbar J_z$$

$$[J_z, J_{\pm}] = \pm\hbar J_{\pm}$$

notice the  
correspondence

and  $\vec{J}^2, J_{\pm}] = 0$

$$\vec{J}^2 = J_x^2 + J_y^2 + J_z^2$$

$$= \frac{J_+ J_- + J_- J_+}{2} + J_z^2$$

$$[\vec{J}^2, J_x] = [J_y^2, J_x] + [J_z^2, J_x] \\ = -i\hbar\{J_z, J_y\} + i\hbar\{J_y, J_z\}$$

Similarly  $[\vec{J}^2, J_y] = 0$   $[\vec{J}^2, J_z] = 0$

$$\begin{aligned} \{J_+, J_-\} &= (J_x + iJ_y)(J_x - iJ_y) + (J_x - iJ_y)(J_x + iJ_y) \\ &= J_x^2 + i[J_y, J_x] + J_y^2 + J_x^2 - i[J_y, J_x] + J_y^2 \\ &= 2(J_x^2 + J_y^2) \end{aligned}$$

$$\{a^\dagger, a\} + N^2$$

cf. Ladder operators

$$a = \sqrt{\frac{m\omega}{2\hbar}} \left( x + \frac{i}{m\omega} p \right)$$

$$a^\dagger = \sqrt{\frac{m\omega}{2\hbar}} \left( x - \frac{i}{m\omega} p \right)$$

$$[a, a^\dagger] = 1$$

$$[N, a] = -a$$

$$[N, a^\dagger] = +a^\dagger$$

Note

$$\begin{aligned} [J_y^2, J_x] &= J_y^2 J_x - J_x J_y^2 \\ &= J_y (J_y J_x) - (J_x J_y) J_y \end{aligned}$$

$$\begin{aligned} &= J_y J_x J_y - i\hbar J_z J_y - J_y J_x J_y + i\hbar J_z J_y \\ &= -i\hbar J_z J_y + i\hbar J_z J_y = 0 \end{aligned}$$

$$J_x J_y - J_y J_x = i\hbar J_z$$

# Eigenvalues of $J_z$ and $\vec{J}^2$

(4)

$$J_z |j^m\rangle = m\hbar |j^m\rangle \quad (m = j, j+1, \dots, j-1, j)$$

$j+1$  (regardless  
if  $j$  is integer  
or half-integer)

Now,

$$\begin{aligned} J_z (J_{\pm} |j^m\rangle) &= (\underbrace{[J_z, J_{\pm}]}_{\pm\hbar J_{\pm}} + J_{\pm} J_z) |j^m\rangle \\ &= (m \pm 1)\hbar (J_{\pm} |j^m\rangle) \end{aligned}$$

Thus, we find

$$J_{\pm} |j^m\rangle = C_{\pm} |j^{m \pm 1}\rangle$$

Since  $J_+ |j, j\rangle = 0$ ,

we can find

$$J_- J_+ |j, j\rangle = (\vec{J}^2 - J_z^2 - \hbar J_z) |j, j\rangle = 0$$

$$(J_x - iJ_y)(J_x + iJ_y)$$

$$\text{or } \vec{J}^2 |j, j\rangle = j(j+1)\hbar^2 |j, j\rangle$$

$$\begin{aligned} &J_x^2 + J_y^2 + i(J_x J_y - J_y J_x) \\ &\underbrace{J_x^2 + J_y^2}_{\vec{J}^2 - J_z^2} \quad [J_x, J_y] = i\hbar J_z \end{aligned}$$

Because  $[\vec{J}^2, J_{\pm}] = 0$ ,

$$\vec{J}^2 |j^m\rangle = j(j \pm 1)\hbar^2 |j^m\rangle$$

$$\begin{aligned} \text{e.g. } J_- \vec{J}^2 |j, j\rangle &= j(j+1)\hbar^2 (J_- |j, j\rangle) \\ &= \vec{J}^2 (J_- |j, j\rangle) = \vec{J}^2 C_- |j, j-1\rangle \end{aligned}$$

Let's find  $C_{\pm}$  using  $J_- J_+ = \vec{J}^2 - J_z^2 - \hbar J_z$

(5)

$$\underbrace{(\langle j, m | J_+^\dagger) (J_+ | j, m \rangle)}_{|C_+|^2} = \underbrace{\langle j, m | \vec{J}^2 - J_z^2 - \hbar J_z | j, m \rangle}_{\{j(j+1) - m(m+1)\} \hbar^2}$$

$$\therefore C_+ = \sqrt{j(j+1) - m(m+1)} \hbar = \sqrt{(j-m)(j+m+1)} \hbar$$

$$j^2 + j - m^2 - m = (j+m)(j-m) + (j-m) = (j-m)(j+m+1)$$

Similarly,  $J_+ J_- = \vec{J}^2 - J_z^2 + \hbar J_z$  yields

$$C_- = \sqrt{j(j+1) - m(m-1)} \hbar = \sqrt{(j+m)(j-m+1)} \hbar$$

In summary, we get

$$\langle j', m' | J_{\pm} | j, m \rangle = \underbrace{\sqrt{j(j+1) - m(m \pm 1)}}_{\sqrt{(j \mp m)(j \pm m + 1)}} \hbar \delta_{jj'} \delta_{m', m \pm 1}$$

Eq. (3.5.41), p. 196.

Ex. Prob. 26 of Chapt. 3

Consider a system with  $j=1$  and explicitly write

$\langle j=1, m' | J_y | j=1, m \rangle$  in  $3 \times 3$  matrix form.

Since  $J_y = \frac{J_+ - J_-}{2i}$ , we get

(6)

$$\langle \bar{j}=1, m' | J_y | \bar{j}=1, m \rangle$$

$$= \langle \bar{j}=1, m' | \frac{J_+ - J_-}{2i} | \bar{j}=1, m \rangle$$

$$= \frac{1}{2i} \left( \langle \bar{j}=1, m' | J_+ | \bar{j}=1, m \rangle - \langle \bar{j}=1, m' | J_- | \bar{j}=1, m \rangle \right)$$

$$= \frac{1}{2i} \left( \sqrt{1(1+1)-m(m+1)} \hbar \delta_{m', m+1} - \sqrt{1(1+1)-m(m-1)} \hbar \delta_{m', m-1} \right)$$

$$= \frac{\hbar}{2i} \begin{bmatrix} m'=1, m=1 & m'=1, m=0 & m'=1, m=-1 \\ 0 & \sqrt{2} & 0 \\ -\sqrt{2} & 0 & \sqrt{2} \\ \uparrow 0 & \uparrow -\sqrt{2} & \uparrow 0 \\ m=1 & m=0 & m=-1 \end{bmatrix} \begin{matrix} m'=1 \\ m'=0 \\ m'=-1 \end{matrix}$$

$$= \frac{i\hbar}{\sqrt{2}} \begin{bmatrix} 0 & -1 & 0 \\ 1 & 0 & -1 \\ 0 & 1 & 0 \end{bmatrix}$$

c.f.  $G_y = \begin{bmatrix} 0 & 0 & 1 \\ 0 & 0 & 0 \\ -1 & 0 & 0 \end{bmatrix}$  Generator of the physical space rotation:  $(x, y, z)$  space

$J_y = \frac{i\hbar}{\sqrt{2}} \begin{bmatrix} 0 & 1 & 0 \\ 1 & 0 & -1 \\ 0 & 1 & 0 \end{bmatrix}$  Generator of the Hilbert space rotation:  $(|1,1\rangle, |1,0\rangle, |1,-1\rangle)$  space

(7)

$$e^{\frac{-iJ_y \beta}{\hbar}} = 1 - \frac{i\beta}{\hbar} J_y + \frac{1}{2!} \left[ \left( \frac{-i\beta}{\hbar} J_y \right)^2 \right] + \frac{1}{3!} \left[ \left( \frac{-i\beta}{\hbar} J_y \right)^3 \right] + \dots$$

$J_y^2 = \frac{(\hbar)^2}{2} \begin{bmatrix} 1 & 0 & 0 \\ 0 & -2 & 0 \\ 0 & 0 & 1 \end{bmatrix}$

$$= 1 - \frac{iJ_y}{\hbar} \left( \beta - \frac{\beta^3}{3!} + \dots \right)$$

$J_y^3 = \frac{(\hbar)^3}{2\sqrt{2}} \begin{bmatrix} 0 & 2 & 0 \\ -2 & 0 & 2 \\ 0 & -2 & 0 \end{bmatrix} = \hbar^2 J_y$

$$- \left( \frac{J_y}{\hbar} \right)^2 \left( \frac{\beta^2}{2!} - \frac{\beta^4}{4!} + \dots \right)$$

$1 - \cos \beta$   
 $\begin{bmatrix} 0 & -1 & 0 \\ 1 & 0 & -1 \\ 0 & 1 & 0 \end{bmatrix} \begin{bmatrix} 0 & -1 & 0 \\ 1 & 0 & -1 \\ 0 & 1 & 0 \end{bmatrix} \begin{bmatrix} 0 & -1 & 0 \\ 1 & 0 & -1 \\ 0 & 1 & 0 \end{bmatrix}$   
 $\begin{bmatrix} -1 & 0 & 1 \\ 0 & -2 & 0 \\ 1 & 0 & -1 \end{bmatrix}$

$$= 1 - i \left( \frac{J_y}{\hbar} \right) \sin \beta - \left( \frac{J_y}{\hbar} \right)^2 (1 - \cos \beta)$$

cf.  $e^{\frac{-iS_y \beta}{\hbar}} = e^{-i\sigma_y \frac{\beta}{2}} = \cos \frac{\beta}{2} - i \sigma_y \sin \frac{\beta}{2} = \cos \frac{\beta}{2} - i \left( \frac{S_y}{\hbar/2} \right) \sin \frac{\beta}{2}$

$S_y = \frac{\hbar}{2} \sigma_y$

$$= \cos \frac{\beta}{2} - i \left( \frac{2S_y}{\hbar} \right) \sin \frac{\beta}{2}$$

$$J_y^3 = \hbar^2 J_y$$

$$J_y^4 = \hbar^2 J_y^2$$

$$J_y^5 = (\hbar^2)^2 J_y$$

$$\frac{1}{3!} \left[ \left( \frac{-i\beta}{\hbar} \right) J_y \right]^3 = \frac{1}{3!} \left( \frac{-i\beta}{\hbar} \right)^3 \hbar^2 J_y = -\frac{iJ_y}{\hbar} \left( -\frac{\beta^3}{3!} \right)$$

$$\frac{1}{4!} \left[ \left( \frac{-i\beta}{\hbar} \right) J_y \right]^4 = \frac{1}{4!} \left( \frac{-i\beta}{\hbar} \right)^4 \hbar^2 J_y^2 = \frac{\beta^4}{4!} \left( \frac{J_y}{\hbar} \right)^2$$