

# Lisalisi

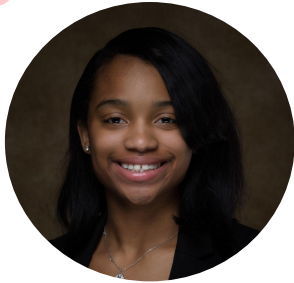
*"Here to help you fly again"*

*Management Leadership for  
Tomorrow*

*Career Prep Ideathon  
September 22nd, 2021*



# Our Team



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North Carolina A&T State  
University,  
Computer Engineering



**Bryan Coronel**

Washington University,  
Chemical Engineering  
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**Raymond McGhee**

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**Bryan E. Sanchez**

Northwestern University,  
Social Policy, Computer  
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**Zeina Ly**

Rider University,  
Business Administration,  
Web Design, and Chinese



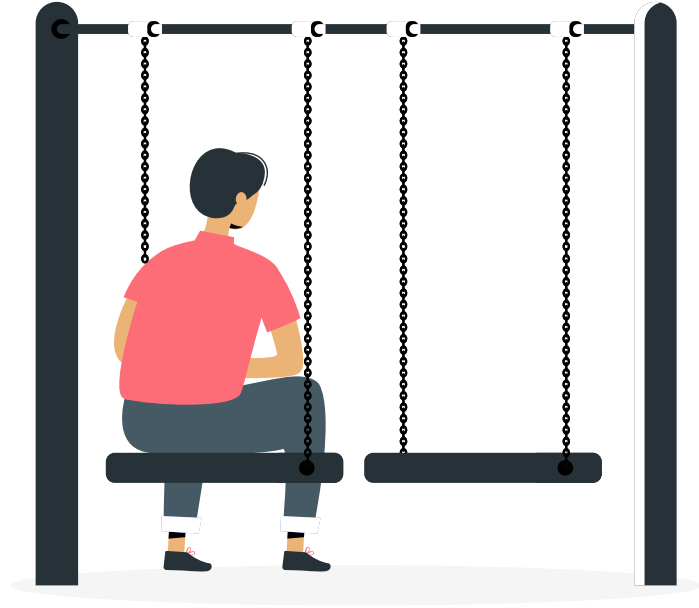
**Jordan Mozebo**

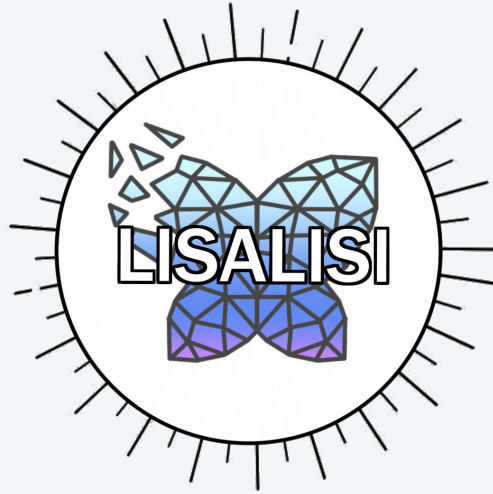
North Carolina A&T State  
University,  
Computer Science

# The Problem

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1. Lack of interactive mental health apps
2. Current mental health apps are expensive and not accessible to everyone
3. Other apps do not have several features and are usually limited to one





# The Solution

Our goal is to create a convenient digital platform that combines many features aimed at mental health care

**Lisalisi** Lingala  
(lee-sa-lee-see)

**verb**

1. To help
2. To provide assistance to  
(someone or something)



# Key Features



## User Accounts

User profiles indicate basic demographics and health status



## Activities Feed

Images of users completing the weekly creative activities and challenges are posted to a feed. No comments or likes.



## Online Counseling

Online counseling for users based on their needs and insurance status. They can message a therapist anytime in a secure chat window.

*"I am a beautiful person,  
inside and out!"*

## Other Features

*"My voice matters"*

*"I will no longer allow  
negative thoughts or  
feelings to drain me of my  
energy"*

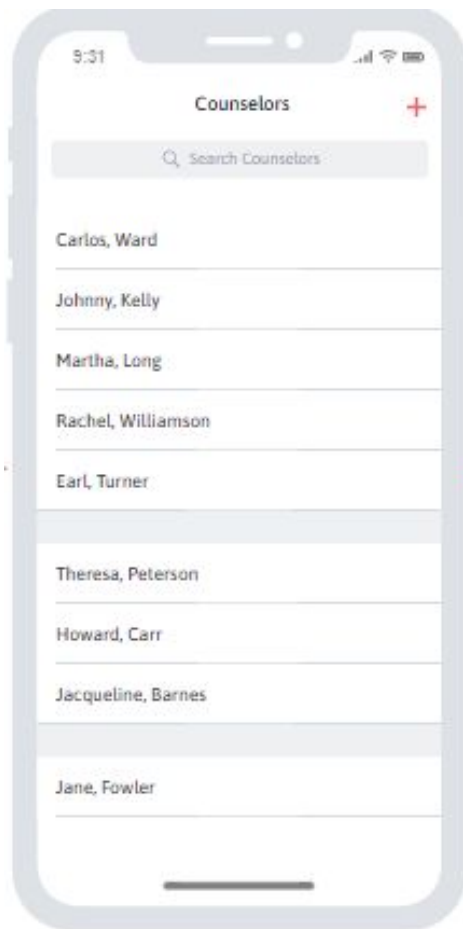
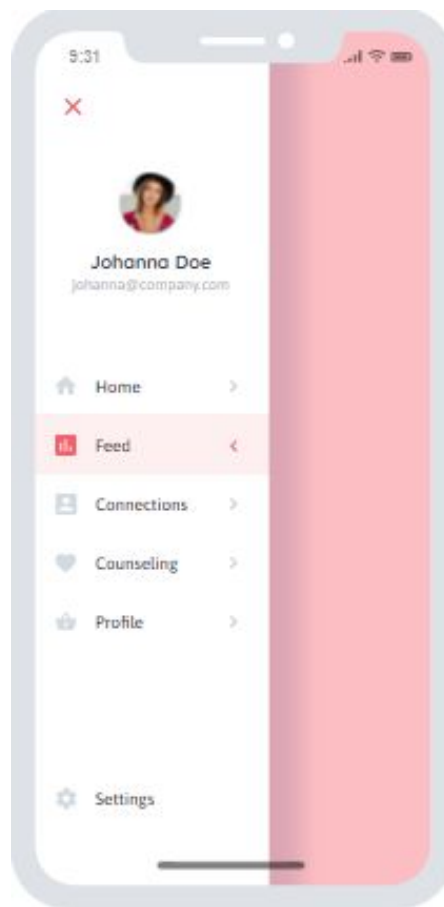
Customizable Daily  
Affirmations,  
Breathing Exercises and  
Calming Techniques,  
Sound Therapy

*"I am enough"*

*"I will not worry about the  
things I cannot control"*

*"I celebrate everyday  
wins, big or small"*



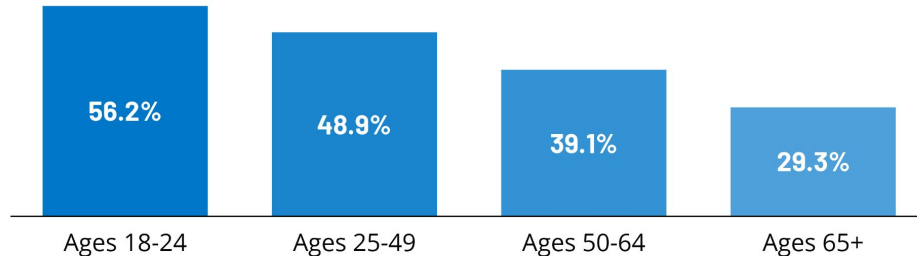




# Impact

- Potential clinic partnership and other services
- Multipurpose usage makes us widely attractive
- Local organizations can drive marketing and community building around the product

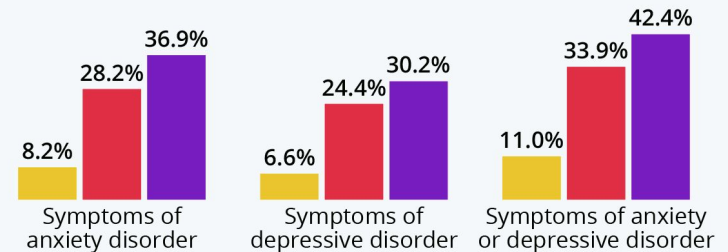
## Younger Adults are More Likely to Report Symptoms of Anxiety and/or Depressive Disorder During the COVID-19 Pandemic



## Pandemic Causes Spike in Anxiety & Depression

% of U.S. adults showing symptoms of anxiety and/or depressive disorder\*

■ January-June 2019 ■ May 14-19, 2020 ■ December 9-21, 2020



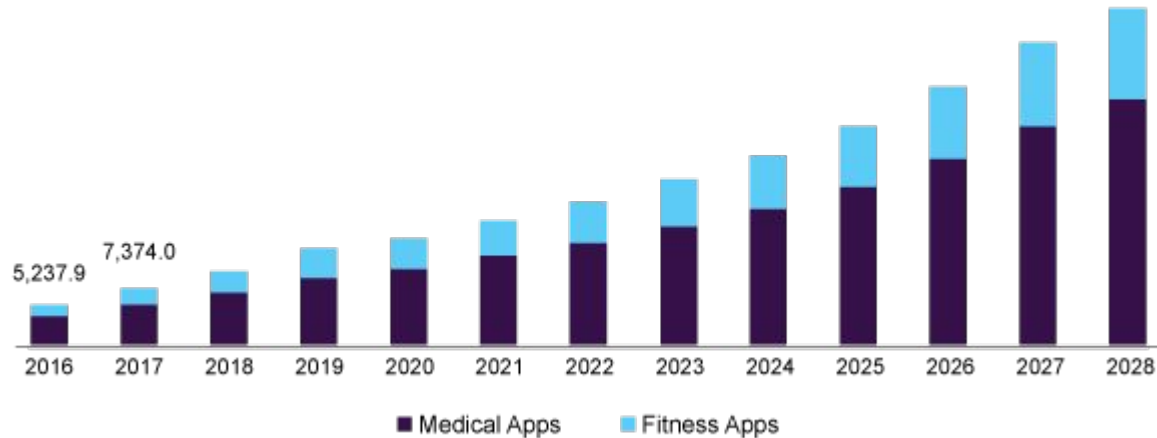
\* Based on self-reported frequency of anxiety and depression symptoms. They are derived from responses to the first two questions of the eight-item Patient Health Questionnaire (PHQ-2) and the seven-item Generalized Anxiety Disorder (GAD-2) scale.

Sources: CDC, NCHS, U.S. Census Bureau

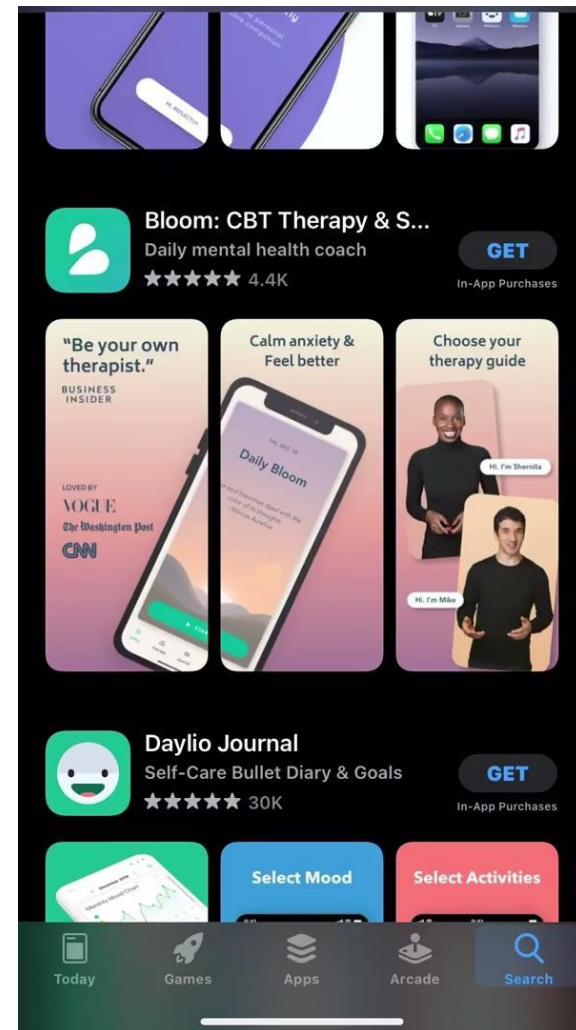
# Market Size

- Limited Feature Capacity from our competitors
- Developing market with much expected growth
- Potential to develop our own niche

The U.S. mHealth apps market size, by type, 2016 - 2028 (USD Million)



Source: [www.grandviewresearch.com](http://www.grandviewresearch.com)





# Funding

Advertisements  
Counselor Fee  
Partnerships with  
Companies



**Competition**

# US

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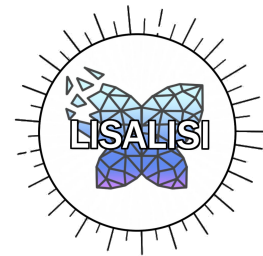
Lisalisi provides varying types of support so users do not have to waste storage on their devices with apps that only have one of these features. Lisalisi is multifaceted and is an all in one solution.



# THEM

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The competitor apps only propose tracking habits features, tracking symptoms or moods feature and coping strategies.



**Thank you!**