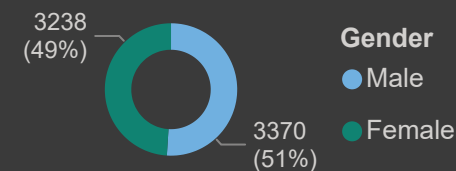


# Fitness overview for users

## Count of Users by Gender



## Daily steps

10455

Average of Steps Taken

## Burned calories

552

Average of Calories Burned

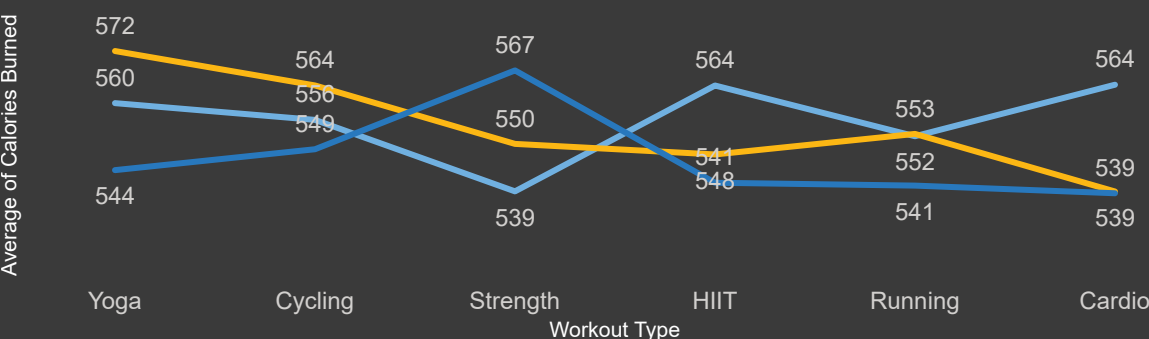
## Daily distance

8

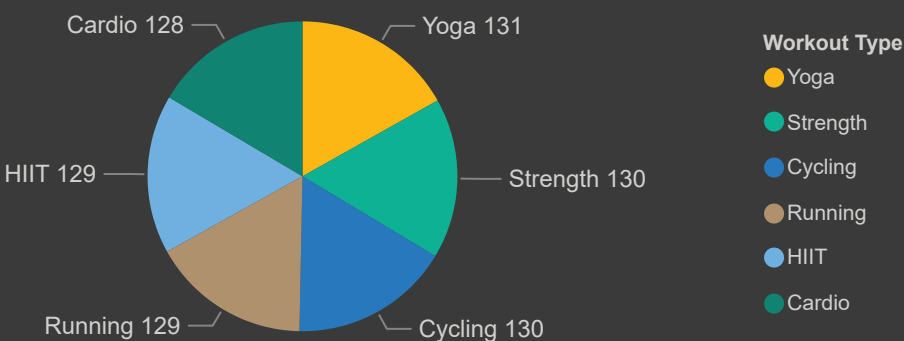
Average of Distance (km)

## Average of Calories Burned by Workout Type and Workout Intensity

Workout Intensity ● High ● Low ● Medium

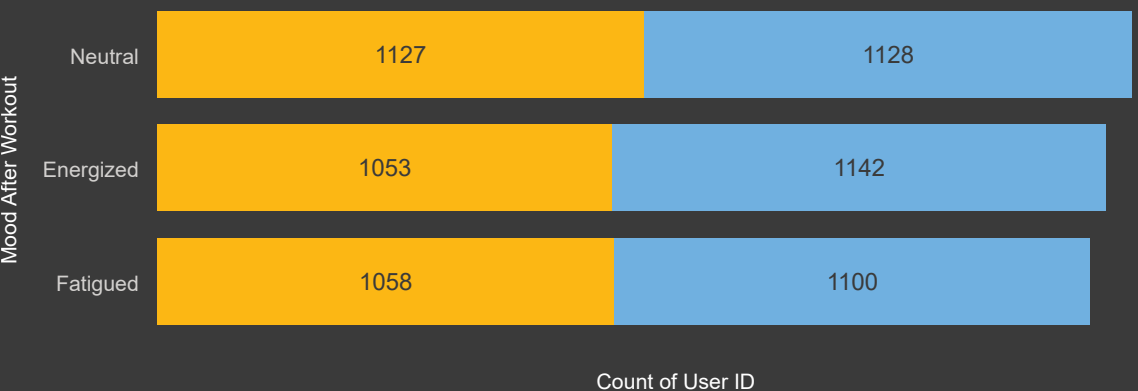


## Average of Heart Rate (bpm) by Workout Type



## Mood After Workout and Gender

Gender ● Female ● Male



## Avg Heart Rate (bpm) by Workout Type and Workout Intensity

Workout Intensity ● High ● Low ● Medium

