

and the different proportions in which they are mixed in our bosom determine the innumerable types of individuals that we are.

These detailed descriptions of the different types of "knowledge," "action" and "actor" are given here not for the purpose of judging and classifying others, but for the seeker to UNDERSTAND HIMSELF. A true student of culture and self-development must try to maintain himself as far as possible, in the *Sattwic* temperament. By self-analysis, we can diagnose ourselves, and immediately remedy the defects in us.

In this stanza, we have the description of the *Sattwic* type of "knowledge." The "knowledge" by which the One Imperishable Being is seen in all existence, is *Sattwic*. Though the forms constituted by the different body-mind-intellect equipments are all different in different living creatures, the *Sattwic* "knowledge" recognises all of them as the expressions of one and the same Truth, which is the Essence in all of them.

Just as an electrical engineer recognises the SAME electricity flowing through all the bulbs, a goldsmith recognises the ONE metal 'gold' in all ornaments, and every one of us is aware of the SAME cotton in all shirts, so also, the intellect that sees the screen upon which the play of life and the throbs of existence are projected as the Changeless One has the "knowledge" that is *Sattwic*.