Holy Geeta by Swami Chinmayananda

HE IS SAID TO HAVE GONE BEYOND THE *GUNAS* --- The above three stanzas together paint the complete picture of one who has transcended the *gunas*. These three stanzas answer Arjuna's second question.

Shankara recognises in these three stanzas "A RULE OF CONDUCT LAID DOWN FOR THE *SAMNYASIN* WHO SEEKS *MOKSHA*." These qualities are to be cultivated by every SEEKER who is trying to live the Hindu-culture. Once the seeker has gained inner freedom, these become the characteristic features of his nature. They form the essential marks that indicate one who has risen above the *gunas*.

THE LORD PROCEEDS NEXT TO ANSWER THE QUESTION "HOW DOES ONE TRANSCEND THE GUNAS?"

26. And he, serving Me with unswerving devotion, and crossing beyond the GUNAS, is fit to become BRAHMAN.

Being a practical text-book of religion, the Geeta is never satisfied by giving mere philosophical discourses. Every discourse, after explaining a definite aspect of our philosophy, prescribes immediately a way of training by which the imperfect can aspire to be and ultimately achieve Perfection.