Triple is this gate of hell, destructive of the self,—lust, anger and greed; therefore one should forsake these three.

[Destructive of the self: making the self fit for no human end whatever.]

पतेर्विमुक्तः कौन्तेय तमोद्वारैक्शिमर्नरः॥ भावरत्यात्मनः श्रेयस्ततो याति परां गतिम्॥२२॥ XVI. 22.

कौन्तेय O son of Kunti एतै: from these त्रिभि: three तमेहारे: gates of darkness (hell) त्रिमुक्तः free नरः the man आहमनः for himself श्रेयः what is good आचरित practises ततः and then परां Supreme गातं Goal यानि goes to.

The man who has got beyond these three gates of darkness, O son of Kunti, practises what is good for himself, and thus goes to the Goal Supreme.

[Gates of darkness: leading to hell (Naraka) which is full of pain and delusion.]

यः शास्त्रविधिमुन्खज्य वर्तते कामकारतः॥ न स सिद्धिमवाद्योति न सुधं न परां गतिम्॥२३॥ XVI. 23.

यः Who शास्त्रविधि the ordinance of the Shastra उत्तर setting aside कार्मकारनः under the impulse of desire दर्नते acts राः he सिन्द्रिम् to perfection न not अरानेति attains न nor सुखं happiness न nor परां Supreme गति Goal.

He who, setting aside the ordinances of the Shástra, acts under the impulse of desire, attains not to perfection, nor happiness, nor the Goal Supreme.

[Perfection: fitness for attaining the end of man.]