Holy Geeta by Swami Chinmayananda

pursues such a path, however immoral it may be. He is a social parasite; he enjoys and consumes without striving and producing. He puts forth no effort; drowsiness of intellect that renders him incapable of correct thinking is a typical feature. The three brothers, from Lanka, in fact, represent these three types of "doers." Of them, Kumbhakarna, who sleeps six months and wakes up only to spend the rest of the six months in eating, is symbolic of a *Tamasic* "doer."

DESPONDENT (*Vishaadi*) --- He is one who will not meet the challenge of life squarely. He has neither the vitality nor the stamina to stand up against the challenges of life. This is because his over-indulgent nature has sapped up all his vitality and courage to meet life. Invariably, he spends his time complaining of men and things around him and wishes for a secure spot in the world, where he can be away from all obstacles so that he may peacefully continue satisfying his endless thirst for sensuous enjoyments.

PROCRASTINATER (*Deergha-sootree*) --- An individual so benumbed in his inner nature, slowly gathers within himself an incapacity to arrive at any firm judgement. Even if he comes to any vague decision, he has not the will to continue the consistent pursuit of his judgement. Indolent as he is by nature, more often than not, he postpones the right until it is too late. This procrastinating tendency is natural to a *Tamasic* "actor." The term *deergha-sootree* has been interpreted by some commentators as