Holy Geeta by Swami Chinmayananda

day and plucked again on a full-moon day were found to yield a better crop.

Indeed it is accepted everywhere that the paddy preserved for seeds is not only to be dried in the Sun, but is must also lie exposed to the moon. The naturopaths keep some of their preparations --- as also the Ayurvedic physicians --- exposed to the moon for a certain number of days, and they claim that the medicines gain certain curative powers thereby.

All these above facts, touched upon lightly here, should prove that the declaration in the stanza is not totally unscientific.

The Sun, the moon and the fire are the Cosmic sources of all energy in the world, and the very Source-of-the-energy, through these phenomenal where it flows expressions, the Infinite Consciousness. is Consciousness functions through the earth and gives the fields their special capacity to sustain and nourish the vegetable world, and when the flora grows up, it is again the same Consciousness, functioning through the moon and manifesting as moonlight that fills each plant and fruit with its essential food-value (Vitamins).

MOREOVER: