Holy Geeta by Swami Chinmayananda

of his inner energies either through anxieties to drive himself to a particular goal or through his restlessness in herding the environments to settle themselves into a preplanned and pre-conceived system of harmony. His mind is ever at rest in its own native satisfaction. He is consciously happy that he is pursuing a line of action which is most conducive to the welfare of all. Such actions are classed under the *Sattwic* type of sacrifices.

12. The sacrifice which is offered, O best of the Bharatas, seeking for fruit and for ostentation, you may know that to be a RAJASIC YAJNA.

WITH A VIEW TO GAINING FRUIT --- In order to gain a chosen result, some people act in the world, and naturally, while in the field of activity, they are much too pre-occupied with their anxieties and worries. They grow more and more nervous at their own imaginary fears --- they ever live in an atmosphere of fear as to whether they will gain a particular chosen goal or not.

FOR OSTENTATION --- There are others in the world who act, ever so vigorously, not necessarily for gaining any predetermined goal, but merely for satisfying their vanity by exhibiting their wealth or knowledge, thus proving themselves to be the show of society. Ordinarily, there are many who work in the world and make such sacrifices. These do not constitute divine acts, nor can they