

them, an embodiment among those who are extremely attached to action. It means that the mind will seek and successfully discover a field where it can completely exhaust its existing tendencies.

On the other hand, if one dies, when one's mind is drowned in extreme '*Tamas*,' one reaches the lower realms of irrational beings such as the animal and the vegetable kingdoms.

It is a consoling philosophy, no doubt, to believe that once having come up the ladder of evolution to become man, never shall we go into the lower strata of evolution. But it is against the truth of what we observe around us. We find, in fact, that even after having been given the best set of circumstances and environments, the members of the human community are not all equally ready to make use of them and evolve in their cultural status. A rich man's son, having average intelligence and a good start in life, is not always ready to make use of those conducive circumstances, but invariably, he lives a careless unhealthy life and destroys himself later on.

Having been born as rational beings, how many of us behave with discrimination? A few in society even look up to the cattle and declare that they have a nobler life and a happier existence! That is to say, to a minority of bipeds the life of the quadrupeds is of higher evolution!! And, when such an idea is entertained in the mind of an individual, the life of the cattle is no devolution to him,