Nature of Death -- 13

देहिनोऽस्मिन्यथा देहे कोमार योवन जरा । तथा देहान्तरप्राप्तिशीरस्तत्र न मुद्धति ॥ १३

देहिन अस्मिन् यथा देह भौमारम् योदनम् जरा । तथा दह-अन्तर-प्रकाप्ति धीर तत्र न मुद्याति ॥

dehino'smin yathā dehe kaumāram yauvanam jarā | tathā dehāntaraprāptir dhiras tatra na muhyati ||

देहिन dehinah of the embodied (soul) अस्मिन् asmin in this यथा yathā as देहे dehe in body भौमारम् kaumāram childhood योवनम् yauvanam youth जरा jarā old age तथा tathā so also देहान्तरप्राप्ति dehāntara prāptih the attaining of another body धीर dhirah the firm तम tatra thereat न na not मुझति muhyati grieves

As the indweller in the body experiences childhood, youth and old age in the body, he also passes on to another body. The serene one is not affected thereby.

The born one passes through babyhood, youth and old age. It is the same entity that experiences all these changes. It should not be held that the individual that is the baby is quite different from the individual that is the youth. Likewise, the individual that transmigrates from one body into another retains his individuality. The enlightened one sees into this truth and remains unperturbed over death. Conversely, he who disciplines himself to remain unperturbed under all situations prepares himself thereby for enlightenment. Changes pertain to body and changelessness to Atman. The knower of this fact is truly enlightened.