

intellect --- the "objective-mind" working under the control and the order of the "subjective-mind" --- is called *Buddhi yoga*. By so doing, instead of incurring more and more liabilities of new *Vasana*-bondages, the individual gains a release from the mental congestion created by the existing *Vasanas*. Thus, when an individual completely surrenders his ego, he is said to be "Established in *Buddhi yoga*." Hence it is said "SEEK REFUGE IN *Buddhi*," meaning: "let your mind be perfectly under the control and direction of the intellect."

There is a solid reason why we should live under the control of the intellect. Those who live in the mental zone, tossed about by the mind's tribulations, get agitated by anxiety for the fruits-of-actions. Such people are termed here as 'wretched.' It is a powerful statement by which Vyasa condemns such thoughtless, unintelligent people: "WRETCHED ARE THEY WHO ACT FOR THE RESULTS." Understood properly, this is a wonderful guidance by following which we can totally eliminate all failures in life. Efficient activity in the present alone can order great results.

They are "wretched" because they will be, in their desire-prompted activities, incurring new *Vasanas* and thus will be thickening the veil of ignorance of their own glorious Divinity. Unselfish work, performed in a spirit of dedication and ego-less surrender, is the secret method of exhausting our *Vasana*-store. Such a mind alone, purged