Holy Geeta by Swami Chinmayananda

as the 'subject' --- either through the best, or the worst in us. But, at the same time, the Self being Awareness, It in Itself is Knowledge --- and to 'know' Knowledge, no other knowledge is needed. Therefore, it is said by Arjuna "YOU YOURSELF KNOW YOURSELF BY YOURSELF."

In the *Sankhyan* philosophy, the Spark-of-Life in each individual is called the *Purusha*, in Whose presence, the matter-envelopments constituting *Prakriti*, become vitalised. Here Krishna is addressed as '*Purushottama*' meaning "the Self of all selves, the One-without-a-second." In the Geeta, the term *Purushottama* is sometimes used as the 'most glorious of men' and sometimes in the purely technical usage as the "Supreme Self."

Lord Krishna is now being recognised and glorified by Arjuna as the Pure *Brahman*, when he addresses Him as "THE SOURCE OF BEINGS, THE LORD OF BEINGS, THE *DEVA* OF *DEVAS*, AND THE RULER OF THE WORLD." The essential stuff in any object is the ruler and maintainer of its qualities. The quality of gold rules over all the qualities of various gold ornaments whatever their shape, design, polish, etc. More than this is the controlling and the ruling power of the Consciousness in our lives, inasmuch as, without Consciousness, we know nothing, can do nothing. An awareness or knowledge of a thing or an event is possible only when the mental and intellectual disturbances caused by it are illumined by the Pure Consciousness.