Holy Geeta by Swami Chinmayananda

directing his energies caused by the repressions of his emotions into wrong channels, so that he became a hapless neurotic in the face of the great challenge. We shall read in the First Chapter the very same arguments and ideas repeated by Arjuna faithfully from the message he had the previous day from his uncle.

On that fateful day when both the armies were getting into formation, Arjuna asks his charioteer, Lord Krishna, to drive the chariot to a point between the two forces, so that he may review the enemy lines. Larger in number, better equipped, more liberal in supplies and commanded by well- known personalities, the Kaurava formation, expanding itself like an "eagle," stood poised to swoop down upon the smaller army of the Pandavas. This was a sight severely challenging the mental stamina of the Pandava hero. His 'objective-mind,' under the impact of the stimuli, could not find any reaction from its 'subjective-mind (Buddhi), because the shattering of these two aspects was complete due to the intervening layers of egocentric assumptions and desire-prompted anxieties. The dynamic forces released in his mind due to the repressions were not properly channelised, but were mis-directed by the suggestions of Dhritarashtra's words, and therefore, the greatest hero of the times, Arjuna, suddenly became a despondent, bewildered, neurotic patient.

The 'Krishna-treatment' of this patient of psychological derangement was certainly a specific cure, inasmuch as, in