## Holy Geeta by Swami Chinmayananda

thus wasting the total mental energy and dynamism, Krishna advises us that a truly successful man, striving to achieve the highest, both in the outer world of plurality, and in the realms within, should rest his mind at the gracious and peaceful feet of Truth. He can then pour out the entire wealth of his capacities into the work in his hand, and thereby assure for himself the highest laurels both here and in the hereafter.

In Hinduism, religion is not divorced from life. If they are separated, both of them will die away. They are as intimately connected as the head and the trunk; separated from the other neither can live. Even while living through the turmoils of existence, a true seeker must learn to keep his mind continuously upon the awareness of his Real Nature and the Substratum of the world in one vast embrace of blissful homogeneity. This is not difficult, nor is it impracticable.

An actor, playing the part of a king in a drama, can never completely forget that he has a wife and a child in his own house on the outskirts of the city. If he forgets his personal identity and acts as the king even outside the stage, he will immediately be segregated, and moved to a lunatic asylum for the safety of the society! He is efficient as the actor because he constantly remembers his own real identity. Similarly, even with continuous cognition of our Divine Nature, we can act in the world without any hindrance, and thereby add a glow to our achievements,