Holy Geeta by Swami Chinmayananda

Unmanifested Factor, the Imperishable Self, is the highest goal for man to achieve.

In all other states of existence, there is again and again the experience of return. Just as sleep is not the end of life, but only a refreshing pause between two spans of activity, so too death is not an end, but often, only a restful pause in the unmanifested condition, that comes between two successive manifested existences different in embodiments. It was already indicated that even from higher levels of Consciousness, the ego-centres will have to return to exhaust their unmanifested cravings, the vasanas. Birth, we have already been told, is "A HOUSE OF PAIN AND FINITUDE," and therefore, complete satisfaction can be reached only when there is no rebirth --- no return.

Often, educated students of the present generation ask: "Why, after realising the Self, should there be no-return?" The question, though natural, cannot stand even a moment's scrutiny. Generally, cause-hunting is for things that happen and not for things that do not happen! Nobody anxiously enquires why I am not in a hospital but an intelligent enquirer has every right to enquire why I have gone to the hospital. We may enquire why the Infinite has become the finite; but the question does not arise at all why the Infinite should not fall again into the finite. This question is as absurd as my enquiring as to why you are not yet in jail. For not going to jail, no cause-hunting is necessary. And if you have actually gone to jail,