

atoms in different combinations of numbers and patterns create the world of infinite forms and qualities. Similarly, to know that the Self is the Ultimate Truth behind the names and forms, is, in itself, only a partial knowledge. The complete understanding of Life can arise only when we, at once, understand how from the Self the endless multiplicity of names and forms rise up and spread to become the Universe.

Just as in our understanding we can comprehend all the waves as inherent in the ocean, so too, a man of right understanding can recognise "THE SEPARATE EXISTENCE OF ALL BEINGS IN THE ONE." Once having understood the ocean, we do realise how the numberless waves rise from that one ocean; so too a man of right understanding also realises "THE EXPANSION OF PLURALITY FROM THAT ONE ALONE." Such moments of complete understanding, wherein the Man-of-Wisdom experiences the One Self within and without --- enveloping and embracing, penetrating and nourishing not only the depthless and the measureless Infinite, but also the superficial world of pluralistic names and forms -- - are the sacred moments when he has "BECOME BRAHMAN."

The Self alone can recognise the Self. He who is recognising the one homogeneous Self, he who is experiencing that the Consciousness in him is one with the homogeneous-mass-Consciousness everywhere, and he who also understands how on his coming into the body