Holy Geeta by Swami Chinmayananda

One ought not to live through life as a mere beast of burden doing its daily routine and sweating under the driver's whip. Work only hardens the muscles; it can smoothen out the ugly wrinkles in our character and add a glow of health and vitality to our inner personality only when we bring the inner equipments of our heart and head into the work which our hands and legs perform in the outer world. This is accomplished by pursuing the *Karma Yoga* advised earlier, with full faith (*Shraddha*) and without cavilling (*Anasuyantah*).

FAITH (*Shraddha*) --- is a very pregnant word in Sanskrit which refuses to be defined fully by any single word in English.

But Shankara's explanation of *Shraddha* has a purely intellectual import and it has no direct emotional appeal for the seeker. "Faith" in *Vedanta* means the ability to digest mentally, and comprehend intellectually, the full import of the advice of the Saints and the declarations of the Scriptures. In fact without "faith" no activity is ever