

न *na* not हि *hi* verily ज्ञानेन *jñānena* to wisdom सदृशम् *sadr̥śam* like पवित्रम् *pavitram* pure इह *iha* here (in this world) विद्यते *vidyate* is तत् *tat* that स्वयम् *svayam* oneself योगसंसिद्धः *yoga saṁsiddhaḥ* perfected in yoga कालेन *kālena* in time आत्मनि *ātmani* in the self विन्दति *vindati* finds

Verily there is no purifier in this world like knowledge. He that is perfected in yoga realizes it in his own heart in due time. 38

A man dreams that he is being tortured to death. All remedial measures adopted in that dream are of no avail to the victim. The dream requires to be snapped and the man brought to wakefulness. This done he clarifies to himself that nobody subjected him to torture and that his agony was his own creation. Wakeful state here is the purifier of the self-imposed ignorance in dream. Likewise, Self-knowledge cleanses man of the delusion of birth and death. It reinstates him in his original blessedness. Knowledge is, therefore, the best among the purifiers of man. The proper practice of karma yoga transforms the life of the yogi into *jnana-yajna*. His mind thereby gets purified and he becomes competent in course of time for Self-knowledge.

The baby takes ten months for its development in the womb. Similarly is there any time limit for the attainment of *Jnana*? The explanation comes :—

श्रद्धावाँछभते ज्ञानं तत्परः संयतेन्द्रियः ।

ज्ञानं लब्ध्वा परां शान्तिमचिरेणाधिगच्छति ॥ ३९