Holy Geeta by Swami Chinmayananda

Comparing and contrasting these four above-mentioned groups among themselves, the Lord declares here that the *Jnani*, who with a steadfast mind, surrenders himself to the Self, with an integrated heart of total devotion, which is not dissipated by other parallel aspirations, represents the best. Single-pointedness of mind can be gained only when the goal of the meditator is fixed and steady. The unbroken and all-out aspiration of the seeker to reach his own Real Nature, the Self, is called single-pointed-devotion (*Eka bhaktih*).

This is possible only when one withdraws oneself totally from all other extrovert demands of the lower nature in him. In the case of a *Jnani*, therefore, the Spirit is invoked not for the acquisition of anything, but for the annihilation of all the self-destructive channels through which his spiritual dynamism gushes out day-to-day, only to get wasted on the dry rocks of the world of hallucination. Naturally, therefore, the Self, as a personification in Krishna, declares in the Geeta that the *Jnanis* are the highest and the best among the living kingdom who reach the PORTALS OF TRUTH with their individual demands and aspirations, to experience their final merger in the Self.

To the truly wise "SUPREMELY DEAR AM I." Love is measured by the amount of identification the lover has gained with the beloved. Self-surrender is the tune in which the song of love is truly sung. Selfessness is the key in which the duet of love is played. Love demands "giving