

*yogayukto visuddhātmā vijitātmā jitendriyah |
sarvabhūtātma bhūtātmā kurvann api na lipyate ||*

योगयुक्त *yogayuktaḥ* devoted to the path of action
विशुद्धात्मा *visuddhātmā* a man of purified mind विजितात्मा
vijitātmā one who has conquered the self जितेन्द्रिय
jitendriyah one who has subdued his senses सर्वभूतात्म
sarvabhūtātma bhūtātmā one who realizes his
self as the Self in all beings कर्त्तुं *kurvan* acting अपि *api*
even न *na* not लिप्यते *lipyate* is tainted

With the mind purified by karma yoga, and the self disciplined, and the senses subdued, one who realizes one's self as the Self in all beings, though acting, is not affected. 7

There is a contrast between the earth bound man engaging himself in action and the soul liberating karma yogi doing so. Bondage increases in the former and diminishes in the latter. The action of the yogi not being motivated by any desire, his understanding gets progressively clarified. As his desires in all forms get liquidated his self-control tends to perfection. The desirelessness in him gets transformed into clarity of understanding. This clarity itself ultimately becomes the intuition which cognizes the one Cosmic Consciousness apparently appearing as the multitudinous forms of consciousness. Karma yoga itself is *karma sanyasa* because it brings in these successive stages of spiritual enlightenment.

An individual has the delusion, ' I am the doer ' as long as the philosopher's stone has not converted the base metal of his mind into the noble one of the divine eye. When he is in ignorance he entertains the feelings of agency such as ' I am the