Holy Geeta by Swami Chinmayananda

(*Sahajam Karma*) is full of evil (*Sadosham*), Krishna's advice is that one should not relinquish it (*Na-Tyajet*).

Superficially reading this declaration in a hurry, one is apt to think that this is not spirituality. But to a careful thinker, the term "born with" (*Sahajam*) solves the riddle. There is an ocean of difference between the meanings of the phrases "BORN WITH" and "BORN INTO."

There are two forces that control and guide, define and determine, our actions --- (i) the impulses brought forth by the pressure of the mental temperaments within; and (ii) the pressure of environments that tickles new temptations in ourselves. One is to follow faithfully, the subjective vasanas, even if they be defective. But at the same time, we must courageously renounce all the demands that the objective world makes upon us from without.

The *vasanas* one is BORN WITH are to be lived through, without ego and desire; while the *vasana*-creating atmosphere INTO which one is born should not be allowed to contaminate one's personality. Krishna is very careful in indicating that a spiritual seeker must constantly strive hard to stand apart from the shackling effects of the environments. According to the Geeta, man is the master of circumstances. To the extent he comes to assert this mastery, to that extent he is evolved.

IN FACT, "ARE NOT ALL ACTIONS (WORKS) CLOUDED BY DEFECTS, AS FIRE IS BY THE SMOKE?"