Holy Geeta by Swami Chinmayananda

composition, so that the greater energy that is available to a well-developed man, may, without any obstruction, flow out of our bosom

HYPOCRISY (Ostentation --- Dambha) --- 'Pretending to be righteous but living unrighteous ways of life' is the meaning that Shankara gives to this term. Hypocrisy is, certainly, one of the cheapest poses assumed by the vicious. To them, all their superficial glow of goodness and purity, of religiosity and sincerity are but attractive hoods to cover their deadly motives and ugly intentions.

ARROGANCE (*Darpa*) --- Endless pride of learning, or of wealth, or of social status, or of family connections, gives to an individual a kind of insufferable uppishness, and he looks at the world and the happenings around him through this misinterpreting and self-deluding medium and lives in a world of imagined self-importance resulting in an arrogance that drives away all inward peace. Such an individual gets exiled from the love of the community around. An arrogant man is a lonely creature in the world and his only companions are his own imagined self-importance and dreams of his glories which none but he can see. And naturally he becomes highly self-conceited (*Abhimanah*).

ANGER (*Krodha*) --- When such a self-conceited, arrogant, hypocrite looks at the world around him and finds that the world's estimate of him is totally different from his own estimate of himself, he revolts within and hence his