Holy Geeta by Swami Chinmayananda

"Tell me that 'ONE' PATH by which, I, for certain, can attain the Highest."

As a child of that age, there was no doubt, even in Arjuna's mind, that life was not to be squandered away in merely producing, acquiring, hoarding and spending wealth. As a true child of Hinduism, he vaguely knew that he had to fulfil a great cultural mission in the world, and that material successes were only the means and not the end, or the goal. Partha's doubt was only on how best he could make use of the environments that presented themselves to him so that he might carve out for himself a greater cultural growth and a fuller spiritual unfoldment in himself.

THE BLESSED LORD GIVES THE FOLLOWING REPLY WHICH IS IN CONFORMITY WITH THE QUESTION:

The Blessed Lord said: 3. In this world there is a two-fold path, as I said before, O sinless one; the 'Path-of-Knowledge' of the SANKHYANS and the 'Path-of-Action' of the YOGINS.

To consider the 'Path-of-Action' (*Karma Yoga*) and the 'Path-of-Knowledge' (*Jnana Yoga*) as competitive is to understand neither of them. They, being complementary, are to be practised SERIALLY one after the other. Selfless activity gives a chance to the mind to exhaust many of its existing mental impressions. Thus purified, the mind gains such a flight and ethereal poise that it can steadily soar into the subtlest realms of meditation, and finally