

same term? This riddle solves itself as soon as we carefully attempt an intimate understanding of the definition. The earlier definition is being incorporated in the latter one, because, otherwise, "evenness of mind is *Yoga*" may be misunderstood as a mere 'evenness of mind' producing inaction and slothfulness. In this definition such a misunderstanding is completely removed, and thus *Karma Yoga*, as indicated in the all-comprehensive meaning implied herein, indicates the art of working with perfect mental equilibrium in all the different conditions indicated by the term "pairs-of-opposites" (*Dwandwas*).

After dissecting this stanza thus, we come to understand what exactly is the Lord's intention. When *Yoga*, "the art of working without desire," is pursued, the *Karma Yogin* becomes detached from all the existing *vasanas* in himself, both good and bad. The *vasana*-pressure in the individual causes restlessness within. The inner-equipment that has become peaceful and serene is called the pure *Antah-Karana*, which is an unavoidable prerequisite for consistent, discriminative self-application in meditation. Thus all actions, when properly pursued, become means for the ultimate end of realising the Self through meditation, with a pure mind.

We have here yet another example of Vyasa using the frightening word *Yoga* in a tamer context in order to make his society then feel at ease with it.