

CHAPTER THIRTY

(Description of Satī's casting off of her body and
the subsequent disorder)

Nārada said :—

1. When Satī, Śiva's beloved became silent what happened there ? O Brahmā please tell me.

Brahmā said

2. Observing silence and remembering her lord with great respect, Satī the Goddess calmed down and sat on the ground in the northern wing.

3. Having sipped water duly, covering up her body entirely with her cloth she closed her eyes and remembered her lord. She then entered the yogic trance.

4-5. Keeping her face steady she balanced the winds Prāṇa and Apāna³¹⁶. She then lifted up the wind Udāna from the umbilical region, stabilised it in the cardiac region took it through the throat and finally fixed it in the middle of the eyebrows.

6-7. She desired to cast-off her body due to her anger with Dakṣa. She desired to burn off the body and retain the pure wind by yogic means. In this posture she remembered the feet of her lord and nothing else.

8. Her body divested of its sins fell in the yogic fire and was reduced to ashes, O excellent sage, in accordance with her own wish.

9. The loud shouts and cries of "Hā, Hā" of those who witnessed it spread everywhere on the earth and rose up in the sky. Everything was surprisingly wonderful and terrifying to the devas and others.

10. "Alas, Śiva's beloved Goddess, nay his deity, Satī has cast-off her life. Who is that wicked person who angered her ?

11. See the unholy unspiritual misdeed of Dakṣa the patriarch, the son of Brahmā whose subjects are the mobile and immobile creatures of the world.

316. The system of Yoga enjoins the control of vital airs viz. प्राण and अपान in some particular position.