

BUT HOW ARE WE TO KNOW WHEN A PARTICULAR 'GUNA' IS PREDOMINATING OVER THE OTHER 'GUNAS'?

*11. When, through every gate (sense) in this body, the light-of-intelligence shines, then it may be known that 'SATTWA' is predominant.*

Here follows a discussion of three stanzas, each giving us a more subjective insight into the symptoms produced by the *guna* concerned, from which we can understand, under the influence of which *guna* the personality is working at any given moment.

WHEN THROUGH EVERY GATE (SENSE) IN THIS BODY, THE LIGHT-OF-INTELLIGENCE SHINES --- The apertures of the physical structure, through which the perceived world-of-objects enters us, are the windows-of-knowledge, the "sense organs." Through these holes, the Light-of-Awareness, goes out, AS IT WERE, to illumine the various objects of the world. The Knowledge in me pouring out through the eyes, becomes the power of vision and illumines for me all the forms and colours of the world. The same Eternal Awareness, through the ears, which cannot illumine form, brings within my comprehension the world-of-sound around me. So too, the Divine Light of Cognition beaming out through the tongue illumines the taste.