In substance they are one while in expression they are three.

Prakriti or the Kshetra is dependent on the Kshetrajna. How can the Gunas bind him who is the owner thereof? The fact is that the unfettered Atman seems as if fettered due to ignorance. Wavelets in the water cause the reflection of the sun in it to quiver. It is the reflection of the sun that trembles, but not the real sun. In this manner the reflected Atman seems to be in the shackles of the Gunas, while actually neither the reflected Atman nor the original Atman in any way gets bound.

The characteristics of the three Gunas are now delineated:—

तत्र सच्चं निर्मेलत्वात्प्रकाशकमनामयम् । सुखसङ्गेन गमाति ज्ञानसङ्गेन चानघ ॥ ६ तत्र सद्स्यम् निर्म्मवन्सात् प्रमाधकम् अन्-आनगम् । सुस्र-समेन (बन्म) वर्ष्य-मानि ज्ञान-समेन च अन्य-सम ॥

tatra sattvam nirmalatvāt prakāsakam anāmayam į sukha sangena badhnāti jñānasangena cā 'nagha ॥

तत्र tatra of these सत्त्वम् sattvam Sattva निर्मेख्यान् nirmalatvāt from its stainlessness मकाराक्त्म prakāšakam luminous जनामयम् anāmayam healthy सुस्ताङ्गेन sukha sangena by attachment to happiness यञ्जाति badhnāti binds ज्ञानसङ्गेन jīāna sangena by attachment to knowledge च ca and जन्म anagha O sinless one

Of these, Sattra, being stainless, is luminous and unobstructive. It binds, O sinless one, by creating attachment to happiness and attachment to knowledge.