

merits such as unison, equality, truthfulness, good conduct, steadfastness, straightforwardness, non-injury to beings and detachment from the world.

What are the marks of the yogi who has attained perfection in yoga? The explanation comes :—

यदा हि नेन्द्रियार्थेषु न कर्मस्वनुपज्जते ।

सर्वसङ्कल्पसंन्यासी योगारूढस्तदोच्यते ॥ ४

यदा हि न इन्द्रिय-अर्थेषु न कर्मसु अनु-पज्जते ।

सर्व-सम्-कल्प सम्-नि-भासी योग-आ-रूढः तदा उच्य-ते ॥

*yadā hi ne 'ndriyārtheṣu na karmasv anuṣajjate ।*

*sarvasaṅkalpasamnyāst yogārūḍhas tado 'cyate ॥*

यदा *yadā* when हि *hi* verily न *na* not इन्द्रियार्थेषु *indriyārtheṣu* in sense-objects न *na* not कर्मसु *karmasu* in actions अनुपज्जते *anuṣajjate* is attached सर्वसङ्कल्पसंन्यासी *sarva saṅkalpa samnyāst* renouncer of all thoughts योगारूढः *yogārūḍhaḥ* one who has attained to yoga तदा *tadā* then उच्यते *ucyate* is said

Then alone is one said to have attained to yoga, when, having renounced all Sankalpas, one does not get attached to sense-objects and actions. 4

*Yogārūḍha* is one who has attained the acme of yoga. Human perfection reaches its zenith in him. Deep *dhyana* or the meditation of the yogi develops into *samadhi* or Enlightenment. In this state, the external world which is the projection of the mind; is no more for him. There is no mentation in him to manipulate the senses. 'As in sound sleep, so in this self-sufficiency and beatitude of *samadhi* the obligatory duties even get suspended. Freed from