

The Eternal Absolute is explained to us as Infinite, All-knowing and All-blissful. Our experience of ourselves is that we are finite, ignorant and miserable. Thus, between the Reality, which is our Self, and what we experience ourselves to be, there seems to be as much difference as between heat and cold, light and darkness. Why is it that we are not able to recognise the Self, which is our Real Nature?

In our ignorance, when we try to perceive the Truth, it seems to be a goal to be reached at some distant place, in a distant period of time. But in fact, if we are to believe the Lord's words, the Self being our essential nature, we are never far from It. A mortal is as far away from Immortality --- the sinner is as far removed from a Saint --- the imperfect is as far removed from Perfection --- as a dreamer is from the waker.

Man awakened to the Self's Glory is God; God forgetful of His own glory is the deluded man!

To the ego, the very existence of the subtler Self beyond the body, mind and intellect is an idea that cannot even be conceived of, and, when a mortal, through the techniques of self-perfection, comes to recognise himself to be the Self, he is struck with a wondrous ecstasy of that supra-sensuous experience.

The emotion of wonder, when it rises in the mind, has the capacity to black-out, for the time being, all cognitions,