

entering his mind, and so lives alone in himself. These two terms should not be misunderstood as physical escapism into a tomb-like solitude, or as a physical aversion to the society of men.

MOREOVER:

*12. Constancy in Self-knowledge, perception of the end of true knowledge --- this is declared to be "knowledge, " and what is opposed to it is "ignorance. "*

In this concluding stanza of this section, explaining the various essential qualifications in a seeker, the Lord adds to the aforesaid list EIGHTEEN qualifications, Two more items, viz., "constancy in Self-knowledge" and "understanding the end of the true Knowledge."

CONSTANCY IN SELF-KNOWLEDGE --- The Knowledge of the Self is to be lived and not to be merely learnt. If the Self is one everywhere and the Self alone is real, the seeker should try to live as the Self at all levels of his personality. The constancy of living the 'Spiritual-knowledge' at all levels of one's contacts with the world-outside, is one of the unavoidable practices a seeker should always keep up.

UNDERSTANDING THE END OF TRUE KNOWLEDGE -  
-- To remember constantly the goal of our endeavour is to add more enthusiasm to our activities. Sincerity of