

ध्यानयोगः

DHYANA YOGA — THE YOGA OF MEDITATION

CHAPTER VI

Karma yoga is Karma sanyasa—The Favourable Environment—The Method—The Criterion for Progress—Progress in Yoga—Perfection in Yoga—The Restive Mind has to be Resisted—The Fate of the Imperfect Yogi—Yoga is Unparalleled.

Karma yoga is Karma sanyasa — 1-9

श्री भगवानुवाच

अनाश्रितः कर्मफलं कार्यं कर्म करोति यः ।

स संन्यासी च योगी च न निरग्निर्न चाक्रियः ॥ १

अनू-आ-श्रि-तः कर्म-फलम् कार्यम् कर्म करोति यः ।

सः सम्-नि-आसी च योगी च न निर्-अग्निः न च अ-क्रियः ॥

sri bhagavān uvāca

anāśritaḥ karma phalaṁ kāryaṁ kārma karoti yaḥ ।

sa saṁnyāst ca yogī ca na niragnir na cā 'kriyaḥ ॥

श्री भगवानुवाच *sri bhagavān uvāca* Sri Bhagavan said:

अनाश्रितः *anāśritaḥ* not depending (on) कर्मफलम् *kar-*
ma phalaṁ fruit of action कार्यम् *kāryaṁ* bounden कर्म
karma duty करोति *karoti* performs यः *yaḥ* who सः *saḥ*
he संन्यासी *saṁnyāst* Sanyasi (ascetic) च *ca* and योगी
yogī योगी च *ca* and न *na* not निरग्निः *nir agniḥ* without
fire न *na* not च *ca* and अक्रियः *akriyaḥ* without action

The Blessed Lord said :

He who discharges his duty without seeking its fruit, he is the Sanyasin, he is the yogi; not he who is without sacred fire and without rites. 1

People in general have a misconception about *sanyasa*. That the Sanyasin should not shoulder any