Holy Geeta by Swami Chinmayananda

perform worldly work in a spirit of dedicated, selfless devotion. Krishna's Geeta calls upon man to make work itself the greatest homage unto the Supreme; this is SPIRITUAL 'Sadhana.'

THE LORD'S DECREE IS THAT THE 'IGNORANT' SHOULD PERFORM WORK. NOW, AS TO THESE DIVERGENT VIEWS:

4. Hear from Me the conclusion or the final truth, about this "abandonment, " O best of the Bharatas; "abandonment, " verily, O best of men, has been declared to be of three kinds.

Lord Krishna is now promising Arjuna that he will scientifically explain what constitutes *Tyaaga* and under what headings this spirit of 'abandonment' can be considered.

For a mortal mind, GIVING UP is no easy task; acquisition and aggrandisement are the very life-breath of man's mind. Naturally therefore, Krishna has to invoke the best in Arjuna by addressing him as the "best among Bharatas" (*Bharata-Sattama*) and as a "tiger among men" (*Purusha-Vyaaghra*).

"Abandonment" (*Tyaaga*), for purposes of study and understanding, is three-fold. All through the Geeta this three-fold classification is followed, and everywhere we