mind made) steadfast by the method of habitual meditation नान्यगामिना not moving towards any other thing चेतसा with mind परमं supreme दिन्यं resplendent पुरुषं Purusha अनुचिन्तयन् meditating याति goes.

With the mind, not moving towards anything else, made steadfast by the method of habitual meditation, and dwelling in the Supreme, Resplendent Purusha, O son of Prithâ, one goes to Him.

[Method-Yoga.

Resplendent—the Being in the solar orb, same as Adhidaivata, of the fourth sloka.

कविं पुरागामनुशासितार-

मगोरगीयांसमनुस्मरेद्यः॥

सर्वस्य धातारमचिन्त्यरूप-

मादित्यवर्गा तमसः परस्तात्॥ध॥

प्रयागाकाले मनसाऽचलेन

भक्ता युक्तो योगवलेन चैव॥ भुवोर्मध्ये प्राणमावश्य सम्यक्

स तं परं पुरुषमुपैति दिन्यम् ॥१०॥

कार्ने Omniscient पुराणं ancient अनुशासितारं overruler अणोः than atom अणियांसं minuter सर्वस्य of
all धातारं sustainer अचिन्यरूपं one whose form is
inconceivable आदित्यवर्णं self-luminous like the sun
तमसः of the darkness (of ignorance) परस्तान beyond
प्रयाणकाले at the time of death भक्त्या with devotion
यक्तः endued अचलेन unmoving मनसा with mind
योगवलेन with the power of Yoga च and एव verily
भूवोः of the two eye-brows मध्ये betwixt प्राणं Prâna