--- comes to enjoy PEACE. By running away from the sense-objects, nobody can assure for himself any inner peace; because, the inner disturbance depends not upon the presence or the absence of the sense-objects in the outer-world, but essentially upon the mind's agitations for procuring the desirable objects, or for getting rid of the undesirable objects.

But a Master-of-Wisdom, with perfect self-control, moves among the objects of the world with neither any special love, nor any particular aversion, for them. Wherever I go, my shadow must play all around me according to the position of the light; but the shadow can neither entangle me with love, nor can destroy me with hatred! The outer-world-of-objects is able to whip that man who lends the power to the objects to smother him!!

Supposing there is a lunatic who is whipping himself and weeping in pain; his sorrows can be ended only when he is persuaded not to take the whip in his hand. He could be advised, even if he kept the whip in his hand, not to swing his arms in the fashion in which he is doing! Similarly, here, the mind woos the objects and gets beaten. It is told, as an advice, that an individual who lives in self-control, will no longer lend his own life's dynamism to an object to persecute him --- through his own sentimental aversion to, or love for, that object.

When the lunatic is taught not to wield the whip and strike himself, he is immediately saved from the sorrows