

facilitating them to play their parts. In short, HALT the manifestations of life, and seek the Eternal Life, the Source of all expressions of life. What this primeval *Purusha* is and how one is to conceive It is the theme of the entire chapter.

WHAT SORT OF SEEKERS REACH THE GOAL?
LISTEN:

5. Free from pride and delusion, victorious over the evil of attachment, dwelling constantly in the Self, their desires having completely retired, freed from the pairs-of-opposites --- such as pleasure and pain --- the undeluded reach that Goal Eternal.

Philosophy, in India, is something to live and to practise. Ultimately, it is fulfilled only when we come to experience its goal. It is natural, therefore, that in our scriptures and spiritual text-books, we find a wealth of instructions and elaborate discussions on the theories of Perfection. This stanza is a typical example of the detailed instructions supplied to guide the adventurous seekers trying to follow the "path." Five conditions are explained herein which are nothing but certain disciplines, adjustments, and re-education of the vehicles of life; and Krishna concludes that those who have accomplished these shall reach the Divine experience and live a life enjoying a sense of supreme fulfilment.