

Lord of his heart, he grows in his vision. In the newly awakened sensitive consciousness, he becomes more and more poignantly aware of the number of *vasanas* he has to exhaust. "BE NOT GRIEVED," assures the Lord, for, "I SHALL RELEASE YOU FROM ALL SINS" --- the disturbing, thought-gurgling, action-prompting, desire-breeding, agitation-brewing *vasanas*, the "sins."

The stanza is important inasmuch as it is one of the most powerfully worded verses in the Geeta wherein the Lord, the Infinite, personally undertakes to do something helpful for the seeker in case the spiritual hero in him is ready to offer his ardent co-operation and put forth his best efforts. All through the days of seeking, a *Saadhaka* can assure himself steady progress in spirituality only when he is able to keep within himself a salubrious mental climate of warm optimism. To despair and to weep, to feel dejected and disappointed, is to invite restlessness of the mind, and naturally, therefore, spiritual unfoldment is never in the offing. The stanza, in its deep imports and wafting suggestions, is indeed a peroration in itself of the entire philosophical poem.

HAVING CONCLUDED THE ENTIRE DOCTRINE OF THE "GEETA-SHAstra" IN THIS DISCOURSE, AND HAVING ALSO BRIEFLY AND CONCLUSIVELY RESTATED THE DOCTRINE IN ORDER TO IMPRESS IT MORE FIRMLY, THE LORD NOW PROCEEDS TO STATE THE RULE THAT SHOULD BE BORNE IN MIND WHILE IMPARTING THIS KNOWLEDGE TO OTHERS: