

revolt against a diet that has any stink about it, e. g., seafood.

STALE (*Paryushitam*) --- Food that has been cooked overnight, or that has been kept for days together. Here we can include all the fermented drinks, which the *Tamasic* people love to drink. All drinks are fermented and the 'kick' in them increases as the time after preparation increases.

Unsanitary and unclean food seems to attract the taste of all despicable men of insufferable ignorance and low culture. They love to eat 'refuse' (*Ucchishtam*) that is left over, and impure (*Amedhyam*) filthy food that is not fit for human consumption. The above-enumerated list is a comprehensive report on the base and disgusting tastes of *Tamasic* men of low culture and dull discrimination.

WHAT TYPE OF SACRIFICES THESE THREE CLASSES OF MEN WOULD THEMSELVES ENGAGE IN, CHEERFULLY?

11. *That sacrifice which is offered by men without desire for fruit, and as enjoined by ordinance, with a firm faith that sacrifice is a duty, is SATTWIC or 'pure.'*

After exhausting the classification of the temperaments as determined by tastes exhibited by different people in the world, the Geeta continues to indicate how, in the very type of activities undertaken, there is an unmistakable