Holy Geeta by Swami Chinmayananda

dialogue between Sri Krishna and Arjuna, the thirteenth discourse ends entitled: THE FIELD AND THE KNOWER-OF-THE-FIELD

This is one of the most brilliant chapters in the Geeta which gives us a direct subjective method of meditating upon and realising the Imperishable and the Eternal in ourselves. To wake up from our dream is to end all the sorrow that we might have suffered in the dream-state-of-Consciousness. There is no traffic between the frontiers that clearly mark out the worlds of waking, dreaming and the deep-sleep. In the same way, the Knower-of-the-Field suffers the sorrows and the imperfections of the "Field" but when through analysis the "Knower-of-the-Field" understands its own real nature apart from the "Field," it rediscovers its own Divine Nature and, in this awakening, the dream that it was as the Knower-of-the-Field, ends.

The plurality and the sorrows are all the tearful details in the dream-plot. To rediscover Pure Awareness and to realise that it is the Self, which, dressed up in the "Field," becomes the agitated "Knower-of-the-Field" --- is to know all that is to be known. In the entire Geeta, we fail to come across a clearer and more direct indication of Reality.

Om Om Om Om Om