ourselves unnecessarily over-anxious during our present activities. This FEVERISH ANXIETY is indicated here by the term "fever" (*Jwara*). Krishna advises that Arjuna should renounce all actions unto the Lord and, getting rid of both hope and selfishness, must fight, free from all mental fever. How complete this technique is will be evident now to all students of the Geeta.

The term "fight" is to be understood here "as our individual fight with circumstances, in the silent battle of life." Thus, the advice is not for Arjuna alone, but to all men who would like to live life fully and intelligently!

The advice contained in this stanza reads as though quite unorthodox for those who have read the *Vedas*, with a limited meaning for its term "*Karma-Yoga*."

IN ORDER TO HAMMER THIS NEW INTERPRETATION OF THE *VEDIC* TRUTH INTO THE ACCEPTANCE OF HIS GENERATION, THE LORD SAYS:

31. Those men who constantly practise this teaching of Mine, full of faith and without cavilling, they too are freed from actions.

It is clearly brought out here that the above technique can bless us not by a mere study of it, but only when it has been properly practised in life. The term religion (*matam*)