

more bind the Self. The ego "POISED IN THE SELF," is the experience of the Real Self; the dreamer poised in the waker, is the waker.

THIS BEING THE WONDROUS RESULT AND THE SUPREME PROFIT THAT 'TRUE-KNOWLEDGE' CAN GIVE TO THE DELUDED, KRISHNA ADVISES ARJUNA:

*42. Therefore with the sword-of-Knowledge, cut asunder the doubt-of-the-Self, born of 'ignorance, ' residing in your heart, and take refuge in "YOGA. " Arise, O Bharata.*

In this concluding stanza the Lord's advice is precise and it is given with a loving insistence. The stanza rings with a spirit of paternal urgency felt by the Lord towards the Pandava Prince.

In the language of war, Krishna advises his warrior-friend on the battle-field, how best to live the life of dedication and perfection as advised by the Hindu *Rishis* from the quiet and peaceful Himalayan valleys. With the "SWORD-OF-KNOWLEDGE," Arjuna is encouraged to cut off the bonds of ignorance and 'CLEAVE ASUNDER THIS DOUBT-OF-THE-SELF LYING IN THE HEART."

The spiritual doubt is explained here as working from the heart. This may read rather strange to a modern man: doubt must come from the intellect; it cannot come from the heart.