

FREE FROM PRIDE AND DELUSION --- Both these qualities of pride and delusion indicate a false, exaggerated estimate, of one-self and of others. Erroneous estimate of one's own importance is called pride and it brings about an enormous amount of heavy responsibilities upon oneself to maintain it. There is no time thereafter to cultivate oneself, or to seek knowledge, or to get truly educated. Similarly, error in judgement regarding things and beings, happenings and situations, in the world outside, is called DELUSION. It makes us live in a false world of our own imagination without actually facing the immediate problems around us, as they really are.

WITH THE EVIL OF ATTACHMENT CONQUERED --- To live in the flesh, seeking our life's fulfilment only in the joy derived from our contact with the sense-objects in the world around us, is to live in the outer layer, cheating ourselves entirely of life's deeper possibilities. Such an ignorant fool gets extremely attached to the objects of the world, and once this attachment has grown, all his attentions in life will be irresistibly turned towards those objects. Shackled by them, ever dancing to their rhythm of change and destruction, he comes to lay waste his powers, without ever realising the nobler purpose of the Life-Divine.

EVER DWELLING IN THE SELF --- Detachment from the world-of-objects is never possible without attaching ourselves to something nobler and diviner. The human