

49. *Far lower than the YOGA -of-wisdom is action, O Dhananjaya. Seek thou refuge in wisdom; wretched are they whose motive is the "fruit."*

Work done with a mind undisturbed by anxieties for the results is indeed superior to the work done by a dissipated mind, ever worrying over the results. Here the term, "*Buddhi yoga*" has tickled some commentators to discover in it a special *Yoga* advised by the Geeta. I personally think that it is too much of a laboured theory. *Buddhi* as defined in the *Upanishads*, is the determining factor in the "inner-equipment"; *Nishchayatmika* is 'intellect'; *Samshayatmika* is 'mind'. Thus, when the thoughtflow is in a state of flux and agitated, it is called the 'mind'; and when it is single-pointed, calm and serene in its own determination, it is called the 'intellect.' Thus, *Buddhi yoga* means "to be established in the devotion to the intellect." Steady in your conviction, your mind perfectly under the control of your discriminative intellect, to live thus as a master of your inner and outer world is called *Buddhi yoga*. In *Buddhi yoga* we pursue our duties in life, without ever losing sight of our ultimate Goal in Life.

Analysing the meaning of the stanza in terms of what we have already seen regarding the split-personality and its cure through *Vasana*-purgation, we may interpret *Buddhi yoga* as an individual's attempt to live and act from the zone of the intellect which freely controls the mind's functions, and readily receives faithful obedience from the mind. The attempt of the mind to work in union with the