

In the sparkle of the eyes, in the smile of a friend, in the grin of an enemy, in the harsh words of jealousy and in the soft tones of love, in heat and in cold, in success and in failure --- among men, among animals, amidst the trees and in the company of the inert, everywhere, he successfully gains the auspicious vision of the Supreme, either as EXISTENCE PURE or as KNOWLEDGE ABSOLUTE or as BLISS INFINITE!! This is the meaning of *Ishwara Darshana* or the *Atma Darshana* which is sung so gloriously in all the scriptures of the world. To watch for and discover the smile of the Divine through the trellis of names and forms is to live in the constant spirit of *Jnana Yajna*.

To adore Him in all visions, to recognise Him in all situations, to feel Him with each thought, is to live in a constant remembrance of the Self, and therefore, such people "worship the Self through the wisdom-sacrifice (*Jnana Yajna*)."

In the beginning, this attempt of seeing the Self is a conscious act, not without its unpleasant strain. But as the seeker develops in his own spiritual cognition of the Self, the Awareness Divine within him, it becomes easy for him to recognise the One Self splashing Itself upon the myriad forms of Its own effulgent glory: "ME, WHO IN ALL FORMS FACES UP EVERYWHERE."

The Man-of-Realisation not only experiences the Pure Self, uncontaminated by the pluralistic equipments, but, also