

WHEREFORE:

*38. Certainly, there is no purifier in this world like 'Knowledge. ' He who is himself perfected in YOGA finds it in the Self in time.*

So glorious is the result of Self-realisation that Lord Krishna explodes in enthusiasm and cries: "VERILY THERE EXISTS NOTHING IN THIS WORLD MORE NOBLE AND SACRED THAN SELF-KNOWLEDGE." Just as to a drowning man there is nothing more precious than a life-belt, so too, to the deluded ego there cannot be a greater possession and a nobler endeavour than the acquisition of 'Knowledge' of its own Real Nature.

The Knowledge of the Self can be attained in one's own bosom when one has gained in oneself a full "MASTERY IN Yoga" --- when one has sincerely and diligently practised the above-mentioned twelve *Yajnas* and gained a complete self-mastery through them. This mastery of the Self over the flesh is not given by any teacher. The traditional story of a teacher spiritualising a student by his touch is a myth; it is impossible. Had it been so, in the presence of such a perfect Prophet like Krishna, Arjuna could have attained --- especially when the Lord felt such a great friendliness and love towards him --- in a wink, all the spirituality needed to become a God-man.

Many devotees have, from time to time, wasted their chances and brought dishonour to their noble teachers,