

mind in this poised state under all circumstances Spiritual growth is possible to him only who keeps the mind ever poised

Be in the world even as a maid servant in a rich man's house For all intents and purposes she claims her master's children and property as her own But at the core of her heart she knows that they do not belong to her and she remains firm in that attitude Seemingly own worldly things, but have no attachment to them As the maid servant can with ease relinquish her assumed ownership of the master's property, be prepared for separation from earthly possession

— Sri Ramakrishna

The frame of mind that unbecomes a yogi is now dilated upon —

दूरेण ह्यवरं कर्म बुद्धियोगाद्धनञ्जय ।

बुद्धौ शरणमन्विच्छ कृपणाः फलहेतवः ॥ ४९

दूरेण हि अ-वरम् कर्म बुद्धि योगात् धनम् -जय ।

बुद्धौ शरणम् ऋणु इच्छ कृपणा फल-हेतवः ॥

*dūrena hy avaram karma buddhiyogād dhanamjaya ।*

*buddhau saranam anviccha krpanāḥ phalahetavah ॥*

दूरेण *dūrena* hy far हि *hi* indeed अवरम् *avaram* inferior कर्म *karma* action बुद्धियोगात् *buddhiyogāt* than the yoga of wisdom धनञ्जय *dhanamjaya* O Dhananjaya बुद्धौ *buddhau* in wisdom शरणम् *saranam* refuge अन्विच्छ *anviccha* seek कृपणा *krpanāḥ* wretched फलहेतवः *phalahetavah* seekers after fruits

Motivated karma is, O Dhananjaya, far inferior to that performed in the equanimity of mind, take refuge in the evenness of the mind, wretched are the result-seekers.