Holy Geeta by Swami Chinmayananda

not properly understood, would seem to indicate an impossible method. At best, it would look as if it was a religious sanction for the poor to continue to be poor and a sacred permission for the rich to continue tyrannising over the poor! To act in life "WITHOUT ANY EXPECTATION OF RESULTS" would seem to be almost impossible to one who is only trying to understand the stanza mentally. But when the same individual, after his studies, walks out into the open fields of life and tries to practise it there, he shall discover that this alone is the very secret of all real achievements.

Earlier, we have indicated how Krishna, through his *Karma Yoga*, was showing "the art of living and acting" in a spirit of Divine inspiration. Here also we shall find, as we tussle with this idea in our attempt to digest it, that Krishna is advising Arjuna on the secret-art of living an inspired life.

Wrong imaginations are the banes of life, and all failures in life can be directly traced to have risen from an impoverished mental equanimity, generally created by unintelligent entertainment of fears regarding possible failures. Almost all of us refuse to undertake great activities, being afraid of failures, and even those who dare to undertake noble endeavours, invariably become nervous ere they finish them, again, due to their inward dissipastion. To avoid such wasteful expenditure of mental energy and work with the best that is in us, dedicated to the noble cause of the work undertaken, is