

Consciousness of the One Reality that permeates the whole universe, and therefore, to him the leper and the prince, the sick and the healthy, the rich and the poor are so many different parts of his own spiritual personality only. Such an individual serves the world in a sense of self-fulfilment and inspired joy.

Summarising, a *Sattwic Karma* is a humane action, performed without any attachment, and not motivated either by likes (*Raga*) or dislikes (*Dvesha*), and undertaken without any desire to enjoy the results thereof. The "action" itself is its fulfilment; a *Sattwic* man acts, because to remain without doing service is a choking death to him. Such a man of *Sattwic* "action" alone is a true *Brahmana*.

WHAT IS RAJASIC ACTION?

24. But that "action" which is done by one, longing for desires, or gain, done with egoism, or with much effort, is declared to be RAJASIC (*Passionate*) .

The "action" of the 'passionate' (*Rajasic*) is that which is undertaken to win one's desires with an extremely insistent "I-act" mentality. Always such undertakings are works of heavy toil involving great strain, and all the consequent physical fatigue and mental exhaustion. The individual is impelled to act and struggle by a well-defined and extremely arrogant ego-sense. He works, generally under tension and strain, since he comes to