all obligations and performing all duties without sacrificing one's own personal comforts, is no heroic life at all. Such actions have no special reward. In fact, Krishna says: "HE SHALL ATTAIN NO FRUIT WHATSOEVER OF HIS ABANDONMENT."

Performance of one's obligatory duties is itself the most glorious of all forms of "*Tyaaga*," and it can be considered doubly so, when it involves a certain amount of sacrifice of one's own personal convenience and bodily comfort. Arjuna himself was hesitating to fight the battle which was his obligatory duty. Arjuna's 'relinguishment' of this duty could be considered as falling under this category of *Rajasic Tyaaga*.

Real abandonment should always lead us on to the ampler fields of self-expression, push us into the fuller ways of living, and introduce us to the greater experiences of joy. A bud ABANDONS itself to become a flower, the flower GIVES UP its soft petals and its enchanting fragrance and gains for itself the richer status of a fruit. Every real ABANDONMENT should haul us up into a nobler status of fulfilment.

WHAT THEN IS THE SATTWIC ABANDONMENT?

9. Whatever "obligatory action" is done, O Arjuna, merely because it ought to be done, abandoning "attachment and also fruit," that abandonment is regarded as SATTWIC (pure).