14. Verily, this divine illusion of Mine, made up of GUNAS (caused by the qualities) is difficult to cross over; those who take refuge in Me, they alone cross over this illusion.

Lord Krishna himself admits that it is not easy for any ego-centric individual to transcend this delusion in himself which is caused by "My Maya." If a doctor were to come and diagnose a disease and declare that there was no cure for it, nobody will have the faith to follow that doctor's prescription and advice carefully and cheerfully. Similarly here, if Krishna's diagnosis of the world's sorrows and problems is to be defined by the term Maya, and if the Doctor of the Universe declares that this Mayadisease is difficult to cure, nobody would faithfully follow such a sad pessimistic philosophy.

Krishna realises these defects and therefore, immediately removes any such misconception from the minds of the students of the Geeta. Sometimes a doctor will have to use strong words in describing the illness to the patient in order to bring home to the sufferer the seriousness of his malady; so too, Krishna is here only bringing home to us, by a direct merciless thrust, the seriousness of the mental tragedy into which the Supreme has seemingly fallen, to become the finite mortal ego! After declaring the seriousness of the disease and after giving the prescription, He hastens to guarantee a complete cure for this painful malady of man.