A man suffers from a midnight dream that somebody comes with a sword in hand to butcher him to pieces. Being finghtened beyond wit, he screams and wakes up. He finds in the dim lamp light the door bolted within and the presence of none in the room. Still his heart continues to palpitate rapidly for sometime. This is the sign of one's adentification with one's body.

→ Sri Ramakrishna

Not only the spiritual standpoint, but the worldly standpoint also is now taken into consideration:

Swere not from Duty ~ 31-37

स्वर्षमापि चावेक्ष्य न विकम्पितुमहैसि । धर्म्पाद्धि युद्धाच्छ्रेपोऽन्यत्सित्रियस्य न विद्यते ॥ ३१ स्व-पर्मम् अपि च वव-ईक्ष्य न विन्यति ॥ किरस्य न विद्यते ॥ svadharmam api cā 'vekṣya na vikampitum arhasi । dharmyādd hi yuddhāc chreyo 'nyat ksatriyasya na vidyate ॥

स्वधर्मम् svadharman own duty अपि api also च ca and बनेस्य aveksya looking at न na not विकस्पितुम् vikampitum to waver अद्देश्ति arhası (thou) oughtest धर्म्यात् dharmyāt than righteous हि hi indeed युद्धात् yuddhāt than war श्रेयः sreyah higher अन्यत् anyat other क्षत्रियस kşatriyasya of a Kshatriya न na not विद्यते vidyate is

Again, looking at your own duty as well, you should not waver; for, there is nothing more welcome to a Kshatriya than righteous war.

A Kshatriya holds righteousness superior to mere living. By waging the war of the kind that has come about, righteousness is upheld; but by