DEITY, worked out and lived by the TWICE-BORN, preached by the *Guru* and recommended by the WISE.

TWICE-BORN (*Dwija*) --- The term indicates the *Brahmins*; and the term *Brahmin* means one who has realised the Self. Born as we are from the wombs of our mothers, we are all born as humans with certain intellectual beauties, no doubt, but also with many moral defects. Born out of the womb all right, but we are yet in the womb-of-matter! To hatch ourselves out of our matter-identifications and to emerge into the joy-of-Perfection is to grow into the Divine Estate of Godmen. This is conceived in our philosophy as the "second birth," and one who has accomplished it is called the "twice-born," and one who has accomplished it is called the "twice-born": once born from the womb, and for a second time grown out of all the limitations suffered by the Spirit in Its seeming identifications with matter.

PURITY AND STRAIGHT-FORWARDNESS --- The impor-tance of these two has been discussed earlier. External cleanliness, not only physical but also environmental, is an unavoidable qualification for a true aspirant. Unless a seeker diligently practises straightforwardness in his dealings with others he will be developing in himself a split-personality, which will drain away all his composure, tranquillity and mental vitality.

Brahmacharya --- Constant revelling in the contemplation of the Supreme Brahman is called Brahmacharya This is not