Holy Geeta by Swami Chinmayananda

When, through the above process of bringing the mind to quietude, a meditator has succeeded in arresting the mind's agitations (*Vikshepa*), and has consequently lifted the veiling (*Avarana*) from his intellect, he comes to the State of Transcendental Experience (*Samadhi*), which is the fulfilment of Buddhi yoga.

THROUGH THIS "BUDDHI YOGA" WHAT EXACTLY DOES THE LORD PROVIDE FOR THE SEEKER?... LISTEN:

11. Out of mere compassion for them, I, dwelling within their hearts, destroy the darkness born of ignorance by the luminous Lamp-of-Knowledge.

A thing existing in the outside world may sometimes be veiled from our perception because we need certain favourable conditions for its full perception. In order to hear a sound, the sound produced must have the necessary frequency and the sound waves must also reach the ear-drum of the listener. Similarly, it is not sufficient that an object be in front of the eyes to give us the perception of it; it must be bathed in a beam of light, and only then can the eyes recognise it.

If I am groping in the darkness for a key that is on my table, and somebody switches the light on, I can say that he, with his kindly act, has brought me to the key. It is absurd to assume that the light has CREATED the key.