

dialogue between Sri Krishna and Arjuna, the eighteenth discourse ends entitled:

THE YOGA OF LIBERATION THROUGH
RENUNCIATION

The closing chapter is entitled as Liberation through Renunciation (*Moksha-samnyasa-Yoga*). This term is very closely reminiscent of the *Asparsa-Yoga* of the *Upanishads*, and the definition of *Yoga* as given by Krishna Himself in an earlier chapter To renounce the false values of life in us is at once to rediscover the Divine nature in each one of us which is the essential heritage of man. To discard the beast in us (*Samnyasa*), is the Liberation (*Moksha*) of the Divine in us.

OM TAT SAT

MAMA SADGURU TAPOVANA CHARANAYOH

"At The Feet Of My Master Tapovanam."

Om Om Om Om Om