

selves, but because they produce misery. From such reflection arises indifference to sense-pleasures, and the senses turn towards the Innermost Self for knowledge.]

असक्तिरनभिष्वंगः पुत्रदारगृहादिषु ॥

नित्यं च समचित्तत्वमिष्टानिष्टोपपत्तिषु ॥६॥

XIII. 9.

असक्तिः Non-attachment **पुत्रदारगृहादिषु** with son, wife, home, and the rest **अनभिष्वंगः** non-identification of self **इष्टानिष्टोपपत्तिषु** in the occurrence of the desirable and the undesirable **नित्यम्** constant **समचित्तत्वम्** even-mindedness **च** and.

Non-attachment, non-identification of self with son, wife, home, and the rest, and constant even-mindedness in the occurrence of the desirable and the undesirable.

[*Identification of self*—as in the case of a person who feels happy or miserable when another to whom he is attached, is happy or miserable; and who feels himself alive or dead when his beloved one is alive or dead.]

मयि चानन्ययोगेन भक्तिरव्यभिचारिणी ॥

विविक्तदेशसेवित्वमरतिर्जनसंसदि ॥१०॥

XIII. 10.

मयि To me **अनन्ययोगेन** by Yoga of non-separation **अव्यभिचारिणी** unswerving **भक्तिः** devotion **विविक्तदेशसेवित्वम्** resort to sequestered places **जनसंसदि** for the society of men **अरतिः** distaste.

Unswerving devotion to Me by the Yoga of non-separation, resort to sequestered places, distaste for the society of men ;