

hysterical blabberings which are typical of such a mental patient. The endeavour in Chapter I of the Geeta is to give the complete "case-history" of a patient suffering from the typical "Arjuna-disease." The Bhagawad Geeta gives, as I said earlier, an extremely efficient "Krishna-cure" for this soul-killing "Arjuna-disease."

*Arjuna said: 28. Seeing these my kinsmen, O Krishna, arrayed, eager to fight,*

*29. My limbs fail and my mouth is parched, my body quivers and my hair stands on end.*

In these two stanzas, there is an exhaustive enumeration of the symptoms that the patient could then recognise in his own physical body as a result of his mental confusions. That which Sanjaya had glorified as 'pity', when coming out of Arjuna's own mouth, gains a more realistic expression. Arjuna says: "seeing my kinsmen gathered here anxiously determined to fight, my limbs shiver"..., etc.

All these symptoms are described in the text-books of modern psychology as typical symptoms of the mental disease named 'anxiety-state-neurosis.'

*30. The Gandiva-bow slips from my hand, and my skin burns all over; I am also unable to stand and my mind is whirling round, as it were.*