

PENETRATION." In fact, human thought takes the form of, gathers the fragrance of, and even puts on the glow of the qualities in the objects of its contemplation. Thus, when a devotee's thoughts gush forward in sincerity, in a newly found urge of irrepressible love towards the Lord, the devotee, as a personality, ends for the time being, and himself acquires the glow and beauty of the Lord-of-his-heart.

EVER SELF-CONTROLLED, WORSHIP ME --- The second condition necessary for a devotee to accomplish his evolution through the 'Path-of-Devotion' is that he must have sufficient balance in himself to exercise regular self-control while worshipping the Lord. The mind, by its very nature, will always try to run wild from its objects of contemplation, and the art of keeping the thoughts balanced at its point-of-concentration is called self-control. The Sanskrit term *Upasana* though it can be translated as 'worship', should not be misunderstood by the superficial suggestion that automatically comes to us when we hear the word 'worship.' True *Upasana* is an inward act of attunement with the Higher Principle so as to get ourselves completely merged with It.

WITH SUPREME FAITH --- Faith is generally understood as "blind belief"... blind belief is not *Shraddha*. *Shraddha* is "MY BELIEF IN SOMETHING I DO NOT KNOW, SO THAT I MAY COME TO KNOW WHAT I BELIEVE IN." Without this faculty developed in him, a devotee may not