Holy Geeta by Swami Chinmayananda

worry over and get ourselves pre-occupied with the anxieties for the rewards-of-actions is to escape from the dynamic PRESENT and to live in a FUTURE that is not yet born! In short, the Lord's advice here is a call to man not to waste his present moment in fruitless dreams and fears, but to bring his best --- all the best in him --- to the PRESENT and vitally live every moment, the promise being, that the future shall take care of itself, and shall provide the *Karma Yogin* with the achievements divine and accomplishments supreme.

In effect, therefore, Arjuna is advised: "All that is given to you now is to act and, having known the cause of action to be a noble one, to bring into the activity all that is best in you and forget yourself in the activity. Such inspired action is sure to bear fruit, and again, it has its own reward-spiritual."

The stanza gives the four injunctions guiding us to be true workers. A real *Karma Yogin* is one who understands: (a) that his concern is with action alone; (b) that he has no concern with results; (c) that he should not entertain the motive of gaining a fixed fruit for a given action; and (d) that these ideas do not mean that he should sit back courting inaction. In short, the advice is to make the worker release himself from all his mental pre-occupastions, and thus through work make him live in the joy and ecstasy of inspired self-forgetfulness. The work itself is his reward; he gets himself drunk with the joy and