

MEDITATION

ॐ पार्थाय प्रतिबोधितां भगवता नारायणेन स्वयं
व्यासेन अथितां पुराणमुनिना मध्येमहाभारतम् ।
अद्वैतामृतवर्षिणीं भगवतीमष्टादशाध्यायिनीं
मेव त्वामनुसंदधामि भगद्गीते भवद्वेषिणीम् ॥१॥

ओं Om ! भगवता By the Lord नारायणेन (The One Refuge of all beings) Nârâyana स्वयं Himself पार्थाय प्रतिबोधितां with which Pârtha was enlightened पुराण-मुनिना by (through the lips of) the ancient sage व्यासेन Vyasa महाभारतम् मध्ये in the Mahâbhârata अथितं incorporated, भगवतीं the blessed Mother अद्वैतामृतवर्षिणीं showering the nectar of Advaita (the philosophy of non-duality) अष्टादशाध्यायिनीं in the form of eighteen chapters भवद्वेषिणीम् destroyer of rebirth, अम्बे Loving Mother, भगद्गीते (The Lord's song) Bhagavad-Gitâ त्वाम् Thee अनुसंदधामि I meditate upon. (1).

Om ! O Bhagavad Gitâ, with which Pârtha was enlightened by the Lord Nârâyana Himself, which was incorporated in the Mahâbhârata by the ancient sage Vyasa,—the Blessed Mother, the Destroyer of rebirth, showering down the nectar of Advaita, and consisting of eighteen chapters,—upon Thee, O Bhagavad-Gitâ ! O Loving Mother ! I meditate. (1).