Holy Geeta by Swami Chinmayananda

DESCRIBING THE ALL-PERVADING SELF CONSCIOUS PRINCIPLE, WE HAVE THE FOLLOWING STANZAS:

14. With hands and feet everywhere, with eyes, heads and mouths everywhere, with ears everywhere, He exists in the world, enveloping all.

WITH HANDS AND FEET EVERYWHERE --- It is easier to describe an unmanifest power for the comprehension of students of lesser calibre, when the unknown principle is defined in terms of the known. Though the hands and legs of the living creatures are made up of inert matter, they seem to be quite conscious and vital in their movements. This Principle of Consciousness, functioning behind them all, everywhere, is one and the same Self, the Supreme *Brahman*, indicated by the expression "POSSESSING HANDS AND FEET EVERYWHERE."

Every eye, head and mouth functions in the world because of the Life that pulsates through it. Life is one everywhere. Therefore, that Life Principle is described here as "EVERYWHERE POSSESSING EYES AND EARS AND MOUTHS." All activities of perception, feeling and thinking are successively pursued only as long as Life presides over the body, and therefore, the One Life is defined here as "EVERYWHERE POSSESSING EYES, ETC."