समं पश्यन्हि सर्वत्र समयश्यितमीश्यरम् । न हिनस्त्यात्मनात्मानं ततो याति परां गतिम् ॥ २८ समम् पश्यन् हि सर्वत्र सन्।शव-स्थितम् ईश्वरम् । न हिनस्ति आसमा आसामम् । ततः यानि पराम् गतिम् ॥

samam pasyan hi sarvatra samavasthitam isvaram i na hinasty ātmanā 'tmānam tato yāti parām gatim ii

समम् samam equally पद्यम् pasyan seeing हि li indeed सर्वेत्र sarvatra everywhere समनस्थितम् samavasthitam equally dwelling धूत्रवरम् isvaram the Lord न na not हिनस्ति hinasti destroys जातमा ātmanā by the self जात्मा-नम् ātmānam the self सत: tatah then यात्रि yāti goes पराम् parām the highest गतिम् gatim the goal

Because he who sees the Lord, seated the same everywhere, destroys not the self by the self, therefore he reaches the Supreme Goal.

Ignorance is the cause of all the evils committed by man. And the worst of all evils is the belief that man is the body and not the Atman. For, the continuity of the births is kept up by this belief. As long as he wallows in this delusion, he cannot help meeting with death repeatedly. The indestructible Atman is held by him as being destroyed by death. Due to ignorance man further believes that beings are separate, one from another. That they are all mere modifications of the one Cosmic Entity remains denied by him. Injury is done to the others because of the belief that they are separate. Whereas the knower of Brahman cognizes nothing alien to Brahman. His beholding Brahman in and through all