## Holy Geeta by Swami Chinmayananda

and makes the individual FORGET his sense of proportion and his sense of relationship with things and beings around him. When thus, a deluded intellect forgets its dignity of culture, it loses its discriminative capacity, which is called, in common parlance, as 'conscience' (Buddhi). Conscience is that knowledge enjoyed for differentiating the good from the evil, which often forms a standard in ourselves, and, whenever it can, warns the mind against its lustful sensuousness and animalism. Once this 'conscience' is dulled, the man becomes a twolegged-animal with no sense of proportion, and with no ears for any subtler call in him, than the howling urgent hungers of the flesh. Thereby, he is guaranteeing for himself a complete destruction inasmuch as such a bosom cannot come to perceive, or strive for, the Higher, the Nobler and the Diviner

THE CONTEMPLATION OF SENSE-OBJECTS HAS BEEN DESCRIBED AS THE SOURCE OF ALL EVILS. NOW THE MEANS OF DELIVERANCE (MOKSHA) IS DESCRIBED AS FOLLOWS:

64. But the self-controlled man, moving among objects, with his senses under restraint, and free from both attraction and repulsion, attains peace.

He alone --- who, with perfect self-control, goes through life among the infinite number of sense-objects, each impinging upon him and trying to bind him with its charm, and approaches them with neither love nor hatred