

Reviewing the emergence of these two different conceptions it would appear that at first the soul was regarded as an entity with function and attributes. Rituals and sacrifices appertained to the worship associated with such a Saguṇa Atman or a Soul with attribute. Rṣi Kapila was the first to discover the knowledge of the Nirguṇa or attributeless Self. That knowledge gradually spread amongst the Rṣis and ultimately found its way into the Upaniṣads. This is pre-eminently noticeable in the Kathopaniṣad. We thus see that first came the rituals, then the knowledge of the Soul with attributes, after which came the knowledge of the attributeless Soul. Such was the evolution of knowledge of the Self.

Turning now to the development of the philosophy of Self, we find that in the age of the Rsis, Pañchasikha framed the Sāmkhya aphorisms according to the instructions left by Rsi Kapila. Although the treatise produced by Pañchasikha is not in existence in its entirety, the little that is available gives us an idea of the Sāmkhya philosophy. In Sāmkhya Kārikā composed by Īśwarakṛṣṇa all the fragments then available of Sāmkhya philosophy were collected and preserved. The later product, viz. Sāmkhya Pravachna Sūtra in six chapters, although variously transmuted, is commonly known as the Sāmkhya philosophy. In addition to these, there is a very short collection of aphorisms known as Tattvva-Samāsa, which though regarded by some as very ancient is not really so.

In ancient India, amongst the seekers of spiritual salvation, there were two distinct sets, one known as the Sāmkhya sect and the other as the Yoga sect. When the philosophy dealing with knowledge of Self with its attributes was propounded the Yoga or the method to be followed for its realisation was also enunciated, because no knowledge of the Self is attainable without conception, contemplation, and Samādhi (intense concentration). When the knowledge of the attributeless Self was discovered, Yoga for the attainment of such knowledge was also framed accordingly. From Rṣi Kapila came the knowledge of the pure unconditioned Soul, as well as the method of realisation of the conception of such a Self. That is why in the ancient philosophies of India there are countless exhortations for regarding Sāmkhya and Yoga as