Holy Geeta by Swami Chinmayananda

outside or the world within us. It is the Consciousness that maintains, nourishes, and sustains all the possibilities in us. Without this Spiritual Spark functioning in us, we would be no more intelligent or divine than the "stoneworld".

Even by a more material consideration, we can logically come to accept the conclusions declared in this stanza. I am standing on the floor of my house; the house is supported by my piece of land; the land is protected by the city Corporation; the city is supported by the country; and the country is supported by the world; the world is supported by water --- the waters of the ocean; water is held in position by the atmosphere, and the atmosphere is a part of the planetary system! The universe stays in space, and this space rests upon the "concept of space" that is in our mind! The mind gets its support from the judgement of the intellect. Since the decision of the intellect is known and realised by the Consciousness in us, this Spiritual Entity is, indeed, the ultimate support for the entire world-of-change (Jagat)!!!

In philosophy, the term *Jagat* means not only the world of objects perceived by us though our sense-organs, but it includes in its concept, the world experienced through and interpreted by the mind and intellect also. Thus the world-of-objects, the world-of-feelings, and the world-of-ideas that we experience, together, in their totality, constitute the *Jagat*. This is supported by the Conscious Principle with Its grace showering upon them all. In this