

avoiding all extrovert desires that cater to one's sensuous appetites, and by practising severe and consistent self-control.

In the opening of this chapter, (stanza-3) the Supreme was defined as the Imperishable. Quoting Himself, Krishna emphasises here that the very same Imperishable Truth can be realised --- they come to "enter into the Imperishable" --- when they, the men of self-control, who are unagitated by desires, withdraw successfully from the changeable and the perishable in themselves.

FREED FROM ATTACHMENT (*Veeta-ragah*) --- The entire Geeta is a Song of renunciation; not a dull-witted and uncreative renunciation, but a healthy detachment through right knowledge, which is the harbinger of all progress and development everywhere. The renunciation of desires is not a psychological suppression of the existing appetites, but that which takes place as a result of a natural blossoming of the intellect. The newly opened buds, after a time, renounce their soft, beautiful skirts and stand naked, expressing a renunciation of the gorgeous; but in nature, this happens only when the flowers are pollinated and the fruits are well in the making. The shedding of the petals may be a sacrifice or renunciation from the standpoint of a casual flower-gazer, but to the farmer who knows, it is a sacrifice or renunciation of the flowers in their newly gained maturity that has automatically made the beautiful petals fall off.