Holy Geeta by Swami Chinmayananda

the path of existence, bullied by its own lower instincts of miserable passions and low appetites. Naturally, he fails to make any true gain out of his life's chances, and finally destroys himself.

THEN WHY DO NOT MEN FOLLOW THIS DOCTRINE AND PERFORM THEIR DUTIES FULLY? WHY SHOULD THEY FOLLOW OTHERS, OR ACT ON THEIR OWN? IN DISOBEYING KRISHNA, WHY ARE THEY NOT AFRAID OF TRANSGRESSING THE LORD'S COMMANDS? THE LORD SAYS:

33. Even a wise man acts in accordance with his own nature; beings will follow their own nature; what can restraint do?

Even the man-of-knowledge acts in conformity with his own nature, which is determined by the pattern of thoughts that arise in him. At any given instant of time, each one of us is determined by the thoughts that are in us at that moment; and the thoughts in us always get patternised by the channels of thinking, designed by the thoughts which we had entertained in the past. The nature of each individual is decided by the style of thinking which each is capable of.

The man-of-knowledge mentioned here indicates one who has read and understood thoroughly the "technique of action" as explained in this chapter. Even when he knows the technique, the Lord says that it is not easy for him to