

it is quite a dignified advice for a spiritual Master to declare, "control the senses and cast off the 'desires,' O man!" --- But, unless the teacher gives us a method by which we can get this prescription dispensed, it will be as useless as the "sky-flower-treatment" for my painful wound.

WHERE SHOULD ONE TAKE ONE'S STAND, AND CAST OFF THE DESIRES?"... THE ANSWER FOLLOWS:

*42. They say that the senses are superior (to the body) ; superior to the senses is the mind; superior to the mind is the intellect; one who is even superior to the intellect is He, (the Atman) .*

This and the following stanza with which Vyasa concludes the third chapter of his incomparable Geeta, give every seeker a perfect technique by which he can bring about a successful hunting and capture of his inner enemy, "desire."

Although we cannot expect in the Bhagawad Geeta --- especially in one of the very opening chapters --- an exhaustive treatment of the technique of meditation, yet we find that, in these stanzas, the Lord has etched out a complete outline of the "Scheme-for-Self-discovery."

Compared with the objects of the world, we can easily understand that the sense-organs are more sacred and divine. Of the instruments that constitute our physical