

[Seeing that whatever is pleasure or pain to himself, is alike pleasure or pain to all beings, he, the highest of Yogins, wishes good to all and evil to none,—he is always harmless and compassionate to all creatures.]

अर्जुन उवाच ॥

योऽयं योगस्त्वया प्रोक्तः साम्येन मधुसूदन ॥

एतस्याहं न पश्यामि चंचलत्वात्स्थितिं स्थिराम् ३३

VI. 33.

अर्जुनः Arjuna उवाच said :

मधुसूदन O slayer of Madhu त्वया by thee साम्येन by unity or evenness यः which अयं this योगः Yoga प्रोक्तः said एतस्य its स्थिरां lasting स्थितिं endurance चंचलत्वात् from restlessness अहं I न not पश्यामि see.

Arjuna said :

This Yoga which has been taught by Thee, O slayer of Madhu, as characterised by evenness, I do not see (the possibility of) its lasting endurance, owing to restlessness (of the mind).

चंचलं हि मनः कृष्ण प्रमाथि बलवद्दृढम् ॥

तस्याहं निग्रहं मन्ये वायोरिव सुदुष्करम् ॥३४॥

VI. 34.

कृष्ण O Krishna हि verily मनः mind चंचलं restless प्रमाथि turbulent बलवत् strong दृढं unyielding अहं I तस्य of that निग्रहं control वायोः of the wind इव like सुदुष्करं difficult to do मन्ये regard.

Verily, the mind, O Krishna, is restless, turbulent, strong, and unyielding ; I regard it quite as hard to achieve its control, as that of the wind.