

totality indicate the "Knower" (*Kshetrajna*). In fact, the "Knower-of-the-Field" is directly described (in XIII-12) but, in the following couplets, (in XIII-8 to 12) certain mental and emotional attributes, moral attitudes and ethical principles are prescribed since they are essential pre-requisites for the seeker who is anxious to apprehend and experience the Infinite Self.

THEY ARE ENUMERATED AS FOLLOWS:

8. Humility, unpretentiousness, non-injury, forgiveness, uprightness, service to the teacher, purity, steadfastness, self-control . . .

From this stanza onwards, we get a description of the elements of "Knowledge" and they include moral qualities and ascetic practices which are conducive to spiritual awakening.

HUMILITY --- meaning, absence of self-esteem;
MODESTY --- the virtue of not proclaiming one's own greatness; NON-INJURY --- to any living being mainly by our own vicious intentions and feelings; FORGIVENESS (PATIENCE) --- capacity to suffer long without being upset; UPRIGHTNESS --- comes to him who harmonises thoughts, words and deeds, and who is intent on right conduct; SERVICE TO THE TEACHER --- not merely physical, for real service to the teacher is an attempt on the part of the student to seek a mental and intellectual