

enjoys infinite beatitude. Naught else is there for him to obtain. This *Brahmāvasta* is never again lost. The *Brahma-jnani* therefore has nothing to seek from man or God.

One of the signs of the enlightened man is that he is enjoying boundless bliss within himself. The surface of the ocean seems boisterous, but at the bottom it is all calmness. Even such is the state of affair of the *Jnani*.

— Sri Ramakrishna

By mere affectation this supreme state cannot be reached. One has to make oneself competent for it by diligent preparation. Karma yoga is the means for it. How shall one do action? The answer comes :—

What the Spiritual Aspirant ought to do — 19-26

तस्मादसक्तः सततं कार्यं कर्म समाचर ।

असक्तो ह्याचरन्कर्म परमाप्नोति पूरुषः ॥ १९

तस्मात् अ-सक्त सततम् कार्यम् कर्म गम्-आ-चर ।

अ-मक्तः हि आ-चरन् कर्म परम् आप्-नोति पूरुष ॥

*tasmād asaktah satatam kāryam karma samācara ।*

*asakto hy ācaran karma param āpnoti pūrusah ॥*

तस्मात् *tasmāt* therefore असक्त *asaktah* without attachment सततम् *satatam* always कार्यम् *kāryam* which should be done कर्म *karma* action समाचर *samācara* perform असक्त *asaktah* without attachment हि *hi* because आचरन् *ācaran* performing कर्म *karma* action परम् *param* the Supreme आप्नोति *āpnoti* attains पूरुषः *pūrusah* man

Therefore, constantly perform your obligatory duty without attachment; for, by doing duty without attachment man verily obtains the Supreme. 19