## Holy Geeta by Swami Chinmayananda

find myself released from every fear. In Hinduism, the concept of sin is not a frightening picture of some horrid inevitability. Man is not punished FOR his sins but he is punished BY his sins. Sin is a self-insulting act arising out of a misunderstanding in the sinner as to his own identity.

When one wanders away from one's own Real Nature as the Self, identifies oneself with the happenings of the world and behaves as a mass of repulsive flesh, or a bundle of throbbing emotions, or a pack of ideas, one is in a manner, dishonouring one's Godly dignity and divine status, the One-without-a-second. Such acts and thoughts chain a person down to a pursuit of the low pleasures only, never allowing him to rise above and climb the higher peaks of real Perfection.

On re-discovering the nature of the Self and gaining thereby a perfect, and complete identification with the Self, he can no longer perpetrate any more of his past 'sins.' The 'sins' in us are the carbuncles from which we suffer the pains of our limitations and the sorrows of our bondage. The moment we understand and live in the realisation that the Self is unborn and beginningless, and that It is not concerned with decaying and perishable matter, we have gained all that has to be gained, and known all that has to be known. Such an individual of True Realisation becomes himself the "Lord-of-the-worlds."

HOW IS THE SELF THE LORD OF THE WORLD?