

अयुक्तः *ayuktaḥ* unsteady प्राकृतः *prākṛtaḥ* vulgar
 स्तब्धः *stabdhah* unbending शठः *śaṭhaḥ* cheating नैष्कृतिकः
naiṣkṛtikaḥ malicious अलसः *alasaḥ* lazy विषादी *viṣādi*
 desponding दीर्घसूत्री *dīrgha sūtrī* procrastinating च *ca*
 and कर्ता *kartā* agent तामसः *tāmasaḥ* Tamasika उच्यते
ucyate is said

Unsteady, vulgar, stubborn, deceitful, malicious,
 indolent, despondent, procrastinating — such an agent
 is called Tamasika. 28

That man who practises self-control, self-discipline and self-dedication grows in steadfastness. That other man who is alien to these benign habits would be unsteady in all of his undertakings. Wallowing in low physical life, lacking in intellectual development, evincing childishness in all dealings—these are the signs of vulgarity. Stubborn is that man who refuses to pay homage to great ones worthy of reverence. The shirker who does not harness his talents for any good cause, but allows them all to rust away is deceitful. That man who wilfully creates hatred and enmity among people is said to be malicious. An indolent man is he who does not engage himself in the work in which he is expected to take part. Despondency is a disease of the mind warranting a radical cure. For, he who is a victim of depression and dejection is good for nothing. All manliness dwindles away from him. The passing despondency that came by Arjuna was vehemently reprimanded by the Lord. The teachings known as the Bhagavad Gita came about to cure Arjuna of that disease. When an undertaking that is to be completed in a day is dragged on for days together,