nated as imperishable. Man's endeavours for emancipation are everlasting; practice of yoga is also therefore everlasting.

Vivasvat is the name of Surya, the sun god. Manu is the ruler immortalized by his Smriti—the code of conduct—lkshvaku is the first among the kings of solar dynasty. When the rulers of kingdoms come to know of this supreme wisdom they tackle the worldly problems more diligently.

एवं परम्पराप्राप्तमिमं राजर्पयो विदुः । स कालेनेह महता योगो नष्टः परंतप ॥ २

एवम् परम्परा-प्राप्तम् इमम् राज-ऋपयः विदुः । स कालेन इह महता योगः नश-तः परम-तप ॥

evam paramparā prāptam imam rāja rsayo viduh ş sa kālene 'ha mahatā yogo nastah paramtapa ş

एतम् evam thus परम्परा प्राप्तम् paramparā prāptam handed down in regular succession इमम् imam this राज प्रपय ग्वेशवार ayah the royal sages बिद्ध viduh knew सः sah this कालेन kālena by lapse of time इह iha here महत्ता mahatā by long योग yogaḥ yoga नष्ट nastaḥ destroyed परंतप paramtapa O Parantapa

Thus transmitted in regular succession the royalsages knew it. This yoga, by long efflux of time decayed in this world, O scorcher of foes. 2

When the right type of men become scarce, the right system also dwindles away. As the shadow follows the substance, a good system comes in again with the advent of proper people. Here the Lord clarifies this fact —