

Renouncing 'all' (*Sarvan*) desires 'fully' (*Asheshatah*) by the mind, control all the sense-organs from their entire world of sense-objects. Herein, every word demands a commentary, since every phrase leaves a hint which is so important in ultimately assuring the seeker a complete success. It is not only sufficient that ALL desires are renounced, but each desire must be TOTALLY eradicated. By these two terms (*Sarvan* and *Asheshatah*), no trace of doubt is left in the mind of the seekers, as to the condition of their mental equipoise, during moments of higher meditation. The term *Asheshatah* means that even the desire for this perfection in "Yoga" is to be, in the end, totally renounced!

"Renunciation of desire" is advised here as a very necessary and important qualification; but unfortunately, the unintelligent ignored this significant qualification, and perverted our sacred religion by acting and behaving as though it recommended a life of indolence with neither any ambition to achieve, nor any desire to accomplish. The term "BORN OF SANKALPA" is a very significant term qualifying the desires that are to be renounced totally and fully. The term '*Sankalpa*' has already been explained earlier (VI-2) --- so here the terms used mean that it is "the renunciation of all agitation-breeding desires."

When once this renunciation of disturbing desires has been accomplished, the individual's mind gains strength and stamina to assert itself, at first to make the wild horses of the sense-organs tame so that they run under greater