Holy Geeta by Swami Chinmayananda

ego that has the desire to do. Since the three *gunas* come to influence the psychological life and the intellectual perception of all of us, the doer-personality in each one of us must also change its moods and temperaments according to the preponderant *guna* that rules the bosom at any given moment of time. Consequently, the "ego" also is classified under three kinds. With this stanza starts the discussion on the three types of "actors" (*Kartaa*) who act in the world outside.

A *Sattwic* "Actor" is the one who is free from attachment to any of his kith and kin (*Mukta-sangah*), and non-egoistic (*Anaham vaadin*). He is one who has no clinging attachment to the things and beings around, as he has no such false belief that the world outside will bring to him a desirable fulfilment of his existence. He sincerely feels that he has not done anything spectacular even when he has actually done the greatest good to mankind, because he surrenders his ego-centric individuality to the Lord, through his perfect attunement with the Infinite.

When such an individual --- who has destroyed in himself his ego-sense and the consequent sense of attachment --- works in the worldly fields of activities, he ever acts with firm resolution (*Dhriti*), and extreme zeal (*Utsaha*). The term '*Dhriti*' means "fortitude" --- the subtle faculty in man that makes him strive continuously towards a determined goal. When obstacles come his way, it is this faculty of '*Dhriti*' that discovers for him more and more courage and enthusiasm to face them all, and to continue striving