

54. *Becoming BRAHMAN, serene in the Self, he neither grieves nor desires; the same to all beings, he obtains a supreme devotion towards Me.*

After liquidating the ego and its manifestations --- enumerated in the preceding stanza as power, pride, lust, passion and sense of possession --- the seeker comes to experience a relatively greater peace within, as he is released from all the confusions generally created by the psychological mal-adjustments and intellectual false evaluations of life. This newly discovered inner tranquillity, no doubt artificially propped up for the time being by severe self-discipline, should be positively reinforced by definite efforts and constant vigilance.

With constant self-effort, relative peace in the mind is to be maintained for longer periods of time and zealously guarded. Joys and sorrows will be constantly reaching our bosom from the outer world; we are helpless before them. For, even when the "sense-of-agency" has been renounced, the other aspect of the ego, "I-enjoy-mentality" (*Bhoktritwa-bhaavanaa*) will assert itself and poison the mind of the meditator. A worm cut into two pieces becomes two separate, independent living worms ere long. So too, if one aspect of the ego, the "I-do-mentality" is conquered, we must equally attend to the destruction of the other aspect of the ego, the "I-enjoy-mentality;" or else, the surviving part will revive within a very short time and we shall discover a healthier ego, potentially more powerful,