27. All actions are performed, in all cases, merely by the Qualities-in-Nature (GUNAS). He whose mind is deluded by egoism, thinks "I am the doer."

All along Krishna has been insisting that nobler actions are actions without attachment. This is easier said than done. Even if one intellectually accepts this idea, it is not at all easy for him to act up to it. To everyone of us the difficulty is that we know not how to get ourselves detached from our activities, and still act on in the field. The Lord gives here a method of discrimination by which we can easily develop the required amount of detachment.

We had explained earlier how spiritual IGNORANCE expresses itself at the intellectual level as DESIRES, which again, in the mental zone, manifests as THOUGHTS, and the very thoughts, coloured by our mental tendencies, manifest themselves, in their fulfilment in the outer world-of-objects, as our ACTIONS. Thus, the tendencies of the mind (vasanas) express in the outerworld as actions. Where there are noble-thoughts, there, noble-actions manifest. When the thoughts are agitated, the actions also are uncertain, faltering, and confused. And where the thoughts are dull and animalistic, the actions generated from them are also correspondingly base, vicious, and cruel. Thus, the mind's projections in the outer-world are in fact a kind of crystallisation of the mental Vasana among the objects of the world and these constitute the "actions."