

all living creatures. Here the HEART does not mean the physiological "heart" but it is the metaphysical HEART. The term HEART, in philosophy, means "mind which has been trained to entertain constantly the positive qualities of love, tolerance, mercy, charity, kindness, and like." A peaceful, joyous mind, settled in tranquillity, alert and vigilant to receive higher intimations, is called the "heart." The Infinite 'DWELLS IN THE HEART' means, though He is present everywhere the Lord is most conspicuously self-evident, during meditation, in the HEART of the meditator.

FROM ME ARE MEMORY KNOWLEDGE, AS WELL AS THEIR ABSENCE --- The Consciousness Divine has been declared above as revelling in the heart of every living creature. This Light-of-Life seems to have no particular justification to exit since all perceptions are through the body, all feelings are through the mind, all thoughts are through the intellect. The Geeta here declares what exactly is then the special grace of Consciousness. It is the light of Consciousness that illumines all our experiences in Life. From this Supreme alone all memories, knowledge, as well as forgetfulness, come to us. Memory is constituted of our experiences of the past, stored away in our understanding which guide our present and future activities. All education and knowledge that we have at this moment are memories from the past. Unless we are aware of these memories, they will not be available in our present life. Reacting properly to the present sets of stimuli and thereby gaining fresh and vivid experiences, is