## Holy Geeta by Swami Chinmayananda

Immortal, "THE SUPREME ABODE, reaching which there is no return" (VIII-21).

BUT THEN, ARE THERE NO ARGUMENTS THAT CAN CONCLUSIVELY PROVE THE STATEMENT? LISTEN:

6. Whosoever, at the end, leaves the body, thinking of any being, to that being only he goes, O Kaunteya (O son of Kunti), because of his constant thought of that being.

Declaring this well-thought-out conclusion of the *Rishis*, the Self-dedicated thinkers of India, the Lord says "WHATEVER OBJECT ONE REMEMBERS WHILE LEAVING THE BODY, THAT ALONE IS REACHED BY HIM" --- be it a dog or a god.

"As you think so you become" is a theory which is obvious to every intelligent man even without an explanation from any philosopher. Thoughts guide all actions, and at any given moment the run of thoughts in an individual is governed and ordered by the channel of thinking, which he himself has ploughed in his bosom with his conscious and wilful thoughts and actions in the past. Naturally, therefore, a mental equipment that has been struggling during its existence in an embodiment to detach from all its identifications with that embodiment, and to fix itself in the contemplation of the Real and the Eternal, would be creating new channels of divine aspirations (*Adhyatma Samskaras*). The time of death, when the occupant of the