

He who understands this does not fall prey to doubt, but applies himself with all earnestness to self-fulfilment in tune with the cosmic plan. This wholesome attitude and right application develop into enlightenment. The enlightened man, ever established in the Self, neither shuns work nor is entangled in it. In freedom he works.

तस्मादज्ञानसंभूतं हृत्स्थं ज्ञानासिनात्मनः ।

छिन्नैव संशयं योगमातिष्ठोत्तिष्ठ भारत ॥ ४२

तस्मात् अ-ज्ञान-गम्-भू-तम् हृद्-स्थम् ज्ञान-असिना आत्मनः ।

छिद्-त्वा एनम् सं-शयम् योगम् आ-तिष्ठ उद्-तिष्ठ भारत ॥

*tasmād ajñānasambhūtam hṛtsthaṁ jñānāsina 'tmanah
chittvai 'nam saṁsayam yogam ātiṣṭho 'ttiṣṭha bhārata*

तस्मात् *tasmāt* therefore अज्ञानसंभूतम् *ajñānasambhūtam* born out of ignorance हृत्स्थम् *hṛtsthaṁ* residing in the heart ज्ञानासिना *jñānāsina* by the sword of knowledge आत्मनः *ātmanah* of the Self छिन्वा *chittvā* having cut एनम् *enam* this संशयम् *saṁsayam* doubt योगम् *yogam* yoga अतिष्ठ *ātiṣṭha* take refuge उत्तिष्ठ *uttiṣṭha* arise भारत *bhārata* O Bharata

Therefore, severing with the sword of knowledge this ignorance-born doubt about the Self, dwelling in your heart, be established in yoga. Stand up, O Bharata. 42

Doubt is the originator of all evils. It takes its stand on ignorance. In the night of ignorance, things cannot be viewed in their true perspective. Therefore understanding remains in a confused state. Ignorance and inertia are interrelated. The urge to be up and doing is absent in this drowsy