## Holy Geeta by Swami Chinmayananda

Somewhat like one who has suddenly awakened from an unconscious state, Arjuna, with a regained self-recognition, assuredly confesses that his confusions have ended --- not because he has unquestioningly swallowed the arguments in the discourses of the Geeta, but because, as he himself says, "I have gained a RE-COGNITION of my Real Nature. The hero in me has now become awakened, and the neurotic condition that had temporarily conquered my mind has totally ended."

Such a revival within and a rediscovery of our personality are possible for all of us if only we truly understand the significance of the Geeta philosophy. The Infinite nature of Perfection is our own. It is not something that we have to gain from somewhere by the intervention of some outer agency. This Mighty Being within ourselves is now lying veiled beneath our own ego-centric confusions and abject fears. Even while we are confused and confounded, and helplessly suffering the tragic sorrows of our ego, we are IN REALITY, none other than our own Self. When the dream ends, the confusions also end, and we awaken to our Real Nature. So too, in life. This awakening of the Divine in us is the ending of the beast within.

In this new-found equilibrium, born out of Wisdom, he experiences an unshakable balance established upon firm foundations. All vacillations of the mind, doubts and despairs, dejections and hesitations, fears and weaknesses have left him (*gata sandehah*).