Yajna is the act of the Jivatman making himself over to the Paramatman. The easiest and the most potent of all yajnas is the Japa-yajna. Constant mental repetition of the Lord's name is Japa-yajna. It can be performed at any time and in the midst of any other activity. It involves no harm or hindrance to anybody. The Lord is present where Japa-yajna takes place.

The Vegetable kingdom is classified as the unmoving beings. They are stationary lives, growing and thriving in the same place. Hills and mountains are held as imbued with dormant life. They are therefore classified with the vegetable kingdom. Among the mountains the Himalaya is the greatest, striking wonder on its beholder. The glory of God is patent in it.

अक्षस्थः सर्वेद्रक्षाणां देवर्षीणां च नारदः । गन्धर्वाणां चित्रस्थः सिद्धानां कपिलो म्रुनिः ॥ २६ अक्षस्थः सर्वे-ब्रुक्षणम् ँ देव-क्षर्यणम् च नारदः । .

गन्धवीणाम् चित्र-रथः सिध्-तानाम् कपिनः द्यनिः ॥ asvatthalı saryavrkşänäm devarsınām ca nāradalı । gandharvānām citrarathalı siddhānām kapilo munili ॥

क्ष्यस्य: asvatthah Asvattha सर्वनृक्षाणाम् sarva vṛkṣāṇāṁ among all trees देवर्षीणाम् devarṣīṇāṁ among divine Rishis च ca and नारदः nāradaḥ Narada मन्वर्षणाम् gandharvāṇāṁ among Gandharvas चित्रस्य: citrarathaḥ Chitraratha सिद्धानाम् siddhānāṁ among the Siddhas or the perfected ऋषिकः kapilaḥ Kapila मृतिः muniḥ sage

Of all trees I am Asyattha; of Deva Rishis I am Narada; of the Gandharvas I am Chitraratha and of the Siddhas I am the Muni Kapila. 26