I am the Self, O Gudakesa, seated in the hearts of all beings. I am the beginning, the middle and also the end of all beings.

The Lord is the innermost Self in all beings, which are all His gross manifestation. The effect is nothing but the cause in another form. The Lord is the material as well as the efficient cause of the universe. Gudakesa is he who has conquired sleep. The one awakened in the Self can cognize the fact that Iswara is putting on the appearance of the visible universe.

It is my Cosmic Mother who has become everything. She of omnipotence has become the universe and the beings in it she reveals Herself as the body, the intellect, the virtuous path and the spiritual pursuit. Sakti and Brahman are one. In the manifest state She is Sakti and in the absolute state, Brahman

- Sti Ramakrishna

आदित्यानामहं विष्णुज्योंतिषां रविरंशुमान् । मरीचिर्मरुतामस्मि नक्षत्राणामह शशी ॥ २१

भादिसानाम् भहम् विष्णु ज्योतिष् आम् रवि अम्शु-मान् । मरीचि मस्त-आम् अस-मि नक्षत्राणाम् अहम् शसी ॥

ädityänäm aham visnur jyotisäm ravir amsumän t maricir marutäm asmi naksatränäm aham sasi ti

शादित्यानाम् वैdityanam among the Adityas श्रहम् aham I विष्णु एर्डाम्पे Vishnu ज्योतिषाम् jyotisam among lights रचि ravik the sun श्रद्धमान् amsuman radiant मरीचि maricik Marich मन्ताम् marutam of the Maruts (winds) शरिम asmi (I) am नक्षत्राणाम् nakṣatrānam among the stars श्रहम aham I शर्मी ६४८६ the moon