periods of effort, is now by itself a complete reward, even if he be starving!! As compared to the satisfaction and joy that it gives to the painter, he feels that even all the wealth in the world would but be too little a payment for it. If a mere finite piece of art could thus give to an ignorant man of agitations and desires, such an invaluable joy, how much more intense must be the diviner joys of a perfect saint working in the world of names and forms? Indeed, the Self-realised Ones, after their experience of the Infinite Reality as their own Self, become perfectly independent of everything else.

Again, the anxiety for the fruits-of-action, the sense of discontentment and the feeling of dependency upon the things and beings of the world --- all belong to the misconceived notion of the ego-centre. The ego in us is the sufferer of all the above-mentioned incapacities and inabilities. When the seeker-after-Truth rediscovers his ego to be the Infinite Truth, the limited ego ends its career of sorrow, and naturally, the agony and the incapacities of the imperfect ego also end. The reflection of the sun in a cup of water can be broken up when the water in the cup is shaken. But when the water is poured out, the reflection also ends, and no more can the sun in the sky be shaken by any known method.

Such an individual, who has rediscovered the Self, "THOUGH SEEMINGLY ENGAGED IN ACTIVITY," does not do anything.