Holy Geeta by Swami Chinmayananda

the celestial realms, "ENTER THE MORTAL WORLD ON EXHAUSTION OF THEIR MERITS."

The disgust which the Lord feels for such men and their unintelligent seeking for the finite, is clearly expressed when He concludes how these ritualists, "ABIDING BY THE INJUNCTIONS OF THE THREE *VEDAS*, DESIRING DESIRES. THEY REPEATEDLY COME AND GO."

WHAT ABOUT THOSE MEN WHO WORSHIP THE ETERNAL WITH DESIRELESS LOVE, AS THE SUBSTRATUM FOR THE ENTIRE UNIVERSE?

22. To those men who worship Me alone, thinking of no other, to those ever self-controlled, I secure for them that which is not already possessed (YOGA) by them, and preserve for them what they already possess (KSHEMA).

Here is a stanza which, with equal emphasis, discloses a secret by which glorious success can be assured for the spiritual as well as the material seekers. It is significant that this stanza is almost in the centre of the Geeta. We shall try to follow the implications, both spiritual as well as secular, of this stanza, one by one.

Those who, with a single-pointed mind, thus meditate upon Him as the One and the Only Reality behind the entire universe, Krishna promises here that "TO THEM EVER SELF-CONTROLLED, I BRING *YOGA* AND