Holy Geeta by Swami Chinmayananda

fixed in that temperament or relationship. The more often a particular type of thought is entertained in the mind, the deeper becomes that thought channel, strengthening that very mental impression. These deep-cut patterns of thought, ploughed along the valleys of the mind, indicate the pattern of desires which the individual had entertained. In the law that governs this psychological rule, we can spy and detect the Spiritual Reality and Its infinite and glorious might.

In short, the Lord says that "as we think so we become," and the more we become, the more we think in the same given pattern. Applying this principle of psychology, it becomes clear, beyond all doubts, why everyone of us is bound by our own habits, and how we get chained by our own peculiar type of thinking. The sensuous are not to be condemned, and equally so, the divine need not be congratulated! Both of them are the exact products of their individual types of thinking. Thought belongs to the realm of nature (*Prakriti*); thoughts create the world and the all-pervading Self is the Essential Substratum (*Purusha*) that provides the world-drama with its stage and scenario.

WITH THIS EVER-GROWING FAITH, HOW DOES THE MAN-OF-THE-WORLD GAIN HIS PARTICULAR DESIRE?