

offering of cloth (Vāstra); Scents (Gandha); flowers (Puṣpa); incense (Dhūpa); lamps (Dīpa); food offering (Nivedana); waving of lights (Nīrājana); betel leaves (Tāmbūla); obeisance (Namaskāra); and mystical discharge and conclusion (Visarjana).

Or the devotee need perform the rites from water-offering to food offering alone duly. Or the devotee shall daily perform, as he can, ablution (Abhiṣeka); food offering (Naivedya); and obeisance (Namaskāra) and propitiation (Tarpaṇa), —all these in order. It will accord him the region of Śiva.

30. Or he shall perform all the sixteen rites in the phallic emblem of human, saintly or godly origin, or in one naturally risen up (Svayambhū) or in one of very extraordinary nature installed duly.

31. If the devotee makes gifts of articles of worship he will get some benefit or other. By circumambulation and obeisance he will attain Śiva's region gradually.

32-33. Regular vision of the phallic emblem accords benefit. Or the devotee can make a phallic emblem out of clay, cowdung, flowers, Karavīra fruit, jaggery, butter, ashes or cooked rice as he likes and worship it according to the prescribed rules.

34. Some authorities have recommended the worship of the phallic emblem on the thumb etc. In these rites of phallic worship, there is no sort of prohibition whatsoever.

35. Everywhere Śiva accords benefit as befitting the endeavour put in. Or he shall make gifts of the phallic emblem or the value of its construction.

36. Whatever is given to a devotee of Śiva with sincere faith accords Śiva's region. Or the devotee can repeat the Praṇava mantra ten thousand times every day.

37. Repetition of Om (Praṇava mantra) a thousand times at dawn and at dusk is known to be according Śiva's region. At the time of the repeated utterance (Japa) of the mantra, (Om) ending with "M" purifies the mind.

38. At the time of Samādhi (meditation) the repetition of Omkāra must be mental. Muttering of it in low voice can be practised at all times. The same with Bindu (dot) and Nāda (sound) is also of the same efficacy.