

But all these sorrows are only the sorrows of Matter and not of the Consciousness that illumines them. One, who has realised himself to be the Awareness, transcends all these sorrows. The Sun may illumine floods, famine, war, pestilence, funerals, marriages and a million varieties of happenings, and yet, none of them is IN the Sun. Similarly, the Consciousness in us illumines the various changes in our matter-envelopments, but they do not appertain to the Spirit. Therefore, he who has realised himself to be the Spirit, goes beyond all these struggles.

AND ATTAINS TO IMMORTALITY --- Not only does the man of realisation experience the absence of sorrow but he also lives the positive joy of perfection. This is indicated by this phrase. In deep-sleep, a man in his sick bed forgets his pain; the disappointed one escapes his disappointment; the hungry no more feels his hunger; and the sad is no longer sorrowful. But, thereby, the illness is not cured, the disappointment is not removed, the hunger is not satisfied, the sorrow is not mitigated. Sleep is a temporary truce with the existing world of sorrows within. On waking, the sorrows too return; but the State of Bliss experienced at the moment of realisation of the Self is not a mere temporary cessation of sorrows of life, but it is a vivid experience of the Changeless, Infinite Nature. Hence it is said here that one experiences the State of Immortality even while living in this very same embodiment.