rediscover and ultimately realise the Self. In this chapter, we find a beautiful philosophical dissection of the subjective structure of man, exposing the matter envelopments that condition the Spirit. A discriminative knowledge of the matter layers, as distinct from the "Spiritual-Core," will show the seeker the *way* to rediscover his identity with the Spirit, and realise the actual non-existence of matter, when viewed from the realm of the Spirit.

A "waker" in a certain mental frame-work, himself becomes a "dreamer," and, to the "dreamer" the dream is real as long as the dream continues. But on awakening, the "dreamer" realises that the dream was only a misinterpretation of the waking, rendered by the "dreamer's" own mind. Similarly, the pluralistic world is perceived when the Spirit views through its own imaginary world of matter, and on awakening to Its own spiritual status it rediscovers Its own Absolute Reality in which the "phantom" of matter has no existence at all.

Thus, in a living man, philosophically viewed, there are two aspects: the inert and insentient matter-layers, and the sentient and vital Consciousness. These two aspects are defined in this stanza.

THIS BODY O! SON OF KUNTI, IS CALLED THE FIELD --- In this mechanical age, it is very easy to understand that there must be a 'field' for energy to play in, and that, then alone it can manifest as work done and serve man. Steam-