Holy Geeta by Swami Chinmayananda

It is but natural that such a PASSIONATE "doer," when he acts in his blinding desires, comes to live, all through his embodied existence, a sad life of agitations, moved by joys and sorrows, "full of delight and grief," (*Harsha-Shoka-Anvitah*). This completes the picture of a man who is a 'passionate' (*Rajasic*) "doer."

AND HOW DOES A *TAMASIC* "DOER" FUNCTION IN THE FIELD OF ACTIVITY?

28. Unsteady, vulgar, unbending, cheating, malicious, lazy, despondent, and procrastinating, such an "agent" is said to be TAMASIC (Dull).

Here we have a description of a *Tamasic* "doer" pursuing his work motivated by his *Tamasic* "knowledge" and expressing himself through his *Tamasic* "actions."

UNCONTROLLED (*Ayuktah*) --- A "doer" who has no control over himself, and therefore, is ever unsteady in his application, is of the *Tamasic* type. He becomes unbalanced in his activities, because his mind does not obey the warnings of his intellect. A *yukta*-mind is one which is obedient to and perfectly under the control of the intellect. A *tamasic* man is uncultured inasmuch as he acts in the world, spurred by the impulses and instincts of his own mind. The glory of a cultured man comes out only when he brings the impulsive storms of his mind under the chastening control and intelligent guidance of his