ever be expected to yield a reward of cheerfulness or inner peace.

Such sacrifices undertaken by men who are anxious to reach a particular goal and who work for satisfying their vanity in the community, are to be understood as *Rajasic*. THE *TAMASIC* TYPE IS NOW TAKEN UP FOR DISCUSSION:

13. They declare that sacrifice to be TAMASIC which is contrary to the ordinances, in which no food is distributed, which is devoid of MANTRAS and gifts, and which is devoid of faith.

Disobeying all the prescriptions laid down in the scriptures and acting against all *Vedic* injunctions --- contrary to all the principles laid down by the Science of right living --- the sacrifices performed become of the lowest type. Such a sacrifice cannot at all bring about happiness either to the performer, or in its final analysis, to his generation.

WITHOUT DISTRIBUTION OF FOOD --- The utter necessities of life are, in the vocabulary of the modern age, indicated by the familiar phrase 'food-clothing-shelter.' In the scriptural language of Hinduism, the term 'food' indicates all these necessities of life. A man of sacrifice and right action cannot expect any inner development because of his actions, unless they are accompanied by a mental