## Holy Geeta by Swami Chinmayananda

The functions of the *gunas*, while they appear on the stage of the mind-intellect, are explained here.

FROM SATTWA ARISES WISDOM --- It has already been explained how Pure Consciousness, of Its own accord, has nothing to illumine or understand. In the Pure, Homogeneous Self, there is nothing other than Itself for It to understand, It being the Undivided and Indivisible One Eternal Truth. Consciousness reflected in the subtle-body is the 'intelligence' by which we gain knowledge of the world outside. The knower is the Spirit conditioned by the mind-intellect. Naturally, when the mind is pure and serene, when there is the least agitation in it, the light emerging through it is steady and properly focussed. Therefore, the result of the predominant Sattwa in our mind is ultimately the rediscovery of the Self, the experience of PURE WISDOM.

GREED, FROM 'RAJAS' --- When the mind is seething with a constant eruption of desires it will be continuously in a state of agitation, and, in its natural anxiety to pacify itself, it has to rush out into the world to procure and fulfil its endless demands; and in doing so it expresses its greed.

HEEDLESSNESS, DELUSION AND IGNORANCE ARISE FROM 'TAMAS' --- Inertia or indolence, 'Tamas,' veils the intellect. The capacity to discriminate between the right and the wrong, and the ability to reject the wrong and accept the right, are the privileges of man and not the impulses of an animal. True manhood comes to manifest