

ness of the Atman. The how of it is as follows: There are two rooms lit by the sun. One of them happens to be vacant; there is none to cognize the existence of the sunlight in it. The feeling 'I am' is not in that light as well. The existence or the non-existence of the sunlight in that room makes no difference. There is the sunlight in the next room as well. In addition to it, a man is present in that room. He witnesses his own existence and the existence of the sunlight in that room. The insentient light that comes from the sun, the moon and the fire is cognized by the Sentient Light or the Cosmic Consciousness which is Iswara. The Light known as the Intelligence of the Knower reveals the existence of the object known. The sun, the moon and the fire are all objects known and revealed by Atman, the Knower.

Further, the *ātma chaitanya* is the Life of lives. The how of it is as follows :—

गामाविश्य च भूतानि धारयाम्यहमोजसा ।

पुष्णामि चौषधीः सर्वाः सोमो भूत्वा रसात्मकः ॥ १३

गाम् आ-विश्-य च भूतानि धारयामि अहम् ओजसा ।

पुष्णामि च औषधीः सर्वाः सोमः भू-त्वा रस-आत्म(न्)-कः ॥

*gām āviśya ca bhūtāni dhārayāmy aham ojasā ।*

*puṣṇāmi cau 'ṣadhtī sarvāḥ somo bhūtvā rasātmakāḥ ॥*

गाम् *gām* the earth आविश्य *āviśya* permeating च *ca* and भूतानि *bhūtāni* all beings धारयामि *dhārayāmi* (I) support अहम् *aham* I ओजसा *ojasā* by (my) energy पुष्णामि *puṣṇāmi* (I) nourish च *ca* and औषधीः *oṣadhtī* the