

only in the world-of-objects available for him, their conditions, and their arrangements around him. When the right type of object is in the right pattern courting him favourably, a man of the world feels temporarily thrilled and joyous. But a real devotee is completely independent of the world outside and he draws his inspiration, equanimity and joyous ecstasy from a source, deep within himself.

"WHO IS PURE" (*Shuchih*) --- Dirt has no place anywhere within or without a true devotee. One who is aspiring to reach perfection will necessarily be so well-disciplined physically that he will be clean not only in his relationship with others but even in the very condition and arrangement of his belongings around him. It is very well known that the condition of a man's table or shelf, and the cleanliness of his apparel, can give a great insight into the mental nature, discipline and culture of that man. Great emphasis has been laid in India on this physical purity, not only in the person of the man but also of his contacts in the world. Without external purity, internal purification will be but a vague dream, an idle hope, a despairing vision.

"ALERT" (*Dakshah*) --- To be alert always becomes the second nature of an integrated person. Enthusiasm is the key to success in any undertaking. A dynamic person is not one who slips in his behaviour or action. He is mentally agile and intellectually vigorous. Since there is no dissipation in him, he is ever on his toes to spring