

Mere thinking, in itself, is not sufficient. No doubt, actions are necessary. Many of the present-day youths, though capable of consistently maintaining a goal-of-life in their intellect, are not ready to get into the field and act as best as they can for its achievement. The term '*Upasana*' means "worship." Through worship we invoke the deity, meaning "the profit potential in any given field" and the prefix *Pari* to this familiar term '*Upasana*,' indicates a total-effort in which no stone is left unturned for carving out one's victories in one's field of endeavour.

So far, two main secret factors without which success in life will not be assured are revealed --- (a) CONSISTENCY OF WILLING AND THINKING, and (b) POURING OUT OURSELVES WITH A SINGLENES OF PURPOSE in meeting the situation in its entirety. The third main factor that is essential in the constitution of one who is marked out for spectacular success and brilliant gains in life is (c) SELF-CONTROL.

As an aspiring individual, consistently maintaining his ambition in mind, walks out into his fields of activity to battle with the immediate problems, he will meet with many a tempting channel of more fascinating plans, through which he can dissipate himself and get exhausted, rendering himself incapable of conquering the highest success in his own field. To keep oneself SELF-CONTROLLED, so that one may not thus get derailed as one shoots forward to reach the temple of success, is the