## Holy Geeta by Swami Chinmayananda

NOW WHAT IS THE BENEFIT WHICH COMES FROM 'TYAAGA'? THE LORD ANSWERS:

12. The threefold fruit of action, evil, good and mixed-accrues, after death, only to those who have no spirit of 'abandonment'; never to total relinquishers.

The results of all actions depend, it is said, upon the quality of the actions. Abandonment (*tyaga*) has already been described as belonging to three different categories. Here we have a discussion of the different types of reactions that would accrue when the different types of *tyaga* are practised.

Projection of a wilful desire in the world outside is an action, and according to the purity of the motive and the serenity of composure of the actor, a psychological reaction is left behind at the end of every activity. The mind has an instinctive habit of repeating itself. Future thoughts faithfully follow the foot-prints left by the past thoughts. Thus, actions in the world determine the "thought tendencies" of the human mind, and these tendencies (*vasanas*) condition the mental equipment and order our reactions to the things that are happening around.

The fruit-of-action, in philosophy, is not only its manifested results in the material world, but also the