best among the generalissimos leading Siva's hosts to victory over the demons It is but appropriate that the Lord claims this general as His own embodiment

The ocean suggests the infinitude of the Lord. Merging the mind in its expanse is a form of the worship of the Almighty.

महर्षाणां भृगुरहं गिरामस्म्येकमक्षरम् । यज्ञानां जपयज्ञोऽस्मि स्थावराणां हिमालयः ॥ २५

महत्त-ऋषीणाम् भृगु सहम् निराम् अस्-मि एकम् अ-क्षरम् । यज्ञानाम् जप-यज्ञ असु-नि स्थावराणाम् हिम-आख्य ॥

maharsînām bhygur aham gırām asmy ekam akşaram ş yajñānām japayajño 'smı sthāvarānām hımālayah ş

महर्पीणां maharsinām among the great Rishis शृग् bhṛguḥ Bhṛgu अह्म् aham I निराम् girām among words असि asmi (I) am एक्स् ekam the one अञ्चरम् aksaram syllable यज्ञानाम् yajñānām among sacrifices जपयज्ञ japa yajñān the sacrifice of silent repetition असि asmi (I) am सावराणाम् sthāvarānām among immovable things हिमाञ्च himālayaḥ Himalaya

Of the great Rishis I am Bhrigu; of utterances I am the monosyllable "Om". Of Yajnas I am japa-yajna and of unmoving things, the Hımalaya.

Among the Rishis born of the mind of Iswara, Bhrigu is ever in the highest superconscious plane. So the Lord's glory is revealed best through him.

"Om" is the most sacred sound symbol of Iswara Constant utterance of this monosyllable is a sure means to reach Divinity. It is equivalent to Iswara.