commentary upon the thought in the mind of the one who has made the statement. *Kshema* is the material and physical victory, while *Moksha* is the spiritual Selfmastery. Though Arjuna's arguments were all labouring hard to paint the idea that to have fought that was was against the spiritual culture of the country (*Moksha*), he himself stated in his conclusions that not to fight this war would be a material blessing (*Kshema*) inasmuch as an escape from the battle-field now is to gain, perhaps, sure physical security!!

In short, anxiety for the fruit-of-his-action (victory in battle) demoralised Arjuna and he got himself into an 'anxiety-state-neurosis.'

Sanjaya said: 47. Having thus spoken in the midst of the battle-field, Arjuna sat down on the seat of the chariot, casting away his bow and arrow, with a mind distressed with sorrow.

The concluding stanza of this chapter contains the words of Sanjaya in which he gave the running commentary of what he saw on the battle-field. Exhausted by his weary arguments, Arjuna, completely shattered within, sank back on the flag-staff in the open chariot, throwing down his kingly weapons.

This is the scene at which we shall leave Arjuna in the First Chapter of the Geeta.