

time the song of the Nightingale in its flight; Beethoven could never again beat out of his faithful piano a second Moonlight Sonata; Lord Krishna himself, after the war, when requested by Arjuna to repeat the Geeta, admitted his inability to do so!!

To the Western mind and understanding, 'inspiration' is an accidental and mysterious happening over which the mortal has no control at all, while to the eastern *Rishis*, inspired living is the real godly destiny of man, when he lives in perfect unison with the Self within him. A balanced life, wherein we live as unaffected witnesses of even our own mind and intellect, is the realm of self-forgetfulness, where, instead of becoming inefficient, our profession gathers the scintillating glow of a new dawn. This extra aura in any achievement is that which raises an ordinary success to an 'inspired achievement. '

The *Yogis* of ancient Hindu-lore discovered a technique, whereby the mind and intellect could be consciously brought to a steadiness and poise, and this technique is called *Yoga*. The Hindus of the *Vedic* period knew it, practised it, lived it; and with their incomparable achievements, they provided, for their country, the golden era of the Hindus.

The philosophy of a country like India, in the *Vedic* period, must necessarily be Theistic, but it has its applications in all walks of life. If it fails in its all-round application, it cannot be a philosophy. A theory of life which has no