

consciousness in *ātmabodha*, they are body-centered and torture it religiously. Occasionally they stumble upon some psychic power which they utilize for hurting, wrecking or destroying others. These men are *Tamasika* in their performance of austerity.

The Threefold Gift — 20-22

दातव्यमिति यद्दानं दीयतेऽनुपकारिणे ।

देशे काले च पात्रे च तद्दानं सात्त्विकं स्मृतम् ॥ २०

दा-तव्यम् इति यत् दानम् (दा)यी-यते अन्-उप-कारिणे ।

देशे काले च पात्रे च तत् दानम् सात्त्विकम् स्मृतम् ॥

*dātavyam iti yad dānam diyate 'anupakārīne* ।

*dese kāle ca pātre ca tad dānam sāttvikam smṛtam* ॥

दातव्यम् *dātavyam* ought to be given इति *iti* thus यत् *yat* that दानम् *dānam* gift दीयते *diyate* is given अनुपकारिणे *anupakārīne* to one who does no service in return देशे *dese* in a fit place काले *kāle* in time च *ca* and पात्रे *pātre* to a worthy person च *ca* and तत् *tat* that दानम् *dānam* gift सात्त्विकम् *sāttvikam* Sattvika स्मृतम् *smṛtam* is held to be

That gift which is made to one who can make no return, with the feeling that it is one's duty to give, and which is given at the right place and time and to a worthy person, that gift is held Sattvika. 20

What is given expecting a return contribution or reward is no gift. It is only an exchange of courtesy or hospitality. In some cases it happens to be a motivated investment. But a gift is that which is voluntarily offered expecting nothing in return. The recipient is necessarily a person who is not in a position to make a return gift. At the