

all be overcome by uttering "Om Tat Sat" at the commencement of every undertaking and by attuning the mind to the ideal conveyed by this triple designation of Brahman. This indeed is the means to attain the Supreme

इति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे
श्रीकृष्णार्जुनसंवादे श्रद्धात्रयविभागयोगो नाम
सप्तदशोऽध्यायः ॥

*iti śrīmad bhagavadgītāsūpanisatsu brahmavidyāyām
yogasāstre śrī kṛṣṇārjuna samvāde śraddhātraya
vibhāga yoga nāma saptaśa 'dhya'yaḥ ॥*

In the Upanishad of the Bhagavad Gita, the knowledge of Brahman, the Supreme, the science of Yoga and the dialogue between Sri Krishna and Arjuna, this is the seventeenth discourse designated

THE YOGA OF THE THREEFOLD SRADDHA

