## Holy Geeta by Swami Chinmayananda

develops an attachment for its essential peace and serenity, its thrills and joys, and he hates when this inward joy is disturbed by agitations (*Rajas*) or by dullness (*Tamas*).

NOR LONGS FOR THEM WHEN ABSENT --- Not only has he no particular attachment for them, but also, he is not at all worried by their absence, because he has risen much above these three *gunas*, and they, together or severally, have nothing to offer him which he has not already gained! To a millionaire, it is immaterial whether or not he gets, by chance, a 25-paise coin on the roadside. He may stoop down and pick it up but he would never congratulate himself for it as much as a poor man would do under the same circumstances.

Thus, he who has extricated himself from the entanglements of the *gunas*, has transcended fully the equipments of the mind and intellect and lives the infinite joys of the Self. To him, the ordinary vehicles of joys and sorrows can no more supply any special quota of experiences. Ever steady and balanced, he lives beyond all storms and clouds in a realm of unbroken peace and brilliance. He conquers the world of Pure Awareness --- attains the State of Godhood.

NOW FOLLOWS AN EXHAUSTIVE ANALYSIS AND VIVID DESCRIPTION OF THE CONDUCT OF HIM WHO HAS RISEN ABOVE THE 'GUNAS':