is being stated:

श्रद्धया परया तप्तं तपस्तित्रविधं नरै:। अफलाकांक्षिभिर्युक्तै: सात्त्विकं परिचक्षते॥१७॥

17. When that threefold austerity is undertaken with supreme faith by people who do not hanker after results and are self-controlled, they speak of it as born of *sattva*.

When *tat*, that; *trividham*, threefold—based on three factors; *tapah*, austerity, which is being discussed; is *taptam*, undertaken, practised; *parayā*, with supreme, with the highest; *śraddhayā*, faith, belief in Bhagavān and the other world; *naraih*, by people, by its performers; *aphala-ākānksibhih*, who do not hanker after results, who are devoid of desire for results; and *yuktaih*, who are self-controlled;—that austerity which is of this kind, the noble people *paricaksate*, speak of it; as *sāttvikam*, born of *sattva*.

सत्कारमानपूजार्थं तपो दम्भेन चैव यत्। क्रियते तदिह प्रोक्तं राजसं चलमध्रुवम्॥१८॥

18. That austerity which is undertaken for earning a name, being honoured and worshipped, and also ostentatiously,—that is spoken of as born of *rajas*, belonging to this world, uncertain and transitory.

Yat, that; tapah, austerity; which is kriyate, undertaken; satkāra-māna-pūjārtham, for earning a name, being honoured and worshipped—for earning a name, (that is) for being spoken of thus: 'This Brāhmana, who is given to austerity, is pious'; for being honoured by (others) standing up respectfully, salutation, etc.; for being worshipped with washing of feet, adoration, feeding, etc.; for these—; ca eva, and also, (that) austerity which is performed dambhena, ostentatiously; tat, that; proktam, is spoken of; as rājasam, born of rajas; iha, belonging to this world; (191) calam, uncertain—its result being unpredictable; and adhruvam, transitory.

मूढग्राहेणात्मनो यत्पीडया क्रियते तप:।