Holy Geeta by Swami Chinmayananda

but is only an acquisition of something which he is thirsting for. To a teetotaller, a drinking booth is nothing but a den of sorrow and death; but, to the drunkard the same is his haven of joy and harbour of happiness.

To the *Tamasic*, to be born in the animal kingdom is a wonderful chance to exhaust their appetites and to express fully their nature. Thus, philosophically viewed, we have to accept without any reservation that the '*Tamasic*' must mentally find a complete fulfilment in animal embodiment. So they are born there to fulfil their own elected purpose.

HERE FOLLOWS A SUMMARY OF WHAT HAS BEEN TAUGHT IN THE PRECEDING FEW VERSES:

16. The fruit of good action, they say, is SATTWIC and pure; verily, the fruit of RAJAS is pain, and the fruit of TAMAS is ignorance.

In this stanza, Krishna, the great conversationalist, is summarizing again what he has already mentioned in the previous stanzas. Herein, he is indicating in brief the results gained when a psychological being lives the three *gunas* severally.

THE FRUIT OF GOOD ACTIONS, THEY SAY, IS 'SATTWIC' AND PURE --- If we carefully analyse, we shall find that thought is the father of all action. Thoughts