

सम्यक् thoroughly आवेश्य placing यः who अनुस्मरेत् remembers सः he तं that परं supreme दिव्यं resplendent पुरुषं Purusha उपैति reaches.

The Omniscient, the Ancient, the Over-ruler, minuter than an atom, the Sustainer of all, of form inconceivable, self-luminous like the sun, and beyond the darkness of Maya—he, who meditates on Him thus, at the time of death, full of devotion, with the mind unmoving, and also by the power of Yoga, fixing the whole Prana betwixt the eye-brows, he goes to that Supreme, Resplendent Purusha.

[ *Self-luminous*: Known by no agency like the understanding, or the mind or the senses, but by Self alone.

*Power of Yoga*—which comes, by the constant practice of Samadhi.

*Prāna*: the vital current.

*Fixing the whole Prāna*—means, concentrating the whole will and self-consciousness. ]

यदक्षरं वेदविदो वदन्ति

विशन्ति यद्यतयो वीतरागाः ॥

यदिच्छन्तो ब्रह्मचर्यं चरन्ति

तत्ते पदं संग्रहेण प्रवक्ष्ये ॥११॥

VIII. 11.

वेदविदः Knowers of the Veda यत् which अक्षरं imperishable वदन्ति speak वीतरागाः freed from attachment यतयः self-controlled ( Sannyasins ) यत् which विशन्ति enter यत् which इच्छन्तः desiring ब्रह्मचर्यं Brahmacharya चरन्ति practise ते to thee तत् that पदं state to be obtained संग्रहेण in brief प्रवक्ष्ये ( I ) shall tell.