How to pray to God? It is made clear .--

मन्मना भव मद्भक्तो मद्याजी मां नमस्कुरु । मामेवैध्यसि युक्त्वेवमात्मानं मत्परायणः ॥ ३४ मद-मना भव मद-भक्तः मद-गती मान नमस-कृतः।

मदुर्भना भव मदुर्भकः भदुर्द्धाता साम् नम्भुरक्तः । माम् एव ए स्वति युज्ञ ला एवम् आत्मानम् मदुर्पर-अपन ॥ manmanā bhava madbhahto madyājī mām namaskuru !

mām evai 'syasi yuktvai 'vam ātmānam matparāyanah ॥ मन्मना: manmanāḥ with mind filled with me भव bhava be thou शद्भक्त mad bhaktaḥ my devotee मधाजी

madyāji sacrificer माम् mām unto me नमस्कुर namaskuru bow down माम् mām to me एव eva alone एप्यसि esyası thou shalt come युक्तवा yuktvā having united एवम् evam thus कात्मानम् वेtmānam the self मत्पराचण matparāyanah taking me as the supreme goal

Fix your mind on Me; be devoted to Me; sacrifice unto Me; bow down to Me. Having thus made yourself steadfast in Me, taking Me as the Supreme Goal, you will come to Me.

A selfish man resorts to God to have his desires fulfilled and his individuality preserved. But the injunction of the Lord to the discerning devotee is different. The sadhaka is not to practise escapementality nor is he to develop quietism. On the other hand his talents have all to be harnessed to make life a fulfilment. In dedicating himself and his service to the Divine he gets himself utilized to the maximum. As the river gives itself to the ocean and becomes one with it, the devotee gives himself to the Lord and becomes one with Him.