

THEREFORE:

*46. The YOGI is thought to be superior to the ascetics, and even superior to men-of-knowledge (mere scholars) ; he is also superior to men-of-action; therefore (you strive to) be a YOGI, O Arjuna.*

In order to bring out the importance of meditation among the various practices in the Science of Spiritual development, Lord Krishna is providing here a tabulated list of the various types of seekers, indicating the greatest of the whole lot. Compared with those who practise thoughtless and dull-witted physical self-denial (*Tapaswins*), the meditator is certainly nobler.

Nobler than those who vigorously read the scriptures and try to learn and remember their declarations (*Jnanis*), is the *Yogi* (Meditator).

There are others who strive towards the same Bright Peak of Perfection, treading along the path of selfless work (*Karmis*), undertaken in the world outside in a spirit of *Yajna*, (IV-24 to 30.) and who perform worship (*Upasana*) in a spirit of divine dedication. These ritualists, both in the secular and in the sacred fields of activities, believe that they can reach the Infinite Bliss through these very activities.