

satisfaction of a noble work done. The work is the means; the Higher Self-experience alone is the Goal-Divine.

By thus re-acting readily to all external challenges, with his devoted attention upon Him, one can find peace easily, and a bosom thus purged of its existing *vasana*-bondages is, to that extent, considered better purified for the purposes of meditation and the final *Vedantic*-realisation of the Infinite glory of the Self.

IF A MAN SHOULD NOT PERFORM WORK PROMPTED BY DESIRES FOR THEIR RESULT, HOW THEN SHOULD HE PERFORM IT? THE REPLY FOLLOWS:

*48. Perform action, O Dhananjaya, abandoning attachment, being steadfast in YOGA, and balanced in success and failure. Evenness of mind is called YOGA.*

From this stanza onwards we have an exhaustive discussion of the technique of *Karma Yoga* as conceived by Krishna in his Doctrine of Action and expounded in Vyasa's Geeta. A complete technique of how one can live the life of a truly inspired worker is explained here, and, to any careful student, who understands all the implications of the terms, it must be clear that a complete effacement of the ego and its vanities is to be achieved to succeed in this Path; and this is gained by practising the equipoise mentioned in the previous stanzas.