

Engaging himself thus in the battle for evolution and inward mastery, a meditator steadily grows out of the shadowy regions of his own spiritual ignorance and imperfections, to smile forth in luxurious extravagance into the sparkling sunshine of Knowledge. When the meditator keeps his mind undisturbed in the roaring silence within, in the white-heat of meditation, his mind gets purified, like a piece of iron in the smithy furnace. In short, as we said earlier, and elsewhere, the "halt-moment" is the frontier-line upto which human-effort can raise the mind. There it ends itself just as a balloon, as it goes higher and higher, blasts itself in the rarified atmosphere of higher altitudes, and drops down, merging the balloon-space with the space outside. Similarly, the mind too, at the pinnacle of meditation, shatters itself, drops the ego down and merges with the Supreme. Just as the space in the balloon automatically merges with the space outside when it has exploded, so too, when the finite mind is ended, "WITH EASE IT ATTAINS THE INFINITE BLISS ARISING OUT OF ITS CONTACT-WITH-BRAHMAN."

Krishna is here trying to make an agitated, restless, inquisitive intellect understand that positive and dynamic Reality, which can and shall be gained when the mind and intellect are transcended. Had he said 'THE SEEKER WILL BECOME HAPPINESS,' Arjuna would have hesitated to accept it, believing that in the Self there is no positive joy. To make his unprepared intellect perceive the experienceable joy of the Infinite, the Divine Cowherd has to borrow a vivid phrase from ordinary life and so he says