

mind, and such a seeker alone can accomplish the state of complete detachment of his intellect from the world of sense-objects.

Mind is the seat of all vanities of agency, like "I am the doer" sense (*Kartritwa-bhaavanaa*). The intellect is the seat of all false arrogations that "I-am-the-enjoyer" (*Bhoktritwa-bhavanaa*). These two together make up the ego, and it is fed, nurtured and nourished by its clinging attachments (*spruha*) to the joy that is in the objects of the world outside. By correct analysis and investigations, when the "*spruha*" is dried up, both the senses of enjoyership and doership will get steadily sublimated, leaving behind the Infinite experience of the Self. The Geeta is never tired of repeating that self-restraint and freedom from desire are the unavoidable pre-requisites for spiritual growth. Herein, we have a beautiful example of explaining the Supreme Goal, not in achieving any Higher State, but as the state of complete detachment from the lower urges.

FREEDOM FROM ACTION IS A CONDITION IN WHICH ALONE THE EXPERIENCES OF THE SUPREME BEING CAN RUSH IN. HOW? LEARN THIS FROM ME IN BRIEF:

50. *How he, who has attained perfection, reaches BRAHMAN (the Eternal) , that in brief do you learn from Me, O! Kaunteya, that Supreme State-of-Knowledge.*