

statement, but here, more is meant philosophically, than meets the eye. Generally, we do not fully understand the import when we say "THE SELF IS THE FRIEND OF THE SELF."

The lower in us can ever raise itself to the attunement of the Higher, but the Higher can influence only when the lower is available for Its influence. To the extent the lesser in us surrenders itself to the influence of the Higher, to that extent, It can serve the lower as a great friend. But if the lower refuses to come under the influence of the Diviner in us, the Divine Presence is accused as an enemy of ourselves, inasmuch as the dynamism of life provides us Its energy both for our "life of higher aspirations" and the "life of low temptations."

Ultimately, it is for the aspirant himself to accept the responsibility for blessing or damning himself. The potentiality for improvement, the chances for self-growth, the strength to haul ourselves out from our own misconceptions, are ever open for employment. But it all depends upon how we make use of them.

NOW IT MAY BE ASKED: "WHAT SORT OF A MAN IS THE FRIEND OF HIMSELF AND WHAT SORT OF A MAN IS THE ENEMY OF HIMSELF?" THE ANSWER FOLLOWS: