

when he wants to keep the lower as brilliant and chaste as the higher, the technique that he will have to employ to fulfil this aspiration is called RELIGION.

Mind is the saboteur that enchants us away from perfection, to be a slave to the flesh and the external objects of brittle satisfaction. Mind is the conditioning that distorts the ideal and creates the lower Satanic sensuous self in us, which is to be brought into unison with the intellect, the equipment for the higher Self to manifest. In short, when the rational and discriminative capacities of a limited intellect are brought to bear their authority upon the wavering and wandering, sense-mongering-mind, the lower is brought under discipline and made to attune with the nobler and the diviner in us. The processes by which the lower is brought under the direct management and discipline of the higher are all together called the spiritual techniques.

This process of self-rehabilitation and self-redemption of the Satan in us cannot be executed by inviting tenders and giving the contract to the lowest bidder! Each will have to do it all by himself: "ALONE TO THE ALONE ALL ALONE" IS THE WAY. No *Guru* can take the responsibility; no scripture can promise this redemption; no altar can, with its divine blessings, make the lower the higher. The lower must necessarily be trained slowly and steadily to accept and come under the influence of the discipline of the higher. In this process, the teacher, the scripture, and the houses-of-God, have all their proper