Holy Geeta by Swami Chinmayananda

created in our mental zone by our desires. At every moment, the texture and quality of our thoughts are directly conditioned and controlled by our desires. Thoughts in an individual, expressed in the outer world-of-objects, become his actions; actions are nothing other than the actor's thoughts projected and expressed in the world. Thus, in this chain-of-'ignorance,' constituted of desires, thoughts, and actions, each one of us is caught and bound.

If we observe them a little more closely, we find that these are not so many different factors, but are, in fact, different expressions of one and the same spiritual IGNORANCE. This ignorance (Avidya), when it functions in the intellect, expresses itself as DESIRES. When the desires, which are nothing other than the 'ignorance,' function in the mental zone, they express themselves as THOUGHTS. These thoughts, when they express in the outer world, become ACTIONS. Naturally, therefore, if the Supreme can be defined as "the experience beyond ignorance," it must necessarily be true that the Self is "the State "DESIRELESS-NESS" "the Condition of or THOUGHTLESS-NESS" or "the Life of ACTIONLESS-NESS."

By mere 'renunciation of action' (*Samnyasa*) no one attains Perfection. Running away from life is not the way to reach the highest goal of evolution. Arjuna's intention, you may remember, was to run away from the war-front, and, therefore, this misguided Hindu was to be re-educated in