

keeping a healthy and happy relationship with the world outside. He, who is capable of tuning himself up thus with the whole, is the one who is marked out for sure success and complete victory in life.

Because of his internal maladjustments, we found Arjuna, the hero of his age, behaving as a shattered personality. Such an individual, split in himself, comes to feel the problems of life too heavy, the duties of life too irksome, and life itself too much to bear. All those, who thus allow the engine of life to run over them and crush them down, are termed as *Samsarins*. Those who know the art of self-development can easily learn how to steer the engine of existence from its driver's seat, safely around every impediment, and they are the Men-of-Realisation, the Saints, and the Sages. This status is the heritage of man --- of every intelligent person, who has the enthusiasm and the courage to master life and live like a God upon earth ruling over the circumstances, and smiling at the adversities.

TO GENERATE AN ALL-OUT ENTHUSIASM IN THE ART OF LIVING, WHICH EACH STUDENT HAS TO BRING ABOUT IN HIS OWN LIFE, THE ART OF SELF-PERFECTION IS PRAISED IN THE FOLLOWING:

*2. Royal Science, Royal Secret, the supreme purifier is this, realisable by direct intuitive knowledge, according to the DHARMA, very easy to perform, imperishable.*