## Holy Geeta by Swami Chinmayananda

believe that he alone can perform it and nobody else will ever help him. All the time he is exhausted with his own anxieties and fears at the thought whether his goal will ever be achieved, if at all. When an individual works thus with an arrogant ego, and with all its self-centredness, he becomes restless enough to make himself totally exhausted and completely shattered. Such "actions" belong to the category of the passionate (*Rajasic*).

All activities of political leaders, social workers, great industrialists, over-anxious parents, fanatic preachers, proselytising missionaries and blind money-makers, when they are at their best, are examples of this type.

THE CHARACTERISTIC FEATURES OF ACTIONS OF THE "DULL TYPE" ARE DESCRIBED HEREUNDER:

25. That "action" which is undertaken from delusion, without regard for the consequence, loss, injury, and ability, is declared to be TAMASIC (dull).

The "actions" (Karma) of the 'dull' type (Tamasic) are consideration performed without any for the consequences thereof, without any regard for their loss of power or vitality. Such actors never care for the loss or injury caused to others by their actions, nor do they pay any attention to their own status and ability, when they act. All such careless and irresponsible "actions" (Karma s) undertaken merely because of delusory some