

इन्द्रियार्थान्विमूढात्मा मिथ्याचारः स उच्यते॥६॥

6. One, who after withdrawing the organs of action, sits mentally recollecting the objects of the senses, that one, of deluded mind, is called a hypocrite.

Yah, one who; *samyamya*, after withdrawing; *karma-indriyāni*, the organs of action—hands etc.; *āste*, sits; *manasā*, mentally; *smaran*, recollecting, thinking; *indriya-arthān*, the objects of the senses; *sah*, that one; *vimūḍha-ātmā*, of deluded mind; *ucyate*, is called; *mithyā-ācārah*, a hypocrite, a sinful person.

यस्त्विन्द्रियाणि मनसा नियम्यारभतेऽर्जुन । कर्मेन्द्रियैः कर्मयोगमसक्तः स विशिष्यते॥७॥

7. But, O Arjuna, one who engages in Karma-Yog with the organs of action, controlling the organs with the mind and becoming unattached—that one excels.

Tu, but, on the other hand, O Arjuna; *yah*, one who is unenlightened and who is eligible for action; *ārabhate*, engages in;—what does he engage in? The Bhagavān says in answer—*karma-Yogm*, Karma Yog; *karma-indriyāih*, with the organs of action, with speech, hands, etc.; *niyamya*, controlling; *indriyāni*, the sense-organs; *manasā*, with the mind; and becoming *asaktaḥ* unattached; (23) *sah*, that one; *viśiṣyate*, excels the other one, the hypocrite.

This being so, therefore,

नियतं कुरु कर्म त्वं कर्म ज्यायो ह्यकर्मणः । शरीरयात्रापि च ते न प्रसिद्ध्येदकर्मणः॥८॥

8. You perform the obligatory duties, for action is superior to inaction. And, through inaction, even the maintenance of your body will not be possible.

Tvam, you, O Arjuna; *kuru*, perform; *niyatam*, the obligatory; *karma*, duties, those daily obligatory duties (*nitya-karmas*) for which one is competent (according to the scriptures), and which are not