

battle-field of life, facing an array of opposing forces, more powerful, better organised, and well-supplied with equipments, are ready to fight and destroy them. In fact every honest man in life is to a large extent --- be he a fool, be he a saint --- an Arjuna facing his problems with hesitations... wanting to run away, and yet, not daring to do so! The training of *Karma Yoga* prepares us for the greater fights on life's battle-fields.

Om Om Om Om Om

Chapter 4

Jnana Karma Sanyasa Yoga

The Yoga of Renunciation of Action with Knowledge

The Blessed Lord said: 1. I taught this Imperishable YOGA to Vivasvan; Vivasvan taught it to Manu; Manu taught it to Ikshvaku.