

PROSTRATING YOURSELF --- All that is meant here is that the student must have an intellectual attitude of surrender and meekness, respect and obedience, when he approaches the teacher who has to instruct him upon the secret-of-life. Regarding the world within and the methods of its control, ordinarily, the students are completely ignorant, and therefore, they must approach the teacher with a readiness to understand, grasp and follow his instructions.

Just as water flows always from a higher to a lower level, so too, 'knowledge' can flow only to a lower level. It is, therefore, necessary that the student must have a "spirit of prostration" in him so that he may be able to get himself surcharged with the 'Knowledge' that flows from the teacher. Thus the prostration, as used here, essentially defines more, the required mental and intellectual attitude of the student, than his physical readiness to fall-flat on the ground at the feet of his Master.

BY QUESTIONS --- By raising doubts to the teacher we are opening up the cistern of 'Knowledge' locked up in the Master's bosom. A perfect *Guru* immediately detects from the questions, the false line of thinking in the student, and while removing the very doubt, he imperceptibly orders and reorganises the right-way of thinking in the inner thought-life of the student. When this intellectual wrestling has been practised for a long time, the fragrance of perfection in the teacher, as it were, gets transferred to the student's life!