

The Krishna-plan, for finite man to gain the stature and strength of the Cosmic, seems to consist of five distinct schemes. This is clear from the conditions required of a seeker as given in this verse. They are: (1) whose work is all dedicated to the Lord, (2) whose goal is the Lord, (3) who is a devotee of the Lord, (4) who is free from all attachments, and (5) who is devoid of all sense of enmity towards everyone.

In these five schemes, we find the entire line of self-discipline summarised. Detachment from all activities, whether physical or mental or intellectual can take place only when one is constantly thinking of the Self. Enmity is possible only when one considers the other as separate from oneself. There cannot be enmity between my own right hand and my left hand. The awareness of the Oneness should be experienced through the vision of the same Self everywhere and then alone can the total avoidance of enmity with any creature be fully accomplished.

Total detachment is an impossibility at the mind-and-intellect level. The mind and intellect cannot live without attaching themselves to some thing or being. Therefore, the seeker, through God-dedicated activity, learns first to withdraw all his attachments from other things, and then to turn his mind with the fervour of devoted attachment to the Lord. In accomplishing this, all the schemes explained earlier are, indeed, very helpful.