यवकामावसायिनः पूर्वसिष्य तथाभूतेषु सङ्कल्पादिति। एतान्यष्टावैद्यर्थाणि। कायसम्पद् वच्चमाणा। तहर्मानभिघातत्र पृथ्वी मृत्या न निक्णिष्ठ योगिनः यरौरादिकियां, शिलामप्यनुपविश्वतीतिः नापः स्निन्धाः वलेदयन्ति, नाम्निक्णो दहति, न वायुः प्रणामी वहति, श्रनावरणात्मकेऽप्याकाशे भवत्यावृतकायः, सिष्ठानामप्यदृश्यो भवति॥ ४५॥

Thence Develop The Power Of Minification And Other Bodily Acquisitions. There Is Also No Resistance By Its Characteristics, 45.

Of these-

Minification (Aṇimā), that by which one can reduce one's size to that of an atom. Lightness (Laghimā), that by which one can decrease one's weight. Largeness (Mahimā), that by which one can increase one's size or stature. Attaining (Prāpti), that by which one can touch the moon by fingertips. Irresistible will (Prākāmya), that by which one can go through solid earth or cannot be immersed in water. Control (Vaśītva), that by which one can have control over the Bhūtas and which they are made of, i.e. Tanmātras, and cannot be swayed by others. Mastery (Īśitṛtva), that by which one can control appearance, disappearance and aggregation of Bhūtas and objects made thereof. Resolution (Yatrakāmāvaśāitva), that by which one can determine at will the Bhūtas and their nature and their stayings as desired.

Yogins with such powers do not utilise them for revolutionising the disposition of the world because they are confronted by the will of a previously perfected One who has brought about the existing disposition of things. These are the eight attainments. The supernormal powers of the body will be mentioned later.

Non-obstruction to the characteristics of the body are of the nature of non-resistance by earth, through its hardness, to the operation of the bodily action of the Yogin. His body can go even through a stone, the fluidity of water