

brahma to Brahman नचिरेण *naçireṇa* quickly अधिगच्छति *adhigacchati* goes

Sanyasa, O mighty-armed, is hard to attain to without karma yoga; the man of meditation, purified by karma yoga quickly goes to Brahman. 6

A tender and unripe fruit clings fast to the tree that bears and nourishes it; but when fully ripe it severs connection from its sustainer. Similarly, the karma yogi gets from *Prakriti* the experience that matures into wisdom. He is a philosopher who translates principle into practice. Theorization and make-believe have no place in his spiritual career. By experiment he knows that life in the supersenses is superior to that in the senses. The mind of the unselfish man is more magnanimous than that of the selfish one. Life blossoms better in him who lives for others than in him who lives exclusively for himself. Just as sound sleep is possible only for him who works hard, deep meditation comes to him who has negated his individuality in the service of others. It is self-denial that brings in purification of the heart. The one pure in mind becomes one with Brahman who is all purity. Here karma yoga fructifies in *karma sanyasa*.

The purification of the personality of the yogi takes place in this way:—

योगयुक्तो विशुद्धात्मा विजितात्मा जितेन्द्रियः ।

सर्वभूतात्मभूतात्मा कुर्वन्नपि न लिप्यते ॥ ७

योग-युक्तः वि-शुद्ध-आत्मा वि-जित-आत्मा जित-इन्द्रियः ।

सर्व-भूत-आत्म-भूत-आत्मा कुर्वन् अपि न लिप्-यते ॥