

ALL THIS IS PERVADED." The three equipments --- the body, the mind and the intellect, that flutter out into activity, are all in themselves inert matter with no consciousness in themselves. It is only at the touch of the Light-of-Life that inert matter starts singing its *vasanas* through the various activities.

To remember constantly, this Consciousness, the *Atman* --- the *Atman* that lends, as it were, Its dynamism to the Matter that invests It in its activities --- is to stand apart from all agitations in the field of strife. Just as a musician, constantly conscious of the background drone, sings his songs easily in tune, just as a dancer dances effortlessly to the rhythm of the drum, such a man is never caught on the wrong foot ever in life. A new glow of tranquil peace and dynamic love comes to shine through all his actions, and his achievements radiate the shadowless Light-of-Perfection, unearthly and Divine.

Work can thus be changed into worship by attuning our minds all through our activity to the consciousness of the Self. A self-dedicated man so working in the consciousness of the Supreme pays the greatest homage to his Creator. This subtle change in attitude transforms the shape of even the most dreary situation. Even the most dreadfully unpleasant field of activity is converted into a sacred chamber of devotion --- into a silent hall of prayer -- into a quiet seat of meditation!