Man projects the contents of his mind and cognizes them in the world outside. Ariuna had no idea till then that it is Iswara who has become the entire universe and that there is also a terrific aspect to His manifestation. The sudden and unexpected vision of it frightens him even though he is a person of extraordinary calibre. He projects this unsettled state of his mind on the world and says that the worlds are terror-struck even as he is. He mentions the cause of his being frightened as follows:-

नभः स्पृशं दीप्तमनेकवर्णं व्यात्ताननं दीप्तविशालनेत्रम् । इष्ट्रा हि त्वां प्रव्यथितान्तरात्मा धृति न विन्दामि शर्म च विष्णो ॥ नभः-स्पृशम् दीप्तम् अन्-एक-वर्णम् वि-आल-आननम् दीप्त-विशाल-नेत्रम् । दश-त्वा हि त्वाम प्र-व्यथि-त-अस्तरात्मा धृतिम न विन्द-आसि शसम च विष्णो ॥

> nabhah sprsam diptam aneka varnam vyāttānanam dīpta visāla netram 1 drstvā hi tvām pravvathitāntarātmā dhrtim na vindāmi samam ca visno 11

नभःरष्ट्राम् nabhah sprsam touching the sky दीप्तम् diptam shining अनेक्वर्णम् aneka varnam in many colours व्याचाननम् vyāttānanam with mouths wide open दीमविशाल नेत्रम् dīpta visāla netram with large fiery eyes ह्या dṛṣṭvā having seen हि hi verily त्वाम् tvām thee 'प्रव्यथित अन्तरात्मा pravyathita antarātmā terrified at heart छतिम् dhṛtim courage न na not विन्दासि vindāmi (1) find ज्ञमम् samam peace च ca and विष्णो visno O Vishnu

When I see You touching the sky, blazing with many colours, with mouths wide open, with large fiery eyes, my heart trembles in fear and I find neither 24 courage nor peace, O Vishnu.