

devotion wavers from idol to idol, then our practice of concentration will get unsteady, because the point-of-attention becomes ever-changing. Therefore, it is said that unflinching devotion towards Me, the Self, is one of the conditions necessary for steady progress and growth in *Yoga*.

BY THE YOGA OF NON-SEPARATION --- Undivided attention and enthusiasm in the mind of the devotee is another condition that will accomplish better concentration. Otherwise the mind may revolt against its own devoted self-application, and will, either partially or wholly, wander away into its own delusory enchantments. A certain amount of steadiness of purpose is to be maintained by the mind. Wild imaginations and futile day-dreaming are the preoccupations of only a disintegrated mind.

The typical expression used here by Shri Krishna to indicate the abject and despicable vacillations of the human mind at the seat of *Yoga* clearly shows the force with which he wants to condemn such vacillations. He says, the mind should be "unprostituting" with its point-of-contemplation. Prostitution denotes an attitude of selling away one's own capabilities and beauties for the sake of some paltry profit heedless of the higher bonds of faithfulness and chastity. A mind, wedded to the Lord, is a mind at faithful contemplation. The warning "not to prostitute" is indeed very powerful to express that the point-of-concentration should not be at a crowd of deities