Holy Geeta by Swami Chinmayananda

3. Persons without faith in this DHARMA (the Divine Self), O Parantapa, without attaining Me, return to the path of rebirth, fraught with death.

Those who live in complete disregard of the Self, necessarily "RETURN WITHOUT ATTAINING ME." Men of extroversion, meditating upon the sense objects and bartering away their intellectual capacities, emotional powers, and physical strength for seeking, acquiring and possessing the implements to work out their sensual satisfaction, must necessarily return to "THE PATH OF REBIRTH, FRAUGHT WITH DEATH."

The more an individual meditates upon the finite, strives to gain the changeable, and gets choked by the sorrows of the perishable, the more he comes to worship and court the lower nature of the Self, the *Prakriti*. However big the ocean may be, a drop of it, taken from anywhere in its infinite expanse, should taste saline. In the same way, whatever be the motive behind the courting, once we allow ourselves to be courtiers of the world-of-objects, we are doomed to taste the saline tears of sorrow, because of the very ephemeral nature of the "objects of our love."

The world of names and forms is finite and ever-changing. At every moment, every object is living through a process of change, and each change is death to the previous state of existence of the object. Thus, the term "death" used here by Krishna in his phrase "FRAUGHT WITH DEATH" is to be understood in this liberal meaning of the term. In short,