## Holy Geeta by Swami Chinmayananda

the process of widening our field of knowledge. And all these processes are possible only in the Light of Life.

Acquisition of new knowledge presupposes our capacity to give up our earlier false notions. Imperfect knowledge gets weeded out when a person is cultivating new knowledge. A capacity to forget is an essential prerequisite in acquiring fresh knowledge. This stanza explains that all these subjective activities, mental and intellectual, arise from and are maintained by the Conscious Principle, the Lord-Himself.

IT IS I THAT IS TO BE KNOWN BY ALL THE *VEDAS* --- In all the scriptures of the world, including the various portions of all the *Vedas* in India, Krishna says, this Infinite Consciousness is the one common factor that has been extolled and adored. To realise this is to reach the goal-of-life, the fulfilment of existence. The Consciousness that revels in the hearts of all living creatures is the non-dual Immortal Reality, the All-pervading and It is the only substratum for the pluralistic world of experiences.

I AM INDEED THE AUTHOR OF VEDANTA, AS WELL AS THE KNOWER OF THE *VEDAS* --- Since Consciousness alone is the Eternal Reality, and everything else is a projection upon it, the very essence in everything, as expressed in the *Vedas* also, is this Consciousness. The seeker who listens to the *Vedas* reflects upon their wisdom, and ultimately comes to experience the fulfilment of his