come to anyone, unless one is initiated into it by a 'Knower of Reality.'

O SINLESS ONE --- 'Sin'means an act, a feeling or a thought, which having been perpetrated, entertained, or thought of, comes back after a time to agitate our bosom with its insulting taunts and helpless regrets. In short, SIN is the resultant of the past that comes to demean our selfestimate and creates in us a lot of mental storm and consequent dissipation. One who has thus an inner personality which carries disturbing memories of undignified acts and cruel schemes, has indeed, a bosom that is ever agitated and restless. Such a mind-intellectequipment cannot consistently apply itself to any serious and deep investigation into the subtle realm of the Pure Awareness that lies beyond the frontiers of the intellect. Therefore, the term 'sinless' in the context here only means STEADY-MINDED, ALERT AND VIGILANT  $^{"}O$ STUDENT."

He who has realised this *PURUSHOTTAMA-STATE* of Consciousness becomes 'wise,' for he cannot thereafter make any error of judgement in life and thereby create confusions and sorrows for himself and for others around him.

The second of the benefits accrued by entering the *Purushottama* State is the enjoyment of a complete sense of fulfilment (*Krita-krityataa*) --- a total and overwhelming joy that comes to a man when he realises that he has fully