

WHAT IS THE GLORY OF SUCH AN INDIVIDUAL?
WHAT DOES HE BECOME BY SUCH A PROCESS? WHY
SHOULD HE GO THROUGH SUCH A LABORIOUS
INWARD TRAINING AND SELF-DISCIPLINE?

8. The YOGI who is satisfied with knowledge and wisdom, who remains unshaken, who has conquered the senses, to whom a lump of earth, a stone and gold are the same, is said to be harmonised (i. e. , is said to have attained NIRVIKALPA SAMADHI) .

Such an individual, self-controlled and serene, who has constantly come to contemplate upon the Nature of the Self as understood from the *Shastras*, through all his circumstances in life, soon becomes, says Krishna, filled with a divine satisfaction and becomes an unshakable *Yogin*. Here, the satisfaction is not merely the joy that an intelligent man comes to enjoy when he carefully studies and masters *Vedanta*, but, according to Krishna, the satisfied contentment which a true *Yogin* comes to experience and which is much superior to the thrilled joys experienced in all intense studies.

The knowledge gained through study is indicated here by the term *Jnana*, and the first-hand experience gained by the seeker of the Self in himself is called the Knowledge of direct perception, which is termed here, in the Geeta-vocabulary, as *Vijnana*.