## Holy Geeta by Swami Chinmayananda

Why "participation-in-work" is said to be easier for a beginner than "renunciation-of-action" is explained here. While defining a *samnyasi*, Krishna's revolutionary statement cleanses the idea of renunciation from all its external embellishments. He gives more importance to the internal mental condition than to the external uniform. According to the Lord, he is a *samnyasi* who "neither likes nor dislikes."

Likes and dislikes, success and failure, joy and sorrow and such other pairs-of-opposites are the wheels on which the mind rolls forward earning the experiences of life. Our intellect can register a situation or a condition only with reference to the comparative estimate of its opposite. Thus, I can understand light only with reference to my knowledge of darkness. Comparison is the only way of understanding given to man. If there is no contrast for a thing, we cannot gain knowledge of that thing.

If comparison and contrast are the methods 'of knowing' for the mind-and-intellect instrument, then, to renounce them is to renounce the vehicle. A car is a vehicle that moves on the earth. It cannot be used in water. Thus, if I am sailing on the ocean, I am certainly not moving in the car, but I am using a boat which floats on water. In the field of plurality where comparison and contrast are possible, I can use the vehicle of the intellect-and-mind. The stanza here states that he is a true *samnyasi*, who has gone beyond the perception of contrast, which necessarily