Holy Geeta by Swami Chinmayananda

context of a subjective analysis, which is recommended and ably supported by the next line, wherein the Lord says that all of them are children of "MY MIND."

It is described in the *Puranas*, the Brahmaji, the Creator, at the very beginning of Creation, produced out of his own mind four eternal boys (*Kumaras*), Sanatkumaara, Sanaka, Sanatana, and Sanandana. The creator in us is the life in

us functioning through an 'urge-to-create' in any field. Whenever the creative urge expresses itself immediately the factors constituting the subtle-body (*Antahkarana*) express themselves and function in full vigour. When the Creator of the whole Universe comes under the 'urge-to-express,' he has to maintain a constant *Sankalpa*, which immediately produces a channel of "constant thoughts" creating the stuff for the 'inner-instruments.' This 'bundle of thoughts,' flowing constantly, functions as the mind, intellect, ego, and *chit*. These four factors, comprising the total inner-instrument, are represented by the Eternal Boys of Wisdom, born out of the mind of the Creator, at the very beginning of his creative activity.

Thus, in one and the same stanza, the macrocosmic (Samashti) and the microcosmic (Vyashti) causes of Creation have been indicated. Macrocosmically, the Total-intellect (Mahat), ego (Ahamkara), and the five rudimentary sense objects (tanmatras) supply the causes for the projection of the world and its sustenance, while microcosmically the 'creative-urge' in us gets fulfilled