## Holy Geeta by Swami Chinmayananda

'buds.' It is a fact that in the presence of an 'object' our tendencies revolt against all our higher concepts and ideals, and run amuck to gain their gratification: a new "branch."

DOWNWARD THE ROOTS EXTEND --- If the main root of the Tree-of-Samsara is lost in the Absolute Reality, High above, the "secondary roots" which spring from it are spread all around, and grow even downward, "IN THE WORLD OF MAN, INITIATING ALL ACTIONS." Here, secondary roots are thought-channels (vasanas), which are created in us, and which propel each one of us towards his own typical actions and reactions in the world. They are the very causes that promote man's evil as well as meritorious activities in the world. Just as the main taproot, while spreading its secondary roots, claws the earth through them and gets the plant well-rooted, so

too, these *Samskaras*, actions and their reactions, both good and evil, bind the individuals fast to the earthy plane of likes and dislikes, of profits and losses, of earning and spending.

THE FOLLOWING TWO STANZAS INDICATE HOW WE CAN ANNIHILATE THE TREE AND THEREBY COME TO EXPERIENCE THE PURE SOURCE OF ALL LIFE'S MANIFESTATIONS, THE INFINITE LIFE: