

engaged in works etc. for Me, still, owing to the need of giving up self-identification with the body, it is greater in the case of those who accept the Immutable as the Self and who keep in view the supreme Reality. *Hi*, for; *avyaktā gatih*, the Goal which is the Unmanifest—(the goal) which stands in the form of the Immutable; that is *avāpyate*, attained; *duhkham*, with difficulty; *dehavadbhih*, by the embodied ones, by those who identify themselves with the body. Hence the struggle is greater.

We shall speak later of the conduct of those who meditate on the Unmanifest.

ये तु सर्वाणि कर्माणि मयि संन्यस्य मत्पराः ।
अनन्येनैव योगेन मां ध्यायन्त उपासते ॥६॥

6. As for those who, having dedicated all actions to Me and accepted Me as the supreme, meditate by thinking of Me with single-minded concentration only—

Tu, as for; *ye*, those who; *sannyasya*, having dedicated; *sarvāni*, all; *karmāni*, actions; *mayi*, to Me who am Bhagavān; and *matparāh*, having accepted Me as the supreme; *upāsate*, meditate; *dhyāyantaḥ*, by thinking; *mām*, of Me; *ananyena*, with single-minded; *yogena*, concentration; *eva*, only—. That (Yog) is single-minded which has no other object than the Cosmic Deity, the Self. By thinking exclusively with that single-minded (67) (Yog)—.

What comes to them?

तेषामहं समुद्धर्ता मृत्युसंसारसागरात् ।
भवामि न चिरात्पार्थ मय्यावेशितचेतसाम् ॥७॥

7. O son of Prthā, for them who have their minds absorbed in Me, I become, without delay, the Deliverer from the sea of the world which is fraught with death.

O son of Prthā, *tesām*, for them who are solely devoted to meditating on Me; *āveśita-cetasām mayi*, who have their minds absorbed in, fixed on, merged in, Me who am the Cosmic Person;