Holy Geeta by Swami Chinmayananda

electricity declaring: "I am the one energy that gives the glow in all filaments all over the world."

After indicating the One Spirit behind the entire world-ofmatter, wherever it may be, Krishna declares that, according to Him, a correct knowledge (vitally experienced and lived) of what constitutes in each one of us the perishable, changeable, finite, inert matter, and of the nature of the Infinite, Imperishable and Sentient Spirit --- is the Supreme Knowledge. *Kshetra* is the field-ofmatter which is constituted of the various equipments of perception and the vast fields of the perceived. *Kshetrajna* is the subject that enjoys the activities of the instruments of perception and the world perceived by them. To distinguish the world-of-the-subject from the world-ofthe-objects is the salutary Knowledge, which can redeem us from the confusions and sorrows from which we suffer today as individualised egos.

SINCE A PRECISE KNOWLEDGE OF THE WORLD OF SUBJECT AND OF THE OBJECTS IS UNAVOIDABLE TO A TRUE SEEKER WALKING THE PATH OF KNOWLEDGE, WE WILL HAVE TO MAKE AN EXHAUSTIVE STUDY OF THEM. THEREFORE:

4. What that Field is; of what nature it is; what are its modifications; whence it is; and also who He is; and what His powers are --- these hear from Me in brief.