

21. A Śūdra shall use the earth twice for cleaning purposes. Or he shall cleanse the rectum once and the penis once assiduously.

22. He shall then wash the left hand ten times. He shall then wash each of the feet seven times and both the hands three times once again.

23. Women shall perform these cleansing activities with earth like Śūdras. They shall first wash the hands and feet, then make use of the earth as before.

24. They shall clean the teeth using the tooth brush twig according to their castes.

25-26. The tooth brush twig of a brahmin shall be twelve angulas long. A king (a Kṣatriya) shall take one eleven angulas long and a Vaiśya one ten angulas long. The tooth brush of a Śūdra shall be nine angulas in length. This is in accordance with Smṛtis. What is enjoined by Manu shall be disobeyed only in emergencies.

27. On Ṣaṣṭī (sixth), Navamī (ninth) and new-moon days, on sundays and days of sacred rites and Śrāddhas, cleaning the teeth with tooth-brush twig is prohibited.

28. The daily ablutions shall be performed duly and those in holy centres shall be performed with mantras in accordance with the time and place.

29. Performing the Ācamana first, wearing washed cloth, he shall perform the Sandhyā prayer in a good isolated place.

30. After observing the preliminaries duly he shall enter the chamber of worship keeping the mind steady and begin the rites of worship.

31. Sitting on a good seat and performing Nyāsa etc. in accordance with the prescribed rules of worship, he shall perform the worship of Śiva duly.

32. Gaṇeśa, the attendants at the threshold of the Temple, the guardians of the quarters etc., shall be worshipped and thereafter the pedestal shall be arranged.

33-36. Or he shall make the mystical diagram of the lotus of eight petals and instal Śiva in its middle. He himself shall sit near all the materials of worship around him. He shall perform Ācamana thrice and wash the hands. He shall then perform suppression of breath (Prāṇāyāma) thrice.