

the most familiar ritualism known at the time to Arjuna. Oblations were offered, in *Vedic* ritualism, into the sacred-fire in order to invoke the blessings of the deity. In these examples, we are shown how when some materials are offered into a sacred-fire, not only the oblations get burnt up and consumed by the fire, but also, as a result, a great blessing accrues. Here, it is said that some Masters live on in life constantly offering their senses into the fire-of-self-control, so that the senses, of their own accord get burnt up, contributing a greater freedom and joy in the inner life of the man. It is also a fact, very well experienced by all of us, that the more we try to satisfy the sense-organs the more riotous they become and loot away our inner joy. By self-control alone can the sense-organs be fully controlled and mastered. This is yet another method shown to the seekers by which they can come to experience and live a more intense life of deeper meditation.

If in this method the "Path-of-Sense-control" is indicated, in the second line the "Path-of-Mind-control" is suggested. The mind is sustained and fed by the stimuli that reach it from the outer world. The sense-objects perceived by the organs create and maintain the mind. The mind can never function in a field which cannot be interpreted in terms of the five types of sense-objects. Therefore, to make the mind non-receptive to the perceptions of the Indriyas is a method by which one can gain a better poise in life for purposes of meditation. Such an individual who has controlled the mind completely and withdrawn it totally from the sense-centres is indicated here when the Lord