Holy Geeta by Swami Chinmayananda

detachment by which we can renounce completely the sense of agency, is not available for all of us. We are but aspirants and seekers of this Perfection. The way in which we can train ourselves to renounce the sense of agency will be the problem of all true students of the Geeta who want to LIVE the Geeta rather than talk about its ideas. In this stanza we have a prescription by which every one of us can come to live the life of intelligent detachment in life.

RESIGNING TO BRAHMAN --- Total detachment is impossible for the human mind and that is exactly what spiritual seekers often fail to understand. As long as there is a mind it has to attach itself to something. Therefore, detachment from the false can be successful only when we attach ourselves to the Real. This psychological fact is scientifically enunciated in this stanza, wherein Lord Krishna advises the seeker to surrender all his attachments to Brahman and continue striving on. To remember constantly an ideal, is to become more and more attuned to the perfections of the ideal. In order that we may surrender all our sense of agency in our actions to Brahman, we have to remember this concept of Truth as often as we now remember our limited ego. When the frequency of our thoughts upon the Lord becomes as high as the frequency with which we now remember the egoidea, we shall come to realise the Brahman-ideal as intimately as we now know our own ego.