

(2) Mental fluctuations vary with differences in the outward objects. That is why outward things affect or modify the mind. When the mind comes into contact with an object through the sense-channel, then the mind is affected or changed. Each modification of the mind-stuff is one piece of knowledge. The Chitta comes into contact with objects through six sense-channels. The five external senses and the sixth internal sense, called Manas, are the channels recognised by the science of Yoga. Through the external sense-channels we get only an inchoate elementary sensation, which is only a form of reception. For example, what we get through the ear is only an inchoate sensation, i.e. the cawing (of a crow). Then with the help of the other functions of the mind we