

contemplating. A careful study of these conditions will show us how the devotee grows mentally to stature so divine and high that, thereafter he needs no help from anyone at all. But, in the beginning, a seeker needs some assurances from his teacher in order to instil in him the required self-confidence to start his practices.

THOSE WHO WORSHIP ME, RENOUNCING ALL ACTIONS IN ME --- To renounce all our actions to an INSTITUTION, to an IDEA or to a POWER, is to end our individual limitations and identify ourselves with that for which we renounce. Thus, an ordinary man, as ambassador of his country, becomes a mighty personality in the foreign courts, because he talks, acts, thinks and expresses the will of an entire people. Similarly, when a devotee of the Infinite Lord surrenders himself totally at His feet and acts as a messenger, or as a representative of the Will of the Lord, he becomes, not only divinely 'dynamic,' but in and through his own activities, aware of the presence and grace of the Universal Spirit.

REGARDING ME AS THE SUPREME GOAL --- A dancer never forgets the rhythm of the drum which accompanies her steps. A musician is ever conscious of the background hum. Similarly, a devotee is advised not take up religion as a part-time entertainment, or as a temporary escapism, but to consider the Lord as the Supreme Goal to be achieved in and through life. In short, we are advised that in order to ascend to the Higher summits of cultural perfection, it is necessary that we direct all our contacts,