

In these two innocent looking lines we have the entire Science-of-Right-Action and the complete technique of right living. The ECONOMICS OF THOUGHT is a science unknown to the modern world while the thought economists of yore carved out a *Rishi*-India and guided the country to the golden era of its spiritual culture.

The mind is fed and sustained, nurtured and nourished by the five organs-of-perception, with stimuli drawn from the outer world of sense-objects. The mind in us, as it were, flows out through the sense-organs, and when it comes in contact with their respective objects, the sense-organs perceive them. If the mind is not co-operating with the sense-organs, perception is impossible, even though the objects may be within the field of the organs. That is why sometimes, when we are deeply attentive and fully interested in reading a book, we do not hear even when somebody calls us at our elbow. Examples can be multiplied.

The prescription contained in this stanza asks a seeker to control the sense-organs by the mind. This can be effectively achieved only when the mind is given a brighter and diviner field to roam about in. To control the impetuosity of the mind with sheer will is like an attempt to dam a river while it is in flood. It is destined to be a futile attempt. Later on the Geeta will explain the technique of this control.