

We must analyse and discover the type of *vasanas* and temperaments that predominate in each one of us and determine what types of men we are. None belonging to the higher groups has any justification to look down with contempt upon others who are of the lower types. Each one serves the society as best as he can. Each one must work in a spirit of dedication for his own evolution and sense of fulfilment. When each one works thus according to his *vasanas* and fully devotes his attention to his prescribed duties, it is said here that he will develop within himself and attain, in stages, the ultimate Perfection.

When a person works devotedly, in the proper field and in the environment best suited to him, he will be exhausting the existing *vasanas* in him. And when the *vasanas* are reduced he will experience tranquillity and peace within and it will become possible for him to discover more and more concentration and single-pointed contemplation.

WITH THESE FACULTIES IN HIM MAN CAN  
ULTIMATELY REACH THE STATE OF PERFECTION ---  
THE LIFE IN THE SELF --- HOW?

*45. Devoted, each to his own duty, man attains Perfection. How, engaged in his own duty, he attains Perfection, listen.*