Holy Geeta by Swami Chinmayananda

WHICH IS THE KNOWABLE." This is to be "known" by a mind that has been prepared for it through the disciplines advocated in the earlier section.

IF THERE BE THUS AN ALL-PERVADING TRUTH, EVER PRESENT IN US, AND IF WE CANNOT PERCEIVE OR EXPERIENCE THIS SELF, IT MUST BE SURELY A PRINCIPLE OF DARKNESS. THIS IS NOT SO. LISTEN:

18. That (BRAHMAN), the Light-of-all lights, is said to be beyond darkness; (It is) Knowledge, the Object-of-Knowledge, seated in the hearts of all, to be reached by Knowledge.

Brahman, the illuminator in all, is the One Consciousness by which everything is known intellectually, realised intuitively, and experienced spiritually. Since the Consciousness in us brings our various experiences within our understanding and knowledge, it is generally compared with light. To see an object, it is not only sufficient that the object is in line with a healthy pair of eyes, but the object must also be bathed in light. Taking this experience in the outer world of cognition as an illustrative analogy, within us too we must have some "Light" to illumine, since we can see and have the knowledge of the different types of emotions and thoughts that arise and exist in our bosom. This Light-of-Wisdom, by which we become aware of our own mental