

When Brahma the Creator goes to sleep it is the end of a *kalpa*, extending into a thousand *jugās*. It works into an incalculable crores of years of the human standard. Then the entire manifestation goes into the unmanifest state and remains dormant for an equally long period which is Brahma's night. When he wakes up again, the universe with the multitudinous beings comes into manifestation. This is an eternal process.

प्रकृतिं स्वामवष्टभ्य विसृजामि पुनः पुनः ।

भूतग्राममिमं कृत्स्नमवशं प्रकृतेर्वशात् ॥ ८

प्र-कृ-तिम् स्वाम् अवष्टभ्य वि-सृ-जामि पुन पुनः ।

भूत ग्रामम् इमम् कृत्स्नम् अव-शम् प्र-कृते वशात् ॥

*prakṛtiṁ svām avastabhya visrjāmi punah-punah* ।  
*bhūta grāmam imam kṛtsnam avasam prakṛter vasāt* ॥

प्रकृतिम् *prakṛtiṁ* Prakriti स्वाम् *svām* my own अवष्टभ्य *avastabhya* having animated विसृजामि *visrjāmi* I send forth पुन *punah* again पुन *punah* again भूतग्रामम् *bhūta grāmam* multitude of beings इमम् *imam* this कृत्स्नम् *kṛtsnam* all अवशम् *avasam* helpless प्रकृतेः *prakṛteḥ* of Prakriti वशात् *vasāt* by force

Animating My Prakriti, I send forth again and again all this multitude of beings helpless under the regime of Prakriti. 8

The act of animating the *Prakṛiti* takes place on a miniature scale at all levels of our existence. Waking up in the morning all beings writhe, wriggle and twist their limbs in order to animate them. We animate the field by ploughing it. The beast is animated with a whip. The pupil is animated with