

theme has not yet been declared, but, for the purposes of elucidation and correct appreciation, repetition is unavoidable.

The theme of this chapter declared here is, "THAT SUPREME KNOWLEDGE WHICH IS BETTER THAN ALL OTHER KNOWLEDGES." This should not be taken too literally. The subject-matter of the chapter deals with the behaviour of man and the different influences that play on his subtle body in life. This cannot be the Supreme theme in philosophy. But it is declared here as the "highest Knowledge," inasmuch as, without a correct understanding of this theme, and without self-detection and timely self-correction of the mental mechanism, it will be impossible for a seeker to walk safely the path divine.

HAVING KNOWN WHICH, ALL THE *MUNIS* HAVE ATTAINED TO THE HIGHEST PERFECTION --- A precise knowledge of the *gunas*, it is claimed here, will make the pilgrimage easier for all seekers. A true and exhaustive knowledge of the 'path,' the possible dangers en-route, the difficulties that might arise --- these should pre-warn a pilgrim and he can undertake his journey well equipped to meet all these possible dangers. An understanding of the possible mischiefs of the mind is a healthy warning to a diligent student of spirituality, so that he can easily avoid the usual dangers, and meet his subjective problems efficiently whenever they arise in him.