A man goes to his office every day seeing on the road many people, but not taking note of them. Like mere phantoms they appear and disappear. An attractive figure one day left a faint impression in his mind. On the following day the same figure drew a little more of his attention. Subsequent sights of that lovely figure made him cogitate; it was a pretty young woman that took possession of his mind. He developed attachment to, and picked up acquaintance with her, which steadily grew into friendship. Then came in him the desire to make the charming woman his own. Rivalry now ensued between him and another young man courting her. Competition between the two changed into bitter anger.

What else is anger if it is not an obstructed desire? From the sort of anger provoked in one, the nature of the desire lurking in one can easily be detected. Anger is temporary insanity. When the mind is occasionally upset it is anger, when permanently, it is lunacy. In effect both are the same; delusion ensues in either case.

In the woodlands the trees, creepers and plants are all easily discernible. But when there is a dust laden tempest the trees are tossed so much that one cannot be distinguished from another. It is a mass of confusion. Akin to this is the state of mind given to anger. It gets deluded first; next comes the loss of memory of things good and bad. A violence is resorted to indiscriminately, paving the way for self-destruction.