

Fluctuations in nature such as heat and cold, praise and censure do not affect him any more than the ravings of the delirious patient affect the operating surgeon. Indifferent to everything else, the yogi is in constant communion with the Supreme Self. This is the *Sreyas* sought after by the wise.

The mind that delights in its communion with God detaches itself easily from sense-pleasure. This is how the devotees get themselves emancipated. Contrary to this, the mind that delights in the mundane gets entangled

— Sri Ramakrishna

The constancy of the yogi is further expatiated on :—

ज्ञानविज्ञानतृप्तात्मा कूटस्थो विजितेन्द्रियः ।

युक्त इत्युच्यते योगी समलोष्टाश्मकाञ्चनः ॥ ८

ज्ञान-वि-ज्ञान तृप्-त-आत्मा कूट-स्थ वि-जि-त-इन्द्रियः ।

युज-त इति उच्-य-ने योगी सम-लोष्ट-अश्म-काञ्चनः ॥

*jñāna vijñāna trptātmā kūṭastho vijitendriyaḥ ।*

*yukta ity ucyate yogt sama loṣṭāśma kāñcanaḥ ॥*

ज्ञानविज्ञानतृप्तात्मा *jñāna vijñāna trptātmā* one who is satisfied with knowledge and wisdom (self-realization) कूटस्थ *kūṭasthaḥ* unshaken विजितेन्द्रियः *vijitendriyaḥ* who has conquered the senses युक्त *yuktaḥ* united or harmonized इति *iti* thus उच्यते *ucyate* is said योगी *yogt yogi* समलोष्टाश्मकाञ्चन *sama loṣṭāśma kāñcanaḥ* one to whom a lump of earth, a stone and gold are the same

That yogi is steadfast who is satisfied with knowledge and wisdom, who remains unshaken, who has conquered the senses, to whom a clod, a stone and a piece of gold are the same.