

maddening greed and oppressive restlessness. When such an individual works in society, his sorrows do not rest with himself --- they spread, like contagion, to many thousands around him.

SIMILARLY, WHEN 'TAMAS' PRE-DOMINATES, WHAT EXACTLY ARE THE SYMPTOMS? LISTEN:

*13. Darkness, inertness, heedlessness and delusion --- these arise when 'TAMAS' is predominant, O descendant-of-Kuru.*

DULLNESS, INERTNESS, HEEDLESSNESS AND DELUSION --- When these symptoms are recognised by an individual in himself, according to the Geeta, the seeker can take it that he is suffering from *Tamas*. Dullness (*Aprakashah*) is that condition of the intellect where it is incapable of arriving at any decision, a state when a sort of drowsiness veils the potentialities of one's intelligence and makes it impossible for one to discriminate between the right and the wrong. This condition is experienced everyday by every one of us, as sleep conquers our nature at night.

INACTION (*Apravritti*), IDLENESS --- The tendency to escape all responsibilities, the sense of incapacity to undertake any endeavour and the lack of enthusiasm to strive for and achieve anything in the world --- is the state of inaction explained herein. When *Tamas* predominates, all ambitions are sapped. Energy is dormant; capacity is