Holy Geeta by Swami Chinmayananda

those who have developed this essential faculty in themselves.

FREE FROM MALICE (*Anasooyah*) --- They alone who are free from malice against the teachings of the Geeta can undertake, with a healthy attitude of mind, a deeper and detailed study of it. No doubt, Hinduism never asks any student to read and study a philosophy with an implicit and ready faith. But the human mind, as it is, will grow dull and unresponsive when it has idle prejudices against the very theme of its study.

The intellect can receive the ideals preached in the Geeta only through the sense-organs, and these ideas must reach the intellect, filtered through the mind. If the mind contains any malice towards the very philosophy or the philosopher, the arguments and the goal indicated therein can never appeal to the student's intellect. No doubt, the student should bring in his own constructive criticism of an independent judgement upon what he studies, but he must be reasonably available to listen patiently to what the scripture has to say. In short, a student of religion must learn to keep an open mind and not condemn the philosophy before understanding what it has to say.

Such an individual who has attentively listened to the Geeta, who has intellectually absorbed, and assimilated the knowledge, "he too," says the Lord, "gets liberated" from the present state of confusions and sorrows,