Holy Geeta by Swami Chinmayananda

WITHOUT EGO --- Our ego-centric concept of ourselves is nothing but "a bundle of happenings and achievements of ours which took place, or were gained, in the past moments." Ego is therefore "the shadow of the past," and it has an existent reality only with reference to THE DEAD MOMENTS OF THE PAST.

If hope is thus the child of the unborn future, ego is the lingering memory of a dead past. To revel in ego and hope is an attempt on our part to live, either with the dead moments of the past, or with the unborn moments of the future. All the while, the tragedy is that we miss the 'present,' the active dynamic 'present,' which is the only noble chance that is given to us to create, to advance, to achieve, and to enjoy. Krishna advises Arjuna, therefore, to act renouncing both hope and ego; and this is indeed a primary instruction on how to pour the best that is in us into the 'present,' blockading all unintelligent and thoughtless dissipation of our inner-personality-energies, in the 'past' and the 'future.'

The instruction is so exhaustive in vision, and complete in its minutest details, that the stanza under review should be a surprise even to the best of our modern psychologists. Even though the technique so far advised can, and does, avoid all wastage of energy among the funeral pyres of the dead moments and in the wombs of unborn Time, yet, there is a chance for the man of action wasting his potentialities in the very 'present.' This generally comes through our inborn nature to get