

bhūteṣu to beings अलोलुप्त्वम् *aloluptvaṁ* uncovetousness
 मार्दवम् *mārdavaṁ* gentleness ह्रीः *hrīḥ* modesty अचापलम्
acāpalaṁ absence of fickleness

Non-injury, truth, absence of anger, renunciation, serenity, absence of calumny, compassion to beings, uncovetousness, gentleness, modesty, absence of fickleness. 2

All lives at all levels are the manifestations of the one Cosmic Life – the Lord. Recognizing sacredness in them and not choosing to hurt them for sport, is non-injury — *ahimsa*.

God is truth and the phenomenon a mere appearance. Directing one's mind, speech and action to postulating and glorifying God is truth. Whatever is done, said or countenanced to esteem earthly life is the negation of truth or *satyam*.

Anger makes its appearance in one when one feels that others do not come up to one's expectations. In other words, when one's desires are obstructed, one rises in anger. But when one remains unaffected by the behaviour of others, one does not fall a victim to anger – this is *akrodhaḥ*.

All things sentient and insentient belong to Iswara and not to man. To be fixed in this fundamental is renunciation – *tyāgaḥ*.

Every time mind gets disturbed it loses its stamina. But as it gains in poise and equilibrium it is progressing towards serenity – *sānti*.

Calumny is disrespect for others and misrepresenting them on flimsy or false grounds; it is born of