## Holy Geeta by Swami Chinmayananda

Man can worship the myriad forms through service undertaken in a spirit of worship and divine dedication. By doing so, the body-attachments and sense-appetites get purged from his inner make-up and his mind ecomes

subtle enough to conceive and contemplate upon the Formless and the Imperishable Unmanifest.

EVEN THOUGH, LATER ON, WE SHALL MEET WITHIN THIS CHAPTER, THE WAY OF LIFE PRESCRIBED FOR MEN CONTEMPLATING UPON THE 'MANIFEST, ' HEREUNDER WE SHALL FIND THE DISCIPLINES IN LIFE FOR A STUDENT WHO IS TRYING TO STEADY THE MIND THROUGH HIS DEVOTION FOR THE 'MANIFEST-LORD':

- 6. But those who worship Me, renouncing all actions in Me, regarding Me as the Supreme Goal, meditating on Me with single-minded devotion (YOGA)...
- 7. For them, whose minds are set on Me, verily I become, erelong, O Partha, the Saviour, (to save them) out of the ocean of finite experiences; the SAMSARA.

Here Krishna prescribes certain definite conditions to be faithfully followed by all meditators upon the Form-ofthe-Lord, and concludes that those who are following His instructions fully, will be saved from their mortal limitations, by the Lord Himself, on whose Form they are