a worker, who works only for "higher wages, with less hours of work, and with maximum inefficiency" is a criminal who deserves to be punished, in any society. It is this modern attitude, which we see reflected in Krishna's condemnation of all those who work in the world "merely for-the-fruit" --- meaning pay or wages.

The "fruit-of-an-action" is the action of the *present*-moment maturing itself in a future-period of time. Today, if I plough and sow the seeds, the profit in my harvest will come only after a couple of months. And supposing a farmer broods over the amount of profit that he is to get out of the cultivation and thus wastes his time and energy in dreaming over the possibilities of a success or a failure of the crops, he will surely be an utter failure. Even though this fact is very well known, the majority of us waste our PRESENT chances, opportunities and time in brooding over the FUTURE. All our energies get wasted in our anxieties and fears of a horrid future which has not yet come --- and which may not at all materialise! Krishna urges us here only to curb these wasteful imaginations and to live vitally, sincerely, fully and dynamically in the PRESENT, shutting off all negative imaginations regarding the FUTURE. Even this act can integrate our personality and make it single-pointed and strong.

The above three verses give us three alternatives which are in fact only three different types of mental medicines to cure the mind of its various distractions. All of us are, to a certain extent, extrovert. We differ from each other only