

have come out of it, so is Brahman the Support of the universe that has come out of It.

*Acintyarūpa* is what is Incomprehensible to the unrefined mind. It can be grasped only to the extent the mind gets purified.

*ādityavarna* is the Effulgence of the sun which is ever the same. The sun never rises nor sets though it seems so to us, in relation with the revolving earth. Paramatman undergoes no modification even as the sun does not.

*Tamasah parastāt* is the state of the Paramatman being supremely Above the darkness of ignorance exactly as the sun is not affected by a patch of cloud seeming to hide it. The Effulgence of Iswara is ever itself, untouched by the modifications of *Prakriti*.

*Acala-manas, bhakti, yoga-balam* — these three divine gifts are interrelated. That mind which does not waver for any reason whatsoever, but is ever steady in its godly pursuit is endowed with the first gift. As it grows in purity, devotion which is the second gift spontaneously manifests itself in the *sadhaka*. The practice of yoga being a part and parcel of his life, he steadily rises in spiritual stature. The physical, mental and moral strength accruing from it stands him in good stead. He evolves into a sterling personality.

A man endowed with spiritual strength is fully equipped for the battle of life. Knotty problems of