

Srimad-Bhagavad-Gita.

॥ षोडशोऽध्यायः ॥

SIXTEENTH CHAPTER.

श्रीभगवानुवाच ॥

अभयं सत्त्वसंशुद्धिर्ज्ञानयोगव्यवस्थितिः ॥

दानं दमश्च यज्ञश्च स्वाध्यायस्तप आर्जवम् ॥१॥

XVI. 1.

श्रीभगवान् The Blessed Lord उवाच said :

अभयं Fearlessness सत्त्वसंशुद्धिः purity of heart
ज्ञानयोगव्यवस्थितिः steadfastness in knowledge and
Yoga दानम् giving away as charity दमः control of
the senses यज्ञः Yajna स्वाध्यायः reading of the
Shâstras तपः austerity आर्जः uprightness ;

The Blessed Lord said :

Fearlessness, purity of heart, steadfastness
in knowledge and Yoga, giving away as
charity, control of the senses, Yajna, reading
of the Shâstras, austerity, uprightness ;

[*Yoga*—consists in making what has been learnt
from the Shâstras and the Achârya, an object of
one's own direct perception, by concentration and
self-control.]

अहिंसा सत्यमक्रोधस्त्यागः शान्तिरपैशुनम् ॥

दया भूतेष्वलोलुप्त्वं मार्दवं ह्रीरचापलम् ॥२॥