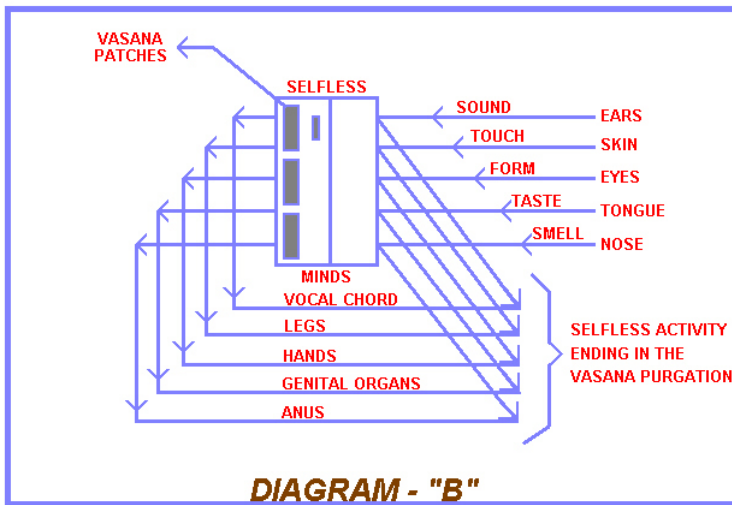


used in the Geeta to indicate this practical implication of Yoga is self-explanatory--Buddhi Yoga.



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this happy marriage between the subjective and the objective aspects of the mind has taken place, thereafter that equanimous Yogin becomes skilled in action("Yoga Karmasu Kousalam"-- "Dexterity in actions of Yoga"-- II,50), and he, with his objective-mind,' reacts intelligently and faithfully to the external stimuli; his actions become, as it were, a purgation of the already existing Vasanas in his 'subjective-mind.' Thus, through intelligent action, an individual can exhaust his existing impressions and ultimately redeem his 'subjective-mind' from the granulations and make it more clear and crystalline.