

anything is itself an action, and the physiological and psychological actions continue upto the grave. Anything that has a body, even a unicellular organism, can never hope to abandon ALL activities. Actions are the insignia of life. It is the fragrance in the flower-of-existence. Where there is no action, there life has ended; there existence has withered away --- the substance has dried up... stinking death has come.

Since all of us are embodied, and therefore, cannot abandon all activities as long as we live, the only choice left to us is to direct and discipline all our actions in such a way as to bring a harmony into our inner life and a dynamic rhythm into our outer duties.

If *Tyaga* of the *Sattwic* type is not possible for all of us due to our attachments to the world of matter, certainly we can practise the 'abandonment' of at least our clinging attachments and anxieties for the fruits of our actions. Action cannot be completely abandoned by one who is conditioned by the gross, subtle and causal bodies. Such an individual --- and most of us at this stage of our evolution fall under this category --- is advised by Krishna to abandon his anxiety to enjoy the fruits of his actions which are yet to come in a future period of time and act diligently, entirely, and enthusiastically in the present. A man who thus abandons the thirst to enjoy the fruits of his action is called a *tyagi*.