birth. Facilities for the fulfilment of those sinless desires are in abundance in the new setting. No sooner are the guiltless pleasures gone through than this aspirant takes to the practice of yoga. But that yogi who is born in the family of wise yogis has a better start. The favourable environment draws out the latent yoga elements in him. He feels as though he were going through the old lessons again. His inborn tendency ministered by the helpful surroundings, leads him on rapidly towards the ideal.

Swami Vivekananda and his guru Sri Ramakrishna Paramahamsa were perfect yogis born solely for the salvation of mankind. It is very striking to note that the former was born in the house of the pure and prosperous and the latter in a family of a wise yogi.

## पूर्वाभ्यासेन तेनैव हियते द्यवशोऽपि स: । जिज्ञासुरपि योगस्य शन्दन्नह्यातिवर्तते ॥ ४४

पूर्व-अभि-आसेन तेन एव हि-यते हि अ-वशः अपि सः। जि-झाष्डः अपि योगस्य शच्द-ब्रह्म अति-वर्तते ॥

pūrvābhyāsena tenai 'va hriyate hy avaso 'pi sah i jijāāsur api yogasya sabdabrahmā 'tivartate ii

पूर्वाभ्यासेन pūrvābhyāsena former practice तेन tena by that एव eva verily हिचते hriyate is borne हि hi indeed अवशः avasah helpless अपि api even सः sah he जिज्ञासुः गोगितिडाको he who wishes to know yoga अपि api even चीगस्य yogasya of yoga शब्दमस्य sabda brahma word-Brahman अतिवर्तते ativartate goes beyond

By that very former practice he is led on in spite of himself. Even he who merely wishes to know of yoga rises superior to the performer of Vedic rites. 44