

be freed कर्मबन्धनैः *karma bandhanaiḥ* from the bonds of actions संन्यासयोगयुक्तात्मा *saṁnyāsa yoga yuktātmā* with the mind steadfast in the yoga of renunciation विमुक्तः *vimuktaḥ* liberated माम् *mām* to me उपैष्यसि *upaiṣyasi* (thou) shalt come

Thus shall you be free from the bondage of actions yielding good and bad results. With the mind firmly set in the yoga of renunciation and liberated, you shall come to Me. 28

The good and bad results of karma contribute for the continuity of the cycle of births. But when they are all offered to the Lord, they become as ineffective as the burnt up seeds, unable to sprout any further. The yogi is in this way freed from bondage.

The conflict between engaging oneself in action and emerging from it gets reconciled in *sanyāsa yoga*. All selfishness is renounced; that way it is *sanyāsa*. Work is vigorously done for the sake of the Lord; that way it is yoga. Such a yogi is a *Jīvan-mukta* while yet in body; he becomes a *videha mukta* when he drops his body.

What should you do when you are in this world? You should dedicate your everything to Iswara. You take refuge in Him. Then you will have no misery whatsoever. You will forthwith get to the Lord.

— Sri Ramakrishna

The way of the world is to commingle with those drawn together and to be indifferent to the others. Is not Iswara also behaving like the worldly? His real position is herein explained :—