

RESIGNING MENTALLY ALL DEEDS TO ME --- Both the ego and the ego-centric anxieties for enjoying are to be renounced at the altar of the Lord, and thus to act in the world is the 'path,' through which a man of action reaches the greater cultural climes. This idea of surrender has been discussed earlier, very exhaustively. This spirit of surrender can come only when the student has infinite courage to maintain a steady aspiration for "HAVING ME AS THE HIGHEST GOAL." The mind needs a positive hold upon something, before it can be persuaded to leave its present props.

RESORTING TO *BUDDHI YOGA* --- The intellect's main function is discrimination. To discriminate the false from the true, and to fix ourselves on the path of seeking the true, is called *Buddhi yoga*. Controlling life and regulating its movements through discrimination is *Karma Yoga*. And thus the term '*Buddhi yoga*' is an original coined-word, met with only in the Geeta, to indicate in essence the "Path-of-Selfless-Action." It has been used in the very early portions of the Geeta and there it has been very exhaustively explained.

PLEASE EVER FIX YOUR MIND UPON ME --- One who has fixed Krishna - *Tattwa* as the goal of his life, one who surrenders himself mentally at all times at this altar, and serves all His creatures, one who ever discriminates and avoids all undivine thoughts and ego-centric self-assertions --- such a one alone can naturally come to fix his thoughts constantly upon the Lord.