Holy Geeta by Swami Chinmayananda

indulgence, spends his time seeking gratification from the world-of-objects, his mind becomes ever unsteady. The mind of an indulgent sensualist soon learns to empty its powers of concentration and exhausts itself in its own hallucinations, fancies and imaginations.

ENTANGLED IN THE SNARE OF DELUSION --- If the individual's mind, as a result of its false philosophy, gets dissipated in sapless dreams, his intellect also is in a sad condition. His power of judgement and discrimination is caught up in a web of delusions and false values. His intellect, cut off from its permanent moorings, has thereafter no platform of its own to spring from and come to a correct judgement and evaluation of life. It fails to recognise the permanent harmony of life, but recognises only its own ego-centric vanities. Life looked at through such a disturbing equipment naturally gives a distorted view.

ADDICTED TO GRATIFICATION OF LUST --- When an individual's intellect is clouded, his mind gets agitated, and his sense-organs, which are the vehicles through which the mind-intellect has to express itself, certainly behave erratically. When a driver is drunk, the car cannot move properly. Naturally, therefore, such an individual becomes a victim of lust and sense-gratifications.

THEY FALL INTO A FOUL HELL --- We need not be great philosophers to understand that such an individual, tired physically, confused mentally, and upset