Holy Geeta by Swami Chinmayananda

PURITY OF HEART --- No amount of external discipline can supply the student the positive dynamism that is the very core in all moral living. The Geeta preaches a dynamic religion, militant both in theory and practice. The Divine Charioteer is not satisfied by a tame generation of passive goodness. He wants the members of the perfect Hindu society not only to live among themselves the highest values of life, but also to burst forth with the positive glow of righteousness and bathe the entire generation of men in the light of truth and virtue --- virtue that implies honesty of intentions and purity of motives.

STEADFASTNESS IN THE YOGA-OF-KNOWLEDGE ---This ethical purity at the level of the heart cannot be brought about when the human mind is turned outward to the flesh. Only when the mind is constantly in unison with the Infinite Song of the Soul, can it discover in itself the necessary courage to renounce its low appetites, clinging attachments and the consequent foul motives GURGLING from within itself. Devotion of Knowledge (Jnana-Yoga) is thus the positive way to persuade the mind to leave all its low temptations. When a child is playing with a delicate glass curio, to save the precious object, the parents generally offer it a piece of chocolate, and the little child, anxious to get at the chocolate, drops the precious thing down. Similarly, a mind that is awakened to the serener joys of the Self will, naturally, never hang on to sensuous objects and their fleeting joys.