WITH THE UTTERANCE OF THE "TAT" ALONE, THE ACTS OF SACRIFICE, PENANCE AND GIFT ARE UNDERTAKEN BY THE SEEKERS OF FREEDOM. WITHOUT EXPECTATION OF ANY REWARD. 'Tat' indicates, as we have already explained, the "Universal Truth" and it declares "the oneness of all living creatures." To remember the larger interests of the family is to forget our own self-interest; to work for the community is to obliterate our own family-interests; to work for the national redemption is to overlook the limited community benefits; and to work for the world and humanity is to sink our national interests. Thus, to work in the field of yajna or tapas or daana with a mind that is tuned up to Tat, "the universal oneness of the Spiritual Truth," is to work with no ego, and consequently, redeem ourselves from the thraldom of the flesh, from all the limitations of Matter.

WHAT IS THE SIGNIFICANCE OF REPEATING 'SAT'? WHAT ARE ITS IMPLICATIONS?

26. The word "SAT" is used in the sense of Reality and of Goodness; and also, O Partha, the word "SAT" is used in the sense of an auspicious act.

Sat is used to mean both REALITY and GOODNESS. It is also used for all praise-worthy actions. In our everyday contact with the world, we live in a realm of RELATIVE REALITY and a seeker is apt to take the world perceived, felt and thought of --- through the play of his body, mind