

By thus setting one's hands and feet to work in the field-of-objects with one's mind and intellect held constantly conscious of the Divine Presence, one can attain "THROUGH THE PERFORMANCE OF ONE'S OWN DUTIES THE HIGHEST PERFECTION." Work results in self-fulfilment, apart from its legitimate "fruits." The inner personality gets integrated, and such an integrated person grows in his meditation and evolves quickly.

"AND YET, WHY SHOULD I NOT GO AND MEDITATE?" SEEMS TO BE THE HONEST DOUBT IN ARJUNA'S MIND. KRISHNA ANSWERS:

*47. Better is one's own duty (though) destitute of merits, than the duty of another well-performed. He who does the duty ordained by his own nature incurs no sin.*

The opening line of this stanza has been exhaustively discussed earlier (III-35). To work in any field ordered by one's own *vasanas* is better, because in that case, there is a chance for exhausting the existing *vasanas*. When an individual strives in a field contrary to the existing *vasanas*, he not only fails to gain any exhaustion of the existing *vasanas*, but also creates a new load of *vasanas* in his temperament. Hence, it is said here: "BETTER IS ONE'S OWN DHARMA THOUGH IMPERFECT THAN THE DHARMA OF ANOTHER WELL-PERFORMED."