Holy Geeta by Swami Chinmayananda

are being coloured by our present experiences. Therefore, the type of thoughts entertained during our life-time should determine the type of thoughts we will entertain soon after our departure from this physical structure.

If the embodied one leaves the present physical structure --- and therefore, his present environments and relationship --- he should continue his thought-life. The direction in which it will make its flight is determined by the type of training it had acquired during its sojourn in its embodied state here.

If *Sattwa* predominates, then, HE ATTAINS TO THE SPOTLESS REGIONS OF THE "KNOWERS OF THE HIGHEST" --- It is a concept in our Scriptures (*Agamas*) that the highest realm of abundant joy, unaffected by any excessive *Rajas* or *Tamas*, is the realm of the Creator, *Brahmaloka* --- supremely happy and extremely creative.

WHILE IN 'RAJAS,' IF ONE DEPARTS:

15. Meeting death in RAJAS, he is born among those attached to action; and dying in TAMAS, he is born in the womb of the senseless.

MEETING DEATH IN *RAJAS*, HE IS BORN AMONG THOSE ATTACHED TO ACTION --- If, at the time it leaves the body, the mind is under the influence of *Rajas*, it takes, according to its tendencies and desires, to fulfil