Holy Geeta by Swami Chinmayananda

the world, good, bad or indifferent, he is unconcerned, since he knows that it is the play of the mind and intellect. In a cinema hall, the tragedies and comedies on the screen need not affect us, since we know that it is a show put up for our entertainment. This does not mean that the Seer is totally unconcerned with the happenings of the world. Vyasa is very careful in his choice of expression. He says that the Man-of-Perfection looks "LIKE ONE UNCONCERNED." That is to say, he is not in the least agitated; nor does he become hysterical by anything that is happening around him in life.

WHO, KNOWING THAT THE 'GUNAS' OPERATE --- He understands that the changes in his own inward personality are all nothing but the kaleidoscopic changes of the *gunas* and that the world outside changes according to one's mental conditions. A man of True Wisdom lives, ever fully aware of the technique behind the changes in himself and in the world around him.

IS SELF-CENTERED AND SWERVES NOT --- In order to watch the play of the three *gunas* in himself, he should be an observer from beyond the *gunas*. Thus, established in his Pure Spiritual Nature, he is able to observe detachedly and enjoy the play of the *gunas* in himself and in the world around him. An observer of a street fight, looking down from his balcony, is not affected by what he observes; so too, the Man-of-Wisdom, awakened to the Spiritual Consciousness, swerves not from his consummate equilibrium, when he witnesses the play of the *gunas* in