Holy Geeta by Swami Chinmayananda

The mind, generally functioning as an efficient "receiving-and-despastching-clerk," receives the information of the perceptions conveyed to it by the sense-organs, and after arranging these perceptions in order, conveys them to the intellect for its judgement. The intellect, with reference to its own stored-up memories of similar experiences in the past, comes to final decisions which are conveyed to the mind for execution; and the mind in its turn issues the necessary orders for the organs-of-action to act upon. All these are happening at every moment, all through our waking-state, in our intelligent existence in the midst of the objects of the world.

Where these equipments are not functioning cooperatively, with perfect team spirit, the personality of the individual is shattered and he becomes inefficient in meeting life as a victorious mortal. The rehabilitation of that individual is the re-adjustment and re-education of his inner world and where his personality is once again tuned up and adjusted, he comes to exhibit better efficiency in life.

Poor Arjuna, victimised not so much by the external world as by his own mental condition, is seen here as being incapable of judging whether he should conquer his enemy or, by an ignoble retreat, allow them to conquer him. In this stanza, Vyasa is indicating to us that the hysteria in Arjuna was not only mental, but also at the level of the intellect.