

Where there is a mind, there actions also must be performed. These actions are therefore GENERATED by the mind, STRENGTHENED in the mind and ultimately PERFORMED with the mind. But the individual, due to his wrong identification with his own mind, gets the false notion that he himself is the "actor" --- the "doer." This action-arrogating-ego naturally starts feeling an anxiety for its success and a burning attachment for the result of its actions.

In a dream, we create a world of our own and we identify ourselves with the world so made, and this IDENTIFIER is called the 'dreamer.' We all know that the sorrows of the dream all belong to the 'dreamer' and to no one else. The 'dreamer' is liberated from his pains when he ends his identification with the dream kingdom. Similarly, the actions in the world outside, which are nothing other than the *vasanas* existing in one's own mind, cannot of themselves give one any attachment, but the attachment is felt by one who gets identified with one's own mental conditions. The moment one understands this simple fact, all one's attachments end, and therefore, one lives in perfect peace.

This identification with the mental condition creates the false sense of ego which arrogates to itself the idea: "I am the doer." The "doer" demands the FRUITS OF HIS ACTION. To get over this attachment is to end this misconception.