

thereby the means for the gaining of wisdom and for the attainment of Godhood.

The common notion of man is that the worship of the Lord is one thing and that the discharge of one's worldly duty is another thing. Such a man betrays his ignorance of the worship of the Almighty. It is evident that every physical exertion is an aid to the build of the body. A bodily exertion can serve simultaneously both for the build of the body and for the earning of one's livelihood. The same endeavour can next be made to serve three purposes by holding it as an act of the worship of God. The Mahabharata has it that a butcher treated his profession as an outlet for self-expression, for his livelihood, for his service to society and for his adoration of the Lord. Through the discharge of his duty that man matured fully in wisdom. His teachings to an ascetic form a scripture known as the Vyadha Gita—the Butcher's Gita. The idea of eking out an earthly existence is a wretched one, unbecoming a man. This negative attitude should be elevated to the positive one of adoring the Lord with the life that one lives; and that life should be worthy of the Maker. Whatever duty falls to the lot of one is sacred in itself and it should be directed to the glory of the Lord. This attitude would pull him up Godward. He is a yogi who converts his earthly life into the worship of the Lord.

A coconut contains the fibrous sheath outside, the shell inside and the kernel within. The sheath