## Holy Geeta by Swami Chinmayananda

In the previous two or three stanzas, we are told by Krishna, "REMEMBER ME CONSTANTLY." What does this mean? How should we remember? Does it mean meditating upon the Lord? What should be our relationship with Him? Are we to remember Him as a historical event, or remember Him as intimately connected with us as a 'Presence' expressing Itself at all times in and through us?

ALL THESE QUESTIONS ARE APT TO RISE UP IN THE MIND OF ANY SERIOUS STUDENT. THEY ARE ANSWERED IN THE FOLLOWING:

61. The Lord dwells in the hearts of all beings, O Arjuna, causing all beings, by His illusive power, to revolve, as if mounted on a machine.

The advice given by the Lord is clear and beyond all shades of doubt. "Remember the Lord," says the *Geetaacharaya*, "as the One who organises, controls and directs all things in the world and without Whose command nothing ever happens. In His 'presence' alone everything can happen --- therefore remember Him as *Ishwara*." The steam functioning in the cylinder of the engine is the "Lord" of the engine, and without it the piston can never move. It is the steam which provides the locomotion and renders the train dynamic.