

tain their purity by their constant contribution in the form of *Yajna*, *dāna* and *tapas*. These benign activities are as natural with them as subsisting is with lesser beings. These sacred acts emanating from the holy ones have a purifying effect on givers and those who receive alike. And these are the means to maintain the sanctity of the world. This is the Law that governs life at the spiritual level. Therefore, the Lord says that this is His certain and best belief.

Those who want to make progress in spirituality and those who want to realize *Īswara* have to protect themselves first from base desires. Attainment of perfection is impossible without purity of mind.

— SRI RAMAKRISHNA

Tamasika and Rajasika Tyagas are Purposeless — 7 8

नियतस्य तु संन्यासः कर्मणो नोपपद्यते ।

मोहात्तस्य परित्यागस्तामसः परिकीर्तितः ॥ ७

नि यतस्य तु सम् नि आस कर्मण न उप-पद्यते ।

मोहात् तस्य परि-त्याग तामस परि-कीर्तित ॥

niyatasya tu samnyāsaḥ karmano no 'papadyate ।

mohāt tasya parityāgas tamasah parikīrtitaḥ ॥

नियतस्य *niyatasya* obligatory तु *tu* verily संन्यास *samnyāsaḥ* renunciation कर्मण *karmanah* of action न *na* not उपपद्यते *upapadyate* is proper मोहात् *mohāt* from delusion तस्य *tasya* of the same परित्याग *parityāgah* abandonment तामस *tāmasah* Tamasika परिकीर्तित *parikīrtitaḥ* is declared

Verily, the abandonment of any obligatory duty is not proper, such abandonment out of ignorance is declared to be Tamasika.