

General introduction

To

Bhagawad Geeta

IF THE Upanishads are the text-books of philosophical principles discussing man, world and God, the Geeta is a hand-book of instructions as to how every human being can come to live the subtle philosophical principles of Vedanta in the actual work-a-day world.

Srimad Bhagawad Geeta, the Divine Song of the Lord, occurs in the Bhishma Parva of the Mahabharata, and comprises eighteen chapters, from the 25th to the 42nd. This great hand-book of practical living marked a positive revolution in Hinduism and inaugurated a Hindu renaissance for the ages that followed the Puranic Era.

In the Song of the Lord, the Geeta, the Poet-Seer Vyasa has brought the Vedic truths from the sequestered Himalayan caves into the active fields of political life and into the confusing tensions of an imminent fratricidal war. Under the stress of some psychological maladjustments, Arjuna got shattered in his mental equipoise and lost his capacity to act with true discrimination. Lord Krishna takes in hand that neurotic mind of Arjuna for a Hindu treatment with Vedic truths.