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36. "O son Vasistha, approach Sandhyā, my daughter of great fortitude. She is desirous of performing a penance. Initiate her duly in the procedure of that.

- 37. O great sage, formerly seeing you all and me as her lovers and realising her own lustful feelings she had blushed.
- 38. Though not expressed and though not personified, your action then is considered by her as her first death. Now she wishes to put an end to her life.
- 39. Among those who observe limits and conventions she wants to lay down a limitation. The chaste lady has gone to the mountain Candrabhāga for performing the penance.
- 40. She does not know the procedure of performing a penance. O dear, see that she realises her desire by means of your instructions.
- 41. O sage, abandon this form of yours. Disguise yourself and approach her to demonstrate the mode of penance.
- 42. You shall assume another form lest she should be embarrassed as before on seeing your natural form and features".
- 43. O Nārada, Vasiṣṭha was thus ordered by me out of pity. The sage too told me "so be it" and approached Sandhyā.
- 44. Vasiṣṭha saw the celestial lake full of Gaṇas and resembling the Mānasa lake. He saw Sandhyā too on its bank.
- 45. With her seated on its bank, the lake, full of splendid lotuses, appeared like the sky in the dusk with the moon rising and the stars twinkling.
- 46. On seeing her there full of noble feelings, the sage eagerly looked at the lake called Bṛhallohita<sup>238</sup>.
- 47. From the ridges of that big mountain which appeared like a big fort wall, the river Candrabhāgā rose and flowed towards the Southern sea. The sage saw that too.

<sup>238.</sup> The lake Lohita lies at the foot of the mountain Lohita—Hemasṛṅga or Sarvoṣadha, situated on the north of the Hemakūta (Kailāsa) range. It is the source-lake of the Lauhitya identified with the modern river Brahmaputra.