Holy Geeta by Swami Chinmayananda

credit. So too, the resultant of the positive and negative thoughts entertained, actions done, motives and intentions encouraged, should determine the type and texture of the thoughts in us at the moment of our leaving the physicalstructure.

That the quality of our thoughts is influenced by the type of *guna* that influences our inner make up is a truth that is already known. Therefore, it is logical that the predominant *guna*, cultivated by each one of us through the life of activities and thoughts, should determine the direction and the range of the disembodied, in its flight to the beyond after its release from the body. These possibilities are explained in this section of the Geeta.

WHATEVER LIFE IS OBTAINED AFTER DEATH IS CAUSED BY THE QUALITY AND QUANTITY OF DESIRES AND ATTACHMENTS, AND THE NATURE AND NUMBER OF DESIRES AND ATTACHMENTS ARE DETERMINED BY THE 'GUNAS'. THIS IS TAUGHT HERE:

14. If the embodied one meets with death when SATTWA is predominant, then he attains to the spotless worlds of the "Knowers of the Highest."

IF THE EMBODIED ONE MEETS WITH DEATH WHEN 'SATTWA' IS PREDOMINANT --- In the scheme of the thought-development in Geeta, Krishna now gives us an