Holy Geeta by Swami Chinmayananda

53. Having abandoned egoism, power, arrogance, desire, anger and aggrandisement, and freed from the notion of 'mine, ' and so peaceful --- he is fit to become BRAHMAN.

If the preceding verse indicated things that are to be acquired and brought about in the relatively outer surfaces of the meditator's personality, here we have a list of things which are to be renounced from the inner core of the meditator's personality. Here are the enduring values-of-life a meditator must learn to live.

The items enumerated in the stanza are not, in fact, so many different items, but they are all different manifestations of one and the same wrong notion, namely the "I-act-mentality" (*Ahamkara*). When this "sense-of-agency" develops, ego-centric vanities intensify within our bosom, and they manifest as "power" (*Balam*) --- the "power" to strive and struggle, sweat and strain, to fulfil passions and desires. A powerful ego will, with each success in the sensuous world, gather to itself more and more "pride," or "arrogance" (*Darpam*).

To an individual personality, working under the influence of both "power" and "arrogance," "lust and anger" (*Kaama* and *Krodha*) are but natural, and thereafter, he becomes a mad machine of restlessness within and of disturbances around, ever anxiously bearing himself down upon the society in order that he may, by means fair or foul,