ेधा उपायत: by right means यतता by the striving one अवाप्तुं to obtain शक्य: possible.

Yoga is hard to be attained by one of uncontrolled self: such is my conviction; but the self-controlled, striving by right means, can abtain it.

## **अर्जुन उवाच**ा

## त्रयतिः श्रद्धयोपेतो योगाचिलितमानसः॥ त्रप्राप्य योगसंसिद्धि कांगति कृष्णा गच्छति॥३७॥

YI. 37.

स्रज्नः Arjuna उनाच said:

कृत्रण Krishna श्रद्धया by Shraddhâ उपेन: possessed श्रयनि: uncontrolled योगात् from Yoga चलितमानसः me whose mind wanders away योगसंसिद्धि perfection in Yoga श्रप्राप्य not gaining कां which गति end गन्धित meets.

Arjuna said:

Though possessed of Shraddhá but unable to control himself, with the mind wandering away from Yoga, what end does one, failing to gain perfection in Yoga, meet, O Krishna?

## किश्वां संयविभ्रष्टिशाभ्रमिव नश्यति॥ अप्रतिष्ठो महावाहो विस्देशे ब्रह्मगाः पथि॥३८॥

VI. 38.

महावाहों () mighty-armed ब्रह्मणः of Brahman प्राय in the path विमृदः deluded अप्रतिष्ठः supportless उभयविभ्रष्ठः fallen from both क्रिन्न rent ग्रभ्ने cloud इव like न not नश्यति perishes कचिन particle implying question.

Does he not, fallen from both, perish, without