

Fix thy mind on Me only, place thy intellect in Me: thou shalt no doubt live in Me hereafter.

[*Mind*—*manas*: purpose and thought.

Intellect—the faculty which resolves and determines.

Live in Me—as My Self.]

अथ चित्तं समाधातुं न शक्नोषि मयि स्थिरम् ॥

अभ्यासयोगेन ततो मामिच्छाप्तुं धनंजय ॥६॥

XII. 9.

धनंजय O Dhananjaya अथ if मयि on me चित्तं (thy) mind स्थिरम् steadily समाधातुं to fix न शक्नोषि (thou) art unable ततः then अभ्यासयोगेन by Abhyâsa-Yoga माम् me आप्तुम् to reach इच्छ do (thou) seek.

If thou art unable to fix thy mind steadily on Me, then by Abhyâsa-Yoga do thou seek to reach Me, O Dhananjaya.

[*Abhyâsa-Yoga*: the practice of repeatedly withdrawing the mind from the objects to which it wanders, and trying to fix it on one thing.]

अभ्यासेऽप्यसमर्थोऽसि मत्कर्मपरमो भव ॥

मदर्थमपि कर्माणि कुर्वन्सिद्धिमवाप्स्यसि ॥१०॥

XII. 10.

अभ्यासे (In) Abhyasa अपि also असमर्थः unable to practise असि if thou art मत्कर्मपरमः intent on doing actions for my sake भव be thou मदर्थं for my sake कर्माणि actions कुर्वन् by doing अपि even सिद्धिम् perfection अवाप्स्यसि thou shalt attain.

If also thou art unable to practise Abhyâsa, be thou intent on doing actions for My sake.