

The logical and scientific exposition of this theory is so complete that, no student of the Geeta can discover in it any loopholes for hesitation or doubt.

By withdrawing the organs-of-perception from their unprofitable fields of activity, we save on the inner energy which is spent through the organs-of-activity on a chosen field of work; because of our inner attitude of non-attachment during the activity, no new rubbish is gathered by our mind, but, on the contrary, it gets itself burnished by the removal of its existing mental dirt. The very field of activity which ordinarily becomes a snare to capture and imprison a soaring, soul, itself becomes the exact art of self-liberation, when it is rightly employed by faithfully following the 'way-of-life' advised in the Geeta.

WHEREFORE:

*8. You perform (your) bounden duty; for, action is superior to inaction. Even the maintenance of the body would not be possible for you by inaction.*

In our work-a-day world, we must understand this term 'bounden duty' (*Niyatam Karma*) in the text, to include all "obligatory actions" of an individual in his home, in his office, and in the society as a national being. Thus, not to perform diligently all our duties in the home and in the world outside would be inaction. We are warned that even a healthy bodily existence is not possible if we were to live in complete inertia and inactivity. Inactivity brings