

senses योगेन *yogena* by yoga अव्यभिचारिण्या *avyabhicāri-nyā* unswerving दृतिः *dhṛtiḥ* firmness सा *sā* that पार्थ *pārtha* O Partha सात्त्विकी *sāttviki* Sattvika

The unswerving firmness by which, through yoga, the functions of the mind, the Prana and the senses are regulated, that firmness, O Partha, is Sattvika. 33

*Dhṛti* means firmness. It also means fortitude or resolve. This virtue is indispensable to him who has chosen to live a spiritual life. Again, as one advances in the ethical and spiritual life *Dhṛti* in that one becomes pronounced in its details. The diverging sunbeams may be made to converge again. That gathered up brilliance directed on anything, is capable of providing greater revelation of that thing. *Dhṛti* is akin to this. Knowledge and action converged into one and increased in the capacity is termed as firmness. Yoga fosters *Dhṛti*. As one advances in yoga, fortitude develops in that one as a matter of course. The mind, the *Prāṇa* and the senses of the yogi become increasingly acute and efficacious. The benign part of this great potentiality is that these sharpened faculties are all utilized in the service of the Paramatman. That is to say, all the feelings and cogitations of the mind are devoted to the adoration of the Almighty. The *Prāṇa* is the life-energy. The aspirant has no other motive in life than directing it to the glory of the Lord. The functions of the senses are all dedicated to His worship in as many ways as possible.

A thread is made up of innumerable fibres. Even so *dhṛti* is the outcome of the combined sublimated