Holy Geeta by Swami Chinmayananda

Thus physiology, biology, psychology and all the natural sciences have a real quota of help to give us. The spiritual "path," especially the 'Path-of-Knowledge,' is the culmination and the fulfilment of the secular sciences. This is very well brought out by the fact that, when Lord Krishna, even in the midst of the battle-front, is trying to explain the secrets of the Spirit to the warrior Arjuna, He does not fail to emphasise the importance of a close study of the "Field" provided by the world-of-matter.

IN ORDER TO CREATE A LIVELY ENTHUSIASM IN THE STUDENTS TO OBSERVE, STUDY AND UNDERSTAND THE WORLD-OF-MATTER AROUND

THE SPIRIT, KRISHNA IS GLORIFYING THE VERY THEME OF THIS CHAPTER. LISTEN:

5. RISHIS have sung (about the "Field" and the "Knower-of-the-Field") in many ways, in various distinctive chants and also in the suggestive words indicative of BRAHMAN, full of reason and decision.

The explanations that are to follow are not idle talk, or clever intellectual manifestations, springing from the fertile imagination of Shri Krishna. In the entire discourse, (in Chapter XIII itself) Krishna assures us that what He explains is only a healthy restatement of what "HAS BEEN SUNG BY THE *RISHIS* IN MANY WAYS, IN DIFFERENT HYMNS, SEVERALLY." In short, the subject-matter dealt