## Holy Geeta by Swami Chinmayananda

forward to activity, once he determines to shoulder any endeavour. If we observe the degree of idleness, carelessness, and ugliness in execution of any work, from which all religious persons are suffering, we can understand how far Hinduism has wandered away from its pristine glory!

UNCONCERNED (*Udaseenah*) --- It is not difficult for one to observe many devotees in this land who have resigned themselves to a state of unexpressed sorrow, because they have been cheated by others, ill-treated by society, and persecuted by the community. The foolish devotees think that they will be unconcerned about these outrages practiced on them and then their own devotion for the Lord must prove to themselves a wretched liability, rather than a positive gain! Philosophy misunderstood can easily end in the suicide of the community.

The "unconcerned attitude" is only meant here to economise our mental energies. In human life, small difficulties, simple illnesses, discomforts, wants etc., are but natural. To exaggerate their importance and strive to escape from them all is to enter into a life-long struggle of adjustments. In all such instances, the student is warned not to squander away his mental energies but to conserve them by overlooking these little pin-pricks of life in an attitude of utter indifference towards them.

FREE FROM TREMBLING --- The inward tremors are experienced only when any burning desire has conquered