प्रकृते: nature सहशं in accordance with चेष्टते acts भूतानि beings प्रकृति nature यान्ति follow निमहः restraint कि what कार्डियित will do.

Even a wise man acts in accordance with his own nature: beings follow nature: what can restraint do?

[The reason why some people do not follow the teaching of the Lord is explained here: Their (lower) nature proves too strong for them.]

इन्द्रियस्थेन्द्रिस्यार्थे रागद्वेषौ व्यवस्थितौ ॥ तयोर्न वशमागच्छेत्तौ ह्यस्य परिपन्थिनौ ॥३४॥

III. 34.

इन्द्रियस्य Of the senses इन्द्रियस्य ग्रंथे in the objects of the senses रागद्वेषो attachment and aversion व्यवस्थितो ordained by nature तथाः of those two वशं sway न not ग्रागच्छेत् should come under तो those two हि verily ग्रस्य his परिपन्यिनो foes.

Attachment and aversion of the senses for their respective objects are natural: let none come under their sway: they are his foes.

His: of the seeker after truth.

Though, as has been said in the foregoing sloka, some are so completely under the sway of their natural propensities, that restraint is of no avail to them, yet the seeker after truth should never think of following their example, but should always exert himself to overrule all attachment and aversion of the senses for their objects.]

श्रेयान्खधर्मो विगुगाः परधर्मात्खनुष्ठितात्॥ स्वर्धमे निधनं श्रेयः परधर्मो भयावहः॥३५॥