

HE WHO SERVES ME WITH UNSWERVING DEVOTION --- Love for God is called "devotion." Our minds revel readily and with pleasure wherever there is love. Our entire nature is fed by our thoughts, and, as the thoughts, so the mind. To contemplate steadily upon the Infinite Nature of the Self is, ultimately, to become the Self, and thus end our limited, mortal ego.

Contemplation upon the nature of the Lord in all sincerity and intensity cannot be maintained effectively at all times. As we are today, we are not capable of maintaining the mind in a state of meditation all the time. Therefore, Krishna, knowing this weakness of man, advises a practical method of maintaining this thought for a longer period of time through the process of dedicated service (*seva*). That all work, if intelligently undertaken in a spirit of dedication and service, can be readily converted into a worship, has already been explained in Chapter-III. This clearly and evidently shows that mere devotion to the Lord is not enough. The *Gita Acharya* expects his devotees to bring religion from the *Pooja*-rooms and temples to the fields of their every-day-life of activities and in all their contacts with others around.

Such a practice of constant God-awareness and dedicated service removes the agitations of the mind and tunes up the inner instrument for a more efficient flight through meditation. *Tamas* and *Rajas* get more and more reduced, and thereby the proportion of *Sattwa* in the seeker's subtle constitution increases. And such a seeker "IS FIT TO