

*62. Fly unto Him for refuge with all your being, O Bharata; by His grace you shall obtain Supreme Peace (and) the Eternal Abode.*

Such an elaborate description has been given of the Spiritual Presence which vitalises the world-of-matter around man, only to bring about ultimately an evolutionary self-development in the student. The very core of this Geeta-philosophy is the theme that is indicated in the opening stanza of the '*Ishaavasya Upanishad*.' "The Infinite Truth pervades everything in the world, and therefore, renouncing all the multiplicity, enjoy the Infinitude, and covet not anybody's wealth."

Recognition of the body through our abject identifications with it, creates a false sense of individuality, and it is this "ego" that suffers and sighs.

The one commandment that has been repeated all through the Divine Song with great insistence is: "Renounce the ego and act." The ego is the cause for all our sense of imperfections and sorrows. To the extent we liquidate this sense of separateness and individuality, to that extent we climb into an experience of greater perfection and joy within ourselves.

Krishna has been advising surrender of the "ego" unto the Lord by developing a devoted attitude of dedication. Arjuna, like a true intelligent sceptic, asks: "To which Lord