

between God and man, between the Perfect and the imperfect, between the "higher" and the "lower" --- is at once "WONDERFUL AND HOLY."

The vision and impression created in his heart by the philosophy that was heard are so deep and striking, that Sanjaya admits how irresistibly the memory of those words rises up again and again in his bosom, giving him "the thrill of joy" (*Harsham*).

Indirectly, Vyasa is prescribing the method of study of the Geeta. It being "a handbook of instruction" on the Art of Living, it has TO BE READ AGAIN AND AGAIN, REPEATEDLY REFLECTED UPON AND CONTINUOUSLY REMEMBERED, until the inner man in us is completely re-educated in the way-of-life that the Geeta charts out

for man. The reward for such a painstaking study, and consistency of application has also been clearly pointed out.

One rejoices when one comes to recognise a definite purpose in the otherwise purposeless pilgrimage of man, from the womb to the tomb, called 'life.' The study of the Geeta gives not only a purpose to our every-day existence but also a positive message of hope and cheer to the world. The Geeta picks us up from the by-lanes of life and enthrones us as the sovereign power that rules, commands and orders our own life within.