IT IS FAMILIAR TO ALL, THAT ACTION MEANS MOVEMENT, AND INACTION MEANS ABSENCE OF IT: TO SIT QUIET. WHAT IS THERE TO LEARN ABOUT THEM?

17. For verily (the true nature) of "right action" should be known; also (that) of "forbidden (or unlawful) action" and of "inaction"; imponderable is the nature (path) of action.

Life means activity. Where activity has ended, death has entered. In active life alone can we progress or deteriorate. A stagnant pool of water decays and soon gets putrefied; while the flowing water of a river ever keeps itself fresh, pure and clean.

Life being dynamic, it cannot, even for a moment, cease to function. Complete cessation from activities is impossible so long as life exists.

Activity, therefore, is the very corner-stone of life. Since man must always actively exist all his lifetime, the entire possibilities of activities have been taken into consideration by the great Seers of old in evaluating life. The accompanying chart will vividly explain their classifications.

Life is constituted of moments of activity and moments of inactivity. Through inactivity, neither progress nor deterioration is ever possible. Deep-sleep or periods of