

Spirit flowing through such an instrument can bring about nothing but sorrows for myself and disturbances to others.

With this scriptural idea that the Self has the total monopoly of all sentience and life, Krishna says here that everyone, be he a sinner or a saint, foolish or wise, dull or energetic, cowardly or courageous, must "invoke Me" (*Bhajana*) and "I express Myself through the individual mental composition as the one who has the above qualities." "Each individual must approach Me," be it consciously or unconsciously, ere he can express himself at the intellectual, mental, or physical level of his personality.

If everyone must thus invoke the Self in expressing himself, or in fulfilling his ideas and emotions, then everyone is "sacred" and "virtuous," for, all of us, without an exception, are devotees at the Temple of the Spirit. Lord Krishna, the Self, now expounds how the numberless persons that reach him with endless prayers, can all be classified under four distinct groups:-

(a) Men who are dissatisfied with even the best in life (*Arttah*) approach this Life Energy in themselves, for fighting against and for gaining a total relief from the spiritual distress that is threatening them in their within. They turn to Me, the Lord.