

and intellect equipments --- as ABSOLUTELY REAL. Therefore the term *Sat* is often used to remind us that all these RELATIVE REALITIES have the self-same substratum *Sat*, the Absolute Reality.

THE USE OF THE DESIGNATION 'SAT' FOR *BRAHMAN* IS GIVEN AS FOLLOWS:

*27. Steadfastness in sacrifice, austerity and gift is also called 'SAT' and also, action in connection with these (for the sake of the Supreme) is called 'SAT.'*

The term *Sat* is used to indicate a man's faith and devotion in sacrifice, austerity and gift. Thus *Sat* registers one's faith in the principles underlying *Yajna*, *Daana* and *Tapas* and also in his various acts of sacrifice (*Yajna*), charity (*Daana*) and austerity (*Tapas*).

In short, even acts of sacrifice and austerity, when they are not of the *Sattwic* type can be rendered "good," when they are pursued with this required inner attunement which is gained by invoking in the performer's bosom the concept of --- the Supreme (*OM*), the Universal (*Tat*), and the Real (*Sat*) --- the Infinite *Brahman*. If these chantings are undertaken with faith and sincerity the seeker's mind expands and gives up all its selfishness and arrogance. Ego and ego-centric desires bring about attachments, which, in their turn, destroy the freedom of the individual to grow into the ampler field of joy of