

these are some of the appellations applied to It. The metaphysicians call It the *Being* in contrast with Nature, which because of its constant state of flux is called the *Becoming*. The purpose of the Gita is to impart the Brahma Vidya, above everything else. Arjuna merely wanted to know whether he was to fight or beat a retreat. Instead of deciding the immediate issue, why did Sri Krishna digress into a dissertation on that profound subject? Yes, there was a supreme purpose behind it. Offering immediate solutions to immediate problems is one kind of enlightenment. But when ignorance is rooted out all problems get solved once for all. With the dawn of Brahma Vidya the mist of nescience vanishes. Sri Krishna chose to impart this Supreme Knowledge. Among the gifts bestowed on human beings, Brahma Vidya reigns supreme. When the recipient becomes worthy and competent, Enlightenment inevitably comes from the Supreme.

### Yoga Sastra

Every science has its twin aspects – theory and practice. Intellectual grasp of a subject is theory, its application is practice. Many a student of Vedanta or any other system of philosophy runs the risk of being entangled in mere theorizing. He may derive some intellectual pleasure in such wrangles. But life remains untouched. On the other hand Brahma Vidya is what touches and transforms life. It is intensely practical. When applied to life it is called Yoga Sastra. This is one of the appellations by which the Bhagavad Gita is known. If a wage