## Holy Geeta by Swami Chinmayananda

22. The gift that is given at a wrong place and time, to unworthy persons, without respect, or with insult, is declared to be TAMASIC.

Gifts that are made at an improper time, and those made at the wrong place, to an unworthy person, without respect, or with contempt, are charities of the dull-witted, and they are called the *Tamasic*.

Charity must come from within, as an expression of an irrepressible urge of one's own heart. Intelligent charity must spring from the abundance felt within the individual. He who feels impoverished by his giving has not done a charity by the mere physical act of giving away.

THE FOLLOWING INSTRUCTIONS ARE GIVEN WITH A VIEW TO PERFECTING SACRIFICES, GIFTS, AUSTERITIES, ETC.:

23. "OM TAT SAT" --- this has been declared to be the triple designation of BRAHMAN. By that were created formerly, the BRAHMANAS, VEDAS and YAJNAS (sacrifices).

Om Tat Sat --- This is being declared as the triple designation (Nirdesha) of Brahman. A Nirdesha, generally given in ritualism, is that by performing which any defects that are in the sacred worship are all removed. Each action, no doubt, has its fruit, but the fruit depends not