

seeker transcends the ego and comes to experience the Self.

This is not very difficult to understand, since we know that the objects of sorrow and occasions of tragedy in one plane-of-consciousness are not available in another. The kingship that I enjoy in my dream, does not add even a jot to my dignity when I wake up to realise my insignificant existence; so too, my meagre existence in the waking-state will not debar me from the full kingly glory in my dream-kingdom!!

Similarly, the ego, existing now through the waking, dream and deep-sleep states, has gathered to itself a dung-heap of impressions, all purely sensuous. But these cannot be effective when the same ego, transcending these three planes, comes to experience the plane of God-consciousness.

HE, WHO WOULD ACQUIRE STEADINESS OF RIGHT KNOWLEDGE (*Prajna*) SHOULD FIRST BRING HIS SENSES UNDER CONTROL. FOR, IF NOT CONTROLLED, THEY WILL DO HARM. SO, THE LORD SAYS:

*60. The turbulent senses, O son of Kunti, do violently carry away the mind of a wise-man, though he be striving (to control them) .*