

not as the ego, is to "RESTRAIN THE SELF BY THE SELF (*Atma-Samyama*).\" By this process, it is evident how the mad ramblings of the organs of perceptions and actions can be completely restrained and entirely conquered.

EXHAUSTING THE ABOVE-MENTIONED FIVE DIFFERENT TECHNIQUES, AS THOUGH TO BRING TO THE UNDERSTANDING OF ARJUNA, THAT A HUNDRED OTHER METHODS CAN BE INDICATED, KRISHNA ENUMERATES IN HASTE FIVE MORE DIFFERENT METHODS IN THE FOLLOWING STANZA:

*28. Others again offer wealth, austerity and YOGA as sacrifice, while the ascetics of self-restraint and rigid vows offer study of scriptures and knowledge as sacrifice.*

OFFERING OF WEALTH (*Dravya-Yajna*) --- Sacrifice of wealth is to be understood in its largest connotation. Charity and distribution of honestly acquired wealth, in a sincere spirit of devotion to and in the service of the community, or of the individual who is the recipient of the benevolence, is called *Dravya-Yajna*. This includes more than a mere offering of money or food.

The term *Dravya* includes everything that we possess, not only in the world outside but also in our worlds of emotions and ideas. To pursue thus a life of charity, serving the world as best as we can, with all that we possess physically, mentally and intellectually is the noble sacrifice called "Wealth sacrifice."