

we behave as though we were the opposites of our own ideal concepts. The gulf between the 'IDEAL-ME' and the 'ACTUAL-ME' is the measure of man's fall from his perfection.

Most of us are generally unconscious of this duality in ourselves. We mistakes ourselves to be the ideal and are generally blind to our own ACTUAL imperfections. Thus we find a notoriously selfish man in society warmly and sincerely criticising the slightest traces of selfishness in his neighbour! In a world of no mirrors, it is possible that a squint-eyed man may laugh at another squint-eyed person because the one who laughs knows not the angle in which his own eye-balls are facing each other!!

Within ourselves, if we, carefully watch, we can discover that intellectually we have a clear concept of a morally strong, ethically perfect, physically loving and socially disciplined man that 'we should be'; but in the mental zones of our emotions and feelings, however, we are tantalised by our own attachments, likes and dislikes, loves and hatreds, appetites and passions, and we behave like curs fed by the way-side gutters and ever quarrelling with others of the same ilk over dry and marrowless bones!!

As long as the individual has not realised the existence of this dual personality in himself, there cannot be any religion for him. If an individual has discovered that there is "enough in him to be divided into two portions," and