

neglect to suffer and groan under its own negative values. For, at that time, some great master appears on the horizon to inspire, to encourage and to lead the generation away from the ruts of sorrow onto the highroads of cultural revival.

Krishna rightly evaluates the period of the Mahabharata and declares: "THIS YOGA, BY LONG LAPSE OF TIME, HAS BEEN LOST HERE."

SEEING THAT THE "YOGA" HAD BEEN LOST BY FALLING INTO THE HANDS OF THE WEAK, WHO COULD NOT CONTROL THEIR SENSES, AND SEEING THAT THE GENERATION HAD NOT BEEN ABLE TO ATTAIN THE OBJECT OF LIFE, THE LORD ADDS THE FOLLOWING:

*3. That same ancient "YOGA" has been to-day taught to you by Me, for you are My devotee and My friend. This is a Supreme secret.*

With a direct statement in the style of an open confession, Krishna is here removing all possible misgivings of the orthodox, by insisting that the Truth he has declared in the last chapter... *Karma Yoga*... is nothing other than the same ancient *Yoga*.

A Master can feel really inspired and instruct efficiently, only when he establishes a certain type of affectionate