## MEDICAL SUMMARY RECORD

Initial	5 1	way vaccine	5 way vaccine	
<b>5 way vaccine</b> Date	Date_		Date	
<u> </u>	-	(sticker)	(sticker)	
5 way vaccine	I	Bordetella	Snap Test done on dogs over 7 months of age- Circle result:	
Date	Date		_	
(sticker)		(sticker)	<u>Heartworm</u> +/ - <u>Lyme</u> +/- <u>Ehrlichia</u> +/- <u>Anaplasma</u> +/-	
Next Due Date			Date	
Ivermectin based heartw (Dogs need this EV	-		Flea and tick prevention	
		Name of med	d	
Date/s			Date/s	
Next due date		Next due dat	Next due date	
Wormer dates			Coccidia treatment	
Nemex :				
Drontal puppy:		Toltrogueil de	to.	
Panacur:		TOILFAZUFII da	ates	
Allwormer chew:				
Other:				

- <u>Humane Society Recommended Vaccinations\*\*</u>

  Monthly Flea & Tick Prevention Available online (1-800-Petmeds or PetcareRX and at Petsmart/Petco)
- Monthly Heartworm Prevention Prescription from vet; available online

#### **Puppies & Young Adults:**

- 6-8 weeks: First puppy shot (DHLPP)
- 8 weeks: bordetella
- 11-12 weeks: Second puppy shot (DHLPP) + Corona
- 15-16 weeks: Third puppy shot (DHLPP)
- Multiple dewormings should be completed
- 4 months or older: Rabies shot
- 7-9 months: First heartworm test

#### **Adult Dogs:**

- DHLPP Yearly
- Heartworm Test Yearly
- Rabies 1-3 years (after first two shots)
- Bordetella Yearly

## It is recommended that adopted dogs are heartworm tested every six months.

\*\* Please be sure to consult with your vet as to the proper vaccinations and vaccination schedule for your dog. OPH does not give Lyme or Lepto vaccinations to dogs in the rescue organization. OPH does not conduct blood analysis (unless medically needed for apparent illness) or DNA tests on adoptable dogs.

#### **OPH ADOPTION INFORMATION**

#### **Resources**

We want to provide you with resources to help set your new dog up for success! Please be sure to visit our website, www.ophrescue.org for information about pet ownership. Additionally, we have included information about nutrition, training, behavioral issues, and adjustment into your home in this adoption folder. We have compiled this information to help you and your new dog with acclimating to a long life together! Several websites have online guides to help you transition your new friend through life's obstacles: <a href="http://www.dogstardaily.com/">http://www.dogstardaily.com/</a>, <a href="http://www.dogstardaily.com/">http://www.dogstardaily.com/</a>, <a href="http://www.dogstardaily.com/">http://www.dogstardaily.com/</a>, <a href="http://www.petfinder.com/dogs/bringing-a-dog-home/tips-for-first-30-days-dog/">http://www.dogstardaily.com/</a>, and many others found via Google.

#### Pet's Health

Operation Paws for Homes, Inc. and our shelter and rescue partners do not knowingly transport or adopt out a dog that is sick, injured or aggressive. There are several ailments, illnesses, and viruses that can take hours, days, and even weeks to display symptoms. A few of these ailments include parvo, kennel cough, intestinal parasites, worms and mange. Many times, the stress of transport, a new schedule and/or a new environment can cause the undetected health issues to begin to show symptoms. OPH is committed to providing the best care we can for all of the dogs we rescue. Basic vaccines and deworming are provided prior to transport (unless health or age prohibit such actions) and we provide additional deworming, vaccinations, parasite treatment and probiotics for every dog that arrives in our care. If a serious health issues arises, we ask that you contact us so we can provide guidance and support and can contact the shelter or location where the dog came from. We also encourage you to read the "Guide to New Arrivals" that we provide as well as read up on common ailments. We cannot give you prescription meds and we cannot reimburse for your vet bills.

#### **Return Policy**

You are required to contact OPH if you are unable or unwilling to keep the dog you adopted. You have signed a legally binding contract that requires you to contact us prior to rehoming the dog on your own or turning the dog into a shelter. Failure to comply will result in legal action and/or we will levy a fine. We take this seriously as we work hard to save each dog and promise them the best life. Please send us an email if you need to return your dog.

#### **Adoption Costs**

Adoption fees associated with adopting one of our dogs allow us to rescue and save many more dogs in need. OPH pays a fee for every single dog we bring into our rescue. These fees include, but are not limited to, vaccinations, deworming, parasite treatment, spay/neuter, surgery and basic care for each dog. The adoption fee is important as we must provide the best care possible to each dog and we want to support the shelters and organizations we work with in the rural areas. These fees also help us to pay for quarantine, boarding, transportation and urgent care for dogs when necessary. Please understand that all of the money spent by you in the form of the adoption fee is used to save more dogs and to provide the care and treatment of each dog we bring into the rescue.

## **Spay/Neuter Policy**

If you have adopted a dog from OPH that is not spayed/neutered, you have signed a legally binding agreement that requires you to have your dog spayed/neutered. We have provided you with a list of clinics that offer low cost spay/neuter options. We also will provide a spay/neuter reimbursement to encourage you to complete the surgery and to inform us that the surgery has been completed. We do take this very seriously, so please comply with this requirement. Please help us to stop the problem and to work towards a great solution!!

**Reimbursement** - Please send your receipt or proof of spay/neuter to: <a href="mailto:ophspayneuter@gmail.com">ophspayneuter@gmail.com</a>.



#### Adopting A New Dog or Puppy

## What do I need?

#### 1. Food:

- We recommend exploring healthy dog or puppy food brands. Recommended brand names include Blue Buffalo, Wellness, Taste of the Wild, Nutro and Authority.
- Look at the ingredient list for each food. If corn, grain and/or chicken-by-product are the first two ingredients, then the nutrition quality of the food isn't great.
- Wet vs. Dry Food ~ Many people will decide to only feed their dog dry food, which is perfectly acceptable.
   Mixing in wet food is great for dogs that may not receive enough water from eating just dry food.

#### 2. Dog Collar:

- Whether you want a plain or fancy variety collars are important and will be an item you use daily. It is important to pick out a collar that will fit and be comfy for the dog.
- Experts recommend a space between the dog's neck and the collar to be at least 2 fingers wide. The dog collar should never be too loose or too tight. Make sure you take your dog when you buying a collar.

#### 3. Dog leash:

- When selecting a leash, keep in mind that it needs to be strong enough to hold your dog. Both retractable leashes and regular cloth leashes are good options.
- Additionally, many stores sell leashes that are clearly marked with the breeds the leash is suitable for.

#### 4. Grooming accessories:

- Just like us, dogs need grooming too! Grooming accessories will vary by breed. If you have a dog that will need relatively little grooming, that is with a short coat, then you will need only a basic toolkit, which includes dog shampoo, a toothbrush and toothpaste, and basic dog brush.
- We also recommend including salmon oil or other vitamin supplements to increase the shine in your dog's coat and to reduce itchy skin for dogs (especially in the winter or for dogs who like to swim!).

#### 5. Bones:

• Every dog should have milk bones, rawhides or nylabones to chew on. These will help if they are teething, will help with the dental care of your dog, and will occupy them if they are destructive in the home.

#### 6. Dog beds and crate:

 Dog beds and crates are great for dogs. It gives the dog a 'retreat' and they will value having their own comfy space where they can go when cold or sleepy. Crates are wonderful for housetraining!

#### 7. Dog toys and treats:

- Most dogs love playing, and just like children, love their toys! It is especially important if you are away for long periods of time that your dog has something to play with. It's best to give them a variety of toys as this will keep them occupied and away from your flip flops and slippers!
- Treats and toys should be both age and size appropriate for your dog. If the toy is too big, the dog won't be able to play with it. Toys can also be used to train and challenge your dog!

#### 8. Heartworm Prevention and Flea Prevention

- Ensure your new dog receives monthly flea/tick prevention and heartworm prevention. Flea prevention is available at pet stores and online at PetCareRx, Entirely Pets, and 1-800-Pet-Meds.
- You need a prescription from your vet to buy heartworm prevention.

#### 9. Training Resources:

- Please remember that there will be an adjustment period for any new four legged family member!! Give them time to adjust to your home and you time to learn more about them.
- Google and YouTube are your friends Search for great tips!
- Free Online Handbook and Training Guide: www.openpaw.org/PDFs/BEFORE\_YouGetYourPuppy.pdf

# **Nutrition & Foods to Avoid**

Toxic Foods - Common household food and items that dog should not be given or allowed to ingest.

## <u>Item</u> <u>Notes and Comments</u>

Chocolate/caffeine

Onion
 Be very careful with onions!

Mushrooms

Grapes/raisins
 even a handful can have effects

Broccoli in large quantities

• Coffee, Coffee Grounds, Tea, Soda

Raw fish
 when fed regularly

Nutmeg small doses results in toxic effect

Sugar-free foods

Baby food with onion powder

Iarge doses of iron can cause severe damage
 Human vitamins with iron

Macadamia nuts
 poultry bones splinter and can cause several damage

Poultry bones

all parts of the avocado and avocado tree are toxic

Avocado

• Several plants and flowers!! Plant info: <a href="http://www.entirelypets.com/toxicplants.html">http://www.entirelypets.com/toxicplants.html</a>

The list was created from the following websites:

- www.peteducation.com,
- www.entirelypets.com,
- www.animalpetsandfriends.com.
- Another great resource: http://www.aspca.org/pet-care/poison-control/.
- Please visit their sites for more complete information on toxic foods for dogs.

**Nutrition** - Resources that provide information of dog food, treats, and alternative foods for the health and care of your dog.

- WHEN CHANGING DOG FOOD, USE BOILED CHICKEN AND RICE TO HELP TRANSITION FROM ONE FOOD BRAND TO ANOTHER. IT CUTS DOWN ON LOOSE STOOL AND HELPS THE DOG TRANSITION.
- To check out how dog foods stack up against each other nutritionally we recommend this website: www.dogfoodanalysis.com
- Dog Food ratings: <a href="http://www.the-puppy-dog-place.com/dog-food-ratings.html">http://www.the-puppy-dog-place.com/dog-food-ratings.html</a>
- How much to feed: http://www.dogbreedinfo.com/feeding.htm.
- Nutritional information about dog food, explanations of dog food ingredients, and an up-to-date list of dog food recalls: <a href="http://www.dogfoodproject.com">http://www.dogfoodproject.com</a>
- Nutritional comparisons for dog food brands: <a href="http://www.the-puppy-dog-place.com/dog-food-comparisons.html">http://www.the-puppy-dog-place.com/dog-food-comparisons.html</a>
- **Supplements**: Dogs with itchy skin may suffer from a lack of nutrients, flea bites or a compromised immune system. Improper diet and fleas contribute to problems. Consider adding supplements to your dog's diet such as multi-vitamins and salmon oil: http://www.stopdogitching.com/dog-supplements.html
- Recipes for dog food and treats: <a href="http://recipes4gourmetdogs.com">http://recipes4gourmetdogs.com</a>
- All natural dog foods and treats: <a href="http://www.all-natural-dog-treat.com/">http://www.all-natural-dog-treat.com/</a>

<sup>\*\*</sup> This list is not inclusive.



## **Fun Places To Go With Your New Family Member**

OPERATION PAWS FOR HOMES Did you know there are tons of restaurants, national parks, shops and even wineries that you can take your dog to? That's right! Here's a Guide to help you start your search for adventure.

#### **VIRGINIA**

## **Dog Friendly Attractions**

Mt. Vernon Estate (Alexandria/Mt. Vernon); Great Falls National Park (just outside of DC with amazing walking trails);

Bull Run National Park (Manassas); Shirlington Dog Park (Arlington - Has a lazy river for dogs!); Shenandoah Mountains (Luray - Great hiking trails); Barrel Oaks Winery;

\*\* More dog parks in Virginia are detailed here: http://www.ecoanimal.com/dogfun/virginia.html

Dog Friendly Attractions: http://www.dogfriendly.com/server/travel/guides/att/attstateVA.shtml

Dog Friendly Hotels, Outdoor Restaurants, Wineries and other options – Northern VA Specific -

http://dogfriendly.com/server/travel/uscities/guides/us/cities/usonlinecityVANorthern Virginia.shtml

Alexandria - A Top Ten Dog Destination! - http://gosoutheast.about.com/od/familybudgettravel/tp/dog friendly alexandria.htm

#### WASHINGTON D.C.

#### **Dog Friendly Attractions**

C&O Canal Towpath (184 mile path); Capital Crescent Trail (Paved bike trail); National Arboretum (Walking trails);

Rock Creek Park (City park); Capitol River Cruises has water tours of DC for both you and your dog!;

Cantina Marina - Doggy Happy Hour; Helix Lounge - Doggy Happy Hour

FDR Memorial and the National Mall; Gangplank on the Potomac Cruise

\*\* More DC Locations to visit: http://www.findoutdc.com/active/dog-parks.shtml

Dog Friendly Outdoor Dining: <a href="http://dogfriendly.com/server/travel/uscities/quides/us/cities/usonlinecityDCWashington.shtml">http://dogfriendly.com/server/travel/uscities/quides/us/cities/usonlinecityDCWashington.shtml</a>

Dog Vacation to DC - http://www.lifewithdogs.tv/2011/06/dog-friendly-washington-dc/

#### **MARYLAND**

#### **Dog Friendly Attractions**

Quiet Waters Park (Annapolis); Chesapeake Bay National Park (Annapolis); Gaithersburg Dog Park; College Park Dog Park; John G. Lancaster Park (Lexington Park); Canton Dog Park (Baltimore); Hard Times Café & Café Nola (Frederick)

Visit Maryland's Site with dog-friendly info: http://www.visitmaryland.org/PRESSROOM/Pages/MarylandHasGonetotheDogs.aspx

Additional Maryland Dog Parks: http://www.ecoanimal.com/dogfun/maryland.html

Dog Friendly Attractions in Maryland: http://www.dogfriendly.com/server/travel/quides/att/attstateMD.shtml

Another Dog Friendly Resource Guide: http://www.dogster.com/local/MD

#### **PENNSYLVANIA**

#### **Dog Friendly Attractions**

Bring Fido lists several dog parks for PA - http://www.bringfido.com/attraction/parks/state/pennsylvania/

Great overview of dog friendly places: <a href="http://www.ecoanimal.com/dogfun/pennsylvania.html">http://www.ecoanimal.com/dogfun/pennsylvania.html</a>

Another great PA resource for dog friendly locations - <a href="http://www.dogster.com/local/pa">http://www.dogster.com/local/pa</a>

Consider getting involved in Dockdogs Competitions! - http://www.dockdogs.com/

#### General Dog Information & Travel Sites –

Hiking with Your dog: <a href="http://www.hikewithyourdog.com/">http://www.hikewithyourdog.com/</a>
Traveling with Your dog: <a href="http://www.dogfriendly.com/">http://www.dogfriendly.com/</a>

#### Multifunction Resource for Bringing Fido with you: http://www.bringfido.com/

Your dogs are welcome at most pet boutiques, natural pet stores, Petsmart, Petco and other pet resource Stores! It is a great way to socialize for the four legged-friend in your family.

\*\* Do a google search and see if you can find a doggie happy hour or meet group near you!

~~~ Are we missing your favorite dog spot? Please send us an email and let us know so we can share with other OPH dogs!



# Operation Paws for Homes Guide for New Arrivals

## We have a new dog! Now what?!

Bringing home a new dog is exciting! But there are important things to remember. **Dogs need time to adjust to new environments just like humans!** Expect your dog to need a few days to adjust. Also, count on

your new dog marking or having accidents at first. You should also be prepared for some transitional behavioral problems. Each dog will need to adjust to the rules and schedule of your home. Be careful with your dog bolting out the front door – they may be nervous and unsure. Additionally, you MUST take your dog to the vet within two weeks of adopting. This ensures your vet looks over the records and recommends additional vaccines if needed.

Dogs are like people and may need a couple of days to adjust to new surroundings. Stairs and hardwood floors may take time to adjust to. Please understand that the dog food you bought... may not be what they want initially. Your dog may have loose stool when transitioning to a new food. If you encounter this, add chicken and rice (boiled – human version) to their diet to help transition. If they don't seem interested, add wet food or chicken to their food to encourage them to eat. Remember – this is a dog, not an electronic and things can happen!

Dog's are pack animals, so you are the leader. As their leader, you should set them up for success... So look around and "puppy proof" your home. Don't leave out shoes or items they may chew on. Don't leave your dog unattended in the home. When you are unable to supervise them, confine them to a crate, kitchen or other secure area. When walking, remember that this is a dog! Keep them on a leash to avoid them darting in front of a car or running to chase a neighbor's cat.

#### Additional Guidance:

Housetraining or housebreaking complications:

- <a href="http://www.dogbreedinfo.com/housebreaking.htm">http://www.dogbreedinfo.com/housebreaking.htm</a>
- http://www.cuhumane.org/topics/hseold.html
- http://www.housebreakingadog.org/

Behavioral related issues including dominance and aggression:

- http://www.wonderpuppy.net/canwehelp/behaveD.htm
- http://www.canismajor.com/dog/aggres1.html
- http://www.dogsonly.org/Dominance.html

## Wellness Guide:

For a quick reference-style guide on generic symptoms and illnesses, please refer to the guide that has been included in your welcome packet. When a physical condition may require emergency medical care, here is an easy checklist: http://www.canismajor.com/dog/emerlist.html

The official dog training headquarters itself: http://www.dogtraininghq.com/

## Life Stages - Information:

Dogs go through different life stages, just like humans. Find out what to expect during and after puppyhood: <a href="http://www.langeanimalhospital.com/stages.htm">http://www.langeanimalhospital.com/stages.htm</a>

Wonderful guide to help understand what your dog needs at different life stages: <a href="http://www.petfinder.com/pet-health/developmental-stages-dogs-life.html">http://www.petfinder.com/pet-health/developmental-stages-dogs-life.html</a>

## **Chewing Tips**

**Dogs need to chew.** It's part of their growing and learning process. They chew to learn about their environment, exercise their jaws, test their rank in the pack, ease the pain of teething and

just pass the time. It's nearly impossible to stop a puppy from chewing all together so it's easiest to try to channel the chewing to chew toys.

Providing your puppy with approved chewing opportunities will help to eliminate the chances for him/her to chew things they shouldn't. Anytime your puppy is left in a crate or secured space, it should have a chew toy available to keep it busy. Keep the puppy under constant supervision when you're home to avoid unwanted chewing.

If you do catch your puppy chewing, make an "aagghhtt" sound and remove the object from the dog (or the puppy from the object if it's something large like a piece of furniture). Immediately provide a suitable substitute for the puppy to chew on and praise the puppy for chewing the approved object.

Taste deterrents such as Bitter Apple can be used also. These will leave an unpleasant taste in the puppy's mouth and discourage it from chewing that object again.

\*Warning—if you chose to use a taste deterrent make sure to test it in a hidden place first to ensure it does not stain or discolor the item it is being used on.

You can also use a Kong and stuff it with all natural peanut butter for your puppy to chew on. You can freeze the Kong, adding longer lasting mental and physical stimulation for your puppy. The cold will also help ease the pain of teething.

Just don't forget, it is perfectly natural for your puppy to chew and you should expect it to. It's YOUR responsibility to make sure he/she is chewing the appropriate items. Puppy proofing a house should be very similar to child proofing a house!

## **Potty Training Tips**

Every dog is different in development and progress of potty training. Bottom line - BE PATIENT!

Having a routine is vital to your new dog and their potty training. You should pick a place for the dog to go potty and when it's time to go out, take him/her to that spot, and stand quietly for 10 minutes waiting for the dog to go to the bathroom. If after about 10 minutes there is no potty, take him/her back inside without saying a word and wait about 10 minutes and try again. The first few times it may take awhile. Once he/she does go – CELEBRATE and offer a treat. Once the dog is consistently going in a spot you can incorporate the word "potty" to associate the word with the action. Do this by simply saying "good potty" to the dog the second he/she starts to eliminate.

- If you want to let the puppy play after a potty break, bring him/her back in the house to indicate this was just a potty trip. You can then let him/her back outside for playtime. It is important to distinguish between potty time and play time.
- Remember that puppies ALWAYS need to go potty after the following: waking up, eating or playing. Even if they went previous to one of these things, they should go out again because these activities stimulate the puppy inciting the need to potty.
- For the first few weeks you should take the puppy out as often as possible. Start with small time increments, 2-3 hours and as he/she shows signs they are able to hold it for that long you can increase the length of time to 4 or 5 hours. Keep in mind that puppies are still growing and their bladders are not developed yet so patience and consistency is important.
- Once you know the puppy can hold it for a few hours you should get him/her on a regular schedule. This will help them understand when it's time to go potty and also help with the development of their bladder.

## Exercise Tips

Getting your puppy the proper amount of exercise is imperative. This is especially true for high energy breeds such as labs, hounds and terriers as these dogs were bred to do a specific job. Feeding this need for stimulation will help your puppy act in a more appropriate manner in the house. It will eliminate things like unwanted chewing, barking or other disruptive/destructive behaviors.

Exercise comes in many forms and it's important to know what is actually stimulating him/her. He/she must be most mentally and physically engaged. Simply going for a walk isn't really enough exercise and it is not mentally engaging. It would be no different than you walking to the mailbox and calling that your exercise for the day. Here are ideas to help get your puppy the exercise he requires:

- Play fetch
- Teach him/her any new tricks, spin circles, high 5, high 10, etc.
- Go jogging once the dog is a little bit older and it has been cleared by the vet.
- Have doggie play dates or take him/her to the dog park to play with other dogs.
- Go hiking where he/she will encounter new sights, scents and walking terrains.
- Play hide and seek in the yard/house.

## Crate tips

Crating your dog while you are away from home can be scary for new adopters. Most foster dogs are crated while the foster is at work. We do this to help the dog transition into your home and to ensure the dog's safety while we are away. Here are some great tips!

http://www.raisingspot.com/intro-crate-training

## **Puppy Worms**

Puppies do have worms sometimes! We deworm the dogs the minute they enter foster care. However, one deworming may not be enough. Some websites suggest that 90% of puppies have some form of worm. A  $2^{nd}$  or  $3^{rd}$  deworming is often needed to kill off the hatched eggs the first deworming did not eliminate.

## **Medical Considerations**

Medical expenses for a dog can be costly. If there are extenuating medical factors for your dog, to the extent we are aware of the medical conditions, they will be noted in the dog's adoption folder. As the new owner, if problems arise, you understand that OPH cannot help if we are not informed of the problem before you incur a hefty vet bill. It is the responsibility of the new owner to provide additional medical attention and maintenance vaccinations if/as necessary, as well as all preventative care required such as grooming, teeth cleaning, nail trimming, flea and heartworm preventative. Please read our information on pet insurance covered in this guide.

## Expected Costs immediately following adoption:

- Vet Visit Office fees range from \$35 \$75
- Heartworm preventative for 1 year Required under OPH Contract
- Flea preventative for 1 year Required under OPH Contract
- Most vets will also recommend a fecal examination to ensure there are no residual worms
- Dewormer You will likely need to complete another follow up dewormer
- Booster shots and non-booster shots (lyme, lepto and canine flu if you choose to have the vaccinations completed)
- Registration fee Many states and counties require you to register your dog and will charge a fee for such registration
- Activation of our microchip This is well worth it in case something spokes your new companion

## Cats - Advice on how to Introduce a Dog to your Cat!

Dogs and cats need to be introduced slowly. It will take time to get everyone to get along. Do NOT force the issue.

Here is a great article - <a href="http://www.aspca.org/pet-care/virtual-pet-behaviorist/cat-behavior/introducing-your-cat-new-dog">http://www.aspca.org/pet-care/virtual-pet-behaviorist/cat-behaviorist/cat-behavior/introducing-your-cat-new-dog</a>

<u>Make Copies</u> - We cannot tell you how many times a dog has eaten its records!

Please be sure to make a copy of all of your records. You never know when a four-legged someone may find the records and try to snack on them!

## **Smart Shopping!**

There are great deals out there – so take a look at these websites and save some cash:

- Entirely Pets
- 1-800-Petmeds
- PetCareRx
- Jeffers Pet Supply
- www.budgetpetcare.com

Coupons are available on the internet - retailmenot.com, coupon cabin, etc.!

# **Pet Insurance**

It's an easy decision when you bring home your two-legged bundle of joy- all the routine doctor visits, and the vaccines and sick visits, you wouldn't consider going a week into your precious bundle of joy's life without medical insurance. So when you bring home your furry bundle of joy from the adoption event, why would that be any different?

There are an estimated 78 million furchildren in the United States, and, on average 50,000 of those families spend around \$250 on a vet visit- and that is a routine, scheduled visits! The average "emergency room" visit for a dog costs 25,000 families a whopping \$650 a day and the numbers only go up from there! In 2009, only 5 million pets in the US were covered by insurance. In 2011 the number of pets jumped to nearly 12 million and in the last two years, that number has continued to increase by roughly 20% each year! But, like insurance for your family, it can be difficult to navigate, difficult to understand, and downright frustrating.

There are companies that ask for monthly stipends from \$5.00 ranging up to \$100.00 a month- all offering a variety of coverage and included services. No one company stands out from the rest; rather each company offers different costs and benefits. The smaller stipend plans offer basic healthcare coverage, while you pay most of the additional expenses; while some of the costly options pay nearly all expenses and reward you for things like vaccination upkeep, spay/neuter, routine healthcare. Much like insurance for humans, the right option for your pet is dependent on what your home budget allows and your personal choice on the topic.

We don't advocate for any one company, but many fosters and adopters find that having pet insurance has taken a burden off their backs when it comes to having funds available for the emergent needs when your pup devours a towel or is injured at the park, or in some cases, for just good old fashioned routine care!

One slip on the ice can result in a substantial injury costing you \$2,000 +. Large medical issues can be costly and pet insurance helps pet owners in preparing for accidents and health problems.

We encourage you to consider the purchase of a policy that would help you and your wallet – making ownership of a pup that much more enjoyable!

Compare the offerings of various companies at Reviews.com - <a href="http://www.reviews.com/pet-insurance/">http://www.reviews.com/pet-insurance/</a>

Here are some options to consider:

- Embrace http://www.embracepetinsurance.com/
- PetFirst www.petfirst.com
- VPI Pet Insurance www.petinsurance.com
- 24 Pet Watch www.24petwatch.com
- ASPCA Pet Insurance <u>www.aspcapetinsurance.com</u>
- Trupanion www.trupanion.com

## **HEARTWORM PREVENTION FOR ALL DOGS**

## This Disease Must be Taken Seriously

Heartworm disease is a serious issue for dogs. One mosquito bite could result in this disease being transmitted to your unprotected dog. The treatment is expensive. And left untreated, heartworm is fatal.

#### Information

Heartworms are transmitted by mosquitoes and, once mature, take residence in the heart and large vessels of the lungs. If your dog has been recently infected or has a mild infection, it may show no signs of the illness. As the disease progresses your dog may show signs of lethargy, coughing, exercise intolerance, loss of appetite or difficulty breathing. In cats the signs are vomiting, coughing, diarrhea or difficulty breathing.

## **Facts**

- Puppies should be started on Heartworm preventative by 8 weeks of age (depending on the product being used).
- Dogs should be tested on a regular basis (recommendation by most vets is for dogs to be tested yearly)
- Heartworms are parasitic worms (about the diameter of thin spagnetti) that normally live free floating in the right ventricle of the heart and nearby blood vessels.
- The parasites are transmitted from one individual to another by mosquitoes.
- Heartworm is diagnosed with blood tests, and/or X-rays, along with other tests.
- Heartworm has been diagnosed in all 50 states and also worldwide. In most areas of the country Heartworm is an important pet health care issue.
- Your pet may have heartworms if he/she exhibits any of the following symptoms: anorexia, weight loss, exercise intolerance, lethargy, coughing.

## **Prevention**

Monthly heartworm prevention is not only required for all dogs adopted from OPH, but strongly recommended for any dog. Additionally, the American Heartworm Society recommends year-round prevention, even in seasonal areas. In addition to protecting your dog from heartworm, most monthly heartworm preventives have activity against intestinal parasites. Many of these same intestinal parasites that infect dogs can also infect people, so please speak with your vet about the best preventative for your dog.

#### **Resources**

- http://www.heartwormsociety.org
- http://www.petsandparasites.org/dog-owners/heartworms.html
- <a href="http://healthypets.mercola.com/sites/healthypets/archive/2011/11/22/cheaper-safer-therapy-for-heartworm.aspx">http://healthypets.mercola.com/sites/healthypets/archive/2011/11/22/cheaper-safer-therapy-for-heartworm.aspx</a>

## Operation Paws for Homes, Inc. Spay & Neuter Clinics & Low Cost Options

## Virginia

Potomac Spay Neuter Clinic

9975 Pennsylvania Ave. Manassas, VA 20110

*571.208.0199* 

http://www.potomacspayneuter.org/

Offers discounts at many vet clinics in the area.

No restrictions on income.

Finally a great option in NOVA!

Prince William SPCA/Neuter Commuter

PO Box 6631

Woodbridge, VA 22195

<u>(703) 772-2799</u>

http://www.pwspca.org/neutercommuter.html

Shenandoah Valley Spay & Neuter Clinic

910 N. Liberty Street Harrisonburg, VA 22802

(540) 437-1980

http://www.spayandneuterclinic.org/

Animal Welfare League of Arlington

2650 South Arlington Mill Arlington, VA 22206 (703) 931-9241 www.awla.org/

SPAY, Inc

PO Box 100220 Arlington, VA 22210

(703) 522-7920

http://www.spay.org/

Virginia Kincheloe Spay/Neuter Clinic

452 TV Drive

Fredericksburg/Spotsylvania VA 22408

(540) 507-7461

http://www.kincheloeclinic.org/clinic.htm

Fauquier SPCA Spay/Neuter Clinic\*\*

9350 Rogues Rd (Rt 602)

Casanova, VA

(540) 788-9000 x208

http://www.fauquierspca.com/clinic.html

## **District of Columbia**

Washington Humane Society\*\*

1001 L Street, SE

Washington, DC 20003

(202) 608-1356

http://support.washhumane.org/

\*\* OPH works with WHS on a regular basis!

## Maryland

**Animal Welfare Society/Howard County** 

8556 Davis Rd

Columbia, MD 21045

(410) 465-4350

http://www.petfinder.com/shelters/aws.html

**Frederick County Humane Society** 

1832 Rosemont Ave.

Frederick, MD 21702

(301) 694-8300

http://www.fchs.org/index.htm

**Humane Society of Baltimore County** 

1601 Nicodemus Rd.

Reisterstown, MD 21136

(410) 833-8848

http://www.bmorehumane.org/

**Helping Hands** 

13653 Unionville Rd

Mt Airy, MD 21771

http://www.helpinghandsvetclinic.com/index.html

## **Maryland SPCA**

3300 Falls Rd.

Baltimore, MD 21211

(410) 235-8826

http://www.mdspca.org/

**Humane Society of Charles County** 

PO Box 1015

Waldorf, MD 20604

(301) 645-8181

http://www.humanesocietycc.org/

Spay Now, Inc.

7401 Van Dusen Road

Laurel, MD 20707

Phone: (301) 483-7080

http://www.spaynow.org/

Spay Now, Inc.

125 Pullman Crossing, Suite 101

Grasonville, MD 21638

(410) 827-6464

http://www.spaynow.org/services

Spay, Inc.

Serves Washington, D.C. area

(703) 522-7920

On-line form at http://www.spay.org/request.html

Friends of Animals

1-800-321-PETS

| http://www.friendsofanimals.org/programs/spay-<br>neuter/index.html |
|---------------------------------------------------------------------|
|                                                                     |
|                                                                     |
|                                                                     |

## **Pennsylvania**

| SNAP of PA Spay Neuter Assistance Program, Inc PO Box 126702 Harrisburg, PA 17112-6702 (717) 732-5377 Serving South Central Pennsylvania http://www.snapofpa.org/coupon.html                                                                                                                         | Adams County Prevent A Litter Society, Inc. (ACPALS) PO Box 3682 Gettysburg, PA 17325 Phone: (717) 624-3408 http://www.acpals.org/                                                                                                                 |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Central Pennsylvania Animal Alliance Via its De-Sex in the City Program, provides free spay/neuter to dogs in the City of Harrisburg (717) 576-0899.  Also partners with Operation CatNIP to offer free spay/neuter for cats in the City of Harrisburg.  http://www.cpaa.info/lowcostspayneuter.html | Organization for Responsible Care of Animals (717) 397-8922 Low-Cost Spay/Neuter Assistance Program A program for pets of low-income people 1-866-472-7387 401 East Orange Street Lancaster, PA 17602 http://www.petfinder.com/shelters/PA322.html |
| York County SPCA 3159 Susquehanna Trail North York, PA 17406 (717) 764-6109 http://www.ycspca.org/SpayNeuter.htm                                                                                                                                                                                     | Humane Society of Harrisburg Area, Inc. 7790 Grayson Road Harrisburg, PA 17111 Phone: (717) 564-3320 http://www.humanesocietyhbg.org/Low- CostFree_Clinics.html Rental fee and deposit required.                                                   |

# LOW COST VACCINATIONS

There are great options available for booster shots and other tests that will have you a great deal of money.

- 1. Luv My Pet numerous locations
- 2. VIP Pet Care Clinics throughout VA, MD and PA offering low cost vaccinations and testing
- 3. Potomac Spay Neuter Clinic Visit their website and compare to your last vet bill.
- 4. Washington Humane Society Clinic Same comment as above
- 5. Spay Now Visit their website and compare prices

# REGISTRING YOUR DOG'S MICRO CHIP

To register your pet's microchip number, please follow the directions. There are two microchip companies that are used by OPH shelter partners. Please review your records. Locate the microchip and the company name.

## 24 Pet Watch – The microchip numbers start with 0A

- Log into 24petwatch.com
- Select Lost Pet option and change option on the left side
- Click on Dog (in red) to access the form.
- Print and complete the form you will need a copy of your adoption contract to send in. Please write the dog's ID number on the contract near the name.
- Fees are \$21.95/1 year or \$59.95/ lifetime

## **Home Again** - The microchip number has 15 numerals (no letters)

- Log into Homeagain.com
- Select Register
- Enter your email address and click Sign Up
- Complete the online form with \$17.95/yr payment.

If your OPH adopted dog goes missing, please contact OPH. We have helped many families find lost dogs. Many shelters will also contact us if an OPH dog has been located.

# **Puppy Worms?**

# It's Yucky, but it's a Fact of Puppyhood!

# Remember - Worms can kill so be prepared.

Puppies and worms.... Not exactly what you thought you would be reading about right?! Well, unfortunately puppies are prone to worms and its best to be prepared. Operation Paws for Homes provides this information to you for educational purposes. Not all adopters are keenly aware of the risks associated with worms in puppies. To help out our adopters, we provide the following facts about worms and puppies:

- 1. Almost all puppies have worms. They are born with them or the worms are transmitted while nursing from their mom!
- 2. Puppies and nursing moms must be wormed many times (every 1-2 weeks) to get rid of all of the worms. The gestation period for worms includes the eggs, hatchlings, and adult worms. As a result, dogs and puppies may need to be dewormed multiple times. Most wormers only kill the adult worms, so a second or third dewormer may be needed to kill eggs and young worms.
- 4. Just because you do not see worms, does not mean that they are not there.
- 5. Most wormers work by releasing the adult worms from intestinal wall causing them to come out in their poop.
- 6. Some worms can be transmitted to humans. Wash your hands after handling the puppy or cleaning up poop! So far, no one has gotten worms- Lets keep it that way!
- 7. Many monthly heartworm preventatives include a wormer to keep adult dogs worm free.
- 8. The good news is its fairly easy to help treat worms if you use dewormer and are diligent! The bad news is-if left untreated, worms will lead to serious health problems.

## **Additional Web Based Sources:**

- 1. The Puppy Place <a href="http://www.the-puppy-dog-place.com/puppy-worms.html">http://www.the-puppy-dog-place.com/puppy-worms.html</a>
- 2. Companion Animal Parasite Council http://www.petsandparasites.org/dog-owners/index.html

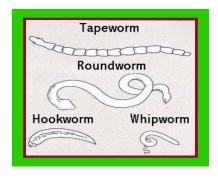
## Different Worms to Be Aware of:

**Roundworms** -The most common of dog worm infestations. They are commonly passed from mother to puppy before their birth or during nursing. Infected puppies appear to have a pot belly and any dog left untreated will quickly become severely infested. Roundworms have a spaghetti type appearance.

**Flatworms or Hookworms** – These worms hook themselves inside of your dog's intestinal tract, as well as, their lungs and liver and feed on blood from the blood in the walls. They cannot be seen without a stool sample and microscope. Hookworms can kill by making the dog or puppy anemic (draining their blood).

**Whipworms** - Are worms that live in your pups colon and can't be seen without a microscope. The feed off of the intestinal walls and cause other ailments and symptoms such as diarrhea.

**Tapeworms** - These worms have many flat segments that are the size of a grain of rice. If you see these in your puppies poop, you will need a special wormer to get rid of them- Usually Panacur, Drontal or Droncit.



## Finding time for Your New Dog in Your day!

We want to help owner's find a good balance and also spend time with their dogs... Here are some thoughts and suggestions to include your new addition into your daily lives:

## "I work too much or too long hours" -

Do you feel like you work too much and have too much to do in the evenings and cannot pay enough attention to your dog? Is your family too busy to take care of the dog? Does you dog get into trouble when you are out?

#### If so... consider this:

- Chores Are you spending "quality" time with you dog when you do spend time together? Consider this Are you talking to them while emptying the dish washer or folding laundry? Can you pause and throw their ball down the hall while putting away laundry into drawers? Do you garden? Spend time throwing a ball or Frisbee while working in the garden.
- **Exercise** Are you an exercise buff and can you include them? Could you include a short run or walk in your routine so Fluffy can participate?
- **Dog Park** Let's face it going to the dog park means different things for different people. Do you talk to neighbors the whole time? If so, break away and bond with your dog. You should definitely spend quality time engaging in fetch and playing with your dog. Let them socialize as well, but you should join in the socialization.
  - Running errands Dogs are welcome at many pet stores and some restaurants and hotels.

## Resources:

- Restaurants that are dog friendly www.bringfido.com/restaurant/
- Dog friendly restaurants & bars http://www.petfriendlyrestaurants.com/
- **Short training sessions** do you have ten minutes a day? If so, you can have an amazing bonding experience with your dog in just ten minutes. You don't even need to leave your living room. There are TONS of online training guides that will allow you to self-train.

#### Resources:

- Dog Star Daily Online training manual http://www.dogstardaily.com/
- Dog training headquarters: http://www.dogtraininghq.com/

If you combine playing/exercise and training, you will come out ahead with your dog. Once you have a well-mannered dog, it is much easier to include him in your activities. Think about it... need to take the kids to the little league game? Bring the dog! Dropping off your daughter at dance? Bring the dog! Waiting for your teenager in the car while they go to the dentist? Bring the dog and go for a walk while you wait.

• Short vacations – Take the dog! So many hotels away dogs and many hotels do not charge more than a nominal fee for your four legged friends. Considered your dog is too big? Several rescue volunteers have traveled with their personal big dogs and found no issues!

#### Resources:

- Pet's Welcome: http://www.petswelcome.com/
- Bring Fido: www.bringfido.com/
- Weekend fun Did you know that several national parks, hiking trails, monuments, vineyards, etc. in the DC metro area allow dogs? Yes, even Mt. Vernon estate or the National Mall or Northern VA vineyards are dog friendly. Take some time to do a quick internet search and include your dog in your weekend plans!

#### Resources:

- Dog Friendly Places <u>www.dogfriendly.com</u>
- Hiking trails www.hikewithyourdog.com/
- **Doggie daycare** Sure, its not free. But, even one or two days a week will help your dog out! Find a daycare on the way to your work and let you dog have Tuesdays be their day with friends! If you can't afford or don't want to pay for a full week, find a place where you can do just one or two days a week!

#### Resources:

- Finding a daycare www.findpetcare.com/
- Search by area www.findpetcare.com/

**Remember – your dog loves you!** Try to incorporate your dog into your life and spend some good, quality time with them. It doesn't have to be hours of your life dedicated to your dog. You would be surprised how easy it is to include them in your daily life!

## PUPPY MANGE ~ A COMMON AILMENT FOR PUPPIES

Puppy Mange is the non-typical term for Demodex Mange. Mange? Sounds horrible right? Did you know every dog has this mite living on them? Yes, it's true. Did you know that changes in environment, a new home, new food, and several other life changes can trigger a "mange outbreak"? It's true.

While many dogs will never experience an outbreak of mange, puppies coming from shelters, rescues and breeders may be affected by this condition due to the life changes the dog will experience after adoption/purchase. Read more about this condition before getting freaked out or loosing hope!

#### **OVERVIEW**

#### What is it?

Demodectic mange, also known as "puppy mange" or "demodex," is a microscopic mite. All dogs raised normally by a mother possess the mite. Mites are passed from mom to pup in the first few days of life. Most dogs never suffer an outbreak from the mites. However, when conditions change in the dog's life and/or the dog's immune system is compromised), the mites may gain in number causing issues for the dog.

## **Symptoms**

The increased number of demodex mites on a dog can manifest themselves through a couple of symptoms that people can watch for. First, demodex may lead to patchy hair loss with a normal skin appearance underneath the spots. This is a localized form of demodex. In addition to the hair loss, the dog may experience itching (mild or a moderate amount of itching). In several cases of demodex, the hair loss can be widespread and the dog's itching may be moderate to severe.

#### **TREATMENT**

Some mild cases of demodex will resolve themselves without treatment. Once a dog's immune system is able to control the number of mites, the demodex may clear up without antibiotics. Mitiban baths, probiotics, and ivermectin are commonly used to treat dogs with demodex. Internally at OPH, we treat demodex with proven methods that we have consulted with vets on. Vets will offer a range of treatment plans. Most involve mitiban dibs and ivermectin. We strongly encourage the use of probiotics to help the dog's immune system.

## **FAQ**

## 1. Is Demodex contagious?

Demodex mange, unlike sarcoptic mange, is not considered to be contagious. Further, isolation of dogs is not generally thought to be necessary. It is believed that mites are only transferable from mom to newborn pup. As in life, there are exceptions where mites can move from one dog to another. New studies are evaluating whether mites can be transferred. However, studies still believe that if the dog is healthy, no outbreak occurs.

## 2. What dogs are most prone to outbreaks?

Puppies and dogs who are less than 18 months old.

#### 3. What if my vet says the dog may have to be euthanized for this condition?

With all due respect, get a new vet. This is incredibly common and your vet should never say such a thing.

#### 4. How often does OPH see cases of demodex?

At least once a month. We have successfully treated dozens of cases of demodex from mild cases to severe cases. All of the dogs have gone on to live happy, healthy lives.

#### **REFERENCES**

- 1. <a href="http://www.marvistavet.com/html/body\_demodectic\_mange.html">http://www.marvistavet.com/html/body\_demodectic\_mange.html</a>
- 2. <a href="http://drbarchas.com/demodex">http://drbarchas.com/demodex</a>
- 3. http://www.petcarenaturally.com/articles/mange.php

# CHILDREN AND DOGS

Dogs and humans speak different languages, and nowhere is this difference more clear than when kids and dogs get together. Signs of affection from kids — hugging, kissing, playing dress-up, sharing a blanket — can make dogs feel threatened. Dogs also often feel unsafe around the high-pitched voices and quick, unpredictable movements that are so natural to children. Dogs express their discomfort through signals that people often don't recognize or understand. This can lead to a bite or nip that is not a child's or dog's fault, but rather our own.

If you're a parent, you love your kids and your dog, and want them to become happy companions. If you're a "pet parent" without kids in the home, you want your dog to develop good relationships with children who visit, as well as those you meet in public.

## **Key points to remember:**

- Learn to read your dog's stress signals. If your dog isn't enjoying your child, it's time to intervene.
- Carefully supervise all play between your child and dog. Being in the same room with them isn't enough.
- Recognize that when your dog growls, he is warning you, in the best way he knows how, that he is overstressed and needs your help.
- Remember that the same dog that loved your baby may not be as comfortable when that same baby is a toddler, young child, or teenager.
- Keep in mind that sometimes, it's best to put your dog in a separate area <u>before</u> your children's friends arrive, so that your dog isn't revved up by the loud noises and sudden, quick movements that ensue.

## Even a "Good Dog" Can Bite

Head lowering or turning, a tucked tail, moving away, lip licking, shaking off (as if wet), yawning or a half-moon eye (white arc around the iris) are all messages from your dog that he is stressed and needs to get away. When we miss their signs of distress, our dogs may end up growling to let us know that they have had enough.

Punishing a growl won't protect your child. Rather, it will teach your dog to bite without a growled warning!

Parents are typically surprised to learn that most dog bites to children occur when parents are in the same room. We don't notice that what we think of as cute is stressful for our dogs. We miss the signs.

But even "good" dogs will bite if no one is helping them and they see no other way out. Supervise interactions and intervene early. Let your dog escape to a "safe" place before he feels a need to protect himself.

## Tolerance vs. Enjoyment

Your dog, especially if he's mellow, may tolerate some of your child's more rambunctious antics. But when your child chases, falls on, picks up, hugs or grabs your dog, most dogs don't enjoy it. Unless your dog is enjoying, not just tolerating, the interaction with your child, it's a good idea to separate the two. Likewise, when your child has had enough of your dog's nipping, jumping or licking, give your child somewhere safe to go.

Make sure their time together is happy, and give them a break before your child is upset or your dog is stressed.

## Conditioning is not a guarantee

Some parents have tried pulling tails, ears, and bumping into dogs to prepare them for children. Not only is this unfair to your dog, it also doesn't guarantee that your dog will tolerate children doing the same. Your dog has a unique relationship with each person; so, focus on building a good relationship between your dog and your child.

Teach your dog to associate your child with good things happening by giving your dog special treats when your infant or toddler is around. Teach your school-age child how to gently offer a treat and make sure your children have activities of their own, even though your dog is in the same room.

## Good intentions are not enough

Many children mean well when they're with your dog, but that's not enough. Your dog can be unhappy when children do things that are uncomfortable—like hugging, kissing, patting the dog's head, going into his crate, or lying down on him. At

home and in public, help children who run up to your dog learn what your dog likes and how to read his signals. Encourage them to pet your dog on his chest or under his chin, and then only if your dog approves. Teach them that if your dog backs away or looks away, it's time for a nice good-bye. They may even be pleased that they have learned some "Doglish".

## Teens can be as tough as toddlers

Your field of vision has to grow as your child does. Even if your dog was fine around your baby, when that same child begins crawling, walking and falling, it's a new ballgame. Young children and teens present their own set of dangers, like riding bikes, throwing balls, having friends over, and running around the house. Just because your teen has grown up with dogs and can reason (kind of) doesn't mean that he won't do mindless things around your dog.

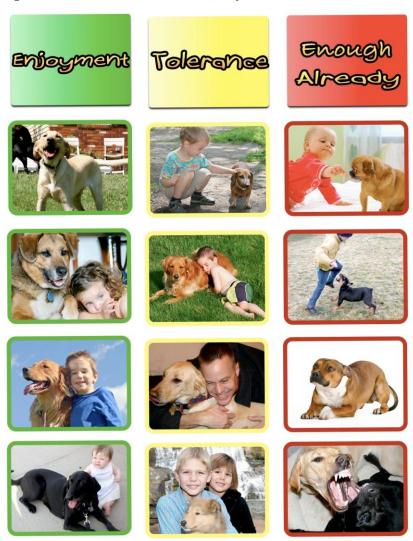
And when your children's friends come over, it may be best to separate your dog from the chaos by putting him in his own space with a stuffed Kong or interactive toy before those friends arrive.

## Supervision is critical

Supervision means more than being in the same room with your child and dog. Paying attention to what goes on, and letting your dog escape when he needs to, will help your child and dog learn how to enjoy each other. Children and dogs can build memories together that last a lifetime, but they can't do it without your guidance and support.

## **Enough Already**

The chart below is presented, with the kind permission of its author Colleen Pelar. Notice the different body language in each column, and remember that if your dog is tolerating, rather than enjoying, your child at that moment, it's time to help your dog escape before things escalate. Be safe, rather than sorry.



# Help Us Help More Dogs!

# **Amazon Smile**

Do you use Amazon to shop? Did you know you can shop and support OPH at the same time? Adding OPH to your shopping trips is easy.

For Amazon, simply go to - <a href="http://smile.amazon.com">http://smile.amazon.com</a>. Select "Operation Paws for Homes" as your choice of Charity. Then shop! It's literally that easy and you can get done shopping and know you helped to save dogs at the same time.

# **GoodSearch**

OPH has joined over 100k other non-profit organizations and schools on GoodSearch. Goodsearch is a search engine, powered by Yahoo that donates a penny per search to a designated cause. Designate Googsearch.com as your primary search engine and start contributing to the rescue, rehabilitation, and placement of dogs in need, one search at a time!

Select "Operation Paws for Homes" as your cause: <a href="GoodSearch.com">GoodSearch.com</a>

# **iGive**

With your iGive account our dogs will receive a donation every time you shop at over 1,000 online stores, including Crate and Barrel, Buy Buy Baby, Petco, Toys R Us, and over 1,300 more stores!! It's free and easy and you can help us to save more dogs!

Select "Operation Paws for Homes": iGive

# **Wooftrax**

Support us simply by walking your dog! Use the app each time you grab for the leash. It's healthy for you, your dog, and OPH. The average donation is 25 cents per mile. Find Operation Paws for Homes listed under **Alexandria VA**, **Baltimore MD**, **Hanover PA and Washington DC**.

Visit - http://www.wooftrax.com/ and select "Operation Paws for Homes"