

Nutrition & Foods to Avoid

Toxic Foods - Common household food and items that dog should not be given or allowed to ingest.

<u>Item</u>	<u>Notes and Comments</u>
• Chocolate/caffeine	
• Onion	<i>Be very careful with onions!</i>
• Mushrooms	
• Grapes/raisins	<i>even a handful can have effects</i>
• Broccoli	<i>in large quantities</i>
• Coffee, Coffee Grounds, Tea, Soda	
• Raw fish	<i>when fed regularly</i>
• Nutmeg	<i>small doses results in toxic effect</i>
• Sugar-free foods	
• Baby food with onion powder	
• Human vitamins with iron	<i>large doses of iron can cause severe damage</i>
• Macadamia nuts	
• Poultry bones	<i>poultry bones splinter and can cause several damage</i>
• Avocado	<i>all parts of the avocado and avocado tree are toxic</i>
• Several plants and flowers!!	<i>Plant info: http://www.entirelypets.com/toxicplants.html</i>

** This list is not inclusive.

The list was created from information on the following websites: www.peteducation.com, www.entirelypets.com, www.animalpetsandfriends.com. Please visit their sites for more complete information on toxic foods for dogs.

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**Nutrition** - Resources that provide information of dog food, treats, and alternative foods for the health and care of your dog.

- **When changing foods, you can boil chicken and rice together to help transition from one food brand to another. It cuts down on loose stool and helps the dog transition.**
- To check out how dog foods stack up against each other nutritionally we recommend this website: [www.dogfoodanalysis.com](http://www.dogfoodanalysis.com)
- Dog Food ratings: <http://www.the-puppy-dog-place.com/dog-food-ratings.html>
- Website provides nutritional information about dog food, explanations of dog food ingredients, and an up-to-date list of dog food recalls: <http://www.dogfoodproject.com>
- Nutritional comparisons for dog food brands: <http://www.the-puppy-dog-place.com/dog-food-comparisons.html>
- Supplements: Dogs who itch may do so from a lack of nutrients, flea bites or a compromised immune system. Improper diet and fleas can contribute. Consider adding supplements to your dog's diet such as multi-vitamins and salmon oil: <http://www.stopdogitching.com/dog-supplements.html>
- Recipes for dog food and treats: <http://recipes4gourmetdogs.com>
- All natural dog foods and treats: <http://www.all-natural-dog-treat.com/>