



Monday 3rd October

Minestrone

Chicken, green veggies and wheat heart

Fruit *

Tuesday 4th October

Chervil soup

Marengo veal, veggies and steamed potatoes

Dairy*

Thursday 6th October

Mushroom soup

Veggie nuggets, grilled veggies* and basmati rice*

Biscuit

Friday 7th October

Green cabbage soup

Greek Mezze, lettuce* and baguette*

Fruit *

Monday 10th October

Pumpkin soup

Veggie pasta

Fruit*

Tuesday 11th October

Chicken cream

Beef carbonade, carrots* and mashed potatoes

Fruit *

Thursday 13th October

Zucchini soup

Stirfried veal, tomato green beans and pépinettes

Biscuit

Friday 14th October

Carrot soup

Cheese pork sausage, broccoli* and oven baked potatoes

Fruit*

Monday 17th October

Tomato & mascarpone soup

Veggie burgers and salad*

Fruit*

Tuesday 18th October

Spinach soup

Ham & mushroom pasta casserole

Fruit *

Thursday 20th October

Onion soup

Blanquette of turkey, veggies and basmati rice*

Fruit*

Friday 21st October

Seasonal soup

Sliced farm bacon, pumpkin* and steamed potatoes

Dairy*

Monday 24th October

Andalou soup

Penne, cheese and spinach sauce

Fruit*

Tuesday 25th October

Thai & Coco soup

Liege meatballs, and mashed carrots

Dairy

Thursday 27th October

Mushroom soup

Fish fillet, ratatouille* and steamed potatoes

Fruit*

Friday 28th October

Pumpkin soup

Chinese noodles, chicken, tomato veggies wok

Biscuit

*** = From ecological and eco-responsible agriculture and breeding**