

# Continuing Personal Development Report

## COMP150 - CPD Report 2

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### 1 Introduction

My career goal is to become a professional games programmer as well as developer, and be known for making good, fun and even enlightening games. The two key skills I have faced the most problems with in the second term were: Managing finance and being disciplined. I also still had problems with some of the skills from my previous report.

### 2 Managing Finance

Finance has probably my main nemesis since coming to university. I have struggled with both keeping track on my spending and finding a source of income. With keeping track on my spending, I managed to sort that out after a while, and that problem was intertwined with my addiction struggles, such as sugar addiction. As with jobs, I have applied to several, possibly not enough, since none of them worked out. I heard from my friend that I might be too picky, which I see now that this criticism has a lot of basis in reality. A smart action I will take to sort my current job problem, is once the summer holiday starts, I will focus solely on looking for a job until I get one.

### **3 Being Disciplined**

The mentioned before discipline and addiction problem, was mainly due to a bad mental state resulting from bad lifestyle choices, which were sometimes also caused by the bad mental state, a sort of loop which I had to break out of. I managed to sort most of these problems out already, the most impactful one being the sugar/snacking addiction. I have completely switched to the ketogenic diet and cut out all sugar. I have also talked with a friend about my mental state and controlling emotions, and now I feel great both physically and mentally. I have also started being productive again, and when I did my controller project I felt like the passion for making games and learning came back to me. For this problem I do not have a smart action to take, as I already sorted it out. All I have to do now is keep it up and keep improving the state of things further by including some exercise into my lifestyle etc.

### **4 Conclusion**

To realize my goals, I will have to overcome my financial problem, as without money to live I will not be able to finish university, and who knows what would happen to me in that case. To accomplish that I will keep working on the goals I set in my last report, as I haven't done all of them, as well as realize the goal of finding a job by focusing solely on that task after the summer holiday period starts.