COVIDISTRESS global survey

v.1.1

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Survey Flow

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Block: Default Question Block (1 Question)
Standard: Block 1 (16 Questions)
Standard: Block 2 (2 Questions)
Standard: Block 4 (3 Questions)
Standard: Block 5 (5 Questions)
Standard: Block 6 (1 Question)
Standard: Block 7 (1 Question)
Standard: Block 3 (3 Questions)
Standard: Block 8 (5 Questions)
Standard: Block 10 (1 Question)
(Note: language registered)
```

Page Break

Start of Block: Default Question Block

head

How is Coronavirus affecting your life?

Welcome. This study is currently being conducted by researchers all over the world. The goal is to map how the Coronavirus-situation affects humans across countries, cultures and our little individual differences.

There are many questions, because we need to understand the nuances. So take a seat, and press the button to get started.

We hope you want to participate!

End of Block: Default Question Block

Start of Block: Block 1

Consent

You are being invited to take part in a research study, shared by a scientist in your country. Before you decide to participate in this study, it is important that you understand why the research is being done and what it will involve. Please take the time to read the following information carefully. Please ask the researcher if there is anything that is not clear or if you need more information.

TITLE OF RESEARCH: Psychological stressors and behavioural implications of COVID-19

PRINCIPAL INVESTIGATOR and CONTACT EMAIL:

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PURPOSE OF THE RESEARCH:

We want to map out all the factors, that might affects people's psychological wellbeing and their ability to make good decisions during the COVID-19 (or "Coronavirus") outbreak all over the world. Researchers form many countries are collaborating on this project, to help scientists and decision makers help and communicate.

STUDY PROCEDURE:

You will be asked a series of questions in an online survey - mostly you will answer by clicking boxes to supply your opinion or experience. The survey is rather long, butyou may stop at any time. If there is a question you'd rather not answer, you may at skip ahead to the next part.

BENEFIT AND RISK:

The study involves no risks beyond those encountered in normal everyday life or reading about Coronavirus on the internet. You can decide to withdraw from the data collection at any time, without the need to provide justification.

CONFIDENTIALITY

This is carried out as an anonymous survey. We will not be collecting your name, email or IP address (About Qualtrics and GDPR). The resulting global dataset will be made available to researchers and others via the Open Science Framework.

Do you give your consent to the all	ove?	
O yes		
○ No		
Skip To: End of Survey If Consent = N	/o 	
Display This Question: If Consent = yes		

intro Researchers across the globe have come together to share this survey, and we are grateful for your help. Thank you for agreeing to answer our many questions. The following pages contain questions related to your experience during the time when Coronavirus (also SARS-CoV-2) and the COVID-19 illness is spreading across the world. Remember that you are anonymous, and that there are no right or wrong answers.

Some background about you

Dem_age Age
▼ 18 110
Dem_gender Gender
○ Male
○ Female
Other/would rather not say
Dave and What has talk as with as your layed of a dynastic and
Dem_edu What best describes your level of education?
▼ - PhD / Doctorate None
Dem_edu_mom What best describes your mother's level of education?
▼ - PhD / Doctorate None
Dem_employment Employment status
▼ Student Retired
Country Country of residence
▼ - other Zimbabwe

Dem_Expat Are you currently living outside of what you consider your home country?
○ yes
O no
Dem_state State/province
次
Dem_maritalstatus Marital status
▼ single other or would rather not say
Dem_dependents Number dependents (i.e. family members relying on you for support. Usually children)
▼ 0 110
Dem_riskgroup Are you or any of your close relations (familiy, close friends) in a high-risk group for Coronavirus? (e.g. pregnant, elderly or due to a pre-existing medical condition)
○ yes
○ no
O not sure

Dem_islolation What best describes your current situation?
▼ Life carries on as usual Isolated in medical facility of similar location
Dem_isolation_adults If in relative isolation, how many other adults are staying together in the same place as you are?
▼ 0 110
Dem_isolation_kids If in relative isolation, how many children under the age of 12 are staying together in the same place as you are?
▼ 0 110
End of Block: Block 1
Start of Block: Block 2
AD_gain Imagine that [your country] is preparing for the outbreak of an unusual disease, which is expected to kill 600 people. Two alternative programs to combat the disease have been proposed. Assume that the exact scientific estimate of the con- sequences of the programs are as follows:
Which of the two programs would you favor?
○ · If Program A is adopted, 200 people will be saved.
○ · If Program B is adopted, there is 1/3 probability that 600 people will be saved, and 2/3 probability that no people will be saved
AD_loss Imagine that [your country] is preparing for the outbreak of an unusual disease, which is expected to kill 600 people. Two alternative programs to combat the disease have been

proposed. Assume that the exact scientific estimate of the con- sequences of the programs are

as follows:

Which of the two programs would you favor?
○ · If Program C is adopted 400 people will die.
\bigcirc \cdot If Program D is adopted there is 1/3 probability that nobody will die, and 2/3 probability that 600 people will die.
End of Block: Block 2
Start of Block: Block 4
Display This Question:
If AD_gain = ⋅ If Program A is adopted, 200 people will be saved.
Or AD_gain = · If Program B is adopted, there is 1/3 probability that 600 people will be saved, and 2/3 probability that no people will be saved
Or AD_loss = · If Program C is adopted 400 people will die.
Or AD_loss = \cdot If Program D is adopted there is 1/3 probability that nobody will die, and 2/3 probability that 600 people will die.
AD_check The previous question has been used in other research too. Did you recognize it, and if so, did you remember what the original study was about? (choose "yes" for either)
○ yes
○ no
O not sure
PSS_intro And now some general questions about your life at home and possibly work, during the past period.
□ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □

Scale_PSS10_UCLA In the last week, how often have you...

	Never	Almost never	Sometimes	Fairly often	Very often
been upset because of something that happened unexpectedly?	0	0	0	0	0
felt that you were unable to control the important things in your life?	0	0	0	0	0
felt nervous and "stressed"?	0	\circ	\circ	\circ	\circ
felt confident about your ability to handle your personal problems?	0	0	0	0	0
felt that things were going your way?	0	0	0	0	0
found that you could not cope with all the things that you had to do?	0	0	0	0	0
been able to control irritations in your life?	0	0	0	0	0
felt that you were on top of things?	0	\circ	0	0	0
been angered because of things that were outside of your control?	0	0	0	0	0

felt difficulties were piling up so high that you could not overcome them?	0	0	0		0		(0
felt that you lacked companionship?	0	0	0		0		(\circ
felt left out?	0	\circ			\circ		(\bigcirc
felt isolated from others?	0	\circ	0		\circ		(\bigcirc
End of Block: Blo	ock 4							
Start of Block: Bl	ock 5							
Trust_intro And no	w a general quest	tion about trust						
OECD_people On			zero is no	t at all ar	nd ten is	comple	etely,	in
	•	0	1 2	3 4	5 6	6 7	8 9	9 10
	m	ost people						
most p	eople you know p	ersonally?						
DECD_insititutions pase your answer		-			these in	nstitutio	ns, ple	ease
Please tell us, on a D means you do no			-					elow
o means you do ne	i a ust an msutuut	on at all, and 10 0	-	3 4	-			9 10

[Country's] Parliament/government?	
[Country's] police?	
[Country's] civil service?	
[Country's] health system?	
The World Health Organisation (WHO)	
[Country's] government's effort to handle Coronavirus	

Corona_concerns How much do you agree, that you are you concerned about the consequences of the Coronavirus ...

	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
for yourself?	0	0	0	0	0	0
for your family?	\circ	\circ	\circ	\circ	\circ	\circ
for your close friends?	0	\circ	\circ	\circ	\circ	0
for your country?	\circ	\circ	\circ	\circ	\circ	\circ
For other countries across the globe?	0	\circ	0	0	\circ	0

taken the appropriate measures in response to Coronavirus?
O too little
O 1
○ 2
○ 3
○ 4
○ appropriate
○ 6
○ 7
○ 8
O 9
○ too much
End of Block: Block 5
Start of Block: Block 6

Trust_countrymeasure All things considered, do you believe that [Country's] government has

Compliance Many countries as well as the World Health Organisation (WHO) have issued some guidelines for how to behave during the Coronavirus situation, including added hygiene, testing

and social distancing by staying away from social events, standing away from others in public spaces, avoiding leaving your home unnecessarily, keeping your children home, etc.

	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
I feel well informed about steps I can take, to help reduce the spread of Coronavirus	0	0	0	0	0	0
I have done everything I could possibly do as an individual to reduce the spread of Coronavirus	0	0			0	0
I have done everything I could possibly do to keep physical distance to others	0	0	0	0	0	0
I feel that keeping a physical distance from others would have a high personal cost to me	0	0			0	0
I trust others around me to follow guidelines to stop the spread of Coronavirus	0	0	0	0	0	0

I have bought large extra supplies of food or grocery items

End of Block: Block 6

Start of Block: Block 7



BFF_15 Finally, to finish the first part of the survey, please forget the Coronavirus situation for a moment, and think about yourself on normal days.

I see myself as a person who...

	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
is often concerned	0	\circ	0	0	\circ	\circ
easily gets nervous	0	\circ	\circ	\circ	\circ	\circ
is good at staying cool in stressful situations	0	0	0	0	0	0
likes to chat	0	\circ	\circ	\circ	\circ	\circ
is extrovert and sociable	0	0	0	0	0	0
is socially reserved	0	\circ	\circ	\circ	0	\circ
gets lots of new ideas	0	0	\circ	\circ	\circ	0
appreciates art and aesthetics	0	0	\circ	\circ	\circ	0
has a vivid imagination and can think of things that do not yet exist	0	0	0	0	0	0
is sometimes impolite to others	0	0	0	0	0	0

is forgiving towards others	0	0	\circ	\circ	\circ	0
is kind and considerate towards almost everyone	0	0	0	0	0	0
is thorough and meticulous	0	0	\circ	\circ	\circ	0
is rather lazy	0	\circ	\circ	\circ	\circ	\circ
is effective when I do something	0	0	0	0	0	0

End of Block: Block 7

Start of Block: Block 3

Q42 Researchers across the globe have come together to share this survey, and we are grateful for your help.

At the moment Coronavirus is thought to spread by a factor of at least two, meaning that everyone carrying the virus will infect at least two other people. Can we spread this research survey in your country even faster than the virus?

Take a break, and share the survey with at least two people. To share, copy and paste this text into an email, message or social media post, or use link in your own message:

I have just taken part in this international survey, to help a team of scientists understand how the Coronavirus situation is affecting people across my country. This is important research. Please take the survey too!

https://aarhus.eu.qualtrics.com/jfe/form/SV 6X6017nwDwNEv7D

(you will see this again at the end)

Now we would also like to know more about how the Coronavirus situation affects your daily life in [Country]. Please continue to the next questions, to complete the final part of our survey.

Expl_Distress

In the current situation, do you feel distressed over...

	Strongl y disagre e	Disagre e	Slightly disagre e	Slightl y agree	Agre e	Strongl y agree	Does not apply to my current situatio n
My day-to-day income right now	0	\circ	\circ	\circ	\circ	\circ	
Being able to perform my work well enough	0	\circ	\circ	\circ	0	\circ	0
My children's education	0	\circ	0	\circ	\circ	\circ	\circ
Future job prospects	0	\bigcirc	\circ	\circ	\circ	\circ	\circ
Access to everyday necessities like food and other grocery items	0	\circ	\circ	0	\circ	\circ	0
Not being able to take part in social activities and occasions	0	\circ	\circ	0	\circ	\circ	0
Not being able to take part in religious activities	0	\circ	\circ	\circ	0	\circ	\circ
Coping with the behavior of adults who I am in isolation with	0	\circ	\circ	\circ	\circ	\bigcirc	\circ
Coping with the behavior of children under 12 who I am in isolation with	0	0	0	\circ	0	0	0
The national economy	0	\circ	\circ	\circ	\circ	\circ	\circ
Civil services like police, sanitation, etc.	0	\circ	\circ	\circ	\circ	\circ	\circ
The risk of myself or others I know catching Coronavirus	0	0	\circ	0	\circ	0	0

The risk of myself or others I know getting hospitalized or dying from Coronavirus	0	0	0	0	\circ	0	0
Worry over friends or relatives, who live far away	0	\bigcirc	\circ	\circ	\circ	\circ	0
Having to adapt my work to digital platforms	0	\circ	\circ	\circ	\circ	\circ	\circ
Having to adapt my social life to digital platforms	0	\bigcirc	\circ	\circ	\circ	\circ	0
Feeling ashamed acting differently towards other people (e.g. at work, if out shopping)	0	0	\circ	\circ	\circ	\circ	0
Loneliness	0	\bigcirc	\circ	\circ	\circ	\circ	0
How much time I spend inside	0	\circ	\circ	\circ	\circ	\circ	\circ
How much time I spend in close proximity with others	0	\circ	\circ	\circ	\circ	\circ	0
Not knowing about developments related to Coronavirus	0	\circ	\circ	\circ	\circ	\circ	\circ
Not knowing what I should do to limit the spread of Coronavirus	0	\circ	\circ	\circ	\circ	\circ	0
Not knowing about how long measures like social distancing or closed shops/schools/restauran ts will be in effect	0	0	0	0	0	0	0
Not being able to travel outside [Country]	0	\circ	\circ	\circ	\circ	\circ	0

Expl_Distress_txt Other?

End of Block: Block 3

Start of Block: Block 8



SPS Now something very important: Coping with the Coronavirus situation

In your current day to day life, to what degree do you agree with the following?

	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
There are people I can depend on to help me if I really need it.	0	0	0	0	0	0
There are people who enjoy the same social activities I do.	0	0	0	0	0	0
I feel part of a group of people who share my attitudes and beliefs.	0	0	0	0	0	0
I have close relationships that provide me with a sense of emotional security and well-being.	0	0	0	0	0	0
There is someone I could talk to about important decisions in my life.	0	0	0	0	0	0
I have relationships where my competence and skills are recognized.	0	0	0	0	0	0

There is a trustworthy person I could turn to for advice if I were having problems	0	0	0	0	0	0
I feel a strong emotional bond with at least one other person.	0	0	0	0	0	0
There are people who admire my talents and abilities.	0	0	0	0	0	0
There are people I can count on in an emergency.	0	0	0	0	0	0

\chi_2

Expl_Coping I have found the following helpful for reducing with feelings of discomfort during the Coronavirus situation:

	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
Information from the government	0	0	0	0	0	0
Face-to-face interactions with friends and family	0	0	0	0	0	0
Phonecalls or other long- range interactions with friends and family	0	0	0	\circ	0	0
Face-to-face interactions with colleagues	0	0	0	0	0	0
Phonecalls or other long- range interactions with colleagues	0	0	0		0	0
Social media	0	\circ	\bigcirc	\bigcirc	\circ	\circ
Video games (alone)	0	\circ	\circ	\circ	\circ	\circ
Video games (online)	0	\circ	\circ	\circ	\circ	\circ
Watching tv- shows or movies	0	\circ	\circ	\circ	\circ	\circ
Dedicating myself to helping others	0	0	0	0	0	0
Dedicating myself to preparing for the crisis	0	0	\circ	0	0	0

myself to following the government's advice Dedicating myself to my	0	0	0	0	0	0
work/vocation Dedicating						
myself to an activity or hobby	0	\circ	\circ	\circ	\circ	\circ
God, religion or spirituality	0	\circ	\circ	\circ	\circ	\circ
Knowledge of actions taken by the government or civil services	0			0		0
Expl_coping_txt	Other?					-

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Expl_media During the period where Corona Virus has impacted [Country]...

	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
I have sought information from the [Country's] government more frequently than usual	0	0	0	0	0	0
I have sought information from independent news outlets in [Country] more frequently than usual	0			0	0	
I have sought information from news outlets outside of [Country] more frequently than usual	0		0	0	0	
I have sought information from friends and family more frequently than usual	0	0	0	0	0	0
I have sought information via social media more frequently than usual	0	0	0	0	0	0

I hear more positive stories than negative stories about people's behaviors during Coronavirus				0
wellbeing or ge	nally, if there is enerally has cha esearchers will	anged during		
End of Block:	Block 8			_

Start of Block: Block 10

Q50 At the moment Coronavirus is thought to spread by a factor of at least two, meaning that everyone carrying the virus will infect at least two other people. Can we spread this research survey in your country even faster than the virus?

Share the survey with at least two people. To share, copy and paste this text into an email, message or social media post, or use link in your own message:

I have just taken part in this international survey, to help scientists understand how the Coronavirus situation is affecting people across my country. This is important research. Please take the survey too!https://aarhus.eu.qualtrics.com/jfe/form/SV 6X6017nwDwNEv7D

Thank You

The International COVIDiSTRESS-19 Psychology study team

End of Block: Block 10