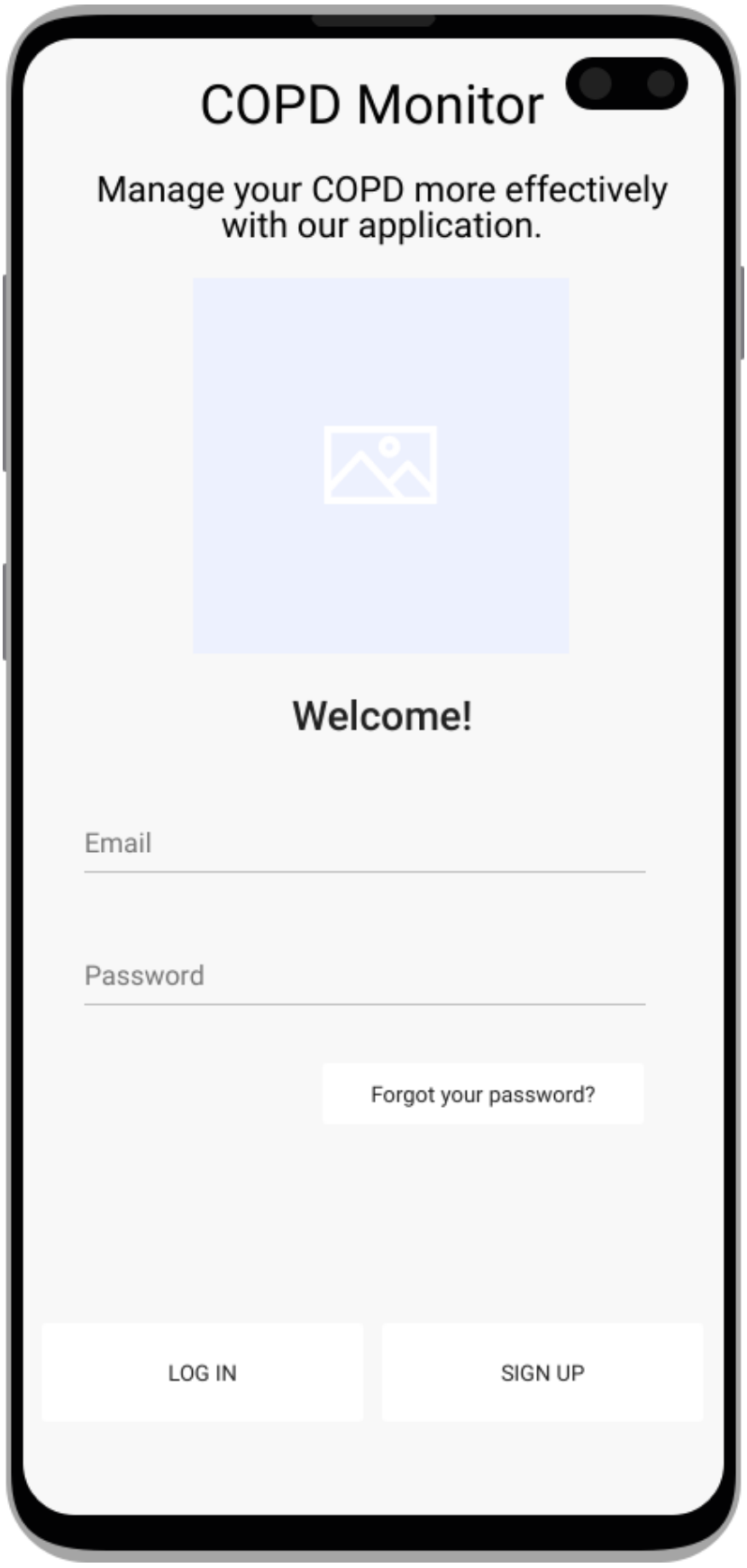
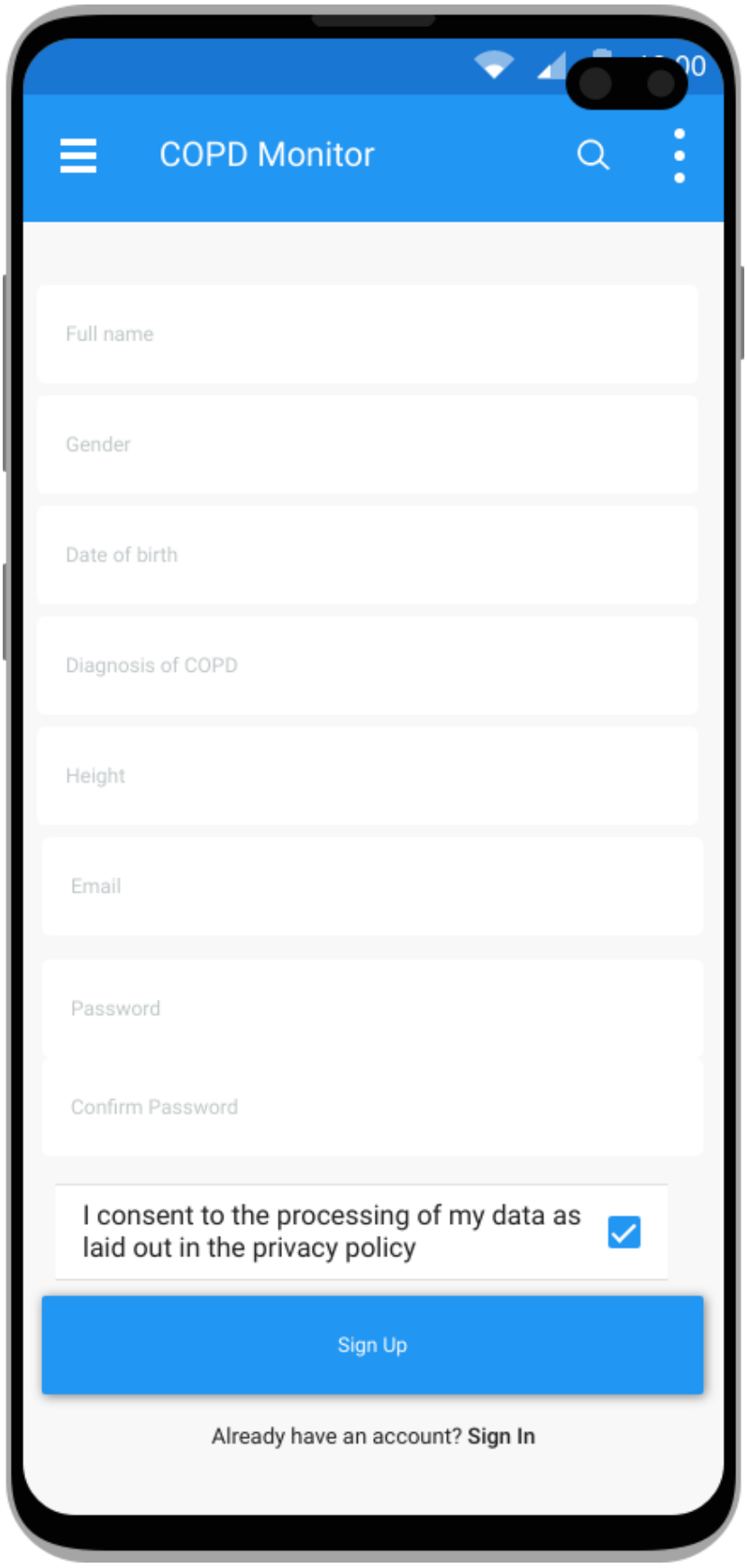
COPD Monitor App

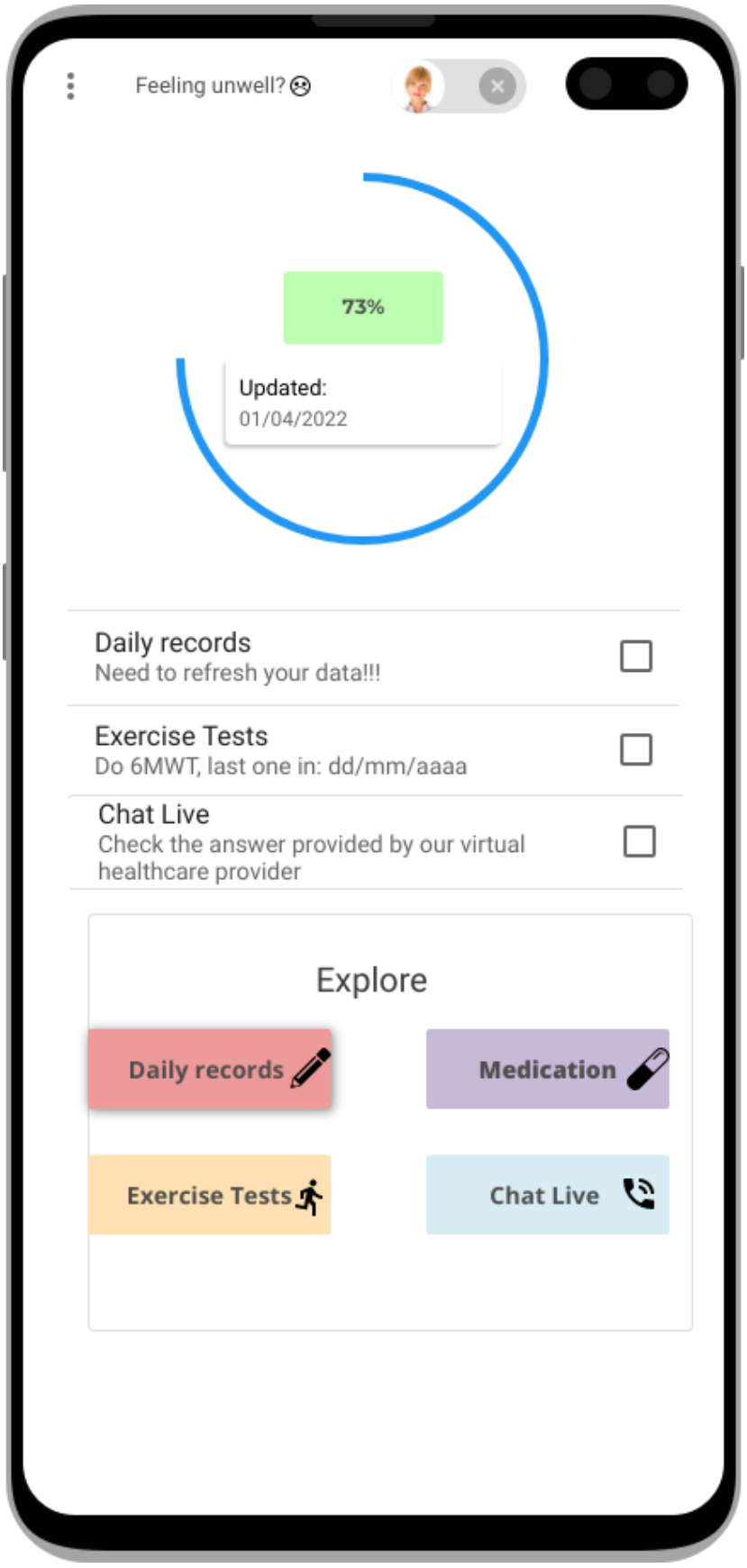
João Martins

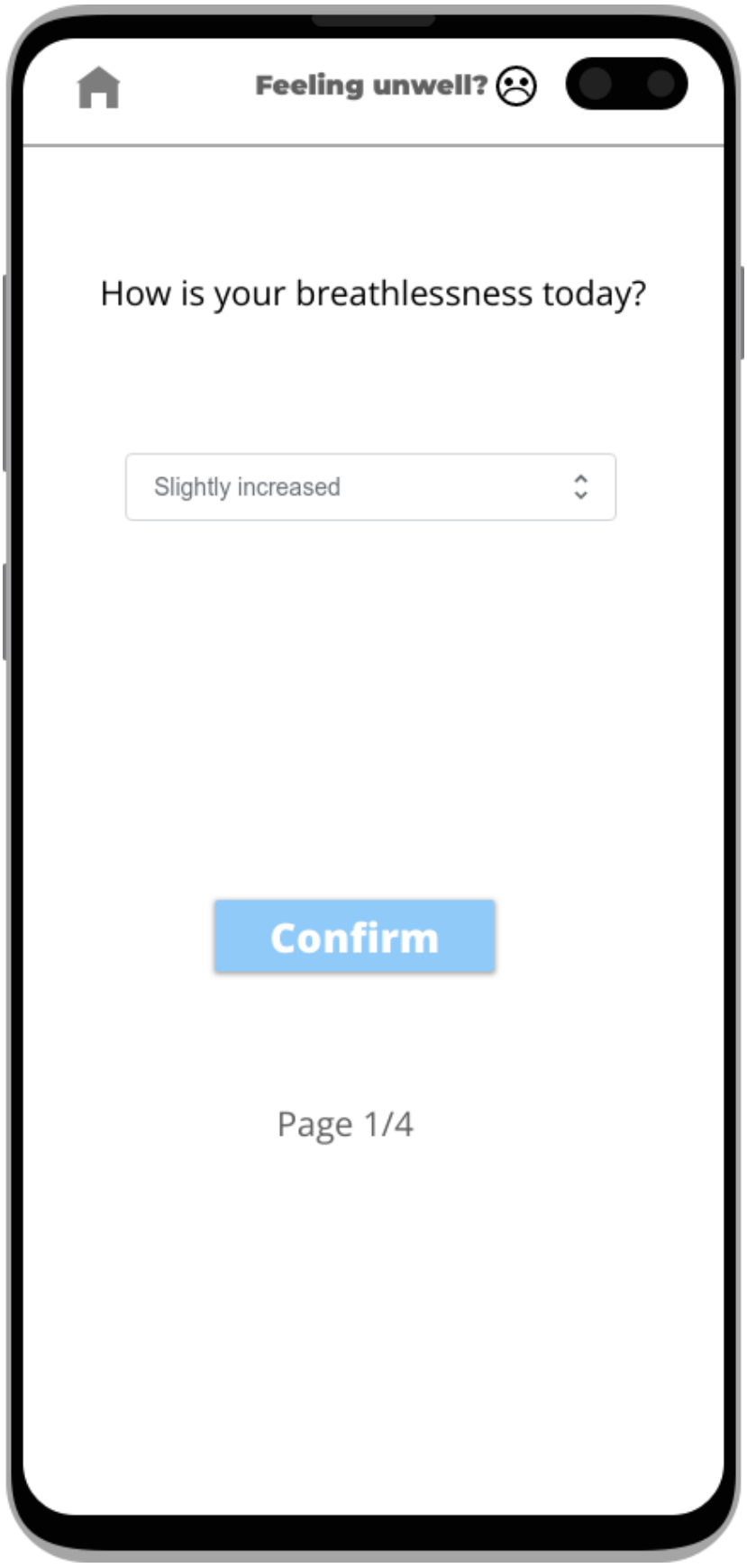
11

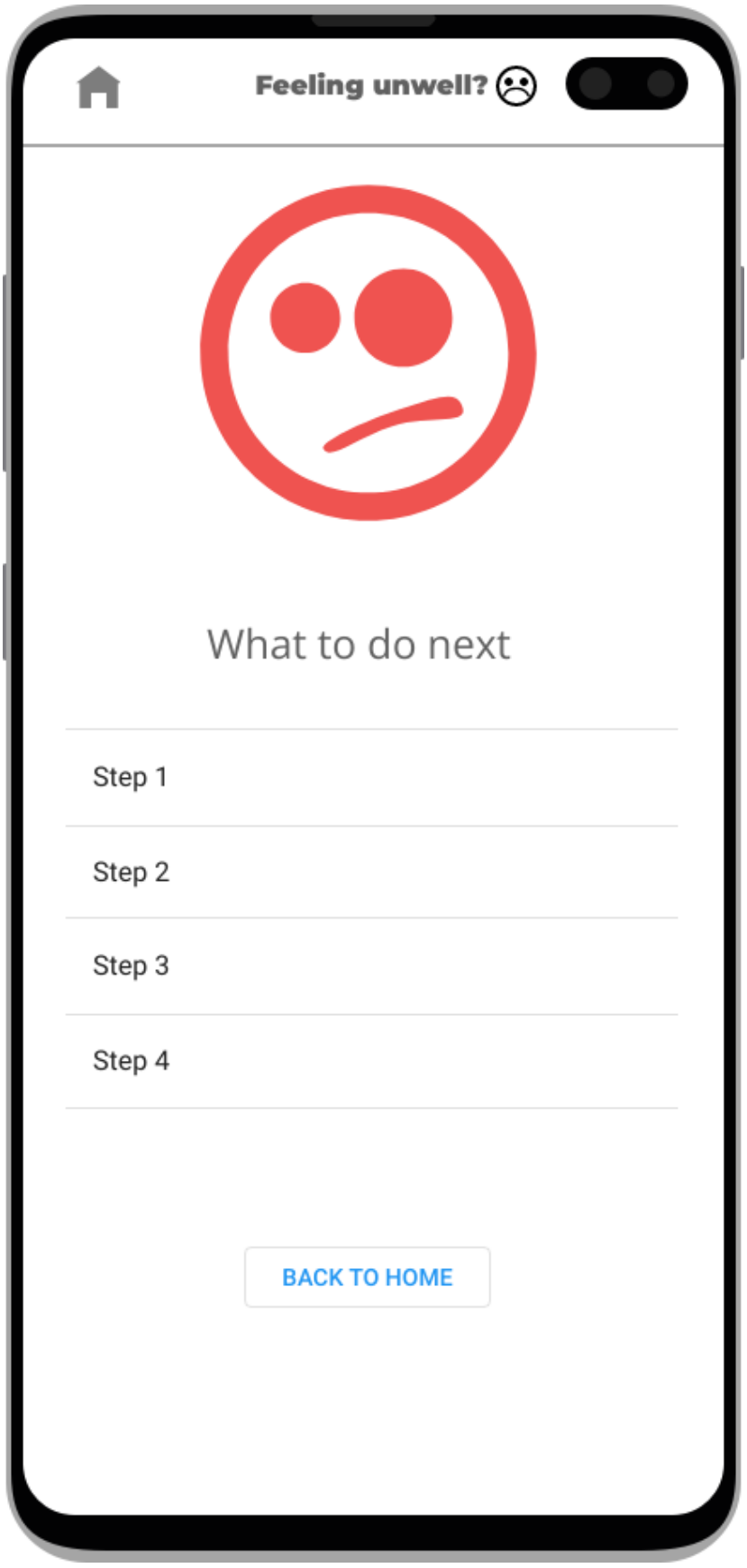
screens

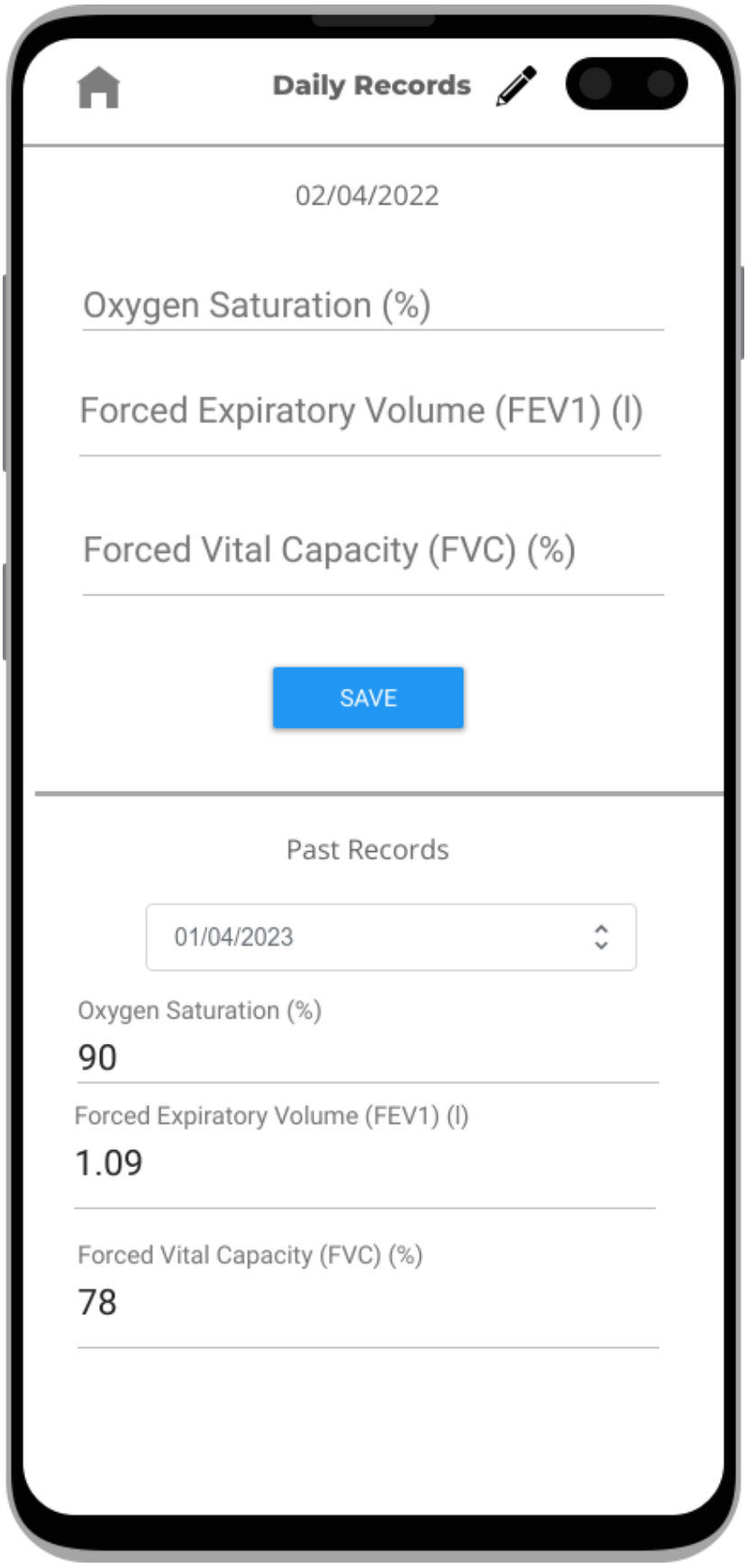

COPD Monitor
Manage your COPD more effectively with our application.
Welcome!
Email
Password
Forgot your password?
LOG IN
SIGN UP

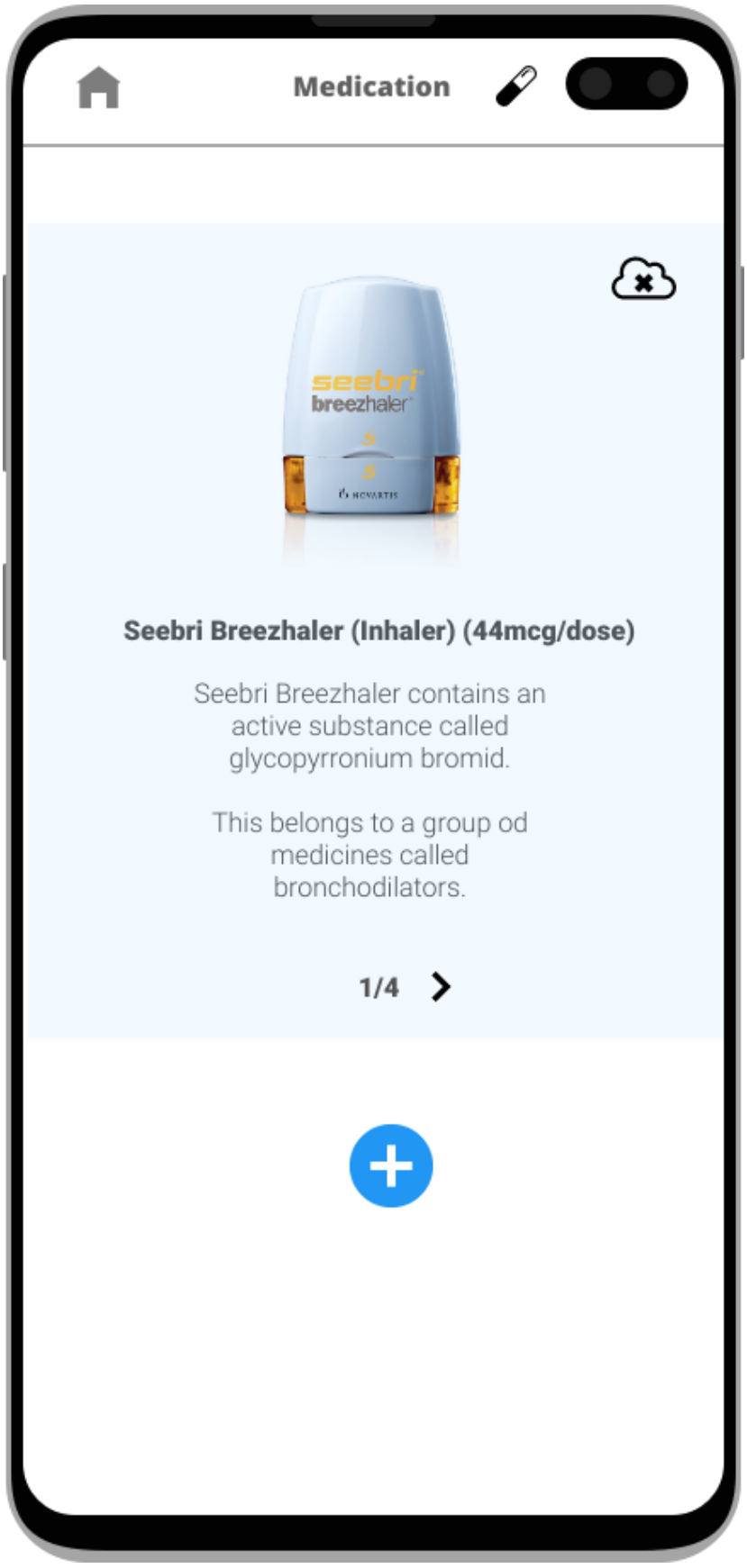

COPD Monitor
Full name
Gender
Date of birth
Diagnosis of COPD
Height
Email
Password
Confirm Password
I consent to the processing of my data as laid out in the privacy policy
Sign Up
Already have an account? Sign In

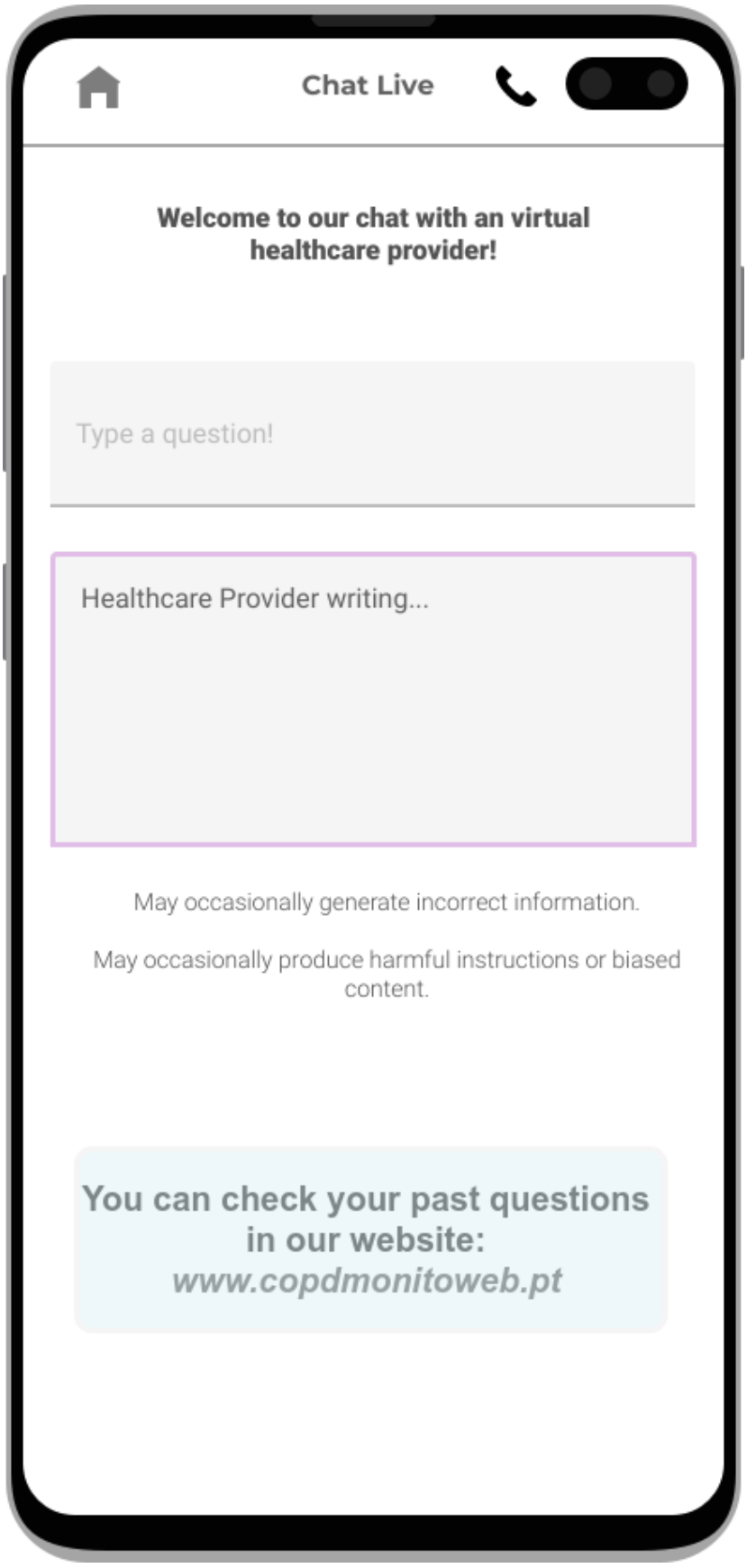

Feeling unwell?
73%
Updated:
01/04/2022
Daily records
Need to refresh your data!!!
Exercise Tests
Do 6MWT, last one in: dd/mm/aaaa
Chat Live
Check the answer provided by our virtual healthcare provider
Explore
Daily records
Medication
Exercise Tests
Chat Live

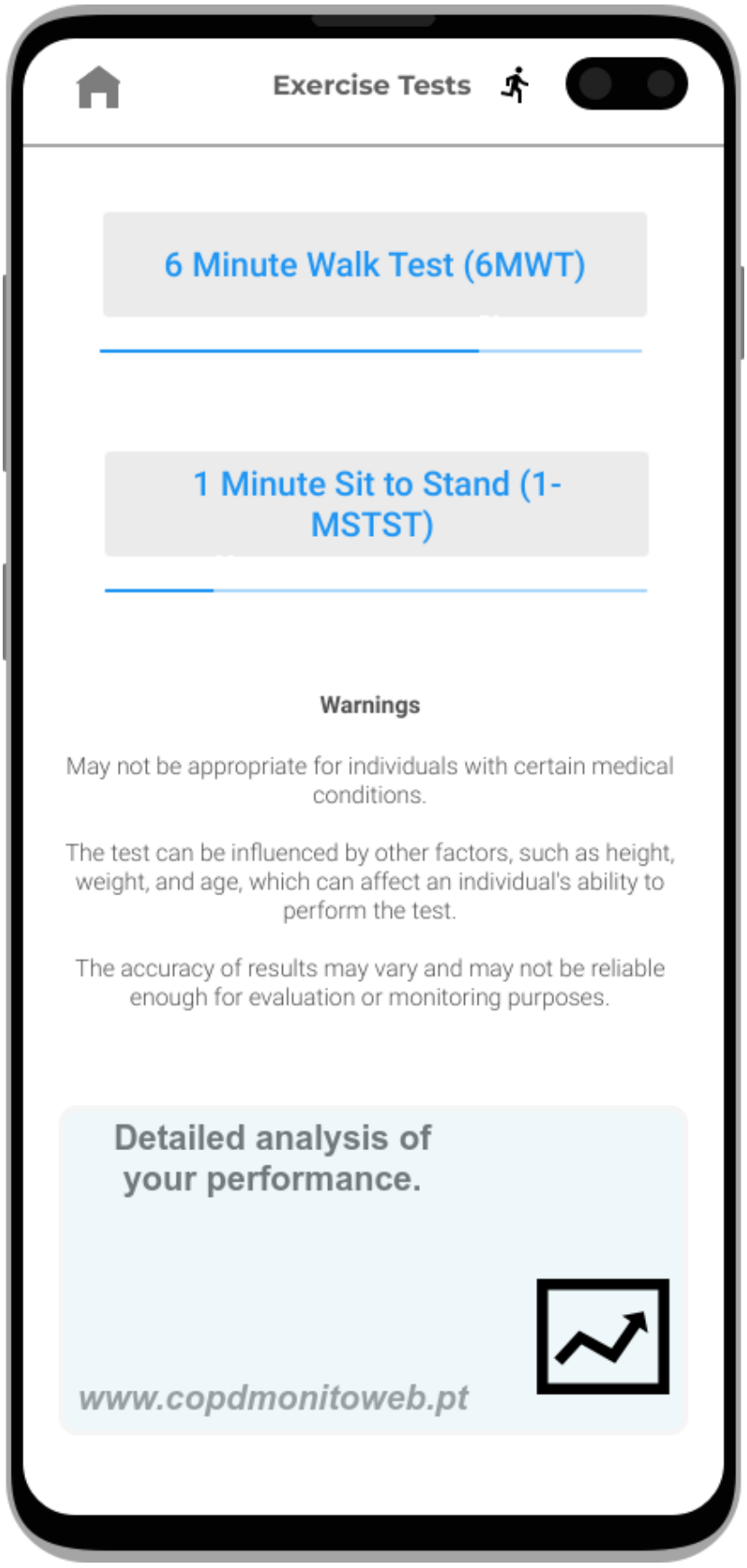

Feeling unwell?
How is your breathlessness today?
Slightly increased
Confirm
Page 1/4

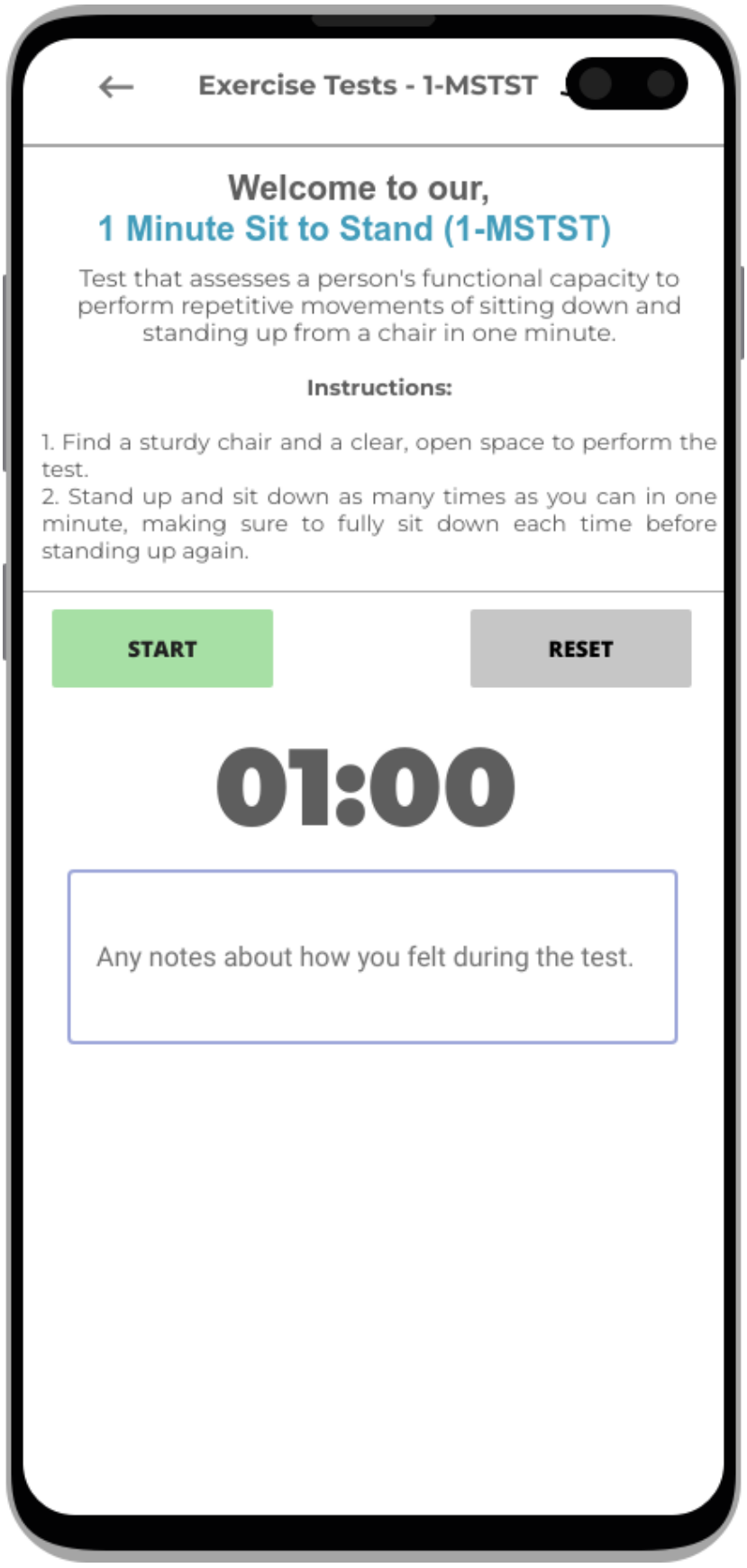

Feeling unwell?
What to do next
Step 1
Step 2
Step 3
Step 4
BACK TO HOME

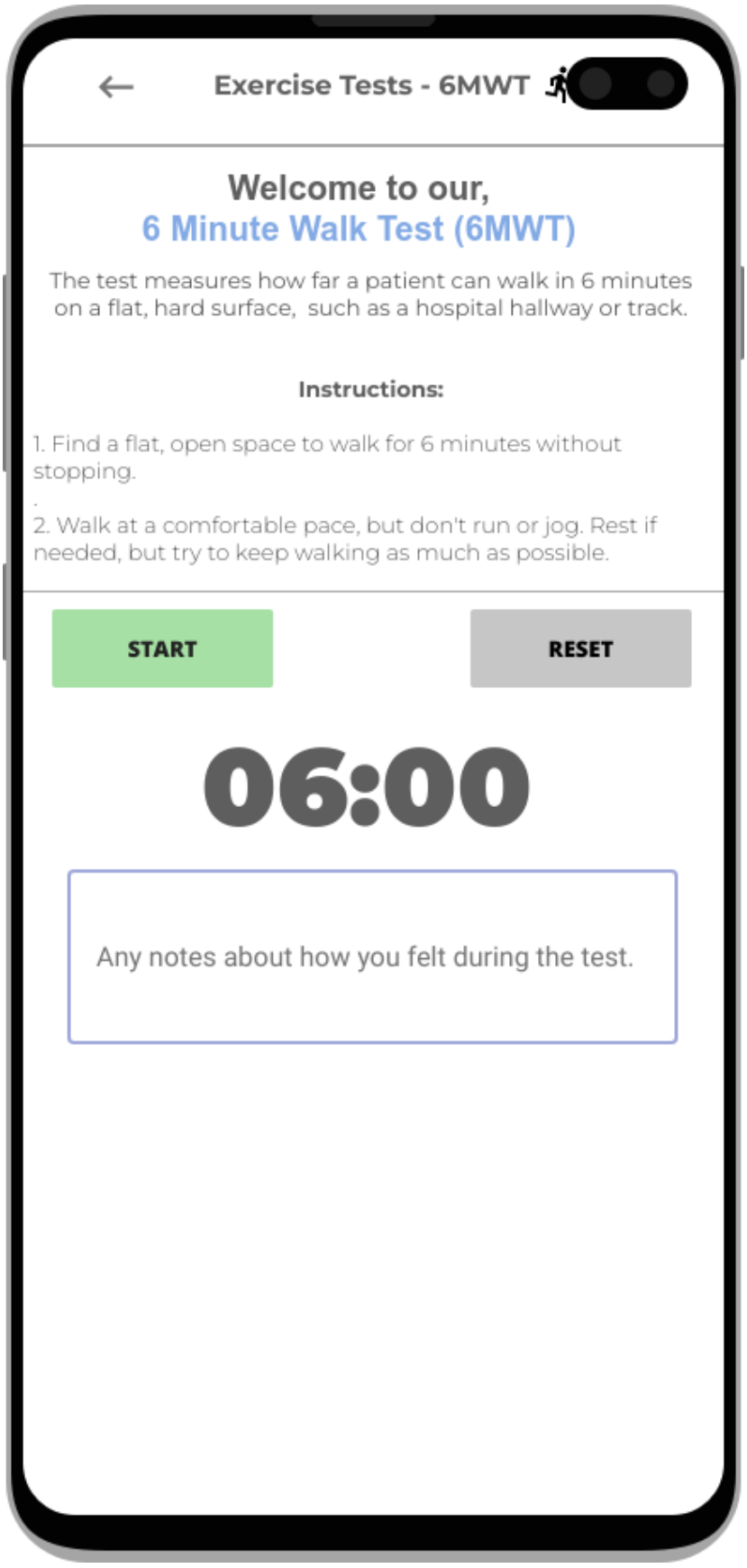

Daily Records
02/04/2022
Oxygen Saturation (%)
Forced Expiratory Volume (FEV1) (l)
Forced Vital Capacity (FVC) (%)
SAVE
Past Records
01/04/2023
Oxygen Saturation (%)
90
Forced Expiratory Volume (FEV1) (l)
1.09
Forced Vital Capacity (FVC) (%)
78


Medication
seebri
breezhaler
Seebri Breezhaler (Inhaler) (44mcg/dose)
Seebri Breezhaler contains an active substance called glycopyrronium bromid.
This belongs to a group od medicines called bronchodilators.
1/4


Chat Live
Welcome to our chat with an virtual healthcare provider!
Type a question!
Healthcare Provider writing...
May occasionally generate incorrect information.
May occasionally produce harmful instructions or biased content.
You can check your past questions in our website:
www.copdmonitoweb.pt


Exercise Tests
6 Minute Walk Test (6MWT)
1 Minute Sit to Stand (1-MSTST)
Warnings
May not be appropriate for individuals with certain medical conditions.
The test can be influenced by other factors, such as height, weight, and age, which can affect an individual's ability to perform the test.
The accuracy of results may vary and may not be reliable enough for evaluation or monitoring purposes.
Detailed analysis of your performance.
www.copdmonitoweb.pt


Exercise Tests - 1-MSTST
Welcome to our,
1 Minute Sit to Stand (1-MSTST)
Test that assesses a person's functional capacity to perform repetitive movements of sitting down and standing up from a chair in one minute.
Instructions:
1. Find a sturdy chair and a clear, open space to perform the test.
2. Stand up and sit down as many times as you can in one minute, making sure to fully sit down each time before standing up again.
START
RESET
01:00
Any notes about how you felt during the test.


Exercise Tests - 6MWT
Welcome to our,
6 Minute Walk Test (6MWT)
The test measures how far a patient can walk in 6 minutes on a flat, hard surface, such as a hospital hallway or track.
Instructions:
1. Find a flat, open space to walk for 6 minutes without stopping.
2. Walk at a comfortable pace, but don't run or jog. Rest if needed, but try to keep walking as much as possible.
START
RESET
06:00
Any notes about how you felt during the test.