# proto.10



## **COPD Monitor App**

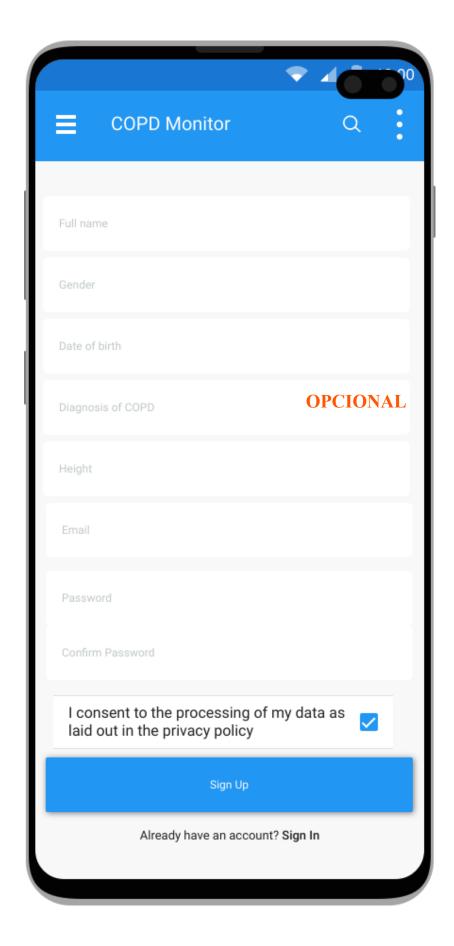
João Martins

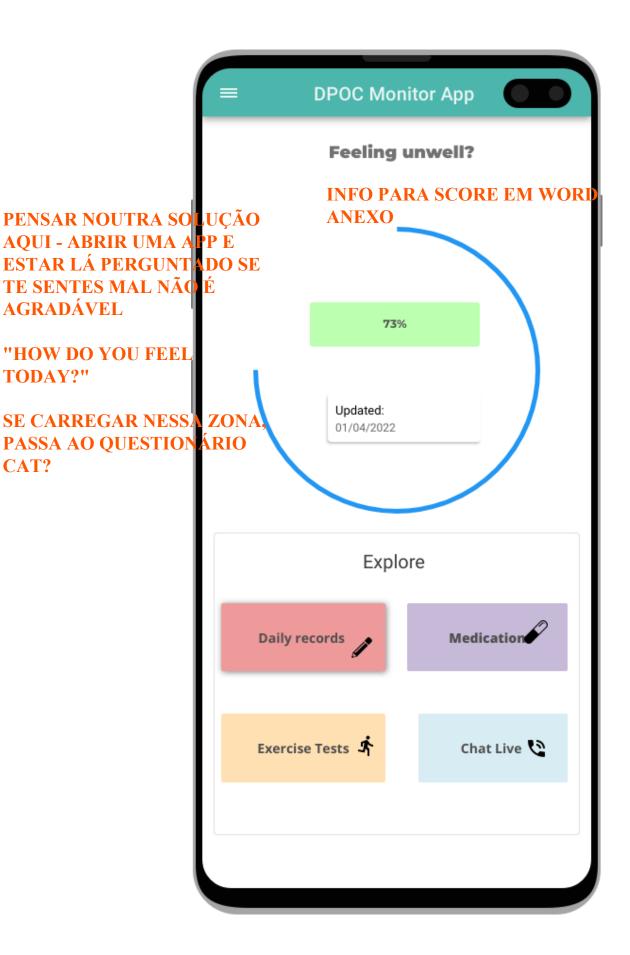


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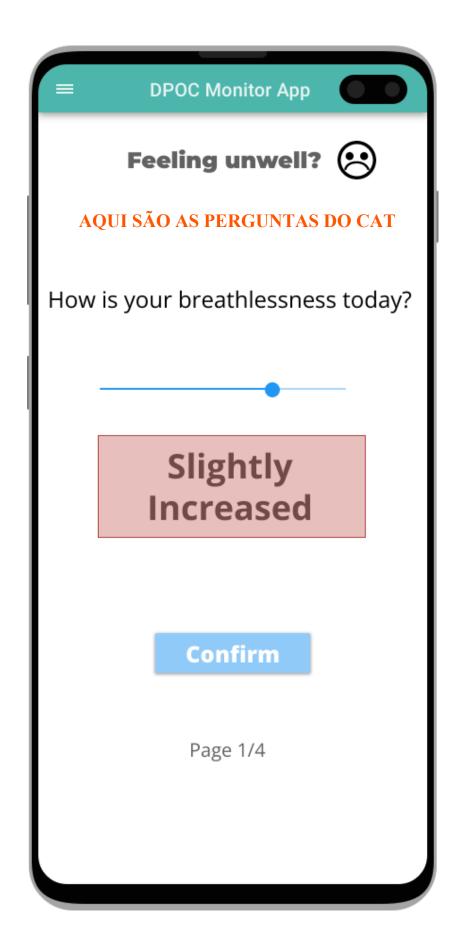
screens

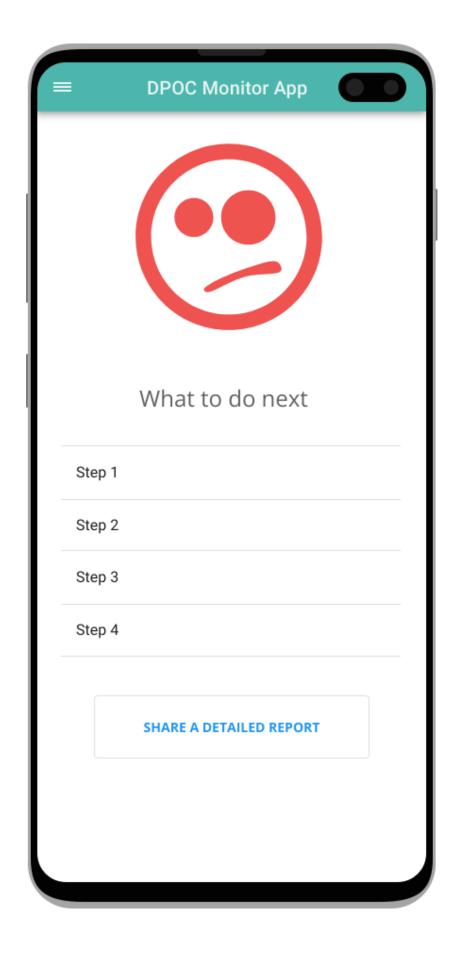


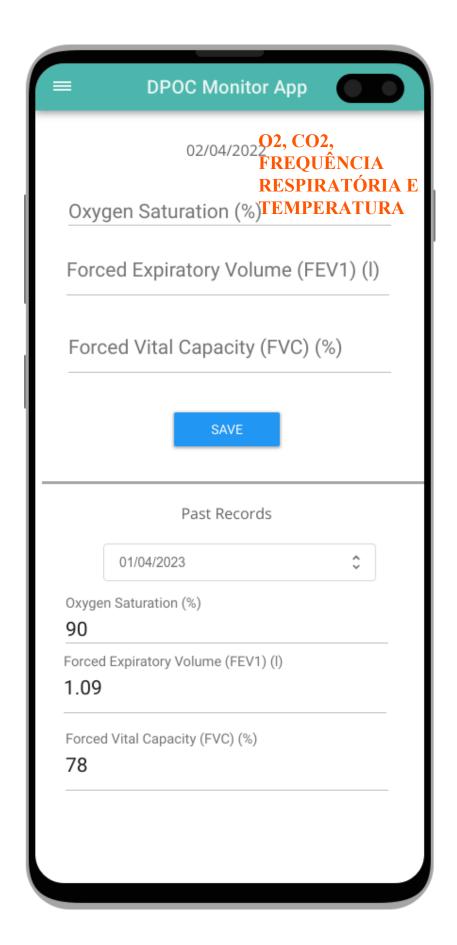


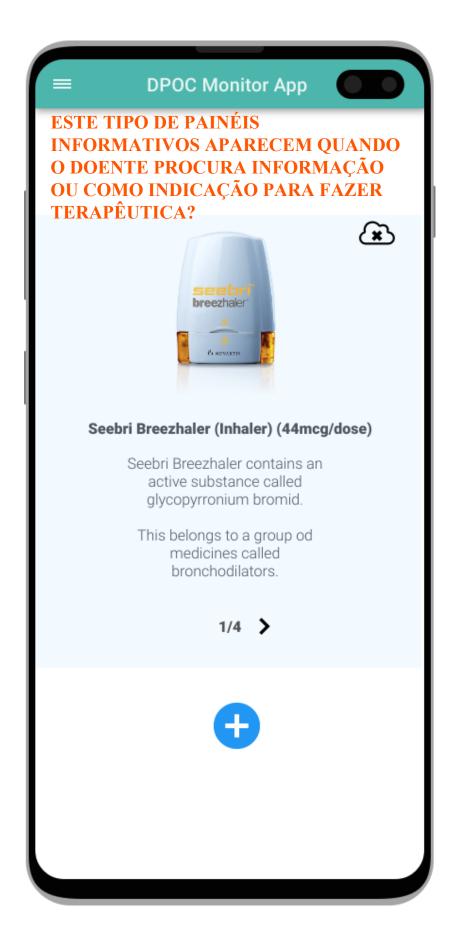


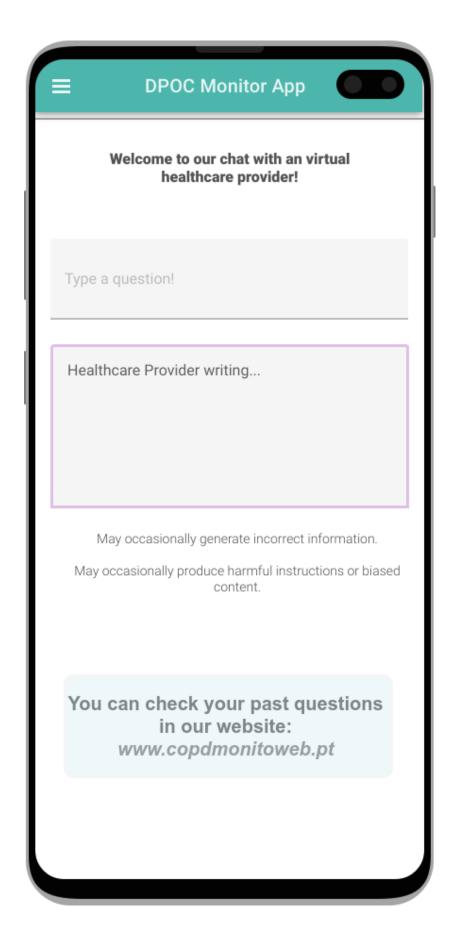
made with **proto.10** 

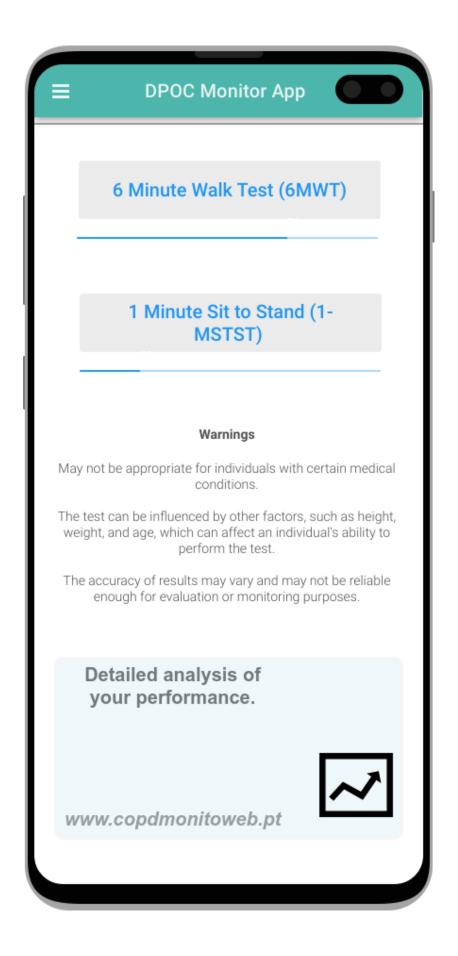














### ur.

#### Welcome to our, 1 Minute Sit to Stand (1-MSTST)

Test that assesses a person's functional capacity to perform repetitive movements of sitting down and standing up from a chair in one minute.

#### Instructions:

- Find a sturdy chair and a clear, open space to perform the test.
- Stand up and sit down as many times as you can in one minute, making sure to fully sit down each time before standing up again.

**START** 

RESET

01:00

Difficulty Felt

COMO TÍNHAMOS FALADO NA REUNIÃO, RETIRAR A MEDIÇÃO DE DIFICULDADE

DURANTE O TESTE A IDEIA É QUE SEJAM MEDIDOS OS PARÂMETROS DO DISPOSITIVO, DANDO DADOS MAIS OBJETIVOS DA EVOLUÇÃO DO DOENTE

