Action and Points

For playing up to 60 minutes: 1 point

For playing 60 minutes or more: 2 points

For each goal scored by goalkeeper: 10 points

For each goal scored by defender: 6 points

For each goal scored by midfielder: 5 points

For each goal scored by forward: 4 points

For each assist for a goal: 3 points

For a clean sheet by a goalkeeper or defender: 4 points

For a clean sheet by a midfielder: 1 point

For every 3 shots saved by goalkeeper: 1 point

For each penalty save: 5 points

For each penalty miss: -2 points

Bonus points for man of the match: 3 points

For every 2 goals conceded by goalkeeper or defender: -1 point

For each yellow card: -1 point

For each red card: -3 points

For each own goal: -2 points