



"Northern Canada" according to Statistics Canada
« Nord du Canada » selon Statistique Canada

United States, Canada & nearby small countries / territories population in hexagons

États-Unis, Canada & petits pays / territoires voisins population en hexagones

⬜ ≈ 100 000 people / personnes / personas

⬜ Name / Nom: US: Metropolitan Statistical Areas (MSAs) with at least 375 000 inhabitants. Population figures, names and boundaries of MSAs: 2020 census (n.b.: boundaries of the 8 legacy counties of Connecticut are followed; (Annapolis) MD and (Montpelier) VT are not part of the name of the MSA that they are in)
Canada: Census Metropolitan Areas (CMAs) with at least 375 000 inhabitants. Population figures, names and boundaries of CMAs: 2021 census
Régions métropolitaines de recensement (RMR) d'au moins 375 000 habitants. Chiffres de population, noms et limites des RMR: recensement de 2021 (e.g. Toronto CMA is not the same as the Greater Toronto Area / p. ex. RMR de Toronto n'est pas la même que la Région du Grand Toronto)

⬜ (Name / Nom): US: selected smaller MSAs or Micropolitan Statistical Areas; Canada: smaller CMAs / petites RMR; Others: Nassau (New Providence)

Name / Nom: capital / capitale

DC: DISTRICT OF COLUMBIA; DE: DELAWARE; WV: WEST VIRGINIA
NB: NEW BRUNSWICK / NOUVEAU-BRUNSWICK; NS: NOVA SCOTIA / Nouvelle-Écosse;
PEI: PRINCE EDWARD ISLAND / Île-du-Prince-Édouard ; N & L: NEWFOUNDLAND & LABRADOR / Terre-Neuve-et-Labrador
KL: KALAALLIT NUNAAT / Grønland; St-P & M: SAINT-PIERRE et MIQUELON