



Housing, Food, & Financial Assistance
Resource List

Helios Psychiatry and Counseling Resource List

Housing, Food, & Financial Assistance

Find Help Search Engine

Primary Services: Financial, food, medical resources

Website: <https://www.findhelp.org/>

Food Bank of Eastern Michigan

Primary Services: Food Pantry Locator

Website: <https://www.fbem.org/where-to-get-food/find-a-food-pantry/>

Forgotten Harvest

Primary Services: Food bank

Location: Multiple - Use website to locate distribution centers

Phone: (248) 967-1500

Website: <https://www.forgottenharvest.org/find-food/>

Gleaners Food Bank

Primary Service: Food bank

Phone: 866-GLEANER (453-2637)

Location: 2131 Beaufait, Detroit

Website: <https://www.gcfb.org/>

Michigan 211

Primary Service: Resource locator for food, housing, financial, ect.

Phone: 211 or (844) 875-9211

Text: 898211 (text your zipcode)

Website: <https://mi211.org/>

Michigan Health and Human Services and MI Bridges

Primary Services: Relocation Assistance, heat and utilities, home repairs, energy, financial

Phone: 211 (for homelessness assistance)

Website: <https://www.michigan.gov/mdhhs/assistance-programs>
and https://newmibridges.michigan.gov/s/isd-landing-page?language=en_US

Michigan State Housing Development Authority

Primary Services: Housing vouchers, homelessness, home ownership

Phone: (517) 241-3740

Website: <https://www.michigan.gov/mshda>

Oakland Livingston Human Services Agency (OLHSA)

Primary Services: supports Oakland and Livingston County residents that are looking for assistance in removing the burdens of poverty. We provide individually tailored, wrap-around assistance for all individuals and families in need of help

Location: Oakland and Livingston Counties

Phone: Oakland County (248) 209-2600 or (248) 209-2686

Livingston County (517) 546-8500

Website: <https://www.olhsa.org/en-us/>

Pantry Net

Primary Services: Food pantry, soup kitchen, shelter, residential program

Website: <https://pantrynet.org/>

Wayne Metropolitan Community Action Agency

Primary Services: Food, housing, financial assistance, ect

Phone: (313) 388-9799

Website: <https://www.waynemetro.org/location-directory/>

This is a non-exhaustive list of resources we have compiled. Helios Psychiatry and Counseling is not affiliated with nor does it endorse any particular institution.

