

Skill Guide

Date: _____

(CPI) = Critical Performance Indicator

Candidate: _____

Start Time: _____

End Time: _____

Applying a Tourniquet

Objective: To demonstrate how to apply a tourniquet.

Skill	Max Points	Skill Demo	CPI
Criteria met: Determines the Scene is Safe, Initiates Standard Precautions, Introduces Self & Obtains Permission to treat/help	-		
While Rescuer 1 is preparing the tourniquet, Rescuer 2 apply direct pressure to a dressing placed over the wound.	1		
Rescuer 1 places the tourniquet around the injured extremity several inches above (proximal to) the injury but not over a joint.	1		CPI
If needed, Rescuer 2 packs large wounds with gauze.	1		
Rescuer 1 twists the rod to tighten the tourniquet only to the extent needed to control the bleeding. Secure the rod.	1		CPI
Write the time at which the tourniquet was applied on the patient (applied directly on the patient's forehead, on a piece of tape applied to the patient's forehead, or on the device).	1		CPI

Must receive 4 out of 5 points.

Comments: _____

Failure of any of the CPIs is an automatic failure.

Evaluator: _____ NSPID: _____

PASS FAIL