

SKILL GUIDE 19-7

Date: _____

Candidate: _____

Start Time: _____

End Time: _____

Treating Closed Soft-Tissue Injuries

Objective: To demonstrate how to treat closed soft-tissue injuries.

Skill	Max Points	Skill Demo	
Criteria met: Determines the Scene is Safe, Initiates Standard Precautions, Introduces Self & Obtains Permission to treat/help	-		
R—Rest: Cease activity or the use of the affected limb. Inactivity helps to reduce pain.	1		
I—Ice: Apply cold packs or ice for pain control. Use only for short intervals.	1		
S—Splint: Immobilize the injured part using either a commercial splint or one fabricated from available materials. Splinting helps decrease pain.	1		
E—Elevate: Elevate the injured area above heart level to reduce pain.	1		

Must receive 4 out of 4 points.

Comments: _____

Evaluator: _____

NSPID: _____

PASS FAIL