

Date: \_\_\_\_\_

(CPI) = Critical Performance Indicator

Candidate: \_\_\_\_\_

Start time: \_\_\_\_\_

End time: \_\_\_\_\_

## Removing a Boot

Objective: To demonstrate ability to remove snow sports boot on injured lower limb

Skill	Max Points	Skill Demo	
Criteria met: Determines the Scene is Safe, Initiates Standard Precautions, Introduces Self & Obtains Permission to treat/help	-		
Rescuer 1: Stabilize the boot that is to be removed.	1		
Rescuer 2: Assess distal CMS indirectly (e.g. tap on boot, ask patient to wiggle the toes).	1		CPI
Rescuer 2: <ul style="list-style-type: none"> <li>Unbuckle or unlace the boot completely.</li> <li>Spread the boot shell, pulling the tongue forward as far as it can go, or open a rear entry boot's back as far as it can go.</li> </ul>	1		
Rescuer 1: Carefully slide your hands within the open boot and stabilize the leg/ankle by either: <ul style="list-style-type: none"> <li>Placing one hand on the front of the ankle and one hand on the back of the ankle, or</li> <li>Holding both sides of the ankle.</li> </ul> Hold this position firmly as the boot is removed.	1		CPI
Rescuer 2: Gently remove the boot by sliding its heel away from the foot, followed by the toe.	1		
Reassess distal CMS.	1		CPI

Must receive 5 out of 6 points.

Comments: \_\_\_\_\_

Failure of any of the CPIs is an automatic failure.

Evaluators: \_\_\_\_\_ NSPID: \_\_\_\_\_

PASS      FAIL