

Date: _____

(CPI) = Critical Performance Indicator

Candidate: _____

Start Time: _____

End Time: _____

Securing the Patient onto a Long Backboard

Objective: To demonstrate how to secure a patient to a long backboard.

Skill	Max Points	Skill Demo	
Criteria met: Determines the Scene is Safe, Initiates Standard Precautions, Introduces Self & Obtains Permission to treat/help	-		
Continue to manually stabilize head/cervical spine kneeling next to the c-collared patient. (CMS has been assessed before c-collar placement).	1		CPI
Secure the torso first. Cross the straps from over the shoulder to just above the opposite hip and tighten smoothly as the patient takes a deep breath. Do not tug or overtighten. If you are using a commercial device, follow the manufacturer's directions.	1		CPI
Pad any voids using towels, blankets, or clothing to prevent movement or twisting of the spine and to improve the patient's comfort. There is usually a void under the knees that needs padding.	1		
Secure the pelvis and the extremities next.	1		
Secure the head last. If you are using a commercial head immobilization device (head blocks), follow the manufacturer's directions. ALTERNATIVES to commercial devices: <ul style="list-style-type: none"> If you are using towels rolls: <ul style="list-style-type: none"> Roll two standard towels and securely tape each roll. Place one towel on each side of the patient's head. Secure the head by placing a large piece of tape or a cravat over the patient's forehead. Be sure not to cover the eyelids. Place a second piece of tape over the C-collar just below the chin. Place a rolled-up (horse-collar shaped) blanket around the patient's head and secure it at the chin and forehead. 	1		
If you have determined that the helmet should remain on the patient, use commercial head blocks or towels, and strap the helmet to the board.	1		

Skill	Max Points	Skill Demo	
Reassess CMS in each extremity.	1		CPI
Reassess the patient's airway and breathing. Have suction available and be prepared to roll patients who have undergone spinal motion restriction onto their sides while strapped to board.	1		

Must receive 6 out of 8 points.

Comments: _____

Failure of any of the CPIs is an automatic failure.

Evaluator: _____

NSPID: _____

PASS FAIL