

SKILL GUIDE 21-6

Date: _____

(CPI) = Critical Performance Indicator

Candidate: _____

Start Time: _____

End Time: _____

Removing a Helmet from a Patient

Objective: To demonstrate ability to remove a helmet from a patient.

Skill	Max Points	Skill Demo	
Criteria met: Determines the Scene is Safe, Initiates Standard Precautions, Introduces Self & Obtains Permission to treat/help	-		
Align the patient axially.	1		
Rescuer 1: Manually stabilize the head and cervical spine by placing one hand on either side of the helmet.	1		CPI
Rescuer 2: Carefully open the face shield and/or remove goggles (if present). Unfasten the chin strap.	1		
Rescuer 2: Place one hand at the occiput and the other at the chin. Rescuer 1: Maintains cervical stabilization until transfer is complete. ALTERNATIVE: Place one hand along either side of the patient's head sliding your hands inside the helmet, so that the fingers are in position to support each side of the face up over the ears.	1		
Rescuer 1: Grasp the helmet straps or sides of the helmet and pulls them apart, spreading the helmet.	1		
Rescuer 1: Pulls the helmet axially away from the patient's head, providing forward rotation of the helmet off the face.	1		
Rescuer 2: Slides fingers up to the occiput and chin (or on both sides of the head over the ears), ensuring that the patient's head and cervical spine remain immobilized. Continue to stabilize the head.	1		CPI

Must receive 6 out of 8 points.

Comments: _____

Failure of any of the CPIs is an automatic failure.

Evaluator: _____

NSPID: _____

PASS FAIL