
MISSION STATEMENT

To meaningfully develop and apply myself in contributing to the welfare of my family, my community, humanity, the environment, and generations to come.

Practiced with equanimity, consistent effort, effective work, a meaningful relationship, deep friendships, a lifestyle which contributes to positive growth, and continual renewal.

Follow my gut to do what is right, fair, honest, and proper consistently, and in consequence derive my internal security from character and integrity.

Speak my truth triumphantly, fully, clearly, and compassionately, letting the chips fall where they may, while recognizing my own subjectivity.

Honour the divinity in all living things, treating those, absent or present, publicly and privately, human and otherwise with a consistent standard of compassion, care, honesty, inclusion, respect, patience, and dignity.

Evoke the deep wells of courage and bravery, make friends with fear, push through my comfort-zone, shortcomings, old patterns, and jump - honoring the infinite potential in life and my own divine spark.

Leave the lives of everyone I encounter better than I found them, deeply acknowledging them, relating with their core of meaning, creating win-win situations, and keeping a clean slate.

Choose growth over complacency, use proactivity and creativity to envision a better future, use industriousness and honest labour to plan, act, and create it.

Develop the wisdom to identify ineffective patterns and behavior, and the willpower to replace them with principled, healthy, and effective habits.

Strive for attentive and loving presence with those around me, seeking first to understand, listening deeply, empathizing fully, validating honestly, and encouraging others to be their best.

Strive for meaningful vision while reveling and fully participating in the present, bringing humour, presence, and joy to light up even the grocery aisles.

Respect the law of the harvest, make the appropriate sacrifices, take responsibility, follow through, and earn results. Be, rather than seem.

Give back meaningfully, generously, humbly, and honestly through listening, educating, mentoring, creating products, serving, and being open to receiving in return.

Deal with problems early and at their root, putting first things first, acting with integrity out of principles and values, and taking time for maintenance and long term investing.

Honour life as an adventure, be equanimous amidst the flux, see the beauty in the ups and downs, and dance in the rain.

Strive for enduring, long-term, and principled fulfillment.

Honour the core of unconditional value within myself and everyone around me.

Embody transcendent wisdom and compassion developed through dedicated practice and the guidance of principled, wise, and compassionate teachers.

Make things a little better every day.

Love wholeheartedly.