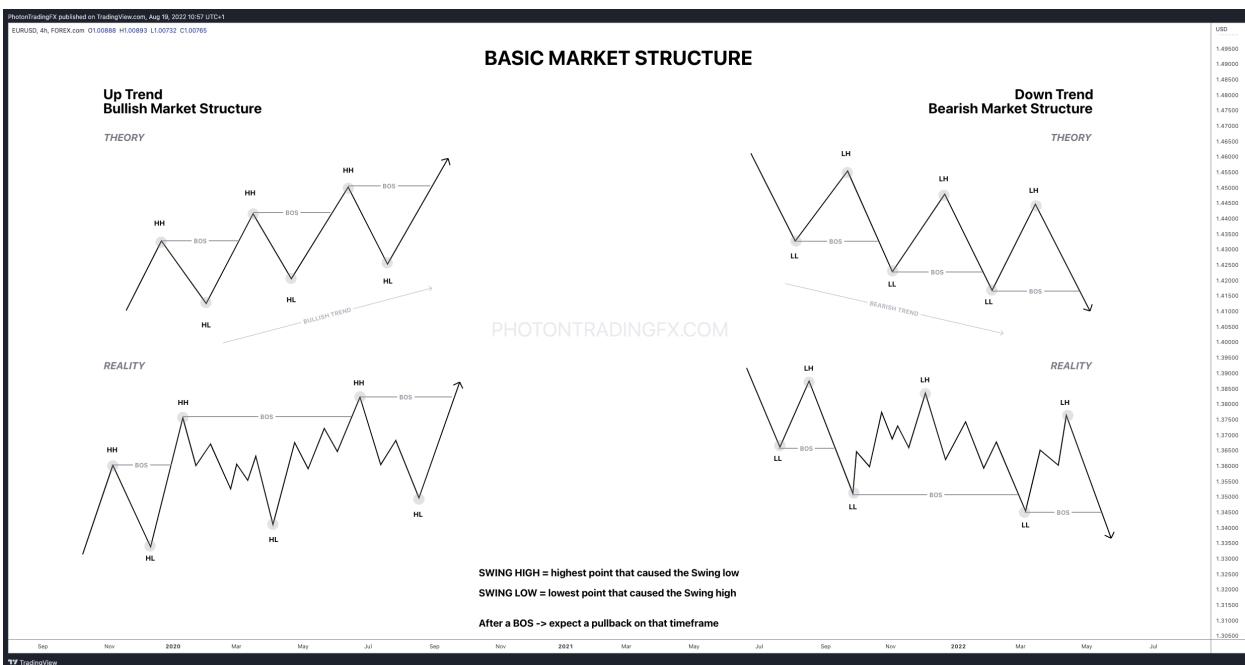
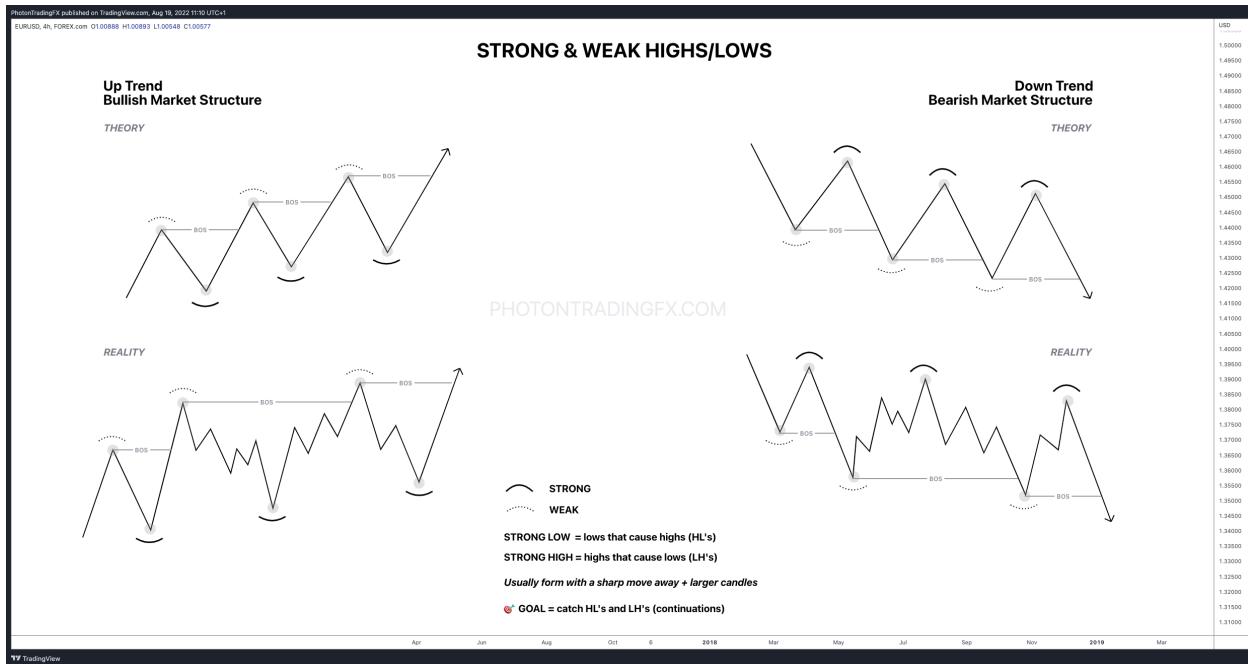




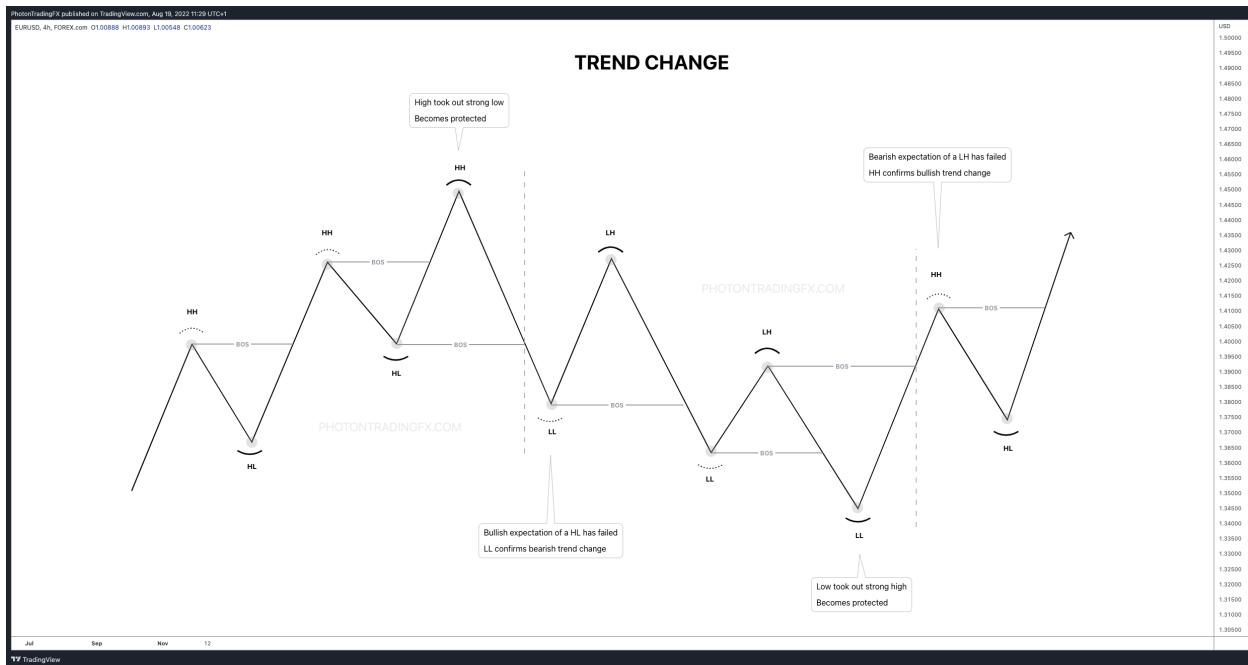
Basic Market Structure



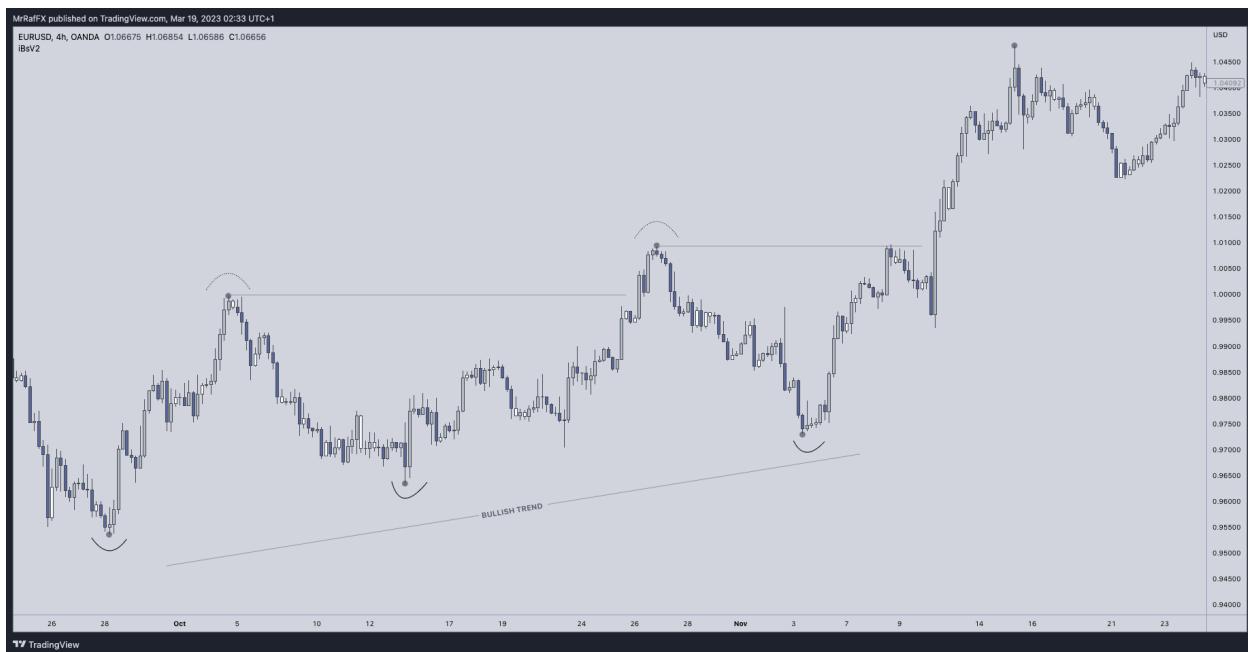
STRONG & WEAK HIGHS/LOWS



TREND CHANGE



REAL EXAMPLE:





3 Types of Structure - Intro

There are 3 types of structure: Swing, Internal, and Fractal.

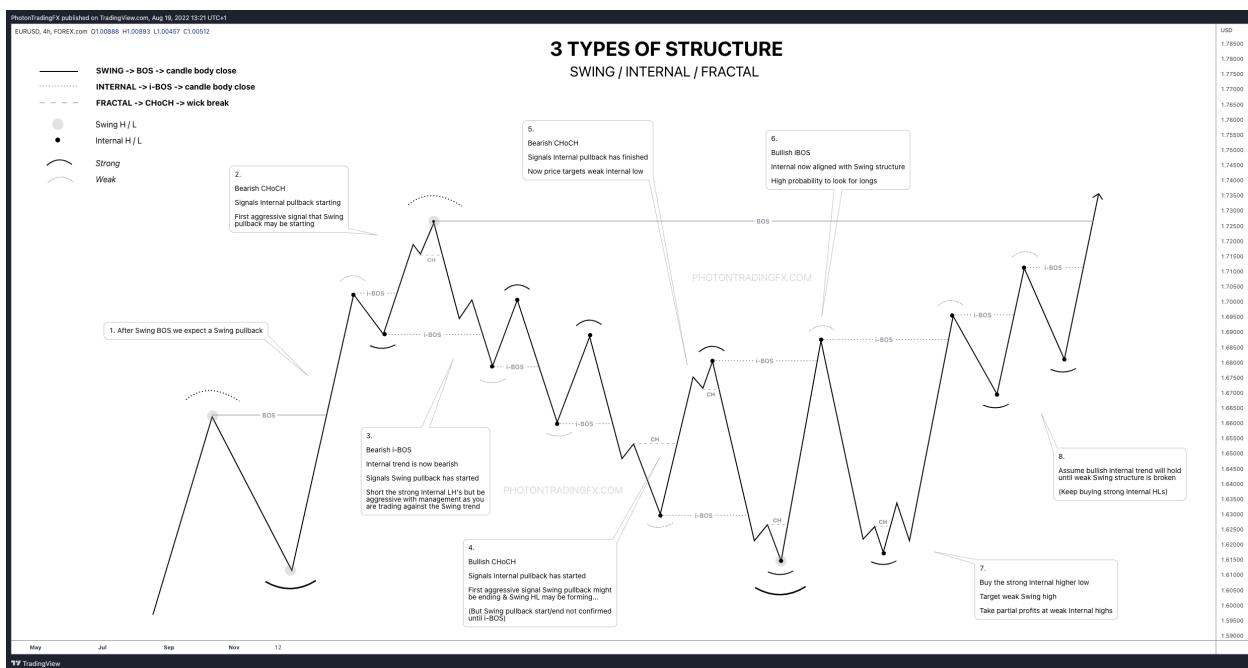
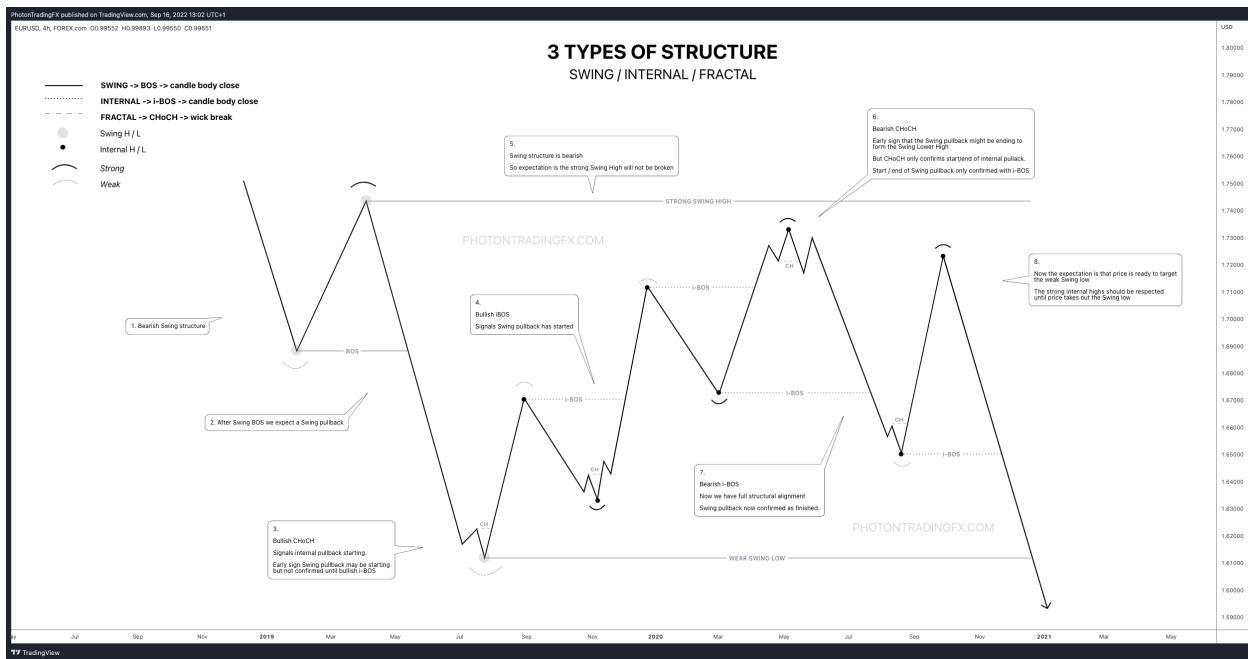
Swing -> BOS -> candle body close

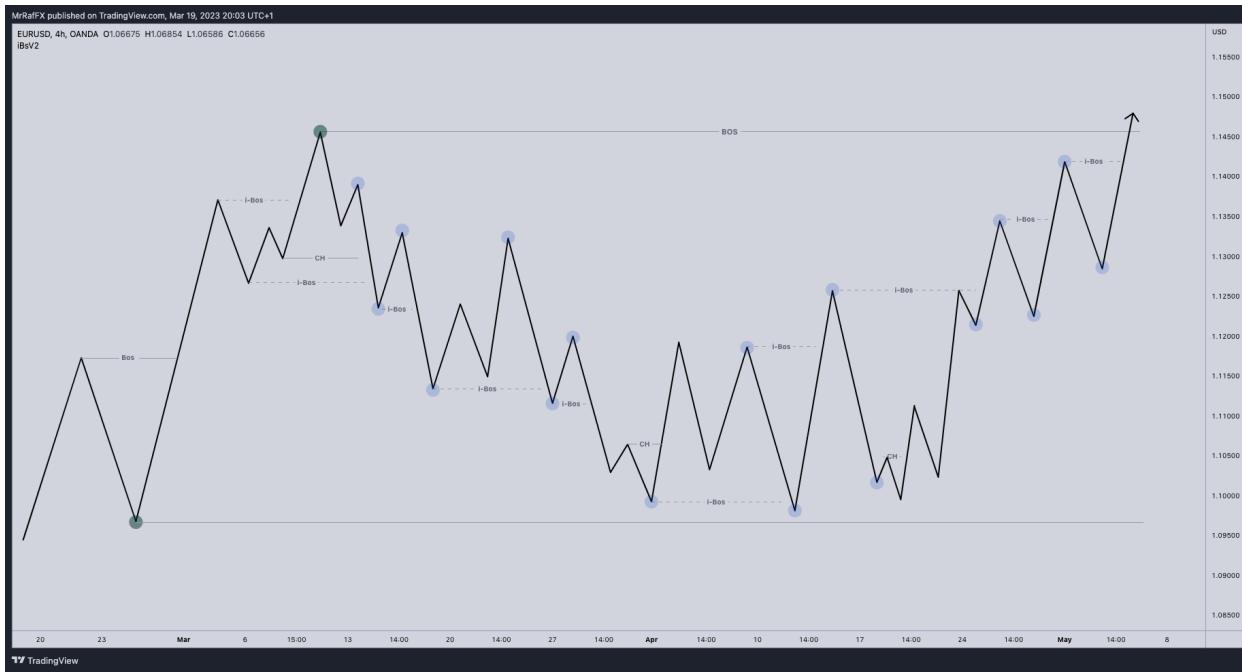
Internal -> i-BOS -> candle body close

Fractal -> CHoCH (fractal structure trend change) -> wick break

CHoCH (Change of Character) -> signals internal pullback starting/ending

i-BOS (Internal Break of Structure) -> signals swing pullback starting/ending





Structure Mapping

We ALWAYS map structure **from** the high/low (wicks) of candles.

The only difference in mapping is what we need to see for a confirmed **break** of structure.

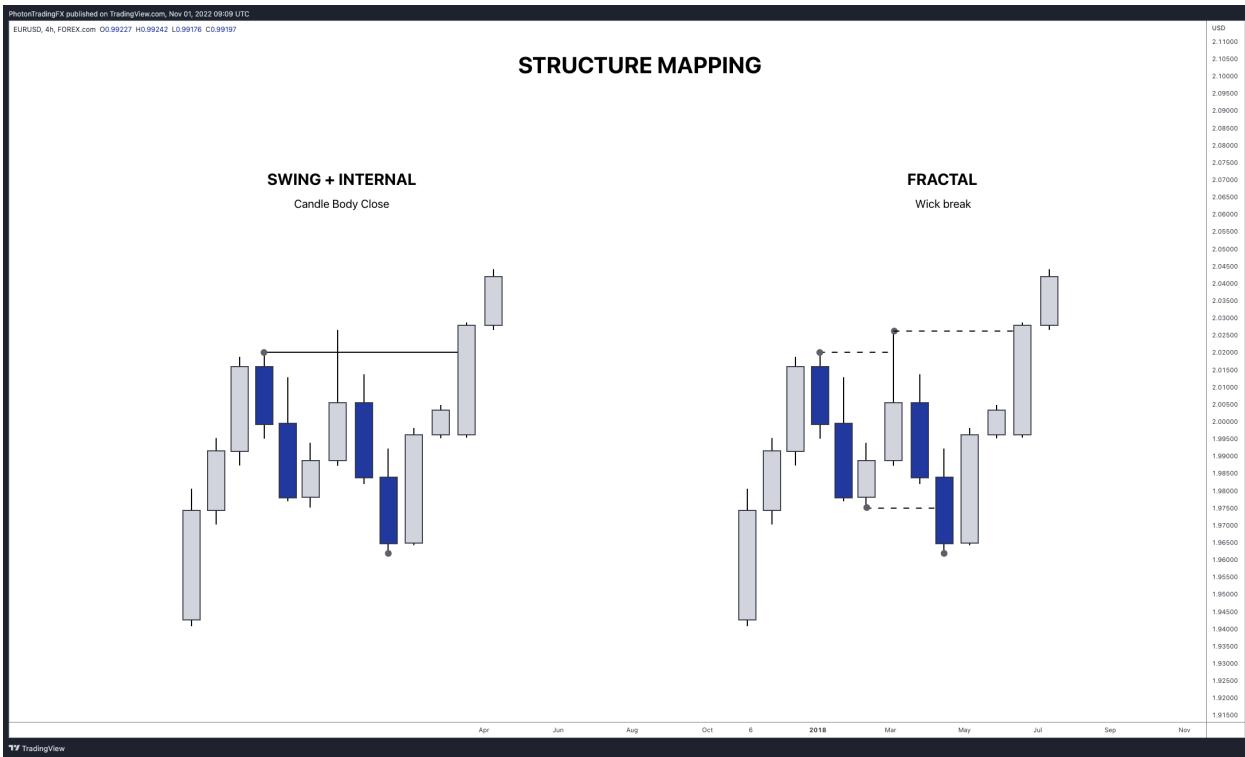
Swing -> BOS -> candle body close

Internal -> i-BOS -> candle body close

Fractal -> f-BOS / CHoCH -> wick break

CHoCH is the term we use for a Fractal trend change. We don't map f-BOS [fractal continuation] on our charts as it's unnecessary,

we only map CHoCH [fractal trend change]. This will all become clearer in the following lessons!



Fractal Structure (CHoCH) - Theory

Fractal structure is 100% mechanical.

It's the most **aggressive** type of structure mapping as we are essentially viewing a lower timeframe trend on the

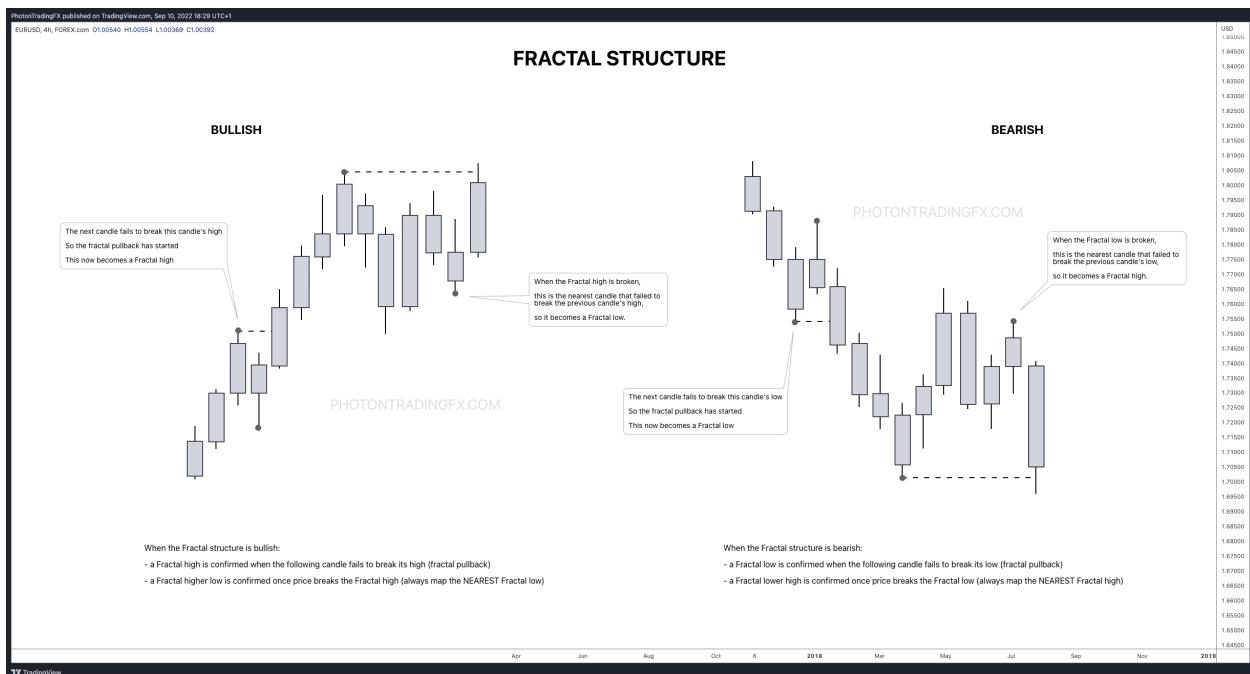
current timeframe we are looking at (this will make more sense when we look at Multi-timeframe analysis in future lessons).

FRACTAL STRUCTURE MAPPING

Wick breaks are enough for a Fractal break of structure.

The exact second price breaks a Fractal high or low the break is confirmed, and you do **not** need to wait for a candle body close.

BULLISH & BEARISH FRACTAL STRUCTURE



Bullish Fractal Structure:

- A Fractal **high** is confirmed when the following candle fails to break its high (fractal pullback).
- A Fractal **higher low** is confirmed once price breaks the Fractal high (always map the **NEAREST** Fractal low). This will be the most recent candle that failed to break the previous candle's high.

Bearish Fractal Structure:

- A Fractal **low** is confirmed when the following candle fails to break its low (fractal pullback).
- A Fractal **lower high** is confirmed once price breaks the Fractal low (always map the **NEAREST** Fractal high). This will be the most recent candle that failed to break the previous candle's low.

CHoCH (CHANGE OF CHARACTER)

CHoCH -> Fractal structure trend change.

Bearish CHoCH -> the first Fractal **lower** low after a series of Fractal **higher** lows.

Bullish CHoCH -> the first Fractal **higher** high after a series of Fractal **lower** highs.

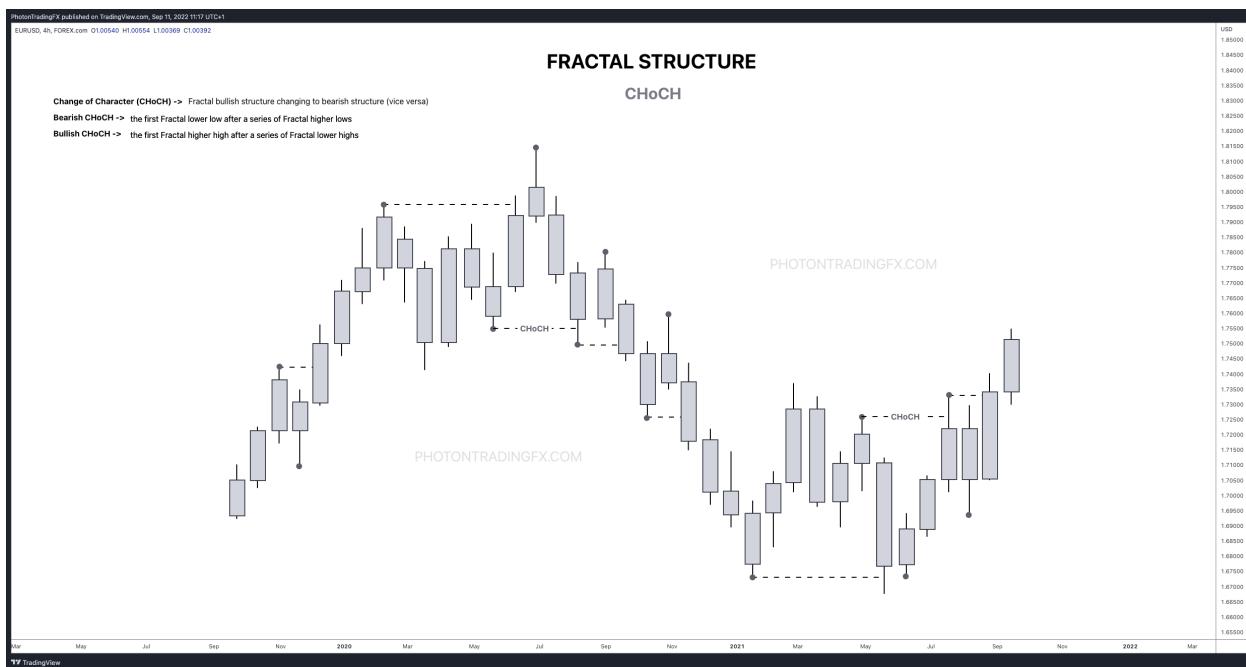
CHoCH signals the start/end of **Internal** Pullbacks.

In the live market, we only label CHoCHs, we do not label Fractal structure continuations (f-BOS) as we do with Swing (BOS) and Internal (i-BOS)

structure, as they occur frequently so you would have messy charts and it would provide little value doing so.

CHoCH is the most **aggressive** type of structure break. They occur frequently so we only pay attention to them in **high-value areas where we are expecting price to turn**.

When the market is choppy, we are not paying attention to **CHoCH** because it's not very useful information.



COMMON MISTAKES

Mistake #1 - Equal highs/lows:

When the Fractal structure is bullish (bearish), if a candle trades **exactly** as high (low) as the previous candle's high (low),

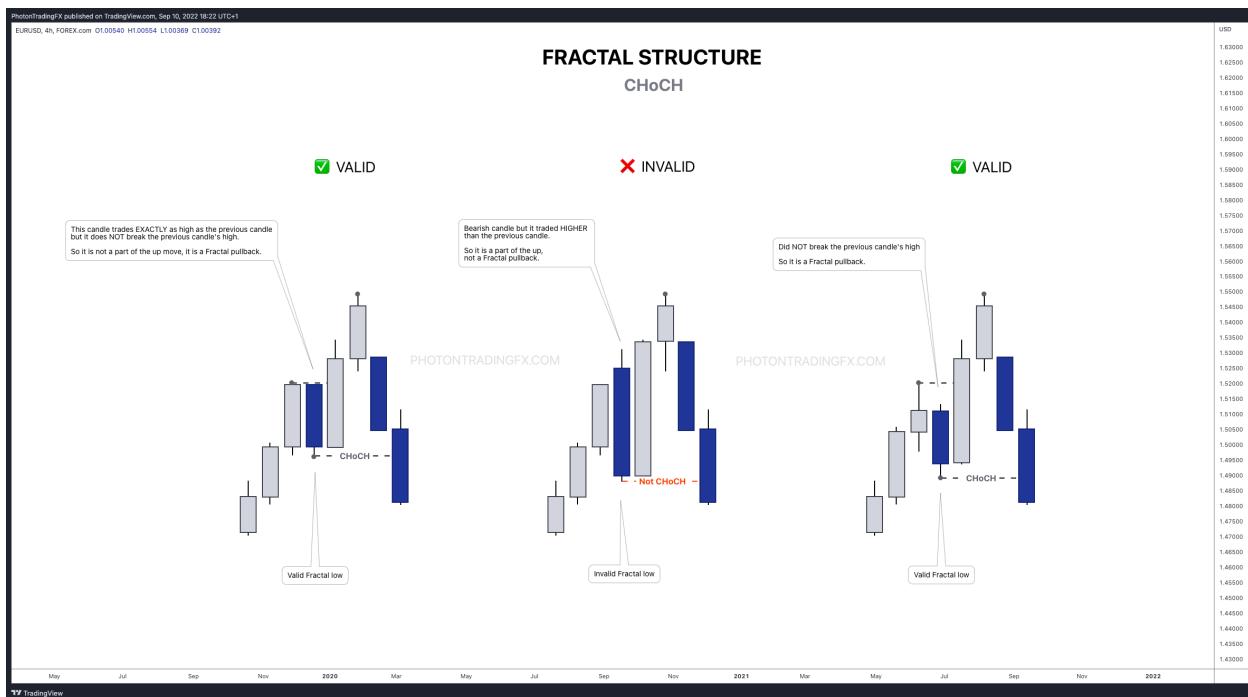
then this is a Fractal pullback as price has **failed** to break the previous candle's high (low).

Mistake #2 - Focusing on candle colour:

The **colour** of the candle is completely irrelevant. If the Fractal trend is bullish (bearish), you need to focus on whether the high (low) of the candle breaks the previous candle's high (low).

In the 2nd example in the chart below, the bearish candle does break the previous candle's low, but that's not the current active fractal low so it's irrelevant.

The Fractal trend is still bullish because it broke the previous candle's high and continued the up move.

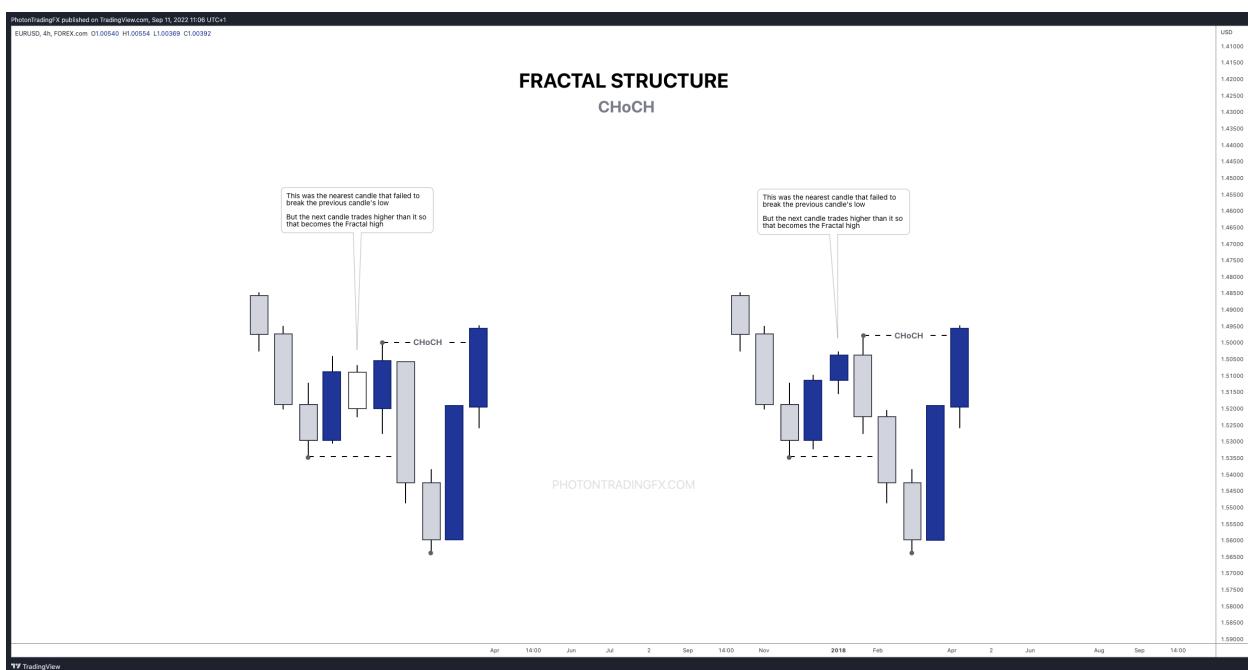
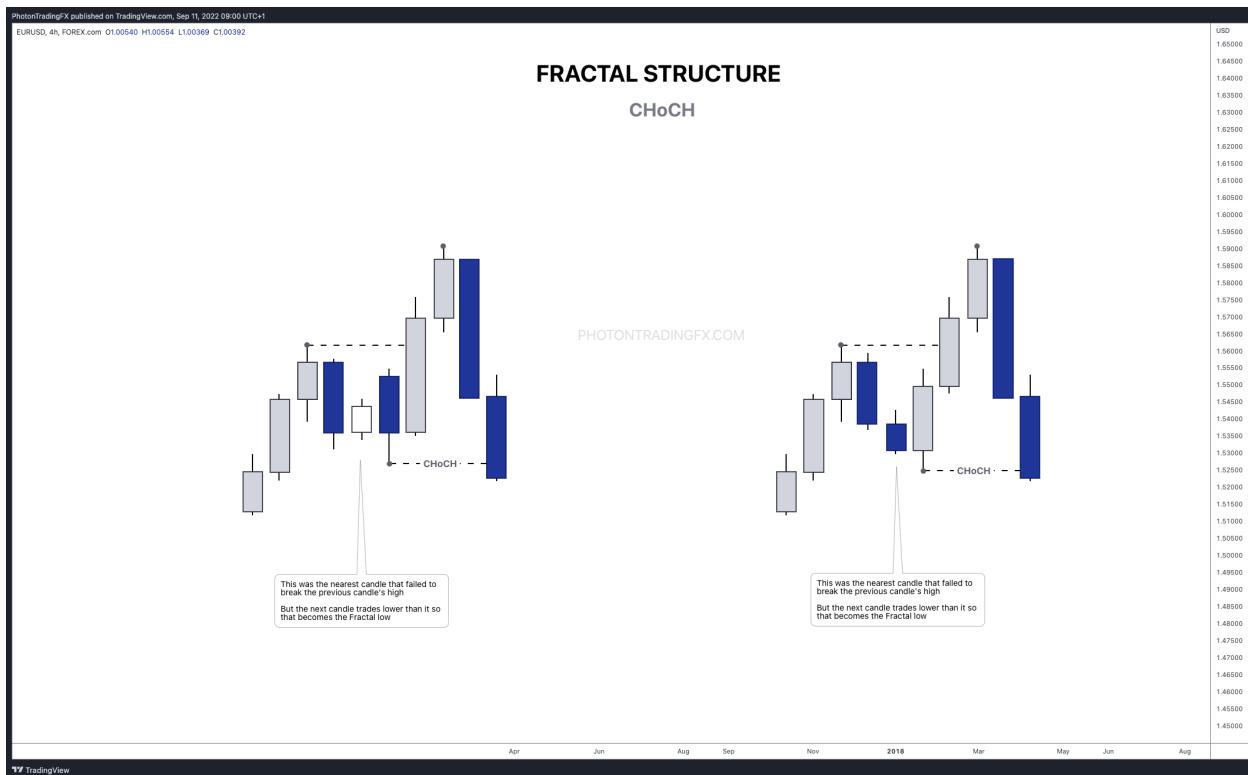


COMMON MISTAKES - PART 2

Mistake #3 - drawing the active Fractal high/low through price:

In both examples in the chart below, when the bullish Fractal break of structure occurs, we look for the most recent candle that failed to break the previous candle's high.

However, it makes no sense to draw this as the active Fractal low because the next candle trades lower than it, so instead we draw the low on this next candle.



Fractal Structure (CHoCH) - Walkthrough

Remember that CHoCH is the most **aggressive** type of structure break. They occur frequently so in the **live** market we only pay attention to them in **high-value areas** where we are expecting price to turn. When the market is choppy, we are not paying attention to CHoCH because it's not very useful information.

10 MAY 22 - 02 JUN 22



07 FEB 23 - 28 FEB 23



Swing Structure - Theory

HOW TO MAP SWING STRUCTURE

When the Swing trend is bullish:

Swing Low -> lowest point that caused the Swing High

Swing High -> once a *significant* pullback has occurred (use discretion or pip size rule)

When the Swing trend is bearish:

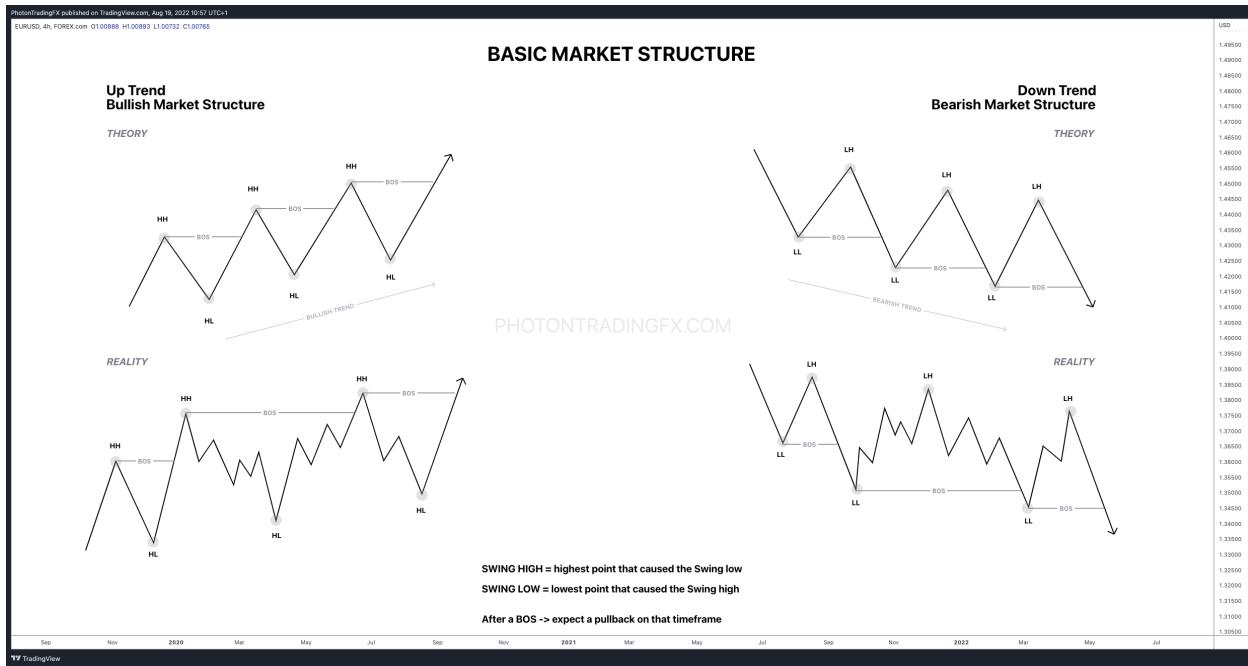
Swing High -> highest point that caused the Swing Low

Swing Low -> once a *significant* pullback has occurred (use discretion or pip size rule)

BOS -> break of Swing structure

After a BOS, expect a Swing pullback on that timeframe.

 This is key to remember so you manage your expectations when following the trend that price could pull back at any moment after the BOS has occurred.



STRONG & WEAK HIGHS/LOWS

Strong highs/lows **break** structures

Weak highs/lows **fail to break** structures

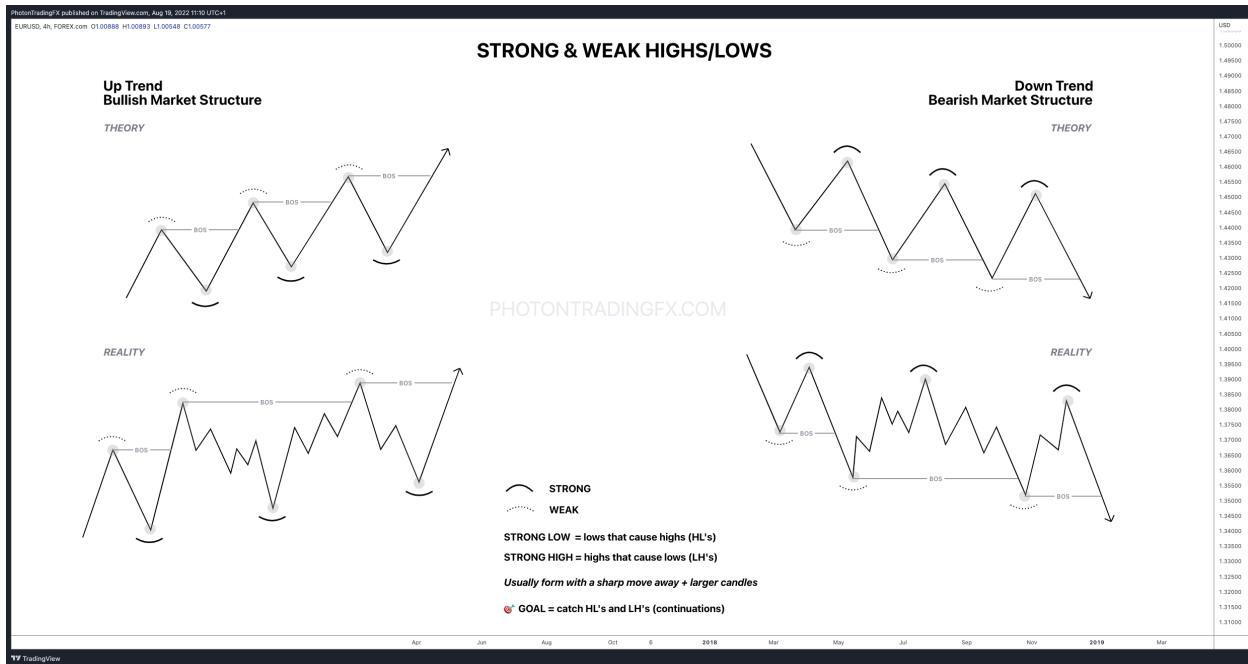
Strong Lows -> lows that cause highs (HLs)

Strong Highs -> highs that cause lows (LHs)

Usually, form with a sharp move away + larger candles

Big money has an interest in **protecting** those strong swing points

🎯 Goal = catch HLs and LHs (continuations) and target HHs and LLs (weak structure)
 = follow the trend!



TREND CHANGE

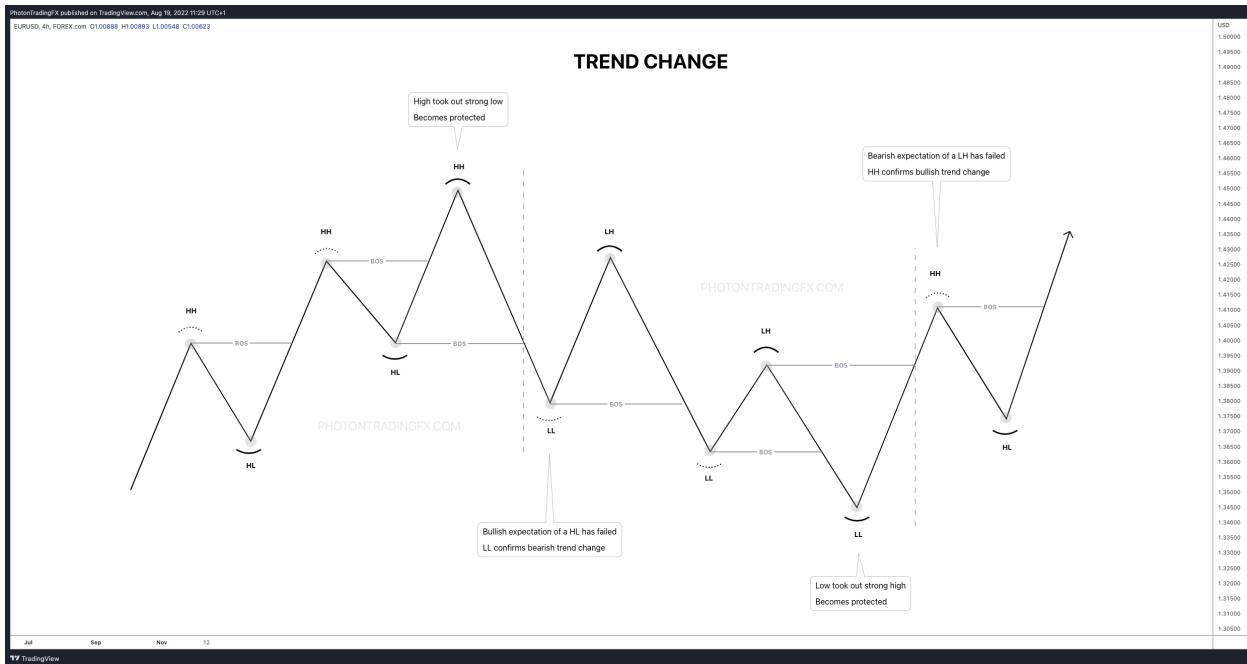
A trend change is when the expected order flow (EOF) fails.

In a bullish trend, the expectation is that prices will continue to make higher highs and higher lows.

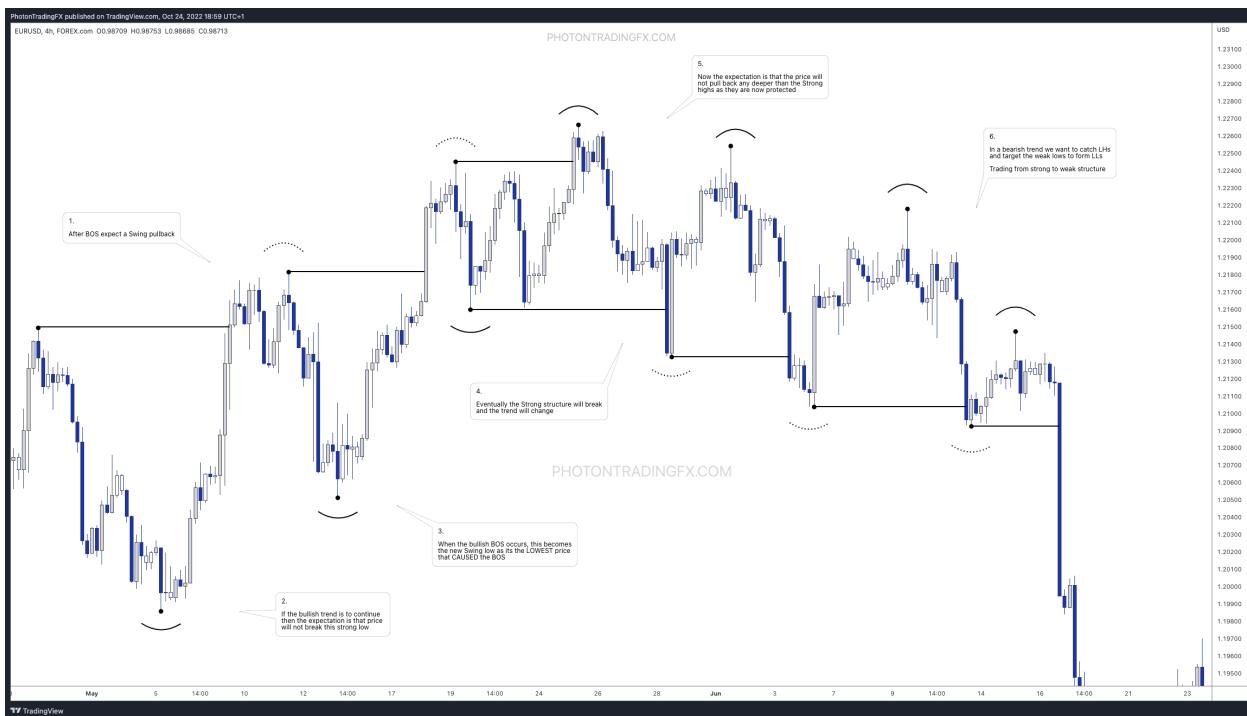
In a bearish trend, the expectation is that prices will continue to make lower highs and lower lows.

Bullish trend change -> is confirmed once the price breaks a swing lower high to form a swing higher high (bullish BOS).

Bearish trend change -> is confirmed once the price breaks a swing higher low to form a swing lower low (bearish BOS).



REAL EXAMPLE:



Swing Structure - Walkthrough

HOW TO MAP SWING STRUCTURE

When the Swing trend is bullish:

Swing Low -> lowest point that caused the Swing High

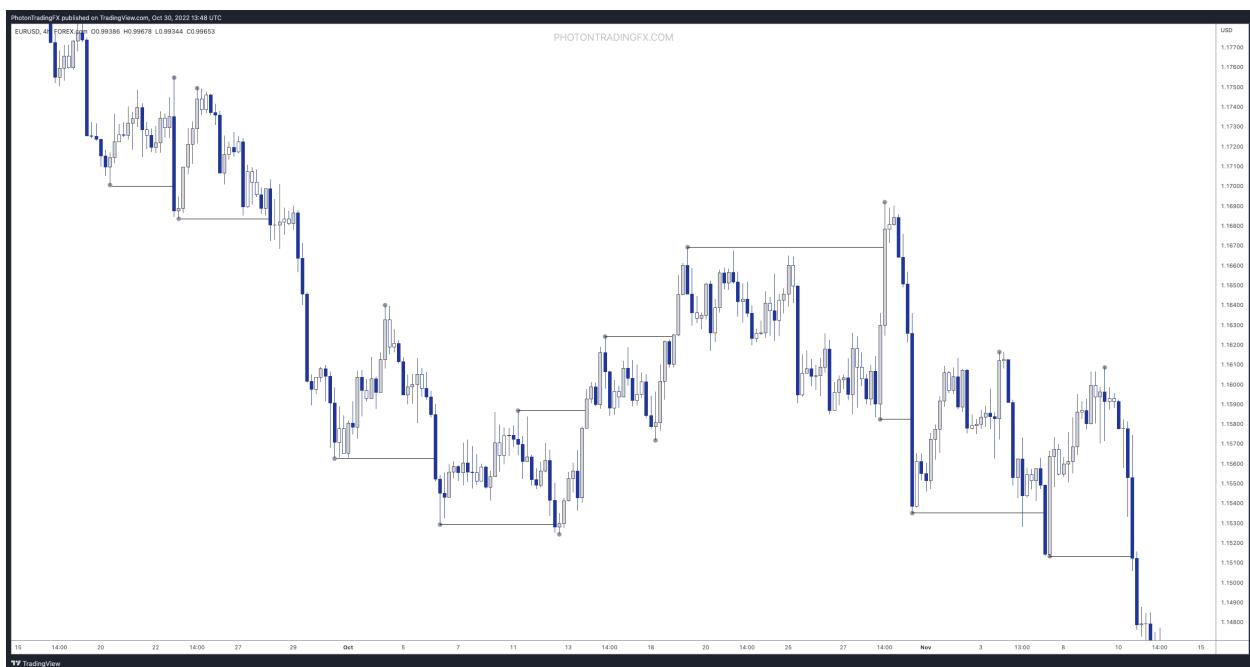
Swing High -> once a *significant* pullback has occurred (use discretion or pip size rule)

When the Swing trend is bearish:

Swing High -> highest point that caused the Swing Low

Swing Low -> once a *significant* pullback has occurred (use discretion or pip size rule)

20 OCT 21 - 10 NOV 21



10 NOV 21 - 31 JAN 22



31 JAN 22 - 26 APR 22



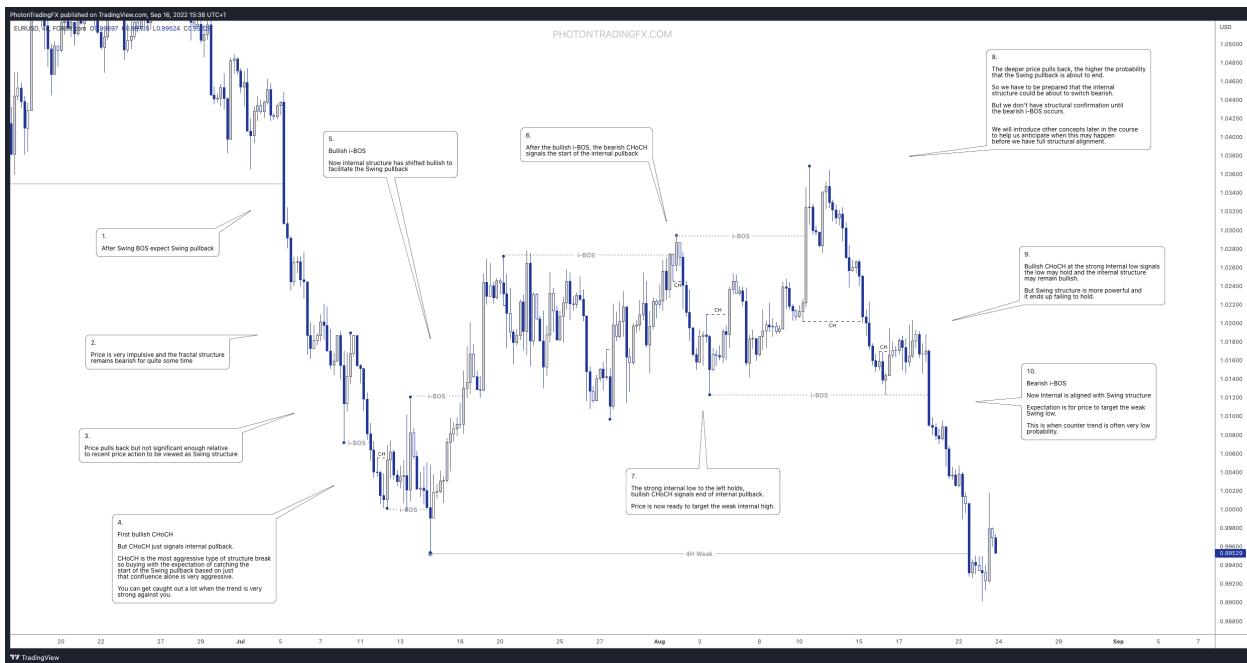
17 JAN 23 - 20 MAR 23



19 SEP 22 - 09 JAN 23



3 Types of Structure - Walkthrough





Premium & Discount Pricing - Theory

Think of how a business would like to manage its stock. They would buy it whilst the price is low & then sell it when the price is high. The same goes for currency trading.

Longs are higher probability in **discount** prices.

Shorts are a higher probability of **premium** prices.

1) Identify the price leg/price range on whatever TF you are on

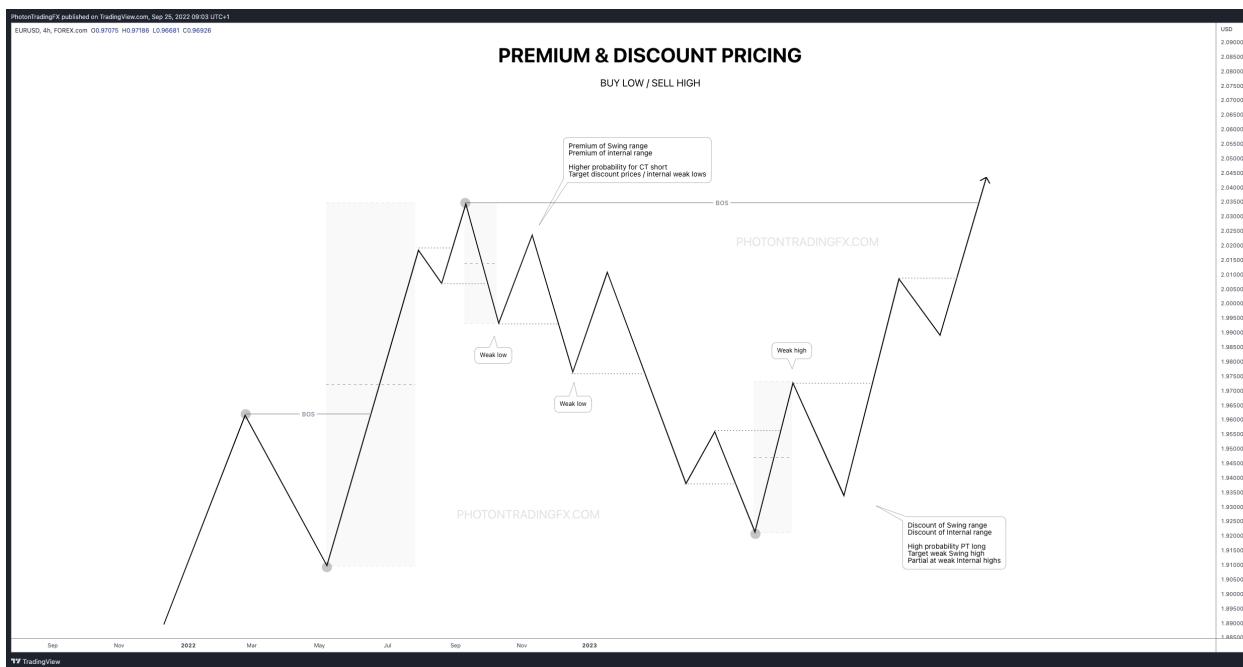
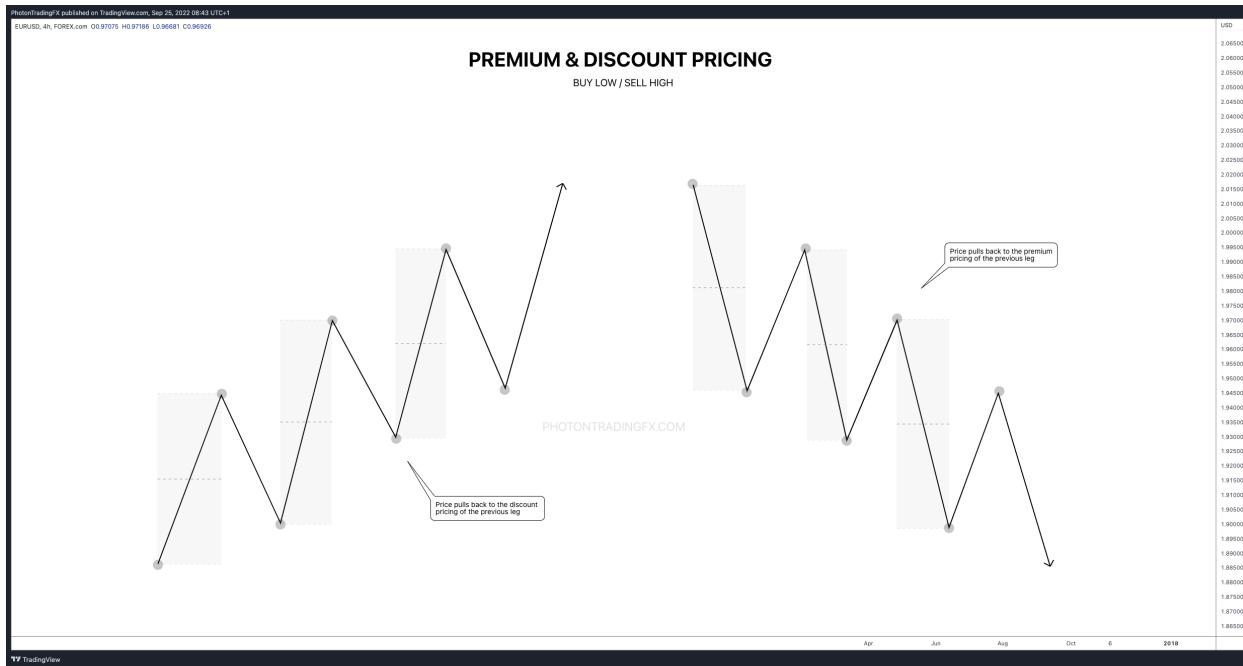
2) Use the Fibonacci tool to locate the equilibrium (50%)

If Bullish it's best to wait for the price to reach discount prices before buying

If Bearish it's best to wait for price to reach premium prices before selling

Price does **not** have to pull back to discount pricing to form a higher low in a bullish market.

Price does **not** have to pull back to premium pricing to form a lower high in a bearish market.



MTF Market Structure - Theory

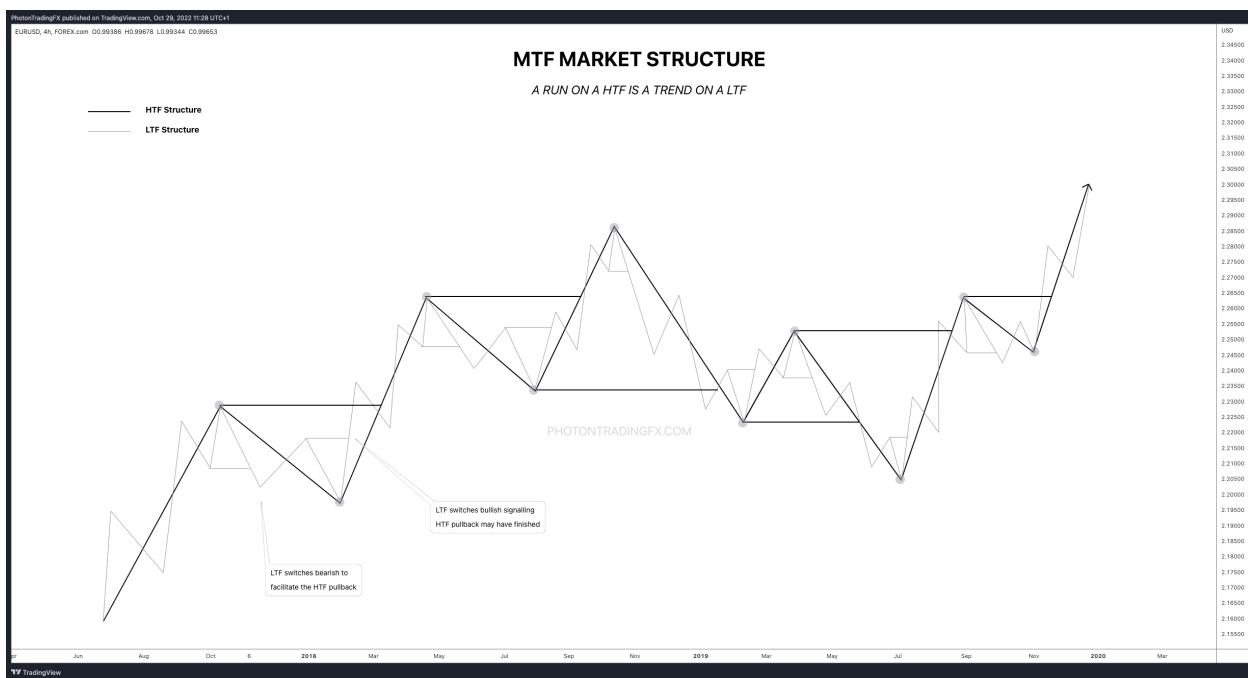
MTF Analysis -> analyzing multiple timeframes together

Price is fractal.

🔑 A **run** on a higher timeframe, is a **trend** on a lower timeframe.

LTF price action forms -> HTF price action, which forecasts -> HTF runs, which are made up of -> LTF price action.

What happens on the HTF, must first happen on the LTF.



CONSISTENT ACTIONS = CONSISTENT RESULTS

Utilising a set number of timeframes for market structure is key to building consistency:

- D -> HTF -> perspective
- 4H -> HTF -> narrative
- M15 -> MTF -> immediate bias
- $\leq M1$ -> LTF-> timing entries

D -> when is the 4H trend likely to turn?

4H -> are we trading a 4H continuation or a pullback?

M15 -> confirms when 4H continuation is ending & pullback is starting (vice versa)

$\leq M1$ -> confirms M15 turning points

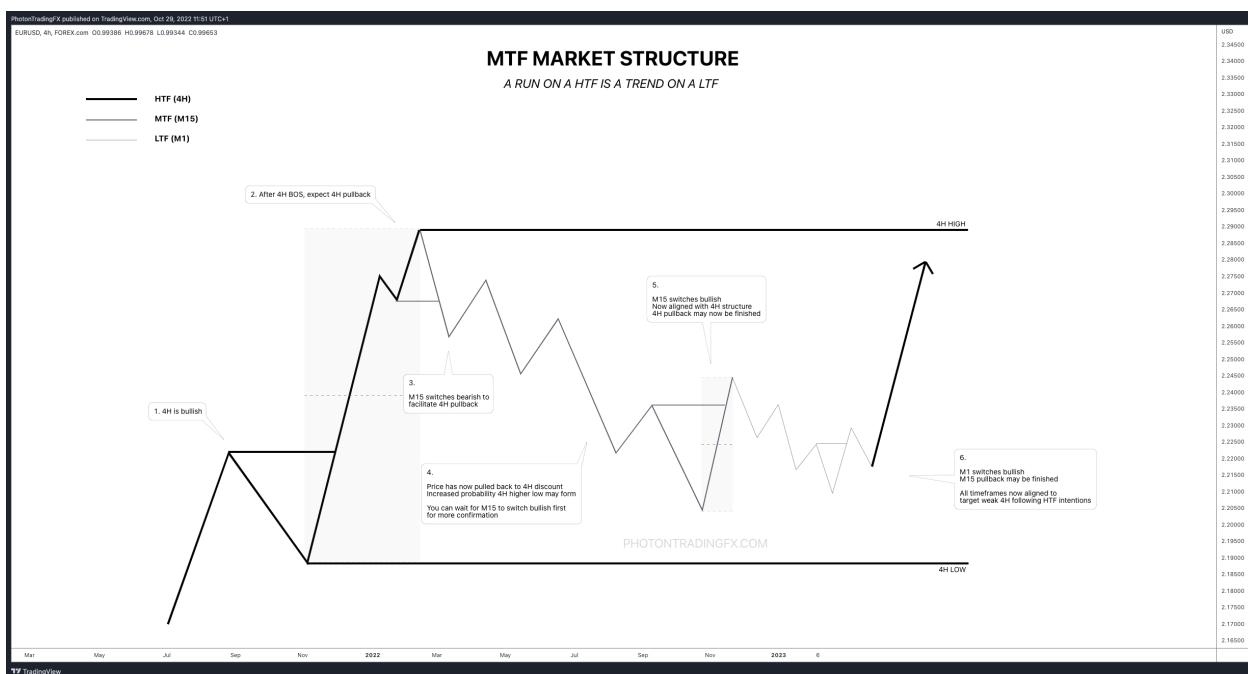
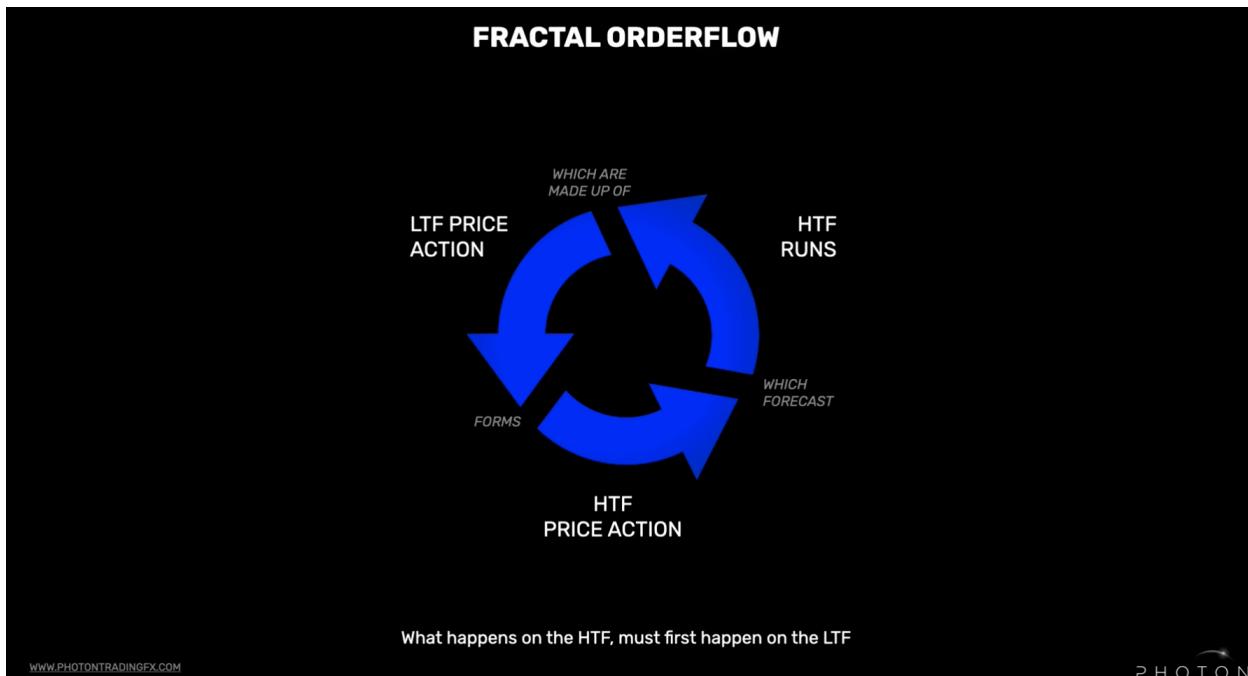
Know the HTF narrative, actively monitor the LTF price action, allow the trade setup to present itself

Examples:

HTF -> 4H / MTF -> M15 / LTF -> M1

HTF-> D / MTF -> 4H / LTF -> M15

Know the HTF narrative, actively monitor the LTF price action, and allow the trade setup to present itself.



MTF Market Structure - Walkthrough

Consistent Actions = Consistent Results

Utilizing a set number of timeframes for market structure is key to building consistency

HTF -> Narrative: *are we trading a continuation or pullback?*

MTF -> Immediate bias: *confirms when HTF continuation is ending & pullback is starting (vice versa)*

LTf -> Execution: *confirms MTF turning points*

1) Daily



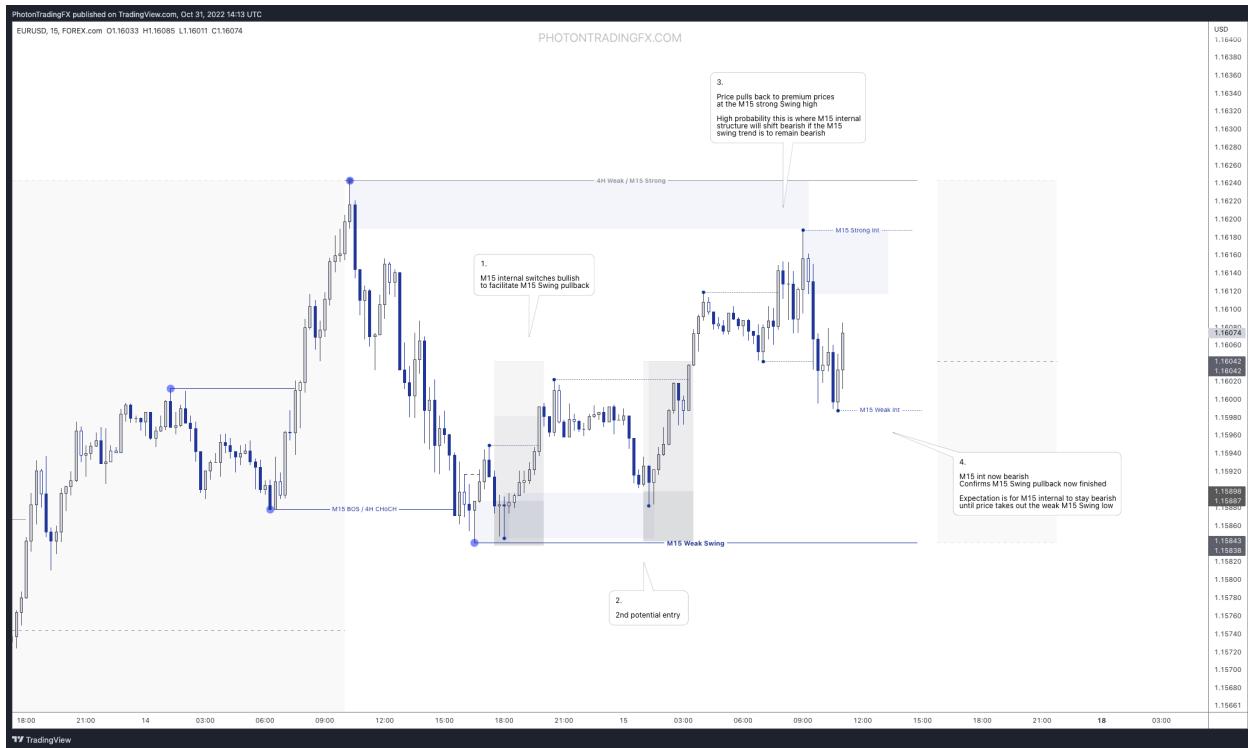
2) 4H



3) M15



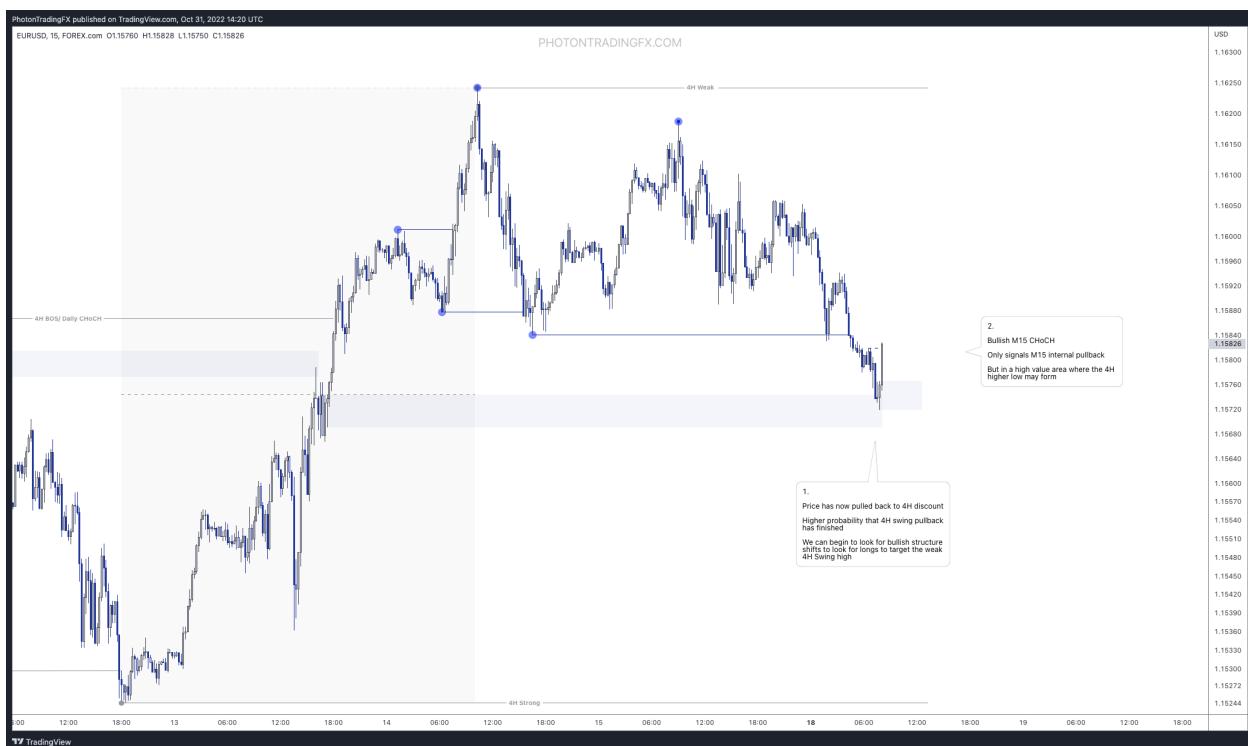
4) M15



5) M15



6) M15



8) 4H



9) 4H



10) Daily

