

and the R^2 statistic are identical. However, in the next section we will discuss the multiple linear regression problem, in which we use several predictors simultaneously to predict the response. The concept of correlation between the predictors and the response does not extend automatically to this setting, since correlation quantifies the association between a single pair of variables rather than between a larger number of variables. We will see that R^2 fills this role.

3.2 Multiple Linear Regression

Simple linear regression is a useful approach for predicting a response on the basis of a single predictor variable. However, in practice we often have more than one predictor. For example, in the **Advertising** data, we have examined the relationship between sales and TV advertising. We also have data for the amount of money spent advertising on the radio and in newspapers, and we may want to know whether either of these two media is associated with sales. How can we extend our analysis of the advertising data in order to accommodate these two additional predictors?

One option is to run three separate simple linear regressions, each of which uses a different advertising medium as a predictor. For instance, we can fit a simple linear regression to predict sales on the basis of the amount spent on radio advertisements. Results are shown in Table 3.3 (top table). We find that a \$1,000 increase in spending on radio advertising is associated with an increase in sales by around 203 units. Table 3.3 (bottom table) contains the least squares coefficients for a simple linear regression of sales onto newspaper advertising budget. A \$1,000 increase in newspaper advertising budget is associated with an increase in sales by approximately 55 units.

However, the approach of fitting a separate simple linear regression model for each predictor is not entirely satisfactory. First of all, it is unclear how to make a single prediction of sales given levels of the three advertising media budgets, since each of the budgets is associated with a separate regression equation. Second, each of the three regression equations ignores the other two media in forming estimates for the regression coefficients. We will see shortly that if the media budgets are correlated with each other in the 200 markets that constitute our data set, then this can lead to very misleading estimates of the individual media effects on sales.

Instead of fitting a separate simple linear regression model for each predictor, a better approach is to extend the simple linear regression model (3.5) so that it can directly accommodate multiple predictors. We can do this by giving each predictor a separate slope coefficient in a single model. In general, suppose that we have p distinct predictors. Then the multiple linear regression model takes the form

$$Y = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \cdots + \beta_p X_p + \epsilon, \quad (3.19)$$

Simple regression of **sales** on **radio**

	Coefficient	Std. error	t-statistic	p-value
Intercept	9.312	0.563	16.54	< 0.0001
radio	0.203	0.020	9.92	< 0.0001

Simple regression of **sales** on **newspaper**

	Coefficient	Std. error	t-statistic	p-value
Intercept	12.351	0.621	19.88	< 0.0001
newspaper	0.055	0.017	3.30	< 0.0001

TABLE 3.3. More simple linear regression models for the **Advertising** data. Coefficients of the simple linear regression model for number of units sold on Top: radio advertising budget and Bottom: newspaper advertising budget. A \$1,000 increase in spending on radio advertising is associated with an average increase in sales by around 203 units, while the same increase in spending on newspaper advertising is associated with an average increase in sales by around 55 units (Note that the **sales** variable is in thousands of units, and the **radio** and **newspaper** variables are in thousands of dollars).

where X_j represents the j th predictor and β_j quantifies the association between that variable and the response. We interpret β_j as the *average* effect on Y of a one unit increase in X_j , *holding all other predictors fixed*. In the advertising example, (3.19) becomes

$$\text{sales} = \beta_0 + \beta_1 \times \text{TV} + \beta_2 \times \text{radio} + \beta_3 \times \text{newspaper} + \epsilon. \quad (3.20)$$

3.2.1 Estimating the Regression Coefficients

As was the case in the simple linear regression setting, the regression coefficients $\beta_0, \beta_1, \dots, \beta_p$ in (3.19) are unknown, and must be estimated. Given estimates $\hat{\beta}_0, \hat{\beta}_1, \dots, \hat{\beta}_p$, we can make predictions using the formula

$$\hat{y} = \hat{\beta}_0 + \hat{\beta}_1 x_1 + \hat{\beta}_2 x_2 + \dots + \hat{\beta}_p x_p. \quad (3.21)$$

The parameters are estimated using the same least squares approach that we saw in the context of simple linear regression. We choose $\beta_0, \beta_1, \dots, \beta_p$ to minimize the sum of squared residuals

$$\begin{aligned} \text{RSS} &= \sum_{i=1}^n (y_i - \hat{y}_i)^2 \\ &= \sum_{i=1}^n (y_i - \hat{\beta}_0 - \hat{\beta}_1 x_{i1} - \hat{\beta}_2 x_{i2} - \dots - \hat{\beta}_p x_{ip})^2. \end{aligned} \quad (3.22)$$

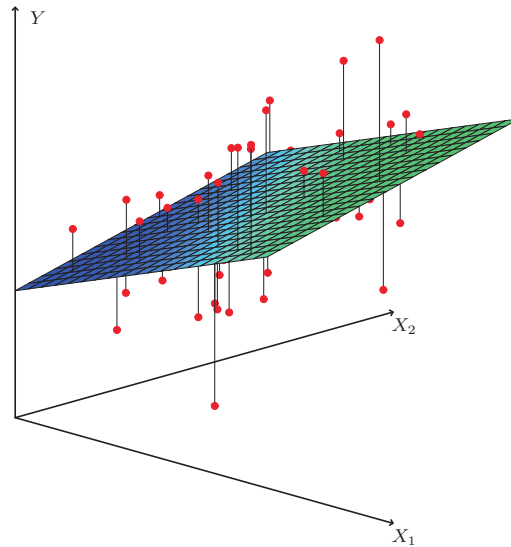


FIGURE 3.4. In a three-dimensional setting, with two predictors and one response, the least squares regression line becomes a plane. The plane is chosen to minimize the sum of the squared vertical distances between each observation (shown in red) and the plane.

The values $\hat{\beta}_0, \hat{\beta}_1, \dots, \hat{\beta}_p$ that minimize (3.22) are the multiple least squares regression coefficient estimates. Unlike the simple linear regression estimates given in (3.4), the multiple regression coefficient estimates have somewhat complicated forms that are most easily represented using matrix algebra. For this reason, we do not provide them here. Any statistical software package can be used to compute these coefficient estimates, and later in this chapter we will show how this can be done in **R**. Figure 3.4 illustrates an example of the least squares fit to a toy data set with $p = 2$ predictors.

Table 3.4 displays the multiple regression coefficient estimates when TV, radio, and newspaper advertising budgets are used to predict product sales using the **Advertising** data. We interpret these results as follows: for a given amount of TV and newspaper advertising, spending an additional \$1,000 on radio advertising leads to an increase in sales by approximately 189 units. Comparing these coefficient estimates to those displayed in Tables 3.1 and 3.3, we notice that the multiple regression coefficient estimates for **TV** and **radio** are pretty similar to the simple linear regression coefficient estimates. However, while the **newspaper** regression coefficient estimate in Table 3.3 was significantly non-zero, the coefficient estimate for **newspaper** in the multiple regression model is close to zero, and the corresponding p-value is no longer significant, with a value around 0.86. This illustrates

	Coefficient	Std. error	t-statistic	p-value
Intercept	2.939	0.3119	9.42	< 0.0001
TV	0.046	0.0014	32.81	< 0.0001
radio	0.189	0.0086	21.89	< 0.0001
newspaper	-0.001	0.0059	-0.18	0.8599

TABLE 3.4. For the Advertising data, least squares coefficient estimates of the multiple linear regression of number of units sold on radio, TV, and newspaper advertising budgets.

that the simple and multiple regression coefficients can be quite different. This difference stems from the fact that in the simple regression case, the slope term represents the average effect of a \$1,000 increase in newspaper advertising, ignoring other predictors such as TV and radio. In contrast, in the multiple regression setting, the coefficient for newspaper represents the average effect of increasing newspaper spending by \$1,000 while holding TV and radio fixed.

Does it make sense for the multiple regression to suggest no relationship between sales and newspaper while the simple linear regression implies the opposite? In fact it does. Consider the correlation matrix for the three predictor variables and response variable, displayed in Table 3.5. Notice that the correlation between radio and newspaper is 0.35. This reveals a tendency to spend more on newspaper advertising in markets where more is spent on radio advertising. Now suppose that the multiple regression is correct and newspaper advertising has no direct impact on sales, but radio advertising does increase sales. Then in markets where we spend more on radio our sales will tend to be higher, and as our correlation matrix shows, we also tend to spend more on newspaper advertising in those same markets. Hence, in a simple linear regression which only examines sales versus newspaper, we will observe that higher values of newspaper tend to be associated with higher values of sales, even though newspaper advertising does not actually affect sales. So newspaper sales are a surrogate for radio advertising; newspaper gets “credit” for the effect of radio on sales.

This slightly counterintuitive result is very common in many real life situations. Consider an absurd example to illustrate the point. Running a regression of shark attacks versus ice cream sales for data collected at a given beach community over a period of time would show a positive relationship, similar to that seen between sales and newspaper. Of course no one (yet) has suggested that ice creams should be banned at beaches to reduce shark attacks. In reality, higher temperatures cause more people to visit the beach, which in turn results in more ice cream sales and more shark attacks. A multiple regression of attacks versus ice cream sales and temperature reveals that, as intuition implies, the former predictor is no longer significant after adjusting for temperature.

	TV	radio	newspaper	sales
TV	1.0000	0.0548	0.0567	0.7822
radio		1.0000	0.3541	0.5762
newspaper			1.0000	0.2283
sales				1.0000

TABLE 3.5. Correlation matrix for TV, radio, newspaper, and sales for the Advertising data.

3.2.2 Some Important Questions

When we perform multiple linear regression, we usually are interested in answering a few important questions.

1. Is at least one of the predictors X_1, X_2, \dots, X_p useful in predicting the response?
2. Do all the predictors help to explain Y , or is only a subset of the predictors useful?
3. How well does the model fit the data?
4. Given a set of predictor values, what response value should we predict, and how accurate is our prediction?

We now address each of these questions in turn.

One: Is There a Relationship Between the Response and Predictors?

Recall that in the simple linear regression setting, in order to determine whether there is a relationship between the response and the predictor we can simply check whether $\beta_1 = 0$. In the multiple regression setting with p predictors, we need to ask whether all of the regression coefficients are zero, i.e. whether $\beta_1 = \beta_2 = \dots = \beta_p = 0$. As in the simple linear regression setting, we use a hypothesis test to answer this question. We test the null hypothesis,

$$H_0 : \beta_1 = \beta_2 = \dots = \beta_p = 0$$

versus the alternative

$$H_a : \text{at least one } \beta_j \text{ is non-zero.}$$

This hypothesis test is performed by computing the *F-statistic*,

F-statistic

$$F = \frac{(\text{TSS} - \text{RSS})/p}{\text{RSS}/(n - p - 1)}, \quad (3.23)$$

Quantity	Value
Residual standard error	1.69
R^2	0.897
F-statistic	570

TABLE 3.6. More information about the least squares model for the regression of number of units sold on TV, newspaper, and radio advertising budgets in the Advertising data. Other information about this model was displayed in Table 3.4.

where, as with simple linear regression, $TSS = \sum (y_i - \bar{y})^2$ and $RSS = \sum (y_i - \hat{y}_i)^2$. If the linear model assumptions are correct, one can show that

$$E\{RSS/(n - p - 1)\} = \sigma^2$$

and that, provided H_0 is true,

$$E\{(TSS - RSS)/p\} = \sigma^2.$$

Hence, when there is no relationship between the response and predictors, one would expect the F-statistic to take on a value close to 1. On the other hand, if H_a is true, then $E\{(TSS - RSS)/p\} > \sigma^2$, so we expect F to be greater than 1.

The F-statistic for the multiple linear regression model obtained by regressing **sales** onto **radio**, **TV**, and **newspaper** is shown in Table 3.6. In this example the F-statistic is 570. Since this is far larger than 1, it provides compelling evidence against the null hypothesis H_0 . In other words, the large F-statistic suggests that at least one of the advertising media must be related to **sales**. However, what if the F-statistic had been closer to 1? How large does the F-statistic need to be before we can reject H_0 and conclude that there is a relationship? It turns out that the answer depends on the values of n and p . When n is large, an F-statistic that is just a little larger than 1 might still provide evidence against H_0 . In contrast, a larger F-statistic is needed to reject H_0 if n is small. When H_0 is true and the errors ϵ_i have a normal distribution, the F-statistic follows an F-distribution.⁶ For any given value of n and p , any statistical software package can be used to compute the p-value associated with the F-statistic using this distribution. Based on this p-value, we can determine whether or not to reject H_0 . For the advertising data, the p-value associated with the F-statistic in Table 3.6 is essentially zero, so we have extremely strong evidence that at least one of the media is associated with increased **sales**.

In (3.23) we are testing H_0 that all the coefficients are zero. Sometimes we want to test that a particular subset of q of the coefficients are zero. This corresponds to a null hypothesis

$$H_0 : \beta_{p-q+1} = \beta_{p-q+2} = \dots = \beta_p = 0,$$

⁶Even if the errors are not normally-distributed, the F-statistic approximately follows an F-distribution provided that the sample size n is large.

where for convenience we have put the variables chosen for omission at the end of the list. In this case we fit a second model that uses all the variables *except* those last q . Suppose that the residual sum of squares for that model is RSS_0 . Then the appropriate F-statistic is

$$F = \frac{(\text{RSS}_0 - \text{RSS})/q}{\text{RSS}/(n - p - 1)}. \quad (3.24)$$

Notice that in Table 3.4, for each individual predictor a t-statistic and a p-value were reported. These provide information about whether each individual predictor is related to the response, after adjusting for the other predictors. It turns out that each of these are exactly equivalent⁷ to the F-test that omits that single variable from the model, leaving all the others in—i.e. $q=1$ in (3.24). So it reports the *partial effect* of adding that variable to the model. For instance, as we discussed earlier, these p-values indicate that **TV** and **radio** are related to **sales**, but that there is no evidence that **newspaper** is associated with **sales**, in the presence of these two.

Given these individual p-values for each variable, why do we need to look at the overall F-statistic? After all, it seems likely that if any one of the p-values for the individual variables is very small, then *at least one of the predictors is related to the response*. However, this logic is flawed, especially when the number of predictors p is large.

For instance, consider an example in which $p = 100$ and $H_0 : \beta_1 = \beta_2 = \dots = \beta_p = 0$ is true, so no variable is truly associated with the response. In this situation, about 5% of the p-values associated with each variable (of the type shown in Table 3.4) will be below 0.05 by chance. In other words, we expect to see approximately five *small* p-values even in the absence of any true association between the predictors and the response. In fact, we are almost guaranteed that we will observe at least one p-value below 0.05 by chance! Hence, if we use the individual t-statistics and associated p-values in order to decide whether or not there is any association between the variables and the response, there is a very high chance that we will incorrectly conclude that there is a relationship. However, the F-statistic does not suffer from this problem because it adjusts for the number of predictors. Hence, if H_0 is true, there is only a 5% chance that the F-statistic will result in a p-value below 0.05, regardless of the number of predictors or the number of observations.

The approach of using an F-statistic to test for any association between the predictors and the response works when p is relatively small, and certainly small compared to n . However, sometimes we have a very large number of variables. If $p > n$ then there are more coefficients β_j to estimate than observations from which to estimate them. In this case we cannot even fit the multiple linear regression model using least squares, so the

⁷The square of each t-statistic is the corresponding F-statistic.

F-statistic cannot be used, and neither can most of the other concepts that we have seen so far in this chapter. When p is large, some of the approaches discussed in the next section, such as *forward selection*, can be used. This *high-dimensional* setting is discussed in greater detail in Chapter 6.

high-
dimensional

Two: Deciding on Important Variables

As discussed in the previous section, the first step in a multiple regression analysis is to compute the F-statistic and to examine the associated p-value. If we conclude on the basis of that p-value that at least one of the predictors is related to the response, then it is natural to wonder *which* are the guilty ones! We could look at the individual p-values as in Table 3.4, but as discussed, if p is large we are likely to make some false discoveries.

It is possible that all of the predictors are associated with the response, but it is more often the case that the response is only related to a subset of the predictors. The task of determining which predictors are associated with the response, in order to fit a single model involving only those predictors, is referred to as *variable selection*. The variable selection problem is studied extensively in Chapter 6, and so here we will provide only a brief outline of some classical approaches.

variable
selection

Ideally, we would like to perform variable selection by trying out a lot of different models, each containing a different subset of the predictors. For instance, if $p = 2$, then we can consider four models: (1) a model containing no variables, (2) a model containing X_1 only, (3) a model containing X_2 only, and (4) a model containing both X_1 and X_2 . We can then select the *best* model out of all of the models that we have considered. How do we determine which model is best? Various statistics can be used to judge the quality of a model. These include *Mallow's C_p* , *Akaike information criterion* (AIC), *Bayesian information criterion* (BIC), and *adjusted R^2* . These are discussed in more detail in Chapter 6. We can also determine which model is best by plotting various model outputs, such as the residuals, in order to search for patterns.

Mallow's C_p
Akaike
information
criterion
Bayesian
information
criterion
adjusted R^2

Unfortunately, there are a total of 2^p models that contain subsets of p variables. This means that even for moderate p , trying out every possible subset of the predictors is infeasible. For instance, we saw that if $p = 2$, then there are $2^2 = 4$ models to consider. But if $p = 30$, then we must consider $2^{30} = 1,073,741,824$ models! This is not practical. Therefore, unless p is very small, we cannot consider all 2^p models, and instead we need an automated and efficient approach to choose a smaller set of models to consider. There are three classical approaches for this task:

- *Forward selection*. We begin with the *null model*—a model that contains an intercept but no predictors. We then fit p simple linear regressions and add to the null model the variable that results in the lowest RSS. We then add to that model the variable that results

forward
selection
null model

in the lowest RSS for the new two-variable model. This approach is continued until some stopping rule is satisfied.

- *Backward selection.* We start with all variables in the model, and remove the variable with the largest p-value—that is, the variable that is the least statistically significant. The new $(p - 1)$ -variable model is fit, and the variable with the largest p-value is removed. This procedure continues until a stopping rule is reached. For instance, we may stop when all remaining variables have a p-value below some threshold. backward
selection
- *Mixed selection.* This is a combination of forward and backward selection. We start with no variables in the model, and as with forward selection, we add the variable that provides the best fit. We continue to add variables one-by-one. Of course, as we noted with the **Advertising** example, the p-values for variables can become larger as new predictors are added to the model. Hence, if at any point the p-value for one of the variables in the model rises above a certain threshold, then we remove that variable from the model. We continue to perform these forward and backward steps until all variables in the model have a sufficiently low p-value, and all variables outside the model would have a large p-value if added to the model. mixed
selection

Backward selection cannot be used if $p > n$, while forward selection can always be used. Forward selection is a greedy approach, and might include variables early that later become redundant. Mixed selection can remedy this.

Three: Model Fit

Two of the most common numerical measures of model fit are the RSE and R^2 , the fraction of variance explained. These quantities are computed and interpreted in the same fashion as for simple linear regression.

Recall that in simple regression, R^2 is the square of the correlation of the response and the variable. In multiple linear regression, it turns out that it equals $\text{Cor}(Y, \hat{Y})^2$, the square of the correlation between the response and the fitted linear model; in fact one property of the fitted linear model is that it maximizes this correlation among all possible linear models.

An R^2 value close to 1 indicates that the model explains a large portion of the variance in the response variable. As an example, we saw in Table 3.6 that for the **Advertising** data, the model that uses all three advertising media to predict **sales** has an R^2 of 0.8972. On the other hand, the model that uses only **TV** and **radio** to predict **sales** has an R^2 value of 0.89719. In other words, there is a *small* increase in R^2 if we include newspaper advertising in the model that already contains TV and radio advertising, even though we saw earlier that the p-value for newspaper advertising in Table 3.4 is not

significant. It turns out that R^2 will always increase when more variables are added to the model, even if those variables are only weakly associated with the response. This is due to the fact that adding another variable to the least squares equations must allow us to fit the training data (though not necessarily the testing data) more accurately. Thus, the R^2 statistic, which is also computed on the training data, must increase. The fact that adding newspaper advertising to the model containing only TV and radio advertising leads to just a tiny increase in R^2 provides additional evidence that **newspaper** can be dropped from the model. Essentially, **newspaper** provides no real improvement in the model fit to the training samples, and its inclusion will likely lead to poor results on independent test samples due to overfitting.

In contrast, the model containing only **TV** as a predictor had an R^2 of 0.61 (Table 3.2). Adding **radio** to the model leads to a substantial improvement in R^2 . This implies that a model that uses TV and radio expenditures to predict sales is substantially better than one that uses only TV advertising. We could further quantify this improvement by looking at the p-value for the **radio** coefficient in a model that contains only **TV** and **radio** as predictors.

The model that contains only **TV** and **radio** as predictors has an RSE of 1.681, and the model that also contains **newspaper** as a predictor has an RSE of 1.686 (Table 3.6). In contrast, the model that contains only **TV** has an RSE of 3.26 (Table 3.2). This corroborates our previous conclusion that a model that uses TV and radio expenditures to predict sales is much more accurate (on the training data) than one that only uses TV spending. Furthermore, given that TV and radio expenditures are used as predictors, there is no point in also using newspaper spending as a predictor in the model. The observant reader may wonder how RSE can increase when **newspaper** is added to the model given that RSS must decrease. In general RSE is defined as

$$\text{RSE} = \sqrt{\frac{1}{n - p - 1} \text{RSS}}, \quad (3.25)$$

which simplifies to (3.15) for a simple linear regression. Thus, models with more variables can have higher RSE if the decrease in RSS is small relative to the increase in p .

In addition to looking at the RSE and R^2 statistics just discussed, it can be useful to plot the data. Graphical summaries can reveal problems with a model that are not visible from numerical statistics. For example, Figure 3.5 displays a three-dimensional plot of **TV** and **radio** versus **sales**. We see that some observations lie above and some observations lie below the least squares regression plane. Notice that there is a clear pattern of negative residuals, followed by positive residuals, followed by negative residuals. In particular, the linear model seems to overestimate **sales** for instances in which most of the advertising money was spent exclusively on either

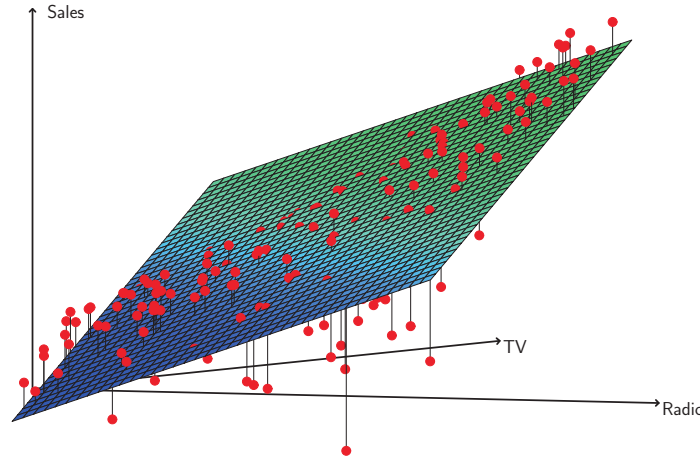


FIGURE 3.5. For the **Advertising** data, a linear regression fit to **sales** using **TV** and **radio** as predictors. From the pattern of the residuals, we can see that there is a pronounced non-linear relationship in the data.

TV or **radio**. It underestimates **sales** for instances where the budget was split between the two media. This pronounced non-linear pattern cannot be modeled accurately using linear regression. It suggests a *synergy* or *interaction* effect between the advertising media, whereby combining the media together results in a bigger boost to sales than using any single medium. In Section 3.3.2, we will discuss extending the linear model to accommodate such synergistic effects through the use of interaction terms.

Four: Predictions

Once we have fit the multiple regression model, it is straightforward to apply (3.21) in order to predict the response Y on the basis of a set of values for the predictors X_1, X_2, \dots, X_p . However, there are three sorts of uncertainty associated with this prediction.

1. The coefficient estimates $\hat{\beta}_0, \hat{\beta}_1, \dots, \hat{\beta}_p$ are estimates for $\beta_0, \beta_1, \dots, \beta_p$. That is, the *least squares plane*

$$\hat{Y} = \hat{\beta}_0 + \hat{\beta}_1 X_1 + \dots + \hat{\beta}_p X_p$$

is only an estimate for the *true population regression plane*

$$f(X) = \beta_0 + \beta_1 X_1 + \dots + \beta_p X_p.$$

The inaccuracy in the coefficient estimates is related to the *reducible error* from Chapter 2. We can compute a *confidence interval* in order to determine how close \hat{Y} will be to $f(X)$.

2. Of course, in practice assuming a linear model for $f(X)$ is almost always an approximation of reality, so there is an additional source of potentially reducible error which we call *model bias*. So when we use a linear model, we are in fact estimating the best linear approximation to the true surface. However, here we will ignore this discrepancy, and operate as if the linear model were correct.
3. Even if we knew $f(X)$ —that is, even if we knew the true values for $\beta_0, \beta_1, \dots, \beta_p$ —the response value cannot be predicted perfectly because of the random error ϵ in the model (3.21). In Chapter 2, we referred to this as the *irreducible error*. How much will Y vary from \hat{Y} ? We use *prediction intervals* to answer this question. Prediction intervals are always wider than confidence intervals, because they incorporate both the error in the estimate for $f(X)$ (the reducible error) and the uncertainty as to how much an individual point will differ from the population regression plane (the irreducible error).

We use a *confidence interval* to quantify the uncertainty surrounding the *average sales* over a large number of cities. For example, given that \$100,000 is spent on **TV** advertising and \$20,000 is spent on **radio** advertising in each city, the 95 % confidence interval is [10,985, 11,528]. We interpret this to mean that 95 % of intervals of this form will contain the true value of $f(X)$.⁸ On the other hand, a *prediction interval* can be used to quantify the uncertainty surrounding *sales* for a *particular* city. Given that \$100,000 is spent on **TV** advertising and \$20,000 is spent on **radio** advertising in that city the 95 % prediction interval is [7,930, 14,580]. We interpret this to mean that 95 % of intervals of this form will contain the true value of Y for this city. Note that both intervals are centered at 11,256, but that the prediction interval is substantially wider than the confidence interval, reflecting the increased uncertainty about *sales* for a given city in comparison to the average *sales* over many locations.

confidence
intervalprediction
interval

3.3 Other Considerations in the Regression Model

3.3.1 Qualitative Predictors

In our discussion so far, we have assumed that all variables in our linear regression model are *quantitative*. But in practice, this is not necessarily the case; often some predictors are *qualitative*.

⁸In other words, if we collect a large number of data sets like the **Advertising** data set, and we construct a confidence interval for the average *sales* on the basis of each data set (given \$100,000 in **TV** and \$20,000 in **radio** advertising), then 95 % of these confidence intervals will contain the true value of average *sales*.