Mandag	Tirsdag	Onsdag	Torsdag
Pasta 500 gram Onion 2 pieces Copped tomatoes 500 gram	Lasagne Ground Beef 500 gram Pasta 500 gram Onion 2 pieces Copped tomatoes 500 gram Carrots 200 gram		Lasagne Ground Beef 500 gram Pasta 500 gram Onion 2 pieces Copped tomatoes 500 gram Carrots 200 gram
Torsdag	Fredag	Lørdag	Søndag
Onion 2 pieces Copped tomatoes 500 gram	Copped tomatoes 500 gram	Copped tomatoes 500 gram	Lasagne Ground Beef 500 gram Pasta 500 gram Onion 2 pieces Copped tomatoes 500 gram Carrots 200 gram