Chapter. 5

The emerging self and socialization in the early years

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Chapter summary

- The self system (the difference between "I" and "me")
  - Traditional theorists view the "I" as the continuously experienced, which is different from others, and is an agent of action. "Me" is more about personal attributes, physical, social, and the spiritual of self.
  - James Cooley believes that people build a looking-glass self by the way others see us (eg.parenting style). Moreover, George Herbert Mead believe that language and society also shape our self-system. The culture influenced the way we see ourselves and others.
- Development of self-system
  - 0-6 months: baby develop pre-self, which is the beginning of self invariance from their caregiver.
  - 8-12 months: "I", baby start to use caregiver as secure base, and it is the beginning of self-worth and trust.
  - 15-24 months: " Me", children start to self recognize and self control, they build early self-esteem and autonomy.
  - 24-60 months: self-monitoring self: children can self-description and self-regulation.
- Dimensions of parenting style:
  - Warmth and parental responsiveness: affection, acceptance, involvement, and interest.
  - Control and parental demandingness: parents impose and enforce standards of behavior.
- Parenting styles:
  - Authoritative: high on warmth and high on demandingness
  - Permissive: high on warmth and low on demandingness
  - Authoritarian: high on demandingness and low on warmth
  - Uninvolved: low on demandingness and low on warmth

Counselor's role

- The counselor's role is to maintain student's well-being, physically, socially, academically, and psychologically. Understanding student's self-development can allow counselor to create self-awareness and provide the resources that the students need. Moreover, understanding parenting styles or family involvement can be beneficial to counselor. Counselors can adjust their communication style and decide what is most effective.

Guess their parenting style

Authoritative

Authoritarian

Permissive

Scholarly Articles

Mothers' and fathers' parenting styles and associations with toddlers' externalizing, internalizing, and adaptive behaviors

Christina Rinaldi, Nina Howe

Parents' self-reports of their parenting styles were positively correlated with each other for authoritative, authoritarian, and permissive practices. Comparisons between parents' reports of their partner's styles with that of partner's self-reports were moderately correlated for all three parenting styles. Findings revealed mothers' and fathers' self-reported parenting styles explained 44% of the variance in youngsters' externalizing behaviors. Permissive parenting by mothers and authoritarian parenting by fathers significantly predicted toddlers' externalizing behaviors. Authoritative paternal parenting was predictive of adaptive social behaviors.

Marital Conflict and Parental Responses to Infant Negative Emotions: Relation with Toddler Emotional Regulation

Leslie Frankel, Tomo Umemura, Deborah Jacobvits, Nancy Hazen

- Longitudinal study with observations measures of parental responses and child outcomes.
- Distressed paternal responses related to higher negative affect at 24 months when marital conflict was high.
- Toddler flat/withdrawn affect was predicted by marital conflict at 8 and 24 months.
- Marital conflict seems to have a direct relation to toddler's negative affect.

Q &A

How would describe your parents' parenting style?

How would you describe the impact of cultural changes on caregiver behaviours? In your experience, does their use make it more or less difficult to pay attention to young children with full awareness, acceptance and presence?

Reference

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