Markdown
Hashes (# is H1, ### is H3 etc) and one space formats a heading

Basic formatting
Use two returns to start another paragraph

with a line in-between.

Use two spaces and one return
to start a new line immediately after the one before.

asterisks and _underscores_ format as italic.

two asterisks or __two underscores__ format as bold.

3 asterisks or ___3 underscores___ format as bold italic.

To get a horizontal separator, use

---
3 hyphens, or *** or ___

Blockquotes

> You format a blockquote using the greater than symbol. If you want a
blockquote to span multiple paragraphs, add the greater than symbol to
the line between paragraphs too.
>
> Markdown is intended to be as easy-to-read and easy-to-write as is
feasible.

Lists

1. Number, period, space gives a numbered list
    1. Indent with a tab or at least 2 spaces for a nested list.
* * Asterisk, space gives a bulleted list.
    ○ * Indent the same way for a nested list.
* 2. Lists can mix bullets and numbers.
* Use * space to set up the list, then additional asterisks if needed for
formatting.

Code

Use a single backtick
` to format inline code.`

Use
``` C#
3 backticks {name of the language is optional;

may enable displaying with syntax highlighting}

in the lines above and below a code block
```

Links

[Use square brackets around the visible text then round brackets around
the URL](https://placekitten.com "Space, optional title in quotes")

For a reference link
[text in square brackets then ref. no. in square brackets][1]
then [number], colon, space and URL without any brackets.

[1]: http://news.bbc.co.uk

Images

Exclamation mark and square brackets around alt text sets up an image,
then the (URL with optional "title" same as a link)
![Kittens](https://placekitten.com/250/400 "Fluffy Kitten")
To make the image a link put square brackets around the image code, then
the URL in round brackets
[![Kittens](https://placekitten.com/300/300)](https://placekitten.com)