

COMPLETE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

(Read This Entire Document Carefully Before Signing it; This Document is a Release and Waiver of Your Legal Rights)

I have enrolled in a program of strenuous physical training and activity known as *Parkour*. This program of physical training and activity is collectively referred to in this document as the "Activities" and is being administered and taught by Parkour Endure, LLC, which is referred to in this document as the "Company". In consideration of the Company permitting me to engage and participate in the Activities, I agree as follows:

1. I have advised the Company and I hereby affirm I am in good physical condition and do not suffer from any illness, disease or disability that would prevent or limit my participation in any of the Activities. If my physical condition ever changes, I will immediately notify the Company and will cease participating in the Activities or, if permitted by my physician (in writing) and the Company, limit my participation to the extent necessary to accommodate my physical condition. Additionally, if I ever feel unsafe in performing any of the Activities, I will immediately cease performing them until I no longer feel unsafe. _____ (initial)

2. I fully understand **THE ACTIVITIES INVOLVE A HIGH DEGREE OF DANGER AND RISK** of serious bodily injury, including, but not limited to, permanent disability, death and severe social and economic losses, which might result not only from my own acts, omissions or negligence, but also the acts, omissions and negligence of the Company, the condition of the premises where the Activities are conducted, and the equipment used; and there may be other risks not known to me or not reasonably foreseeable at this time. _____ (initial)

3. **I ASSUME ALL OF THE RISKS RELATED TO THE ACTIVITIES, INCLUDING, BUT NOT LIMITED TO, THOSE DESCRIBED IN PARAGRAPH 2 ABOVE**, and accept full responsibility for all damages, losses and injuries I may sustain as a result of participating in the Activities, including, but not limited to, such damages and injuries resulting in my permanent disability or death. _____ (initial)

4. **I PROMISE AND AGREE NOT TO SUE** the Company or any of its members, employees, agents or other representatives, which are collectively referred to in this document as the "Released Parties". To the fullest extent permitted by law, **I EXPRESSLY INTEND TO, AND DO HEREBY, RELEASE, WAIVE AND DISCHARGE, AND AGREE TO INDEMNIFY AND HOLD HARMLESS, ALL OF THE RELEASED PARTIES** from and against, all claims, debts, demands, losses, damages, and all other liabilities of any kind whatsoever arising out of or on account of any injury I may sustain, including, but not limited to, my permanent disability or death or damage to my property, caused or alleged to be caused, entirely or in part by the acts or omissions, **INCLUDING, BUT NOT LIMITED TO, THE NEGLIGENT ACTS OR OMISSIONS, OF ANY OF THE RELEASED PARTIES** or any other person, including myself. _____ (initial)

I HAVE READ THIS DOCUMENT CAREFULLY AND FULLY UNDERSTAND IT. I ALSO UNDERSTAND THAT I AM GIVING UP SUBSTANTIAL LEGAL RIGHTS BY SIGNING THIS DOCUMENT, AND I AM SIGNING IT VOLUNTARILY, UNDER NO DURESS OR COERCION, AND WITH THE INTENT TO BE LEGALLY BOUND BY ALL OF ITS PROVISIONS. _____ (initial)

Witness:

Name: _____

(Type or Print in Black or Blue Ink)

Address: _____

Telephone: _____

Birth Date: / /

Signature: _____

Date: _____