

### Random

week 1 athlete 1
week 1 athlete 2
week 2 athlete 1
week 2 athlete 2
week 3 athlete 1
week 3 athlete 2
week 4 athlete 1
week 4 athlete 2
week 5 athlete 1
week 5 athlete 2
week 6 athlete 1
week 6 athlete 2
week 7 athlete 1
week 7 athlete 2

### Random weeks

week 1 athlete 1
week 1 athlete 2
week 2 athlete 1
week 2 athlete 2
week 3 athlete 1
week 3 athlete 2
week 4 athlete 1
week 4 athlete 2
week 5 athlete 1
week 5 athlete 2
week 6 athlete 1
week 6 athlete 2
week 7 athlete 1
week 7 athlete 2

### Last weeks

week 1 athlete 1
week 1 athlete 2
week 2 athlete 1
week 2 athlete 2
week 3 athlete 1
week 3 athlete 2
week 4 athlete 1
week 4 athlete 2
week 5 athlete 1
week 5 athlete 2
week 6 athlete 1
week 6 athlete 2
week 7 athlete 1
week 7 athlete 2