

Calculate the CMB power spectrum: Cosmology II

Johan Mylius Kroken^{1,2}

¹ Institute of Theoretical Astrophysics (ITA), University of Oslo, Norway

² Center for Computing in Science Education (CCSE), University of Oslo, Norway

April 24, 2023 GitHub repo link: <https://github.com/Johannmkr/AST5220/tree/main/project>

ABSTRACT

SOME ABSTRACT

Contents

1 Introduction

2 Milestone III - Perturbations

- 2.1 Theory
- 2.1.1 Metric perturbations
- 2.1.2 Fourier space and multipole expansion
- 2.1.3 Einstein-Boltzmann equations
- 2.1.4 Tight coupling regime
- 2.1.5 Inflation
- 2.1.6 Initial conditions
- 2.2 Methods
- 2.3 Results and discussion

A Useful derivations

- A.1 Angular diameter distance
- A.2 Luminosity distance
- A.3 Differential equations

B Sanity checks

- B.1 For \mathcal{H}
- B.2 For η

Nomenclature

2 Constants of nature

- m_e - Mass of electron.
- $m_e = 9.10938356 \cdot 10^{-31}$ kg.
- m_H - Mass of hydrogen atom.
- $m_H = 1.6735575 \cdot 10^{-27}$ kg.
- G - Gravitational constant.
- $G = 6.67430 \cdot 10^{-11}$ m³ kg⁻¹ s⁻².
- k_B - Boltzmann constant.
- $k_B = 1.38064852 \cdot 10^{-23}$ m² kg s⁻² K⁻¹.
- \hbar - Reduced Planck constant.
- $\hbar = 1.054571817 \cdot 10^{-34}$ J s⁻¹.
- c - Speed of light in vacuum.
- $c = 2.99792458 \cdot 10^8$ m s⁻¹.
- σ_T - Thomson cross section.
- $\sigma_T = 6.6524587158 \cdot 10^{-29}$ m².
- α - Fine structure constant.
- $\alpha = \frac{m_e c}{\hbar} \sqrt{\frac{3\sigma_T}{8\pi}}$

7 Cosmological parameters

- $G_{\mu\nu}$ - Einstein tensor.
- $T_{\mu\nu}$ - Stress-energy tensor.
- H - Hubble parameter.
- \mathcal{H} - Conformal Hubble parameter.
- T_{CMB0} - Temperature of CMB today.
- a - Scale factor.
- x - Logarithm of scale factor.
- t - Cosmic time.
- z - Redshift.
- η - Conformal time.
- χ - Co-moving distance.
- p - Pressure.
- ρ - Density.
- r - Radial distance.
- d_A - Angular diameter distance.
- d_L - Luminosity distance.
- n_e - Electron density.
- n_b - Baryon density.
- X_e - Free electron fraction.
- τ - Optical depth.
- \tilde{g} - Visibility function.
- s - Sound horizon.
- r_s - Sound horizon at decoupling.
- c_s - Wave propagation speed.

Density parameters

Density parameter $\Omega_X = \rho_X/\rho_c$ where ρ_X is the density and $\rho_c = 8\pi G/3H^2$ the critical density. X can take the following values:

- b - Baryons.
- CDM - Cold dark matter.
- γ - Electromagnetic radiation.
- ν - Neutrinos.
- k - Spatial curvature.
- Λ - Cosmological constant.

A 0 in the subscript indicates the present day value.

Fiducial cosmology

The fiducial cosmology used throughout this project is based on the observational data obtained by [Aghanim et al. \(2020\)](#):

$$\begin{aligned}
 h &= 0.67, \\
 T_{\text{CMB}0} &= 2.7255 \text{ K}, \\
 N_{\text{eff}} &= 3.046, \\
 \Omega_{b0} &= 0.05, \\
 \Omega_{\text{CDM}0} &= 0.267, \\
 \Omega_{k0} &= 0, \\
 \Omega_{\gamma0} &= N_{\text{eff}} \cdot \frac{7}{8} \left(\frac{4}{11} \right)^{4/3} \Omega_{\gamma0}, \\
 \Omega_{\Lambda0} &= 1 - (\Omega_{k0} + \Omega_{b0} + \Omega_{\text{CDM}0} + \Omega_{\gamma0} + \Omega_{\nu0}), \\
 \Omega_{M0} &= \Omega_{b0} + \Omega_{\text{CDM}0}, \\
 \Omega_{\text{rad}} &= \Omega_{\gamma0} + \Omega_{\nu0}, \\
 n_s &= 0.965, \\
 A_s &= 2.1 \cdot 10^{-9}.
 \end{aligned}$$

1. Introduction

Introduce all for Milestones and the overall aim of calculating the CMB power spectrum etc.

TODO: Obviously this introduction will change and amended as more milestones are completed.

2. Milestone III - Perturbations

The aim of this section is to investigate how small fluctuations in the baryon-photon-dark-matter fluid in the early grew into larger structures. This is done by examining the interplay between these fluid fluctuations and the subsequent fluctuations of the space-time geometry. We will model this by perturbing the flat FLRW-metric using the conformal-Newtonian gauge. This will impact how the Boltzmann equations for the different species behaves, from which we are able to construct differential equations for key physical observables, and their initial conditions.

2.1. Theory

2.1.1. Metric perturbations

The perturbed metric in the conformal-Newtonian gauge is given in [Callin \(2006\)](#) as:

$$g_{\mu\nu} = \begin{pmatrix} -(1+2\Psi) & 0 \\ 0 & e^{2\chi}\delta_{ij}(1+2\Phi) \end{pmatrix} \quad (1)$$

This means that we perturb the FLRW-metric with $\Psi \ll 1$ corresponding to the Newtonian potential governing the motion of non-relativistic particles and $\Phi \ll 1$ governing the perturbation of the spatial curvature.¹ The comoving momentum in this spacetime is:

$$p^\mu = \left[E(1-\Psi), p^i \frac{1-\Phi}{a} \right]. \quad (2)$$

By considering this momentum, and the geodesic equation in this perturbed spacetime we obtain the following ([Dodelson & Schmidt 2020](#), Eqs. 3.62, 3.69, 3.71):

$$\frac{dx^i}{dt} = \frac{\hat{p}^i}{a} \frac{p}{E} (1 - \Phi + \Psi) \quad (3a)$$

$$\frac{dp^i}{dt} = - \left(H + \frac{d\Phi}{dt} \right) p^i - \frac{E}{a} \frac{\partial \Phi}{\partial x^i} - \frac{1}{a} \frac{p^i}{E} p^k \frac{\partial \Phi}{\partial x^k} + \frac{p^2}{aE} \frac{\partial \Phi}{\partial x^i} \quad (3b)$$

$$\frac{dp}{dt} = - \left(H + \frac{d\Phi}{dt} \right) p - \frac{E}{a} \hat{p}^i \frac{\partial \Psi}{\partial x^i} \quad (3c)$$

Inserting Eq. (3) into ??, and for now assuming $C[f] = 0$ yield the *collisionless Boltzmann equations*. Keeping terms to first order only,² yield the collisionless Boltzmann equation: ([Dodelson & Schmidt 2020](#), Eq. 3.83):

$$\frac{df}{dt} = \frac{\partial f}{\partial t} + \frac{p}{E} \frac{\hat{p}^i}{a} \frac{\partial f}{\partial x^i} - \left[H + \frac{d\Phi}{dt} + \frac{E}{ap} \hat{p}^i \frac{\partial \Psi}{\partial x^i} \right] p \frac{\partial f}{\partial p}. \quad (4)$$

Future work consists mainly of evaluating the collision terms for each species and equate it to Eq. (4)

2.1.2. Fourier space and multipole expansion

Consider a function $f(\mathbf{x}, t)$. Its Fourier transform \mathcal{F} and inverse \mathcal{F}^{-1} are defined as:

$$\mathcal{F}[f(\mathbf{x}, t)] \equiv \frac{1}{(2\pi)^{3/2}} \int e^{-i\mathbf{k}\cdot\mathbf{x}} f(\mathbf{x}, t) d^3x = \tilde{f}(\mathbf{k}, t), \quad (5)$$

$$\mathcal{F}^{-1}[\tilde{f}(\mathbf{k}, t)] \equiv \frac{1}{(2\pi)^{3/2}} \int e^{i\mathbf{k}\cdot\mathbf{x}} \tilde{f}(\mathbf{k}, t) d^3k = f(\mathbf{x}, t). \quad (6)$$

It becomes apparent from these definitions that taking the spatial derivative with respect to \mathbf{x} in real space, is the same as multiplying the function with $i\mathbf{k}$ in Fourier space. This leads to the following property: $\mathcal{F}[\nabla f(\mathbf{x}, t)] = i\mathbf{k}\mathcal{F}[f(\mathbf{x}, t)]$. This is of major significance when working with partial differential equations (PDEs), where:

$$\begin{aligned}
 \mathcal{F}[\nabla^2 f(\mathbf{x}, t)] &= i^2 \mathbf{k} \cdot \mathbf{k} \mathcal{F}[f(\mathbf{x}, t)] = -k^2 \mathcal{F}[f(\mathbf{x}, t)] \\
 \mathcal{F}\left[\frac{d^n f(\mathbf{x}, t)}{dt^n}\right] &= \frac{d^n}{dt^n} \mathcal{F}[f(\mathbf{x}, t)].
 \end{aligned} \quad (7)$$

The two equations in Eq. (7) have the ability of reducing PDEs down to a set of decoupled ODEs. This means that we are able to solve for each mode $k = |\mathbf{k}|$ independently, which will be of great impact for the equations to come.

¹ Φ may also be interpreted as a *local perturbation to the scale factor*, [Dodelson & Schmidt \(2020\)](#).

² This is justified by the ansatz that deviations away from the equilibrium distribution of radiation in the inhomogeneous universe are of same order as the spacetime perturbations Φ and Ψ , [Dodelson & Schmidt \(2020\)](#).

We will also work with multipole expansions, which are series written as sums of *Legendre polynomials* expanded in $\mu = \cos \theta \in [-1, 1]$ as:

$$f(\mu) = \sum_{l=0}^{\infty} \frac{2l+1}{i^l} f_l \mathcal{P}_l(\mu), \quad (8)$$

where \mathcal{P}_l is the l -th Legendre polynomial. These are orthogonal in such a way that they form a complete basis, enabling us to express any $f(\mu)$ as in Eq. (8). The coefficients f_l are the *Legendre multipoles*:

$$f_l = \frac{i^l}{2} \int_{-1}^1 f(\mu) \mathcal{P}_l(\mu) d\mu. \quad (9)$$

The factors $(2l+1)/i^l$ in Eq. (8) and $i^l/2$ in Eq. (9) are just conventional choices. It is convenient to expand functions in this way when we are considering quantities that are function of a direction in the sky - since the Legendre polynomials are closely related to the spherical harmonics, which is a natural choice of basis for such quantities.

2.1.3. Einstein-Boltzmann equations

We have two perturbations to the metric, $\Phi(\mathbf{x}, t)$ to the spatial curvature, and $\Psi(\mathbf{x}, t)$ to the Newtonian potential. We seek to find the effect of these perturbations on baryonic matter, dark energy and radiation, as they “live” in a now perturbed spacetime. Let’s start by defining the perturbation to the photons, $\Theta(\mathbf{x}, \hat{\mathbf{p}}, t)$, to be the variation of photon temperature around an equilibrium temperature $T^{(0)}$:

$$T(\mathbf{x}, \hat{\mathbf{p}}, t) = T^{(0)} [1 + \Theta(\mathbf{x}, \hat{\mathbf{p}}, t)]. \quad (10)$$

This is dependent on the location \mathbf{x} and the direction of propagation $\hat{\mathbf{p}}$, thus capturing both inhomogeneities and anisotropies. We assume Θ to be independent of the momentum magnitude.³ The collision terms for the photons are governed by Compton scattering. We use the form found in (Dodelson & Schmidt 2020, Eq. 5.22) **TODO: assumptions: ignore polarisation, and angular dep. of thomson cross sec:**

$$C[f(\mathbf{p})] = -p^2 \frac{\partial f^{(0)}}{\partial p} n_e \sigma_T [\Theta_0 - \Theta(\hat{\mathbf{p}}) + \hat{\mathbf{p}} \cdot \mathbf{v}_b] \quad (11)$$

where Θ_0 is the monopole term.⁴ \mathbf{v}_b is the bulk velocity of the electrons involved in the process, and is the same as for baryons, hence the subscript. The distribution function for radiation follows the Bose-Einstein distribution function, so we expand f around its zeroth order Bose-Einstein form, (Dodelson & Schmidt 2020, Eq. 5.2-5.9), using the temperature perturbation in Eq. (10) **TODO: Include equation 5.9 in Dodelson?** This is then inserted into Eq. (4), which we equate to the collision

³ This follows from the fact that the magnitude of the photon momentum is virtually unchanged by the dominant form of interaction, Compton scattering (Dodelson & Schmidt (2020)).

⁴ This is the integral over the photon perturbation at any given point, over all photon directions. It is given by

$$\Theta_0(\mathbf{x}, t) \equiv \frac{1}{4\pi} \int d\Omega' \Theta(\mathbf{x}, \hat{\mathbf{p}}', t)$$

where Ω' is the solid angle spanned by $\hat{\mathbf{p}}'$ (Dodelson & Schmidt (2020)).

term in Eq. (11) in order to obtain the following full Boltzmann equation for radiation:⁵

$$\frac{d\Theta}{dt} + \frac{\hat{\mathbf{p}}^i}{a} \frac{\partial \Theta}{\partial x^i} + \frac{d\Phi}{dt} + \frac{\hat{\mathbf{p}}^i}{a} \frac{\partial \Psi}{\partial x^i} = n_e \sigma_T [\Theta_0 - \Theta + \hat{\mathbf{p}} \cdot \mathbf{v}_b] \quad (12)$$

For massive particles, we start with cold dark matter (CDM). Firstly, we assume cold dark matter to not interact with any other species, nor self-interact. Thus, we do not have any collision terms. Further, we also assume it to behave like a fluid, neglecting any terms not to first order. We consider cold dark matter to be non-relativistic, thus they will only have a sizeable monopole and dipole term, which means that the evolution is fully characterised by the density and velocity, (Winther et al. (2023)). **TODO: how much about moments should I explain?** Therefore, we take the first and second moment of Eq. (4) and consider them to first order, in order to retrieve the cosmological generalisation of the continuity equation (Dodelson & Schmidt 2020, Eq. 5.41):

$$\frac{\partial n_c}{\partial t} + \frac{1}{a} \frac{\partial (n_c v_c^i)}{\partial x^i} + 3 \left[H + \frac{\partial \Phi}{\partial t} \right] n_c = 0, \quad (13)$$

and the Euler equation (Dodelson & Schmidt 2020, Eq. 5.50):

$$\frac{\partial v_c^i}{\partial t} + H v_c^i + \frac{1}{a} \frac{\partial \Psi}{\partial x^i} = 0. \quad (14)$$

In both Eq. (13) and Eq. (14), n_c is the cold dark matter number density, \mathbf{v}_c its bulk velocity. We then consider the perturbation of n_c to first order:

$$n_c(\mathbf{x}, t) = n_c^{(0)} [1 + \delta_c(\mathbf{x}, t)], \quad (15)$$

and consider the first order perturbation to Eq. (13):

$$\frac{\partial \delta_c}{\partial t} + \frac{1}{a} \frac{\partial v_c^i}{\partial x^i} + 3 \frac{\partial \Phi}{\partial t} = 0. \quad (16)$$

Eq. (16) and Eq. (14) now described the evolution of the density perturbation δ_c and bulk velocity \mathbf{v}_c of cold dark matter.

For baryons (protons and electrons) we also assume them to behave like a non-relativistic fluid, so taking moments is a similar task as for cold dark matter. The only difference is that baryons interact with each other through Coulomb scattering and Compton scattering. We may ignore Compton scattering between protons and photons due to the small cross-section, but electrons are coupled to both photons and protons. Since the first moment of the Boltzmann equation represents conservations of particle number, and none of the above interactions changes the total baryon particle number, the continuity equation is identical to Eq. (13), but for baryons. We also have a baryon perturbation similar to Eq. (15), which altogether results in the following density perturbation for baryons:

$$\frac{\partial \delta_b}{\partial t} + \frac{1}{a} \frac{\partial v_b^i}{\partial x^i} + 3 \frac{\partial \Phi}{\partial t} = 0. \quad (17)$$

For the Euler equation, we now have to consider the collision terms, where momentum is conserved, but transferred between the baryons and photons. This collision term is found from considering the first moment of the photon distribution and find the momentum transfer due to Compton scattering. According to (Winther et al. (2023)) the momentum transfer in the baryon equation is $-n_e \sigma_T R^{-1} (v_\gamma^i - v_b^i)$, where R is defined in ???. The Euler

⁵ Where of course $m = 0 \iff E = p$.

equation for baryons, similar to Eq. (14), but with the momentum transfer as source term now yield:

$$\frac{\partial v_b^i}{\partial t} + H v_b^i + \frac{1}{a} \frac{\partial \Psi}{\partial x^i} = -n_e \sigma_T R^{-1} (v_\gamma^i - v_b^i) \quad (18)$$

We have now acquired differential equations for the temperature fluctuations, Θ in Eq. (12), and the overdensities⁶, δ_c , δ_b , and bulk velocities v_c^i and v_b^i , of cold dark matter and baryons respectively in Eq. (16), Eq. (17), Eq. (14) and Eq. (18). In order to make these differential equations easier to solve we make the transformation into Fourier space. We do this by introducing μ as the cosine of the angle between the Fourier wave vector \mathbf{k} and the direction of the photon $\mathbf{p}/|\mathbf{p}|$. Additionally, velocities are generally longitudinal which enables us to write:

$$\begin{aligned} \mu &\equiv \frac{\mathbf{k} \cdot \mathbf{p}}{kp} \\ \mathbf{v} &= i\hat{\mathbf{k}}v \end{aligned} \quad (19)$$

This enables us to summarise the differential equations as follows, now in Fourier space, and the time derivative is with respect to conformal time η :

$$\dot{\Theta} = -ik\mu(\Theta + \Psi) - \dot{\Phi} - \dot{\tau} \left[\Theta_0 - \Theta + i\mu v_b - \frac{\mathcal{P}_2 \Theta_2}{2} \right], \quad (20a)$$

$$\dot{\delta}_c = -3\dot{\Phi} + k v_c, \quad (20b)$$

$$\dot{v}_c = -k\Psi - \mathcal{H} v_c, \quad (20c)$$

$$\dot{\delta}_b = -3\dot{\Phi} + k v_b, \quad (20d)$$

$$\dot{v}_b = -k\Psi + \dot{\tau} R^{-1} (v_b + 3\Theta_1) - \mathcal{H} v_b. \quad (20e)$$

In Eq. (20a) and Eq. (20e) we define $\dot{\tau}$ from ???. Additionally, in Eq. (20a) we have included the term $\mathcal{P}_2 \Theta_2/2$ in order to account for the angular dependency of Compton scattering previously ignored. We have also used that the photon velocity is proportional to the dipole $\Theta_1 = -v_\gamma/3$.

Our next step is to once again consider the perturbation to the metric in order to find out how the potentials Ψ and Φ change with time. In short, this is done by computing the perturbed Christoffel symbols using Eq. (1), finding the Ricci tensor and Ricci scalar, and construct the perturbed Einstein tensor. We also have to find the perturbed energy-momentum Tensor, and then solve the Einstein equation in ???. The result yields the time evolution of Φ and Ψ , where we have from (Dodelson & Schmidt 2020, Eq. 6.41):

$$k^2 \Phi + 3\mathcal{H}(\dot{\Phi} - \mathcal{H}\Psi) = 4\pi G a^2 (\rho_c \delta_c + \rho_b \delta_b + 4\rho_\gamma \Theta_0), \quad (21)$$

and from (Dodelson & Schmidt 2020, Eq. 6.47)

$$k^2(\Phi + \Psi) = -32\pi G a^2 (\rho_\gamma \Theta_2) : \quad (22)$$

Eq. (21) and Eq. (22) are both written in Fourier space. The final step is to write the photon fluctuations Θ as a hierarchy of multipoles in accordance with Eq. (8). The resultant hierarchy, along with all relevant equations, now written in terms of our preferred temporal variable x is given below:

⁶ The fluctuations to the equilibrium densities.

Photon temperature multipoles

$$\Theta'_0 = -\frac{ck}{\mathcal{H}} \Theta_1 - \Phi', \quad (23a)$$

$$\Theta'_1 = \frac{ck}{3\mathcal{H}} \Theta_0 - \frac{2ck}{3\mathcal{H}} \Theta_2 + \frac{ck}{3\mathcal{H}} \Psi + \tau' \left[\Theta_1 + \frac{1}{3} v_b \right], \quad (23b)$$

$$\Theta'_l = \begin{cases} \frac{lck\Theta_{l-1}}{(2l+1)\mathcal{H}} - \frac{(l+1)ck\Theta_{l+1}}{(2l+1)\mathcal{H}} + \tau' \left[\Theta_l - \frac{\Theta_2}{10} \delta_{l,2} \right], & l \geq 2 \\ \frac{ck\Theta_{l-1}}{\mathcal{H}} - c \frac{(l+1)\Theta_l}{\mathcal{H}\eta} + \tau' \Theta_l, & l = l_f \end{cases} \quad (23c)$$

Cold dark matter and baryons

$$\delta'_c = \frac{ck}{\mathcal{H}} v_c - 3\Phi', \quad (24a)$$

$$v'_c = -v_c - \frac{ck}{\mathcal{H}} \Psi, \quad (24b)$$

$$\delta'_b = \frac{ck}{\mathcal{H}} v_b - 3\Phi', \quad (24c)$$

$$v'_b = -v_b - \frac{ck}{\mathcal{H}} \Psi + \tau' R^{-1} (3\Theta_1 + v_b) \quad (24d)$$

Metric perturbations

$$\Phi' = \Psi - \frac{c^2 k^2}{3\mathcal{H}^2} \Phi + \frac{\mathcal{Y}}{2}, \quad (25a)$$

$$\Psi = -\Phi - \frac{12\mathcal{H}^2}{c^2 k^2} \Omega_\gamma \Theta_2. \quad (25b)$$

where $\mathcal{Y} = \Omega_c \delta_c + \Omega_b \delta_b + 4\Omega_\gamma \Theta_0$

2.1.4. Tight coupling regime

The tight coupling regime represents the time in the early Universe, before recombination, when both radiation, dark matter and baryons were tightly coupled together, interactions were frequent and efficient, and the primordial plasma very optically thick ($\tau \gg 1$). Due to this, the bulk velocity of the baryons (which co-moves with the other species due to the tight coupling) is very low. Furthermore, due to the frequent interactions and low bulk velocity the radiation dipole is suppressed. Altogether, this causes the combination $(3\Theta_1 + v_b)$ to be very small. The optical depth changes rapidly in the tight coupling regime, as seen from ??, $|\tau'| \gg 1$. As a result, any combinations of the form $\tau'(\Theta_1 + v_b)$, as they occur in Eq. (23b) and Eq. (24d) are extremely numerically unstable. We therefore use said equations in order to rewrite for:

$$q = \frac{ck}{\mathcal{H}} (\Theta_0 - 2\Theta_2) + \tau' (1 + R^{-1}) (3\Theta_1 + v_b) - v_b, \quad (26)$$

where we have defined

$$q \equiv (3\Theta_1 + v_b)' \implies \Theta'_1 = (q - v'_b)/3 \quad (27)$$

We are able to differentiate Eq. (26) w.r.t. x by using $(R^{-1})' = -R^{-1}$ in order to obtain:

$$\begin{aligned} q' &= \left[\tau'' (1 + R^{-1}) + (1 - R^{-1}) \tau' \right] (3\Theta_1 + v_b) \\ &\quad + \left[\tau' (1 + R^{-1}) - 1 \right] q \\ &\quad + \frac{ck}{\mathcal{H}} \left(\Theta_0 - 2\Theta_2 + \Psi + \Theta'_0 - 2\Theta'_2 - \frac{\mathcal{H}'}{\mathcal{H}} (\Theta_0 - 2\Theta_2) \right) \end{aligned} \quad (28)$$

The treatment leading up to Eq. (28) is exact, but now we make the following approximation, [Winther et al. \(2023\)](#): In a radiation dominated universe (which is what we have in the tight coupling regime) we have that:

$$\begin{aligned} \eta \propto a \propto \tau'^{-1} \propto (3\Theta_1 + v_b) &\implies \frac{d^2}{d\eta^2}(3\Theta_1 + v_b) \approx 0 \\ &\implies q' \approx -\frac{\mathcal{H}'}{\mathcal{H}}q \end{aligned} \quad (29)$$

We find q by equating Eq. (28) and Eq. (29) and solving for q . We further use Eq. (26) and solve for $\tau'(1 + R^{-1})(3\Theta_1 + v_b)$ which we substitute into Eq. (24d) in order to obtain an equation for v'_b . Altogether, this give rise to the following equations, valid in the tight coupling regime:

Tight coupling equations

$$\begin{aligned} q \left[(1 + R^{-1})\tau' + \frac{\mathcal{H}'}{\mathcal{H}} - 1 \right] = & \\ - \left[\tau''(1 + R^{-1}) + (1 - R^{-1})\tau' \right] (3\Theta_1 + v_b) & \\ - \frac{ck}{\mathcal{H}}\Psi + \left(1 - \frac{\mathcal{H}'}{\mathcal{H}} \right) \frac{ck}{\mathcal{H}}(-\Theta_0 + 2\Theta_2) - \frac{ck}{\mathcal{H}}\Theta'_0 & \end{aligned} \quad (30)$$

$$\begin{aligned} v'_b [1 + R^{-1}] = -v_b - \frac{ck}{\mathcal{H}}\Psi & \\ + R^{-1} \left(q + \frac{ck}{\mathcal{H}}(-\Theta_0 + 2\Theta_2) - \frac{ck}{\mathcal{H}}\Psi \right) & \end{aligned} \quad (31)$$

$$\Theta'_1 = \frac{1}{3}(q - v'_b), \quad (32a)$$

$$\Theta_2 = -\frac{20ck}{45\mathcal{H}\tau'}\Theta_1, \quad (32b)$$

$$\Theta_l = -\frac{l}{2l+1} \frac{ck}{\mathcal{H}\tau'}\Theta_{l-1} \quad l > 2. \quad (32c)$$

2.1.5. Inflation

To be able to numerically integrate Eq. (23), Eq. (24) and Eq. (25) we must determine the initial conditions of each quantity. Thus, we need to know how the Universe behaved at a very early stage. It is proposed that an epoch called *inflation* took place, during which the Universe exponentially increases in size during a very short period of time [Dodelson & Schmidt \(2020\)](#).⁷ We will describe the inflationary period in order to obtain the initial conditions of the metric perturbations Ψ and Φ .

Assume inflation is driven by a scalar field $\psi(t, \mathbf{x})$, typically referred to as *inflaton field*. For inflation to happen, the acceleration of the scale factor must be positive, meaning that the inflaton field must model a fluid where the equation of state parameter w is negative, i.e. $3p + \rho < 0$. By considering the temporal and spatial part of the energy-momentum tensor, [Dodelson & Schmidt](#)

(2020) obtains the following equations for the pressure and density of the inflaton field:

$$\rho_\phi = \frac{1}{2} \left(\frac{d\phi}{dt} \right)^2 + V(\phi), \quad (33)$$

and

$$p_\phi = \frac{1}{2} \left(\frac{d\phi}{dt} \right)^2 - V(\phi), \quad (34)$$

where $1/2 \left(\frac{d\phi}{dt} \right)^2$ is the kinetic energy of the field, and $V(\phi)$ is the potential energy. Thus, $w = p/\rho < 0$ implies that the inflaton field must have more potential than kinetic energy. We therefore require it to *roll slowly* in the potential, and thus introduce the *slow roll parameters* ϵ_{sr} and δ_{sr} , both of which must be satisfied for the field to be able to perform inflation. These are:

$$\epsilon_{\text{sr}} = \frac{E_{\text{pl}}^2}{16\pi} \left(\frac{V'}{V} \right)^2 \ll 1 \quad (35a)$$

$$\delta_{\text{sr}} = \frac{E_{\text{pl}}}{8\pi} \left(\frac{V''}{V} \right) \ll 1, \quad (35b)$$

where the derivative of the potential V is in terms of ϕ .

Next, one of the crucial assumptions is that we can express the inflaton field in terms of a perturbation (or overdensity) as:

$$\phi(t, \mathbf{x}) = \phi^{(0)}(t) + \delta\phi(t, \mathbf{x}), \quad (36)$$

where $\phi^{(0)}$ is the equilibrium value of the field, only dependent on time. We will concern ourselves with the perturbation $\delta\phi$ and investigate what happens to it during the inflationary period. Before inflation, we expect $\Psi = \Phi = 0$ and the perturbation $\delta\phi$ to be of quantum nature.

TODO: fill more here maybe

We could in principle solve the full Einstein equation where Ψ and Φ enters through the Einstein tensor, and ϕ through the energy-momentum tensor.⁸ This is not trivial, and instead we introduce the curvature perturbation $\mathcal{R}(\delta\phi, \Psi)$, which is a conserved quantity, as [Dodelson & Schmidt \(2020\)](#):

$$\mathcal{R} = -\frac{ik_i \delta T_i^0}{k^2(p + \rho)} - \Psi, \quad (37)$$

where k is the mode (in Fourier space), $T_0^i = g^{iv} \partial_v \phi \partial_0 \phi$ is the spatial part of the energy-momentum tensor, and p and ρ are the pressure and density.

If we consider the situation before inflation, assume $\Psi = 0$. From Eq. (35) we have that $\rho + p = \dot{\phi}^2/a^2$ using conformal time. Further, according to [\(Dodelson & Schmidt 2020, Eq. 7.47\)](#), $\delta T_0^i = ik_i \dot{\phi} \delta\phi/a^3$. Inserting this into Eq. (37) yield before inflation:

$$\mathcal{R}_{\text{initial}} = -aH \frac{\delta\phi}{\dot{\phi}}. \quad (38)$$

Looking at the same situation at the end of inflation, we now assume radiation domination: $p = \rho/3$. According to [Dodelson &](#)

⁸ The energy-momentum tensor for ϕ is given in [\(Dodelson & Schmidt 2020, Eq. 7.6\)](#) as:

$$T^\alpha_\beta = g^{\alpha\nu} \frac{\partial\phi}{\partial x^\nu} \frac{\partial\phi}{\partial x^\beta} - \delta^\alpha_\beta \left[\frac{1}{2} g^{\mu\nu} \frac{\partial\phi}{\partial x^\mu} \frac{\partial\phi}{\partial x^\nu} + V(\phi) \right].$$

⁷ An inflationary process would also solve the horizon problem, the flatness problem and the monopole problem amongst other things. Details about this can be found in both [Dodelson & Schmidt \(2020\)](#), [Carroll \(2019\)](#), and [Weinberg \(2008\)](#).

Schmidt (2020), $ik_i \delta T_0^i = -4k\rho_\gamma \Theta_1/a$ in the radiation dominated era. Inserting this into Eq. (37) yield:

$$\mathcal{R}_{\text{end}} = -\frac{3aH\Theta_1}{k} - \Psi = -\frac{3}{2}\Psi, \quad (39)$$

where the last equality comes from the postulate that the initial condition for the dipole is $\Theta_1 = -k\Phi/6aH$, which will we showed in the following section. For the sake of completeness, we not equate Eq. (38) and Eq. (39) to obtain:

$$\Psi = \frac{2}{3}aH \frac{\delta\phi}{\phi} \Big|_{\text{horizon crossing}}, \quad (40)$$

which is the value of Ψ immediately after inflation, when the mode is of equal size as the horizon (hence horizon crossing). **TODO: check if this actually is correct**

2.1.6. Initial conditions

We now seek to determine the actual initial conditions enabling us to solve the desired differential equations. At very early times, we make the following assumptions:

$$k\eta \ll 1 \iff \frac{k}{\mathcal{H}} \ll 1 \quad (41a)$$

$$\tau \gg 1 \text{ and } |\tau'| \gg 1 \quad (41b)$$

$$\Theta_0 \gg \Theta_1 \gg \Theta_2 \gg \dots \gg \Theta_l. \quad (41c)$$

Eq. (41a) is necessary in order to ensure causally disconnected regions in the early universe. It also ensures that the modes we are interested in today is outside the horizon Winther et al. (2023). We have already established that the universe is optically thick, so Eq. (41b) follow directly from ???. Further, at these scales we expect the lower multipoles to be dominant, thus Eq. (41c) holds. This is because the causal horizon is smaller than the k -modes, making the radiation observed by an hypothetical observer nearly uniform. Applying the assumptions in Eq. (41) to Eq. (23), Eq. (24) and Eq. (25) allows to determine the initial conditions.

Firstly, the perturbations of Φ and Ψ evolves slowly outside the horizon, so we may approximate $\Phi' = \Psi' = 0$. However, we will use their expression in order to determine other initial conditions. In the following we make use of the assumptions in Eq. (41). Eq. (23a) becomes $\Theta'_0 = -\Phi'$. Further, Eq. (25a) turn into $\Phi' = \Psi + 2\Theta_0 \implies \Theta_0 = -\Psi/2$. The overdensities Eq. (24c) and Eq. (24a) have similar behaviour⁹ and we write $\delta' = -3\Phi' = 3\Theta'_0$. Integrating both sides yield $\delta = -3\Psi/2 + C$, where C is the integration constant. This is put to zero, making the initial conditions *adiabatic*. Eq. (25b) now fixes the relation between the initial conditions of Ψ and Φ as $\Phi = -\Psi$.

For the velocities, we expect the baryon and cold dark matter velocities to have the same initial value, and we find it by considering Eq. (24b), which can be written as $(va)' = -cka\Psi/\mathcal{H}$. Integration yields $v = -ck\Psi/2\mathcal{H}$ where we have omitted the constant of integration. We find the initial conditions for the next multipole terms by following a similar logic. This is also shown in (Dodelson & Schmidt 2020, Eq. 7.59) which fixes the velocities as $v = 3ck\Phi/6\mathcal{H}$,¹⁰ and gives the initial dipole moment

$\Theta_1 = -k\Phi/6aH$. Inserting this into Eq. (39) yields the desired $\mathcal{R} = -2\Psi/2$. Since \mathcal{R} is conserved, choosing a value for it equations to fixing a normalisation. We will simply use $\mathcal{R} = 1$. The full set of adiabatic initial conditions then become:

Initial conditions

$$\Psi = -\frac{2}{3}, \quad (42a)$$

$$\Phi = -\Psi, \quad (42b)$$

$$\delta_c = \delta_b = -\frac{3}{2}\Psi, \quad (42c)$$

$$v_c = v_b = -\frac{ck}{2\mathcal{H}}\Psi, \quad (42d)$$

$$\Theta_0 = -\frac{1}{2}\Psi, \quad (42e)$$

$$\Theta_1 = \frac{ck}{6\mathcal{H}}\Psi, \quad (42f)$$

$$\Theta_2 = -\frac{20ck}{45\mathcal{H}\tau'}\Theta_1, \quad (42g)$$

$$\Theta_l = -\frac{l}{2l+1} \frac{ck}{\mathcal{H}\tau'} \Theta_{l-1}. \quad (42h)$$

2.2. Methods

some methods

2.3. Results and discussion

References

- Aghanim, N., Akrami, Y., Ashdown, M., et al. 2020, *Astronomy & Astrophysics*, 641, A6
- Callin, P. 2006, *How to calculate the CMB spectrum*
- Carroll, S. M. 2019, *Spacetime and Geometry: An Introduction to General Relativity* (Cambridge University Press)
- Dodelson, S. & Schmidt, F. 2020, *Modern Cosmology* (Elsevier Science)
- Weinberg, S. 2008, *Cosmology, Cosmology* (OUP Oxford)
- Winther, H. A., Eriksen, H. K., Elgaroy, O., Mota, D. F., & Ihle, H. 2023, *Cosmology II*, <https://cmb.wintherscoming.no/>, accessed on March 1, 2023

⁹ Because gravity does not care whether it acts on baryons or dark matter.

¹⁰ Dodelson & Schmidt (2020) uses iv as velocities, but we have multiplied the velocities with i in order to make them real, but ultimately changing signs.

Appendix A: Useful derivations

A.1. Angular diameter distance

This is related to the physical distance of say, an object, whose extent is small compared to the distance at which we observe is. If the extension of the object is Δs , and we measure an angular size of $\Delta\theta$, then the angular distance to the object is:

$$d_A = \frac{\Delta s}{\Delta\theta} = \frac{ds}{d\theta} = \sqrt{e^{2x}r^2} = e^x r, \quad (\text{A.1})$$

where we inserted for the line element ds as given in equation ??, and used the fact that $dt/d\theta = dr/d\theta = d\phi/d\theta = 0$ in polar coordinates.

A.2. Luminosity distance

If the intrinsic luminosity, L of an object is known, we can calculate the flux as: $F = L/(4\pi d_L^2)$, where d_L is the luminosity distance. It is a measure of how much the light has dimmed when travelling from the source to the observer. For further analysis we observe that the luminosity of objects moving away from us is changing by a factor a^{-4} due to the energy loss of electromagnetic radiation, and the observed flux is changed by a factor $1/(4\pi d_A^2)$. From this we draw the conclusion that the luminosity distance may be written as:

$$d_L = \sqrt{\frac{L}{4\pi F}} = \sqrt{\frac{d_A^2}{a^4}} = e^{-x} r \quad (\text{A.2})$$

A.3. Differential equations

From the definition of $e^x d\eta = cd\tau$ we have the following:

$$\begin{aligned} \frac{d\eta}{d\tau} &= \frac{d\eta}{dx} \frac{dx}{d\tau} = \frac{d\eta}{dx} H = e^{-x} c \\ \Rightarrow \frac{d\eta}{dx} &= \frac{c}{H}. \end{aligned} \quad (\text{A.3})$$

Likewise, for t we have:

$$\begin{aligned} \frac{d\eta}{dt} &= \frac{d\eta}{dx} \frac{dx}{dt} = \frac{dx}{dt} \frac{c}{H} = e^{-x} c \\ \Rightarrow \frac{dt}{dx} &= \frac{e^x}{H} = \frac{1}{H}. \end{aligned} \quad (\text{A.4})$$

Appendix B: Sanity checks

B.1. For \mathcal{H}

We start with the Hubble equation from ?? and realize that we may write any derivative of U as

$$\frac{d^n U}{dx^n} = \sum_i (-\alpha_i)^n \Omega_{i0} e^{-\alpha_i x}. \quad (\text{B.1})$$

We further have:

$$\frac{d\mathcal{H}}{dx} = \frac{H_0}{2} U^{-\frac{1}{2}} \frac{dU}{dx}, \quad (\text{B.2})$$

and

$$\begin{aligned} \frac{d^2 \mathcal{H}}{dx^2} &= \frac{d}{dx} \frac{d\mathcal{H}}{dx} \\ &= \frac{H_0}{2} \left[\frac{dU}{dx} \left(\frac{d}{dx} U^{-\frac{1}{2}} \right) + U^{-\frac{1}{2}} \left(\frac{d}{dx} \frac{dU}{dx} \right) \right] \\ &= H_0 \left[\frac{1}{2U^{\frac{1}{2}}} \frac{d^2 U}{dx^2} - \frac{1}{4U^{\frac{3}{2}}} \left(\frac{dU}{dx} \right)^2 \right] \end{aligned} \quad (\text{B.3})$$

Multiplying both equations with $\mathcal{H}^{-1} = 1/(H_0 U^{\frac{1}{2}})$ yield the following:

$$\frac{1}{\mathcal{H}} \frac{d\mathcal{H}}{dx} = \frac{1}{2U} \frac{dU}{dx}, \quad (\text{B.4})$$

and

$$\begin{aligned} \frac{1}{\mathcal{H}} \frac{d^2 \mathcal{H}}{dx^2} &= \frac{1}{2U} \frac{d^2 U}{dx^2} - \frac{1}{4U^2} \left(\frac{dU}{dx} \right)^2 \\ &= \frac{1}{2U} \frac{d^2 U}{dx^2} - \left(\frac{1}{\mathcal{H}} \frac{dU}{dx} \right)^2 \end{aligned} \quad (\text{B.5})$$

We now make the assumption that one of the density parameters dominate $\Omega_i \gg \sum_{j \neq i} \Omega_j$, enabling the following approximation:

$$\begin{aligned} U &\approx \Omega_{i0} e^{-\alpha_i x} \\ \frac{d^n U}{dx^n} &\approx (-\alpha_i)^n \Omega_{i0} e^{-\alpha_i x}, \end{aligned} \quad (\text{B.6})$$

from which we are able to construct:

$$\frac{1}{\mathcal{H}} \frac{d\mathcal{H}}{dx} \approx \frac{-\alpha_i \Omega_{i0} e^{-\alpha_i x}}{2\Omega_{i0} e^{-\alpha_i x}} = -\frac{\alpha_i}{2}, \quad (\text{B.7})$$

and

$$\begin{aligned} \frac{1}{\mathcal{H}} \frac{d^2 \mathcal{H}}{dx^2} &\approx \frac{\alpha_i^2 \Omega_{i0} e^{-\alpha_i x}}{2\Omega_{i0} e^{-\alpha_i x}} - \left(\frac{\alpha_i}{2} \right)^2 \\ &= \frac{\alpha_i^2}{2} - \frac{\alpha_i^2}{4} = \frac{\alpha_i^2}{4} \end{aligned} \quad (\text{B.8})$$

which are quantities which should be constant in different regimes and we can easily check if our implementation of \mathcal{H} is correct, which is exactly what we sought.

B.2. For η

TODO: fix this In order to test η we consider the definition, solve the integral and consider the same regimes as above, where one density parameter dominates:

$$\begin{aligned} \eta &= \int_{-\infty}^x \frac{cdx}{\mathcal{H}} = \frac{-2c}{\alpha_i} \int_{x=-\infty}^{x=x} \frac{d\mathcal{H}}{\mathcal{H}^2} \\ &= \frac{2c}{\alpha_i} \left(\frac{1}{\mathcal{H}(x)} - \frac{1}{\mathcal{H}(-\infty)} \right), \end{aligned} \quad (\text{B.9})$$

where we have used that:

$$\begin{aligned} \frac{d\mathcal{H}}{dx} &= -\frac{\alpha_i}{2} \mathcal{H} \\ \Rightarrow dx &= -\frac{2}{\alpha_i \mathcal{H}} d\mathcal{H}. \end{aligned} \quad (\text{B.10})$$

Since we consider regimes where one density parameter dominates, we have that $\mathcal{H}(x) \propto \sqrt{e^{-\alpha_i x}}$, meaning that we have:

$$\left(\frac{1}{\mathcal{H}(x)} - \frac{1}{\mathcal{H}(-\infty)} \right) \approx \begin{cases} \frac{1}{\mathcal{H}} & \alpha_i > 0 \\ -\infty & \alpha_i < 0. \end{cases} \quad (\text{B.11})$$

Combining the above yields:

$$\frac{\eta \mathcal{H}}{c} \approx \begin{cases} \frac{2}{\alpha_i} & \alpha_i > 0 \\ \infty & \alpha_i < 0. \end{cases} \quad (\text{B.12})$$

Notice the positive sign before ∞ . This is due to α_i now being negative.