

# Jacqueline Vaillancourt

☎ 1 (408) 857 5167 ✉ jacqueline.vaillancourt@hotmail.com

## Work Experience

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### Alberta Health Services

Calgary, AB

#### Registered Nurse - Triage (HealthLink)

Mar 2023 - Dec 2024

- Advanced practice role remotely triaging client health concerns and assisting Albertans to navigate the healthcare system through service referrals and online resources
- UNA (United Nurses of Alberta) Local 211 nurses union unit representative
- Participation in unit mentorship program
- Familiar with use of Schmitt-Thompson triage guidelines
- Trained in ConnectCare (EPIC), ECHO, and Genesys charting systems

### Alberta Health Services

Calgary, AB

#### Registered Nurse - Surgical Oncology / General Surgery

Dec 2018 - Jan 2023

- Providing peri-operative surgical and oncological nursing care for 4-5 (day shift) to 7-9 (night shift) patients
- Experienced in surgical drain care, simple and complex wound dressings (including VAC dressings), and ostomy management. Certified in CVC/PICC/Port-A-Cath line management, TPN/PN/enteral nutrition, administration of blood products and components, PCA/PCEA pumps, tracheostomy care, and titration of ketamine and lidocaine infusions. Knowledge of chemotherapy precautions surrounding systemic and heated intraperitoneal chemotherapy. Charge Nurse trained.
- Trained to work in GSHOU (General Surgery High Observation Unit) independently managing 2 to 4, step down ICU patients in monitored beds, occasionally requiring basic 5 lead ECG interpretation.
- Trained nursing students and unit colleagues through both formal preceptorship and informal mentorship programs.
- Trained in SCM and Medworxx charting systems

### University of Calgary

Calgary, AB

#### Senior Community Advisor - Residence Education Team

Sept 2015 - Apr 2016

- Planned and coordinated 200-person building-wide events for students in UCalgary residence.
- Managed team budget in Excel, created monthly shift work schedules for a 10-person team.
- Facilitated personal development activities and peer support for student staff members.

### University of Calgary

Calgary, AB

#### Community Advisor - Residence Education Team

Sept 2014 - Apr 2015

- Worked overnight on-call supervision shifts in conjunction with University security.
- Led activities to promote student engagement in the UCalgary residence community.
- Awarded "Outstanding Team Contributor" by peers and supervisors.

## Education

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### University of Calgary

Calgary, AB

#### Bachelor of Nursing (with Distinction)

Jan 2017 - Dec 2018

- After-Degree stream nursing bachelors
- Participated in simulated medical emergencies as part of an interprofessional education opportunities.
- Collaborated with the Cumming School of Medicine to conduct semi-structured interviews of people with diabetes.

### University of Calgary

Calgary, AB

#### Bachelor of Science - Biological Sciences (minor in Anthropology)

Sept 2012 - Jun 2016

- Extracurriculars include: UCalgary Orientation, Dance.
- Wrote for a mental health-themed blog as part of the Distress Center On Campus Club.

## Clinical Experience (Nursing School)

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<b>Surgical Oncology/General Surgery</b> <i>Unit 102, Foothills Medical Centre</i>	<b>Calgary, AB</b> <i>Sept 2018 - Dec 2018</i>
<b>Hematology/Oncology/MTU</b> <i>Unit 38, Peter Lougheed Centre</i>	<b>Calgary, AB</b> <i>May 2018 - Aug 2018</i>
<b>Inpatient Cardiology</b> <i>Unit 71, Rockyview General Hospital</i>	<b>Calgary, AB</b> <i>Mar 2018 - Apr 2018</i>
<b>Inpatient Mental Health</b> <i>Unit 25, Peter Lougheed Centre</i>	<b>Calgary, AB</b> <i>Jan 2018 - Feb 2018</i>
<b>Colorectal/Gynecology Surgery</b> <i>Unit 44, Peter Lougheed Centre</i>	<b>Calgary, AB</b> <i>Sept 2017 - Dec 2017</i>
<b>Neurological Rehabilitation</b> <i>Carewest Doctor Vernon Fanning Center, 2 East</i>	<b>Calgary, AB</b> <i>May 2017 - Aug 2017</i>
<b>Safe in My Own Backyard (SIMBY)</b> <i>Canadian Mental Health Association</i>	<b>Calgary, AB</b> <i>Jan 2017 - Apr 2017</i>

## Licenses and Certifications

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- RN Practice Permit CARNA, Alberta (Current: October 1st 2024 - September 30th 2025)
- CPR Health Care Provider Level C
- Surgical Inpatient CORE Calgary Zone
- Interprofessional Education in Palliative and End-of-Life Care (iEPEC) - Communication in Palliative Care (de Souza Institute)
- It's Your Move Participant Certificate (currently expired - will re-certify as needed)
- Applied Suicide Intervention Skills Training Certificate (currently expired - will re-certify as needed)

## Volunteering

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<b>United Nurses of Alberta (UNA) - Nursing Union</b> <i>Local 211 Unit Representative (Healthlink)</i>	<b>Calgary, AB</b> <i>Jan 2024 - Dec 2024</i>
<ul style="list-style-type: none"><li>- Attended union local meetings and disseminated pertinent information to members at the worksite, assisted members with union related questions, acted as an intermediary between unit members and the local executive team.</li><li>- Attended 3 day Demand Setting Meeting (Nov 2023) to assist in the creation of the union's proposal package for upcoming contract negotiations with the employer.</li><li>- Attended Union Education Days: <i>Dealing with Abuse, Taking Action</i> (Rep Specific - Education), <i>Know Your Rights, Engagement &amp; Support</i> (Rep Specific - Education)</li><li>- Elected voting Delegate at Union Annual General Meeting (AGM)</li></ul>	
<b>HealthLink Mentorship Program</b> <i>Mentee</i>	<b>Calgary, AB</b> <i>Mar 2023 - Dec 2024</i>
<ul style="list-style-type: none"><li>- Met with a senior staff member (mentor) once per month to discuss transition to my new advanced practice role in teletriage and any concerns or questions I related to the same.</li></ul>	
<b>Alberta Health Services</b> <i>Nursing Preceptor</i>	<b>Calgary, AB</b> <i>Sept 2021 - Dec 2021</i>
<ul style="list-style-type: none"><li>- Precepted nursing students in their final practicum, as their final component of nursing education</li><li>- Taught practical nursing skills, best practices, and unit-specific protocols to nursing students.</li><li>- Collaborated with University of Calgary faculty advisors to coordinate teaching and learning outcomes and document student progress.</li></ul>	

**Calgary, AB**

**Unit 102 Peer Mentorship Program**

***Mentor***

*Sept 2021 - Jan 2023*

- Mentored newly hired staff members (new graduate nurses/nurses new to the unit), by acting as a designated point of contact willing to answer their questions and offer assistance on the unit.

**Calgary, AB**

**NurseMentor (University of Calgary)**

***Nursing Mentor***

*Aug 2020 - Oct 2021*

- Online mentoring program matching practicing UCalgary Nursing alumni with nursing students for professional and personal growth through mentorship meetings.

**Calgary, AB**

**University of Calgary Distress Centre on Campus Club**

***Blog Committee Member***

*Sept 2014 - Apr 2016*

- Created written content surrounding mental health and well-being for the club blog, as well as submissions for the Calgary Distress Centre's "ConnecTeen" webpage.
- Facilitated "Mental Health Discussion Nights" for up to 10 people simultaneously.

**Calgary, AB**

**University of Calgary Orientation**

***Orientation Leader***

*Aug 2013 - Sept 2013*

- Led 15-person groups of incoming students on tours of campus, including one-on-one advice for campus life.
- Facilitated several campus-wide volunteering events to build awareness of University of Calgary services.