# OPTIMIZATION AND GRADIENT DESCENT BASICS

# Optimization

Unconstrained optimization problem

Ex: 
$$\min f(x, y) = 3x - y^2$$

Constrained optimization problem

Ex: 
$$\min f(x, y)$$
 subject to  $x^2 + y^2 = 1$ 

- It is easier to solve unconstrained optimization problem
- Some constrained optimization problems can be converted into unconstrained optimization problems

## Optimization

- Finding optimal solution
  - Closed form
  - Iterative method (eg. gradient descent)
  - Randomized method (eg. genetic algorithm)

- Closed form approach for one variable
- $\hfill\Box$  It is known that if  $a_0$  is a local minimal/maximal, then  $f'(a_0)=0$
- □ We can find  $a_0$  by solving f'(x) = 0 with additional verification steps
- □ The concept can be extended to multiple variables:

If  $(a_0,b_0)$  is a local minimal/maximal, then

$$\frac{\partial}{\partial x} f(x, y)|_{x=a_0} = 0 \text{ and } \frac{\partial}{\partial y} f(x, y)|_{y=b_0} = 0$$

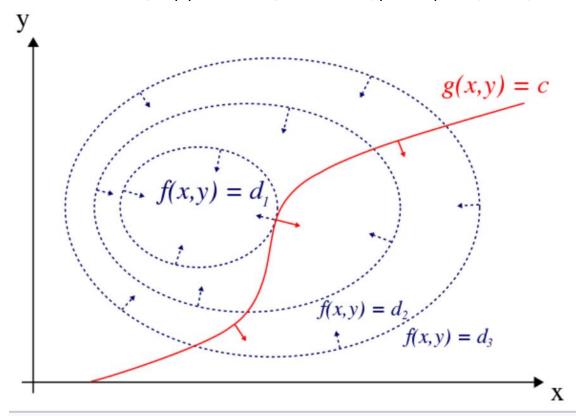
□ A multivariable function  $f(x_1, ..., x_n)$  can also be written as  $f(\mathbf{x})$  where  $\mathbf{x} = \begin{bmatrix} x_1 \\ \vdots \\ x_n \end{bmatrix}$ 

$$\square \text{ We use } \nabla = \begin{bmatrix} \frac{\partial}{\partial x_1} \\ \vdots \\ \frac{\partial}{\partial x_n} \end{bmatrix} \text{ as the differential operator }$$

(also called Laplace operator or Laplacian)

- $\square$  If  $\mathbf{x}_0$  is a vector of local minimal/maximal values, then  $\nabla f(\mathbf{x}_0) = \mathbf{0}$
- lacksquare The term abla f is called gradient of f
- □ Again, we can find local extreme values by solving for  $\nabla f(\mathbf{x}) = \mathbf{0}$  with additional verification steps

- □ Want to maximize f(x, y) subject to g(x, y) = 0
- □ Figure from https://en.wikipedia.org/wiki/Lagrange\_multiplier



- It is observed that the red line tangentially touches a blue contour is the maximum of f(x,y) (note: the cotour of f is an uphill and  $d_1 > d_2$ )
- Thus, the gradient of f and g are parallel to each other
- □ Therefore,  $\nabla f = \lambda \nabla g$  for some  $\lambda$  ( $\lambda$  is called Lagrange multiplier)
- Recall that maximal (minimal) point,  $abla f = \mathbf{0}$ . Thus,  $\lambda \nabla g = \mathbf{0}$  too

The Lagrange multipliers method incorporate this fact in the auxiliary equation:

$$\mathcal{L}(x, y, \lambda) = f(x, y) + \lambda g(x, y)$$

and solve the following

$$\frac{\partial}{\partial x}\mathcal{L}=0$$
,  $\frac{\partial}{\partial y}\mathcal{L}=0$ ,  $\frac{\partial}{\partial \lambda}\mathcal{L}=0$ 

 $\square$  Note:  $\frac{\partial}{\partial \lambda} \mathcal{L} = 0$  is the original constraint

- Example from wiki
- □ Maximize f(x,y) = x + y subject to  $x^2 + y^2 = 1$
- $\square \mathcal{L}(x, y, \lambda) = x + y + \lambda(x^2 + y^2 1)$
- $\frac{\partial}{\partial x}\mathcal{L} = 1 + 2\lambda x = 0$
- $\frac{\partial}{\partial y}\mathcal{L} = 1 + 2\lambda y = 0$

□ Finally, we have the following stationary points in the form of  $(x, y, \lambda)$ 

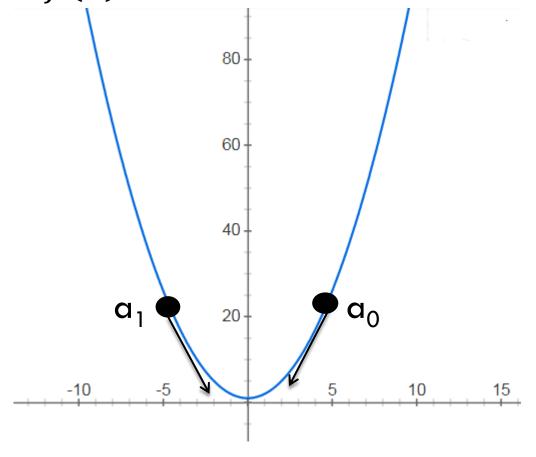
$$(\frac{\sqrt{2}}{2}, \frac{\sqrt{2}}{2}, -\frac{\sqrt{2}}{2})$$
 and  $(-\frac{\sqrt{2}}{2}, -\frac{\sqrt{2}}{2}, \frac{\sqrt{2}}{2})$ 

The first point is the max point

- Extension of Lagrange multipliers method to include inequality
- □ Optimize f(x) subject to  $g_i(x) \le 0$  and  $h_j(x) = 0$  (i = 1...m, j = 1...n)
- Karush–Kuhn–Tucker (KKT) conditions are first-order necessary conditions for a solution to above problem
- □ Use a method similar to Lagrange multipliers,  $g_i(x) \le 0$  constraints removed

- KKT conditions can be extended to handle multivariable functions
- Usually solved by iterative methods
- Existing tools available for finding solutions for this type of problems
- Support vector machine (SVM) is based on KKT conditions

□ Consider simple unconstrained optimization problem:  $f(x) = x^2 + 1$ 



- $\square$  Let  $\Delta$  be a small number
- $\Box$  At point  $a_0$  ,  $f'(a_0)>0$  , if we want  $f(a_0+\Delta)< f(a_0)$  , we know  $\Delta <0$
- □ At point  $a_1$ ,  $f'(a_1) < 0$ , if we want  $f(a_1 + \Delta) < f(a_1)$ , we know  $\Delta > 0$
- $\Box$  To find minimal value for function f, at  $x=a_k$  we need to proceed with  $\Delta=-\eta f'(a_k)$  where  $\eta$  is a small positive number

Extend this idea, we have

$$\mathbf{x}_{k+1} \leftarrow \mathbf{x}_k - \eta \nabla f(\mathbf{x}_k)$$

where k is iteration index

- This approach is called gradient descent method (or gradient search)
- $\ \square \ \eta$  is a small positive value
- $\square$  How to find a "good"  $\eta$  for higher convergence is called "line search"

- □ Ref: http://theory.stanford.edu/~tim/s15/I/I15.pdf
- Another method to explain gradient descent method
- $\square$  Consider a simple linear case ( $\mathbf{x} \in \mathbb{R}^p$ )

$$f(\mathbf{x}) = \mathbf{w} \cdot \mathbf{x} + b$$

Where  $\mathbf{w} \in R^p$  and  $b \in R$  are constants and denotes inner product, or  $\mathbf{w} \cdot \mathbf{x} = \mathbf{w}^T \mathbf{x}$ )

lacksquare Want to find vector  $oldsymbol{u} \in R^p$  with  $\|oldsymbol{u}\| = 1$  such that  $f(\mathbf{x} + oldsymbol{u})$  is minimal

- □ We know  $f(\mathbf{x} + \mathbf{u}) = \mathbf{w}^T(\mathbf{x} + \mathbf{u}) + b = f(\mathbf{x}) + \mathbf{w}^T\mathbf{u}$
- $\square$  Thus,  $f(\mathbf{x}+\mathbf{u})$  is minimal only if  $\mathbf{u}=-\frac{w}{\|\mathbf{w}\|}$
- □ In general, a multivariable function is not linear
- lacktriangle However, we can make it almost linear if considering small length of  $oldsymbol{u}$

For small  $m{u}$  (in length), we have Taylor's expansion for f about  $\mathbf{x}=\mathbf{x}_0$  as  $f(\mathbf{x}_0+m{u}) pprox f(\mathbf{x}_0)+m{u}^T f(\mathbf{x}_0)'$ 

- $\square$  As the above equation is also a linear function, when compared with eq in previou slice, we have  ${\pmb w} = \nabla f({\bf x}_0)$
- Because we want  ${m u}$  to be small, minimal  $f({f x}_0+{m u})$  occurs if  ${m u}$  is in opposite direction of  $\nabla f({f x}_0)$  ,i.e.,  ${m u}=-\eta \; \nabla f({f x}_0)$

- $\square$  Algorithm to find minimal  $f(\mathbf{x})$ 
  - Step 1: Find initial point  $x_0$ . Let  $k \leftarrow 0$
  - Step 2: While  $\|\nabla f(\mathbf{x}_k)\| > \epsilon$  do  $\mathbf{x}_{k+1} \leftarrow \mathbf{x}_k \eta \nabla f(\mathbf{x}_k)$   $k \leftarrow k+1$
- $\square$  In the algorithm,  $\in$  is a small positive number to determine the termination of the algorithm
- $\ \square \ \eta$  is called step size and should be small to prevent problems

- There are lots of methods covering the selection of  $\eta$ . Simple algorithm uses a constant  $\eta$  throughout the iteration
- One way to determine this value is by line search which just means identifying by binary search the value of  $\eta$  that minimizing f over the line  $\mathbf{x} \eta \nabla f(\mathbf{x})$ . After a few line searches, you should have a decent guess as to a good value of  $\eta$

#### Estimate Gradient

 Sometimes it is not easy to compute gradient, we may use the following to estimate gradient

$$\frac{\partial}{\partial x_j} f(\mathbf{x}) \approx \{f(x_1, \dots, x_{j-1}, x_j + \eta, x_{j+1}, \dots, x_p) - f(\mathbf{x})\}/\eta$$

 It is also useful to monitor the differences between true gradient and estimated gradient during iteration

#### Estimate Gradient

Another (better) way to estimate gradient is through centered difference formula:

$$f'(x) = \frac{f(x+h)-f(x-h)}{2h}$$
 with small h

# Gradient Descent for Regression

□ Given a known dataset of  $x_{(1)}, ..., x_{(n)} \in R^p$  with corresponding labels  $y_{(1)}, ..., y_{(n)} \in R$ , we define the error in the linear case as

$$\mathcal{E}_{(k)} = y_{(k)} - \mathbf{w}^T \mathbf{x}_{(k)}, 1 \le k \le n$$

If we want to extend to nonlinear function, we may use  $\mathcal{E}_{(k)} = y_{(k)} - f(\mathbf{w}^T \mathbf{x}_{(k)})$ 

where  $f(\cdot)$  is a nonlinear function, such as sigmoid

# Gradient Descent for Regression

- □ We can think a 2-class classification as a regression problem with  $y_{(i)} \in \{0,1\}$ , 0 for one class and 1 for another class
- What if we have multiple classes? A typical method is to use multiple 2-class classifiers
- □ If we have tree classes, we train three classifiers using three different settings for  $y_{(i)}$ . In class data have  $y_{(i)} = 1$ , all others are 0
- Alternatively, we may use softmax (covered later)

# Gradient Descent for Regression

■ We may define the cost function as

$$J(\mathbf{w}) = \frac{1}{n} \sum_{k=0}^{n} \varepsilon_{(k)}^{2} = \frac{1}{n} \sum_{k=0}^{n} (y_{(k)} - \mathbf{w}^{T} \mathbf{x}_{(k)})^{2}$$

 Want to minimize the cost function by using gradient descent

#### **Batch Gradient Descent**

□ It is easy to know

$$\nabla J(\mathbf{w}) = \frac{2}{n} \sum_{k=0}^{n} (y_{(k)} - \mathbf{w}^T \mathbf{x}_{(k)}) \mathbf{x}_{(k)} = \frac{2}{n} \sum_{k=0}^{n} \varepsilon_{(k)} \mathbf{x}_{(k)}$$

- Note: average errors are used to determine gradient. Thus, it is called batch gradient descent
- Batch mode updates weights infrequently (low efficiency)
- $\Box$  If we have a nonlinear function  $f(\cdot)$ , we still can compute gradient by using chain rule

#### Stochastic Gradient Descent

lacktriangle Another possible method to compute gradient for each instance  $oldsymbol{x_{(k)}}$  as

$$\nabla J(\mathbf{w}) = \varepsilon_{(k)} \mathbf{x}_{(k)}$$

- In stochastic gradient descent, weights updates for every instance
- In a typical situation, we nee to present the dataset to gradient descent many times
- Algorithm "learn" all data samples in training set one time is called one epoch

#### Stochastic Gradient Descent

- In stochastic gradient descent, step size must keep small. A large step size may fail to converge
- The adaptive signal processing version of stochastic gradient descent is called LMS (least mean squares) algorithm

#### Mini-batch Gradient Descent

- Recall
  - Batch gradient descent uses average error over entire dataset for one iteration (one gradient updating)
  - Stochastic gradient descent uses error on one instance for one iteration to update gradient
- We can do somewhere in between: Use average error of, say 128, instances for one weights update (called mini-batch gradient descent)

# Sigmoid Function

- A linear function has limitations
- We can use nonlinear function to increase flexibility
- For example, a sigmoid function (also called logistic function) is

$$f(\mathbf{x}) = \frac{1}{1 + \exp(-\mathbf{w}^T \mathbf{x})}$$

□ If we want, we can also add "bias" to equation, i.e., we use  $(\mathbf{w}^T\mathbf{x} + w_0)$  in place of  $\mathbf{w}^T\mathbf{x}$ 

# Sigmoid Function

 A nice property of sigmoid function is simplicity on derivatives

$$\nabla f(\mathbf{x}) = \begin{bmatrix} f(x_1)(1 - f(x_1)) \\ \vdots \\ f(x_p)(1 - f(x_p)) \end{bmatrix}$$

where 
$$f(x_j) = \frac{1}{1 + \exp(-x_j)}$$

□ Note: 
$$0 < f(x_j)(1 - f(x_j)) \le \frac{1}{4}$$

#### Other Nonlinear Function

 Another widely used nonlinear function is ReLU (Rectified Linear Unit)

$$f(x) = \max(0, x)$$

 ReLU does not suffer from "vanish of gradient" problem, a problem seen in sigmoid function

## Regularization

- Recall we can avoid overfitting by using regularization
- We can do it in gradient descent with a modified cost function

$$J(\mathbf{w}) = \frac{1}{n} \sum_{k=0}^{n} \varepsilon_{(k)}^{2} + \lambda g(\mathbf{w})$$

In the case of L-2 regularization, we have

$$g(\mathbf{w}) = \sum_{j=1}^p w_j^2$$

## Regularization

- We may also apply L-2 regularization to stochastic gradient descent (with slight modification)
- Exercise: How about mini-batch?
- □ Note: If "bias" term, i.e.,  $w_0$  in  $(\mathbf{w}^T\mathbf{x} + w_0)$ , is used, we will not penalize  $w_0$
- Other than L-2 regularization, we may also try L-1 regularization (Lasso)
- Additional ref: https://arxiv.org/pdf/1609.04747.pdf

#### Momentum

- SGD has trouble navigating ravines, i.e. areas where the surface curves much more steeply in one dimension than in another, which are common around local optima
- Momentum is a method that helps accelerate SGD in the relevant direction and dampens oscillations

#### Momentum

Weights updating with momentum

$$\Delta \mathbf{w}_{k+1} \leftarrow \eta \nabla f(\mathbf{x}_k) + \alpha \Delta \mathbf{w}_k$$
$$\mathbf{w}_{k+1} \leftarrow \mathbf{w}_k - \Delta \mathbf{w}_k$$

- □ Usually, $\alpha \approx 0.9$  is used
- $\square$  In signal processing context, momentum is like a first-order IIR low-pass filter. Thus,  $\Delta w_k$  is smoothed
- More sophisticated methods such as Adam are available (suggested method for deep learning)

## Further Reading

- As I mentioned previously, the textbook is way too dry (and difficult to appreciate for beginners)
- An excellent, easy to read reference material for (convolutional) neural networks is from Stanford university CS 231n at http://cs231n.stanford.edu/
- You may want to read the entire notes
- I will cover essential parts of that notes in our class