

Trigonometric Integrals

- Techniques used in this part: *u-Substitution and Integration by Parts*

$$\int f(g(x))g'(x)dx = \int f(u)du \text{ where } u = g(x) \quad (u\text{-Substitution})$$

$$\int f(x)g'(x)dx = f(x)g(x) - \int f'(x)g(x)dx \quad (\text{Integration By Parts})$$

- Trigonometric Properties:

Derivatives and Integrals:

$$(\sin(x))' = \cos(x); (\cos(x))' = -\sin(x); (\tan(x))' = \sec^2(x)$$

$$\int \sin(x)dx = -\cos(x) + C; \int \cos(x)dx = \sin(x) + C$$

Half-Angle / Double Angle / Square and other properties

$$\sin(2x) = 2\sin(x)\cos(x) \quad (1)$$

$$\cos(2x) = 2\cos^2(x) - 1 = 1 - 2\sin^2(x) \quad (2)$$

$$\tan(2x) = \frac{2\tan(x)}{1 - \tan^2(x)} \quad (3)$$

$$\sin^2(x) = \frac{1}{2}(1 - \cos(2x)) \quad (4)$$

$$\cos^2(x) = \frac{1}{2}(1 + \cos(2x)) \quad (5)$$

$$\sin^2(x) + \cos^2(x) = 1 \quad (6)$$

$$\sec^2(x) = 1 + \tan^2(x) \quad (7)$$

$$\sin(2x) = \frac{2\tan(x)}{1 + \tan^2(x)} \quad (8)$$

$$\cos(2x) = \frac{1 - \tan^2(x)}{1 + \tan^2(x)} \quad (9)$$

$$\sin(x)\cos(y) = \frac{1}{2}(\sin(x+y) + \sin(x-y)) \quad (10)$$

$$\sin(x)\sin(y) = -\frac{1}{2}(\cos(x+y) - \cos(x-y)) \quad (11)$$

$$\cos(x)\cos(y) = \frac{1}{2}(\cos(x+y) + \cos(x-y)) \quad (12)$$

Integral of type 1 : $\int \sin^m(x) \cos^n(x) dx$

Example 1 : Evaluate the integral $\int \cos^3(x) dx$.

We may do $\cos^3(x) = \cos^2(x) \cos(x) = (1 - \sin^2(x)) \cos(x)$ by formula 6. Then the integral we are evaluating will become $\int (1 - \sin^2(x)) \cos(x) dx$. Now By *u-Substitution*, we assume that $\sin(x) = u$, then we also know that $du = \cos(x) dx$, thus our integral can be written as $\int (1 - u^2) du$, which we can evaluate it since it's a polynomial. Hence we have $\int (1 - u^2) du = u - \frac{1}{3} u^3 + C$, lastly we replace u with $\sin(x)$, and we get $\int (1 - u^2) du = \sin(x) - \frac{1}{3} \sin^3(x) + C$

Exercise 1 : Evaluate the integral $\int \sin^5(x) \cos^2(x) dx$.

Hint : Rewrite as $\int ((1 - \cos^2(x))^2 \cos^2(x) \sin(x) dx)$

General strategy for integrals like $\int \sin^m(x) \cos^n(x) dx$:

- (1) If we have $n = 2k + 1, k \in \mathbb{Z}$, rewrite as $\int \sin^m(x) (1 - \sin^2(x))^k \cos(x) dx$
- (2) If we have $m = 2k + 1, k \in \mathbb{Z}$, rewrite as $-\int (1 - \cos^2(x))^k \cos^n(x) \sin(x) dx$
- (3) Both m, n are odd, then we can do for both m, n , by the same strategy.
- (4) Both m, n are even, then we use the formula (1)(2)(4)(5) to reduce the power

Exercise 2: Evaluate the integral $\int_0^\pi \sin^2(x)dx$ (Hint: Use formula (4))

Exercise 3: Evaluate the integral $\int \sin^4(x)dx$ (Hint: Apply formula (4) twice.)

Integral of type 2 : $\int \sec^m(x) \tan^n(x)dx$

We may do the same, since we have $\sec^2(x) = 1 + \tan^2(x)$, and keep in mind, that

$$\frac{d}{dx} \tan(x) = \sec^2(x); \frac{d}{dx} \sec(x) = \tan(x) \sec(x)$$

Example 2 : Evaluate the integral $\int \tan^6(x) \sec^4(x)dx$

In this problem, we rewrite the original integral as $\int \tan^6(x)(1 + \tan^2(x)) \sec^2(x)dx$, and we let $u = \tan(x)$, thus we know $du = \sec^2(x)dx$, then it becomes $\int u^6(1 + u^2)du$, which can be calculated as

$$\int u^6(1+u^2)du = \frac{1}{7}\tan^7(x) + \frac{1}{9}\tan^9(x) + C$$

Exercise 4 : Evaluate the integral $\int \tan^5(x) \sec^7(x) dx$.

$$\text{Hint : Rewrite as } \int (\sec^2(x) - 1)^2 \sec^6(x) \tan(x) \sec(x) dx$$

Exercise 5 : Evaluate the integral $\int \sec(x) dx$.

$$\text{Hint : Rewrite as } \int \sec(x) \frac{\sec(x) + \tan(x)}{\sec(x) + \tan(x)} dx$$

Exercise 6 : Evaluate the integral $\int \sec^3(x) dx$. Hint : $(\tan(x))' = \sec^2(x)$

MORE EXERCISES ON INTEGRATION

★★ Evaluate the integral $\int \frac{\sin(2x)}{1 + \cos^2(x)} dx$

★★★ Evaluate the integral $\int \frac{1}{1 - \cos(x)} dx$

★★★★★ Evaluate the integral $\int \sqrt{\tan(x)} dx$ *Hint : $x^4 + 1 = (x^2 + \sqrt{2}x + 1)(x^2 - \sqrt{2}x + 1)$*

Trigonometric Substitution

Example 3 : Evaluate the integral $\int \frac{1}{x^2\sqrt{x^2+4}}dx$.

In forms like this, we will perform a trig-sub to simplify the terms inside the square root. Usually we do $\sec(x)$ sub if inside the square root there is $ax^2 + b$, and we do $\sin(x)$ or $\cos(x)$ sub if inside the square root there is $ax^2 - b$. In this problem, we will do $\sec(x)$ sub. If we let $x = 2\tan(y)$, then we have $x^2 + 4 = 4\tan^2(y) + 4 = 4\sec^2(y)$, and we have $dx = 2\sec^2(y)dy$, so the integral now becomes $\int \frac{2\sec^2(y)}{4\tan^2(y)(2\sec(y))}dy$, which is $\frac{1}{4} \int \frac{\sec(y)}{\tan^2(y)}dy$, if we let $\tan(y) = \sin(y)/\cos(y)$ and $\sec(y) = 1/\cos(y)$, we will get $\frac{1}{4} \int \frac{\cos(y)}{\sin^2(y)}dy$, and we can achieve this by another u-sub, let $u = \sin(y)$ thus we get $\frac{1}{4} \int \frac{\cos(y)}{\sin^2(y)}dy = \frac{1}{4} \int \frac{1}{u^2}du$, which we get $\frac{1}{4} \int \frac{1}{u^2}du = -\frac{1}{4} \csc(y) + C$, then we perform the last step, by the equation $x = 2\tan(y)$, we solve $\csc(y)$ in terms of x , which we get $-\frac{\sqrt{x^2+4}}{4x} + C$

Exercise 7 : Evaluate the integral $\int \frac{x}{\sqrt{x^2+4}}dx$.

Hint : Use $\sec(x)$ sub as example 3, or do normal u sub

Exercise 8 : Evaluate the integral $\int_0^a \frac{1}{(a^2+x^2)^{3/2}}dx$.

Exercise 9 : Evaluate the integral $\int \frac{x}{\sqrt{3-2x-x^2}} dx$.

Hint : We have $3-2x-x^2 = 4-(x+1)^2$