|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | n | Mean of Grs - Vnrs | sd | Std Error |
| Meditation | 50 | -1.13 | 1 | 0.14 |
| control | 50 | -0.98 | 1.07 | 0.15 |

The point estimate of the difference in the heart pumping variable is straightforward to find:

it is the difference in the sample means.

µMed - µCtrl = -1.13 – (-0.98) = -0.15

measure of variability = 0.0196 + 0.0225 = 0.0421 = sqrt0.0421=0.205