

## John H. Abel

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### Education

2015 - 2018 Harvard University, PhD Systems Biology  
2013 - 2015 UC Santa Barbara, MS Chemical Engineering  
2009 - 2013 Tufts University, BS Chemical Engineering *magna cum laude*

### Professional appointments

2018 - Postdoctoral Research Fellow, Department of Anesthesia, Critical Care and Pain Medicine, Massachusetts General Hospital  
2018 - Research Affiliate, Picower Institute for Learning and Memory, MIT

### Honors, awards, and fellowships

2018 Postdoctoral NIH T32 Traineeship, Harvard Medical School/Brigham and Women's Hospital  
2016 Predoctoral NIH T32 Traineeship, Harvard Medical School/Brigham and Women's Hospital  
2016 Research Excellence Award, Society for Research of Biological Rhythms (SRBR)  
2014 Mellichamp Fellowship in Systems Biology (UC Santa Barbara)  
2014 Honorable Mention, NSF Graduate Research Fellowship Program  
2013 High Thesis Honors (Tufts University)  
2012 Meritorious Winner, COMAP Mathematical Contest in Modeling  
2011 Meritorious Winner, COMAP Mathematical Contest in Modeling  
2009 ExxonMobil Teagle Foundation Scholarship

### Scholarly Works

#### Journal articles

1. JH Abel, A Chakrabarty, EB Klerman, and FJ Doyle III, "Pharmaceutical-based entrainment of circadian phase via nonlinear model predictive control," *Automatica* 100, 2019. doi: 10.1016/j.automatica.2018.11.012
2. C Mazuski, JH Abel, S Chen, T Hermansteyne, FJ Doyle III, and ED Herzog, "Entrainment of circadian rhythms depends on firing rates and neuropeptide release of VIP SCN neurons," *Neuron* 99 (3), 2018. doi: 10.1016/j.neuron.2018.06.029
3. V Carmona-Alcocer, JH Abel, TC Sun, LR Petzold, FJ Doyle III, CL Simms, and ED Herzog, "Ontogeny of circadian rhythms and synchrony in the suprachiasmatic nucleus," *Journal of Neuroscience* 38 (6), 2018. doi: 10.1523/jneurosci.2006-17.2017
4. JH Abel<sup>†</sup>, B Drawert<sup>†</sup>, A Hellander, and LR Petzold, "GillesPy: a Python package for stochastic model building and simulation," *IEEE Life Sciences Letters* 2 (3), 2017. doi: 10.1109/lils.2017.2652448
5. JH Abel and FJ Doyle III, "A systems theoretic approach to analysis and control of mammalian circadian dynamics," *Chemical Engineering Research and Design* 116, 2016. doi: 10.1016/j.cherd.2016.09.033
6. S Jung, JH Abel, J Starger, and H Yi, "Porosity-tuned chitosan-polyacrylamide hydrogel microspheres for improved protein conjugation," *Biomacromolecules* 17 (7), 2016. doi:10.1021/acs.biomac.6b00582
7. JH Abel<sup>†</sup>, K Meeker<sup>†</sup>, D Granados-Fuentes, PC St. John, T Wang, BB Bales, FJ Doyle III, ED Herzog, and LR Petzold, "Functional network inference of the suprachiasmatic nucleus," *Proceedings of the National Academy of Sciences* 113 (16), 2016. doi: 10.1073/pnas.1521178113
8. E Kang, S Jung, JH Abel, A Pine, and H Yi, "Shape-encoded chitosan-polyacrylamide hybrid hydrogel microparticles with controlled macroporous structures via replica molding for programmable biomacromolecular conjugation," *Langmuir* 32 (21), 2016. doi: 10.1021/acs.langmuir.5b04653

9. JH Abel, LA Widmer, PC St. John, J Stelling, and FJ Doyle III, "A coupled stochastic model explains differences in Cry knockout behavior," *IEEE Life Sciences Letters* 1 (1), 2015. doi: 10.1109/lils.2015.2439498
10. PC St. John, SR Taylor, JH Abel, and FJ Doyle III, "Amplitude metrics for cellular circadian bioluminescence reporters," *Biophysical Journal* 107 (11), 2014. doi: j.bpj.2014.10.026

### Peer-reviewed conference proceedings

1. JH Abel, A Chakrabarty, and FJ Doyle III, "Nonlinear model predictive control for circadian entrainment using small-molecule pharmaceuticals," *Proceedings of the 20th IFAC World Congress*, July 2017. doi: 10.1016/j.ifacol.2017.08.1596

### Book chapters

1. JH Abel, A Chakrabarty, and FJ Doyle III, "Controlling time: nonlinear model predictive control for populations of circadian oscillators," in *Emerging Applications of Control and System Theory*, R Tempo, S Yurkovich, P Misra Eds. New York, NY: Springer Publishing, 2018. ISBN: 978-3-319-67068-3
2. B Drawert, K Sanft, JH Abel, S Hellander, A Pourzanjani, A Hellander, and LR Petzold, "Simulation of well-mixed and spatially inhomogeneous biochemical systems," to appear in *Quantitative Biology: Theory, Computational Methods, and Models*, B Munsky, W Hlavacek, L Tsimring, Eds. Cambridge, MA: The MIT Press, 2018. ISBN: 978-0-262-03808-9

### Patents and patent applications

1. H Yi, S Jung, and JH Abel "Macroporous chitosan-polyacrylamide hydrogel microspheres and preparation thereof," filed 2017. U.S. Patent Application No. 62/353,273, Application WO2017223315A1.
2. H Yi, E Kang, S Jung, and JH Abel, "Fabrication of macroporous polymeric hydrogel microparticles," filed 2017. U.S. Patent Application No. 62/315,349, Application WO2017172437A1.

### Invited and contributed lectures and talks

1. JH Abel, A Asgari-Targhi, EB Klerman, and FJ Doyle III, "Designing a critical resetting protocol for achieving large phase shifts in humans," presented at Meeting of the Society for Research on Biological Rhythms (SRBR 2018), Amelia Island, Florida, USA, May 2018. (contributed talk)
2. JH Abel, A Chakrabarty, and FJ Doyle III, "Nonlinear model predictive control for circadian entrainment using small-molecule pharmaceuticals," presented at IFAC World Congress 2017, Toulouse, France, July 2017. (contributed talk, proceedings listed above)
3. JH Abel, "Control of the Mammalian Circadian Oscillator," presented at International School and Conference on Network Science (NetSci) 2017, Indianapolis, Indiana, USA, June 2017. (invited talk)
4. JH Abel and FJ Doyle III, "Identifying circadian drug targets for maintained oscillatory precision," presented at 2016 Meeting of the American Institute of Chemical Engineers (AIChE 2016), San Francisco, California, USA, November 2016. (contributed talk)
5. JH Abel, K Meeker, D Granados-Fuentes, PC St. John, T Wang, BB Bales, ED Herzog, LR Petzold, and FJ Doyle III, "Inferring the functional resynchronization network in the suprachiasmatic nucleus," presented at Meeting of the Society for Research on Biological Rhythms (SRBR 2016), Palm Harbor, Florida, USA, May 2016. (contributed talk)
6. JH Abel and LR Petzold (jointly given). "The effects of stochasticity on circadian rhythms," presented at Lorentz Center Workshop on Human Circadian Rhythms, Leiden, Netherlands, July 2015. (invited talk)

## Teaching and Mentoring

### Teaching

*Sleep and Circadian Clocks: from Biology to Public Health* (MCB 186), Teaching Fellow, Harvard University Spring 2017  
 Instructor: Charles A. Czeisler  
 Lectured regarding the suprachiasmatic nucleus and system-wide circadian coordination, led weekly discussion and review section, graded and wrote portions of problem sets and exams.

Instructor: Baron Peters

Taught six lectures on topics in analytical solutions to ordinary and partial differential equations, held office hours and individual review sessions, assisted in teaching a computer lab section and grading exams.

### Students mentored

• Lindsey Brown, Harvard University Ph.D. Student	2016-2017
• Shikha Sharma, Harvard University Summer Researcher	2016
• David McBride, UC Santa Barbara Undergraduate	2015
• Dustin Oakes, UC Santa Barbara HSAP	2015
• Amanda N. Luan, UC Santa Barbara Undergraduate (co- with P.C. St. John)	2014
• Jesse Starger, Tufts University Undergraduate	2013

### Professional Activities

#### Peer review

International Federation of Automatic Control (IFAC) World Congress, IEEE International Conference on Biomedical and Health Informatics, PeerJ Computer Science

#### Organizing and leadership

Organizer, chair of invited session “Optimal Control and Optimization of Biological Systems” at International Federation of Automatic Control (IFAC) World Congress 2017 (with Steffen Waldherr)

#### Professional societies

American Institute of Chemical Engineers (AIChE), Member  
Society for Research on Biological Rhythms (SRBR), Member

#### Computing skills

- Languages: Python (including numpy, scipy, scikit-learn, pandas, cython), Matlab, some use of C++, R, and Unix shell scripts.
- Algorithms: Experience in methods for numerical solutions to ordinary and partial differential equations, stochastic simulation algorithms, linear/nonlinear programming, evolutionary algorithms, and artificial neural networks.
- Applications: Vim, Wolfram Mathematica,  $\text{\LaTeX}$ , Stata, common Microsoft database, spreadsheet, and presentation software.
- Operating Systems: Unix/Linux, OSX.

Current as of: January 9, 2019