Slieve Donard Race Results 2019

Pos	Barcode	Name	Club	Category	Summit Time	Descent Time	Finish Time
1	294	Seamus Lynch	Newcastle AC*	MOpen	00:39:10	00:17:40	00:56:50
2	470	Colm Murtagh	Newcastle AC*	MV35	00:42:36	00:19:59	01:02:35
3	456	Brian Mullins	IMRA*	MV35	00:44:52	00:20:03	01:04:55
4	746	John Bell	IMRA*	MV35	00:45:03	00:20:02	01:05:05
5	713	Peter Bell	IMRA*	MV35	00:45:01	00:20:15	01:05:16
6	754	Marcin Drozdziok	IMRA*	MV40	00:43:19	00:22:00	01:05:19
7	178	Bernard Fortune	IMRA*	MV45	00:45:05	00:20:20	01:05:25
8	758	Andrew Fleet	West Waterford	MOpen	00:43:23	00:22:07	01:05:30
9	775	Peter O'Farrell	IMRA*	MV40	00:43:57	00:21:38	01:05:35
10	136	Esther Dickson	Newry AC*	FOpen	00:46:13	00:19:29	01:05:42
11	759	Brian Furey	Rathfarnham	MV35	00:43:04	00:22:43	01:05:47
12	375	Gary McEvoy	Newcastle AC*	MV35	00:47:56	00:17:53	01:05:49
13	458	Rory Mulvaney	Newry AC*	MV35	00:45:43	00:20:26	01:06:09
14	571	William Shields	Mourne Runners*	MOpen	00:45:48	00:20:38	01:06:26
15	46	Richard Bell	Mourne Runners*	MV40	00:44:55	00:21:44	01:06:39
16	752	Conor Doris	Unattached	MV35	00:45:22	00:21:28	01:06:50
17	603	Andrew Tees	Orangegrove AC*	MV35	00:46:29	00:20:32	01:07:01
18	554	Sean Russell	Newcastle AC*	MOpen	00:44:50	00:22:15	01:07:05
19	770	Damien McParland	IMRA*	MOpen	00:45:14	00:22:03	01:07:17
20	735	Graham Smyth	Unattached	MV35	00:44:32	00:24:17	01:08:49
21	282	James Lappin	Scrabo Striders*	MV40	00:46:19	00:22:52	01:09:11
22	243	Gavin Hynds	East Down AC*	MV40	00:46:50	00:23:38	01:10:28
23	717	Ryan Carson	Slieve Gullion Runner	MV35	00:49:23	00:21:24	01:10:47
24	576	Michael Sinton	Lisburn Tri Club	MV35	00:45:17	00:25:39	01:10:56
25	355	R McCormick	Dromore AC*	MV40	00:48:32	00:23:33	01:12:05
26	248	Dale Irwin	Jog Moira	MV35	00:48:45	00:23:43	01:12:28
27	128	Rónán Davison-Kernar	BARF*	MOpen	00:49:48	00:22:59	01:12:47
28	426	Deon McNeilly	Newcastle AC*	MV55	00:46:57	00:25:56	01:12:53
29	733	Billy Reed	East Antrim Harriers*	MV50	00:45:55	00:27:07	01:13:02
30	216	Barry Hartnett	Mooreabbey Milers	MV35	00:47:30	00:25:47	01:13:17
31	92	Warren Cartmill	Newry AC*	MV45	00:47:44	00:25:56	01:13:40
32	300	Bryan Magee	Larne AC*	MV45	00:50:42	00:23:28	01:14:10
33	757	Andrew Elwood	Dromore AC*	MJunior	00:50:22	00:23:58	01:14:20
34	283	Gerard Lawless	Unattached	MV35	00:50:17	00:24:07	01:14:24
35	709	James King	Newcastle AC*	MV35	00:50:10	00:24:16	01:14:26
36	462	Eddie Murnin	Murlough AC*	MV35	00:49:00	00:25:28	01:14:28
37	541	Alan Ritchie	BARF*	MOpen	00:50:08	00:24:22	01:14:30
38	173	Mickey Flynn	Newcastle AC*	MV35	00:50:31	00:24:34	01:15:05
39	478	Francis Nugent	Blaney Rockets*	MV50	00:48:55	00:26:15	01:15:10
40	187	Niall Gibney	East Down AC*	MV40	00:50:05	00:25:08	01:15:13
41	445	Declan Morgan	City of Lisburn*	MV40	00:49:15	00:26:11	01:15:26
42	83	Gary Cairns	Newcastle AC*	MV45	00:50:56	00:24:52	01:15:48
43	613	Mari Troeng	Newcastle AC*	FOpen	00:49:28	00:26:36	01:16:04
44	306	Sean Maguire	Blaney Rockets*	MV40	00:52:41	00:23:52	01:16:33
45		Andrew Wallace	Ballydrain Harriers*	MV50	00:53:00	00:23:45	01:16:45
46	756	Alan Elwood	Dromore AC*	MV45	00:51:28	00:25:30	01:16:58
47	498	Hugh Oram	Murlough AC*	MV40	00:51:46	00:25:17	01:17:03
48	433	Brian McVeigh	Newcastle AC*	MV35	00:51:11	00:26:06	01:17:17
49	420	Martin McMullan	CrossFit Infected	MV40	00:52:57	00:24:29	01:17:26
50		Craig McCauley	Mourne Runners*	MV45	00:54:08	00:23:43	01:17:51
51		Frank Cunningham	Newcastle AC*	MOpen	00:50:36	00:27:41	01:18:17
52	720	Damien McGrady	CrossFit Infected	MV35	00:51:02	00:27:24	01:18:26

53	634	Barry Wells	Newcastle AC*	MV55	00:54:16	00:24:21	01:18:37
54		Hugh Ross	Unattached	MOpen	00:34:16	00:29:30	01:18:46
55		Bernadette O'Kane	DUB Runners*	FOpen	00:54:13	00:24:42	01:18:55
56		Dee Murray	East Down AC*	MV50	00:54:13	00:26:22	01:18:56
57		Declan McElroy	Newcastle AC*	MV55	00:54:20	00:24:47	01:10:50
58		Sinead Murtagh	Newcastle AC*	FV35	00:50:38	00:28:36	01:19:14
59		Merwyn Donaldson	Mourne Runners*	MV60	00:52:55	00:26:30	01:19:25
60		Mark Dugan	Ballydrain Harriers*	MV50	00:52:00	00:27:50	01:19:50
61		Sean Armstrong	Murlough AC*	MV50	00:52:53	00:27:47	01:20:40
62		Colum Campbell	Newcastle AC*	MV45	00:42:23	00:38:27	01:20:50
63		Becky Quinn	Unattached	FV40	00:51:43	00:29:55	01:21:38
64		Andrew Campbell	Unattached	MV45	00:53:06	00:28:33	01:21:39
65		Peter Irwin	Unattached	MV55	00:54:55	00:26:57	01:21:52
66		Sinead Flynn	Newcastle AC*	FV35	00:55:52	00:26:04	01:21:56
67		Paddy Mallon	BARF*	MV50	00:56:14	00:25:44	01:21:58
68		David Bell	Mourne Runners*	MV55	00:52:59	00:29:08	01:22:07
69		Micheál Ó Mulláin	IMRA*	MV45	00:55:38	00:26:37	01:22:15
70	776	Michael O'Rourke	IMRA*	MV40	00:54:36	00:27:47	01:22:23
71		Stephen Murdock	Unattached	MV60	00:53:52	00:28:36	01:22:28
72		Paul Heenan	Unattached	MV50	00:55:53	00:26:54	01:22:47
73	606	Paulette Thomson	Newcastle AC*	FV45	00:58:16	00:24:49	01:23:05
74	707	mark weir	North Down AC*	MV45	00:54:03	00:30:00	01:24:03
75	765	Colin Kerr	Unattached	MV35	00:55:50	00:30:17	01:26:07
76	410	Hazel McLaughlin	Lagan Valley AC*	FV40	00:58:14	00:28:23	01:26:37
77	755	William Edgar	Unattached	MOpen	00:58:15	00:28:42	01:26:57
78	639	Brian Wilson	Newcastle AC*	MV45	00:58:26	00:28:46	01:27:12
79	782	Paul Sheridan	Unattached	MV45	00:54:39	00:32:46	01:27:25
80	486	Paul O'Connor	Unattached	FV35	00:57:14	00:30:12	01:27:26
81	723	Joseph Mallinshaw	Unattached	MV35	00:54:04	00:33:24	01:27:28
82	767	Phil McComb	Unattached	MV45	00:56:58	00:30:45	01:27:43
83	154	Mark Elliott	Ballydrain Harriers*	MV45	00:54:57	00:32:53	01:27:50
84	312	Robbie Marsh	Slieve Gullion Runner	MV40	00:54:46	00:33:11	01:27:57
85	720	Steven Kerr	Unattached	MV40	00:58:41	00:29:43	01:28:24
86	110	Paul Conway	Unattached	MV40	00:58:30	00:29:55	01:28:25
87	753	Padraig Doyle	Unattached	MV40	00:57:41	00:30:47	01:28:28
88		Damien McDonnell	Unattached	MV40	00:54:00	00:34:29	01:28:29
89		Ryan McMahon	Blaney Rockets*	MOpen	00:55:47	00:32:44	01:28:31
90		Rebecca Magee	Dromore AC*	FJunior	01:02:06	00:26:28	01:28:34
91		Frankie Gorman	Blaney Rockets*	MV50	00:56:03	00:32:40	01:28:43
92		Mathew Conway	Unattached	MOpen	00:53:54	00:35:04	01:28:58
93		Cathal McNiff	Dromore AC*	MV55	00:55:42	00:33:21	01:29:03
94		Cathal Rooney	CrossFit Infected	MJunior	00:59:00	00:30:54	01:29:54
95		Paddy Joe McComiske		MOpen	00:58:18	00:31:40	01:29:58
96		Marty Mckibbin	Dundrum clg	MV35	00:54:59	00:35:04	01:30:03
97		Andy Bridge	BARF*	MV55	01:00:59	00:29:25	01:30:24
98		Anne Sandford	Mourne Runners*	FV50	00:59:15	00:31:11	01:30:26
99		Peter Campbell	Unattached	MV40	00:53:08	00:37:23	01:30:31
100		Nigel Kelly	Ballydrain Harriers*	MV35	01:00:35	00:30:00	01:30:35
101		William Imrie	Unattached	MOpen	00:57:30	00:33:13	01:30:43
102		Jerome Farrell	Newcastle AC*	MV45	00:59:09	00:31:53	01:31:02
103		Peter Taylor	Dromore AC*	MV50	01:01:25	00:29:54	01:31:19
104		Jonathan Hobson	Unattached	MV35	00:57:02	00:35:00	01:32:02
105		Kieran McNamara	Scrabo Striders*	MOpen	00:57:57	00:34:09	01:32:06
106		David Glass	Unattached	MV55	00:59:22	00:32:45	01:32:07
107	150	Stephen Dunn	St Peters*	MV45	00:56:56	00:35:13	01:32:09

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108		Alan Magee	Dromore AC*	MV45	01:04:14	00:28:57	01:33:11
109		Gary McIlhennon	Newcastle AC*	FV45	01:00:01	00:33:13	01:33:14
110		Bronagh McInerney	Newcastle AC*	FV45	00:59:17	00:34:06	01:33:23
111		Trevor Wilson	BARF*	MV55	01:02:27	00:31:34	01:34:01
112		Kevin Murney	Unattached	FV40	01:00:57	00:33:51	01:34:48
113		William Alexander	Ballydrain Harriers*	MV40	00:59:48	00:35:01	01:34:49
114		Richard Moore	Unattached	MV50	01:01:00	00:34:55	01:35:55
115		Colm Devlin	Murlough AC*	MV50	01:03:50	00:32:34	01:36:24
116		Jimmy McFadden	Team Runwell	MV50	00:58:57	00:37:58	01:36:55
117		Kevin Grogan	Unattached	MV60	01:05:16	00:32:08	01:37:24
118	731	Conor O'Farrell	IMRA*	MV40	01:02:57	00:34:37	01:37:34
119	593	Alison Stocks	Ballydrain Harriers*	FV35	00:57:52	00:39:47	01:37:39
120	632	Clive Weir	Newry City Runners*	MV50	00:58:42	00:39:43	01:38:25
121		Christina McConnell	Ballydrain Harriers*	FOpen	01:03:31	00:34:55	01:38:26
122	777	David Place	Unattached	MV55	01:01:03	00:37:34	01:38:37
123	115	Ricky Cowan	Mourne Runners*	MV70	01:07:32	00:31:07	01:38:39
124	437	Lisa Milligan	East Down AC*	FV45	01:03:38	00:35:05	01:38:43
125	208	Ernest Hall	Dromore AC*	MV65	01:03:40	00:35:12	01:38:52
126	310	John Manley	East Down AC*	MV50	01:03:27	00:35:32	01:38:59
127	361	Monica McCrickard	Leitrim Ladies	FV45	01:03:41	00:35:20	01:39:01
128	788	Fred Strickland	Ballydrain Harriers*	MV70	01:05:53	00:33:20	01:39:13
129	43	Alan Beatty	Unattached	MV50	01:03:33	00:35:45	01:39:18
130	77	Charles Burns	Unattached	MV45	01:05:36	00:33:57	01:39:33
131	772	Kate Meskell	IMRA*	FOpen	01:01:46	00:37:52	01:39:38
132	125	Jonathan Davis	Jog Lisburn*	MOpen	01:03:08	00:36:32	01:39:40
133	542	Paddy Ritchie	Ballydrain Harriers*	MV45	01:11:49	00:29:31	01:41:20
134	33	Jacqueline Barbour	Newcastle AC*	FV45	01:05:50	00:36:11	01:42:01
135	441	Kathleen Monteverde	BARF*	FV55	01:01:16	00:41:02	01:42:18
136	116	John Crawley	NIMRA*	MV50	01:03:16	00:39:11	01:42:27
137	766	Michael McCarthy	London Irish AC	MV55	01:00:44	00:42:24	01:43:08
138	225	Beverley Herron	Mourne Runners*	FOpen	01:07:23	00:36:52	01:44:15
139	789	Neil McVeigh	Newcastle AC*	MV45	01:11:01	00:34:14	01:45:15
140	369		E . D . AC*				
141	303	Paddy McDonald	East Down AC*	MV45	01:03:44	00:41:58	01:45:42
4 4 4 4		Paddy McDonald Trevor Patterson	North Down AC*	MV45 MV50	01:03:44 01:09:11	00:41:58 00:36:34	01:45:42 01:45:45
142	510	Trevor Patterson					
142 143	510 438	,	North Down AC*	MV50	01:09:11	00:36:34	01:45:45
	510 438 531	Trevor Patterson Sean Milligan	North Down AC* Newcastle AC*	MV50 MV40	01:09:11 01:08:27	00:36:34 00:37:24	01:45:45 01:45:51
143	510 438 531 148	Trevor Patterson Sean Milligan Martin Rafter	North Down AC* Newcastle AC* Blaney Rockets*	MV50 MV40 MV55	01:09:11 01:08:27 01:00:23	00:36:34 00:37:24 00:45:33	01:45:45 01:45:51 01:45:56
143 144	510 438 531 148 591	Trevor Patterson Sean Milligan Martin Rafter Tom Dowey	North Down AC* Newcastle AC* Blaney Rockets* East Down AC*	MV50 MV40 MV55 MV60	01:09:11 01:08:27 01:00:23 01:05:42	00:36:34 00:37:24 00:45:33 00:40:17	01:45:45 01:45:51 01:45:56 01:45:59
143 144 145	510 438 531 148 591 465	Trevor Patterson Sean Milligan Martin Rafter Tom Dowey Alister Stewart	North Down AC* Newcastle AC* Blaney Rockets* East Down AC* Tinto	MV50 MV40 MV55 MV60 MV45	01:09:11 01:08:27 01:00:23 01:05:42 01:07:07	00:36:34 00:37:24 00:45:33 00:40:17 00:38:54	01:45:45 01:45:51 01:45:56 01:45:59 01:46:01
143 144 145 146	510 438 531 148 591 465 551	Trevor Patterson Sean Milligan Martin Rafter Tom Dowey Alister Stewart Michael Murphy	North Down AC* Newcastle AC* Blaney Rockets* East Down AC* Tinto LVO	MV50 MV40 MV55 MV60 MV45 MV55	01:09:11 01:08:27 01:00:23 01:05:42 01:07:07 01:10:42	00:36:34 00:37:24 00:45:33 00:40:17 00:38:54 00:35:23	01:45:45 01:45:51 01:45:56 01:45:59 01:46:01 01:46:05
143 144 145 146 147	510 438 531 148 591 465 551 279	Trevor Patterson Sean Milligan Martin Rafter Tom Dowey Alister Stewart Michael Murphy Stephen Ross	North Down AC* Newcastle AC* Blaney Rockets* East Down AC* Tinto LVO Unattached	MV50 MV40 MV55 MV60 MV45 MV55 MV45	01:09:11 01:08:27 01:00:23 01:05:42 01:07:07 01:10:42 01:07:01	00:36:34 00:37:24 00:45:33 00:40:17 00:38:54 00:35:23 00:39:05	01:45:45 01:45:51 01:45:56 01:45:59 01:46:01 01:46:05 01:46:06
143 144 145 146 147 148	510 438 531 148 591 465 551 279	Trevor Patterson Sean Milligan Martin Rafter Tom Dowey Alister Stewart Michael Murphy Stephen Ross Stephen Knight	North Down AC* Newcastle AC* Blaney Rockets* East Down AC* Tinto LVO Unattached Newcastle AC*	MV50 MV40 MV55 MV60 MV45 MV55 MV55	01:09:11 01:08:27 01:00:23 01:05:42 01:07:07 01:10:42 01:07:01 01:08:38	00:36:34 00:37:24 00:45:33 00:40:17 00:38:54 00:35:23 00:39:05 00:37:41	01:45:45 01:45:51 01:45:56 01:45:59 01:46:01 01:46:05 01:46:06 01:46:19
143 144 145 146 147 148 149	510 438 531 148 591 465 551 279 189	Trevor Patterson Sean Milligan Martin Rafter Tom Dowey Alister Stewart Michael Murphy Stephen Ross Stephen Knight James Gillespie	North Down AC* Newcastle AC* Blaney Rockets* East Down AC* Tinto LVO Unattached Newcastle AC* Unattached	MV50 MV40 MV55 MV60 MV45 MV55 MV45 MV55 MV45	01:09:11 01:08:27 01:00:23 01:05:42 01:07:07 01:10:42 01:07:01 01:08:38 01:05:23	00:36:34 00:37:24 00:45:33 00:40:17 00:38:54 00:35:23 00:39:05 00:37:41 00:42:08	01:45:45 01:45:51 01:45:56 01:45:59 01:46:01 01:46:05 01:46:06 01:46:19 01:47:31
143 144 145 146 147 148 149	510 438 531 148 591 465 551 279 189 134 771	Trevor Patterson Sean Milligan Martin Rafter Tom Dowey Alister Stewart Michael Murphy Stephen Ross Stephen Knight James Gillespie Sharon Dickenson	North Down AC* Newcastle AC* Blaney Rockets* East Down AC* Tinto LVO Unattached Newcastle AC* Unattached Lagan Valley AC*	MV50 MV40 MV55 MV60 MV45 MV55 MV45 MV55 MV40 FV40	01:09:11 01:08:27 01:00:23 01:05:42 01:07:07 01:10:42 01:07:01 01:08:38 01:05:23 01:07:37	00:36:34 00:37:24 00:45:33 00:40:17 00:38:54 00:35:23 00:39:05 00:37:41 00:42:08 00:41:30	01:45:45 01:45:51 01:45:56 01:45:59 01:46:01 01:46:05 01:46:06 01:46:19 01:47:31 01:49:07
143 144 145 146 147 148 149 150	510 438 531 148 591 465 551 279 189 134 771 704	Trevor Patterson Sean Milligan Martin Rafter Tom Dowey Alister Stewart Michael Murphy Stephen Ross Stephen Knight James Gillespie Sharon Dickenson Eithne McShane	North Down AC* Newcastle AC* Blaney Rockets* East Down AC* Tinto LVO Unattached Newcastle AC* Unattached Lagan Valley AC* IIMRA*	MV50 MV40 MV55 MV60 MV45 MV55 MV45 MV55 MV40 FV40 FV50	01:09:11 01:08:27 01:00:23 01:05:42 01:07:07 01:10:42 01:07:01 01:08:38 01:05:23 01:07:37 01:07:30	00:36:34 00:37:24 00:45:33 00:40:17 00:38:54 00:35:23 00:39:05 00:37:41 00:42:08 00:41:30 00:43:08	01:45:45 01:45:51 01:45:59 01:46:01 01:46:05 01:46:06 01:46:19 01:47:31 01:49:07 01:50:38
143 144 145 146 147 148 149 150 151	510 438 531 148 591 465 551 279 189 134 771 704	Trevor Patterson Sean Milligan Martin Rafter Tom Dowey Alister Stewart Michael Murphy Stephen Ross Stephen Knight James Gillespie Sharon Dickenson Eithne McShane Michael Quinn	North Down AC* Newcastle AC* Blaney Rockets* East Down AC* Tinto LVO Unattached Newcastle AC* Unattached Lagan Valley AC* IMRA* Newcastle AC*	MV50 MV40 MV55 MV60 MV45 MV55 MV45 MV55 MV40 FV40 FV50 MV45	01:09:11 01:08:27 01:00:23 01:05:42 01:07:07 01:10:42 01:07:01 01:08:38 01:05:23 01:07:37 01:07:30 01:14:01	00:36:34 00:37:24 00:45:33 00:40:17 00:38:54 00:35:23 00:39:05 00:37:41 00:42:08 00:41:30 00:43:08 00:39:18	01:45:45 01:45:51 01:45:59 01:46:01 01:46:05 01:46:06 01:46:19 01:47:31 01:49:07 01:50:38 01:53:19
143 144 145 146 147 148 149 150 151 152	510 438 531 148 591 465 551 279 189 134 771 704 783 778	Trevor Patterson Sean Milligan Martin Rafter Tom Dowey Alister Stewart Michael Murphy Stephen Ross Stephen Knight James Gillespie Sharon Dickenson Eithne McShane Michael Quinn John Shiels	North Down AC* Newcastle AC* Blaney Rockets* East Down AC* Tinto LVO Unattached Newcastle AC* Unattached Lagan Valley AC* IMRA* Newcastle AC*	MV50 MV40 MV55 MV60 MV45 MV55 MV45 MV55 MV40 FV40 FV50 MV45 MV50	01:09:11 01:08:27 01:00:23 01:05:42 01:07:07 01:10:42 01:07:01 01:08:38 01:05:23 01:07:37 01:07:30 01:14:01 01:14:16	00:36:34 00:37:24 00:45:33 00:40:17 00:38:54 00:35:23 00:39:05 00:37:41 00:42:08 00:41:30 00:43:08 00:39:18 00:41:16	01:45:45 01:45:51 01:45:56 01:45:59 01:46:01 01:46:05 01:46:09 01:47:31 01:49:07 01:50:38 01:53:19 01:55:32
143 144 145 146 147 148 149 150 151 152 153	510 438 531 148 591 465 551 279 189 134 771 704 783 778	Trevor Patterson Sean Milligan Martin Rafter Tom Dowey Alister Stewart Michael Murphy Stephen Ross Stephen Knight James Gillespie Sharon Dickenson Eithne McShane Michael Quinn John Shiels Justin Rea	North Down AC* Newcastle AC* Blaney Rockets* East Down AC* Tinto LVO Unattached Newcastle AC* Unattached Lagan Valley AC* IMRA* Newcastle AC* IMRA*	MV50 MV40 MV55 MV60 MV45 MV55 MV45 MV55 MV40 FV40 FV50 MV45 MV55 MV50 MV55 MV40	01:09:11 01:08:27 01:00:23 01:05:42 01:07:07 01:10:42 01:07:01 01:08:38 01:05:23 01:07:37 01:07:30 01:14:01 01:14:16 01:10:48	00:36:34 00:37:24 00:45:33 00:40:17 00:38:54 00:35:23 00:39:05 00:37:41 00:42:08 00:41:30 00:43:08 00:39:18 00:41:16 00:46:20	01:45:45 01:45:51 01:45:59 01:46:01 01:46:05 01:46:06 01:46:19 01:47:31 01:49:07 01:50:38 01:53:19 01:55:32 01:57:08
143 144 145 146 147 148 149 150 151 152 153 154 155	510 438 531 148 591 465 551 279 189 134 771 704 783 778 622	Trevor Patterson Sean Milligan Martin Rafter Tom Dowey Alister Stewart Michael Murphy Stephen Ross Stephen Knight James Gillespie Sharon Dickenson Eithne McShane Michael Quinn John Shiels Justin Rea Philip Ward	North Down AC* Newcastle AC* Blaney Rockets* East Down AC* Tinto LVO Unattached Newcastle AC* Unattached Lagan Valley AC* IMRA* Newcastle AC* IMRA* IMRA* BARF*	MV50 MV40 MV55 MV60 MV45 MV55 MV45 MV55 MV40 FV40 FV50 MV45 MV55 MV50 MV55 MV40	01:09:11 01:08:27 01:00:23 01:05:42 01:07:07 01:10:42 01:07:01 01:08:38 01:05:23 01:07:37 01:07:30 01:14:01 01:14:16 01:10:48 01:05:52	00:36:34 00:37:24 00:45:33 00:40:17 00:38:54 00:35:23 00:39:05 00:37:41 00:42:08 00:41:30 00:43:08 00:39:18 00:41:16 00:46:20 00:51:26	01:45:45 01:45:51 01:45:59 01:46:01 01:46:05 01:46:06 01:46:19 01:47:31 01:49:07 01:50:38 01:53:19 01:57:08 01:57:08
143 144 145 146 147 148 149 150 151 152 153 154 155	510 438 531 148 591 465 551 279 189 134 771 704 783 778 622 780 443	Trevor Patterson Sean Milligan Martin Rafter Tom Dowey Alister Stewart Michael Murphy Stephen Ross Stephen Knight James Gillespie Sharon Dickenson Eithne McShane Michael Quinn John Shiels Justin Rea Philip Ward Sean Rooney	North Down AC* Newcastle AC* Blaney Rockets* East Down AC* Tinto LVO Unattached Newcastle AC* Unattached Lagan Valley AC* IMRA* Newcastle AC* IMRA* IMRA* BARF* Malone Running Club	MV50 MV40 MV55 MV60 MV45 MV55 MV45 MV55 MV40 FV40 FV50 MV45 MV55 MV50 MV55 MV40 MOpen	01:09:11 01:08:27 01:00:23 01:05:42 01:07:07 01:10:42 01:07:01 01:08:38 01:05:23 01:07:37 01:07:30 01:14:01 01:14:16 01:10:48 01:05:52 01:13:08	00:36:34 00:37:24 00:45:33 00:40:17 00:38:54 00:35:23 00:39:05 00:37:41 00:42:08 00:41:30 00:43:08 00:39:18 00:41:16 00:46:20 00:51:26 00:48:04	01:45:45 01:45:51 01:45:59 01:45:59 01:46:01 01:46:05 01:46:19 01:47:31 01:49:07 01:50:38 01:53:19 01:55:32 01:57:08 01:57:18 02:01:12
143 144 145 146 147 148 149 150 151 152 153 154 155 156	510 438 531 148 591 465 551 279 189 134 771 704 783 778 622 780 443 467	Trevor Patterson Sean Milligan Martin Rafter Tom Dowey Alister Stewart Michael Murphy Stephen Ross Stephen Knight James Gillespie Sharon Dickenson Eithne McShane Michael Quinn John Shiels Justin Rea Philip Ward Sean Rooney Naomi Montgomery	North Down AC* Newcastle AC* Blaney Rockets* East Down AC* Tinto LVO Unattached Newcastle AC* Unattached Lagan Valley AC* IMRA* Newcastle AC* IMRA* IMRA* BARF* Malone Running Club Ballydrain Harriers*	MV50 MV40 MV55 MV60 MV45 MV55 MV45 MV55 MV40 FV40 FV50 MV45 MV50 MV55 MV50 MV55 MV40 FV50	01:09:11 01:08:27 01:00:23 01:05:42 01:07:07 01:10:42 01:07:01 01:08:38 01:05:23 01:07:37 01:07:30 01:14:01 01:14:16 01:10:48 01:05:52 01:13:08 01:10:10	00:36:34 00:37:24 00:45:33 00:40:17 00:38:54 00:35:23 00:39:05 00:37:41 00:42:08 00:41:30 00:43:08 00:39:18 00:41:16 00:46:20 00:51:26 00:48:04 00:52:16	01:45:45 01:45:51 01:45:56 01:45:59 01:46:01 01:46:05 01:46:09 01:47:31 01:49:07 01:50:38 01:53:19 01:55:32 01:57:08 01:57:18 02:01:12 02:02:26
143 144 145 146 147 148 149 150 151 152 153 154 155 156 157	510 438 531 148 591 465 551 279 189 134 771 704 783 778 622 780 443 467 559	Trevor Patterson Sean Milligan Martin Rafter Tom Dowey Alister Stewart Michael Murphy Stephen Ross Stephen Knight James Gillespie Sharon Dickenson Eithne McShane Michael Quinn John Shiels Justin Rea Philip Ward Sean Rooney Naomi Montgomery Aisling Murray	North Down AC* Newcastle AC* Blaney Rockets* East Down AC* Tinto LVO Unattached Newcastle AC* Unattached Lagan Valley AC* IMRA* Newcastle AC* IMRA* IMRA* BARF* Malone Running Club Ballydrain Harriers* Murlough AC*	MV50 MV40 MV55 MV60 MV45 MV55 MV45 MV55 MV40 FV40 FV50 MV45 MV55 MV50 MV55 FV60 MV755 FOpen	01:09:11 01:08:27 01:00:23 01:05:42 01:07:07 01:10:42 01:07:01 01:08:38 01:05:23 01:07:37 01:07:30 01:14:01 01:14:16 01:10:48 01:05:52 01:13:08 01:10:10 01:14:18	00:36:34 00:37:24 00:45:33 00:40:17 00:38:54 00:35:23 00:39:05 00:37:41 00:42:08 00:41:30 00:43:08 00:39:18 00:41:16 00:46:20 00:51:26 00:48:04 00:52:16 00:48:11	01:45:45 01:45:51 01:45:59 01:45:59 01:46:01 01:46:05 01:46:09 01:46:19 01:47:31 01:49:07 01:50:38 01:53:19 01:57:08 01:57:08 01:57:18 02:01:12 02:02:26 02:02:29
143 144 145 146 147 148 149 150 151 152 153 154 155 156 157 158	510 438 531 148 591 465 551 279 189 134 771 704 783 778 622 780 443 467 559 585	Trevor Patterson Sean Milligan Martin Rafter Tom Dowey Alister Stewart Michael Murphy Stephen Ross Stephen Knight James Gillespie Sharon Dickenson Eithne McShane Michael Quinn John Shiels Justin Rea Philip Ward Sean Rooney Naomi Montgomery Aisling Murray Catherine Scannell Liam Smyth	North Down AC* Newcastle AC* Blaney Rockets* East Down AC* Tinto LVO Unattached Newcastle AC* Unattached Lagan Valley AC* IMRA* Newcastle AC* IMRA* IMRA* BARF* Malone Running Club Ballydrain Harriers* Murlough AC*	MV50 MV40 MV55 MV60 MV45 MV55 MV45 MV55 MV40 FV40 FV50 MV45 MV55 MV40 FV50 FV50 FV50 FV50 FV50 FV50 FV50 FV60 FV60 FV60 FV60 FV70 FV60 FV70 FV70 FV70 FV70 FV70 FV70 FV70 FV7	01:09:11 01:08:27 01:00:23 01:05:42 01:07:07 01:10:42 01:07:01 01:08:38 01:05:23 01:07:37 01:07:30 01:14:01 01:14:16 01:10:48 01:05:52 01:13:08 01:10:10 01:14:18 01:14:37 01:17:17	00:36:34 00:37:24 00:45:33 00:40:17 00:38:54 00:35:23 00:39:05 00:37:41 00:42:08 00:41:30 00:43:08 00:43:08 00:41:16 00:46:20 00:51:26 00:48:04 00:52:16 00:48:11 00:48:10	01:45:45 01:45:51 01:45:59 01:45:59 01:46:01 01:46:05 01:46:06 01:46:19 01:47:31 01:49:07 01:50:38 01:53:19 01:55:32 01:57:08 01:57:18 02:01:12 02:02:26 02:02:29 02:02:47
143 144 145 146 147 148 149 150 151 152 153 154 155 156 157 158 159	510 438 531 148 591 465 551 279 189 134 771 704 783 778 622 780 443 467 559 585 146	Trevor Patterson Sean Milligan Martin Rafter Tom Dowey Alister Stewart Michael Murphy Stephen Ross Stephen Knight James Gillespie Sharon Dickenson Eithne McShane Michael Quinn John Shiels Justin Rea Philip Ward Sean Rooney Naomi Montgomery Aisling Murray Catherine Scannell	North Down AC* Newcastle AC* Blaney Rockets* East Down AC* Tinto LVO Unattached Newcastle AC* Unattached Lagan Valley AC* IMRA* Newcastle AC* IMRA* IMRA* BARF* Malone Running Club Ballydrain Harriers* Murlough AC* Murlough AC*	MV50 MV40 MV55 MV60 MV45 MV55 MV45 MV55 MV40 FV40 FV50 MV45 MV55 MV40 FV50 FV50 MV45 MV55 MV40 MOpen FV35 FOpen FOpen MV45	01:09:11 01:08:27 01:00:23 01:05:42 01:07:07 01:10:42 01:07:01 01:08:38 01:05:23 01:07:30 01:14:01 01:14:16 01:10:48 01:05:52 01:13:08 01:10:10 01:14:18 01:14:37	00:36:34 00:37:24 00:45:33 00:40:17 00:38:54 00:35:23 00:39:05 00:37:41 00:42:08 00:41:30 00:43:08 00:39:18 00:41:16 00:46:20 00:51:26 00:48:04 00:52:16 00:48:11 00:48:10 00:45:32	01:45:45 01:45:51 01:45:56 01:45:59 01:46:01 01:46:05 01:46:09 01:46:19 01:47:31 01:49:07 01:50:38 01:53:19 01:55:32 01:57:08 01:57:18 02:01:12 02:02:26 02:02:29 02:02:47 02:02:49

163	599	Ian Taylor	BARF*	MV70	01:14:32	01:03:18	02:17:50
164	701	Laura Maxwell	Unattached	FV35	01:23:46	00:59:37	02:23:23
165	695	Mark Emerson	Scrabo Striders*	MV35	01:23:50	00:59:34	02:23:24
166	760	Brian Gourley	Unattached	MV45	01:12:58	01:14:12	02:27:10
167	745	Connell Nugent	Newcastle AC*	MV60	01:36:12	00:54:25	02:30:37