Bangor 10K

Sponsors North Down Borough Council, Bloomfields Shopping Centre, Charles Hurst Motors Sat 24th Sept 2011

| | | | | | = oop | | | | | |
|-----------|-----------------|----------|-----|----------|------------------------|--------------|--------------|--------------|---------|---------|
| Pos | No Firstname | Lastname | Sex | Category | Club | Finish | Firsthalf | SecondHalf | Cat Pos | M/F Pos |
| 1 | 739 McAlister | Joe | M | open | St Malachy's | 31:25 | 15:24 | 16:01 | 1 | 1 |
| 2 | 779 Rowan | Paul | M | 45+ | Willowfield Harriers | 32:46 | 16:00 | 16:46 | 1 | 2 |
| 3 | 710 McCullough | Alan | M | 45+ | north belfast harriers | 32:47 | 16:00 | 16:47 | 2 | 3 |
| 4 | 473 james | budde | M | open | North Down AC | 34:21 | 16:30 | <i>17:51</i> | 2 | 4 |
| 5 | 774 Branagh | Ben | M | open | St Malachy's | 34:38 | 17:03 | 17:35 | 3 | 5 |
| 6 | 730 Benson | Jim | M | 40+ | north belfast harriers | 35:06 | 17:02 | 18:05 | 1 | 6 |
| 7 | 749 Cooke | edward | M | open | north belfast harriers | 35:11 | 17:02 | 18:10 | 4 | 7 |
| 8 | 10 Kerry | Harty | F | open | Newcastle AC | 35:14 | 17:07 | 18:08 | 1 | 1 |
| 9 | 406 Gladys | Ganiel | F | open | North Belfast Harriers | 35:32 | 17:02 | 18:31 | 2 | 2 |
| 10 | 727 Grew | Gareth | M | 40+ | north belfast harriers | 35:50 | 17:15 | 18:36 | 2 | 8 |
| 11 | 591 Paul | Finnegan | M | open | Armagh AC | 35:56 | 17:29 | 18:28 | 5 | 9 |
| 12 | 367 James | Turtle | M | 45+ | Ballymena Runners | 35:59 | 17:49 | 18:10 | 3 | 10 |
| 13 | 721 Glenn | Nat | M | 45+ | Larne AC | 36:04 | 17:51 | 18:14 | 4 | 11 |
| 14 | 448 Adam | Clansey | M | open | St Malachy's | 36:17 | 17:49 | 18:28 | 6 | 12 |
| 15 | 737 Grier | Nigel | M | 50+ | | 36:19 | 17:49 | 18:31 | 1 | 13 |
| 16 | 769 Hutchinson | Craig | M | 45+ | Larne AC | 36:27 | 17:51 | 18:36 | 5 | 14 |
| 17 | 602 Keith | Dawson | M | open | | 36:31 | 17:37 | 18:54 | 7 | 15 |
| 18 | 670 Glen | Willis | M | open | North Down AC | <i>36:32</i> | <i>17:52</i> | 18:41 | 8 | 16 |
| 19 | 226 dennis | scott | M | open | | 36:35 | 18:01 | 18:34 | 9 | 17 |
| 20 | 639 Bernard | Brady | M | 45+ | Larne AC | 36:49 | 18:17 | 18:33 | 6 | 18 |
| 21 | 750 Patience | John | M | 50+ | | 36:49 | 17:52 | 18:58 | 2 | 19 |
| 22 | 568 Darren | МсКее | M | open | North Down AC | 36:51 | <i>17:56</i> | 18:55 | 10 | 20 |
| 23 | 729 Walker | Stephen | M | open | north belfast harriers | 36:55 | 17:51 | 19:04 | 11 | 21 |
| 24 | 770 Shannon | Stephen | M | 35+ | | 36:55 | 18:00 | 18:55 | 1 | 22 |
| 25 | 149 Christopher | Bryan | M | open | North Down AC | 36:57 | 17:48 | 19:09 | 12 | 23 |
| 26 | 204 Stephen | Wylie | M | open | | 37:07 | 17:45 | 19:22 | 13 | 24 |

| 28 325 Noel Connor M 45+ Ballymena Runners 37:12 18:17 18:56 7 26 29 719 Clarke David M 50+ Larne AC 37:21 18:01 19:20 3 27 30 260 Laurence Johnston M 50+ North Belfast Harriers 37:30 17:56 19:34 4 28 31 414 Michel LE VELLY M 45+ Annadale Striders 37:33 18:06 19:27 8 29 32 570 Douglos Gront M 40+ North Down AC 37:40 18:34 19:07 3 30 33 411 Stephen John Dickson M open Lagan Valley AC 37:54 17:56 19:59 16 32 35 206 Gary Davison M 50+ Sopen North Down AC 37:56 18:26 19:31 5 31 36 318 Julie Balmer F open North Down AC 37:57 18:32 19:25 3 3 37 567 Paul Tyro M open 38:15 18:01 20:15 17 34 38 576 gerard mcnamara M 35+ north belfast harriers 38:21 18:41 19:40 2 35 39 231 JIM NEWBERRY M 50+ NORTH BELFAST 38:25 18:39 19:47 6 36 40 618 Liam Keenan M 45+ East Down AC 38:35 19:00 19:35 9 37 41 250 Peter Donnelly M 40+ 38:52 19:16 19:36 4 38 42 75 Mark Harold Walker M 40+ 38:52 19:16 19:50 10 40 44 610 Gerry Coy M 50+ North Down AC 38:55 19:03 19:52 7 41 45 731 Curran Ray M 55+ Ballymena Runners 38:55 19:03 19:52 7 41 46 512 Robert Wilson M 50+ North Down AC 38:35 19:03 19:52 7 41 47 781 McNutt Charles M 40+ 39:01 18:32 20:30 6 44 48 772 Allen David M 50+ Albertville Harriers 39:15 18:45 20:30 9 45 49 673 David Turtle M open Seapark AC 39:19 18:32 20:30 6 44 48 772 Allen David M 50+ Albertville Harriers 39:12 19:40 19:42 3 47 51 711 Todd Travis M open north belfast Harriers 39:27 19:40 19:42 3 47 51 711 Todd Travis M open north belfast Harriers 39:27 19:40 19:42 3 47 51 711 Todd Travis M open springwell Runners 39:28 18:55 20:34 20 54 95 Roberta Dornan F 35+ North Down AC 39:33 19:17 20:17 1 4 55 459 Thomas Moore M 40+ Springwell RC 39:40 19:42 19:59 21 52 57 422 john mcconnell M 35+ up and runners 39:00 19:47 20:03 4 53 | 27 | 728 O'Boyle | Kevin | М | open | Ballymena Runners | 37:11 | 18:15 | 18:56 | 14 | 25 |
|--|--|--|--|---------------------------------------|--|--|--|---|---|---|---|
| 29 719 Clarke David M 50+ Larne AC 37:21 18:01 19:20 3 27 30 260 Laurence Johnston M 50+ North Belfast Harriers 37:30 17:56 19:34 4 28 31 414 Michel LE VELLY M 45+ Annadale Striders 37:30 18:06 19:27 8 29 32 570 Douglas Grant M 40+ North Down AC 37:40 18:34 19:07 3 30 33 411 Stephen John Dickson M open Lagan Valley AC 37:54 17:56 19:59 16 32 35 206 Gary Davison M 50+ North Down AC 37:57 18:32 19:25 3 3 36 318 Julie Balmer Fopen North Down AC 37:57 18:32 19:25 3 3 37 567 Paul Tyro M open North Down AC | | • | | | • | • | | | | | |
| 30 260 Laurence Johnston M 50+ North Belfast Harriers 37:30 17:56 19:34 4 28 31 414 Michel LE VELLY M 45+ Annadale Striders 37:30 18:06 19:27 8 29 32 570 Douglas Grant M 40+ North Down AC 37:40 18:34 19:07 3 30 33 411 Stephen John Dickson M open Lagan Valley AC 37:54 17:56 19:59 16 32 35 206 Gary Davison M 50+ 37:56 18:26 19:31 5 33 36 318 Julie Balmer F open North Down AC 37:57 18:32 19:25 3 3 36 32 Jilm Nichaer M 55+ open North Down AC 37:57 18:32 19:25 3 3 37 56 Pacard mcnamara M 35+ north Down AC | | | | | | • | | | | | |
| 31 | | | | | | | | | | | |
| 32 570 Douglas Grant M 40+ North Down AC 37:40 18:34 19:07 3 30 33 411 Stephen John Dickson M open 37:48 18:30 19:19 15 31 34 301 Harry Speers M open Lagan Valley AC 37:54 17:56 19:31 5 33 36 318 Julie Balmer F open North Down AC 37:57 18:32 19:25 3 3 37 567 Paul Tyro M open North Down AC 37:57 18:32 19:25 3 3 38 576 gerard mcnamara M 35+ north belfast harriers 38:21 18:41 19:40 2 35 39 231 JIM NEWBERRY M 50+ NORTH BELFAST 38:25 18:39 19:47 6 36 40 618 Liam Keenan M 45+ East Down AC 38:35 <td></td> | | | | | | | | | | | |
| 34 301 Harry Speers M Open Lagan Valley AC 37:54 17:56 19:59 16 32 35 206 Gary Davison M 50+ 37:56 18:26 19:31 5 33 36 318 Julie Balmer F open North Down AC 37:57 18:32 19:25 3 3 37 567 Paul Tyro M open North Down AC 37:57 18:32 19:25 3 3 38 576 gerard mcnamara M 35+ north belfast harriers 38:15 18:01 20:15 17 34 40 618 Liam Keenan M 45+ East Down AC 38:35 19:00 19:35 9 37 41 250 Peter Donnelly M 40+ 38:52 19:16 19:36 4 38 42 75 Mark Harold Walker M 40+ 38:55 19:06 19:50 10< | | | | | | | | | | | |
| 35 206 Gary Davison M 50+ 37:56 18:26 19:31 5 33 36 318 Julie Balmer F open North Down AC 37:57 18:32 19:25 3 3 37 567 Paul Tyro M open 38:15 18:01 20:15 17 34 38 576 gerard mcnamara M 35+ north belfast harriers 38:21 18:41 19:40 2 35 39 231 JIM NEWBERRY M 50+ NORTH BELFAST 38:25 18:39 19:47 6 36 40 618 Liam Keenan M 40+ 38:55 19:00 19:35 9 37 41 250 Peter Donnelly M 40+ 38:55 19:00 19:35 9 37 41 250 Peter Donnelly M 40+ 38:55 19:06 19:50 10 40 43 | 33 | 411 Stephen John | Dickson | M | open | | 37:48 | 18:30 | 19:19 | 15 | 31 |
| 36 318 Julie Balmer F open North Down AC 37:57 18:32 19:25 3 3 37 567 Paul Tyro M open 38:15 18:01 20:15 17 34 38 576 gerard mcnamara M 35+ north belfast harriers 38:21 18:41 19:40 2 35 39 231 JIM NEWBERRY M 50+ NORTH BELFAST 38:25 18:39 19:47 6 36 40 618 Liam Keenan M 40+ 38:35 19:00 19:35 9 37 41 250 Peter Donnelly M 40+ 38:55 19:06 19:36 4 38 42 75 Mark Harold Walker M 40+ 38:55 19:06 19:50 10 40 44 610 Gerry Coy M 50+ North Down AC 38:55 19:03 19:52 7 41 | 34 | 301 Harry | Speers | М | open | Lagan Valley AC | 37:54 | 17:56 | 19:59 | 16 | 32 |
| 37 567 Paul Tyro Mopen 38:15 18:01 20:15 17 34 38 576 gerard mcnamara M 35+ north belfast harriers 38:21 18:41 19:40 2 35 39 231 JIM NEWBERRY M 50+ NORTH BELFAST 38:25 18:39 19:47 6 36 40 618 Liam Keenan M 45+ East Down AC 38:35 19:00 19:35 9 37 41 250 Peter Donnelly M 40+ 38:52 19:16 19:36 4 38 42 75 Mark Harold Walker M 40+ 38:55 19:06 19:36 4 38 43 491 Alan Shaw M 40+ 38:55 19:06 19:50 10 40 44 610 Gerry Coy M 50+ North Down AC 38:55 19:05 19:52 7 41 45 | 35 | 206 Gary | Davison | M | 50+ | | 37:56 | 18:26 | 19:31 | 5 | 33 |
| 38 576 gerard mcnamara M 35+ north belfast harriers 38:21 18:41 19:40 2 35 39 231 JIM NEWBERRY M 50+ NORTH BELFAST 38:25 18:39 19:47 6 36 40 618 Liam Keenan M 45+ East Down AC 38:35 19:00 19:35 9 37 41 250 Peter Donnelly M 40+ 38:52 19:16 19:36 4 38 42 75 Mark Harold Walker M 40+ 38:54 18:44 20:10 5 39 43 491 Alan Shaw M 45+ Sperrin Harriers 38:55 19:06 19:50 10 40 44 610 Gerry Coy M 50+ North Down AC 38:55 19:03 19:52 7 41 45 731 Curran Ray M 50+ Willowfield Harriers 38:57 19:03 | 36 | 318 Julie | Balmer | F | open | North Down AC | 37:57 | 18:32 | 19:25 | 3 | 3 |
| 39 231 JIM NEWBERRY M 50+ NORTH BELFAST 38:25 18:39 19:47 6 36 40 618 Liam Keenan M 45+ East Down AC 38:35 19:00 19:35 9 37 41 250 Peter Donnelly M 40+ 38:52 19:16 19:36 4 38 42 75 Mark Harold Walker M 40+ 38:54 18:44 20:10 5 39 43 491 Alan Shaw M 45+ Sperrin Harriers 38:55 19:06 19:50 10 40 44 610 Gerry Coy M 50+ North Down AC 38:55 19:03 19:52 7 41 45 731 Curran Ray M 55+ Ballymena Runners 38:56 19:05 19:52 1 42 46 512 Robert Wilson M 50+ Willowfield Harriers 38:57 19:03 19:52 1 42 48 772 Allen David M 50+ | 37 | 567 Paul | Tyro | М | open | | 38:15 | 18:01 | 20:15 | 17 | 34 |
| 40 618 Liam Keenan M 45+ East Down AC 38:35 19:00 19:35 9 37 41 250 Peter Donnelly M 40+ 38:52 19:16 19:36 4 38 42 75 Mark Harold Walker M 40+ 38:54 18:44 20:10 5 39 43 491 Alan Shaw M 45+ Sperrin Harriers 38:55 19:06 19:50 10 40 44 610 Gerry Coy M 50+ North Down AC 38:55 19:03 19:52 7 41 45 731 Curran Ray M 55+ Ballymena Runners 38:56 19:05 19:52 1 42 46 512 Robert Wilson M 50+ Willowfield Harriers 38:56 19:05 19:52 1 42 46 512 Robert Wilson M 40+ 39:01 18:32 20:30 6 | 38 | 576 gerard | mcnamara | M | 35+ | north belfast harriers | 38:21 | 18:41 | 19:40 | 2 | 35 |
| 41 250 Peter Donnelly M 40+ 38:52 19:16 19:36 4 38 42 75 Mark Harold Walker M 40+ 38:54 18:44 20:10 5 39 43 491 Alan Shaw M 45+ Sperrin Harriers 38:55 19:06 19:50 10 40 44 610 Gerry Coy M 50+ North Down AC 38:55 19:06 19:50 10 40 44 610 Gerry Coy M 50+ North Down AC 38:55 19:03 19:52 7 41 45 731 Curran Ray M 50+ Willowfield Harriers 38:56 19:05 19:52 1 42 46 512 Robert Wilson M 50+ Willowfield Harriers 38:57 19:03 19:54 8 43 47 781 McNutt Charles M 40+ 39:01 18:32 20:30 6 44 48 772 Allen David M 50+ Albertvi | 39 | 231 JIM | NEWBERRY | M | 50+ | NORTH BELFAST | 38:25 | 18:39 | 19:47 | 6 | 36 |
| 42 75 Mark Harold Walker M 40+ 38:54 18:44 20:10 5 39 43 491 Alan Shaw M 45+ Sperrin Harriers 38:55 19:06 19:50 10 40 44 610 Gerry Coy M 50+ North Down AC 38:55 19:03 19:52 7 41 45 731 Curran Ray M 50+ Willowfield Harriers 38:56 19:05 19:52 1 42 46 512 Robert Wilson M 50+ Willowfield Harriers 38:57 19:03 19:54 8 43 47 781 McNutt Charles M 40+ 39:01 18:32 20:30 6 44 48 772 Allen David M 50+ Albertville Harriers 39:15 18:45 20:30 9 45 49 673 David Turtle M open Seapark AC 39:19 18:45 20:35 18 46 50 395 john mcguigan M | 40 | 618 Liam | Keenan | M | 45+ | East Down AC | 38:35 | 19:00 | 19:35 | 9 | 37 |
| 43 491 Alan Shaw M 45+ Sperrin Harriers 38:55 19:06 19:50 10 40 44 610 Gerry Coy M 50+ North Down AC 38:55 19:03 19:52 7 41 45 731 Curran Ray M 55+ Ballymena Runners 38:56 19:05 19:52 1 42 46 512 Robert Wilson M 50+ Willowfield Harriers 38:57 19:03 19:54 8 43 47 781 McNutt Charles M 40+ 39:01 18:32 20:30 6 44 48 772 Allen David M 50+ Albertville Harriers 39:15 18:45 20:30 9 45 49 673 David Turtle M open Seapark AC 39:19 18:45 20:35 18 46 50 395 john mcguigan M 35+ North Belfast Harriers 39:22 19:40 19:47 19 48 51 711 Todd | 41 | 250 Peter | Donnelly | M | 40+ | | 38:52 | 19:16 | 19:36 | 4 | 38 |
| 44 610 Gerry Coy M 50+ North Down AC 38:55 19:03 19:52 7 41 45 731 Curran Ray M 55+ Ballymena Runners 38:56 19:05 19:52 1 42 46 512 Robert Wilson M 50+ Willowfield Harriers 38:57 19:03 19:54 8 43 47 781 McNutt Charles M 40+ 39:01 18:32 20:30 6 44 48 772 Allen David M 50+ Albertville Harriers 39:15 18:45 20:30 9 45 49 673 David Turtle M open Seapark AC 39:19 18:45 20:30 9 45 50 395 john mcguigan M 35+ North Belfast Harriers 39:22 19:40 19:42 3 47 51 711 Todd Travis M open Springwell Runners 3 | 42 | 75 Mark Harold | Walker | M | 40+ | | 38:54 | 18:44 | 20:10 | 5 | 39 |
| 45 731 Curran Ray M 55+ Ballymena Runners 38:56 19:05 19:52 1 42 46 512 Robert Wilson M 50+ Willowfield Harriers 38:57 19:03 19:54 8 43 47 781 McNutt Charles M 40+ 39:01 18:32 20:30 6 44 48 772 Allen David M 50+ Albertville Harriers 39:15 18:45 20:30 9 45 49 673 David Turtle M open Seapark AC 39:19 18:45 20:35 18 46 50 395 john mcguigan M 35+ North Belfast Harriers 39:22 19:40 19:42 3 47 51 711 Todd Travis M open north belfast harriers 39:27 19:40 19:47 19 48 52 629 David Gray M open Springwell Runners 39:28 18:55 20:34 20 49 53 132 Vinc | 42 | 404 Al | 0.1 | | | Control I I and and | 20.55 | 10.00 | 40.50 | 4.0 | |
| 46 512 Robert Wilson M 50+ Willowfield Harriers 38:57 19:03 19:54 8 43 47 781 McNutt Charles M 40+ 39:01 18:32 20:30 6 44 48 772 Allen David M 50+ Albertville Harriers 39:15 18:45 20:30 9 45 49 673 David Turtle M open Seapark AC 39:19 18:45 20:35 18 46 50 395 john mcguigan M 35+ North Belfast Harriers 39:22 19:40 19:42 3 47 51 711 Todd Travis M open north belfast harriers 39:27 19:40 19:47 19 48 52 629 David Gray M open Springwell Runners 39:28 18:55 20:34 20 49 53 132 Vince Buchan M 40+ 39:33 19:17 20:17 1 4 54 95 Roberta Dornan | 43 | | Shaw | M | 45+ | • | 38:55 | 19:06 | 19:50 | 10 | 40 |
| 47 781 McNutt Charles M 40+ 39:01 18:32 20:30 6 44 48 772 Allen David M 50+ Albertville Harriers 39:15 18:45 20:30 9 45 49 673 David Turtle M open Seapark AC 39:19 18:45 20:35 18 46 50 395 john mcguigan M 35+ North Belfast Harriers 39:22 19:40 19:42 3 47 51 711 Todd Travis M open north belfast harriers 39:27 19:40 19:47 19 48 52 629 David Gray M open Springwell Runners 39:28 18:55 20:34 20 49 53 132 Vince Buchan M 40+ 39:32 18:55 20:38 7 50 54 95 Roberta Dornan F 35+ North Down AC 39:33 19:17 20:17 1 4 55 459 Thomas Moore | | 610 Gerry | | | | • | | | | | 41 |
| 48 772 Allen David M 50+ Albertville Harriers 39:15 18:45 20:30 9 45 49 673 David Turtle M open Seapark AC 39:19 18:45 20:35 18 46 50 395 john mcguigan M 35+ North Belfast Harriers 39:22 19:40 19:42 3 47 51 711 Todd Travis M open north belfast harriers 39:27 19:40 19:47 19 48 52 629 David Gray M open Springwell Runners 39:28 18:55 20:34 20 49 53 132 Vince Buchan M 40+ 39:32 18:55 20:38 7 50 54 95 Roberta Dornan F 35+ North Down AC 39:33 19:17 20:17 1 4 55 459 Thomas Moore M 40+ Springwell RC 39:40 19:15 20:25 8 51 56 592 Dale | 44 | 610 Gerry | Coy | M | <i>50</i> + | North Down AC | 38:55 | 19:03 | 19:52 | 7 | 41 |
| 49 673 David Turtle M open Seapark AC 39:19 18:45 20:35 18 46 50 395 john mcguigan M 35+ North Belfast Harriers 39:22 19:40 19:42 3 47 51 711 Todd Travis M open north belfast harriers 39:27 19:40 19:47 19 48 52 629 David Gray M open Springwell Runners 39:28 18:55 20:34 20 49 53 132 Vince Buchan M 40+ 39:32 18:55 20:38 7 50 54 95 Roberta Dornan F 35+ North Down AC 39:33 19:17 20:17 1 4 55 459 Thomas Moore M 40+ Springwell RC 39:40 19:15 20:25 8 51 56 592 Dale Hawkes M open 39:40 19:42 19:59 21 52 | 44 45 | 610 Gerry 731 Curran | <i>Coy</i> Ray | M M | 50+ 55+ | North Down AC Ballymena Runners | 38:55 38:56 | 19:03 19:05 | 19:52 19:52 | 7 1 | 41 42 |
| 50 395 john mcguigan M 35+ North Belfast Harriers 39:22 19:40 19:42 3 47 51 711 Todd Travis M open north belfast harriers 39:27 19:40 19:47 19 48 52 629 David Gray M open Springwell Runners 39:28 18:55 20:34 20 49 53 132 Vince Buchan M 40+ 39:32 18:55 20:38 7 50 54 95 Roberta Dornan F 35+ North Down AC 39:33 19:17 20:17 1 4 55 459 Thomas Moore M 40+ Springwell RC 39:40 19:15 20:25 8 51 56 592 Dale Hawkes M open 39:40 19:42 19:59 21 52 | 44 45 46 | 610 Gerry 731 Curran 512 Robert | <i>Coy</i> Ray Wilson | M M M | 50+ 55+ 50+ | North Down AC Ballymena Runners | 38:55 38:56 38:57 | 19:03 19:05 19:03 | 19:52 19:52 19:54 | 7 1 8 | 41 42 43 |
| 51 711 Todd Travis M open north belfast harriers 39:27 19:40 19:47 19 48 52 629 David Gray M open Springwell Runners 39:28 18:55 20:34 20 49 53 132 Vince Buchan M 40+ 39:32 18:55 20:38 7 50 54 95 Roberta Dornan F 35+ North Down AC 39:33 19:17 20:17 1 4 55 459 Thomas Moore M 40+ Springwell RC 39:40 19:15 20:25 8 51 56 592 Dale Hawkes M open 39:40 19:42 19:59 21 52 | 44 45 46 47 | 610 Gerry 731 Curran 512 Robert 781 McNutt | <i>Coy</i> Ray Wilson Charles | М М М | 50+ 55+ 50+ 40+ | North Down AC Ballymena Runners Willowfield Harriers | 38:55 38:56 38:57 39:01 | 19:03 19:05 19:03 18:32 | 19:52 19:52 19:54 20:30 | 7 1 8 6 | 41 42 43 44 |
| 52 629 David Gray M open open open Springwell Runners 39:28 18:55 20:34 20 49 53 132 Vince Buchan M 40+ 39:32 18:55 20:38 7 50 54 95 Roberta Dornan F 35+ North Down AC 39:33 19:17 20:17 1 4 55 459 Thomas Moore M 40+ Springwell RC 39:40 19:15 20:25 8 51 56 592 Dale Hawkes M open 39:40 19:42 19:59 21 52 | 44 45 46 47 48 | 610 Gerry 731 Curran 512 Robert 781 McNutt 772 Allen | <i>Coy</i> Ray Wilson Charles David | М М М М | 50+ 55+ 50+ 40+ 50+ | North Down AC Ballymena Runners Willowfield Harriers Albertville Harriers | 38:55 38:56 38:57 39:01 39:15 | 19:03 19:05 19:03 18:32 18:45 | 19:52 19:52 19:54 20:30 20:30 | 7 1 8 6 9 | 41 42 43 44 45 |
| 53 132 Vince Buchan M 40+ 39:32 18:55 20:38 7 50 54 95 Roberta Dornan F 35+ North Down AC 39:33 19:17 20:17 1 4 55 459 Thomas Moore M 40+ Springwell RC 39:40 19:15 20:25 8 51 56 592 Dale Hawkes M open 39:40 19:42 19:59 21 52 | 44 45 46 47 48 49 | 610 Gerry 731 Curran 512 Robert 781 McNutt 772 Allen 673 David | <i>Coy</i> Ray Wilson Charles David Turtle | M M M M M | 50+ 55+ 50+ 40+ 50+ open | North Down AC Ballymena Runners Willowfield Harriers Albertville Harriers Seapark AC | 38:55 38:56 38:57 39:01 39:15 39:19 | 19:03 19:05 19:03 18:32 18:45 18:45 | 19:52 19:52 19:54 20:30 20:30 20:35 | 7 1 8 6 9 18 | 41 42 43 44 45 46 |
| 54 95 Roberta Dornan F 35+ North Down AC 39:33 19:17 20:17 1 4 55 459 Thomas Moore M 40+ Springwell RC 39:40 19:15 20:25 8 51 56 592 Dale Hawkes M open 39:40 19:42 19:59 21 52 | 44 45 46 47 48 49 50 | 610 Gerry 731 Curran 512 Robert 781 McNutt 772 Allen 673 David 395 john | Coy Ray Wilson Charles David Turtle mcguigan | M M M M M M | 50+ 55+ 50+ 40+ 50+ open 35+ | North Down AC Ballymena Runners Willowfield Harriers Albertville Harriers Seapark AC North Belfast Harriers | 38:55 38:56 38:57 39:01 39:15 39:19 39:22 | 19:03 19:05 19:03 18:32 18:45 18:45 19:40 | 19:52 19:52 19:54 20:30 20:30 20:35 19:42 | 7 1 8 6 9 18 3 | 41 42 43 44 45 46 47 |
| 55 459 Thomas Moore M 40+ Springwell RC 39:40 19:15 20:25 8 51 56 592 Dale Hawkes M open 39:40 19:42 19:59 21 52 | 44 45 46 47 48 49 50 51 | 610 Gerry 731 Curran 512 Robert 781 McNutt 772 Allen 673 David 395 john 711 Todd | Coy Ray Wilson Charles David Turtle mcguigan Travis | M M M M M M | 50+ 55+ 50+ 40+ 50+ open 35+ open | North Down AC Ballymena Runners Willowfield Harriers Albertville Harriers Seapark AC North Belfast Harriers north belfast harriers | 38:55 38:56 38:57 39:01 39:15 39:19 39:22 39:27 | 19:03 19:05 19:03 18:32 18:45 18:45 19:40 | 19:52 19:52 19:54 20:30 20:30 20:35 19:42 19:47 | 7 1 8 6 9 18 3 | 41 42 43 44 45 46 47 48 |
| 56 592 Dale Hawkes M open 39:40 19:42 19:59 21 52 | 44 45 46 47 48 49 50 51 52 | 610 Gerry 731 Curran 512 Robert 781 McNutt 772 Allen 673 David 395 john 711 Todd 629 David | Coy Ray Wilson Charles David Turtle mcguigan Travis Gray | M M M M M M M | 50+ 55+ 50+ 40+ 50+ open 35+ open open | North Down AC Ballymena Runners Willowfield Harriers Albertville Harriers Seapark AC North Belfast Harriers north belfast harriers | 38:55 38:56 38:57 39:01 39:15 39:19 39:22 39:27 39:28 | 19:03 19:05 19:03 18:32 18:45 18:45 19:40 19:40 18:55 | 19:52 19:52 19:54 20:30 20:30 20:35 19:42 19:47 20:34 | 7 1 8 6 9 18 3 19 | 41 42 43 44 45 46 47 48 49 |
| | 44 45 46 47 48 49 50 51 52 53 | 610 Gerry 731 Curran 512 Robert 781 McNutt 772 Allen 673 David 395 john 711 Todd 629 David 132 Vince | Coy Ray Wilson Charles David Turtle mcguigan Travis Gray Buchan | M M M M M M M M | 50+ 55+ 50+ 40+ 50+ open 35+ open open 40+ | North Down AC Ballymena Runners Willowfield Harriers Albertville Harriers Seapark AC North Belfast Harriers north belfast harriers Springwell Runners | 38:55 38:56 38:57 39:01 39:15 39:19 39:22 39:27 39:28 39:32 | 19:03 19:05 19:03 18:32 18:45 18:45 19:40 19:40 18:55 18:55 | 19:52 19:54 20:30 20:30 20:35 19:42 19:47 20:34 20:38 | 7 1 8 6 9 18 3 19 20 7 | 41 42 43 44 45 46 47 48 49 50 |
| 57 422 john mcconnell M 35+ up and runners 39:50 19:47 20:03 4 53 | 44 45 46 47 48 49 50 51 52 53 | 610 Gerry 731 Curran 512 Robert 781 McNutt 772 Allen 673 David 395 john 711 Todd 629 David 132 Vince | Coy Ray Wilson Charles David Turtle mcguigan Travis Gray Buchan Dornan | M M M M M M M M | 50+ 55+ 50+ 40+ 50+ open 35+ open open 40+ 35+ | North Down AC Ballymena Runners Willowfield Harriers Albertville Harriers Seapark AC North Belfast Harriers north belfast harriers Springwell Runners | 38:55 38:56 38:57 39:01 39:15 39:19 39:22 39:27 39:28 39:32 39:33 | 19:03 19:05 19:03 18:32 18:45 18:45 19:40 19:40 18:55 18:55 | 19:52 19:54 20:30 20:30 20:35 19:42 19:47 20:34 20:38 20:17 | 7 1 8 6 9 18 3 19 20 7 | 41 42 43 44 45 46 47 48 49 50 |
| | 44 45 46 47 48 49 50 51 52 53 54 | 610 Gerry 731 Curran 512 Robert 781 McNutt 772 Allen 673 David 395 john 711 Todd 629 David 132 Vince 95 Roberta 459 Thomas | Coy Ray Wilson Charles David Turtle mcguigan Travis Gray Buchan Dornan Moore | M M M M M M M M M M M M M M M M M M M | 50+ 55+ 50+ 40+ 50+ open 35+ open 40+ 35+ 40+ | North Down AC Ballymena Runners Willowfield Harriers Albertville Harriers Seapark AC North Belfast Harriers north belfast harriers Springwell Runners | 38:55 38:56 38:57 39:01 39:15 39:19 39:22 39:27 39:28 39:32 39:33 39:40 | 19:03 19:05 19:03 18:32 18:45 18:45 19:40 19:40 18:55 18:55 19:17 | 19:52 19:52 19:54 20:30 20:30 20:35 19:42 19:47 20:34 20:38 20:17 20:25 | 7 1 8 6 9 18 3 19 20 7 | 41 42 43 44 45 46 47 48 49 50 4 |

| 58 | 630 Andrew | Acheson | M | open | Orangegrove AC | 39:55 | 19:52 | 20:04 | 22 | 54 |
|-----------|---------------|-----------|---|------|------------------------|--------------|-------|-------|----|----|
| 59 | 810 McCaul | Samuel | M | open | | 39:59 | 19:47 | 20:12 | 23 | 55 |
| 60 | 809 McDowell | Mark | M | 35+ | East Down AC | 40:02 | 19:26 | 20:36 | 5 | 56 |
| 61 | 603 Rona | Harkens | F | 40+ | Lagan Valley | 40:03 | 19:39 | 20:24 | 1 | 5 |
| 62 | 492 Nigel | Davidson | M | 35+ | Sperrin Harriers | 40:04 | 19:41 | 20:23 | 6 | 57 |
| 63 | 574 George | Wilson | M | 50+ | | 40:20 | 19:41 | 20:40 | 10 | 58 |
| 64 | 177 Gareth | Ridgway | M | 35+ | | 40:28 | 19:45 | 20:43 | 7 | 59 |
| 65 | 724 Holland | Matthew | M | open | Seapark AC | 40:32 | 19:16 | 21:16 | 24 | 60 |
| 66 | 359 lan | Farr | M | 40+ | Orangegrove AC | 40:38 | 19:52 | 20:46 | 9 | 61 |
| 67 | 105 mark | mcfeeters | M | open | | 40:41 | 19:53 | 20:49 | 25 | 62 |
| 68 | 345 Scott | Henderson | M | open | Banbridge AC | 40:41 | 19:41 | 21:01 | 26 | 63 |
| 69 | 324 Seamus | Linden | M | 40+ | Lunchtime Legends | 40:54 | 19:53 | 21:02 | 10 | 64 |
| 70 | 258 Jessica | Craig | F | open | North Down AC | <i>40:57</i> | 19:29 | 21:28 | 4 | 6 |
| 71 | 660 Michael | Aumonier | M | open | | 41:05 | 19:22 | 21:43 | 27 | 65 |
| 72 | 228 Darren | Hamilton | M | 35+ | | 41:13 | 20:00 | 21:14 | 8 | 66 |
| 73 | 584 Michael | Mclarnon | M | open | Lisburn AC | 41:14 | 19:57 | 21:18 | 28 | 67 |
| 74 | 290 Derek | Prentice | M | 50+ | | 41:19 | 20:07 | 21:12 | 11 | 68 |
| 75 | 545 Paul | Tilson | M | 40+ | larne a c | 41:21 | 20:19 | 21:03 | 11 | 69 |
| 76 | 287 THOMAS | MCCORRY | M | 35+ | | 41:31 | 20:09 | 21:22 | 9 | 70 |
| 77 | 279 Andrew | Muir | M | open | North Down AC | 41:32 | 20:19 | 21:14 | 29 | 71 |
| 78 | 688 Caolan | Crawford | M | open | | 41:32 | 20:03 | 21:30 | 30 | 72 |
| <i>79</i> | 330 debbie | matchett | F | 45+ | North Down AC | 41:35 | 20:04 | 21:31 | 1 | 7 |
| 80 | 410 Kent | Swann | M | open | | 41:41 | 19:52 | 21:49 | 31 | 73 |
| 81 | 484 Trevor | Dallas | M | 50+ | Sperrin Harriers | 41:41 | 20:32 | 21:10 | 12 | 74 |
| 82 | 310 joe | norney | M | open | | 41:51 | 20:12 | 21:39 | 32 | 75 |
| 83 | 153 Louise | Smith | F | 40+ | North Belfast Harriers | 41:59 | 20:16 | 21:44 | 2 | 8 |
| 84 | 615 Quinn | Paul | M | open | | 42:05 | 20:30 | 21:36 | 33 | 76 |
| 85 | 171 PAUL | ANDERSON | M | 40+ | Banbridge AC | 42:09 | 20:17 | 21:52 | 12 | 77 |
| 86 | 789 Mawhinney | Norman | M | 50+ | East Down AC | 42:17 | 20:06 | 22:12 | 13 | 78 |
| 87 | 292 Ivan | Prue | M | 35+ | Up and Runners | 42:26 | 20:32 | 21:54 | 10 | 79 |
| 88 | 792 Speirs | Irwin | M | 60+ | Sperrin Harriers | 42:31 | 20:20 | 22:11 | 1 | 80 |

| 89 | 252 Claire | Prenter | F | open | North Belfast Harriers | 42:33 | 20:49 | 21:44 | 5 | 9 |
|-----|---------------|------------|---|-------------|------------------------|-------|-------|-------|----|-----|
| 90 | 716 McKeown | Michael | М | 45+ | | 42:35 | 20:51 | 21:44 | 11 | 81 |
| 91 | 127 Francis | Boal | М | 60+ | Lagan Valley | 42:39 | 20:48 | 21:52 | 2 | 82 |
| 92 | 207 ian | campton | М | 45+ | | 42:43 | 21:00 | 21:43 | 12 | 83 |
| 93 | 349 David | McKeague | М | open | | 42:45 | 20:49 | 21:57 | 34 | 84 |
| 94 | 773 Robinson | Ali | F | <i>35</i> + | North Down AC | 42:50 | 20:39 | 22:12 | 2 | 10 |
| 95 | 654 Andrew | McCreadie | М | open | | 42:57 | | 43:09 | 35 | 85 |
| 96 | 408 Jim | Walker | М | 50+ | East Antrim Harriers | 43:00 | 21:00 | 22:01 | 14 | 86 |
| 97 | 507 Heather | Mc larnon | F | open | City of Lisburn AC | 43:01 | 20:32 | 22:29 | 6 | 11 |
| 98 | 531 Jonathan | Gibson | М | open | | 43:13 | 21:18 | 21:56 | 36 | 87 |
| 99 | 27 David | Stewart | М | 50+ | Murlough AC | 43:14 | 21:26 | 21:48 | 15 | 88 |
| 100 | 549 Ciaran | Wright | М | open | | 43:16 | 21:19 | 21:58 | 37 | 89 |
| 101 | 819 Hughes | Kenneth | М | 50+ | | 43:31 | 20:55 | 22:36 | 16 | 90 |
| 102 | 641 Nick | Irvine | M | open | North Down AC | 43:35 | 20:46 | 22:49 | 38 | 91 |
| 103 | 532 Fiona | Johnston | F | 40+ | Up and Runners | 43:40 | 21:09 | 22:32 | 3 | 12 |
| 104 | 713 McCaffrey | Seamus | М | 55+ | | 43:43 | 21:43 | 22:01 | 2 | 92 |
| | 717 Shields | Mark | М | 45+ | | 43:43 | 20:41 | 23:02 | 13 | 93 |
| 106 | 720 Rice | Cathy | F | open | | 43:43 | 21:43 | 22:01 | 7 | 13 |
| 107 | 72 mark | taylor | М | 40+ | | 43:48 | 21:36 | 22:13 | 13 | 94 |
| 108 | 333 LORRAINE | MCCONVILLE | F | 40+ | | 43:50 | 21:39 | 22:12 | 4 | 14 |
| 109 | 335 LONG | NEIL | M | 35+ | | 43:50 | 21:38 | 22:12 | 11 | 95 |
| 110 | 378 Louise | Robinson | F | open | | 43:52 | 20:54 | 22:59 | 8 | 15 |
| | 120 Darrell | Phillips | М | 40+ | | 43:55 | 20:40 | 23:16 | 14 | 96 |
| | 795 Denvir | Cheryl | F | 35+ | East Down AC | 44:03 | 21:33 | 22:30 | 3 | 16 |
| 113 | | Drain | М | 40+ | | 44:06 | 21:44 | 22:23 | 15 | 97 |
| 114 | | Brennan | М | 45+ | Larne AC | 44:08 | 21:07 | 23:01 | 14 | 98 |
| 115 | 452 Tom | Corke | М | open | | 44:16 | 21:50 | 22:26 | 39 | 99 |
| 116 | • | watt | М | open | | 44:20 | 21:06 | 23:14 | 40 | 100 |
| 117 | | McCully | М | open | | 44:23 | 20:55 | 23:29 | 41 | 101 |
| | 116 KEVIN | MCVEIGH | М | 45+ | | 44:28 | 21:52 | 22:36 | 15 | 102 |
| 119 | 104 Andrew | Stephens | М | open | | 44:38 | 22:22 | 22:16 | 42 | 103 |

| 120 | | | | | | | | | | |
|-----|-------------------|------------|---|-------------|----------------------|-------|-------|--------------|----|-----|
| 120 | 776 Watkins | David | M | 40+ | | 44:43 | 21:35 | 23:09 | 16 | 104 |
| 121 | 560 Mark | McCullough | Μ | open | Banbridge AC | 44:46 | 21:15 | 23:31 | 43 | 105 |
| 122 | 598 Alan | Ross | M | 45+ | | 44:47 | 22:21 | 22:26 | 16 | 106 |
| 123 | 806 Simpson | Thomas | M | open | | 44:48 | 23:24 | 21:24 | 44 | 107 |
| 124 | 216 Jonny | Kinney | M | 40+ | | 44:49 | 21:23 | 23:26 | 17 | 108 |
| 125 | 261 Tim | Wallace | M | 40+ | | 44:49 | 21:24 | 23:25 | 18 | 109 |
| 126 | 557 stephen | turner | M | 45+ | | 44:51 | 21:53 | 22:59 | 17 | 110 |
| 127 | 577 Colin | Drain | M | open | | 44:51 | 22:19 | 22:32 | 45 | 111 |
| 128 | 465 joseph Gerard | mc callion | M | 50+ | | 44:54 | 22:00 | 22:55 | 17 | 112 |
| 129 | 666 Phillip | McComb | M | 35+ | | 44:54 | 22:02 | 22:53 | 12 | 113 |
| 130 | 133 gary | tweedie | M | 35+ | | 44:56 | 22:37 | 22:20 | 13 | 114 |
| 131 | 145 Colin | Leonard | M | open | | 44:56 | 22:12 | 22:44 | 46 | 115 |
| 132 | 360 Valerie | McDonough | F | 40+ | North Down AC | 44:57 | 22:01 | 22:56 | 5 | 17 |
| 133 | 161 Philip | Brines | М | 50+ | | 45:00 | 22:08 | 22:53 | 18 | 116 |
| 134 | 671 Fred | Murdoch | M | <i>65</i> + | North Down AC | 45:01 | 22:07 | <i>22:55</i> | 1 | 117 |
| 135 | 426 Stephen | Hewitt | M | open | | 45:04 | 21:57 | 23:08 | 47 | 118 |
| 136 | 588 Gareth | Dickson | M | 35+ | | 45:07 | 21:26 | 23:42 | 14 | 119 |
| 137 | 604 Elizabeth | Dawson | F | open | | 45:07 | 21:34 | 23:33 | 9 | 18 |
| 138 | 392 Jim | Hughes | M | 50+ | Beechmount Harriers | 45:17 | 22:15 | 23:02 | 19 | 120 |
| 139 | 485 adrian | brennan | M | 40+ | | 45:17 | 22:35 | 22:42 | 19 | 121 |
| 140 | 736 McGrath | Julian | M | 35+ | | 45:18 | 22:22 | 22:56 | 15 | 122 |
| 141 | 760 McConnell | Samuel | M | 45+ | | 45:18 | 22:57 | 22:21 | 18 | 123 |
| | 130 Helen | Weir | F | 35+ | | 45:20 | 21:56 | 23:25 | 4 | 19 |
| 143 | 581 William | Martin | M | open | | 45:25 | 22:37 | 22:49 | 48 | 124 |
| 144 | 483 Kyle | Morton | M | open | | 45:30 | 22:24 | 23:06 | 49 | 125 |
| 145 | 446 Bryan | Nixon | M | open | | 45:31 | 22:21 | 23:11 | 50 | 126 |
| 146 | 184 Philip | Haslett | M | 45+ | Albertville Harriers | 45:33 | 21:54 | 23:40 | 19 | 127 |
| | | Young | M | 35+ | | 45:39 | 22:21 | 23:19 | 16 | 128 |
| 148 | 626 Andrew | Mackenzie | M | 35+ | | 45:47 | 21:52 | 23:56 | 17 | 129 |
| | 176 Jonathan | Wylie | M | 35+ | | 45:51 | 23:03 | 22:49 | 18 | 130 |
| 150 | 297 lan | Cusin | M | 45+ | | 45:54 | 22:28 | 23:26 | 20 | 131 |
| | 469 Graeme | Bennett | М | open | | 45:54 | 22:19 | 23:36 | 51 | 132 |

| 152 | 652 Ryan | McNarry | М | open | | 45:56 | 22:20 | 23:37 | 52 | 133 |
|-----|------------------|-------------|---|------|---------------------|-------|-------|-------|----|-----|
| 153 | 813 Donal | Graham | М | 50+ | | 45:56 | 22:13 | 23:43 | 20 | 134 |
| 154 | 302 ralph denis | bleakley | М | open | | 45:58 | 23:23 | 22:36 | 53 | 135 |
| 155 | 742 Drennan | Peter | М | 35+ | | 46:03 | 22:28 | 23:35 | 19 | 136 |
| 156 | 340 stephen | watterson | М | 45+ | | 46:04 | 22:34 | 23:31 | 21 | 137 |
| 157 | 328 Lindsay | Doulton | F | open | North Down AC | 46:06 | 22:27 | 23:39 | 10 | 20 |
| 158 | 611 GAVIN | BULL | М | 35+ | | 46:09 | 22:42 | 23:28 | 20 | 138 |
| 159 | 245 Aaron | Mc Williams | М | open | | 46:10 | 22:49 | 23:22 | 54 | 139 |
| 160 | 190 Gavin | Campbell | М | open | Ballyholme Striders | 46:11 | 22:42 | 23:29 | 55 | 140 |
| 161 | 790 Ward | John | M | 45+ | | 46:11 | 23:22 | 22:50 | 22 | 141 |
| 162 | 321 Charles | Breen | M | 40+ | | 46:16 | 22:29 | 23:47 | 20 | 142 |
| 163 | 780 Scott | Jeff | М | open | | 46:17 | 23:10 | 23:08 | 56 | 143 |
| 164 | 83 thomas | carson | М | 40+ | | 46:21 | 21:47 | 24:34 | 21 | 144 |
| 165 | 562 Gary | Henderson | M | 45+ | Banbridge AC | 46:25 | 22:26 | 23:59 | 23 | 145 |
| 166 | 262 david | mcbride | М | 35+ | | 46:27 | 23:02 | 23:26 | 21 | 146 |
| 167 | 758 Bennett | Gary | M | 45+ | | 46:28 | 22:23 | 24:06 | 24 | 147 |
| 168 | 608 David Norman | Geary | М | 50+ | | 46:29 | 23:14 | 23:15 | 21 | 148 |
| 169 | 665 Neill | Ritchie | M | 35+ | | 46:29 | 23:44 | 22:45 | 22 | 149 |
| 170 | 443 andrew | watson | М | 35+ | city of lisburn AC | 46:32 | 22:26 | 24:06 | 23 | 150 |
| 171 | 42 Debbie | Mingout | F | 35+ | | 46:36 | 22:56 | 23:40 | 5 | 21 |
| 172 | 416 ROBERT | LYLE | М | 50+ | | 46:38 | 24:16 | 22:22 | 22 | 151 |
| 173 | 96 Andrea | Heslip | F | 35+ | Banbridge A.C | 46:43 | 22:41 | 24:03 | 6 | 22 |
| 174 | 347 Chris | McIvor | M | 35+ | | 46:44 | 22:27 | 24:18 | 24 | 152 |
| 175 | 522 Chris | Downey | М | open | | 46:45 | 22:46 | 24:00 | 57 | 153 |
| 176 | 621 Tim | Cooke | M | open | | 47:04 | 23:07 | 23:57 | 58 | 154 |
| 177 | 771 Dunn | Sam | M | 55+ | | 47:05 | 23:12 | 23:54 | 3 | 155 |
| 178 | 706 Chivers | Steven | F | open | | 47:06 | 24:01 | 23:06 | 11 | 23 |
| 179 | 278 Scott | Harbinson | М | 35+ | | 47:07 | 24:41 | 22:27 | 25 | 156 |
| 180 | 87 Ashley | Green | М | 35+ | | 47:09 | 23:15 | 23:55 | 26 | 157 |
| 181 | | miller | М | 35+ | | 47:09 | 22:56 | 24:13 | 27 | 158 |
| 182 | 753 Barry | Patrick | М | open | | 47:11 | 23:23 | 23:48 | 59 | 159 |
| | | | | | | | | | | |

| 183 | 119 pete | mccanny | М | 45+ | | 47:13 | 23:16 | 23:57 | 25 | 160 |
|-----|----------------|-----------|---|------|---------------------|--------------|-------|--------------|----|-----|
| 184 | 427 Kerry | Fokkens | F | 40+ | | 47:13 | 23:05 | 24:09 | 6 | 24 |
| 185 | 131 Stuart | Irvine | М | 35+ | | 47:14 | 22:22 | 24:52 | 28 | 161 |
| 186 | 432 Janice | Reid | F | 45+ | Dromore AC | 47:14 | 23:02 | 24:12 | 2 | 25 |
| 187 | 597 Paul | Williams | F | 45+ | | 47:14 | 23:14 | 24:01 | 3 | 26 |
| 188 | 460 Leann | Gibson | F | open | Orangegrove AC | 47:16 | 23:15 | 24:01 | 12 | 27 |
| 189 | 178 Damien | Burke | М | open | | 47:17 | 22:55 | 24:22 | 60 | 162 |
| 190 | 793 Strickland | Fred | М | 65+ | Ballydrain Harriers | 47:18 | 23:44 | 23:35 | 2 | 163 |
| 191 | 550 Daniel | Watson | М | open | | 47:19 | 24:03 | 23:17 | 61 | 164 |
| 192 | 433 Wendy | Fleming | F | open | Dromore AC | 47:22 | 23:02 | 24:21 | 13 | 28 |
| 193 | 289 roger | nicholson | М | 45+ | | 47:24 | 23:17 | 24:08 | 26 | 165 |
| 194 | 815 Watterson | Aaron | М | open | | 47:27 | 24:01 | 23:26 | 62 | 166 |
| 195 | 722 Sevastaki | Athanasia | F | 35+ | | 47:28 | 23:29 | 23:59 | 7 | 29 |
| 196 | 759 Edge | James | М | 55+ | | 47:31 | 23:08 | 24:24 | 4 | 167 |
| 197 | 640 Louise | Lemon | F | open | Orangegrove AC | 47:32 | 23:15 | 24:18 | 14 | 30 |
| 198 | 734 Buchanan | Richard | М | 45+ | | 47:34 | 23:53 | 23:42 | 27 | 168 |
| 199 | 763 Spencer | Des | М | 40+ | | 47:39 | 23:16 | 24:23 | 22 | 169 |
| 200 | 702 Alexander | Julie | F | 35+ | | 47:40 | 23:05 | 24:35 | 8 | 31 |
| 201 | 757 Cleland | lan | М | open | | 47:42 | 23:35 | 24:07 | 63 | 170 |
| 202 | 633 David | Savage | М | 45+ | | 47:44 | 24:06 | 23:39 | 28 | 171 |
| 203 | 230 RICHARD | HAND | М | 45+ | | 47:45 | 24:06 | 23:39 | 29 | 172 |
| 204 | 18 Kelly | Courtney | F | open | | 47:48 | 22:51 | 24:58 | 15 | 32 |
| 205 | 272 Michael | McCoy | М | 60+ | | 47:49 | 23:21 | 24:29 | 3 | 173 |
| 206 | 308 John | McGarvey | M | open | North Down Ac | <i>47:50</i> | 22:58 | 24:53 | 64 | 174 |
| 207 | 535 Ryan | McClure | М | open | | 47:56 | 24:10 | 23:46 | 65 | 175 |
| 208 | 229 Michael | Graham | М | open | | 48:04 | 23:20 | 24:45 | 66 | 176 |
| 209 | 524 Adam | Bober | М | open | | 48:07 | 24:58 | 23:10 | 67 | 177 |
| 210 | 644 edward | Hedley | М | open | | 48:08 | 22:24 | 25:44 | 68 | 178 |
| 211 | 387 Richard | Fleming | М | open | | 48:09 | 22:38 | 25:31 | 69 | 179 |
| 212 | 547 ROBBIE | MOORE | М | 35+ | | 48:09 | 22:36 | 25:34 | 29 | 180 |
| 213 | 384 simon | willis | М | 35+ | | 48:14 | 23:43 | 24:32 | 30 | 181 |
| 214 | 247 Peter | Ferguson | М | open | | 48:16 | 23:09 | 25:07 | 70 | 182 |
| | | | | | | | | | | |

| 215 | 487 Paul G | O'Hare | M | 45+ | NICS AC | 48:17 | 23:56 | 24:22 | 30 | 183 |
|-----|-------------------|-----------|---|------|--------------------------|-------|-------|--------------|----|-----|
| 216 | 743 Scott | Sarah | F | open | | 48:18 | 23:47 | 24:32 | 16 | 33 |
| 217 | 582 edward | salmon | M | 40+ | | 48:19 | 23:43 | 24:36 | 23 | 184 |
| 218 | 791 McGimpsey | Steven | M | open | | 48:21 | 24:33 | 23:48 | 71 | 185 |
| 219 | 339 Michael | Honeyman | M | 45+ | | 48:22 | 24:05 | 24:17 | 31 | 186 |
| 220 | 276 elizabeth | leitch | F | 40+ | Orangegrove AC | 48:24 | 23:58 | 24:27 | 7 | 34 |
| 221 | 692 Benjamin Mark | Patterson | M | open | | 48:25 | 23:02 | 25:23 | 72 | 187 |
| 222 | 152 Paula | Jackson | F | 35+ | North Belfast Harriers | 48:29 | 23:15 | 25:15 | 9 | 35 |
| 223 | 205 Geoff | Dickson | M | open | | 48:32 | 23:27 | 25:05 | 73 | 188 |
| 224 | 7 Samuel | Pritchard | M | 40+ | | 48:38 | 23:01 | 25:38 | 24 | 189 |
| 225 | 379 Kevin | Corrigan | M | 35+ | Murlough AC | 48:43 | 23:58 | 24:45 | 31 | 190 |
| 226 | 521 MERVYN | THOMPSON | M | 40+ | SPRINGWELL RC | 48:44 | 24:26 | 24:18 | 25 | 191 |
| 227 | 477 Michael Colum | Heaney | M | 45+ | | 48:51 | 24:40 | 24:12 | 32 | 192 |
| 228 | 418 Andrew | Evans | M | open | | 48:52 | 23:58 | 24:54 | 74 | 193 |
| 229 | 92 David | Carton | M | 45+ | Springwell RC | 48:53 | 24:53 | 24:00 | 33 | 194 |
| 230 | 319 Michael | Graham | M | 35+ | | 48:53 | 23:10 | 25:44 | 32 | 195 |
| 231 | 481 conor | mclean | M | open | | 48:53 | 24:00 | 24:53 | 75 | 196 |
| 232 | 607 david | carvill | M | open | | 48:54 | 23:44 | 25:10 | 76 | 197 |
| 233 | 286 JARLATH | RODGERS | M | 40+ | | 48:56 | 22:21 | 26:36 | 26 | 198 |
| 234 | 172 Darren | Moan | M | 40+ | CIYMS AC | 48:57 | 24:01 | 24:56 | 27 | 199 |
| 235 | 587 Andrew | Allen | M | 40+ | | 48:57 | 24:25 | 24:32 | 28 | 200 |
| 236 | 456 JOHN | WILKINS | M | open | | 48:58 | 25:13 | 23:46 | 77 | 201 |
| 237 | 317 claire | scott | F | 35+ | peninsula triathlon club | 49:00 | 23:17 | 25:43 | 10 | 36 |
| 238 | 705 Natovv | Moses | M | 35+ | | 49:04 | 24:21 | 24:44 | 33 | 202 |
| 239 | 294 Simon | Nelson | M | 40+ | | 49:08 | 24:23 | 24:46 | 29 | 203 |
| 240 | 505 Desi | Campbell | M | 35+ | | 49:08 | 24:23 | 24:46 | 34 | 204 |
| 241 | 343 Trevor | Morrison | M | 50+ | | 49:15 | 23:51 | 25:25 | 23 | 205 |
| 242 | 649 Shane | Logan | M | 45+ | North Down AC | 49:15 | 24:04 | 25:12 | 34 | 206 |
| 243 | 453 Reid | Stephen | M | open | | 49:17 | 24:09 | 25:08 | 78 | 207 |
| 244 | 684 Adam | Crawford | M | open | | 49:18 | 23:49 | 25:30 | 79 | 208 |
| 245 | 680 Craig | Burton | M | open | | 49:19 | 23:49 | 25:30 | 80 | 209 |
| 246 | 761 Hammond | James | M | open | North Down AC | 49:19 | 23:50 | <i>25:30</i> | 81 | 210 |

| 248 39 Gary Lawther M 50+ 49:29 24:41 24:88 24 211 249 571 Brendan Miskelly M 35+ 49:33 24:51 24:42 35 212 250 803 Robson Allen M 40+ 49:35 24:36 25:00 25 214 251 472 Kevin Mawhinney M 50+ 49:35 24:36 25:00 25 214 252 679 Alexander Blackstock M 60+ dub runners 49:35 24:32 25:03 4 215 253 786 Molloy Joe M 35+ 49:36 24:59 24:38 36 216 254 470 Keith Gilmore M open North Down AC 49:38 25:03 24:35 82 217 255 156 Keith McDaid M 40+ 49:41 23:59 25:42 31 218 256 15 Keith | 247 | 73 judith | taylor | F | 40+ | | 49:25 | 23:22 | 26:03 | 8 | 37 |
|--|-----|------------------|-----------|---|------|----------------------|-------|-------|-------|----|-----|
| 249 571 Brendan Miskelly M 35+ 49:33 24:51 24:42 35 212 250 803 Robson Allen M 40+ 49:33 24:29 25:04 30 213 251 472 Kevin Mawhinney M 50+ 49:35 24:36 25:00 25 214 252 679 Alexander Blackstock M 60+ dub runners 49:35 24:32 25:03 4 215 253 786 Molloy Joe M 35+ 49:36 24:59 24:38 36 216 254 470 Keith Gilmore M open North Down AC 49:40 24:16 25:24 17 38 256 15 Keith McDaid M 40+ 49:41 23:59 25:42 31 218 257 441 Christopher Bryson M 40+ 49:44 25:01 24:44 32 219 258 543 Lyndsey Pronger | | • | • | | | | | | | | |
| 250 803 Robson Allen M 40+ 49:33 24:29 25:04 30 213 251 472 Kevin Mawhinney M 50+ 49:35 24:36 25:00 25 214 252 679 Alexander Blackstock M 60+ dub runners 49:35 24:32 25:03 4 215 253 786 Molloy Joe M 35+ 49:36 24:59 24:38 36 216 254 470 Keith Glimore M open North Down AC 49:40 24:16 25:24 17 38 256 15 Keith McDaid M 40+ 49:40 24:16 25:24 11 38 256 15 Keith McDaid M 40+ 49:40 24:16 25:24 31 218 257 441 Christopher Bryson M 40+ 49:44 25:01 24:44 32 219 258 54 | | • | | | | | | | | | |
| 251 472 Kevin Mawhinney M 50+ 49:35 24:36 25:00 25 214 252 679 Alexander Blackstock M 60+ dub runners 49:35 24:32 25:03 4 215 253 786 Molloy Joe M 35+ 49:36 24:59 24:38 36 216 254 470 Keith Gilmore M open 49:38 25:03 24:35 82 217 255 150 Andrea Thompson F open North Down AC 49:40 24:16 25:24 17 38 256 15 Keith McDaid M 40+ 49:41 23:59 25:42 31 218 257 441 Christopher Bryson M 40+ 49:44 25:01 24:44 32 219 258 543 Lyndsey Pronger F open 49:44 25:01 24:44 32 219 259 548 Ricky Sharpe M open 49:53 24:59 24:57 33< | | | • | | | | | | | | |
| 252 679 Alexander Blackstock M 60+ dub runners 49:35 24:32 25:03 4 215 253 786 Molloy Joe M 35+ 49:36 24:59 24:38 36 216 254 470 Keith Gilmore M open 49:38 25:03 24:35 82 217 255 150 Andrea Thompson F open North Down AC 49:40 24:16 25:24 17 38 256 15 Keith McDaid M 40+ 49:41 23:59 25:42 31 218 257 441 Christopher Bryson M 40+ 49:44 25:01 24:44 32 219 258 543 Lyndsey Pronger F open 49:45 24:28 25:17 18 39 259 548 Ricky Sharpe M open 49:53 26:05 23:49 83 220 260 | | | | | | | | | | | |
| 253 786 Molloy Joe M 35+ 49:36 24:59 24:38 36 216 254 470 Keith Gilmore M open Morth Down AC 49:38 25:03 24:35 82 217 255 15 Keith McDaid M 40+ 49:40 24:16 25:24 17 38 256 15 Keith McDaid M 40+ 49:41 23:59 25:42 31 218 257 441 Christopher Bryson M 40+ 49:44 25:01 24:44 32 219 258 543 Lyndsey Pronger F open 49:45 24:28 25:17 18 39 259 548 Ricky Sharpe M open 49:53 26:05 23:49 83 220 260 323 mark mcintyre M 40+ Peninsula Triathlon 49:56 24:39 25:24 3 22 261 661 Paul Agnew M 50+ 49:58 24:24 25:37 33 | | | • | | | dub runners | | | | | |
| 254 470 Keith Gilmore M open 49:38 25:03 24:35 82 217 255 150 Andrea Thompson F open North Down AC 49:40 24:16 25:24 17 38 256 15 Keith McDaid M 40+ 49:41 23:59 25:42 31 218 257 441 Christopher Bryson M 40+ 49:44 25:01 24:44 32 219 258 543 Lyndsey Pronger F open 49:45 24:28 25:17 18 39 259 548 Ricky Sharpe M open 49:53 26:05 23:49 83 220 260 323 mark mcintyre M 40+ Peninsula Triathlon 49:56 24:59 24:57 33 221 261 661 Paul Agnew M 50+ 49:58 24:24 25:34 26 222 262 | | | | | | | | | | | |
| 255 150 Andrea Thompson F open North Down AC 49:40 24:16 25:24 17 38 256 15 Keith McDaid M 40+ 49:41 23:59 25:42 31 218 257 441 Christopher Bryson M 40+ 49:44 25:01 24:44 32 219 258 543 Lyndsey Pronger F open 49:45 24:28 25:17 18 39 259 548 Ricky Sharpe M open 49:53 26:05 23:49 83 220 260 323 mark mcintyre M 40+ Peninsula Triathlon 49:56 24:59 24:57 33 221 261 1661 Paul Agnew M 50+ 49:58 24:24 25:34 26 222 262 185 Henry Johnston M 60+ 50:03 24:39 25:24 5 223 263 | | , | | | | | | | | | |
| 256 15 Keith McDaid M 40+ 49:41 23:59 25:42 31 218 257 441 Christopher Bryson M 40+ 49:44 25:01 24:44 32 219 258 543 Lyndsey Pronger F open 49:45 24:28 25:17 18 39 259 548 Ricky Sharpe M open 49:53 26:05 23:49 83 220 260 323 mark mcintyre M 40+ Peninsula Triathlon 49:56 24:59 24:57 33 221 261 661 Paul Agnew M 50+ 49:58 24:24 25:34 26 222 262 185 Henry Johnston M 60+ 50:03 24:39 25:24 5 223 263 138 Mark Bell M open 50:06 25:23 <t< th=""><th></th><th></th><th></th><th></th><th>•</th><th>North Down AC</th><th></th><th></th><th></th><th></th><th></th></t<> | | | | | • | North Down AC | | | | | |
| 257 441 Christopher Bryson M 40+ 49:44 25:01 24:44 32 219 258 543 Lyndsey Pronger F open 49:45 24:28 25:17 18 39 259 548 Ricky Sharpe M open 49:53 26:05 23:49 83 220 260 323 mark mcintyre M 40+ Peninsula Triathlon 49:56 24:59 24:57 33 221 261 661 Paul Agnew M 50+ 49:58 24:24 25:34 26 222 262 185 Henry Johnston M 60+ 50:03 24:39 25:24 5 23 263 138 Mark Bell M open 50:06 25:23 24:44 84 224 264 381 stephen mulvenna M 45+ 50:07 24:55 25:12 35 225 265 189 Paul Myatt M 45+ 50:10 24:46 25:24 36 226 | 256 | 15 Keith | <u> </u> | M | • | | 49:41 | 23:59 | 25:42 | 31 | 218 |
| 258 543 Lyndsey Pronger F open 49:45 24:28 25:17 18 39 259 548 Ricky Sharpe M open 49:53 26:05 23:49 83 220 260 323 mark mcintyre M 40+ Peninsula Triathlon 49:56 24:59 24:57 33 221 261 661 Paul Agnew M 50+ 49:58 24:24 25:34 26 222 262 185 Henry Johnston M 60+ 50:03 24:39 25:24 5 223 263 138 Mark Bell M open 50:06 25:23 24:44 84 224 264 381 stephen mulvenna M 45+ 50:07 24:55 25:12 35 225 265 189 Paul Myatt M 45+ 50:10 24:46 25:24 36 226 266 480 martin McLean M 40+ 50:12 24:53 25:20 34 228 < | 257 | 441 Christopher | | М | 40+ | | 49:44 | | | | 219 |
| 259 548 Ricky Sharpe M open 49:53 26:05 23:49 83 220 260 323 mark mcintyre M 40+ Peninsula Triathlon 49:56 24:59 24:57 33 221 261 661 Paul Agnew M 50+ 49:58 24:24 25:34 26 222 262 185 Henry Johnston M 60+ 50:03 24:39 25:24 5 223 263 138 Mark Bell M open 50:06 25:23 24:44 84 224 264 381 stephen mulvenna M 45+ 50:07 24:55 25:12 35 225 265 189 Paul Myatt M 45+ 50:10 24:46 25:24 36 226 266 480 martin McLean M 40+ 50:11 24:23 25:48 85 227 267 158 Brian Bennett< | 258 | • | • | F | open | | 49:45 | | | 18 | 39 |
| 260 323 mark mcintyre M 40+ Peninsula Triathlon 49:56 24:59 24:57 33 221 261 661 Paul Agnew M 50+ 49:58 24:24 25:34 26 222 262 185 Henry Johnston M 60+ 50:03 24:39 25:24 5 223 263 138 Mark Bell M open 50:06 25:23 24:44 84 224 264 381 stephen mulvenna M 45+ 50:07 24:55 25:12 35 225 265 189 Paul Myatt M 45+ 50:10 24:46 25:24 36 226 266 480 martin McLean M open 50:11 24:23 25:48 85 227 267 158 Brian Bennett M 49+ 50:12 24:53 25:20 34 228 268 288 Mark Cavanagh M 49+ 50:13 26:18 23:55 35 229 <t< td=""><td>259</td><td>• •</td><td>Sharpe</td><td>М</td><td>open</td><td></td><td>49:53</td><td>26:05</td><td>23:49</td><td>83</td><td>220</td></t<> | 259 | • • | Sharpe | М | open | | 49:53 | 26:05 | 23:49 | 83 | 220 |
| 262 185 Henry Johnston M 60+ 50:03 24:39 25:24 5 223 263 138 Mark Bell M open 50:06 25:23 24:44 84 224 264 381 stephen mulvenna M 45+ 50:07 24:55 25:12 35 225 265 189 Paul Myatt M 45+ 50:10 24:46 25:24 36 226 266 480 martin McLean M open 50:11 24:23 25:48 85 227 267 158 Brian Bennett M 40+ 50:12 24:53 25:20 34 228 268 288 Mark Cavanagh M 40+ 50:13 26:18 23:55 35 229 269 380 Jamie Edmondson M open 50:15 24:02 26:13 86 230 270 232 Cecil Samuel Holmes M 60+ 50:16 23:54 26:23 19 40 272 | 260 | 323 mark | mcintyre | М | - | Peninsula Triathlon | 49:56 | 24:59 | 24:57 | 33 | 221 |
| 263 138 Mark Bell M open 50:06 25:23 24:44 84 224 264 381 stephen mulvenna M 45+ 50:07 24:55 25:12 35 225 265 189 Paul Myatt M 45+ 50:10 24:46 25:24 36 226 266 480 martin McLean M open 50:11 24:23 25:48 85 227 267 158 Brian Bennett M 40+ 50:12 24:53 25:20 34 228 268 288 Mark Cavanagh M 40+ 50:13 26:18 23:55 35 229 269 380 Jamie Edmondson M open 50:15 24:02 26:13 86 230 270 232 Cecil Samuel Holmes M 60+ 50:16 24:58 25:18 6 231 271 741 Evans jessica F open 50:20 24:38 25:42 36 232 273 | 261 | 661 Paul | Agnew | М | 50+ | | 49:58 | 24:24 | 25:34 | 26 | 222 |
| 264 381 stephen mulvenna M 45+ 50:07 24:55 25:12 35 225 265 189 Paul Myatt M 45+ 50:10 24:46 25:24 36 226 266 480 martin McLean M open 50:11 24:23 25:48 85 227 267 158 Brian Bennett M 40+ 50:12 24:53 25:20 34 228 268 288 Mark Cavanagh M 40+ 50:13 26:18 23:55 35 229 269 380 Jamie Edmondson M open 50:15 24:02 26:13 86 230 270 232 Cecil Samuel Holmes M 60+ 50:16 24:58 25:18 6 231 271 741 Evans jessica F open 50:16 23:54 26:23 19 40 272 84 andy pearson M 40+ 50:20 24:38 25:42 36 232 273 | 262 | 185 Henry | Johnston | M | 60+ | | 50:03 | 24:39 | 25:24 | 5 | 223 |
| 265 189 Paul Myatt M 45+ 50:10 24:46 25:24 36 226 266 480 martin McLean M open 50:11 24:23 25:48 85 227 267 158 Brian Bennett M 40+ 50:12 24:53 25:20 34 228 268 288 Mark Cavanagh M 40+ 50:13 26:18 23:55 35 229 269 380 Jamie Edmondson M open 50:15 24:02 26:13 86 230 270 232 Cecil Samuel Holmes M 60+ 50:16 24:58 25:18 6 231 271 741 Evans jessica F open 50:16 23:54 26:23 19 40 272 84 andy pearson M 40+ 50:20 24:38 25:42 36 232 273 156 Ashley Cromie F 35+ 50:20 24:08 26:12 11 41 274 | 263 | 138 Mark | Bell | M | open | | 50:06 | 25:23 | 24:44 | 84 | 224 |
| 266 480 martin McLean MocLean MocCean MocLean | 264 | 381 stephen | mulvenna | M | 45+ | | 50:07 | 24:55 | 25:12 | 35 | 225 |
| 267 158 Brian Bennett M 40+ 50:12 24:53 25:20 34 228 268 288 Mark Cavanagh M 40+ 50:13 26:18 23:55 35 229 269 380 Jamie Edmondson M open 50:15 24:02 26:13 86 230 270 232 Cecil Samuel Holmes M 60+ 50:16 24:58 25:18 6 231 271 741 Evans jessica F open 50:16 23:54 26:23 19 40 272 84 andy pearson M 40+ 50:20 24:38 25:42 36 232 273 156 Ashley Cromie F 35+ 50:20 24:08 26:12 11 41 274 336 Duncan A W Morris M open 50:20 24:35 25:46 87 233 | 265 | 189 Paul | Myatt | M | 45+ | | 50:10 | 24:46 | 25:24 | 36 | 226 |
| 268 288 Mark Cavanagh M 40+ 50:13 26:18 23:55 35 229 269 380 Jamie Edmondson M open 50:15 24:02 26:13 86 230 270 232 Cecil Samuel Holmes M 60+ 50:16 24:58 25:18 6 231 271 741 Evans jessica F open 50:16 23:54 26:23 19 40 272 84 andy pearson M 40+ 50:20 24:38 25:42 36 232 273 156 Ashley Cromie F 35+ 50:20 24:38 26:12 11 41 274 336 Duncan A W Morris M open 50:20 24:35 25:46 87 233 | 266 | 480 martin | McLean | M | open | | 50:11 | 24:23 | 25:48 | 85 | 227 |
| 269 380 Jamie Edmondson M open 50:15 24:02 26:13 86 230 270 232 Cecil Samuel Holmes M 60+ 50:16 24:58 25:18 6 231 271 741 Evans jessica F open 50:16 23:54 26:23 19 40 272 84 andy pearson M 40+ 50:20 24:38 25:42 36 232 273 156 Ashley Cromie F 35+ 50:20 24:08 26:12 11 41 274 336 Duncan A W Morris M open 50:20 24:35 25:46 87 233 | 267 | 158 Brian | Bennett | M | 40+ | | 50:12 | 24:53 | 25:20 | 34 | 228 |
| 270 232 Cecil Samuel Holmes M 60+ 50:16 24:58 25:18 6 231 271 741 Evans jessica F open 50:16 23:54 26:23 19 40 272 84 andy pearson M 40+ 50:20 24:38 25:42 36 232 273 156 Ashley Cromie F 35+ 50:20 24:08 26:12 11 41 274 336 Duncan A W Morris M open 50:20 24:35 25:46 87 233 | 268 | 288 Mark | Cavanagh | M | 40+ | | 50:13 | 26:18 | 23:55 | 35 | 229 |
| 271 741 Evans jessica F open 50:16 23:54 26:23 19 40 272 84 andy pearson M 40+ 50:20 24:38 25:42 36 232 273 156 Ashley Cromie F 35+ 50:20 24:08 26:12 11 41 274 336 Duncan A W Morris M open 50:20 24:35 25:46 87 233 | 269 | 380 Jamie | Edmondson | M | open | | 50:15 | 24:02 | 26:13 | 86 | 230 |
| 272 84 andy pearson M 40+ 50:20 24:38 25:42 36 232 273 156 Ashley Cromie F 35+ 50:20 24:08 26:12 11 41 274 336 Duncan A W Morris M open 50:20 24:35 25:46 87 233 | 270 | 232 Cecil Samuel | Holmes | M | 60+ | | 50:16 | 24:58 | 25:18 | 6 | 231 |
| 273 156 Ashley Cromie F 35+ 50:20 24:08 26:12 11 41 274 336 Duncan A W Morris M open 50:20 24:35 25:46 87 233 | 271 | 741 Evans | jessica | F | open | | 50:16 | 23:54 | 26:23 | 19 | 40 |
| 274 336 Duncan A W Morris M open 50:20 24:35 25:46 87 233 | 272 | 84 andy | pearson | M | 40+ | | 50:20 | 24:38 | 25:42 | 36 | 232 |
| | 273 | 156 Ashley | Cromie | F | 35+ | | 50:20 | 24:08 | 26:12 | 11 | 41 |
| 275 50 Frank Dawson M 40+ 50:24 25:23 25:02 37 234 | 274 | 336 Duncan A W | Morris | M | open | | 50:20 | 24:35 | 25:46 | 87 | 233 |
| | 275 | 50 Frank | Dawson | M | 40+ | | 50:24 | 25:23 | 25:02 | 37 | 234 |
| 276 271 Hollie McKeown F open Willowfield Harriers 50:31 24:23 26:09 20 42 | 276 | 271 Hollie | McKeown | F | open | Willowfield Harriers | 50:31 | 24:23 | 26:09 | 20 | 42 |
| 277 182 Andrew Todd M open 50:33 25:56 24:38 88 235 | 277 | 182 Andrew | Todd | М | open | | 50:33 | 25:56 | 24:38 | 88 | 235 |

| 278 | 400 D : I | | | | | | | | | |
|-----|-----------------|------------|---|------|------------------------|--------------|-------|-------|----|-----|
| | 409 Daniel | Wilson | M | 40+ | | 50:33 | 25:00 | 25:33 | 38 | 236 |
| 279 | 668 Martin | Mawhinney | М | open | | 50:35 | 24:33 | 26:02 | 89 | 237 |
| 280 | 748 Hand | Mark | М | open | | 50:38 | 24:57 | 25:41 | 90 | 238 |
| 281 | 451 Aaron | Pyper | М | open | | 50:39 | 24:54 | 25:45 | 91 | 239 |
| 282 | 820 Gordon | Ryan | M | open | | 50:45 | 24:56 | 25:49 | 92 | 240 |
| 283 | 393 Lisa | Montgomery | F | open | County Antrim Harriers | 50:50 | 25:04 | 25:47 | 21 | 43 |
| 284 | 47 rachel | shields | F | open | | 50:51 | 25:52 | 24:59 | 22 | 44 |
| 285 | 424 Sarah | Cole | F | open | North Down AC | <i>50:53</i> | 24:32 | 26:22 | 23 | 45 |
| 286 | 682 George | McKee | М | 45+ | | 50:55 | 26:20 | 24:35 | 37 | 241 |
| 287 | 650 David John | Patterson | M | open | | 50:56 | 23:31 | 27:26 | 93 | 242 |
| 288 | 154 michael | scott | M | 50+ | | 50:58 | 25:41 | 25:17 | 27 | 243 |
| 289 | 691 Mark | Patterson | M | 40+ | | 51:02 | 24:15 | 26:48 | 39 | 244 |
| 290 | 295 ann | george | F | 50+ | murlough AC | 51:03 | 24:51 | 26:13 | 1 | 46 |
| 291 | 64 S | Mason | M | 40+ | | 51:05 | 24:37 | 26:29 | 40 | 245 |
| 292 | 449 Rose | McGovern | F | open | Seapark AC | 51:05 | 24:22 | 26:43 | 24 | 47 |
| 293 | 438 Mark | Hanna | М | 35+ | | 51:07 | 25:13 | 25:54 | 37 | 246 |
| 294 | 208 Claire | Ingram | F | open | | 51:11 | 25:01 | 26:11 | 25 | 48 |
| 295 | 637 Gerry | Mc Cabe | М | 60+ | | 51:11 | 25:19 | 25:52 | 7 | 247 |
| 296 | 67 Zoe | Magill | F | open | | 51:16 | 25:13 | 26:04 | 26 | 49 |
| 297 | 267 maureen | oliver | F | 50+ | dub runners of | 51:24 | 25:03 | 26:21 | 2 | 50 |
| 298 | 775 Irwin | Gary | M | 50+ | | 51:32 | 26:41 | 24:52 | 28 | 248 |
| 299 | 474 Barry | Coleman | М | 50+ | | 51:35 | 24:45 | 26:50 | 29 | 249 |
| 300 | 362 Pauline | Bishop | F | 40+ | | 51:36 | 26:47 | 24:50 | 9 | 51 |
| 301 | 363 NEIL | GRANT | M | open | | 51:37 | 26:47 | 24:50 | 94 | 250 |
| 302 | 233 Tom | Cavlert | М | open | | 51:39 | 26:31 | 25:09 | 95 | 251 |
| 303 | 19 LORNA | GILLILAND | F | open | | 51:41 | 25:51 | 25:50 | 27 | 52 |
| 304 | 136 Neil | Patterson | М | open | | 51:50 | 24:39 | 27:12 | 96 | 252 |
| 305 | 689 Norman | Bell | М | open | | 51:50 | 24:38 | 27:13 | 97 | 253 |
| 306 | 704 Juskys | Vitalijus | М | open | | 51:53 | 25:09 | 26:44 | 98 | 254 |
| 307 | 675 Lorna | Sims | F | 35+ | | 51:54 | 25:05 | 26:50 | 12 | 53 |
| 308 | 376 Shaun | Friel | М | 35+ | | 51:55 | 26:06 | 25:50 | 38 | 255 |
| 309 | 546 Paul Steven | Corthorn | М | 35+ | | 51:56 | 25:59 | 25:58 | 39 | 256 |

| 310 | 268 Kerry | Worthington | F | open | | 51:57 | 25:58 | 25:59 | 28 | 54 |
|-----|--------------|-------------|---|------|----------------|--------------|--------------|-------|-----|-----|
| 311 | 269 Morrow | Nicola | F | 35+ | | 51:57 | 25:58 | 26:00 | 13 | 55 |
| 312 | 341 jason | wright | M | 40+ | | 51:57 | 25:50 | 26:07 | 41 | 257 |
| 313 | 164 Neal | Skelton | M | 45+ | | 52:00 | 24:34 | 27:26 | 38 | 258 |
| 314 | 766 Collim | Ashleigh | F | open | | 52:00 | 25:38 | 26:22 | 29 | 56 |
| 315 | 85 Adrian | Clarke | M | open | | 52:02 | 25:17 | 26:45 | 99 | 259 |
| 316 | 151 Teddy | Pilgrim | M | open | | 52:03 | 25:57 | 26:07 | 100 | 260 |
| 317 | 342 Robert | Duncan | M | 35+ | | 52:03 | 23:49 | 28:14 | 40 | 261 |
| 318 | 372 Colin | Goudy | M | open | | 52:04 | 25:57 | 26:08 | 101 | 262 |
| 319 | 66 Raymond | Leitch | M | 35+ | | 52:06 | 24:03 | 28:04 | 41 | 263 |
| 320 | 425 scott | curran | M | 35+ | | 52:13 | 27:13 | 25:00 | 42 | 264 |
| 321 | 805 McNeill | Colm | M | 50+ | East Down AC | 52:13 | 25:12 | 27:02 | 30 | 265 |
| 322 | 166 Paul | Leckey | M | 45+ | | 52:16 | 26:29 | 25:48 | 39 | 266 |
| 323 | 361 Tanya | Farr | F | 40+ | Orangegrove AC | 52:17 | 25:49 | 26:29 | 10 | 57 |
| 324 | 348 Colin | Caldwell | M | 35+ | | 52:18 | 25:11 | 27:07 | 43 | 267 |
| 325 | 578 nigel | robinson | M | 45+ | | 52:22 | 26:59 | 25:24 | 40 | 268 |
| 326 | 52 Neil | Harris | M | open | | 52:25 | 25:29 | 26:57 | 102 | 269 |
| 327 | 23 marie | devine | F | 45+ | | <i>52:26</i> | 25:49 | 26:37 | 4 | 58 |
| 328 | 264 neil | totten | M | open | | 52:29 | 26:23 | 26:06 | 103 | 270 |
| 329 | 306 Gillian | Wilson | F | 35+ | | 52:30 | 26:17 | 26:13 | 14 | 59 |
| 330 | 316 Zara | Mulholland | F | open | North Down AC | 52:32 | <i>26:05</i> | 26:27 | 30 | 60 |
| 331 | 490 Roy | Sittlington | M | 45+ | | 52:33 | 25:22 | 27:12 | 41 | 271 |
| 332 | 478 lan | Ervine | M | 50+ | | 52:39 | 26:03 | 26:37 | 31 | 272 |
| 333 | 747 Phillips | Steven | M | 45+ | Fit n Running | 52:39 | 25:09 | 27:31 | 42 | 273 |
| 334 | 612 Alison | Quinn | F | open | | 52:47 | 26:19 | 26:28 | 31 | 61 |
| 335 | 141 Edwin | Coulter | M | 45+ | | 52:48 | 26:18 | 26:31 | 43 | 274 |
| 336 | 16 Deborah | McDaid | F | 35+ | | 52:50 | 25:06 | 27:44 | 15 | 62 |
| 337 | 337 Victoria | Walsh | F | open | | 52:50 | 25:18 | 27:32 | 32 | 63 |
| 338 | 744 Lambon | Sasha | F | 40+ | | 52:51 | 26:19 | 26:33 | 11 | 64 |
| 339 | 566 Jim | Murray | M | 45+ | Up & Runners | 52:55 | 26:00 | 26:55 | 44 | 275 |
| 340 | 329 Jonathan | Logue | М | open | | 52:57 | 26:00 | 26:58 | 104 | 276 |
| | | | | | | | | | | |

| 341 | 699 Hanna | John | М | 40+ | | 52:59 | 25:24 | 27:36 | 42 | 277 |
|-----|---------------|------------|---|------|------------------|-------|-------|-------|-----|-----|
| 342 | 215 ben | hyde | М | open | | 53:00 | 26:33 | 26:28 | 105 | 278 |
| 343 | 298 Paul | Gruhn | М | open | Dub runners | 53:06 | 25:06 | 28:01 | 106 | 279 |
| 344 | 338 JAN | MAIRS | F | 35+ | | 53:11 | 26:27 | 26:45 | 16 | 65 |
| 345 | 514 philip | winter | М | 40+ | | 53:18 | 25:59 | 27:19 | 43 | 280 |
| 346 | 327 Dermot | Nelis | М | 40+ | | 53:19 | 27:03 | 26:17 | 44 | 281 |
| 347 | 370 Darren | Curry | М | 35+ | | 53:26 | 26:33 | 26:53 | 44 | 282 |
| 348 | 353 Ryan | Berry | M | open | | 53:29 | 26:52 | 26:38 | 107 | 283 |
| 349 | 257 David | Waugh | M | 50+ | Marine Mauraders | 53:32 | 27:33 | 25:59 | 32 | 284 |
| 350 | 659 Craig | Thornberry | М | open | | 53:36 | 26:25 | 27:12 | 108 | 285 |
| 351 | 556 neil | capes | М | 35+ | | 53:37 | 26:49 | 26:49 | 45 | 286 |
| 352 | 13 Phil | Wilkinson | М | 40+ | | 53:38 | 27:49 | 25:49 | 45 | 287 |
| 353 | 412 Zara | Fulton | F | 35+ | | 53:44 | 27:53 | 25:52 | 17 | 66 |
| 354 | 280 Richard | Williams | М | open | | 53:48 | 28:11 | 25:37 | 109 | 288 |
| 355 | 63 Gerard | O'Donovan | M | open | | 53:50 | 26:36 | 27:14 | 110 | 289 |
| 356 | 417 Charis | Dornan | F | open | | 53:51 | 26:54 | 26:57 | 33 | 67 |
| 357 | 68 Stephen | Kyle | M | 45+ | | 53:52 | 27:10 | 26:42 | 45 | 290 |
| 358 | 364 Andrew | Donaldson | M | open | | 53:52 | 27:12 | 26:41 | 111 | 291 |
| 359 | 502 Orla | McGinnis | F | open | | 53:53 | 26:34 | 27:20 | 34 | 68 |
| 360 | 782 Drumm | Conor | M | 40+ | | 53:53 | 27:30 | 26:23 | 46 | 292 |
| 361 | 783 Drumm | Anna-Marie | F | 40+ | | 53:53 | 27:30 | 26:24 | 12 | 69 |
| 362 | 467 Gareth | Johnston | M | 40+ | | 53:54 | 26:47 | 27:07 | 47 | 293 |
| 363 | 733 Duffield | Phil | M | 45+ | | 53:54 | 27:23 | 26:31 | 46 | 294 |
| 364 | 382 Glenn | Benson | М | 40+ | | 53:56 | 25:34 | 28:22 | 48 | 295 |
| 365 | 553 IAN JAMES | WATSON | M | 45+ | | 53:58 | 26:04 | 27:54 | 47 | 296 |
| 366 | 284 Alan | Briers | M | 40+ | Up and Runners | 54:00 | 26:11 | 27:49 | 49 | 297 |
| 367 | 634 Michael | Black | M | 50+ | | 54:00 | 25:54 | 28:07 | 33 | 298 |
| 368 | 256 Jenny | Waugh | F | 45+ | Marine Mauraders | 54:01 | 27:33 | 26:29 | 5 | 70 |
| 369 | 43 Helen | Potts | F | 45+ | | 54:03 | 26:18 | 27:45 | 6 | 71 |
| 370 | 187 joanne | kelly | F | 35+ | | 54:05 | 26:06 | 27:59 | 18 | 72 |
| 371 | 188 neil | scott | М | 35+ | | 54:05 | 26:05 | 28:01 | 46 | 299 |
| | | | | | | | | | | |

| 372 | 201 Adrian | Sproule | М | open | Up and Runners | 54:05 | 26:50 | 27:16 | 112 | 300 |
|-----|------------------|-----------|---|------|----------------|-------|-------|-------|-----|-----------|
| 373 | 282 Declan | McMullan | М | open | | 54:05 | 25:52 | 28:14 | 113 | 301 |
| 374 | 494 Victoria | O'Hara | F | open | | 54:05 | 27:45 | 26:21 | 35 | 73 |
| 375 | 61 Colm | Johnston | M | open | | 54:08 | 26:27 | 27:42 | 114 | 302 |
| 376 | 356 paul | morrow | М | 40+ | | 54:10 | 25:47 | 28:23 | 50 | 303 |
| 377 | 631 Eleanor | Acheson | F | open | Orangegrove AC | 54:12 | 26:15 | 27:57 | 36 | 74 |
| 378 | 755 Gilmore | Wes | М | 60+ | | 54:14 | 26:23 | 27:51 | 8 | 304 |
| 379 | 596 Jim | Morton | M | 45+ | | 54:15 | 27:35 | 26:40 | 48 | 305 |
| 380 | 628 davy | paden | M | 45+ | | 54:15 | 27:34 | 26:41 | 49 | 306 |
| 381 | 471 Benjamin | Reading | M | open | | 54:18 | 30:06 | 24:13 | 115 | 307 |
| 382 | 538 nikki | heywood | F | open | | 54:18 | 25:45 | 28:33 | 37 | 75 |
| 383 | 636 ciaran | rogan | M | 45+ | | 54:18 | 25:44 | 28:34 | 50 | 308 |
| 384 | 254 SONIA KELLY | MARTIN | F | open | | 54:19 | 25:49 | 28:31 | 38 | 76 |
| 385 | 599 Neil Townley | McCreadie | M | open | | 54:19 | 30:06 | 24:13 | 116 | 309 |
| 386 | 725 McLaughlin | Steven | M | 40+ | | 54:21 | 26:01 | 28:20 | 51 | 310 |
| 387 | 144 Ruth | macartney | F | 40+ | | 54:25 | 26:35 | 27:50 | 13 | 77 |
| 388 | 648 Colin | Rainey | M | open | | 54:25 | 26:55 | 27:30 | 117 | 311 |
| 389 | 65 david joseph | waring | M | 35+ | | 54:29 | 27:24 | 27:05 | 47 | 312 |
| 390 | 536 RUTH | MCCLURE | F | open | | 54:35 | 25:42 | 28:54 | 39 | 78 |
| 391 | 97 Melanie | James | F | 45+ | | 54:39 | 26:31 | 28:08 | 7 | 79 |
| 392 | | Reid | M | open | | 54:39 | 26:24 | 28:15 | 118 | 313 |
| 393 | 620 Gillian | Leeming | F | 50+ | | 54:40 | 26:52 | 27:48 | 3 | 80 |
| 394 | 669 Jonathan | Eakin | M | 40+ | | 54:43 | 25:24 | 29:19 | 52 | 314 |
| 395 | 551 dessie | Campbell | M | 45+ | | 54:44 | 26:27 | 28:17 | 51 | 315 |
| 396 | 678 Richard | Worledge | M | 50+ | | 54:44 | 26:52 | 27:53 | 34 | 316 |
| 397 | 421 David | Payne | M | open | | 54:47 | 26:07 | 28:41 | 119 | 317 |
| 398 | 798 Fletcher | Thomas | M | open | | 54:51 | 26:58 | 27:53 | 120 | 318 |
| 399 | 183 Aileen | O'Kane | F | open | | 54:52 | 26:50 | 28:03 | 40 | 81 |
| 400 | 765 McIntyre | Kirk | M | open | | 54:55 | 27:31 | 27:24 | 121 | 319 |
| | 677 Phillip | Curran | M | 40+ | | 54:57 | 23:06 | 31:51 | 53 | 320 |
| 402 | 690 Gary | Keenan | M | 45+ | | 54:59 | 26:16 | 28:44 | 52 | 321 |

| 403 | 102 Craig | McGrath | М | open | | 55:00 | 28:22 | 26:39 | 122 | 322 |
|-----|----------------|------------|---|------|-------------------|--------------|-------|--------------|-----|-----|
| 404 | 314 BENJAMIN | MCINNES | М | open | | 55:00 | 24:40 | 30:21 | 123 | 323 |
| 405 | 315 Karen | Mulholland | F | 45+ | newforge harriers | 55:00 | 27:18 | 27:43 | 8 | 82 |
| 406 | 101 Richard | Dorrian | М | 40+ | | 55:01 | 28:22 | 26:39 | 54 | 324 |
| 407 | 647 Claire | Rainey | F | 35+ | | 55:04 | 27:37 | 27:28 | 19 | 83 |
| 408 | 293 Lisa | McCarron | F | open | | 55:05 | 27:31 | 27:34 | 41 | 84 |
| 409 | 476 Paul | Dalzell | М | 50+ | | 55:07 | 27:39 | 27:29 | 35 | 325 |
| 410 | 528 Mairead | Gethins | F | open | | 55:07 | 27:24 | 27:43 | 42 | 85 |
| 411 | 373 Magda | Giblewska | F | open | | 55:08 | 26:35 | 28:34 | 43 | 86 |
| 412 | 558 Colin | McMahon | М | 35+ | | 55:10 | 27:52 | 27:18 | 48 | 326 |
| 413 | 683 Kathy | Graham | F | open | North Down AC | <i>55:10</i> | 27:34 | <i>27:36</i> | 44 | 87 |
| 414 | 698 Lawrence | Damien | М | 40+ | | 55:10 | 27:16 | 27:55 | 55 | 327 |
| 415 | 180 Sarah | Thompson | F | open | | 55:13 | 26:36 | 28:38 | 45 | 88 |
| 416 | 552 Johnny | Bouma | М | 40+ | | 55:13 | 27:25 | 27:48 | 56 | 328 |
| 417 | 309 Emily | Walsh | F | open | | 55:15 | 28:35 | 26:40 | 46 | 89 |
| 418 | 354 Mark James | McConnell | М | open | | 55:27 | 27:36 | 27:52 | 124 | 329 |
| 419 | 366 Graeme | Balfour | М | 35+ | | 55:28 | 29:02 | 26:26 | 49 | 330 |
| 420 | 537 Patricia | Thompson | F | 40+ | | 55:28 | 27:32 | 27:56 | 14 | 90 |
| 421 | 565 Martin | Moorcroft | М | 45+ | | 55:33 | 29:08 | 26:26 | 53 | 331 |
| | 714 Gullen | Jenny | F | open | | 55:37 | 27:34 | 28:03 | 47 | 91 |
| 423 | 112 robert | crawford | М | 45+ | | 55:39 | 27:01 | 28:39 | 54 | 332 |
| 424 | 627 Margaret | McClintock | F | 40+ | | 55:39 | 27:51 | 27:48 | 15 | 92 |
| 425 | 428 Gavin | McCrea | М | open | | 55:40 | 30:02 | 25:39 | 125 | 333 |
| 426 | 243 Sophie | Semple | F | 35+ | | 55:41 | 27:45 | 27:56 | 20 | 93 |
| 427 | 71 stephen | wilson | М | open | | 55:43 | 27:33 | 28:10 | 126 | 334 |
| 428 | 346 David | McGimpsey | М | open | | 55:43 | 29:52 | 25:51 | 127 | 335 |
| 429 | 225 Neil | Martin | М | open | | 55:56 | 28:06 | 27:50 | 128 | 336 |
| 430 | 787 Skelly | Alan | М | open | | 55:57 | 26:07 | 29:51 | 129 | 337 |
| 431 | 430 Neil | Cordner | М | 35+ | | 55:58 | 28:28 | 27:31 | 50 | 338 |
| | 701 Montgomery | Hazel | F | 45+ | | 55:59 | 29:52 | 26:07 | 9 | 94 |
| 433 | 489 William | McCulla | М | 50+ | | 56:00 | 28:07 | 27:53 | 36 | 339 |
| | | | | | | | | | | |

| 434 | 429 Simon | Hughes | M | 35+ | | 56:01 | 28:28 | 27:34 | 51 | 340 |
|-----|---------------|------------|---|-------------|---------------|--------------|-------|-------|-----|-----|
| 435 | 624 Adrian | Murphy | M | 40+ | | 56:03 | 26:17 | 29:46 | 57 | 341 |
| 436 | 91 Jane | Carton | F | 40+ | | 56:05 | 28:03 | 28:02 | 16 | 95 |
| 437 | 383 Lewis | Sloan | M | 35+ | | 56:05 | 27:04 | 29:02 | 52 | 342 |
| 438 | 313 Brian | Tilly | M | 45+ | | 56:06 | 28:35 | 27:31 | 55 | 343 |
| 439 | 439 MICHAEL | STEVENSON | M | 45+ | | 56:10 | 28:15 | 27:55 | 56 | 344 |
| 440 | 435 David | Jones | M | 45+ | | 56:14 | 26:35 | 29:39 | 57 | 345 |
| 441 | 593 Lorraine | Hawkes | F | open | | 56:14 | 28:34 | 27:40 | 48 | 96 |
| 442 | 642 Martin | Hawkes | M | 50+ | | 56:16 | 28:35 | 27:42 | 37 | 346 |
| 443 | 745 Magee | Gavin | M | 35+ | | 56:19 | 27:53 | 28:26 | 53 | 347 |
| 444 | 350 Barry | Holland | M | 40+ | | 56:22 | 28:16 | 28:06 | 58 | 348 |
| 445 | 274 Geoff | Johnston | M | 40+ | | 56:23 | 28:16 | 28:07 | 59 | 349 |
| 446 | 129 Deirdre | Winters | F | 35+ | | 56:24 | 28:19 | 28:05 | 21 | 97 |
| 447 | 619 Norman | McQuitty | M | 65+ | | 56:24 | 28:19 | 28:06 | 3 | 350 |
| 448 | 388 Chris | Campbell | M | open | | 56:28 | 29:03 | 27:26 | 130 | 351 |
| 449 | 352 Allan | Grant | M | 45+ | | 56:30 | 28:38 | 27:52 | 58 | 352 |
| 450 | 214 kathleen | farrelly | F | open | | 56:32 | 28:04 | 28:29 | 49 | 98 |
| 451 | 139 Sara | Owens | F | open | | 56:38 | 27:38 | 29:00 | 50 | 99 |
| 452 | 605 karen | neill | F | 40+ | | 56:38 | 28:58 | 27:41 | 17 | 100 |
| 453 | 797 Burjony | Ziad | M | open | | 56:39 | 27:02 | 29:38 | 131 | 353 |
| 454 | 580 Ingrid | Gallen | F | 40+ | | 56:41 | 28:58 | 27:43 | 18 | 101 |
| 455 | 534 SHIRLEY | TELFORD | F | open | NICSAC | 56:45 | 28:21 | 28:25 | 51 | 102 |
| 456 | 209 Paul | Moore | M | 50+ | | 56:49 | 27:38 | 29:12 | 38 | 354 |
| 457 | 625 Patricia | Walsh | F | 40+ | | 56:50 | 28:19 | 28:31 | 19 | 103 |
| 458 | 17 Nick | Maxwell | M | open | | 56:53 | 27:01 | 29:52 | 132 | 355 |
| 459 | 365 Gillian | Balfour | F | open | | 57:03 | 29:08 | 27:56 | 52 | 104 |
| 460 | 219 PHILIP | LEGGE | M | open | | 57:04 | 28:21 | 28:43 | 133 | 356 |
| 461 | 244 Catherine | Fetherston | F | 35+ | | 57:09 | 27:45 | 29:24 | 22 | 105 |
| 462 | 322 Judith | Gilchrist | F | <i>35</i> + | North Down AC | <i>57:12</i> | 28:11 | 29:01 | 23 | 106 |
| 463 | 482 robert | blue | M | open | | 57:14 | 29:53 | 27:22 | 134 | 357 |
| 464 | 386 Patricia | Muldoon | F | 40+ | | 57:18 | 28:26 | 28:52 | 20 | 107 |
| 465 | 331 Alan | McMaster | М | open | | 57:19 | 30:11 | 27:08 | 135 | 358 |
| | | | | • | | | | | | |

| 466 | 657 Anne | Hogg | F | 50+ | | 57:20 | 28:05 | 29:16 | 4 | 108 |
|-----|-----------------|------------|---|------|--------------|-------|-------|-------|-----|-----|
| 467 | 396 kerri | irvine | F | open | | 57:21 | 28:23 | 28:59 | 53 | 109 |
| 468 | 778 Murray | Sean | M | 40+ | Up n Runners | 57:21 | 28:00 | 29:21 | 60 | 359 |
| 469 | 397 danielle | irvine | F | open | | 57:22 | 28:23 | 28:59 | 54 | 110 |
| 470 | 527 Garvan | Gethins | M | 35+ | | 57:30 | 28:08 | 29:22 | 54 | 360 |
| 471 | 70 Lorraine | Maxwell | F | 35+ | | 57:34 | 28:47 | 28:47 | 24 | 111 |
| 472 | 277 Hannah | Watters | F | open | | 57:34 | 28:47 | 28:47 | 55 | 112 |
| 473 | 33 Sean | Devlin | M | 50+ | | 57:35 | 29:47 | 27:49 | 39 | 361 |
| 474 | 103 Peter | McDonald | M | 40+ | | 57:35 | 29:28 | 28:07 | 61 | 362 |
| 475 | 238 Ciaran | Duffy | M | 40+ | | 57:36 | 28:23 | 29:14 | 62 | 363 |
| 476 | 69 PAULA | MCKIBBIN | F | 40+ | murlough ac | 57:37 | 28:21 | 29:16 | 21 | 113 |
| 477 | 533 Colin | Stevenson | M | 40+ | | 57:38 | 28:16 | 29:22 | 63 | 364 |
| 478 | 818 McClenaghan | Chris | M | open | | 57:38 | 28:18 | 29:21 | 136 | 365 |
| 479 | 569 Gilmore | Murphy | M | 50+ | | 57:40 | 28:42 | 28:59 | 40 | 366 |
| 480 | 517 James | Herron | M | 35+ | | 57:41 | 28:36 | 29:06 | 55 | 367 |
| 481 | | stephens | F | 35+ | | 57:42 | 28:32 | 29:10 | 25 | 114 |
| 482 | 80 Eileen | Maxwell | F | 35+ | | 57:46 | 28:34 | 29:12 | 26 | 115 |
| 483 | 81 Lisa | McClean | F | 35+ | | 57:46 | 28:34 | 29:12 | 27 | 116 |
| 484 | 220 Diane | McElrath | F | 50+ | | 57:51 | 29:28 | 28:23 | 5 | 117 |
| 485 | 334 Eamon | Rafferty | M | open | | 57:52 | 27:52 | 30:01 | 137 | 368 |
| 486 | 632 roden | ward | M | 60+ | | 57:52 | 28:22 | 29:31 | 9 | 369 |
| 487 | 585 Frankie | Denny | F | open | | 57:55 | 28:48 | 29:07 | 56 | 118 |
| 488 | 613 Christopher | Strain | M | 45+ | | 57:55 | 29:58 | 27:57 | 59 | 370 |
| 489 | 253 Neil | Boyd | M | open | | 57:58 | 30:12 | 27:47 | 138 | 371 |
| 490 | 305 peter | gibson | M | 50+ | | 57:59 | 26:42 | 31:17 | 41 | 372 |
| 491 | 371 Gillian | Murdoch | F | 35+ | | 58:08 | 28:18 | 29:51 | 28 | 119 |
| 492 | 194 Jenny | Greebe | F | open | | 58:09 | 28:56 | 29:14 | 57 | 120 |
| 493 | 464 Elizabeth | Beattie | F | 35+ | | 58:11 | 28:14 | 29:58 | 29 | 121 |
| 494 | 586 Sophie | Liljendahl | F | open | | 58:19 | 28:54 | 29:25 | 58 | 122 |
| 495 | 77 Philippe | Joffroy | M | 45+ | | 58:22 | 27:23 | 30:59 | 60 | 373 |
| 496 | 113 Jacalyn | Copes | F | 40+ | | 58:22 | 27:49 | 30:33 | 22 | 123 |
| | | | | | | | | | | |

| 497 | 493 Mervyn | Kinney | M | 50+ | | 58:23 | 29:01 | 29:22 | 42 | 374 |
|-----|----------------|-----------|---|------|----------------|-------|-------|-------|-----|-----|
| 498 | 501 JILLIAN | ESPEY | F | open | | 58:23 | 28:24 | 29:59 | 59 | 124 |
| 499 | 777 Kennedy | Yvonne | F | 40+ | North Down AC | 58:24 | 28:46 | 29:38 | 23 | 125 |
| 500 | 457 Roger Alan | Duncan | M | 35+ | Dromore AC | 58:25 | 27:41 | 30:45 | 56 | 375 |
| 501 | 440 michelle | mcginley | F | 40+ | | 58:28 | 29:44 | 28:45 | 24 | 126 |
| 502 | 196 Colin | Forrester | M | 35+ | | 58:32 | 30:20 | 28:13 | 57 | 376 |
| 503 | 518 Paul | Rodgers | M | 35+ | | 58:32 | 29:13 | 29:19 | 58 | 377 |
| 504 | 312 Kilian | Woods | M | open | | 58:33 | 29:51 | 28:42 | 139 | 378 |
| 505 | 320 John | Burns | M | 40+ | | 58:34 | 29:50 | 28:44 | 64 | 379 |
| 506 | 814 Woods | Peter | M | 35+ | | 58:34 | 29:51 | 28:44 | 59 | 380 |
| 507 | 191 siobhan | ward | F | open | | 58:35 | 29:11 | 29:25 | 60 | 127 |
| 508 | 235 Jacqueline | Mckeown | F | 45+ | | 58:37 | 29:29 | 29:09 | 10 | 128 |
| 509 | 529 Louise | Rattray | F | open | | 58:50 | 28:52 | 29:59 | 61 | 129 |
| 510 | 389 Luke | Alexander | M | open | | 58:51 | 30:04 | 28:47 | 140 | 381 |
| 511 | | Sallyanne | F | 35+ | | 58:51 | 29:28 | 29:24 | 30 | 130 |
| 512 | 503 Susan | Duncan | F | open | | 58:51 | 29:27 | 29:24 | 62 | 131 |
| 513 | 442 gillian | mcdonald | F | 45+ | | 58:59 | 29:53 | 29:07 | 11 | 132 |
| 514 | 511 Pauline | Glenfield | F | 50+ | | 58:59 | 29:53 | 29:07 | 6 | 133 |
| 515 | 681 Clare | Keys | F | 40+ | | 58:59 | 28:32 | 30:28 | 25 | 134 |
| 516 | 658 Andrew | Bailie | M | open | | 59:00 | 27:28 | 31:33 | 141 | 382 |
| 517 | 291 Suzanne | Cobain | F | open | | 59:09 | 29:42 | 29:28 | 63 | 135 |
| 518 | 756 Cameron | Alan | M | 55+ | | 59:10 | 26:23 | 32:48 | 5 | 383 |
| 519 | 520 Liane | Robinson | F | open | | 59:15 | 29:33 | 29:42 | 64 | 136 |
| 520 | 51 Christine | Orr | F | 40+ | | 59:22 | 28:15 | 31:07 | 26 | 137 |
| 521 | 60 Dawn | Gordon | F | open | | 59:25 | 29:06 | 30:19 | 65 | 138 |
| 522 | 118 Lawrence | Speer | M | 45+ | Lawrence Speer | 59:33 | 29:44 | 29:50 | 61 | 384 |
| 523 | 246 Julia | Jordan | F | 40+ | | 59:38 | 28:32 | 31:07 | 27 | 139 |
| 524 | 768 Fishman | Marc | М | open | | 59:41 | 30:08 | 29:34 | 142 | 385 |
| 525 | 407 Ken | Perry | M | 40+ | | 59:43 | 28:53 | 30:50 | 65 | 386 |
| 526 | 419 Alison | Wolseley | F | 40+ | | 59:43 | 31:31 | 28:13 | 28 | 140 |
| 527 | 656 Kyle | McGifford | M | open | | 59:44 | 27:40 | 32:04 | 143 | 387 |
| | | | | | | | | | | |

| 528 | 213 Jessica | Childs | F | open | | 59:48 | 29:40 | 30:08 | 66 | 141 |
|-----|------------------|------------|---|------|--------------------|----------|-------|-------|-----|-----|
| 529 | 523 Paul | Rattray | M | 45+ | | 59:48 | 29:33 | 30:16 | 62 | 388 |
| 530 | 285 Jacqueline | Briers | F | 45+ | Up and Runners | 59:51 | 29:13 | 30:38 | 12 | 142 |
| 531 | 663 Rory | Stuart | M | 35+ | | 59:53 | 29:21 | 30:32 | 60 | 389 |
| 532 | 700 Symington | Scott | M | 35+ | | 59:54 | 28:48 | 31:07 | 61 | 390 |
| 533 | 266 Diane | Wilson | F | open | | 59:58 | 29:33 | 30:26 | 67 | 143 |
| 534 | 273 John Patrick | McCourt | M | open | | 59:59 | 28:58 | 31:01 | 144 | 391 |
| 535 | 155 amanda | scott | F | 50+ | | 00:00 | 29:11 | 30:49 | 7 | 144 |
| 536 | 496 annie | hamilton | F | 45+ | | 00:01 | 29:07 | 30:54 | 13 | 145 |
| 537 | 740 Allen | Rachel | F | open | | 00:01 | 29:55 | 30:07 | 68 | 146 |
| 538 | 21 andrea | sweetlove | F | open | | 00:03 | 28:41 | 31:23 | 69 | 147 |
| 539 | 486 Joanne | Wilson | F | 35+ | | 00:03 | 28:38 | 31:26 | 31 | 148 |
| 540 | 455 Marie | Nicholson | F | 50+ | Seapark AC | 00:07 | 29:15 | 30:53 | 8 | 149 |
| 541 | 738 Fawthrop | Angela | F | 40+ | Stainland Lions RC | 00:12 | 30:01 | 30:11 | 29 | 150 |
| 542 | 117 Stephen | Garland | M | open | | 00:24 | 30:49 | 29:36 | 145 | 392 |
| 543 | 461 Sharon | McDaid | F | 40+ | | 00:28 | 31:11 | 29:18 | 30 | 151 |
| 544 | 344 Gillian | Beggs | F | open | | 00:30 | 30:07 | 30:23 | 70 | 152 |
| 545 | 218 KEITH | JOHNSTON | M | open | | 00:31 | 30:04 | 30:27 | 146 | 393 |
| 546 | 563 Chris | Davidson | M | 60+ | | 00:35 | 29:54 | 30:41 | 10 | 394 |
| 547 | 420 Robert | Mccausland | M | 45+ | | 00:38 | 28:43 | 31:56 | 63 | 395 |
| 548 | 495 Kevin | Beimers | M | open | | 00:40 | 31:13 | 29:27 | 147 | 396 |
| 549 | 46 Johnny | McDonald | M | open | | 00:42 | 29:15 | 31:27 | 148 | 397 |
| 550 | 431 Michael | Montgomery | M | open | | 01:00:43 | 28:32 | 32:11 | 149 | 398 |
| 551 | | Johnson | M | 45+ | | 01:00:46 | 28:58 | 31:49 | 64 | 399 |
| 552 | 400 julie | graham | F | 35+ | | 01:00:46 | 30:51 | 29:56 | 32 | 153 |
| 553 | 403 orla | gray | F | 35+ | | 01:00:47 | 30:44 | 30:03 | 33 | 154 |
| 554 | • | McLean | M | 35+ | | 01:00:48 | 28:40 | 32:08 | 62 | 400 |
| 555 | 402 debra | sharpe | F | open | | 01:00:48 | 30:51 | 29:58 | 71 | 155 |
| 556 | | Rattray | F | open | | 01:00:50 | 29:28 | 31:22 | 72 | 156 |
| 557 | 444 michael | mcdonald | M | 45+ | | 01:00:51 | 29:10 | 31:41 | 65 | 401 |
| 558 | 326 michelle | boyd | F | 45+ | | 01:00:54 | 30:09 | 30:45 | 14 | 157 |
| | | | | | | | | | | |

| 559 | 174 Leigh | Stirrup | М | 40+ | 01:01:02 | 30:52 | 30:10 | 66 | 402 |
|-----|----------------|-----------|---|------|----------|-------|-------|----|-----|
| 560 | 816 Barry | Sarah | F | open | 01:01:04 | 30:18 | 30:47 | 73 | 158 |
| 561 | 817 Gordon | Nicola | F | open | 01:01:07 | 30:18 | 30:49 | 74 | 159 |
| 562 | 22 Joy | Fryers | F | 40+ | 01:01:10 | 31:51 | 29:20 | 31 | 160 |
| 563 | 434 Shelly | Hamilton | F | 40+ | 01:01:10 | 31:51 | 29:20 | 32 | 161 |
| 564 | 140 lan | Thompson | M | 40+ | 01:01:11 | 29:10 | 32:02 | 67 | 403 |
| 565 | 703 Bryson | Jacqui | F | 45+ | 01:01:18 | 28:33 | 32:45 | 15 | 162 |
| 566 | 197 debbie | rush | F | open | 01:01:25 | 30:40 | 30:45 | 75 | 163 |
| 567 | 497 Hazel | Green | F | open | 01:01:28 | 29:13 | 32:16 | 76 | 164 |
| 568 | 89 Kathryn | Bell | F | open | 01:01:30 | 31:07 | 30:23 | 77 | 165 |
| 569 | 90 Brigid | Kerr | F | 35+ | 01:01:30 | 31:07 | 30:23 | 34 | 166 |
| 570 | 35 Charise | Boal | F | open | 01:01:36 | 31:01 | 30:35 | 78 | 167 |
| 571 | 186 Michelle | Tate | F | open | 01:01:37 | 29:42 | 31:55 | 79 | 168 |
| 572 | 11 Helen | Sexton | F | open | 01:01:38 | 29:43 | 31:55 | 80 | 169 |
| 573 | 662 Jon | Arnold | М | 50+ | 01:01:39 | 29:21 | 32:18 | 43 | 404 |
| 574 | 241 Sharon | Clements | F | 40+ | 01:01:53 | 30:13 | 31:40 | 33 | 170 |
| 575 | 242 Richard | Lee | М | 50+ | 01:01:53 | 30:13 | 31:41 | 44 | 405 |
| 576 | 595 Ann | Savage | F | 50+ | 01:01:55 | 31:52 | 30:03 | 9 | 171 |
| 577 | 709 McCullough | Amanda | F | 50+ | 01:01:55 | 30:11 | 31:44 | 10 | 172 |
| 578 | 217 Angela | Wynne | F | open | 01:01:56 | 30:05 | 31:51 | 81 | 173 |
| 579 | 653 Jeni | hamilton | F | 40+ | 01:01:59 | 30:20 | 31:40 | 34 | 174 |
| 580 | 106 Louise | Kerr | F | open | 01:02:02 | 30:23 | 31:39 | 82 | 175 |
| 581 | 458 Trevor | Armstrong | M | 40+ | 01:02:04 | 29:09 | 32:55 | 68 | 406 |
| 582 | 374 EMMA | O'DEA | F | 35+ | 01:02:10 | 30:15 | 31:55 | 35 | 176 |
| 583 | 375 GERARD | ODEA | M | 35+ | 01:02:10 | 30:15 | 31:56 | 63 | 407 |
| 584 | 519 Denise | Rodgers | F | open | 01:02:16 | 30:12 | 32:04 | 83 | 177 |
| 585 | 303 Jo | Baxter | F | 35+ | 01:02:17 | 31:54 | 30:24 | 36 | 178 |
| 586 | 542 Helen | Rose | F | 40+ | 01:02:20 | 30:30 | 31:51 | 35 | 179 |
| 587 | 606 GARY | HARKNESS | M | 40+ | 01:02:20 | 31:02 | 31:18 | 69 | 408 |
| 588 | 134 stan | dornan | М | 40+ | 01:02:21 | 31:02 | 31:19 | 70 | 409 |
| 589 | 391 Bill | Maul | M | 50+ | 01:02:23 | 30:11 | 32:12 | 45 | 410 |
| 590 | 413 SHELLEY | REGAN | F | open | 01:02:28 | 30:21 | 32:08 | 84 | 180 |
| | | | | | | | | | |

| 591 | 368 Lorna | McCully | F | 35+ | | 01:02:29 | 30:21 | 32:08 | 37 | 181 |
|-----|-------------------|--------------|---|------|----------------|----------|-------|-------|-----|-----|
| 592 | 794 Preston | Cathy | F | 40+ | FSID | 01:02:29 | 30:53 | 31:37 | 36 | 182 |
| 593 | 694 Jenny | Mullen | F | 40+ | | 01:02:30 | 30:53 | 31:37 | 37 | 183 |
| 594 | 221 Gemma | Armstrong | F | open | | 01:02:40 | 30:25 | 32:16 | 85 | 184 |
| 595 | 198 PAMELA JAYNE | SCOLEY | F | open | | 01:02:41 | 30:25 | 32:16 | 86 | 185 |
| 596 | 479 roisin | McLean | F | open | | 01:02:45 | 29:57 | 32:49 | 87 | 186 |
| 597 | 175 Elaine | Cheetham | F | 40+ | | 01:02:48 | 30:43 | 32:06 | 38 | 187 |
| 598 | 199 JULIE-ANN | BICKERSTAFFE | F | 35+ | | 01:03:00 | 30:43 | 32:17 | 38 | 188 |
| 599 | 98 Corin | Quinn | M | open | | 01:03:05 | 30:20 | 32:46 | 150 | 411 |
| 600 | 223 Carol | Dane | F | open | OrangeGrove AC | 01:03:06 | 31:44 | 31:22 | 88 | 189 |
| 601 | 265 Jonathan | Roberts | M | 35+ | | 01:03:06 | 31:44 | 31:22 | 64 | 412 |
| 602 | 811 Watson | Scott | M | 45+ | | 01:03:06 | 30:09 | 32:58 | 66 | 413 |
| 603 | 148 Theresa | McVeigh | F | open | | 01:03:07 | 30:46 | 32:22 | 89 | 190 |
| 604 | 762 Hanna | Paul | M | 35+ | | 01:03:15 | 28:35 | 34:40 | 65 | 414 |
| 605 | 594 Alison | Octave | F | 45+ | | 01:03:18 | 31:52 | 31:27 | 16 | 191 |
| 606 | 802 Skelton | Gillian | F | 35+ | | 01:03:26 | 29:41 | 33:46 | 39 | 192 |
| 607 | 170 IVAN E | BAXTER | M | 70+ | | 01:03:27 | 29:30 | 33:57 | 1 | 415 |
| 608 | 300 Ann | Crawford | F | 40+ | | 01:03:32 | 31:16 | 32:16 | 39 | 193 |
| 609 | 38 Susan Ann | Burns | F | open | | 01:03:33 | 31:09 | 32:24 | 90 | 194 |
| 610 | 617 Susan | McEwen | F | 45+ | | 01:03:35 | 31:41 | 31:55 | 17 | 195 |
| 611 | 687 Nigel | Crawford | M | 40+ | | 01:03:39 | 31:27 | 32:13 | 71 | 416 |
| 612 | 404 Neville | Cruikshanks | M | 70+ | | 01:03:50 | 31:15 | 32:35 | 2 | 417 |
| 613 | 239 Nicola | Meeke | F | open | | 01:03:52 | 32:06 | 31:46 | 91 | 196 |
| 614 | 240 Marion | Beattie | F | open | | 01:03:52 | 32:06 | 31:47 | 92 | 197 |
| 615 | 283 Ally | Cupples | M | open | | 01:03:52 | 32:05 | 31:48 | 151 | 418 |
| 616 | 643 Alan | Bothwell | M | open | | 01:03:59 | 32:48 | 31:11 | 152 | 419 |
| 617 | 696 Robb | Ormsby | M | open | | 01:03:59 | 32:00 | 32:00 | 153 | 420 |
| 618 | 697 Caitlyn | Collyer | F | open | | 01:04:00 | 31:59 | 32:01 | 93 | 198 |
| 619 | 575 Kerry | Wilson | F | open | | 01:04:03 | 32:04 | 32:00 | 94 | 199 |
| 620 | 609 Gary | Graham | М | open | | 01:04:08 | 30:13 | 33:56 | 154 | 421 |
| 621 | 100 Karen Rebecca | McCready | F | open | | 01:04:13 | 31:38 | 32:35 | 95 | 200 |
| | | | | | | | | | | |

| 622 | 236 Gillian | McCutcheon | F | open | | 01:04:24 | 32:06 | 32:19 | 96 | 201 |
|-----|-------------------|------------|---|------|----------------------|----------|-------|-------|-----|-----|
| 623 | 573 Helen Olga | McCarthy | F | 35+ | | 01:04:24 | 30:47 | 33:37 | 40 | 202 |
| 624 | 58 andrew | massey | M | open | | 01:04:25 | 32:45 | 31:41 | 155 | 422 |
| 625 | 159 mark james | webster | M | open | | 01:04:28 | 30:32 | 33:57 | 156 | 423 |
| 626 | 163 Paul | Totton | M | open | | 01:04:28 | 30:32 | 33:56 | 157 | 424 |
| 627 | 355 Karl Robert | Bloomer | M | open | | 01:04:28 | 30:28 | 34:00 | 158 | 425 |
| 628 | 707 Dixon | Gillian | F | 50+ | | 01:04:36 | 30:10 | 34:27 | 11 | 203 |
| 629 | 437 Gordon | MATCHETT | M | 40+ | | 01:04:38 | 31:55 | 32:44 | 72 | 426 |
| 630 | 275 Harriet | Long | F | open | | 01:04:42 | 31:56 | 32:47 | 97 | 204 |
| 631 | 732 Kirkwood | Catherine | F | 40+ | | 01:04:47 | 30:50 | 33:57 | 40 | 205 |
| 632 | 726 Tse | Choi-Yuk | F | 35+ | | 01:04:48 | 32:47 | 32:02 | 41 | 206 |
| 633 | 34 Cora | Devlin | F | open | | 01:04:49 | 31:39 | 33:11 | 98 | 207 |
| 634 | 499 Taylor | Ferran | M | open | | 01:04:49 | 31:39 | 33:10 | 159 | 427 |
| 635 | 614 ASHTON TAYLOR | EVANS | F | open | | 01:05:00 | 31:23 | 33:38 | 99 | 208 |
| 636 | 399 Alan | Anderson | M | open | | 01:05:01 | 31:41 | 33:21 | 160 | 428 |
| 637 | 506 niall | mcclean | M | open | | 01:05:03 | 31:40 | 33:24 | 161 | 429 |
| 638 | 723 Farren | Yenny | F | 35+ | | 01:05:03 | 32:19 | 32:45 | 42 | 209 |
| 639 | 751 Main | David | M | 45+ | | 01:05:07 | 31:45 | 33:23 | 67 | 430 |
| 640 | 752 Main | Lisa | F | 45+ | | 01:05:07 | 31:45 | 33:22 | 18 | 210 |
| 641 | 54 Daryl | Christie | M | open | | 01:05:18 | 31:22 | 33:57 | 162 | 431 |
| 642 | 94 Michael | Williams | M | open | | 01:05:22 | 31:37 | 33:45 | 163 | 432 |
| 643 | 526 John Paul | Gallagher | M | 35+ | | 01:05:23 | 33:42 | 31:41 | 66 | 433 |
| 644 | 554 Caren | Gallagher | F | open | | 01:05:23 | 33:43 | 31:41 | 100 | 211 |
| 645 | 20 paul | steele | M | 40+ | | 01:05:32 | 31:28 | 34:05 | 73 | 434 |
| 646 | 540 Roberta | Boyd | F | 40+ | | 01:05:39 | 32:29 | 33:10 | 41 | 212 |
| 647 | 14 Christine | Wilkinson | F | 35+ | | 01:05:42 | 32:23 | 33:19 | 43 | 213 |
| 648 | 137 Brenda | Moffett | F | 40+ | | 01:05:53 | 31:35 | 34:18 | 42 | 214 |
| 649 | 488 Violet | Davidson | F | 65+ | Marine marauders | 01:06:11 | 31:50 | 34:21 | 1 | 215 |
| 650 | 304 lesley | millar | F | 45+ | | 01:06:13 | 32:55 | 33:18 | 19 | 216 |
| 651 | 109 Sarah | Crawford | F | open | | 01:06:17 | 31:18 | 34:59 | 101 | 217 |
| 652 | 788 Grimason | Bertie | M | 75+ | East Antrim Harriers | 01:06:17 | 32:35 | 33:43 | 1 | 435 |
| 653 | 123 arleen | elliott | F | open | | 01:06:20 | 33:33 | 32:48 | 102 | 218 |

| 654 | 651 Melanie Joanne | Patterson | F | open | | 01:06:21 | 31:40 | 34:41 | 103 | 219 |
|-----|----------------------|------------|---|------|----------------|----------|-------|-------|-----|-----|
| 655 | 251 Jill | McPeak | F | 40+ | | 01:06:37 | 32:58 | 33:39 | 43 | 220 |
| 656 | 572 Ruth | Rennie | F | open | | 01:06:38 | 32:14 | 34:25 | 104 | 221 |
| 657 | 590 paula | Jennings | F | 40+ | | 01:06:41 | 31:38 | 35:03 | 44 | 222 |
| 658 | 436 Heather | MATCHETT | F | 40+ | | 01:06:53 | 32:00 | 34:53 | 45 | 223 |
| 659 | 559 Joseph | Graham | M | 50+ | | 01:06:54 | 32:18 | 34:37 | 46 | 436 |
| 660 | 498 catherine brigid | hughes | F | 35+ | | 01:07:08 | 34:04 | 33:05 | 44 | 224 |
| 661 | 210 Maura | McCallion | F | 35+ | Up and Runners | 01:07:09 | 34:04 | 33:05 | 45 | 225 |
| 662 | 695 Sarah | Christie | F | 40+ | | 01:07:22 | 31:49 | 35:34 | 46 | 226 |
| 663 | 423 mcconnell | clair | F | open | up and runners | 01:07:24 | 35:16 | 32:09 | 105 | 227 |
| 664 | 445 Frances | Smyth | F | 50+ | Up & Runners | 01:07:25 | 32:59 | 34:26 | 12 | 228 |
| 665 | 664 John | Stuart | M | 65+ | | 01:07:36 | 33:47 | 33:50 | 4 | 437 |
| 666 | 589 Rachel | Woods | F | open | | 01:07:53 | 33:34 | 34:20 | 106 | 229 |
| 667 | 616 Sophie | Riches | F | open | | 01:07:58 | 33:04 | 34:55 | 107 | 230 |
| 668 | 222 Angela | Weir | F | 45+ | | 01:08:08 | 32:53 | 35:16 | 20 | 231 |
| 669 | 203 Chris | McLaughlin | М | 45+ | | 01:08:21 | 33:16 | 35:05 | 68 | 438 |
| 670 | 674 Deirdre | Francis | F | 45+ | | 01:08:22 | 32:52 | 35:31 | 21 | 232 |
| 671 | 785 Drennan | Mark | М | 40+ | | 01:08:26 | 33:54 | 34:32 | 74 | 439 |
| 672 | 579 Gail | Yeates | F | 35+ | | 01:08:27 | 33:57 | 34:30 | 46 | 233 |
| 673 | 601 Julie | Monaghan | F | 35+ | | 01:08:27 | 33:57 | 34:31 | 47 | 234 |
| 674 | 508 Deborah | Reid | F | open | | 01:08:31 | 33:04 | 35:27 | 108 | 235 |
| 675 | 504 kathleen | mcclean | F | open | | 01:08:41 | 31:58 | 36:43 | 109 | 236 |
| 676 | 78 didier david | gibson | M | open | | 01:09:01 | 32:02 | 36:59 | 164 | 440 |
| 677 | 249 Russell | Perry | M | 40+ | | 01:09:01 | 32:03 | 36:59 | 75 | 441 |
| 678 | 179 sarah | lochhead | F | 35+ | | 01:09:20 | 34:24 | 34:57 | 48 | 237 |
| 679 | 281 Lori | Wilkinson | F | 45+ | | 01:09:21 | 33:03 | 36:18 | 22 | 238 |