8 June Rank	Numb	Name	Sex	Class	Club	Gun Time 15 June
5K						
1.	381	MARTIN COX	Mal	MO	CARMEN RUNNERS	15:24
2.	366	VINCENT MCALISTER	Mal	MO	ACORNS	16:19
3.	317	PAUL BARBOUR	Mal	MO		16:35
4.	119	ADRIAN SCULLION	Mal	MO	KRC	16:53
5.	365	PADDY CORR	Mal	M50	ACORNS	17:06
6.	405	MICHAEL KERR	Mal	M40	CARMEN RUNNERS	17:20
7.	440	CONNOR MCGUINESS	Mal	MO	KEEP ER LIT	17:50
8.	4	MIKE CULLINAN	Mal	MO	KRC	17:54
9.	94	TRISTAN KELLY	Mal	MU18	CARMEN RUNNERS	18:10
10.	75	AIDAN BORCHERS	Mal	MO	OMAGH TRI	18:12
11.	330	HUGH TAGGERT	Mal	M40	KEEP ER LIT	18:17
12.	360	MARTIN LOUGHRAN	Mal	MO	ACORNS AC	18:29
13.	362	MICHAEL GILLESPIE	Mal	MO	ACORNS	18:42
14.	157	Marty Mcdermot	Mal	M40		18:45
15.	361	DARA SWEENEY	Mal	M40	CARMEN RUNNERS	18:54
16.	159	Paula Donelly	Fem	FO		18:59
17.	2	GRAINNE O'HAGAN	Fem	FO	KRC	19:07
18.	101	DARRYL MEENAGH	Mal	MO	CARMEN RUNNERS	19:08
19.	3	JOE MCCARROLL	Mal	MO	KRC	19:16
20.	424	FERGAL O'DONNELL	Mal	MO	GALBALLY RUNNERS	19:23
21.	375	BRIAN BRADLEY	Mal	M50	SPERRIN HARRIERS	19:24
22.	372	DAMIAN QUINN	Mal	MO	CARMEN RUNNERS	19:41
23.	369	DAMIAN O'HAGAN	Mal	MO	KRC	19:49
24.	83	PLUNKETT DONNELLY	Mal	MO	OMAGH HARRIERS	19:55
25.	128	DAMIAN KELLY	Mal	M40	KRC	19:55
26.	120	JARLATH DALY	Mal	MO	KRC	20:08
27.	135	MICHELLE DONNELLY	Fem	FO	DTC	20:09
28.	411	TOIRLEACH GOURLEY	Mal	M40	SPERRIN HARRIERS	20:22
29.	6	BRIAN MCILDUFF	Mal	M40	KRC	20:58
30.	363	STEPHEN RICE	Mal	M50	INTEGRATED COLLEGE	21:05
31.	86	JASON FULLEN	Mal	MO	KILLEESHIL RUNNERS	21:13

32.	8	JOHN MCSHARRY	Mal	МО	KRC	21:16
33.	151	FELIM GORMLEY	Mal	МО	KNOCKMANY	21:21
34.	10	JOHN MCGRATH	Mal	M50	KRC	21:22
35.	359	MICHAEL STEENSON	Mal	M40	KRC	21:27
36.	9	SEAMUS ARKINSON	Mal	M50	KRC	21:29
37.	130	LUKE KELLY	Mal	MU18	KRC	21:31
38.	107	MARK HAIGNEY	Mal	M40	THE CENTURY	21:37
39.	144	MICHAEL BARNETT	Mal	M40	KRC	21:52
40.	335	MARIA DONNELLY	Fem	FO	ST MACARTANS	21:54
41.	324	KEVIN KEARNS	Mal	M40	TATTYREAGH RUNNERS	21:58
42.	305	FRANCIS MCBRIEN	Mal	MO		21:59
43.	332	POLA NI DHONNGHAILE	Fem	FO	ST MACARTANS	22:01
44.	164	GARVIN MCCANN	Mal	FMO	RUN FOR ENDA	22:04
45.	340	LYNDA DONNELLY	Fem	FO	ST MACARTANS	22:08
46.	333	CATHY MAGUIRE	Fem	FO	ST MACARTANS	22:09
47.	13	BRIAN MCGLONE	Mal	M40	KRC	22:18
48.	353	SEAN POL MCCANN	Mal	MO		22:21
49.	334	JOLINE DONNELLY	Fem	FO	ST MACARTANS	22:23
50.	302	MARK CORRIGAN	Mal	MO	DROMORE	22:24
51.	444	MICHAELA WOODS	Fem	FO		22:26
52.	387	DAIRE BREEN	Mal	MJ	OMAGH	22:27
53.	370	PAUL MCMAHON	Mal	MO		22:29
54.	430	TERRI MCALEER	Fem	FO	SPERRIN HARRIERS	22:30
55.	67	ENDA LYNCH	Mal	MJ	KRC	22:34
56.	16	BRIAN NEILL	Mal	M40	KRC	22:37
57.	448	MICHELLE MONAGHAN	Fem	FO		22:39
58.	50	DAN COYLE	Mal	M50	KRC	22:39
59.	469	MALCOM MCCULLAGH	Mal	M40	SPERRIN HARRIERS	22:41
60.	138	DAMIEN MCKENNA	Mal	MO	AUGHER	22:44
61.	331	MAURA MCMENAMIN	Fem	FO	ST MACARTANS	22:45
62.	131	FINN KELLY	Mal	MJ	KRC	22:51
63.	137	DEIRDRE HAIGNEY	Fem		KRC	22:51
64.	136	EUGENE HAIGNEY	Mal	M40	KRC	22:51

65	450	CHANINENLIZERIANI	_		ST A 4 A CA DT A N C	22.52
65.	452	SHANNEN KEENAN	Fem		ST MACARTANS	22:53
66.	390	JOHN CAWLEY	Mal		ST PETERS AC	22:57
67.	126	DERMOT MOXON	Mal	MO	CARMEN RUNNERS	23:00
68.	88	LISA PATTERSON	Fem		KRC	23:03
69.	312	MICHAEL CREIGHAN	Mal	M40		23:09
70.	421	CRISTY MACNIA	Mal	M50	SOLO	23:13
71.	155	CATHAL MCR	Mal	M50	MUCK HOGS	23:16
72.	310	DEIRDRE MCCARROLL	Fem	FO	ST MACARTANS	23:19
73.	55	TARA-MEABH MCCARROLL	Fem	FO		23:22
74.	453	CADHLA MCCARROLL	Fem	FU18	ESKRA GAA	23:23
75.	303	SARAH MCDONNELL	Fem	FO		23:29
76.	145	RORY MCSORLEY	Mal	M40		23:31
77.	320	SEAMUS COLTON	Mal	M50	KRC	23:37
78.	431	CIARAN TURBITT	Mal	MO		23:40
79.	367	DAMIEN MCCARNEY	Mal	MO		23:55
80.	441	MICKEY MCCANN	Mal	M40	OMAGH HARRIERS	23:56
81.	148	FERGAL MCCANN	Mal	M40		23:56
82.	152	CARMEL MALLON	Fem	F40	KNOCKMANY	24:00
83.	58	GARY MCCREA	Mal	M40		24:05
84.	12	DAVID GILL	Mal	M40	KRC	24:07
85.	37	PAUL MCCARROLL	Mal	M50	KRC	24:10
86.	66	DARA LYNCH	Mal	MJ	KRC	24:19
87.	146	SHANE MCKENNA	Mal	МО		24:21
88.	415	RORY KINSELLA	Mal	MU18	KRC	24:22
89.	147	GERRY KINSELLA	Mal	M50	KNOCKMANY	24:24
90.	7	LOUISE COYLE	Fem	FO	KRC	24:24
91.	90	RICKY PANCOTT	Mal	МО	RUN FOR ENDA	24:25
92.	124	MARK DONNELLY	Mal	МО		24:34
93.	45	PATRICK MOXON	Mal	МО	KRC	24:51
94.	378	CATHERINE FARLEY	Fem	F40	SPERRIN HARRIERS	24:56
95.	31	MARTINA MCKENNA	Fem	FO	KRC	25:01
96.	347	BRENDAN SOMERVILLE	Mal	МО	ERRIGAL CIARAN	25:17
97.	357	JAMES SCULLION	Mal	MJ		25:24

98.	368	TONY KEARNS	Mal	M50		25:26
99.	348	KATIE RITCHIE	Fem	FU18		25:29
100.	442	ORLA MCDONALD	Fem	FO		25:35
101.	419	AIDAN MCNEILIS	Mal	M50	KRC	25:39
102.	445	MARIE TREANOR	Fem	FO		25:48
103.	355	GERRY MCCAFFREY	Mal	M60	KRC	25:49
104.	402	DARA MCGARVEY	Mal	MJ	KRC	26:00
105.	14	MICHELLE MCGLONE	Fem	F40	KRC	26:11
106.	30	BREDA DONAGHEY	Fem	FO	KRC	26:11
107.	432	BRENDAN TURBITT	Mal	M60		26:11
108.	429	PAULINE MCKEEVER	Fem	F40	GALBALLY RUNNERS	26:19
109.	380	FIONA MCCULLAGH	Fem	FO	CARMEN RUNNERS	26:29
110.	428	MARTINA DUGGAN	Fem	F40	GALBALLY RUNNERS	26:32
111.	446	EILIS WOODS	Fem	FO		26:36
112.	81	BRENDA MCELROY	Fem	FO	KRC	26:38
113.	349	IAN RITCHIE	Mal	M40	KRC	26:39
114.	118	PAUL MULLIN	Mal	MO		26:42
115.	46	GERARD TREANOR	Mal	M50	KRC	26:51
116.	158	MATTIE NEILL	Mal	MU18		27:10
117.	165	NIGEL MCCREEDY	Mal	M40	KRC	27:10
118.	57	LINDA HAYES	Fem	F40	GLENELLY RUNNERS	27:11
119.	304	DEIRDRE HACKETT	Fem	FO	KRC	27:27
120.	68	CILLIAN LYNCH	Mal	MJ	KRC	27:28
121.	306	AOIBHEANN SHEVLIN	Fem	FJ	KRC	27:29
122.	47	GREG MCMULLAN	Mal	M50	KRC	27:30
123.	24	ANGELA ARKINSON	Fem	F50	KRC	27:31
124.	93	ENYA MCELROY	Fem	FO	KRC	27:33
125.	17	MAURA MONTAGUE	Fem	F40	KRC	27:34
126.	449	CARMEL KILPATRICK	Fem	F50	POMEROY	27:34
127.	95	SHARON MCALEER	Fem	F50	KRC	27:49
128.	27	TERESA MEEGAN	Fem	F40	KRC	27:57
129.	63	TOMMY GARTLAND	Mal	M60	KRC	27:57
130.	307	CONALL SHEVLIN	Mal	MJ	KRC	28:10

131.	371	JOSIE MCALONAN	Fem	F50	KRC	28:11
132.	41	AIBHLIN NEESON	Fem	FO	KRC	28:20
133.	455	EVELYN HEMPTON	Fem	F40		28:20
134.	77	CAMILLA MCANESPY	Fem	F40		28:21
135.	76	FRANCES KELLY	Fem	F50		28:35
136.	339	MICHELLE O'NEILL	Fem	F40	RUN FOR ENDA	28:35
137.	427	DENISE MCCANN	Fem	FO	GALBALLY RUNNERS	28:36
138.	447	BRENDA O'DONNELL	Fem	FO	GALBALLY RUNNERS	28:37
139.	80	CLAIRE MCMAHON	Fem	FO		28:43
140.	354	BERNIE MCCAFFREY	Fem	F50	KRC	28:46
141.	426	SARAH MCCARROLL	Fem	FJ	KRC	28:51
142.	425	CARMEL MCCARROLL	Fem	F40	KRC	28:56
143.	52	OONAGH MCNELIS	Fem	F50	KRC	29:04
144.	338	TRACEY MCALYNN	Fem	FO		29:05
145.	140	PAULA MCNALLY	Fem	FO	POMEROY PLUNKETTS	29:05
146.	451	ROGER MCALEER	Mal	M50		29:05
147.	337	KERRY ANN MCALYNN	Fem	F40	TATTYREAGH RUNNERS	29:06
148.	38	MATTHEW BATES	Mal	MJ	KRC	29:41
149.	373	REUBEN LYND	Mal	MJ		29:42
150.	29	CATHAL MCCARNEY	Mal	M40	KRC	29:57
151.	112	CARA KERLIN	Fem	FJ		29:57
152.	162	Keri Mcdermot	Fem	FJ		29:57
153.	39	GLENDA BATES	Fem	FO	KRC	30:10
154.	35	BERNEEN GILROY	Fem	FJ	KRC	30:13
155.	44	EAMONN MCGIN	Mal	M50	KRC	30:13
156.	42	GABRIELLE STEWART	Fem	F40	KRC	30:13
157.	72	RITA LAPPIN	Fem	FO	KRC	30:15
158.	423	ELLA MCCARROLL	Fem	FU18	KRC	30:19
159.	374	Alexandra Beattie	Fem	FU18		30:22
160.	141	KEENAN ADAMS	Mal	MJ	KRC	30:22
161.	64	JOSEPH BARR	Mal	MU18	KRC	30:23
162.	20	CATHERINE FINNEGAN	Fem	F50	KRC	30:26
163.	456	CAITY PLATTS	Fem	FU18		30:32

164.	350	BOBBY WILSON	Mal	MU18	CARMEN RUNNERS	30:40
165.	32	ROSIE BREEN	Fem	F50	KRC	30:47
166.	319	SINEAD COLTON	Fem	F40	KRC	30:47
167.	25	JOANNE MCKENNA	Fem	F40	KRC	30:48
168.	91	MARGARET MCGURK	Fem	F50		30:53
169.	323	ALLY ROBINSON	Fem	FO	KRC	31:01
170.	89	PATRICIA ROWAN-QUINN	Fem	F50		31:18
171.	466	CIARA MCMAUGH	Fem	FO		31:30
172.	450	EILEEN CORRIGAN	Fem	F40	POMEROY	31:35
173.	36	CAROLINE MCCARROLL	Fem	F40	KRC	31:35
174.	19	PAULA WOODS	Fem	F50	KRC	31:37
175.	96	PAUL FOX	Mal	MO	KRC	31:39
176.	313	CORMAC MCGARVEY	Mal	MJ	KRC	31:43
177.	336	ELIZABETH FINNEGAN	Fem	FU18	ST MACARTANS	31:44
178.	117	IMELDA HACKETT	Fem	FO	KRC	31:45
179.	82	GERALDINE MCCARRON	Fem	F60		31:46
180.	142	ODHRAN MCNALLY	Mal	MU18	POMEROY PLUNKETTS	32:05
181.	356	EILEEN MCCAFFREY	Fem	F40	KRC	32:05
182.	358	LEONA GARTLAND	Fem	F40	KRC	32:07
183.	97	BRONAGH MCALEER	Fem	FO	KRC	32:08
184.	115	EOIN KERLIN	Mal	MJ		32:14
185.	443	GLENN CAMPBELL	Mal	MO		32:35
186.	433	PAULINE TURBITT	Fem	F50	KRC	32:40
187.	15	NOLEEN NEILL	Fem	F40	KRC	32:40
188.	382	DAVID O'BRIEN	Mal	M50	SPERRIN HARRIERS	32:45
189.	154	Patricia Recardo	Fem	FO		32:45
190.	341	VALERIE ELLIOTT	Fem	F50	KRC	32:46
191.	379	UNA QUINN	Fem	F50	POMEROY PLUNKETTS	32:52
192.	78	KILLIAN CONWELL	Mal	MJ		32:55
193.	161	Shane Mcdermot	Mal	MU18		32:58
194.	34	BEN GILROY	Mal	MJ	KRC	33:03
195.	113	OISIN KERLIN	Mal	MU18		33:04
196.	407	SHARON RAFFERT	Fem	F40	POMEROY PLUNKETTS	33:12

197.	301	SHARON SHEVLIN	Fem	F40	KRC	33:43
198.	160	LIZ LAGAN	Fem		POMEROY PLUNKETTS	34:08
199.	18	MAIREAD MCKENNA	Fem	FO	KRC	34:19
200.	21	ELAINE MCELROY	Fem	F50	KRC	34:20
201.	133	SARAH MULDOON	Fem	FJ		34:52
202.	134	EDELE MULDOON	Fem	FO	MONAGHAN TOWN RUNNERS	34:52
203.	74	ANN O'HANLON	Fem	F40	KRC	34:58
204.	457	AILEEN HEMPTON	Fem	FU18		35:05
205.	53	EDEL SMITH	Fem	F40		35:21
206.	73	CAMILLA MCNAMEE	Fem	FO	ESKRA	35:26
207.	114	PAULA KERLIN	Fem	FO		35:27
208.	364	HELENA MCILDUFF	Fem	F40	KRC	35:30
209.	121	MARGARET MEEGAN	Fem	F50	ESKRA	35:33
210.	33	MYA SHEVLIN	Fem	FJ	KRC	35:47
211.	321	MOLLIE COLTON	Fem	FJ	ST MACARTANS	35:47
212.	11	JOHN SHEVLIN	Mal	M40	KRC	35:48
213.	87	KELLY FULLEN	Fem	F40	KILLEESHIL RUNNERS	35:54
214.	388	ASHTON BEATTIE	Mal	MJ	ESKRA GFC	35:59
215.	311	NIAMH KAVANGH	Fem	FO	KRC	36:12
216.	65	EMMA BARR	Fem	FJ	KRC	37:42
217.	129	CONAL KELLY	Mal	MJ	KRC	38:08
218.	342	AARON MCGINLEY	Mal	MJ		38:12
219.	383	CLIDNA MCNAMEE	Fem	FJ	KRC	38:55
220.	384	DAITHI MCNAMEE	Mal	MJ	KRC	39:13
221.	386	CATHAL MCNAMEE	Mal	M40	ESKRA GFC	39:13
222.	408	SHANE MCGINLEY	Mal	MJ		40:14
223.	54	YVONNE KEENAN	Fem	F40		40:21
224.	59	EMMA BAXTER	Fem	FO		40:38
225.	314	ANN MCDONALD	Fem	F60		41:32
226.	48	SEAMUS MCGINLEY	Mal	M60	KRC	41:33
227.	61	LINDA MCCULLAGH	Fem	F40		41:39
228.	60	MALACHI MCCULLAGH	Mal	M50		41:42
229.	23	BRENDA GORMLEY	Fem	F40	KRC	41:46

230.	111	MARISA BEATTIE	Fem	FO	KRC	42:11
231.	343	UNA MCELROY	Fem	FO	KRC	42:50
232.	345	ERIN MCELROY	Fem	FJ	KRC	42:50
233.	422	JOANNE GARTLAND	Fem	FO		44:42
234.	420	CAROLINE MCNEILIS	Fem	F50		44:53
235.	352	CHARLIE WILSON	Mal	MJ		45:09
236.	351	REBECCA WILSON	Fem	FO	CARMEN RUNNERS	45:10
237.	467	LORCAN MEEGAN	Mal	MJ	ESKRA GAA	45:32
238.	468	HANNAH MEEGAN	Fem	FJ	ESKRA GAA	45:32
239.	434	KATHLEEN GARTLAND	Fem	F60	KRC	47:41
240.	418	MEGAN MCNEILIS	Fem	FO	ESKRA GAA	47:49
241.	403	BARRY MCGARVEY	Mal	M40	KRC	47:52
242.	438	CATHAL HACKETT	Mal	MO	ESKRA GAA	47:52
243.	346	KARL GARTLAND	Mal	MO	ESKRA GAA	47:53
244.	412	CONOR O'HAGAN	Mal	MO	ESKRA GFC	47:53
245.	389	STEPHEN BEATTIE	Mal	MO	ESKRA GFC	47:54
246.	325	DAIRE MCCARROLL	Mal	MO	ESKRA GAA	47:55
247.	322	PAUL MCGINLEY	Mal	MO	ESKRA GAA	47:55
248.	409	JOE MCCARROLL	Mal	MO	ESKRA GFC	47:55
249.	414	MARTIN MCGINLEY	Mal	MO	ESKRA GFC	47:55
250.	316	CORMAC ARKINSON	Mal	MO	ESKRA GAA	47:56
251.	56	PATRICIA MCCARROLL	Fem	F50		47:57
252.	326	BARRY MCGINLEY	Mal	MO	ESKRA GFC	47:58
253.	26	SHARON MCALEER	Fem	F50	KRC	48:23
254.	309	EOIN MCCAFFREY	Mal	MO	ESKRA GFC	48:26
255.	406	JONATHAN HACKETT	Mal	MO	ESKRA GFC	48:26
256.	318	CATHAL MCCAFFREY	Mal	MO	ESKRA GFC	48:26
257.	410	Feragal ARKINSON	Mal	MO	ESKRA GFC	48:28
258.	401	KEALAN CARSON	Mal	MO	ESKRA GFC	48:28
259.	413	CATHAL MEEGAN	Mal	MO	ESKRA GFC	48:28
260.	437	CATHAL ARKINSON	Mal	MO	ESKRA GFC	48:29
261.	404	AARON KELLY	Mal	MO	ESKRA GFC	48:30
262.	327	ANDREW MCKENNA	Mal	MO	ESKRA GFC	48:30

328	NIALL MARLOW	Mal	MO	ESKRA GAA	48:31
417	MICKEY WOODS	Mal	MO	ESKRA GFC	49:02
329	THOMAS MEEGAN	Mal	MO	ESKRA GFC	49:02
315	PAUL MCALEER	Mal	MO	ESKRA GFC	49:04
308	PAUL KEOWN	Mal	MO	ESKRA GFC	49:04
436	SHANE MCNELIS	Mal	MO	ESKRA GFC	49:04
416	RYAN GARTLAND	Mal	MO	ESKRA GFC	49:43
344	NIAMH MCELROY	Fem	FJ	KRC	50:13
156	Nina Rose Recardo	Fem	FJ		50:13
454	KELLIE SHERIDAN	Fem	FO		50:21
85	JOANNE DONNELLY	Fem	FO	MUCK HOGGS	50:22
435	HILDA MCFARLAND	Fem	F50		50:26
99					50:27
	417 329 315 308 436 416 344 156 454 85 435	417 MICKEY WOODS 329 THOMAS MEEGAN 315 PAUL MCALEER 308 PAUL KEOWN 436 SHANE MCNELIS 416 RYAN GARTLAND 344 NIAMH MCELROY 156 Nina Rose Recardo 454 KELLIE SHERIDAN 85 JOANNE DONNELLY 435 HILDA MCFARLAND	417 MICKEY WOODS Mal 329 THOMAS MEEGAN Mal 315 PAUL MCALEER Mal 308 PAUL KEOWN Mal 436 SHANE MCNELIS Mal 416 RYAN GARTLAND Mal 344 NIAMH MCELROY Fem 156 Nina Rose Recardo Fem 454 KELLIE SHERIDAN Fem 85 JOANNE DONNELLY Fem 435 HILDA MCFARLAND Fem	417 MICKEY WOODS Mal MO 329 THOMAS MEEGAN Mal MO 315 PAUL MCALEER Mal MO 308 PAUL KEOWN Mal MO 436 SHANE MCNELIS Mal MO 416 RYAN GARTLAND Mal MO 344 NIAMH MCELROY Fem FJ 156 Nina Rose Recardo Fem FJ 454 KELLIE SHERIDAN Fem FO 85 JOANNE DONNELLY Fem FO 435 HILDA MCFARLAND Fem F50	417 MICKEY WOODS Mal MO ESKRA GFC 329 THOMAS MEEGAN Mal MO ESKRA GFC 315 PAUL MCALEER Mal MO ESKRA GFC 308 PAUL KEOWN Mal MO ESKRA GFC 436 SHANE MCNELIS Mal MO ESKRA GFC 416 RYAN GARTLAND Mal MO ESKRA GFC 344 NIAMH MCELROY Fem FJ KRC 156 Nina Rose Recardo Fem FJ 454 KELLIE SHERIDAN Fem FO 85 JOANNE DONNELLY Fem FO MUCK HOGGS 435 HILDA MCFARLAND Fem F50