Finishers 10K



M/F	Race Pos	Num	Name	Class	Class Pos	5K Time	10kTime
10K							
Mal	1.	291	Eoin Hughes	Open	1.	17:03	33:44
Mal	2.	411	Brian Taggart	Open	2.	17:37	34:42
Mal	3.	204	David Marshall	Open	3.	17:34	35:15
Mal	4.	293	Gary O'Doherty	Vet 40+	1.	17:43	35:23
Mal	5.	299	Seamus Bradley	Local	1.	18:17	35:56
Mal	6.	359	Connor Reid	Open	4.	18:17	35:56
Mal	7.	238	Enda McKaigue	Local	2.	17:58	36:25
Mal	8.	275	Aaron Meharg	Open	5.	18:10	36:27
Mal	9.	369	Greg Loughran	Open	6.	18:11	36:33
Mal	10.	391	Lawrence O'Kane	Vet 35+	1.	18:40	37:22
Mal	11.	265	Jarlath Hughes	Open	7.	18:39	37:25
Mal	12.	357	Eamon Loughran	Vet 45+	1.	18:34	37:28
Mal	13.	398	Niall Higgins	Vet 40+	2.	18:38	37:33
Mal	14.	254	Connor Martin	Vet 35+	2.	18:55	37:38
Fem	15.	416	Gemma McDonald	Open	1.	19:01	37:54
Fem	16.	327	Amy Bulman	Open	2.	19:00	38:04
Mal	17.	373	Paul McLaughlin	Vet 50+	1.	19:18	38:34
Mal	18.	297	Darren Church	Vet 40+	3.	19:30	38:41
Fem	19.	297 251	Hannah Shields		3.	19:23	38:50
Mal	20.	358		Open Vet 35+	3.	19:45	38:54
Mal	20.	325	John Gillespie		3. 4.		
			Raymond Kennedy	Vet 40+		20:15	39:29
Fem	22.	244	Helena Quinn	Open	4.	19:36	39:34
Mal	23.	348	Andy Dowey	Vet 35+	4.	19:43	39:35
Mal	24.	347	David McGaffin	Vet 50+	2.	19:43	39:43
Mal	25.	404	Gary Hegarty	Open	8.	20:40	39:55
Mal	26.	234	Niall McGuigan	Vet 45+	2.	20:00	39:55
Mal	27.	209	Sean Mac Niocaill	Open	9.	19:38	40:25
Mal	28.	431	Nat Small	Vet 35+	5.	20:34	40:26
Mal	29.	337	Alan Shaw	Vet 50+	3.	20:30	40:30
Mal	30.	217	Conleth Moran	Local	3.	20:25	40:32
<u>Mal</u>	31.	266	Damian Hughes	Vet 50+	4.	20:36	40:33
Mal	32.	352	Hugh Boyle	Vet 60+	1.	20:37	40:40
Mal	33.	219	Martin Lundy	Vet 50+	5.	20:35	41:11
Mal	34.	387	Fergal Hughes	Open	10.	20:52	41:15
Mal	35.	436	Raymond McElroy	Vet 40+	5.	20:53	41:22
Mal	36.	240	Trevor Smyth	Vet 35+	6.	21:14	41:28
Mal	37.	355	Brian Bradley	Vet 50+	6.	21:16	41:31
Mal	38.	382	Terry Glenn	Vet 45+	3.	21:35	41:31
Mal	39.	283	Mervyn Hutchinson	Open	11.	20:20	41:33
Mal	40.	380	Sebastian Wisniewski	Vet 40+	6.	21:04	41:38
Mal	41.	413	Shane Bradley	Vet 35+	7.	21:02	41:52
Mal	42.	247	Michael Burke	Vet 35+	8.	21:03	41:52
Mal	43.	394	Anton McLaughlin	Open	12.	20:59	41:53
Mal	44.	287	Eamonn Melaugh	Vet 45+	4.	21:10	41:55
Mal	45.	443	Don Mulholland	Vet 50+	7.	21:03	41:56
Mal	46.	246	Dermot McKeague	Local	4.	20:42	42:05
Mal	47.	270	Wayne Mac Feilimi	Open	13.	21:15	42:08
Fem	48.	319	Karen McLaughlin	Vet 45+	1.	20:59	42:12
Mal	49.	239	Philip Boone	Vet 35+	9.	21:50	42:26
Mal	50.	264	Aaron Linton	Local	5.	20:55	42:28

Finishers 10K



M/F	Race Pos	Num	Name	Class	Class Pos	5K Time	10kTime
Fem	51.	402	Veronica Nellins	Vet 35+	1.	21:39	42:30
Fem	52.	350	Olivia Mullin	Vet 35+	2.	21:33	42:33
Mal	53.	344	Steven Mulholland	Vet 35+	10.	21:02	42:52
Mal	54.	365	Vincy Hollywood	Vet 50+	8.	21:25	42:56
Mal	55.	249	Tony Toner	Vet 50+	9.	21:35	42:58
Mal	56.	408	Sean McAuley	Vet 60+	2.	21:28	43:07
Mal	57.	441	Maurice Corrigan	Vet 50+	10.	21:26	43:09
Mal	58.	273	Eugene McGovern	Vet 50+	11.	21:00	43:12
Mal	59.	371	Alvin Taylor	Vet 60+	3.	21:33	43:13
Fem	60.	324	Caroline Irwin	Open	5.	21:57	43:17
Mal	61.	367	Michael Higgins	Open	14.	22:05	43:21
Mal	62.	281	Martin Corey	Vet 45+	5.	21:52	43:40
Mal	63.	377	Will Lyons	Vet 35+	11.	22:19	43:41
Mal	64.	235	Paul Hughes	Open	15.	22:05	43:46
Mal	65.	314	David Kennedy	Open	16.	22:27	43:51
Mal	66.	368	Joseph McVey	Open	17.	21:57	43:53
Mal	67.	276	Gareth Greer	Vet 40+	7.	22:30	43:54
Mal	68.	423	Patrick Corrigan	Open	18.	22:06	43:54
Mal	69.	442	Martin Mallon	Vet 40+	8.		43:56
Mal	70.	271	Eugene Kelly	Vet 45+	6.	22:34	43:59
Mal	71.	422	Alvin Wilson	Open	19.	22:15	44:00
Fem	72.	285	Meabh Close	Vet 45+	2.	22:17	44:02
Mal	73.	208	Gearoid Mac Niocaill	Vet 45+	7.	21:51	44:07
Mal	74.	338	Trevor Shaw	Open	20.	22:26	44:10
Fem	75.	286	Anne O'Doherty	Local	1.	22:12	44:12
Mal	76.	410	Thomas Doherty	Vet 35+	12.	22:30	44:18
Mal	77.	326	Seamus McMath	Vet 50+	12.	22:00	44:21
Mal	78.	227	Mervyn Thompson	Vet 45+	8.	22:23	44:21
Mal	79.	261	Paul Mulgrew	Vet 50+	13.	22:32	44:42
Mal	80.	450	Christopher Hegarty	Open	21.	22:21	44:45
Mal	81.	433	Darren O'Boyle	Vet 40+	9.	23:02	44:45
Mal	82.	439	Noel McGrogan	Open	22.	22:12	44:51
Mal	83.	363	Niall O'Kane	Open	23.	22:12	44:53
Mal	84.	385	Alan McIlfatrick	Open	24.	22:16	44:58
Mal	85.	318	Nelson Hanna	Vet 40+	10.	22:28	44:59
Mal	86.	257	Gareth Dunseath	Open	25.	22:48	45:01
Fem	87.	409	Laura McErlain	Open	6.	22:44	45:07
Fem	88.	444	Rosemary Hargan	Vet 50+	1.	23:01	45:08
Mal	89.	378	Mark Patterson	Vet 40+	11.	22:46	45:11
Mal	90.	415	Eamon McHugh	Open	26.	23:01	45:23
Mal	91.	290	Michael Monaghan	Vet 45+	9.	23:08	45:26
Mal	92.	361	Paul Fearon	Vet 40+	12.	23:07	45:28
Mal	93.	386	Simon McLean	Vet 35+	13.	22:44	45:30
Mal	94.	302	Paul McGrogan	Vet 50+	14.	23:17	45:45
Fem	95.	370	Linda Petticrew	Vet 50+	2.	23:01	45:45
Mal	96.	307	Fergal O'Kane	Vet 35+	14.	23:11	45:48
Mal	97.	310	Sean Rogers	Vet 60+	4.	23:19	45:57
Mal	98.	447	Tom Scullion	Vet 40+	13.	23:23	46:01
Mal	99.	379	Stephen O'Kane	Open	27.	23:55	46:08
Mal	100.	432	Colm McMullan	Vet 35+	15.	23:24	46:12
Fem	101.	213	Tanya Quinn	Vet 35+	1.	23:07	46:15
Mal	101.	341	Declan McErlean	Local	6.	23:12	46:23
	102.	 -	Decian Michigan	Local	U.	20.12	TU.ZU

Finishers 10K

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M/F	Race Pos	Num	Name	Class	Class Pos	5K Time	10kTime
Fem	103.	438	Cathy Murtagh	Vet 40+	2.	23:34	46:45
Mal	104.	322	Hugh Deighan	Vet 50+	15.	23:33	46:47
Mal	105.	449	Raymond Monaghan	Vet 50+	16.	23:40	46:57
Mal	106.	231	Jason McGuckin	Vet 45+	10.	23:02	46:59
Fem	107.	288	Shauna Melaugh	Vet 45+	3.	23:50	47:07
Mal	108.	252	Jason O'Neill	Vet 45+	11.	24:11	47:14
Mal	109.	259	Padraig McDevett	Open	28.	23:20	47:18
Fem	110.	292	Orla Hatt	Vet 40+	3.	23:53	47:29
Mal	111.	417	Cahal O'Loan	Open	29.	23:41	47:29
Mal	112.	381	Connor McGeehan	Open	30.	24:09	47:30
Mal	113.	412	Nigel Kyle	Vet 40+	14.	23:56	47:32
Fem	114.	366	Alison Foster	Vet 45+	4.	24:04	47:40
Fem	115.	343	Marsha Abbott	Vet 40+	4.	23:51	47:53
Mal	116.	372	Sean Magee	Vet 50+	17.	24:02	47:53
Mal	117.	309	Kevin Oliver	Vet 35+	16.	24:02	47:55
Mal	118.	364	Liam McKeefry	Vet 45+	12.	23:44	47:55
Mal	119.	451	Eoin Loughran	Open	31.	24:08	48:00
Mal	120.	452	Kevin McCullagh	Vet 35+	17.	24:09	48:01
Mal	121.	424	Conor Burns	Vet 45+	13.	24:28	48:07
Mal	122.	329	Padraig O'Kane	Vet 35+	18.	24:08	48:07
Mal	123.	414	Keith Morrow	Vet 40+	15.	24:30	48:09
Fem	124.	218	Pamela Howe	Vet 50+	3.	24:06	48:14
Mal	125.	345	Patrick McCann	Open	32.	23:26	48:15
Mal	126.	260	Martin kolbohm	Vet 50+	18.	24:16	48:24
Mal	127.	253	Roddy McIvor	Vet 50+	19.	24:20	48:25
Mal	128.	445	John Knocker	Vet 60+	5.	24:41	48:25
Fem	129.	435	Karen McElroy	Vet 45+	5.	24:32	48:33
Fem	130.	203	Kerry Evans	Local	2.	24:43	48:49
Mal	131.	242	Colm Ross	Vet 60+	6.	24:24	48:52
Mal	132.	303	Noel McAllister	Vet 35+	19.	24:13	48:58
Mal	133.	428	Joseph Carey	Open	33.	25:31	49:05
Mal	134.	255	Alan Donnelly	Vet 40+	16.	24:27	49:13
Mal	135.	430	Karol Doherty	Vet 35+	20.	24:54	49:25
Fem	136.	339	Christina McErlean	Local	3.	24:32	49:28
Fem	137.	230	Claire Ramsey	Open	7.	25:09	49:42
Mal	138.	333	Brian McCart	Vet 45+	14.	25:10	49:44
Mal	139.	330	Chris Magill	Vet 60+	7.	25:18	49:55
Mal	140.	434	Brendan McCamphill	Vet 40+	17.	25:10	49:56
Fem	141.	397	Ann-Marie McCoy	Vet 45+	6.	25:14	49:56
Fem	142.	323	Elizabeth Deighan	Vet 50+	4.	25:23	50:02
Mal	143.	282	Trevor Hutchinson	Vet 35+	21.	24:59	50:15
Mal	144.	207	Chris Bradley	Vet 50+	20.	26:04	50:21
Mal	145.	312	Mark McAllister	Local	7.	24:35	50:28
Mal	146.	278	Damien Trainor	Vet 35+	22.	25:05	50:36
Mal	147.	392	Gerard Hassan	Vet 40+	18.	26:18	50:37
Mal	148.	437	Cathal McQuillan	Local	8.	25:43	50:38
Mal	149.	420	Max McGovern	Local	9.	26:34	50:40
Mal	150.	201	Paul Marshall	Vet 45+		26:05	50:46
Mal	151.	403	Mark McAtamney	Vet 45+	23.	26:06	50:47
Mal	151.	313	Kieran O'Kane	Vet 50+	23.	25:10	50:48
					8.		
Fem Fom	153.	237	Alanna Millar	Open		25:52	51:01
Fem	154.	262	Laura O'Kane	Open	9.	25:41	51:11

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M/F	Race Pos	Num	Name	Class	Class Pos	5K Time	10kTime
Mal	155.	328	Chris Jones	Open	34.	25:29	51:21
Mal	156.	311	Jonathan Caskey	Vet 40+	19.	25:33	51:40
Mal	157.	206	Jim Platt	Vet 60+	8.	26:07	51:44
Fem	158.	395	Majella McAteer	Vet 40+	5.	25:55	51:50
Mal	159.	315	Liam O'Hagan	Open	35.	25:38	51:56
Fem	160.	354	Bridie Young	Vet 50+	5.	26:13	52:06
Mal	161.	233	Darren O'Neill	Local	10.	26:41	52:09
Mal	162.	258	Peter Donnelly	Vet 50+	22.	26:27	52:22
Mal	163.	214	Gergo Poloskei	Open	36.	26:09	52:26
Fem	164.	222	Louise Hanna	Open	10.	26:54	52:37
Mal	165.	321	James Porter	Vet 45+	16.	26:20	52:55
Mal	166.	316	Carey Henderson	Vet 35+	24.	26:25	53:01
Fem	167.	277	Louise Trainor	Vet 35+	3.	26:10	53:02
Fem	168.	294	Kathryn McGilligan	Vet 35+	<u> </u>	27:37	53:10
Fem	169.	419	Anna Campbell	Local	4.	26:34	53:10
Mal	170.	211	Shaun McKinley	Vet 40+	20.	26:40	53:30
Fem	171.	384	Jenny Mullan	Vet 35+	5.	27:06	53:36
Mal	171.	383	Barry Mullan	Vet 35+	5. 25.	27:06	53:36
Mal			Ciaran McGuckin				
	173.	426		Open	37.	26:01	53:37
Fem	174.	248	Aisling Burke	Vet 35+	6.	27:27	53:37
Mal	175.	232	Kieran Henry	Vet 50+	23.	27:27	53:41
Fem	176.	308	Caroline O'Loughlin	Vet 35+	7.	26:50	53:44
Mal	177.	221	Andrew Wilson	Vet 50+	24.	27:26	53:46
Mal	178.	446	David Knox	Vet 60+	9.	26:58	53:52
Fem	179.	267	Aelish Convery	Local	5.	26:55	53:57
Mal	180.	399	Michael O'Neill	Vet 35+	26.	27:56	53:59
Mal	181.	400	Dermot O'Neill	Local	11.	27:56	53:59
Fem	182.	332	Maura McKenna	Open	11.	27:31	54:02
Fem	183.	376	Sheila McCloy	Vet 45+	7.	26:54	54:06
Fem	184.	389	Denise McGuckin	Vet 35+	8.	27:38	54:08
Fem	185.	406	Leah O'Neill	Vet 40+	6.	27:41	54:08
Fem	186.	205	Sinead Higgins	Vet 45+	8.	27:35	54:11
<u>Mal</u>	187.	304	Gerard Henry	Vet 50+	25.	27:45	54:13
<u>Mal</u>	188.	393	Keelan McCrudden	Open	38.	27:01	54:15
Mal	189.	223	Patrick Lynch	Local	12.	26:59	54:28
Mal	190.	429	Stephen McFerran	Open	39.	27:15	54:40
Mal	191.	212	Damian Rhodes	Open	40.	27:10	54:45
Mal	192.	289	Barry Moore	Vet 40+	21.	28:06	54:51
Fem	193.	388	Fiona Coleman	Vet 40+	7.	27:39	55:00
Mal	194.	360	Craig Badger	Open	41.	28:03	55:04
Mal	195.	202	Ken Butler	Vet 50+	26.	28:02	55:07
Mal	196.	268	David Nicholson	Vet 60+	10.	27:46	55:12
Fem	197.	401	Aileen McKenna	Local	6.	27:25	55:44
Mal	198.	250	Des McFarlane	Vet 50+	27.	27:44	55:46
Fem	199.	236	Liz Dowey	Vet 50+	6.	28:29	55:56
Fem	200.	440	Elaine Hargan	Vet 35+	9.	28:07	55:56
Mal	201.	349	Ciaran Brown	Vet 45+	17.	29:32	56:05
Mal	202.	269	Mark Neely	Vet 40+	22.	27:27	56:12
Fem	203.	353	Shauneen McCann	Open	12.	28:32	56:21
Fem	204.	351	Aine Rafferty	Open	13.	36:54	56:26
Fem	205.	279	Caoimhe McKenna	Open	14.	28:32	57:17
Fem	206.	284	Oonagh Madden	Vet 35+	10.	28:33	57:17

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M/F	Race Pos	Num	Name	Class	Class Pos	5K Time	10kTime
Fem	207.	306	Catriona Hull	Local	7.	28:27	57:20
Fem	208.	305	Aileen McKee	Vet 45+	9.	28:28	57:20
Fem	209.	224	Lorraine McKeever	Vet 40+	8.	28:50	57:23
Fem	210.	225	Michelle Comer	Vet 40+	9.	28:50	57:24
Mal	211.	356	Declan Young	Vet 50+	28.	29:32	57:38
Mal	212.	362	Stephen Neeson	Vet 50+	29.	28:25	57:57
Mal	213.	317	Deaglan Lowry	Open	42.	28:06	57:57
Fem	214.	421	Judith Maneely	Vet 35+	11.	29:32	58:09
Mal	215.	210	Ian Prime	Vet 50+	30.	28:01	58:11
Fem	216.	256	Noreen Brizzell	Vet 45+	10.	29:02	58:34
Mal	217.	280	Tony McMullin	Local	13.	28:28	58:38
Fem	218.	425	Brenda Burns	Vet 40+	10.	29:24	58:49
Fem	219.	272	Karen Shaw	Vet 45+	11.	29:35	59:05
Mal	220.	228	Tracy Canavan	Vet 45+	18.	31:04	1:00:10
Fem	221.	226	Emer Thompson	Vet 40+	11.	30:31	1:00:27
Mal	222.	396	Pat Scullion	Vet 60+	11.	29:58	1:00:27
Mal	223.	375	Brian Howe	Vet 60+	12.	30:31	1:00:35
Fem	224.	390	Karen Henderson	Vet 45+	12.	31:06	1:00:35
Fem	225.	334	Teresa Mulligan	Vet 50+	7.	31:04	1:01:10
Mal	226.	274	Stephen McWilliams	Vet 45+	19.	30:45	1:01:13
Mal	227.	331	Martin Skelly	Vet 40+	23.	31:13	1:01:13
Fem	228.	298	Tanya Lagan	Vet 35+	12.	30:23	1:01:15
Fem	229.	418	Anne Cassidy	Vet 50+	8.	31:06	1:01:26
Fem	230.	407	Clare Duggan	Vet 45+	13.	31:58	1:01:41
Fem	231.	342	Susan Duggan	Vet 50+	9.	31:09	1:01:47
Fem	232.	301	Carey Walls	Vet 40+	12.	31:28	1:02:03
Fem	233.	448	Sinead McGrogan	Open	15.	31:10	1:02:18
Fem	234.	216	Pauline Duke	Vet 45+	14.	31:27	1:02:38
Mal	235.	374	Colin Connolly	Vet 50+	31.	30:24	1:02:41
Fem	236.	296	Amanda Church	Vet 35+	13.	31:57	1:03:39
Fem	237.	295	Lynda Pattison	Vet 35+	14.	31:57	1:03:40
Fem	238.	336	Jackie McCann	Vet 35+	15.	32:31	1:04:37
Mal	239.	300	Tom Halferty	Vet 60+	13.	33:09	1:05:02
Fem	240.	405	Patrica Mulligan	Vet 45+	15.	32:26	1:05:17
Fem	241.	220	Annette Rafferty	Vet 45+	16.	32:18	1:05:18
Fem	242.	335	Liz Trimble	Vet 45+	17.	32:32	1:05:18
Fem	243.	243	Clodagh Gallagher	Vet 35+	16.	32:28	1:05:27
Fem	244.	263	Grainne O'Kane	Open	16.	33:06	1:06:31
Fem	245.	245	Patricia McDade	Vet 50+	10.	34:22	1:10:27

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