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31 319 Colm McGuckan Sperrin Harriers M40 20:24 20:28 0:04 6:35/M 32 307 Jason O'Neill Sperrin Harriers M40 20:30 20:34 0:04 6:37/M 33 263 Natalie Hall Sperrin Harriers FO 20:30 20:34 0:04 6:37/M 34 335 Eoghan McElduff Kildress MO 20:32 20:35 0:02 6:37/M 35 345 Gary McGuckin Acorns AC M40 20:36 20:41 0:04 6:39/M 36 226 Plunkett Donnelly Omagh Harriers MO 20:38 20:44 0:06 6:39/M 37 386 Niall Heaney Omagh Harriers M50 20:38 20:44 0:06 6:39/M 38 276 John McGinn Omagh Harriers M50 20:40 20:45 0:05 6:40/M 39 369 Michael Ward Omagh Harriers M40 20:41 20:45 0:05 6:40/M 40 277 Fintan McGuckin M40 20:41 20:45 0:04 6:40/M 41 395 Steven Earon Sperrin Harriers M0 20:43 20:49 0:06 6:41/M 42 370 Ciara Coyle Carmen Runners FO 20:45 20:49 0:04 6:42/M 43 398 Garreth McCullagh M0 20:48 20:52 0:04 6:43/M 44 295 Bobby Collins Project Africa M50 20:49 20:56 0:07 6:43/M 45 217 Shane Donnelly M0 20:55 21:03 0:08 6:45/M 46 261 James McCabe Omagh Harriers M0 21:06 0:06 6:46/M 47 473 Eoin Loughran Sperrin Harriers M0 21:07 21:14 0:07 6:49/M 49 354 Jimmy Purvis Sperrin Harriers M50 21:07 21:14 0:07 6:49/M 50 262 Billy Orr Foyle Valley AC M50 21:17 21:21 0:04 6:55/M 51 274 Paul Hughes M30 Paul Martin Magherafelt Harriers M50 21:26 21:33 0:07 6:55/M 52 368 Darragh Ward Omagh Harriers M50 21:26 21:33 0:07 6:55/M 53 345 Alleen McCann Omagh Harriers M50 21:26 21:33 0:07 6:55/M 52 364 Alleen McCann Omagh Harriers M50 21:26 21:33 0:07 6:55/M 53 354 Alleen McCann Omagh Harriers M50 21:26 21:33 0:07 6:55/M 54 306 Farghal McDonald Omagh Harriers M60 21:20 21:21 0:0				Sperrin Harriers					
32 307 Jason O'Neill Sperrin Harriers M40 20:30 20:34 0:04 6:37/M									
33 263 Natalie Hall Sperrin Harriers FO 20:30 20:34 0:03 6:37/M 34 335 Eoghan McElduff Kildress MO 20:32 20:35 0:02 6:37/M 35 345 Gary McGuckin Acorns AC M40 20:36 20:41 0:04 6:39/M 36 226 Plunkett Donnelly Omagh Harriers MO 20:38 20:44 0:06 6:39/M 37 386 Niall Heaney Omagh Harriers M50 20:38 20:43 0:04 6:39/M 38 276 John McGinn Omagh Harriers M50 20:40 20:45 0:05 6:40/M 39 369 Michael Ward Omagh Harriers M40 20:41 20:45 0:04 6:42/M 40 277 Fintan McGuckin M40 20:44 20:55 0:06 6:41/M 41 395 Steven Earon Sperrin Harriers M0 20:44 20:50 0:06<		307	Jason O'Neill		M40			0:04	
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39 369 Michael Ward Omagh Harriers M40 20:41 20:45 0:04 6:40/M 40 277 Fintan McGuckin M40 20:43 20:49 0:06 6:41/M 41 395 Steven Earon Sperrin Harriers MO 20:44 20:50 0:06 6:41/M 42 370 Ciara Coyle Carmen Runners FO 20:45 20:49 0:04 6:42/M 43 398 Garreth McCullagh MO 20:48 20:52 0:04 6:43/M 44 295 Bobby Collins Project Africa M50 20:49 20:56 0:07 6:43/M 45 217 Shane Donnelly M0 20:55 21:03 0:08 6:45/M 46 261 James McCabe Omagh Harriers M40 21:00 21:06 0:06 6:46/M 47 473 Eoin Loughran Sperrin Harriers M50 21:04 21:12 0:08 6:48/M	38	276			M50			0:05	
41 395 Steven Earon Sperrin Harriers MO 20:44 20:50 0:06 6:41/M 42 370 Ciara Coyle Carmen Runners FO 20:45 20:49 0:04 6:42/M 43 398 Garreth McCullagh MO 20:48 20:52 0:04 6:43/M 44 295 Bobby Collins Project Africa M50 20:49 20:56 0:07 6:43/M 45 217 Shane Donnelly MO 20:55 21:03 0:08 6:45/M 46 261 James McCabe Omagh Harriers M40 21:00 21:06 0:06 6:46/M 47 473 Eoin Loughran Sperrin Harriers M0 21:04 21:12 0:08 6:48/M 48 378 Peter Gormley Omagh Harriers M50 21:07 21:14 0:07 6:49/M 49 354 Jimmy Purvis Sperrin Harriers M0 21:10 21:17 21:21 0:06<	39	369	Michael Ward		M40	20:41	20:45	0:04	
42 370 Ciara Coyle Carmen Runners FO 20:45 20:49 0:04 6:42/M 43 398 Garreth McCullagh MO 20:48 20:52 0:04 6:43/M 44 295 Bobby Collins Project Africa M50 20:49 20:56 0:07 6:43/M 45 217 Shane Donnelly MO 20:55 21:03 0:08 6:45/M 46 261 James McCabe Omagh Harriers M40 21:00 21:06 0:06 6:46/M 47 473 Eoin Loughran Sperrin Harriers MO 21:04 21:12 0:08 6:48/M 48 378 Peter Gormley Omagh Harriers M50 21:07 21:14 0:07 6:49/M 49 354 Jimmy Purvis Sperrin Harriers MO 21:10 21:17 0:06 6:50/M 50 262 Billy Orr Foyle Valley AC M50 21:17 21:21 0:04 6:52/M <td>40</td> <td>277</td> <td>Fintan McGuckin</td> <td></td> <td>M40</td> <td>20:43</td> <td>20:49</td> <td>0:06</td> <td>6:41/M</td>	40	277	Fintan McGuckin		M40	20:43	20:49	0:06	6:41/M
43 398 Garreth McCullagh MO 20:48 20:52 0:04 6:43/M 44 295 Bobby Collins Project Africa M50 20:49 20:56 0:07 6:43/M 45 217 Shane Donnelly MO 20:55 21:03 0:08 6:45/M 46 261 James McCabe Omagh Harriers M40 21:00 21:06 0:06 6:46/M 47 473 Eoin Loughran Sperrin Harriers MO 21:04 21:12 0:08 6:48/M 48 378 Peter Gormley Omagh Harriers M50 21:07 21:14 0:07 6:49/M 49 354 Jimmy Purvis Sperrin Harriers MO 21:10 21:17 0:06 6:50/M 50 262 Billy Orr Foyle Valley AC M50 21:17 21:21 0:04 6:52/M 51 274 Paul Hughes M40 21:19 21:26 0:06 6:53/M <	41	395	Steven Earon	Sperrin Harriers	MO	20:44	20:50	0:06	6:41/M
43 398 Garreth McCullagh MO 20:48 20:52 0:04 6:43/M 44 295 Bobby Collins Project Africa M50 20:49 20:56 0:07 6:43/M 45 217 Shane Donnelly MO 20:55 21:03 0:08 6:45/M 46 261 James McCabe Omagh Harriers M40 21:00 21:06 0:06 6:46/M 47 473 Eoin Loughran Sperrin Harriers MO 21:04 21:12 0:08 6:48/M 48 378 Peter Gormley Omagh Harriers M50 21:07 21:14 0:07 6:49/M 49 354 Jimmy Purvis Sperrin Harriers MO 21:10 21:17 0:06 6:50/M 50 262 Billy Orr Foyle Valley AC M50 21:17 21:21 0:04 6:52/M 51 274 Paul Hughes M40 21:19 21:26 0:06 6:53/M <				- '					
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45 217 Shane Donnelly MO 20:55 21:03 0:08 6:45/M 46 261 James McCabe Omagh Harriers M40 21:00 21:06 0:06 6:46/M 47 473 Eoin Loughran Sperrin Harriers MO 21:04 21:12 0:08 6:48/M 48 378 Peter Gormley Omagh Harriers M50 21:07 21:14 0:07 6:49/M 49 354 Jimmy Purvis Sperrin Harriers M0 21:10 21:17 0:06 6:50/M 50 262 Billy Orr Foyle Valley AC M50 21:17 21:21 0:04 6:52/M 51 274 Paul Hughes M40 21:19 21:26 0:06 6:53/M 52 368 Darragh Ward Omagh Harriers MJ 21:22 21:26 0:04 6:54/M 53 213 Paul McAleer M0 21:22 21:38 0:16 6:54/M 54 306 Paul Martin Magherafelt Harriers M50 21:24 21:34	44	295	Bobby Collins	Project Africa	M50	20:49	20:56	0:07	
46 261 James McCabe Omagh Harriers M40 21:00 21:06 0:06 6:46/M 47 473 Eoin Loughran Sperrin Harriers M0 21:04 21:12 0:08 6:48/M 48 378 Peter Gormley Omagh Harriers M50 21:07 21:14 0:07 6:49/M 49 354 Jimmy Purvis Sperrin Harriers M0 21:10 21:17 0:06 6:50/M 50 262 Billy Orr Foyle Valley AC M50 21:17 21:21 0:04 6:52/M 51 274 Paul Hughes M40 21:19 21:26 0:06 6:53/M 52 368 Darragh Ward Omagh Harriers MJ 21:22 21:26 0:04 6:54/M 53 213 Paul McAleer MO 21:22 21:38 0:16 6:54/M 54 306 Paul Martin Magherafelt Harriers M50 21:24 21:34 0:09 6:54/M 55 430 Laura Mitchell Sperrin Harriers FO 2	45	217	Shane Donnelly		MO	20:55	21:03	0:08	
48 378 Peter Gormley Omagh Harriers M50 21:17 21:14 0:07 6:49/M 49 354 Jimmy Purvis Sperrin Harriers M0 21:10 21:17 0:06 6:50/M 50 262 Billy Orr Foyle Valley AC M50 21:17 21:21 0:04 6:52/M 51 274 Paul Hughes M40 21:19 21:26 0:06 6:53/M 52 368 Darragh Ward Omagh Harriers MJ 21:22 21:26 0:04 6:54/M 53 213 Paul McAleer M0 21:22 21:38 0:16 6:54/M 54 306 Paul Martin Magherafelt Harriers M50 21:24 21:34 0:09 6:54/M 55 430 Laura Mitchell Sperrin Harriers FO 21:26 21:33 0:07 6:55/M 56 342 Aileen McCann Omagh Harriers FO 21:48 21:46 0:05 7:02/M <td>46</td> <td>261</td> <td>i</td> <td>Omagh Harriers</td> <td>M40</td> <td>21:00</td> <td>21:06</td> <td>0:06</td> <td>6:46/M</td>	46	261	i	Omagh Harriers	M40	21:00	21:06	0:06	6:46/M
49 354 Jimmy Purvis Sperrin Harriers MO 21:10 21:17 0:06 6:50/M 50 262 Billy Orr Foyle Valley AC M50 21:17 21:21 0:04 6:52/M 51 274 Paul Hughes M40 21:19 21:26 0:06 6:53/M 52 368 Darragh Ward Omagh Harriers MJ 21:22 21:26 0:04 6:54/M 53 213 Paul McAleer MO 21:22 21:38 0:16 6:54/M 54 306 Paul Martin Magherafelt Harriers M50 21:24 21:34 0:09 6:54/M 55 430 Laura Mitchell Sperrin Harriers FO 21:26 21:33 0:07 6:55/M 56 342 Aileen McCann Omagh Harriers F40 21:40 21:46 0:05 6:59/M 57 297 Lyndsey McGinty R Running Club FO 21:48 21:54 0:05 7:02/M </td <td>47</td> <td>473</td> <td>Eoin Loughran</td> <td>Sperrin Harriers</td> <td>MO</td> <td>21:04</td> <td>21:12</td> <td>0:08</td> <td>6:48/M</td>	47	473	Eoin Loughran	Sperrin Harriers	MO	21:04	21:12	0:08	6:48/M
50 262 Billy Orr Foyle Valley AC M50 21:17 21:21 0:04 6:52/M 51 274 Paul Hughes M40 21:19 21:26 0:06 6:53/M 52 368 Darragh Ward Omagh Harriers MJ 21:22 21:26 0:04 6:54/M 53 213 Paul McAleer MO 21:22 21:38 0:16 6:54/M 54 306 Paul Martin Magherafelt Harriers M50 21:24 21:34 0:09 6:54/M 55 430 Laura Mitchell Sperrin Harriers FO 21:26 21:33 0:07 6:55/M 56 342 Aileen McCann Omagh Harriers F40 21:40 21:46 0:05 6:59/M 57 297 Lyndsey McGinty R Running Club FO 21:48 21:54 0:05 7:02/M 58 356 Fearghal McDonald Omagh Harriers M40 22:09 22:20 0:10 7:06	48	378	Peter Gormley	Omagh Harriers	M50	21:07	21:14	0:07	6:49/M
51 274 Paul Hughes M40 21:19 21:26 0:06 6:53/M 52 368 Darragh Ward Omagh Harriers MJ 21:22 21:26 0:04 6:54/M 53 213 Paul McAleer MO 21:22 21:38 0:16 6:54/M 54 306 Paul Martin Magherafelt Harriers M50 21:24 21:34 0:09 6:54/M 55 430 Laura Mitchell Sperrin Harriers FO 21:26 21:33 0:07 6:55/M 56 342 Aileen McCann Omagh Harriers F40 21:40 21:46 0:05 6:59/M 57 297 Lyndsey McGinty R Running Club FO 21:48 21:54 0:05 7:02/M 58 356 Fearghal McDonald Omagh Harriers M40 22:02 22:11 0:09 7:06/M 59 344 Michael Shannon MO 22:09 22:20 0:10 7:09/M	49	354	Jimmy Purvis	Sperrin Harriers	MO	21:10	21:17	0:06	6:50/M
52 368 Darragh Ward Omagh Harriers MJ 21:22 21:26 0:04 6:54/M 53 213 Paul McAleer MO 21:22 21:38 0:16 6:54/M 54 306 Paul Martin Magherafelt Harriers M50 21:24 21:34 0:09 6:54/M 55 430 Laura Mitchell Sperrin Harriers FO 21:26 21:33 0:07 6:55/M 56 342 Aileen McCann Omagh Harriers F40 21:40 21:46 0:05 6:59/M 57 297 Lyndsey McGinty R Running Club FO 21:48 21:54 0:05 7:02/M 58 356 Fearghal McDonald Omagh Harriers M40 22:02 22:11 0:09 7:06/M 59 344 Michael Shannon MO 22:09 22:20 0:10 7:09/M	50	262	Billy Orr	Foyle Valley AC	M50	21:17	21:21	0:04	6:52/M
53 213 Paul McAleer MO 21:22 21:38 0:16 6:54/M 54 306 Paul Martin Magherafelt Harriers M50 21:24 21:34 0:09 6:54/M 55 430 Laura Mitchell Sperrin Harriers FO 21:26 21:33 0:07 6:55/M 56 342 Aileen McCann Omagh Harriers F40 21:40 21:46 0:05 6:59/M 57 297 Lyndsey McGinty R Running Club FO 21:48 21:54 0:05 7:02/M 58 356 Fearghal McDonald Omagh Harriers M40 22:02 22:11 0:09 7:06/M 59 344 Michael Shannon MO 22:09 22:20 0:10 7:09/M	51	274	Paul Hughes		M40	21:19	21:26	0:06	6:53/M
54 306 Paul Martin Magherafelt Harriers M50 21:24 21:34 0:09 6:54/M 55 430 Laura Mitchell Sperrin Harriers FO 21:26 21:33 0:07 6:55/M 56 342 Aileen McCann Omagh Harriers F40 21:40 21:46 0:05 6:59/M 57 297 Lyndsey McGinty R Running Club FO 21:48 21:54 0:05 7:02/M 58 356 Fearghal McDonald Omagh Harriers M40 22:02 22:11 0:09 7:06/M 59 344 Michael Shannon MO 22:09 22:20 0:10 7:09/M	52	368	Darragh Ward	Omagh Harriers	MJ	21:22	21:26	0:04	6:54/M
55 430 Laura Mitchell Sperrin Harriers FO 21:26 21:33 0:07 6:55/M 56 342 Aileen McCann Omagh Harriers F40 21:40 21:46 0:05 6:59/M 57 297 Lyndsey McGinty R Running Club FO 21:48 21:54 0:05 7:02/M 58 356 Fearghal McDonald Omagh Harriers M40 22:02 22:11 0:09 7:06/M 59 344 Michael Shannon MO 22:09 22:20 0:10 7:09/M	53	213	Paul McAleer		MO	21:22	21:38	0:16	6:54/M
56 342 Aileen McCann Omagh Harriers F40 21:40 21:46 0:05 6:59/M 57 297 Lyndsey McGinty R Running Club FO 21:48 21:54 0:05 7:02/M 58 356 Fearghal McDonald Omagh Harriers M40 22:02 22:11 0:09 7:06/M 59 344 Michael Shannon MO 22:09 22:20 0:10 7:09/M	54	306	Paul Martin	Magherafelt Harriers	M50	21:24	21:34	0:09	6:54/M
57 297 Lyndsey McGinty R Running Club FO 21:48 21:54 0:05 7:02/M 58 356 Fearghal McDonald Omagh Harriers M40 22:02 22:11 0:09 7:06/M 59 344 Michael Shannon MO 22:09 22:20 0:10 7:09/M	55	430	Laura Mitchell	•	FO	21:26	21:33	0:07	6:55/M
58 356 Fearghal McDonald Omagh Harriers M40 22:02 22:11 0:09 7:06/M 59 344 Michael Shannon MO 22:09 22:20 0:10 7:09/M	56	342	Aileen McCann	Omagh Harriers	F40	21:40	21:46	0:05	6:59/M
59 344 Michael Shannon MO 22:09 22:20 0:10 7:09/M	57	297	Lyndsey McGinty	R Running Club	FO	21:48	21:54	0:05	
	58	356	Fearghal McDonald	Omagh Harriers	M40	22:02	22:11	0:09	7:06/M
60 484 John McGrath Omagh Harriers M40 22:14 22:21 0:07 7:10/M	59	344	Michael Shannon		MO	22:09	22:20	0:10	7:09/M
	60	484	John McGrath	Omagh Harriers	M40	22:14	22:21	0:07	7:10/M

Place	Bib No	Name	Team	Category	Chip Time	Gun Time	Chip Diff	Mile Pace
61	465	Plunkett Doyle	l cum	M40	22:16	22:18	0:02	7:11/M
62	279	James McGuckin	Acorns AC	MJ	22:18	22:26	0:07	7:12/M
63	305	Sarah Hughes	Sperrin Harriers	FO	22:19	22:27	0:07	7:12/M
64	209	Matt Mallon	Бреннинантег	M40	22:21	22:32	0:10	7:13/M
65	323	Annemarie McKernan	Acorns AC	FO	22:24	22:29	0:05	7:14/M
66	343	Ryan McMenamin	7.001113710	MO	22:24	22:35	0:10	7:14/M
67	394	Louise Hall	Carmen Runners	FO	22:25	22:31	0:06	7:14/M
68	264	Russell Bell	Sperrin Harriers	M40	22:42	22:51	0:08	7:19/M
69	384	Austin McGrath	Omagh Harriers	M40	22:46	22:58	0:11	7:21/M
70	388	Sean Hagan		MJ	22:50	22:56	0:05	7:22/M
71	391	John Corey		M50	22:52	23:04	0:12	7:23/M
72	396	Sandra Mayne	Acorns AC	FO	22:54	22:59	0:05	7:23/M
73	403	Cathal Taggart		M40	22:57	23:17	0:20	7:24/M
74	390	Aisling Gillespie	Carmen Runners	FO	23:01	23:18	0:16	7:25/M
75	419	Tanya Quinn	Sperrin Harriers	FO	23:14	23:21	0:07	7:30/M
76	293	Stephen Barrett	Run For Enda Omagh Harriers	MO	23:29	23:40	0:11	7:35/M
77	478	Damien O'Neill	Omagh Harriers	MO	23:34	23:46	0:11	7:36/M
78	339	Adrian Sheridan	Omagh Harriers	MJ	23:43	23:53	0:10	7:39/M
79	324	Frances Bell	Acorns AC	FO	23:48	23:53	0:05	7:41/M
80	302	Stephanie Henry	Sperrin Harriers	FO	23:50	23:55	0:04	7:41/M
81	268	Barry Hall	Sperrin Harriers	MO	24:02	24:11	0:09	7:45/M
82	304	Aine Rodgers	Omagh Harriers	FJ	24:05	24:08	0:03	7:46/M
83	453	Ryan McCaskie	Muck Hogs P.H.F. Omagh	MO	24:06	24:19	0:13	7:46/M
84	337	James Kirwan	Widek Hogs Firm Comagn	MO	24:10	24:36	0:25	7:48/M
85	459	Margaret Conway	Sperrin Harriers	FO	24:12	24:20	0:08	7:48/M
86	303	Jordan Henry	Sperim marriers	MJ	24:13	24:21	0:08	7:49/M
87	299	Leona Carson	R Running Club	FO	24:15	24:32	0:00	7:49/M
88	449	Aislinn McDermott	It ttatilling class	FO	24:15	24:29	0:17	7:49/M
89	270	Clare McCallion	Sperrin Harriers	FO	24:16	24:24	0:08	7:50/M
90	483	Declan Hurson	Carmen Runners	MO	24:16	24:44	0:27	7:50/M
91	338	Susanne McCammick	Sperrin Harriers	FO	24:34	24:48	0:13	7:55/M
92	278	John Paul McGuckin	Acorns AC	MO	24:34	24:40	0:05	7:55/M
93	481	Mickey Molloy	Pomeroy Runners	M50	24:42	24:54	0:11	7:58/M
94	373	Aidan Kelly	- concret manners	MO	24:44	25:00	0:16	7:59/M
95		Orlagh McElhone	Mary Anderson Foundation	FO	24:44	24:59	0:15	7:59/M
96	385	Keith Dolan	Omagh Harriers	M40	24:48	24:59	0:11	8:00/M
97	363	Deirdre Conway	Sperrin Harriers	F40	24:49	24:58	0:09	8:00/M
98	389	Joanne Bell	Sperrin Harriers	FO	24:49	24:56	0:07	8:00/M
99	414	James Campbell	Monaghan Town Runners	M40	24:51	25:11	0:19	8:01/M
100	215	Cathal Corr	Pomeroy Runners	МО	25:02	25:39	0:36	8:05/M
101	291	Dominic McCanny	Omagh Harriers	M50	25:04	25:16	0:12	8:05/M
102	286	Barry Tracey	Greencastle AC	M40	25:05	25:15	0:09	8:05/M
103	351	Catriona Gillen	Carmen Runners	FO	25:05	25:22	0:16	8:05/M
104	428	Lisa Murray	Pomeroy Runners	FO	25:08	25:19	0:10	8:06/M
105	314	Louise Kelly	Sperrin Harriers	F40	25:18	25:34	0:16	8:10/M
106	418	Fiona Devlin	Sperrin Harriers	FO	25:19	25:27	0:07	8:10/M
107	413	Geraldine Campbell	Monaghan Town Runners	F40	25:24	25:42	0:18	8:12/M
108	269	Colm McGarvey		M40	25:29	25:48	0:18	8:13/M
109	420	Fiona Teague	Carmen Runners	F40	25:30	25:40	0:10	8:14/M
110	359	Emma Ward		FO	25:33	25:55	0:22	8:15/M
111	221	Ciaran Slane	Carmen Runners	МО	25:33	25:48	0:14	8:15/M
112	411	Noel McElhone	Carmen Runners	МО	25:45	26:12	0:27	8:18/M
113	382	Kieran Coyle	Carmen Runners	MO	25:48	26:03	0:15	8:19/M
114	477	Gemma McGurk	Carmen Runners	FO	25:52	26:17	0:24	8:21/M
115	479	Briege Cavanagh	Pomeroy Runners	FO	26:01	26:12	0:11	8:24/M
116	361	Nicola Gillespie	Sperrin Harriers	FO	26:03	26:16	0:13	8:24/M
117	250	Donna Blake	Carmen Runners	FO	26:12	26:17	0:05	8:27/M
118	234	Louise McQuade	Garvaghy Runners	FO	26:14	26:49	0:35	8:28/M
119	366	Denise O'Hagan		FO	26:19	26:50	0:31	8:29/M
120	298	Andrea Linton	Sperrin Harriers	F40	26:25	26:33	0:08	8:31/M
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Place	Bib No	Name	Team	Category	Chip Time	Gun Time	Chip Diff	Mile Pace
121	425	Bernie Fox	ream	FO	26:34	26:56	0:21	8:34/M
122	480	Martina Molloy	Pomeroy Runners	F40	26:39	26:50	0:11	8:36/M
123	412	Ciara McElhone	Carmen Runners	FO	26:43	27:12	0:28	8:37/M
124	400	Caroline O'Neill		FO	26:46	27:19	0:33	8:38/M
125	347	Joanne McCourt		F40	26:46	27:19	0:32	8:38/M
126	267	John McGarvey		M40	26:46	27:06	0:19	8:38/M
127	424	Aisling O'Kane		FO	26:50	27:21	0:31	8:39/M
128	397	Peggy Myles	Greencastle AC	FO	26:51	27:14	0:23	8:40/M
129	308	Gael Martin	Sperrin Harriers	FO	26:52	27:07	0:15	8:40/M
130	353	Catriona McAleer	i i	FO	26:56	27:16	0:20	8:41/M
131	407	Claire McGrath	Tattyreagh	F40	26:56	27:14	0:18	8:41/M
132	393	Carla Brennan	Acorns AC	FO	27:04	27:29	0:24	8:44/M
133	320	Claire Dobbs		FO	27:05	27:23	0:17	8:44/M
134	383	Ronan Coyle	Carmen Runners	МО	27:05	27:21	0:15	8:44/M
135	315	Roisin Martin	Sperrin Harriers	F50	27:11	27:26	0:14	8:46/M
136	284	Eimear Tracey	Greencastle AC	FJ	27:11	27:20	0:08	8:46/M
137	426	Paul McCullagh	Pomeroy Runners	МО	27:14	27:51	0:37	8:47/M
138	463	Martin McCreesh	·	МО	27:19	27:51	0:31	8:49/M
139	435	Bridie Kelly	Challenge Fitness	F40	27:20	27:51	0:31	8:49/M
140	392	TaraLea McElduff	Carmen Runners	FO	27:20	27:46	0:25	8:49/M
141	452	Barry Campbell		МО	27:25	28:13	0:48	8:51/M
142	451	Michelle McMackin	Omagh Harriers	FO	27:25	28:13	0:48	8:51/M
143	296	Roddy McIvor	Sperrin Harriers	M40	27:33	27:51	0:18	8:53/M
144	254	Louise McCullagh		FO	27:35	27:47	0:12	8:54/M
145	471	Rose Carr	Pomeroy Runners	F50	27:42	28:17	0:34	8:56/M
146	469	Carmel Kilpatrick	Pomeroy Runners	F50	27:42	28:17	0:34	8:56/M
147	375	Ciara Chisholm	,	FO	27:43	28:07	0:23	8:56/M
148	401	Kelly Diamond		FO	27:51	28:25	0:33	8:59/M
149	440	Gail Mallon	GI Bootcamp	F40	27:55	28:14	0:19	9:00/M
150	340	Karen Thom	Sperrin Harriers	F40	28:06	28:20	0:14	9:04/M
151	336	Caroline Coyle	Greencastle AC	FO	28:11	28:33	0:21	9:05/M
152	402	Emma Taggart		FJ	28:14	28:34	0:20	9:06/M
153	427	Noreen McCullagh	Pomeroy Runners	FO	28:38	29:13	0:34	9:14/M
154	462	Irene McCreesh		FO	28:43	29:14	0:31	9:16/M
155	364	Sinead McAleer		FO	28:46	29:31	0:45	9:17/M
156	467	Nuala Hampsey	Pomeroy Runners	FO	28:52	29:26	0:34	9:19/M
157	433	Roisin Cuskeron		F40	28:54	29:25	0:31	9:19/M
158	219	Bronwen Quinn	Pomeroy Runners	F40	28:55	29:37	0:42	9:20/M
159	408	Kellie Mackey		FO	28:56	29:14	0:18	9:20/M
160	422	Mairead O'Kane		FO	29:02	29:32	0:30	9:22/M
161	311	Brenda Darragh	Sperrin Harriers	FO	29:05	29:19	0:13	9:23/M
162	482	Bronagh Hurson	Carmen Runners	FO	29:11	29:37	0:26	9:25/M
163	444	Meaghan McNamee		FO	29:12	29:33	0:21	9:25/M
164	450	Tish Myles	Greencastle AC	FO	29:12	29:37	0:24	9:25/M
165	317	Denise Meenan		FO	29:24	30:04	0:39	9:29/M
166	312	Aisling McLaren		FO	29:28	29:41	0:12	9:30/M
167	365	Conor McAleer		MO	29:32	30:18	0:46	9:32/M
168	256	Sandra Hunter		FO	29:35	30:19	0:44	9:33/M
169	232	Twyla Moffit	Muck Hogs P.H.F. Omagh	F40	29:55	30:25	0:30	9:39/M
170	285	Julie Tracey	Greencastle AC	F40	29:56	30:17	0:21	9:39/M
171	300	Sean Hannon	R Running Club	MO	30:02	30:26	0:24	9:41/M
172	326	Louise McNally		FO	30:04	30:23	0:19	9:42/M
173	441	Sharon Lagan		FO	30:04	30:23	0:19	9:42/M
174	259	Faye Hunter		FJ	30:05	30:49	0:44	9:42/M
175	423	Eimear O'Kane		FO	30:21	30:52	0:30	9:47/M
176	220	Eileen Corrigan	Pomeroy Runners	F50	30:26	31:07	0:40	9:49/M
177	211	Ursula Gray	Pomeroy Runners	FO	30:27	31:08	0:40	9:49/M
178	225	Theresa McAleer		FO	30:30	31:17	0:46	9:50/M
179	224	Cathal O'Brien		MO	30:31	31:18	0:47	9:51/M
180	399	John Kerlin		M50	30:32	31:09	0:36	9:51/M

Place	Bib No	Name	Team	Category	Chip Time	Gun Time	Chip Diff	Mile Pace
181	437	Angels Nugent	Pomeroy Runners	F40	30:33	31:14	0:40	9:51/M
182	438	Francis Nugent	Pomeroy Runners	M50	30:36	31:19	0:42	9:52/M
183	468	Joanne Kane	Pomeroy Runners	FO	30:37	31:11	0:34	9:53/M
184	454	Tanya Beattie	Muck Hogs P.H.F. Omagh	FO	30:40	31:09	0:28	9:54/M
185	434	Pauline Fullen	Challenge Fitness	F40	30:41	31:15	0:34	9:54/M
186	309	Korina Carson	R Running Club	FO	30:42	31:07	0:24	9:54/M
187	310	Noreen Donnelly	Sperrin Harriers	F40	30:45	31:00	0:14	9:55/M
188	313	Bernie Sonner	Sperrin Harriers	F60	30:48	31:04	0:15	9:56/M
189	358	Teresa McGarvey		F40	30:53	31:16	0:22	9:58/M
190	476	Pauline Loughran		FO	31:00	31:29	0:28	10:00/M
191	409	Rosemary Tanny	Carmen Runners	FO	31:01	31:29	0:28	10:00/M
192	212	Nicola McKernan		FO	31:04	31:21	0:17	10:01/M
193	210	Kerie McKernan		FO	31:05	31:22	0:17	10:02/M
194	432	Michelle Dennehy		FO	31:05	31:30	0:25	10:02/M
195	464	Patrick McPhillips	Mary Anderson Foundation	M40	31:06	31:41	0:35	10:02/M
196	457	Nuala Grogan	Mary Anderson Foundation	F40	31:06	31:43	0:36	10:02/M
197	458	Philip Anderson	Mary Anderson Foundation	M40	31:07	31:43	0:36	10:02/M
198	208	Tracy O'Gara		FO	31:22	32:03	0:40	10:07/M
199	348	Carmel Stewarty	Carmen Runners	FO	31:24	31:41	0:16	10:08/M
200	207	Claire Daly		FO	31:26	32:06	0:40	10:08/M
201	443	Sinead McNally	GI Bootcamp	FO	31:27	31:44	0:17	10:09/M
202	442	Julie McDonald	GI Bootcamp	FO	31:27	31:45	0:17	10:09/M
203	316	Lesley Talbot	Acorns AC	F40	31:33	32:06	0:33	10:11/M
204	318	Clare Talbot	Acorns AC	FO	31:33	32:06	0:33	10:11/M
205	415	Marie Loughlin		FO	31:49	32:27	0:38	10:16/M
206	222	Gemma O'Brien	Loughmacrory	FO	32:06	32:53	0:46	10:21/M
207	331	Ruby Bownes		FJ	32:08	32:57	0:49	10:22/M
208	332	Denise Bownes		F40	32:10	32:59	0:49	10:23/M
209	405	Ssharon Devlin		F40	32:20	32:49	0:29	10:26/M
210	218	Elaine Mallaghan	Pomeroy Runners	FO	32:23	32:57	0:33	10:27/M
211	416	Sandra Loughran	,	F40	32:25	33:04	0:38	10:27/M
212	367	Geraldine Fullen		F50	32:29	33:03	0:33	10:29/M
213	205	Catriona Mills	Pomeroy Runners	FO	32:33	33:12	0:39	10:30/M
214	448	Sinead Kerrigan	, , , , , , , , , , , , , , , , , , , ,	FO	32:55	33:08	0:13	10:37/M
215		Nicola McLaughlin	Muck Hogs P.H.F. Omagh	FO	33:11	33:42	0:30	10:42/M
216	327	Aimee McLaughlin	Muck Hogs P.H.F. Omagh	FJ	33:12	33:42	0:30	10:43/M
217	275	Rosemary Bradley		FO	33:17	33:31	0:14	10:44/M
218	272	Aileen Boggs	Lifford AC	FO	33:21	34:04	0:43	10:45/M
219	271	Rosemary Boggs	Lifford AC	F50	33:21	34:04	0:42	10:45/M
220	257	Elisha Hunter		FJ	33:23	34:07	0:44	10:46/M
221	227	Jane McLaughlin		FO	33:46	34:34	0:47	10:54/M
222	201	Orla Cunningham	Pomeroy Runners	FJ	34:04	34:47	0:43	10:59/M
223	374	Lisa O'Hanlon	,	F40	34:12	34:35	0:23	11:02/M
224	352	Gemma Fox		FO	34:23	34:44	0:20	11:05/M
225	346	Theresa Murry		FO	34:25	34:58	0:32	11:06/M
226	380	Beverley Somerville	Acorns AC	F40	34:40	35:29	0:49	11:11/M
227	214	Charlene O'Connor	Pomeroy Runners	FO	34:46	35:27	0:41	11:13/M
228	202	Marian Knipe	Pomeroy Runners	FO	34:50	35:29	0:38	11:14/M
229	372	Ann Brogan	·	F40	35:01	35:25	0:23	11:18/M
230	472	Aisling McElroy	Pomeroy Runners	FO	35:10	35:51	0:41	11:21/M
231	381	Nicola Badger	Acorns AC	F40	35:57	36:46	0:49	11:36/M
232	379	Judith McCusker		FO	36:04	36:27	0:23	11:38/M
233	349	Clare Glass		FO	36:29	37:07	0:38	11:46/M
234	350	Louise Gunn		FO	36:29	37:07	0:37	11:46/M
235	289	Michaela O'Neill		FO	36:53	37:20	0:27	11:54/M
236	223	Anita Dobbs	Loughmacrory	F40	36:57	37:45	0:47	11:55/M
237	470	Roisin Brogan	Pomeroy Runners	FO	37:03	37:45	0:41	11:57/M
238	203	Danielle Corrigan	Pomeroy Runners	FO	37:18	37:58	0:39	12:02/M
239	431	Maureen Gormley	·	F50	37:22	38:06	0:43	12:03/M
240	258	Kim Hunter		FJ	37:30	38:15	0:45	12:06/M
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Place	Bib No	Name	Team	Category	Chip Time	Gun Time	Chip Diff	Mile Pace
241	288	Elaine Greer		FO	37:30	37:58	0:27	12:06/M
242	456	Mainie Hamill	Pomeroy Runners	F40	37:30	38:13	0:42	12:06/M
243	410	Aimee McElhone	Carmen Runners	FJ	37:38	38:06	0:28	12:08/M
244	475	Caroline Rafferty	Pomeroy Runners	FO	38:01	38:43	0:42	12:16/M
245	204	Rosena Doyle	Pomeroy Runners	FO	38:04	38:43	0:39	12:17/M
246	329	Shea Toye	Muck Hogs P.H.F. Omagh	MJ	38:08	38:40	0:32	12:18/M
247	362	Shauna McBride	Muck Hogs P.H.F. Omagh	FO	38:14	38:43	0:29	12:20/M
248	328	Tiernan Toye	Muck Hogs P.H.F. Omagh	MJ	38:18	38:50	0:32	12:21/M
249	330	Teeny Mullan	Muck Hogs P.H.F. Omagh	F50	38:18	38:51	0:32	12:21/M
250	466	Pauline Gallagher	GI Bootcamp	F40	38:21	38:44	0:22	12:22/M
251	445	Una McVeigh	GI Bootcamp	FO	38:21	38:44	0:22	12:22/M
252	333	Anne Connolly	GI Bootcamp	F50	38:23	38:44	0:21	12:23/M
253	455	Aisling Potter		FO	38:58	39:11	0:12	12:34/M
254	406	Eimear Donnelly		FO	39:00	39:25	0:25	12:35/M
255	231	Cathy Rafferty		FO	39:00	39:26	0:25	12:35/M
256	260	Jackie Duffin	Muck Hogs P.H.F. Omagh	F40	39:08	39:38	0:29	12:37/M
257	229	Helen McCrumlish		FO	40:12	41:02	0:49	12:58/M
258	230	Paschal McCrumlish		M40	40:12	41:02	0:50	12:58/M
259	273	Sorcha Hughes		FJ	43:15	43:59	0:44	13:57/M
260	360	Claire McCrory		FO	46:28	46:51	0:23	14:59/M
261	290	Noreen Keenan	Greencastle AC	F50	50:01	50:32	0:30	16:08/M
262	255	Ciaran Collins	Project Africa	MO				
263	200	Catherine Cunningham	Pomeroy Runners	F40				
264	266	Sean McGarvey		MJ				
265	228	Margaret Mullan		FO				
266	446	Tracy Quinn	GI Bootcamp	FO				
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F40

MJ

GI Bootcamp

Greencastle AC

Esther Quinn

Sean Og Teague

267

268

447

421