



Angus McLeod <angus.p.mcleod@gmail.com>

Lawyers, Law schools and meditation.

3 messages

Louise Quekett <louise@quekett.com>

Thu, Sep 19, 2013 at 2:07 AM

To: Glen McLeod <glen@mcleodlawyer.com>, Angus McLeod <angus.p.mcleod@gmail.com>, Rory McLeod <rory.i.mcleod@gmail.com>, Joanne McLeod <joanne@mcleodlawyer.com>, Joanne McLeod <joannemcleod@hotmail.com>

Cc: Rupert Quekett <rupert@quekett.com>

The need is clear (profession with highest stress, greatest rates of depression and drug&alcohol abuse) and the practise has clearly been shown to be effective – see link to conference proceedings and article in attachment.

<http://mindfullawyerconference.org/default.htm>

I don't think anyone is doing this in Perth.

I think the evidence of benefit is so clear that it would potentially be possible to introduce this sort of class at a uni like Murdoch. The trouble is, who could possibly teach such a course? What are the chances of finding someone who has the expertise to teach it. Why you would need someone with, ideally, decades of experience in legal practise and a great deal of respect and success in the profession (i.e. Not a flake with weirdo ideas), AND decades of experience in meditation and teaching meditation. AND if possible they could be on the Murdoch faculty already and therefore have the requisite connections in the law school.

What are the chances of that?



Mindfulness meditation in law school.pdf

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Angus McLeod <angus.p.mcleod@gmail.com>

Thu, Sep 19, 2013 at 3:30 AM

To: Louise Quekett <louise@quekett.com>

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Why whomever could you mean?

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Glen McLeod <glen@mcleodlawyer.com>

Thu, Sep 19, 2013 at 3:41 AM

To: Angus McLeod <angus.p.mcleod@gmail.com>

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Thanks very much. Not sure I can think of anyone. I'll keep my eyes open at the IBA conference and possibly raise it on the Deans Advisory Group at Murdoch. Meanwhile, on the subject of great minds, see below.

"I am enclosing two tickets to the first night of my new play; bring a friend.... if you have one." - George Bernard Shaw to Winston Churchill

"Cannot possibly attend first night, will attend second.... if there is one." - Winston Churchill, in response.

Best wishes,

Dad

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