

MediCare Hospital — Patient Medical Report

Patient Name: John Chew
Date of Report: October 10, 2025
Doctor In Charge: Dr. Sarah Tan
Speciality: Cardiology

Consultation Summary

The patient presented with mild chest discomfort and shortness of breath over the last two weeks. A full cardiovascular evaluation was performed including ECG, echocardiogram, and lipid profile analysis.

The patient has a history of mild hypertension and elevated cholesterol. No major cardiac abnormalities were detected during imaging.

Diagnostic Test Results

Test Name	Result	Normal Range	Remarks
Blood Pressure	130 / 85 mmHg	120 / 80 mmHg	Slightly elevated
Total Cholesterol	5.8 mmol/L	< 5.2 mmol/L	Above optimal
LDL Cholesterol	3.6 mmol/L	< 3.0 mmol/L	Elevated
HDL Cholesterol	1.2 mmol/L	> 1.0 mmol/L	Normal
ECG	Normal sinus rhythm	—	Normal
Echocardiogram	Normal	—	Normal function

Prescriptions

Medication	Dosage	Frequency	Duration
Atorvastatin 10mg	1 tablet	Once daily	3 months
Aspirin 75mg	1 tablet	Once daily	3 months
Omega-3 Supplement	1000mg capsule	Once daily	3 months

Follow-Up

The next appointment is scheduled for **December 12, 2025**, for progress evaluation and repeat blood test.

Doctor's Signature: _____
Dr. Sarah Tan, MD (Cardiology)
MediCare Hospital, Kuala Lumpur