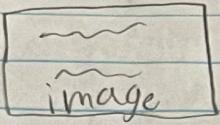


User post



image

timestamp

"Had a great workout!"

Activity Summary

Distance: 5.2 miles

Steps: 8,500

Calories: 350 kcal

Recent Workouts

Workout 2

date: 2024-3-6

distance: 4.3 km

duration: 28 min

calories: 210

Workout 1

date: 2024-3-4

distance: 3.0 km

duration: 20 min

calories: 170

GenAI Advice

time stamp

Early bird gets the worm!

motivational

image

here