

### Peer Coaching Reflection

1. The first and last name of the peer you had the meeting with.  
KwasiKumah Frank
2. The date *and* time that the coaching meeting took place.  
26/01/2025 3:00pm
3. The modality of the call (e.g., Zoom, Google Meet, WhatsApp, in person at [City Hub name]).  
Google Meet
4. Did you feel any anxiety before or during the meeting? Why or why not?  
I did not feel any kind of anxiety, because we are all young guys.
5. How valuable was the session with your peer? Explain.  
It was very valuable in the sense that, I learnt from my peer how effective time management can help improve your life.
6. Did you make a commitment to your peer? If yes, what was the commitment that you made?  
Yes, I did. He was busy so I had to wait for a while before he resumes back
7. Did you find anything surprising and/or gain any new insight due to the meeting?  
Yes, I found out my peer is a person with diverse ideas to solve Africa problems
8. How helpful did you find the coaching session overall? Explain and share your experience honestly.  
I found it very helpful by improving my communication, learning time management, learning about the favorite food of my peer and getting to know some of his beliefs which has a long way to impact Africa positively.

**PART 1: Write down your PICS** (You must state at least 2)

<p><b>P</b>assions</p> <p>What would you get out of bed for in the morning if money wasn't an issue?</p> <hr/> <ul style="list-style-type: none"><li>• The feeling of being able to help family and loved ones</li></ul>	<p><b>I</b>nterests</p> <p>What are you most curious about?</p> <hr/> <ul style="list-style-type: none"><li>• I am very curious about what I can bring into the world</li></ul>
<p><b>C</b>auses</p> <p>What keeps you up at night?</p> <hr/> <ul style="list-style-type: none"><li>• The future I picture in my mind</li></ul>	<p><b>S</b>trengths</p> <p>What is your superhero power?</p> <hr/> <ul style="list-style-type: none"><li>• Getting the job done.</li></ul>

## **PART 2: Write down your Personal Mission Statement** (by completing each of the statements below)

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### **1. My personal mission is...**

I am a shark.

### **2. My key strengths are...**

Communication  
Dealing with people  
Selling  
Negotiation  
Analytics

### **3. I pledge to further my development in...**

Data Science and communication

### **4. My core values as a leader are...**

To make impact on my followers.

**5. I pledge to advance society's greater good by...**

Creating affordable housing.

**6. I have chosen this personal mission because...**

I don't give up.