HONESTLY, THE SYSTEMS ARE VERY SIMILAR. THERE ARE SHARED CONCEPTS AND EACH SYSTEM HAS PROS AND CONS.

I'M GOING TO USE AN EXAMPLE FROM A QUORA ANSWER FROM A LEAD RECRUITER AT FACEBOOK. I'LL SUPPLEMENT IT WITH MY EXPERIENCE AS A PRODUCTION ENGINEER AT SHOPIFY.

THE LINK TO THE QUORA ANSWER CAN BE FOUND HERE