

| PERS / FORMS | <u>RUNS</u> | <u>QK GAME</u> | <u>DROPBACK</u> | OTHER MOVES | <u>TAGS</u> |
|--------------|-------------|----------------|-----------------|--------------------------------|-------------|
| | PANTHERS | | VERTS SWITCH | (SCREENS, MOVES, PLAY-ACTIONS) | SPEAR |
| | | | | SKETCHERS | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

FBALL's:

ALPHA, BRAVO, ECHO, FOXTROT, JULIET, LIMA, MIKE, NOVEMBER, ROMEO





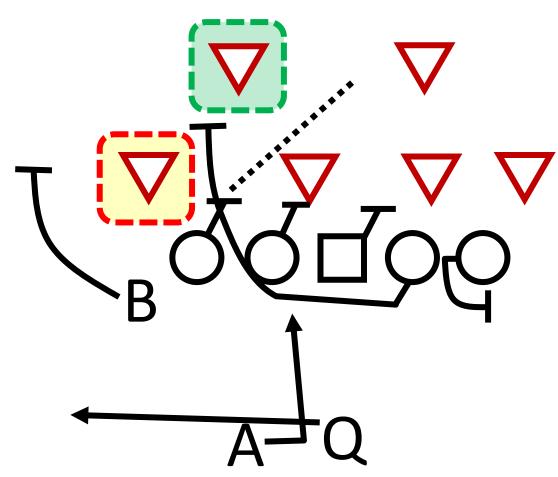
SCHEME

PHASE ONE: BS GAP, WRAPPER

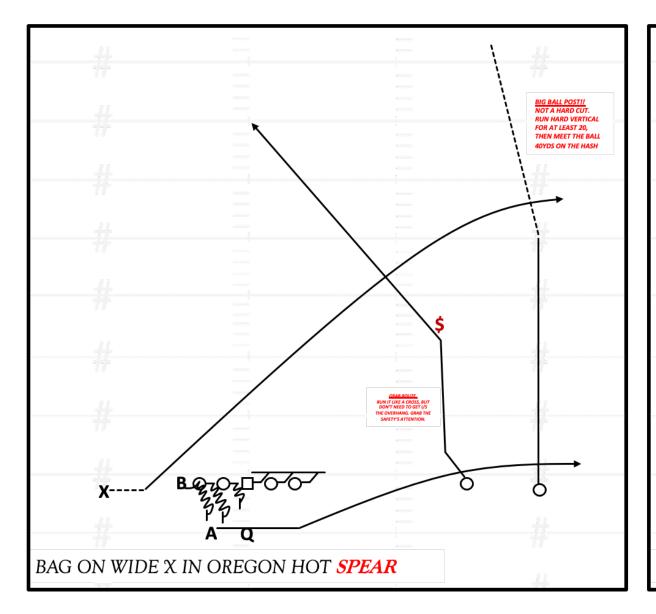
Rules:

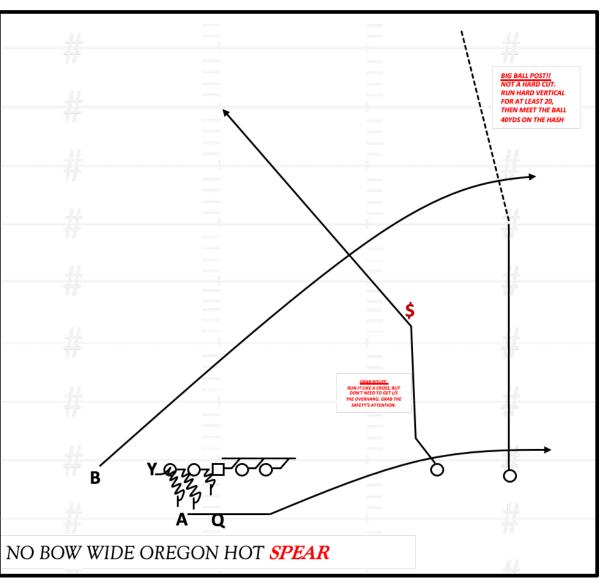
- PST PS B-Gap
- PSG PS A-Gap
- C BS A-Gap
- BSG Wrapper; Fast Pull & KO PS LB
- BST Hinge; I/S gap until C bumps you out
- A:
 - Footwork Shuffle
 - AP PS A-Gap to BS A-Gap
- B (attached):
 - Block PS Alley unless tagged.
- QB:
 - Jab-Hinge
 - Read PS C-Gap





OREGON SPEAR





SKETCHERS

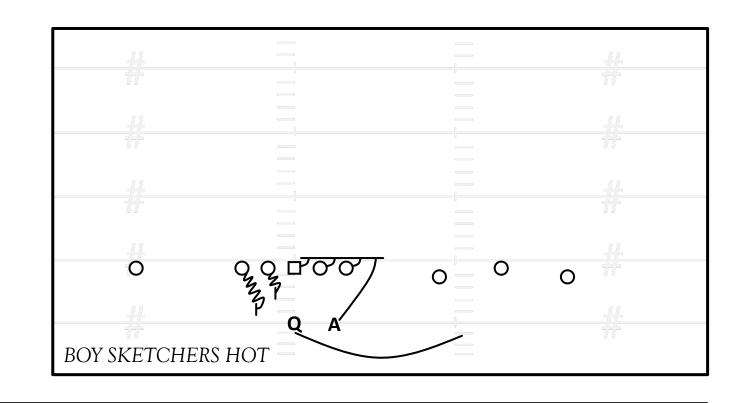
SPRINT OUT

OL: PS REACH; BS WATERFALL

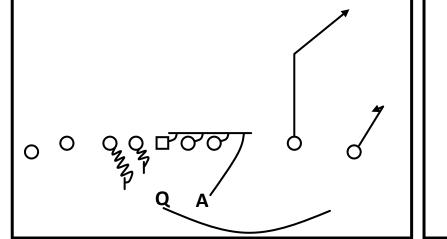
PS: CONCEPT

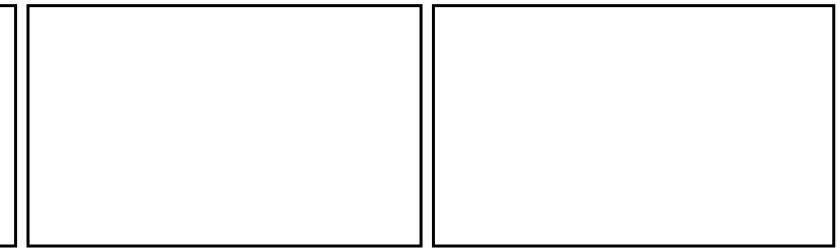
BS: DDR

A: PS EDGE



BOX SKETCHERS HOT CORNER





FASTBALL



ALPHABET

NEW

<u>alpha</u> – 2x2 Verts X under

JULIET – 2x2 CROSS Z LATER

SIERRA – 2x2 SKETCHERS

BRAVO – 2x2 JERK

KILO -

TANGO -

CHARLIE –

LIMA – 3x1 LUCKY SABER

UNIFORM –

DELTA -

MIKE - 3x1 MONDAY & GO

WHISKEY -

ECHO – 2x2 BULL UNO

NOVEMBER – 3x1 NO PLAY

X-RAY -

FOXTROT – 3x1 DUCKS FORCE UNO OSCAR –

YANKEE -

GOLF -

PAPA -

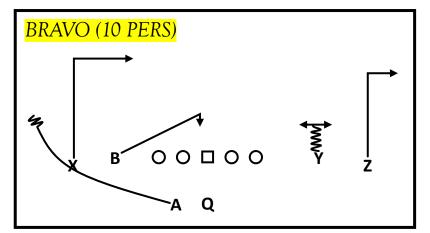
HOTEL –

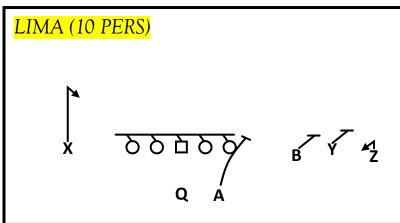
QUEBEC –

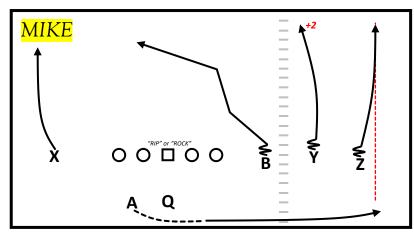
ZULU -

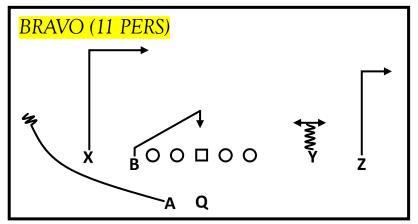
INDIGO –

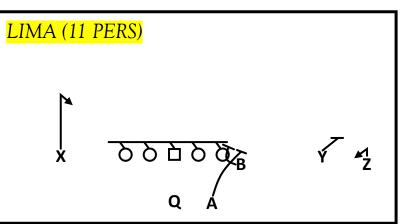
ROMEO – 2x2 WIDE RINGO NOW

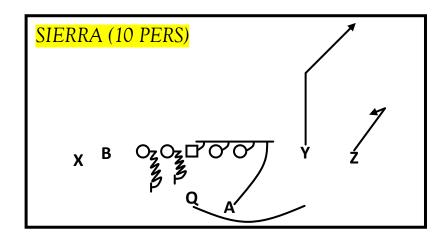


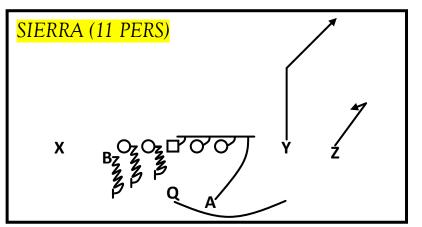












CARLETON OFFENSE - PRAC 10 - 5/24/21

| | | | | | | PASS UNDER I | PRESSURE | | | | | | | | 7 ON | 7 | |
|----|-----|---|---|-----|------|--------------|----------|------------------------|----|-----|---|----|-----|----|--------------|--------|-----------------------------------|
| # | GRP | Q | Н | PER | TP | FORM | мот | PLAY | # | GRP | Q | н | PER | TP | FORM | мот | PLAY |
| 1 | SG | J | R | 11 | AUTO | *AUTO NO* | | SPLIT THU RABBIT SW | 1 | SG | J | L | 10 | | BOY WIDE | MON | COWBOY COLD |
| 2 | SG | J | R | 11 | AUTO | (NO) BOY | ZOOM | OREGON COLD SAIL | 2 | SG | J | L | 10 | | BOX THU | | VERTS COLD |
| 3 | SG | J | R | 11 | AUTO | (NO) BOY | to BOW | CROSS HOT | 3 | SG | J | L | 10 | | BOY | | STORM HOT |
| 4 | AC | С | L | 10C | | BOX STK | | LANDO SW | 4 | AC | С | LM | 10B | | SPLIT WIDE | Z IN | JERK COLD |
| 5 | AC | С | L | 10C | СНК | NOVEMBER | | JERK HOT | 5 | AC | С | LM | 10B | | BOX | | VERTS HOT |
| 6 | AC | С | L | 10C | | BOY | | STORM HOT Y BANJO | 6 | AC | С | LM | 10B | | BOSS | | NOW |
| 7 | SG | J | М | 10 | | BOW | | VERTS COLD SW | 7 | SG | J | М | 10 | | | | MIKE |
| 8 | SG | J | М | 10 | | BOY | | VERTS HOT Y UNDER | 8 | SG | J | М | 10 | | SPLIT SAT | A ZOOM | CROSS COLD |
| 9 | SG | J | М | 10 | | BOY | to BOW | LANDO | 9 | SG | J | М | 10 | | BOX | | VERTS COLD |
| | | | | | | RUN / F | PAP | | 10 | AC | С | RM | 11W | | NO BOY | | VERTS COLD X UNDER |
| # | GRP | Q | н | PER | TP | FORM | мот | PLAY | 11 | AC | С | RM | 11W | | BOW | | VERTS FLD |
| 1 | SG | J | R | 11 | | BIG WIDE | | BULL HOT TOP DOS | 12 | AC | С | RM | 11W | | BOSS | | JERK HOT |
| 2 | SG | J | | 11 | | NO BOW WIDE | B IN | OREGON FLD SPEAR | 13 | SG | J | R | 11 | | NO BOW WIDE | W. | CROSS HOT |
| 3 | SG | J | | 11 | | BAG | Y ZOOM | PANTHERS BDRY TOP | 14 | SG | J | R | 11 | | NO BOSS WIDE | | NOW |
| 4 | AC | С | L | 11W | | BOSS | | MIKE | 15 | SG | J | R | 11 | | BOW | | SKETCHERS COLD |
| 5 | AC | С | | 11W | | BAG | | DUCKS BDRY BACK | 16 | AC | С | RM | 10 | | BOX | | SKETCHERS COLD |
| 6 | AC | С | | 11W | FB | | | ECHO | 17 | AC | С | RM | 10 | | BOY SUN | | VERTS HOT |
| 7 | SG | J | | 11 | | BIG WIDE | | BULL FLD (HOT TOP) DOS | 18 | AC | С | RM | 10 | | BOY WIDE | | VERTS COLD Y UNDER |
| 8 | SG | J | | 11 | FB | | | LIMA | | | | | | | TEAN | 1 | |
| 9 | SG | J | | 11 | | BIG THU ZSAW | X ZOOM | PANTHERS FLD TOP | # | GRP | Q | Н | PER | TP | FORM | MOT | PLAY |
| 10 | AC | В | | 11 | | BIG SAT | MON | DUCKS BDRY | 1 | SG | J | R | 10 | | BOX | | SKETCHERS COLD |
| 11 | AC | В | | 11 | | BAG | | PANTHERS BDRY TOP | 2 | SG | J | | 10 | | BOY SUN | | VERTS FLD |
| 12 | AC | В | | 11 | | BAG | Y GHOST | BULL FLD BONUS | 3 | SG | J | | 10 | | BOW | | LANDO/RENO BDRY |
| | | | | | | | | | 4 | AC | С | R | 10C | | BOY | B ZOOM | SKETCHERS COLD |
| | | | | | | | | | 5 | AC | С | | 10C | FB | | | (LH - BRAVO) (RH - BOY JERK COLD) |
| | | | | | | | | | 6 | AC | С | | 10C | FB | | | LANDO/RENO BDRY |
| | | | | | | | | | 7 | SG | J | | 11 | | NO BOW WIDE | BIN | OREGON FLD SPEAR |
| | | | | | | | | | 8 | SG | J | | 11 | | BOW | | VERTS FLD B UNDER |
| | | | | | | | | | 9 | SG | J | | 11 | | BAG WIDE | | BULL FLD (HOT TOP) DOS |
| | | | | | | | | | 10 | AC | С | R | 11W | | NO BOY | | VERTS COLD X BANJO |
| | | | | | | | | | 11 | AC | С | | 11W | FB | | | LIMA |
| | | | | | | | | | 12 | AC | С | | 11W | FB | | | ECHO |