John Morrell

Moultrie, GA. | 229-429-0780 | john.morrell251@gmail.con | www.linkedin.com/in/john-morrell-6746601ba | Cybersecurity Portfolio

A 6 year military veteran and 6 year military contractor with almost 2 years of study in Counter-Terrorism from American Military University, along with 1 year of Field Work with the Counter-Terrorism Unit at Fort Polk, LA. and my strongest subjects in school were math, social studies and science. I enjoy learning and excelled in most subjects. I like creating spreadsheets to organize everyday tasks. I also like analyzing complex tasks. I have a passion for technology and enjoy helping others. I am interested in the field of security and have 6 years experience as a security guard and a total of 12 years military experience. I want an entry-level cybersecurity position that will utilize his drive and thirst for knowledge.

RELEVANT SKILLS & EXPERTISE

Tools/Languages: Linux, SQL (BigQuery), Splunk, WireShark, Tcpdump, Suricata, Python, ChatGPT
Security Practices: Information Security, Network Security, Vulnerability Assessment, Threat Analysis, Log Analysis, Security Frameworks and Controls
Software Platforms: Google Workspace, Slack
Strengths: Problem-Solving, Collaboration, Attention to Detail, Calmness Under Pressure, Customer Service, Operational Efficiency

CYBERSECURITY PROJECTS

TryHackMe Rooms: Utilized interactive, gamified virtual environment to enhance practical knowledge and hands-on skills:
- **Linux Fundamentals** (1, 2, & 3) and **Linux Strength Training** - Navigated directories and files, adjusted permissions, analyzed logs, explored common utilities
- **Intro to Logs** and **Log Analysis** - Identified log types, located logs, employed regular expressions (RegEx), and utilized command line and CyberChef for effective log analysis
- **Wireshark Basics** and **Wireshark 101** - Gained proficiency in packet dissection, navigation, and filtering techniques; analyzed ARP, ICMP, TCP, DNS, HTTP, and HTTPS traffic for network troubleshooting and security analysis
- **Windows Fundamentals** (1, 2, & 3) and **Windows Forensics** (1 & 2) - Acquired fundamental understanding of Windows, including file systems, user account control (UAC), control panel, system configuration, security, firewall, registry, and FAT/NTFS file systems; developed skills in accessing hives, utilizing registry explorer, and recovering files
- **Splunk Basics**, **Incident Handling with Splunk**, and **Splunk** (2 & 3) - Developed skills in navigating Splunk; conducting incident handling using Splunk; participated in the Boss of the SOC investigation for security analysis

PROFESSIONAL EXPERIENCE

Lead Kennel Technician • *Real Life K9, Moultrie, GA.*   **02/2022 - 11/2023**

Implemented and maintained strict protocols for the care and safety of up to 20 animals, demonstrating strong attention to detail and adherence to procedural compliance.

1. Monitored and recorded health data for each animal, ensuring accurate and secure information handling practices.
2. Conducted regular inspections of kennel facilities, identifying and resolving potential hazards to ensure a safe and secure environment.
3. Responded swiftly and effectively to emergencies, demonstrating the ability to remain calm under pressure and make critical decisions swiftly.

Rescue Lieutenant • *Slagle Fire Rescue, Slagle, LA.- Funston Fire Rescue, Funston, GA.*   **10/2011 - 06/2014**

1. Led and coordinated emergency response teams, ensuring rapid and effective rescue operations under high-pressure conditions.
2. Developed and delivered comprehensive training programs for firefighters, enhancing skill levels and operational readiness.

3. Implemented safety protocols and conducted regular drills, achieving a 95% compliance rate and improving overall emergency preparedness.
4. Managed incident scenes, making critical decisions to prioritize tasks and allocate resources effectively.

Contractor • *U.S. Army - U.S. Navy, Fort Polk, LA. - Jacksonville, FL.*　　　　　　**02/2010 - 02/2016**

1. Developed and implemented project plans, ensuring timely completion of tasks and adherence to military standards.
2. Collaborated with cross-functional teams to streamline processes, resulting in a 100% increase in operational efficiency.
3. Conducted thorough inspections and quality assurance checks, identifying and mitigating potential issues to maintain high safety standards.
4. Monitored and reported project progress, providing detailed updates to senior leadership and ensuring transparency and accountability.

Field Agent - *Counter-Terrorism Unit* **-** *Fort Polk, LA.*　　　　　　**12/2010 -08/2012**

Conducted covert operations and surveillance, gathering critical intelligence to prevent potential threats and ensure national security.

1. Analyzed intelligence reports, identifying patterns and providing actionable insights that contributed to the success of counter-terrorism missions.
2. Developed and implemented security protocols, reducing vulnerabilities and enhancing the safety of personnel and assets.
3. Monitored and assessed threat levels, providing timely updates and recommendations to senior leadership for strategic planning.

Petty Officer First Class - *U.S. Navy, Little Creek, VA.*　　　　　　**09/25/1990 - 08/10/1996**

Implemented safety protocols and conducted regular drills, achieving a 98% compliance rate and enhancing overall operational safety.

1. Managed maintenance schedules for critical equipment, reducing downtime by 20% and ensuring continuous operational capability.
2. Conducted detailed performance evaluations, providing constructive feedback and facilitating professional development for team members.
3. Developed and executed strategic plans for mission-critical operations, ensuring successful completion of objectives under high-pressure conditions.

EDUCATION, CERTIFICATES, & CERTIFICATIONS

Google Cybersecurity Professional Certificate • *Merit America, Virtual*　　　　　　**07/2024**
- Cultivated holistic understanding of cybersecurity's critical role in organizational security, privacy, and success, including how to systematically identify and mitigate risks, threats, and vulnerabilities
- Gained practical experience with **Linux**, **SQL**, **Python** and utilized **SIEM tools**, **IDS**, and **network protocol analyzers** for proactive threat management

- Applied knowledge to real-world scenarios, developing skills in proactive **threat detection** and **response** through completion of dynamic hands-on projects, including: conducting a simulated **security audit**, responding to a **cyber incident**, analyzing **vulnerable systems**, and completing an **incident handler's journal**