

# John Doe

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## PROFESSIONAL SUMMARY

Passionate Hospice Volunteer with 3 years of part-time and volunteer experience meeting end-of-life needs for patients and families. Hardworking student offering work experience and extensive knowledge in General Biology. Detail-oriented fitness trainer and shadowing physical therapists with excellent observational, organizational and communication skills.

## EDUCATION

### University of California, San Diego - La Jolla, CA | Bachelor of Science

General Biology, Expected in 06/2026

- 3.36 GPA

### Centennial High School - Corona, California | High School Diploma

06/2022

- IB MYP Certificate Recipient
- Awarded AP Scholar Award
- 4.66 GPA
- Ranked in Top 5% of Class
- Principal's Honor Roll 2018-2022
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## WORK HISTORY

### SHADOWING STUDENT | 11/2022 to Current

#### Kinesiology Department - Corona, CA

- Followed physical therapists to learn appropriate methods in aiding individuals recovering from injuries.
- Took notes and researched body anatomy to aid with injury assessments and treatment planning.

### FITNESS TRAINER | 08/2022 to Current

#### LA Fitness - Corona, CA

- Increased client fitness levels through the creation of individualized training schedules and meal plans based on personalized needs and objectives.
- Boosted client motivation through consistent encouragement, support, and progress tracking.
- Coordinated virtual training sessions for at-home workout sessions for ease of use and comfortability.

### HOSPICE VOLUNTEER | 08/2019 to 06/2022

#### Corona Post Acute - Corona, California

- Completed Hospice volunteer training sessions, in-services, and quality improvement programs.
- Delivered caring, emotional support to patients and families, listened attentively, and maintained confidentiality.
- Collaborated with the interdisciplinary team to develop personalized care plans for each patient, specifically food service involving dietary restrictions.
- Contributed to a peaceful environment through maintaining cleanliness and organization within patient rooms.

## SKILLS

- Mentoring
- Work Planning
- Quality Improvement
- Flexible Schedule
- Complex Problem-Solving
- Job Shadowing
- Time Management
- Solid Foundation in Cell and Evolutionary Biology