



Patient Summary

Mitchell Tina Wilkerson, born on 10/04/1952, is a 54-year-old Male. The patient has a history of Osteoarthritis. Current management involves medication and lifestyle adjustments to alleviate symptoms and improve quality of life. Monitoring of joint function and pain levels are ongoing to assess treatment effectiveness.

Patient Demographics

Name: Mitchell Tina Wilkerson

DOB: 10/04/1952

Age: 54 Sex: Male

SSN: 826-89-8354

Hospital ID: HOSP75482878

Patient Lifestyle

Smoking Status: Never

Alcohol Consumption: Occasionally

Diet Preference: High-protein

Exercise Habits: Mild

Patient Vitals

Heart Rate: 72

Respiratory Rate: 16

Temperature Celsius: 36.8

Oxygen Saturation Percent: 98 Blood Pressure: 130/85 mmHg

Recorded Date: 27/10/2023

Doctor Information

Doctor Name:

Dwayne

Jones

Doctor Unique ID:

DR31186C

Doctor Notes

Hospital Name: Sierra Valley Medical Institute Contact: (402) 738-5912 Printed On: 22/04/2025



Subjective Observations: Patient reports persistent knee pain, especially during weight-bearing activities. Describes stiffness in the morning, lasting approximately 30 minutes. Pain is rated 6/10 on average. Medication provides some relief.

Assessment: Patient presents with symptomatic osteoarthritis of the knee. Examination reveals crepitus and reduced range of motion. X-ray confirms degenerative changes.

Recommendations: Continue current medication regimen. Recommend physical therapy to improve strength and range of motion. Consider cortisone injection if pain persists.

Follow Up Instruction: Follow up in 6 weeks to assess response to therapy and medication adjustment. Schedule MRI if symptoms worsen.

Past Hospital Visits

Date	Reason
15/09/2023	Osteoarthritis follow-up
22/08/2023	Knee pain evaluation
10/07/2023	Physical Therapy Consultation
05/06/2023	Medication review
18/05/2023	Initial Osteoarthritis diagnosis
01/03/2023	General health checkup

Current Medications

Medication Summary	Dosage	Frequency
Ibuprofen	200mg	Twice daily as needed
Glucosamine	500mg	Once daily
Vitamin D	2000 IU	Once daily
Multivitamin	1 tablet	Once daily
Omega-3 Fatty Acids	1000mg	Once daily

Medical Tests

Medication Test	Status	On/Last
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Knee X-Ray	Done	15/09/2023
Blood Test (CBC)	Done	15/09/2023
Blood Test (Vitamin D levels)	Done	15/09/2023
Inflammatory Markers	Done	15/09/2023
MRI of Knee	Pending	30/10/2023
Liver Function test	Done	15/09/2023