

# **Patient Summary**

Anna Kimberly Delacruz, born on 18/06/1968, is a 48-year-old female. The patient has a history of Type 2 Diabetes Mellitus and peripheral neuropathy. Treatment has focused on managing blood sugar levels through medication and lifestyle modifications. Current health status requires continued monitoring and adherence to prescribed treatment plans.

### **Patient Demographics**

Name: Anna Kimberly Delacruz

DOB: 18/06/1968

Age: 48

Sex: Female

SSN: 190-52-9537

Hospital ID: HOSP48356524

## **Patient Lifestyle**

Smoking Status: Never

Alcohol Consumption: Rarely

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

### **Patient Vitals**

Heart Rate: 72

Respiratory Rate: 16

Temperature Celsius: 36.7

Oxygen Saturation Percent: 98

Blood Pressure: 130/85 mmHg

Recorded Date: 15/11/2024

#### **Doctor Information**

Doctor Name: Heather Jones

Doctor Unique ID:

DR19938C

#### **Doctor Notes**

Subjective Observations: Patient reports stable blood sugar levels with current medication regimen. Reports occasional numbness



and tingling in feet. Denies chest pain or shortness of breath. Reports adherence to Diabetic-friendly diet.

Assesment: Patient's Type 2 Diabetes Mellitus is currently well-controlled. Peripheral neuropathy symptoms are present but stable. Cardiovascular risk factors are being addressed with medication.

Recommendations: Continue current medication regimen. Reinforce importance of diet and exercise for diabetes management. Encourage daily foot checks and proper footwear.

Follow Up Instruction: Follow-up appointment scheduled in 3 months for HbA1c and lipid panel review. Contact office sooner for any significant changes in symptoms.

### **Past Hospital Visits**

Date	Reason
02/10/2024	Follow-up appointment for diabetes management
15/08/2024	Peripheral neuropathy evaluation
20/06/2024	Routine check-up
05/05/2024	Complaints of fatigue and increased thirst
10/03/2024	Annual physical examination
15/01/2024	Consultation with Podiatrist.

## **Current Medications**

Medication Summary	Dosage	Frequency
Metformin	500mg	Twice daily
Gabapentin	300mg	Three times daily
Lisinopril	10mg	Once daily
Atorvastatin	20mg	Once daily
Vitamin D	2000 IU	Once daily
Aspirin	81mg	Once daily

# **Medical Tests**

	<b>Medication Test</b>	Status	On/Last
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HbA1c	Done	10/11/2024
Lipid Panel	Done	10/11/2024
Complete Blood Count (CBC)	Done	10/11/2024
Comprehensive Metabolic Panel (CMP)	Done	10/11/2024
Urine Microalbumin	Pending	15/11/2024
ECG	Done	10/11/2024