

	Patient Summary
	associated Peripheral Neuropathy. She has a history of regular monitoring and management of her diabetes. Current health status requires ongoing medication and lifestyle adjustments to manage blood sugar levels and alleviate neuropathic pain. Regular follow-ups are essential for monitoring disease progression and adjusting treatment as needed.
	Patient Demographics
	Name:
	DOB:
	Age:
	Sex: Female
	SSN: MATERIAL STATE

# Patient Lifestyle

Hospital ID:

Smoking Status: Former

Alcohol Consumption: Rarely

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

## Patient Vitals

Heart Rate: 78

Respiratory Rate: 16

Temperature Celsius: 36.7

Oxygen Saturation Percent: 97

Blood Pressure: 130/85 mmHg

Recorded Date:

## **Doctor Information**

Doctor Name:

Doctor Unique ID:

**Doctor Notes** 



Subjective Observations: Patient reports persistent numbness and tingling in feet, especially at night. Complains of fatigue and occasional blurred vision. Adherence to medication regimen is good. Follows diabetic diet loosely.

Assesment: Patient presents with Type 2 Diabetes Mellitus and Peripheral Neuropathy. HbA1c indicates suboptimal glycemic control. Lipid panel shows elevated LDL cholesterol. Symptoms of neuropathy remain a concern.

Recommendations: Continue current medication regimen. Strict adherence to diabetic diet recommended. Increase physical activity to at least 30 minutes of moderate exercise daily. Consider consulting a podiatrist for foot care.

Follow Up Instruction: Follow-up appointment scheduled in 3 months. Repeat HbA1c and Lipid Panel at next visit. Report any worsening of neuropathic symptoms or other concerning symptoms immediately.

### Past Hospital Visits

Date	Reason
	Routine Diabetes Check-up
	Peripheral Neuropathy Evaluation
	Follow-up for Blood Sugar Control
	Influenza Vaccine
	Foot Examination for Neuropathy
	Annual Physical Examination

#### Current Medications

Medication Summary	Dosage	Frequency
Metformin	500 mg	Twice Daily
Gabapentin	300 mg	Three times daily
Lisinopril	10 mg	Once Daily
Atorvastatin	20 mg	Once Daily
Vitamin D	2000 IU	Once Daily
Aspirin	81 mg	Once Daily

#### Medical Tests



Medication Test	Status	On/Last
HbA1c	Done	
Lipid Panel	Done	
Comprehensive Metabolic Panel (CMP)	Done	
Urinalysis	Done	
Electrocardiogram (ECG)	Done	
Peripheral Nerve Conduction Study	Pending	