

Patient Name: Nicole Garner Date Of Birth: 11/10/1945

Patient Summary

Nicole Garner, born on 11/10/1945, is a 78-year-old Female patient diagnosed with Type 2 Diabetes Mellitus. Her treatment history includes medication management and lifestyle modifications to control blood sugar levels. Current health status involves monitoring blood glucose and managing any associated complications. Regular check-ups are scheduled to assess overall well-being and adjust treatment plans as needed.

Patient Demographics

Name: Nicole Garner

DOB: 11/10/1945

Age: 78

Sex: Female

SSN: 699-06-1965

Hospital ID: HOSP80583520

Patient Lifestyle

Smoking Status: Former

Alcohol Consumption: Rarely

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

Patient Vitals

Heart Rate: 72

Respiratory Rate: 16

Temperature Celsius: 36.8

Oxygen Saturation Percent: 97

Blood Pressure: 130/85 mmHg

Recorded Date: 02/11/2023

Doctor Information

Doctor Name: Kevin Ford

Doctor Unique ID:

DR57329C

Hospital Name: Sierra Valley Medical Institute Contact: (402) 738-5912 Printed On: 22/04/2025

Patient Name: Nicole Garner Date Of Birth: 11/10/1945

Doctor Notes

Subjective Observations: Patient reports feeling well overall, with good control of blood sugar. No complaints of chest pain, shortness of breath, or peripheral neuropathy.

Assesment: Well-controlled Type 2 Diabetes Mellitus. Stable cardiovascular status. No acute medical issues.

Recommendations: Continue current medication regimen. Reinforce importance of adhering to diabetic-friendly diet and regular exercise. Monitor blood glucose levels regularly.

Follow Up Instruction: Schedule follow-up appointment in 3 months for routine check-up and lab work. Contact clinic immediately if experiencing any new or worsening symptoms.

Past Hospital Visits

Date	Reason
15/08/2023	Routine Diabetes Check-up
22/05/2023	Eye Exam (Diabetic Retinopathy Screening)
10/03/2023	Influenza Vaccine
05/01/2023	Foot Exam (Diabetic Neuropathy)
12/10/2022	HbA1c Test
28/07/2022	General Health Check-up

Current Medications

Medication Summary	Dosage	Frequency
Metformin	500mg	Twice daily
Lisinopril	10mg	Once daily
Atorvastatin	20mg	Once daily
Multivitamin	1 tablet	Once daily
Aspirin	81mg	Once daily

Medical Tests

Hospital Name: Sierra Valley Medical Institute Contact: (402) 738-5912 Printed On: 22/04/2025



HbA1c	Done	25/10/2023
Lipid Panel	Done	25/10/2023
Comprehensive Metabolic Panel (CMP)	Done	25/10/2023
Urinalysis	Done	25/10/2023
EKG	Done	25/10/2023
Complete Blood Count (CBC)	Done	25/10/2023