



Patient Summary

Kimberly Briana Escobar, born on 16/06/1971, is a 40-year-old Female patient. The patient has a history of Chronic Obstructive Pulmonary Disease. Current health status requires ongoing monitoring and management of respiratory symptoms and medication adjustments based on spirometry results.

Patient Demographics

Name: Kimberly
Briana
Escobar

DOB: 16/06/1971

Age: 40

Sex: Female

SSN: 543-09-7261

Hospital ID: HOSP34346565

Patient Lifestyle

Smoking Status: Former

Alcohol Consumption: Rarely

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

Patient Vitals

Heart Rate: 78

Respiratory Rate: 18

Temperature Celsius: 36.8

Oxygen Saturation Percent: 94

Blood Pressure: 130/85 mmHg

Recorded Date: 26/10/2023

Doctor Information

Doctor Name:
Daniel
Wallace

Doctor Unique ID:
DR22322A

Doctor Notes

Subjective Observations: Patient reports increased shortness of breath and cough, particularly in the mornings. Symptoms exacerbated by cold air and physical exertion.

Assesment: COPD exacerbation, likely triggered by recent respiratory infection. Spirometry indicates decreased FEV1 and FVC.

Recommendations: Initiate a short course of oral corticosteroids (Prednisone 20mg daily for 5 days, tapering dose). Increase frequency of Albuterol inhaler use as needed. Continue Theophylline and Ipratropium.

Follow Up Instruction: Follow up in one week to assess symptom improvement and adjust medications as necessary. Schedule pulmonary rehabilitation referral.

Past Hospital Visits

Date	Reason
15/09/2023	COPD exacerbation
22/08/2023	Routine check-up
10/07/2023	Respiratory infection
05/06/2023	Pulmonary function test
12/05/2023	Medication refill and review

Current Medications

Medication Summary	Dosage	Frequency
Albuterol Inhaler	2 puffs	As needed for shortness of breath
Ipratropium Inhaler	2 puffs	Twice daily
Theophylline	300 mg	Once daily
Prednisone	20 mg	Once daily for 5 days (tapering dose)
Azithromycin	500 mg	Once daily for 3 days

Medical Tests

Medication Test	Status	On/Last
Spirometry	Done	22/08/2023



Chest X-ray	Done	15/09/2023
Arterial Blood Gas	Done	15/09/2023
Complete Blood Count	Done	15/09/2023
Comprehensive Metabolic Panel	Done	15/09/2023