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on second is a second female patient with a primary diagnosis of Type 2 Diabetes Mellitus and associated Peripheral Neuropathy. She has a history of regular monitoring and management of her diabetes. Current health status requires ongoing medication and lifestyle adjustments to manage blood sugar levels and alleviate neuropathic pain. Regular follow-ups are essential for monitoring disease progression and adjusting treatment as needed.

## Patient Demographics

Name:

Cobb

DOB:

Age:

Sex: Female

SSN:

Hospital ID:

## Patient Lifestyle

Smoking Status: Former

Alcohol Consumption: Rarely

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

### Patient Vitals

Heart Rate: 78

Respiratory Rate: 16

Temperature Celsius: 36.7

Oxygen Saturation Percent: 97

Blood Pressure: 130/85 mmHg

Recorded Date:

### **Doctor Information**

Doctor Name:

Doctor Unique ID:



#### Doctor Notes

Subjective Observations: Patient reports persistent numbness and tingling in feet, especially at night. Complains of fatigue and occasional blurred vision. Adherence to medication regimen is good. Follows diabetic diet loosely.

Assesment: Patient presents with Type 2 Diabetes Mellitus and Peripheral Neuropathy. HbA1c indicates suboptimal glycemic control. Lipid panel shows elevated LDL cholesterol. Symptoms of neuropathy remain a concern.

Recommendations: Continue current medication regimen. Strict adherence to diabetic diet recommended. Increase physical activity to at least 30 minutes of moderate exercise daily. Consider consulting a **material** or foot care.

Follow Up Instruction: Follow-up appointment scheduled in 3 months. Repeat HbA1c and Lipid Panel at next visit. Report any worsening of neuropathic symptoms or other concerning symptoms immediately.

# Past Hospital Visits

Date Reason

Routine Diabetes Check-up

Peripheral Neuropathy Evaluation

Follow-up for Blood Sugar Control

Influenza Vaccine

Foot Examination for Neuropathy

Annual Physical Examination

### Current Medications

Medication Summary Dosage Frequency

Metformin 500 mg Twice Daily

Gabapentin 300 mg Three times daily

Lisinopril 10 mg Once Daily

Atorvastatin 20 mg Once Daily

Vitamin D 2000 IU Once Daily

Aspirin 81 mg Once Daily

#### Medical Tests



Medication Test	Status	On/Last
HbA1c	Done	
Lipid Panel	Done	
Comprehensive Metabolic Panel (CMP)	Done	
Urinalysis	Done	
Electrocardiogram (ECG)	Done	
Peripheral Nerve Conduction Study	Pending	