

Patient Summary

Tracy Thomas, born on 14/06/1960, is a 56-year-old Female diagnosed with Type 2 Diabetes Mellitus and Peripheral Neuropathy. Her treatment history primarily involves managing blood glucose levels through medication and diet. Current health status focuses on monitoring and managing her diabetic condition and alleviating neuropathic pain.

Patient Demographics

Name: Tracy
Thomas

DOB: 14/06/1960

Age: 56

Sex: Female

SSN: 795-01-5551

Hospital ID:
HOSP12819985

Patient Lifestyle

Smoking Status: Never

Alcohol Consumption: Rarely

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

Patient Vitals

Heart Rate: 72

Respiratory Rate: 16

Temperature Celsius: 36.8

Oxygen Saturation Percent: 98

Blood Pressure: 130/85 mmHg

Recorded Date: 03/11/2024

Doctor Information

Doctor Name: Nicole Rogers

Doctor Unique ID: DR73907C

Doctor Notes

Subjective Observations: Patient reports persistent numbness and tingling in feet. Complains of occasional dizziness. Adherence to



medication regimen reported as good. Reports following diabetic diet.

Assesment: Patient presents with stable but uncontrolled Type 2 Diabetes Mellitus with Peripheral Neuropathy. Blood pressure is slightly elevated. No signs of acute complications.

Recommendations: Continue current medication regimen. Emphasize importance of strict adherence to diabetic diet and regular exercise. Consider increasing Gabapentin dosage if neuropathic pain persists. Advise patient to monitor blood glucose levels regularly.

Follow Up Instruction: Follow-up appointment scheduled in three months for repeat HbA1c, Lipid Panel, and CMP. Return sooner if symptoms worsen.

Past Hospital Visits

Date	Reason
15/10/2024	Follow-up for Diabetes Management
02/10/2024	Peripheral Neuropathy Assessment
18/09/2024	Routine Check-up
04/09/2024	Flu Shot Administration
22/08/2024	Eye Exam (Diabetic Retinopathy Screening)
08/08/2024	Foot Exam

Current Medications

Medication Summary	Dosage	Frequency
Metformin	500mg	Twice daily
Gabapentin	300mg	Three times daily
Lisinopril	10mg	Once daily
Atorvastatin	20mg	Once daily
Vitamin D3	2000 IU	Once daily
Aspirin	81mg	Once daily

Medical Tests



Medication Test	Status	On/Last
HbA1c	Done	25/10/2024
Lipid Panel	Done	25/10/2024
Comprehensive Metabolic Panel	Done	25/10/2024
Urine Microalbumin	Done	25/10/2024
ECG	Done	01/11/2024
Peripheral Nerve Conduction Study	Pending	10/11/2024