



Patient Summary

Melissa Peter Cobb, born on 01/05/1939, is a 65-year-old Female patient with a primary diagnosis of Type 2 Diabetes Mellitus and associated Peripheral Neuropathy. She has a history of regular monitoring and management of her diabetes. Current health status requires ongoing medication and lifestyle adjustments to manage blood sugar levels and alleviate neuropathic pain. Regular follow-ups are essential for monitoring disease progression and adjusting treatment as needed.

Patient Demographics

Name: Melissa Peter Cobb

DOB:
01/05/1939

Age: 65

Sex: Female

SSN: 107-88-5777

Hospital ID:
HOSP35532501

Patient Lifestyle

Smoking Status: Former

Alcohol Consumption: Rarely

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

Patient Vitals

Heart Rate: 78

Respiratory Rate: 16

Temperature Celsius: 36.7

Oxygen Saturation Percent: 97

Blood Pressure: 130/85 mmHg

Recorded Date: 03/11/2024

Doctor Information

Doctor Name: James Campbell

Doctor Unique ID: DR27591A

Doctor Notes



Subjective Observations: Patient reports persistent numbness and tingling in feet, especially at night. Complains of fatigue and occasional blurred vision. Adherence to medication regimen is good. Follows diabetic diet loosely.

Assesment: Patient presents with Type 2 Diabetes Mellitus and Peripheral Neuropathy. HbA1c indicates suboptimal glycemic control. Lipid panel shows elevated LDL cholesterol. Symptoms of neuropathy remain a concern.

Recommendations: Continue current medication regimen. Strict adherence to diabetic diet recommended. Increase physical activity to at least 30 minutes of moderate exercise daily. Consider consulting a podiatrist for foot care.

Follow Up Instruction: Follow-up appointment scheduled in 3 months. Repeat HbA1c and Lipid Panel at next visit. Report any worsening of neuropathic symptoms or other concerning symptoms immediately.

Past Hospital Visits

Date	Reason
15/10/2024	Routine Diabetes Check-up
01/09/2024	Peripheral Neuropathy Evaluation
18/07/2024	Follow-up for Blood Sugar Control
05/06/2024	Influenza Vaccine
22/05/2024	Foot Examination for Neuropathy
10/04/2024	Annual Physical Examination

Current Medications

Medication Summary	Dosage	Frequency
Metformin	500 mg	Twice Daily
Gabapentin	300 mg	Three times daily
Lisinopril	10 mg	Once Daily
Atorvastatin	20 mg	Once Daily
Vitamin D	2000 IU	Once Daily
Aspirin	81 mg	Once Daily

Medical Tests



Medication Test	Status	On/Last
HbA1c	Done	15/10/2024
Lipid Panel	Done	15/10/2024
Comprehensive Metabolic Panel (CMP)	Done	15/10/2024
Urinalysis	Done	15/10/2024
Electrocardiogram (ECG)	Done	15/10/2024
Peripheral Nerve Conduction Study	Pending	10/11/2024