

### Patient Summary

Richard Christopher Bray, born on 14/09/1981, is a 38-year-old Male. The patient's history indicates a diagnosis of Type 2 Diabetes Mellitus complicated by Peripheral Neuropathy. Current management focuses on blood glucose control and pain management through medication and lifestyle adjustments. Ongoing monitoring of neurological function and glycemic levels is essential to prevent further complications.

### Patient Demographics

Name: Richard  
Christopher  
Bray

DOB: 14/09/1981

Age: 38

Sex: Male

SSN: 616-84-3839

Hospital ID: HOSP14505327

### Patient Lifestyle

Smoking Status: Former

Alcohol Consumption: Occasionally

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

### Patient Vitals

Heart Rate: 78

Respiratory Rate: 16

Temperature Celsius: 36.7

Oxygen Saturation Percent: 97

Blood Pressure: 130/85 mmHg

Recorded Date: 03/11/2024

### Doctor Information

Doctor Name:  
Candace  
Jensen

Doctor Unique ID:  
DR55586C



Doctor Notes

Subjective Observations: Patient reports persistent pain in feet and lower legs, consistent with peripheral neuropathy. Reports fatigue and occasional blurred vision. Compliant with medication regimen.

Assesment: Patient's Type 2 Diabetes Mellitus remains poorly controlled, as indicated by recent HbA1c results. Peripheral neuropathy is progressing. Blood pressure is elevated. Risk factors for cardiovascular disease are present.

Recommendations: Increase Metformin dosage as tolerated. Reinforce diabetic diet education and exercise recommendations. Consider referral to podiatrist for foot care. Monitor blood pressure closely. Consider adjusting Lisinopril dosage if blood pressure remains elevated.

Follow Up Instruction: Schedule follow-up appointment in 3 months. Repeat HbA1c, Lipid Panel, and CMP at next visit. Patient to keep a log of blood glucose levels and bring to next appointment.

Past Hospital Visits

Date	Reason
15/10/2024	Follow-up for diabetes management
22/09/2024	Peripheral neuropathy pain assessment
01/09/2024	Routine physical examination
18/08/2024	Flu vaccination
05/08/2024	Diabetic education session
20/07/2024	Blood Glucose Test

Current Medications

Medication Summary	Dosage	Frequency
Metformin	500 mg	Twice daily
Gabapentin	300 mg	Three times daily
Lisinopril	10 mg	Once daily
Atorvastatin	20 mg	Once daily
Multivitamin	1 Tablet	Once daily
Insulin Glargine	20 Units	Once daily at bedtime

Medical Tests



Medication Test	Status	On/Last
HbA1c	Done	28/10/2024
Lipid Panel	Done	28/10/2024
Complete Blood Count (CBC)	Done	28/10/2024
Comprehensive Metabolic Panel (CMP)	Done	28/10/2024
Urine Microalbumin	Pending	03/11/2024
Nerve Conduction Study	Pending	10/11/2024