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age Female, presents with a history of Osteoarthritis. The patient's condition has been managed through medication and lifestyle adjustments. Current health status is stable, with ongoing monitoring and adjustments to treatment as needed to manage symptoms and maintain quality of life.

# Patient Demographics

Name:

DOB:

Age:

Sex: Female

SSN:

Hospital ID:

# Patient Lifestyle

Smoking Status: Never

Alcohol Consumption: Rarely

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

#### Patient Vitals

Heart Rate: 72

Respiratory Rate: 16

Temperature Celsius: 36.8

Oxygen Saturation Percent: 98

Blood Pressure: 128/82 mmHg

Recorded Date:

#### Doctor Information

Doctor Name:

Doctor Unique ID:

## **Doctor Notes**

Subjective Observations: Patient reports continued mild joint pain, primarily in knees and hips. Reports pain is generally well-managed with current medication regimen. Patient is able to perform daily activities with some limitations.



Assesment: Stable Osteoarthritis with well-controlled symptoms. No acute changes observed. Continue current treatment plan.

Recommendations: Continue current medication regimen. Emphasize importance of regular, low-impact exercise like walking or swimming. Consider referral to physical therapy for strengthening exercises if pain worsens.

Follow Up Instruction: Follow-up appointment scheduled for three months. Patient to call sooner if experiencing increased pain, swelling, or any other new symptoms.

# Past Hospital Visits

Date	Reason
	Osteoarthritis pain flare-up
	Routine check-up and medication refill
	Physical therapy consultation
	Influenza vaccination
	Follow-up appointment for joint pain
	General health check-up

### Current Medications

Medication Summary	Dosage	Frequency
Acetaminophen	500mg	Twice daily as needed for pain
Ibuprofen	200mg	Once Daily as needed
Vitamin D	2000 IU	Daily
Calcium Carbonate	500mg	Twice Daily
Glucosamine	500 mg	Once Daily
Chondroitin	400 mg	Once Daily

### Medical Tests

Medication Test	Status	On/Last
Complete Blood Count (CBC)	Done	



Comprehensive Metabolic Panel (CMP)	Done	
Vitamin D Level	Done	
Lipid Panel	Done	
Uric Acid	Done	
Echocardiogram	Pending	