

Patient Summary

Phyllis Grant, born on 26/06/1967, is a 56-year-old Female. She has a history of Osteoarthritis, requiring ongoing management. Current health status is stable with continued monitoring and medication adjustments to alleviate symptoms and improve joint function. Adherence to the prescribed treatment plan is vital to manage the condition and prevent further complications.

Patient Demographics

Name: Phyllis Grant

DOB:
26/06/1967

Age: 56

Sex: Female

SSN: 676-92-0503

Hospital ID:
HOSP69100326

Patient Lifestyle

Smoking Status: Never

Alcohol Consumption: Rarely

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

Patient Vitals

Heart Rate: 72

Respiratory Rate: 16

Temperature Celsius: 36.8

Oxygen Saturation Percent: 98

Blood Pressure: 130/85 mmHg

Recorded Date: 15/11/2023

Doctor Information

Doctor Name:

Sandra
Rodriguez

Doctor Unique ID: DR74095C



Doctor Notes

Subjective Observations: Patient reports experiencing pain and stiffness in the knees and hips, particularly in the morning and after prolonged activity. She describes the pain as a dull ache, occasionally sharp. Reports adherence to medication regimen but notes only moderate relief.

Assesment: Patient presents with symptoms consistent with osteoarthritis. Examination reveals limited range of motion and crepitus in the affected joints. Vitamin D level within normal limits. No signs of acute inflammation.

Recommendations: Continue current medication regimen. Recommend physical therapy to improve joint mobility and strengthen surrounding muscles. Consider hyaluronic acid injections if pain persists. Discuss weight management strategies.

Follow Up Instruction: Schedule follow-up appointment in 3 months to assess progress and adjust treatment plan as needed. Patient to monitor pain levels and report any significant changes. Return earlier if experiencing new or worsening symptoms.

Past Hospital Visits

Date	Reason
02/03/2023	Osteoarthritis flare-up
15/06/2023	Routine check-up
28/09/2023	Pain management consultation
10/10/2023	Flu Vaccination
05/01/2023	Annual Physical Exam
18/04/2023	Vitamin D Deficiency Check

Current Medications

Medication Summary	Dosage	Frequency
Ibuprofen	200mg	Twice daily as needed
Glucosamine	500mg	Once daily
Vitamin D3	2000 IU	Once daily
Calcium Carbonate	500mg	Once daily
Acetaminophen	500mg	As needed for pain
Multivitamin	1 tablet	Once daily

Medical Tests



Medication Test	Status	On/Last
Complete Blood Count (CBC)	Done	01/11/2023
Comprehensive Metabolic Panel (CMP)	Done	01/11/2023
Vitamin D Level	Done	01/11/2023
Rheumatoid Factor (RF)	Done	01/11/2023
Erythrocyte Sedimentation Rate (ESR)	Done	01/11/2023
X-Ray (Affected Joints)	Pending	22/11/2023