



Patient Summary

Angela John Johnson, born on 12/05/1973, is a 50-year-old Female patient with a history of hypertension. Her medical journey includes ongoing management of her blood pressure through lifestyle modifications and medication. Current health status is stable with regular monitoring and adjustments to her treatment plan.

Patient Demographics

Name: Angela
John
Johnson

DOB: 12/05/1973

Age: 50

Sex: Female

SSN: 695-32-3817

Hospital ID:
HOSP11243465

Patient Lifestyle

Smoking Status: Never

Alcohol Consumption: Rarely

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

Patient Vitals

Heart Rate: 78

Respiratory Rate: 16

Temperature Celsius: 36.7

Oxygen Saturation Percent: 98

Blood Pressure: 130/85 mmHg

Recorded Date: 03/11/2024

Doctor Information

Doctor Name:
Brandon
Martin

Doctor Unique ID: DR84443B



Doctor Notes

Subjective Observations: Patient reports feeling well-controlled on current medication regimen. No new complaints or concerns reported. Adheres to prescribed diet and exercise plan.

Assesment: Patient's hypertension is currently well-managed. Lipid profile and CMP are within normal limits. ECG shows no significant abnormalities.

Recommendations: Continue current medication regimen. Emphasize the importance of adherence to lifestyle modifications. Encourage regular exercise and a balanced diet.

Follow Up Instruction: Follow-up appointment scheduled in 3 months for routine monitoring and medication review. Await results of TSH and Urinalysis for further evaluation.

Past Hospital Visits

Date	Reason
15/08/2024	Routine Checkup
22/05/2024	Hypertension Follow-up
10/02/2024	Influenza Symptoms
05/11/2023	Annual Physical Exam
18/08/2023	Blood Pressure Concerns
02/05/2023	General Wellness Exam

Current Medications

Medication Summary	Dosage	Frequency
Lisinopril	20mg	Once daily
Aspirin	81mg	Once daily
Vitamin D	2000 IU	Once daily
Omega-3 Fatty Acids	1000mg	Once daily
Calcium Carbonate	500mg	Twice daily
Magnesium Citrate	250mg	Once daily

Medical Tests



Medication Test	Status	On/Last
Comprehensive Metabolic Panel (CMP)	Done	02/11/2024
Lipid Panel	Done	02/11/2024
Complete Blood Count (CBC)	Done	02/11/2024
Electrocardiogram (ECG)	Done	02/11/2024
Thyroid Stimulating Hormone (TSH)	Pending	05/11/2024
Urinalysis	Pending	05/11/2024