



Patient Summary

Alexander Gray, born on 21/06/1958, is a 52-year-old male diagnosed with Type 2 Diabetes Mellitus. His treatment history includes medication management and lifestyle modifications. Current health status requires ongoing monitoring of blood glucose levels and adherence to prescribed medications and dietary guidelines to prevent complications.

Patient Demographics

Name: Alexander Gray

DOB: 21/06/1958

Age: 52

Sex: Male

SSN: 485-06-6590

Hospital ID:
HOSP11251948

Patient Lifestyle

Smoking Status: Former

Alcohol Consumption: Occasionally

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

Patient Vitals

Heart Rate: 78

Respiratory Rate: 16

Temperature Celsius: 36.8

Oxygen Saturation Percent: 98

Blood Pressure: 130/85 mmHg

Recorded Date: 03/11/2024

Doctor Information

Doctor Name:

Gregory
Brown

Doctor Unique ID:
DR69370C



Doctor Notes

Subjective Observations: Patient reports feeling generally well, but occasionally experiences fatigue. He denies any chest pain or shortness of breath. Reports compliance with medication regimen and dietary recommendations.

Assesment: Patient with Type 2 Diabetes Mellitus, well-controlled with current treatment plan. Lipid panel and kidney function within normal limits. HbA1c slightly elevated; further optimization of glucose control may be needed.

Recommendations: Continue current medication regimen. Emphasize adherence to diabetic diet and regular exercise. Monitor blood glucose levels regularly. Consider adjusting Metformin dosage if HbA1c remains elevated in the next follow-up.

Follow Up Instruction: Follow-up appointment scheduled in 3 months for repeat HbA1c and comprehensive metabolic panel. Contact clinic sooner if experiencing any new or worsening symptoms.

Past Hospital Visits

Date	Reason
15/09/2024	Routine check-up
20/07/2024	Diabetes management review
05/05/2024	Influenza vaccination
10/03/2024	Foot examination
28/01/2024	Blood glucose control issues
12/12/2023	Annual Physical Examination

Current Medications

Medication Summary	Dosage	Frequency
Metformin	500mg	Twice daily
Atorvastatin	20mg	Once daily
Lisinopril	10mg	Once daily
Vitamin D	2000 IU	Once daily
Multivitamin	1 Tablet	Once daily
Aspirin	81mg	Once daily

Medical Tests



Medication Test	Status	On/Last
HbA1c	Done	26/10/2024
Lipid Panel	Done	26/10/2024
Comprehensive Metabolic Panel	Done	26/10/2024
Urinalysis	Done	26/10/2024
ECG	Pending	05/11/2024
Kidney Function Test	Done	26/10/2024