



Patient Summary

Keith Rubio, born on 10/08/1979, is a 44-year-old male with a history of hypertension. He has been receiving treatment for managing his blood pressure. His current health status is stable, with ongoing monitoring and medication adjustments as needed to maintain optimal blood pressure control.

Patient Demographics

Name: Keith
Rubio

DOB: 10/08/1979

Age: 44

Sex: Male

SSN: 046-53-4478

Hospital ID: HOSP33689401

Patient Lifestyle

Smoking Status: Never

Alcohol Consumption: Occasionally

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

Patient Vitals

Heart Rate: 72

Respiratory Rate: 16

Temperature Celsius: 36.8

Oxygen Saturation Percent: 98

Blood Pressure: 130/85 mmHg

Recorded Date: 15/11/2024

Doctor Information

Doctor Name: Benjamin Howard

Doctor Unique ID:
DR26682A

Doctor Notes

Subjective Observations: Patient reports occasional headaches and fatigue. Compliant with medication regimen. No new complaints



reported.

Assesment: Hypertension remains controlled with current medication. Lipid levels within acceptable range. Glucose control satisfactory, but needs closer monitoring.

Recommendations: Continue current medication regimen. Increase physical activity to at least 30 minutes of moderate exercise most days of the week. Review dietary habits with a registered dietitian to optimize glucose control.

Follow Up Instruction: Follow-up appointment scheduled in three months. Repeat lab work (CBC, CMP, Lipid Panel, HbA1c, Urinalysis) one week prior to appointment.

Past Hospital Visits

Date	Reason
20/10/2024	Routine Checkup
15/09/2024	Hypertension Follow-up
01/08/2024	Blood Pressure Spike
10/07/2024	Medication Review
05/06/2024	Annual Physical Exam
12/05/2024	Headache and Fatigue

Current Medications

Medication Summary	Dosage	Frequency
Lisinopril	20 mg	Once daily
Amlodipine	5 mg	Once daily
Atorvastatin	10 mg	Once daily
Aspirin	81 mg	Once daily
Vitamin D	2000 IU	Once daily
Metformin	500 mg	Twice daily

Medical Tests

Medication Test	Status	On/Last
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Complete Blood Count (CBC)	Done	10/11/2024
Comprehensive Metabolic Panel (CMP)	Done	10/11/2024
Lipid Panel	Done	10/11/2024
Electrocardiogram (ECG)	Done	05/11/2024
Urinalysis	Pending	15/11/2024
HbA1c	Done	10/11/2024