



### Patient Summary

Christopher Elizabeth Harris, born on 30/05/1984, is a 39-year-old Male. The patient presents with a history of Hypertension. Current health status requires ongoing monitoring and medication management to control blood pressure and prevent complications.

### Patient Demographics

Name: Christopher Elizabeth Harris

DOB: 30/05/1984

Age: 39

Sex: Male

SSN: 325-74-7768

Hospital ID:

HOSP43854091

### Patient Lifestyle

Smoking Status: Never

Alcohol Consumption: Rarely

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

### Patient Vitals

Heart Rate: 78

Respiratory Rate: 16

Temperature Celsius: 36.7

Oxygen Saturation Percent: 98

Blood Pressure: 140/90 mmHg

Recorded Date: 03/11/2023

### Doctor Information

Doctor Name:

Rodney

Thompson

Doctor Unique ID:

DR59097C

### Doctor Notes

Subjective Observations: Patient reports feeling generally well but notes occasional headaches. Compliant with medication regimen.

Assesment: Patient's hypertension is currently moderately controlled. Blood pressure slightly elevated but within manageable range. No new concerns reported.

Recommendations: Continue current medication regimen. Encourage lifestyle modifications, including a low-sodium diet and regular moderate exercise. Monitor blood pressure regularly at home.

Follow Up Instruction: Follow-up appointment scheduled in three months for blood pressure check and medication review.

### Past Hospital Visits

Date	Reason
15/08/2023	Routine Check-up
20/05/2023	Hypertension Management
10/02/2023	Flu Symptoms
05/11/2022	Annual Physical Exam
22/08/2022	Follow-up Appointment

### Current Medications

Medication Summary	Dosage	Frequency
Lisinopril	20 mg	Once daily
Aspirin	81 mg	Once daily
Vitamin D	2000 IU	Once daily

### Medical Tests

Medication Test	Status	On/Last
Comprehensive Metabolic Panel (CMP)	Done	01/11/2023
Lipid Panel	Done	01/11/2023
Electrocardiogram (ECG)	Done	01/11/2023
Complete Blood Count (CBC)	Done	01/11/2023



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Urine Analysis	Done	01/11/2023
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