



Patient Summary

Rachael Mahoney, Date of Birth: 10/03/1974, Age: 49, Sex: Female, has a history of asthma. The patient has been managing the condition with medication and lifestyle adjustments. Current health status is stable, but regular monitoring is advised to prevent exacerbations.

Patient Demographics

Name: Rachael Mahoney  
DOB: 10/03/1974  
Age: 49  
Sex: Female  
SSN: 007-32-1772  
Hospital ID: HOSP87792486

Patient Lifestyle

Smoking Status: Never  
Alcohol Consumption: Occasionally  
Diet Preference: Diabetic-friendly  
Exercise Habits: Mild

Patient Vitals

Heart Rate: 72  
Respiratory Rate: 16  
Temperature Celsius: 36.7  
Oxygen Saturation Percent: 98  
Blood Pressure: 118/78 mmHg  
Recorded Date: 03/11/2024

Doctor Information

Doctor Name: Kirsten Richardson  
Doctor Unique ID: DR13508A



Doctor Notes

Subjective Observations: Patient reports occasional shortness of breath, especially during exercise. Compliant with medication regimen. No nocturnal symptoms reported.

Assesment: Well-controlled asthma. No signs of acute exacerbation. Allergy testing reveals sensitivity to pollen and dust mites.

Recommendations: Continue current medication regimen. Consider allergy shots to desensitize to pollen and dust mites. Emphasize importance of avoiding triggers.

Follow Up Instruction: Schedule follow-up appointment in 6 months for routine asthma review and pulmonary function test. Contact office sooner if experiencing worsening symptoms.

Past Hospital Visits

Date	Reason
15/08/2023	Asthma Exacerbation
22/02/2023	Routine Checkup
10/11/2022	Upper Respiratory Infection
05/05/2022	Allergy Testing
18/01/2022	Flu Vaccine
02/09/2021	Asthma Review

Current Medications

Medication Summary	Dosage	Frequency
Albuterol Inhaler	2 puffs	As needed
Fluticasone Propionate	250 mcg	Twice daily
Cetirizine	10 mg	Daily
Vitamin D3	2000 IU	Daily
Montelukast	10 mg	Daily
Omega-3 Fish Oil	1000mg	Daily

Medical Tests



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Medication Test	Status	On/Last
Pulmonary Function Test	Done	28/10/2024
Allergy Blood Test	Done	15/09/2024
Complete Blood Count (CBC)	Done	01/08/2024
Vitamin D Level	Done	01/08/2024
Chest X-Ray	Done	28/10/2024
IgE Levels	Done	15/09/2024