



Patient Summary

John Coleman, born on 06/12/1946, is a 63-year-old male. He has a history of Type 2 Diabetes Mellitus. His current treatment plan focuses on managing blood sugar levels through diet and medication. Regular monitoring of vital signs and blood glucose is ongoing to maintain his health and prevent complications.

Patient Demographics

Name: John Coleman
DOB:
06/12/1946
Age: 63
Sex: Male
SSN: 308-04-4435
Hospital ID: HOSP41120448

Patient Lifestyle

Smoking Status: Former
Alcohol Consumption: Rarely
Diet Preference: Diabetic-friendly
Exercise Habits: Mild

Patient Vitals

Heart Rate: 78
Respiratory Rate: 16
Temperature Celsius: 36.7
Oxygen Saturation Percent: 97
Blood Pressure: 130/85 mmHg
Recorded Date: 15/11/2024

Doctor Information

Doctor Name:
Ryan
Flores
Doctor Unique ID: DR49671A

Doctor Notes



Subjective Observations: Patient reports feeling well-controlled on current medication regimen. No complaints of chest pain, shortness of breath, or peripheral edema. Reports occasional fatigue.

Assesment: Patient with Type 2 Diabetes Mellitus and hypertension. HbA1c within target range. Lipid panel shows elevated LDL cholesterol. ECG shows normal sinus rhythm.

Recommendations: Continue current medication regimen for diabetes and hypertension. Increase exercise to 30 minutes of moderate activity most days of the week. Dietary modifications to reduce saturated fat intake. Consider adding Omega 3 supplements for lowering cholesterol.

Follow Up Instruction: Follow-up appointment in 3 months for repeat HbA1c and lipid panel. Schedule microalbumin test to assess kidney function.

Past Hospital Visits

Date	Reason
02/08/2024	Routine check-up for diabetes management
15/05/2024	Flu symptoms
22/02/2024	Follow-up on elevated blood sugar levels
10/11/2023	Annual physical examination
05/08/2023	Eye exam - diabetic retinopathy screening
12/05/2023	Foot exam - diabetic foot care

Current Medications

Medication Summary	Dosage	Frequency
Metformin	500mg	Twice daily
Lisinopril	10mg	Once daily
Atorvastatin	20mg	Once daily
Aspirin	81mg	Once daily
Vitamin D3	2000 IU	Once daily
Multivitamin	1 tablet	Once daily

Medical Tests



Medication Test	Status	On/Last
HbA1c	Done	10/11/2024
Lipid Panel	Done	10/11/2024
Comprehensive Metabolic Panel (CMP)	Done	10/11/2024
Urinalysis	Done	10/11/2024
ECG	Done	10/11/2024
Microalbumin	Pending	15/11/2024