



### Patient Summary

Robert Cabrera, born on 21/09/1965, is a 58-year-old male currently managed for Type 2 Diabetes Mellitus. His treatment history includes lifestyle modifications and oral hypoglycemic agents. His current health status requires continuous monitoring of blood glucose levels and potential adjustments to his medication regimen based on recent medical tests and physician recommendations.

### Patient Demographics

Name: Robert  
Cabrera

DOB: 21/09/1965

Age: 58

Sex: Male

SSN: 620-82-2346

Hospital ID: HOSP54232899

### Patient Lifestyle

Smoking Status: Former

Alcohol Consumption: Occasionally

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

### Patient Vitals

Heart Rate: 78

Respiratory Rate: 16

Temperature Celsius: 36.7

Oxygen Saturation Percent: 97

Blood Pressure: 130/85 mmHg

Recorded Date: 15/11/2023

### Doctor Information

Doctor Name:  
Daniel  
Turner

Doctor Unique ID: DR4807C

### Doctor Notes



Subjective Observations: Patient reports feeling well-managed on current medication regimen. No new complaints. Reports adhering to diabetic-friendly diet and engaging in regular mild exercise.

Assesment: Patient's Type 2 Diabetes Mellitus appears to be well-controlled based on subjective report and recent lab results. Blood pressure is slightly elevated. Continue current treatment plan. Monitor lipid panel.

Recommendations: Continue current medication regimen. Encourage patient to maintain diabetic-friendly diet and regular exercise. Monitor blood pressure regularly. Possible increase in Lisinopril dose if blood pressure remains elevated.

Follow Up Instruction: Follow-up appointment scheduled in 3 months for routine diabetes check-up and medication review. Contact the clinic if any new symptoms arise or if blood sugar levels are consistently high or low.

### Past Hospital Visits

Date	Reason
05/08/2023	Routine Diabetes Check-up
12/05/2023	Elevated Blood Sugar Levels
28/02/2023	Annual Physical Examination
10/11/2022	Influenza Vaccine
18/08/2022	Foot Examination - Diabetes Related
03/05/2022	Follow-up appointment for medication adjustment

### Current Medications

Medication Summary	Dosage	Frequency
Metformin	500 mg	Twice daily
Lisinopril	10 mg	Once daily
Atorvastatin	20 mg	Once daily
Vitamin D	2000 IU	Once daily
Aspirin	81 mg	Once daily
Multivitamin	1 tablet	Once daily

### Medical Tests



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Medication Test	Status	On/Last
HbA1c	Done	08/11/2023
Lipid Panel	Done	08/11/2023
Complete Blood Count (CBC)	Done	08/11/2023
Comprehensive Metabolic Panel (CMP)	Done	08/11/2023
Urine Albumin Creatinine Ratio	Pending	15/11/2023
Electrocardiogram (ECG)	Done	08/11/2023