

Coordinator For Healthplans - Encounter Summary for [REDACTED] Electronically signed by Dr. Thomas Henderson, FNP-C

Social Security Number

[REDACTED]

Encounter

Date of Start Service

19/04/1976

Encounter Participant

Dr. Thomas Henderson

Contact

439 Boyd Mountain, Richardberg, Idaho United States - 43567 Tel: (800) 619-2700

Appointment Confirmation

Provider: Dr. Thomas Henderson, MD

Confirmed On: 15/01/2000 12:12 PM

Location:

7884 Neal Points, West Anne, Vermont United States - 29099

Ph. tel: (904) 957-8076

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Patient Summary

[REDACTED] born on [REDACTED] 6, is a 59-year-old male. He has a history of osteoarthritis. His current health status is being managed with medication and lifestyle adjustments to alleviate symptoms and improve joint function. Regular monitoring and follow-up appointments are scheduled to ensure optimal care.

Patient Demographics

Name: [REDACTED]

DOB: [REDACTED]

Age: 59

Sex: [REDACTED]

SSN: [REDACTED]

Hospital ID: HOSP44831237

Patient Lifestyle

Smoking Status: Never

Alcohol Consumption: Occasionally

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

Patient Vitals

Heart Rate: 72

Respiratory Rate: 16

Temperature Celsius: 36.8

Oxygen Saturation Percent: 98

Blood Pressure: 130/85 mmHg

Recorded Date: 03/11/2024

Doctor Information

Doctor Name:

Thomas

Henderson

Doctor Unique ID: DR83691C

Doctor Notes

Subjective Observations: Patient reports persistent joint pain, particularly in knees and hips. Pain is exacerbated by physical activity. Reports stiffness in the morning lasting approximately 30 minutes. No new symptoms reported.

Assesment: Osteoarthritis remains the primary diagnosis. Current treatment plan appears to be providing some relief, but further adjustments may be necessary to optimize pain management and improve function.

Recommendations: Continue current medication regimen. Consider physical therapy to strengthen surrounding muscles and improve joint stability. Encourage low-impact exercises such as swimming or cycling. Recommend weight management if applicable.

Follow Up Instruction: Follow-up appointment scheduled in 3 months. Return sooner if symptoms worsen or new concerns arise. Discuss potential for intra-articular injections if pain remains poorly controlled despite conservative measures.

Past Hospital Visits

Date	Reason
15/10/2024	Osteoarthritis flare-up
01/09/2024	Routine check-up
18/07/2024	Physical therapy session
03/06/2024	Pain management consultation
20/04/2024	Influenza vaccination
10/03/2024	Follow up on blood test results

Current Medications

Medication Summary	Dosage	Frequency
Acetaminophen	500mg	Twice daily as needed
Ibuprofen	200mg	Three times daily as needed
Glucosamine	500mg	Once daily
Chondroitin	400mg	Once daily
Vitamin D3	2000 IU	Once daily
Omeprazole	20mg	Once daily before breakfast

Medical Tests

Medication Test	Status	On/Last
Complete Blood Count (CBC)	Done	01/10/2024
Comprehensive Metabolic Panel (CMP)	Done	01/10/2024
Vitamin D Level	Done	01/10/2024
Inflammatory Markers (CRP, ESR)	Done	01/10/2024
Lipid Panel	Done	01/10/2024
Urine Analysis	Pending	05/11/2024
