

Coordinator For Healthplans - Encounter Summary for [REDACTED]
Electronically signed by Dr. [REDACTED], FNP-C

Social Security Number

[REDACTED]

Encounter

Date of Start Service

[REDACTED]

Encounter Participant

Dr. [REDACTED]

Contact

[REDACTED] - [REDACTED] Tel: [REDACTED]

Appointment Confirmation

Provider: Dr. [REDACTED] MD

Confirmed On: [REDACTED] 12:12 PM

Location:

7884 Neal Points, West Anne, [REDACTED]

Ph. tel: [REDACTED]

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Patient Summary

[REDACTED] born on [REDACTED] 6, is a [REDACTED] male. He has a history of osteoarthritis. His current health status is being managed with medication and lifestyle adjustments to alleviate symptoms and improve joint function. Regular monitoring and follow-up appointments are scheduled to ensure optimal care.

Patient Demographics

Name: [REDACTED]

DOB: [REDACTED]

Age: [REDACTED]

Sex: Male

SSN: [REDACTED]

Hospital ID: [REDACTED]

Patient Lifestyle

Smoking Status: Never

Alcohol Consumption: Occasionally

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

Patient Vitals

Heart Rate: 72

Respiratory Rate: 16

Temperature Celsius: 36.8

Oxygen Saturation Percent: 98

Blood Pressure: 130/85 mmHg

Recorded Date: [REDACTED]

Doctor Information

Doctor Name:

[REDACTED]
[REDACTED]

Doctor Unique ID: [REDACTED]

Doctor Notes

Subjective Observations: Patient reports persistent joint pain, particularly in knees and hips. Pain is exacerbated by physical activity. Reports stiffness in the morning lasting approximately 30 minutes. No new symptoms reported.

Assesment: Osteoarthritis remains the primary diagnosis. Current treatment plan appears to be providing some relief, but further adjustments may be necessary to optimize pain management and improve function.

Recommendations: Continue current medication regimen. Consider physical therapy to strengthen surrounding muscles and improve joint stability. Encourage low-impact exercises such as swimming or cycling. Recommend weight management if applicable.

Follow Up Instruction: Follow-up appointment scheduled in 3 months. Return sooner if symptoms worsen or new concerns arise. Discuss potential for intra-articular injections if pain remains poorly controlled despite conservative measures.

Past Hospital Visits

Date	Reason
[REDACTED]	Osteoarthritis flare-up
[REDACTED]	Routine check-up
[REDACTED]	Physical therapy session
[REDACTED]	Pain management consultation
[REDACTED]	Influenza vaccination
10/03/2024	Follow up on blood test results

Current Medications

Medication Summary	Dosage	Frequency
Acetaminophen	500mg	Twice daily as needed
Ibuprofen	200mg	Three times daily as needed
Glucosamine	500mg	Once daily
Chondroitin	400mg	Once daily
Vitamin D3	2000 IU	Once daily
Omeprazole	20mg	Once daily before breakfast

Medical Tests

Medication Test	Status	On/Last
Complete Blood Count (CBC)	Done	[REDACTED]
Comprehensive Metabolic Panel (CMP)	Done	01/10/2024
Vitamin D Level	Done	01/10/2024
Inflammatory Markers (CRP, ESR)	Done	[REDACTED]
Lipid Panel	Done	01/10/2024
Urine Analysis	Pending	05/11/2024
